

Baltimore County Department of Aging
Baltimore City Health Department, Division of Aging
Baltimore County Commission on Disabilities

COMMUNITY RESOURCES 2019



**Serving Adults, Baby Boomers, Families, Caregivers,
Persons with Disabilities and Professionals**



County Executive John A. Olszewski, Jr.
and the Baltimore County Council

MAP (Baltimore County)

611 Central Avenue,
Room 220
Towson, MD 21204
410-887-2594

www.baltimorecountymd.gov

E-mail: aginginfo@baltimorecountymd.gov



For people who are deaf, hard of hearing or
have a speech disability, use Relay or 711.



Mayor Catherine Pugh
and the Baltimore City Council

MAP (Baltimore City)

417 East Fayette Street
Sixth Floor
Baltimore, MD 21202
410-396-2273

www.baltimorecity.gov

health.baltimorecity.gov

Baltimore County 410-887-2594

Maryland Relay - 7-1-1



Baltimore County Executive John A. Olszewski, Jr.
and the County Council



Maryland Access Point

Information, Assistance and Options Counseling For Older Adults and Persons with Disabilities



www.baltimorecountymd.gov/Aging

Compassion • Excellence • Dignity **Answers for the Aging**



CATHOLIC CHARITIES SENIOR SERVICES

*Inspired by the Gospel mandates to love, serve and teach,
Catholic Charities provides care and services to improve
the lives of Marylanders in need.*

A **FREE** telephone-based
information and referral
service for older adults
and caregivers.

667-600-2100

or toll free

1-888-502-7587

(Maryland only)

cc-md.org/afa

afa@cc-md.org



Catholic Charities welcomes people regardless of faith
and is an Equal Housing Opportunity provider.



MESSAGE FROM THE BALTIMORE COUNTY EXECUTIVE

As I begin my duties as County Executive, it is my pleasure to support the tradition of providing resources to Baltimore County citizens. *Community Resources 2019* represents one of those resources. I take pride in knowing that the 22nd edition of *Community Resources* continues to provide vital information about the services and resources that support our families, loved ones and friends. This year, we are pleased to continue our Department of Aging's collaboration with the Baltimore County Department of Planning and the Commission on Disabilities as partners and contributors to this annual publication.

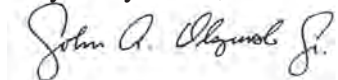
This edition of *Community Resources* celebrates the seventh year that Baltimore County and Baltimore City Governments have partnered to create a regional resource directory to serve all of Baltimore's citizens. Our partnership has provided the opportunity to publish 90,000 complimentary copies of *Community Resources* which will be circulated throughout Baltimore during 2019. We also offer an audible online version of the publication at www.baltimorecountymd.gov/communityresources in order to support enhanced accessibility.

We believe *Community Resources* provides one-stop shopping for every member of your community. The publication's content is as diverse as the needs of our residents. Educating our citizens with consumer options supports Baltimore County Government's goal to enhance public awareness. We know the directory's collection of government services, along with non-profit and business partnership listings, provides information and valuable resources for everyone. Please take a few moments to review the publication's wide range of services and programs available to you and your family.

Community Resources is a revenue-producing publication that helps to support volunteerism in Baltimore County. This resource is also produced at no cost to Baltimore County Government using recycled paper in order to support the environment.

Thank you for using *Community Resources 2019*. I hope you and your family will use the directory to explore all of the resources and services that Baltimore County and Baltimore City have to offer.

Very Truly Yours,



John A. Olszewski, Jr.
Baltimore County Executive



BALTIMORE COUNTY COMMISSION ON AGING

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Virginia L. Billian, M.D.
Frances T. Bond, Ph.D.
Donald A. Gabriel, J.D., Ph.D.
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Sherita A. Thomas
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Catherine M. Ward, Vice Chair

www.baltimorecountymd.gov/agencies/aging/commission.html

MESSAGE FROM THE BALTIMORE COUNTY COUNCIL



First District – Tom Quirk

Second District – Izzy Patoka

Third District – Wade Kach

Fourth District – Julian E. Jones, Jr.

Fifth District – David Marks

Sixth District – Cathy Bevins

Seventh District – Todd K. Crandell

www.baltimorecountymd.gov/countycouncil

Community Resources 2019, an annual publication of the Baltimore County Department of Aging, celebrates its 22nd year of providing a complimentary consumer directory to Baltimore communities. We thank the Baltimore County Department of Planning and the Commission on Disabilities for their partnership of this publication. This collaboration further expands the publication's scope of services and will enhance the overall content of the resource. For the seventh year, we are also pleased to continue our long-term partnership with Baltimore City Government so that together, with the Commission on Disabilities, we may offer one regional resource directory to Baltimore communities.

The newest edition of *Community Resources* contains the most current information to support a range of activities and services. Upon reviewing the directory, please take note of the array of government services, non-profits and business partnership listings. We ask that you use and recommend *Community Resources* frequently by supporting the circulation of 90,000 copies in the Baltimore region.

We are proud to say *Community Resources* is created each year at no cost to Baltimore County citizens. Educate yourself, loved ones and friends with *Community Resources 2019*, a publication created for Baltimore communities.

Yours Very Truly,

The Members of
Your Baltimore County Council

Elder Abuse is a Crying Shame



410-887-4200

Baltimore County Restoring Elder Safety Today

MESSAGE FROM THE DEPARTMENT OF AGING DIRECTOR

It is my pleasure to introduce Baltimore County Department of Aging's (BCDA) 22nd edition of *Community Resources 2019*; an annual resource directory serving older adults, baby boomers, caregivers, families, persons with disabilities and professionals. For the seventh year, this respected publication represents a valued collaboration with Baltimore City Government to provide one regional resource directory for both Baltimore County and City residents. We are also pleased to add additional resources to the publication through our partnership with the Baltimore County Department of Planning and the Commission on Disabilities. As in previous years, BCDA's partnerships continue to forge an exciting opportunity to enrich the directory's content while expanding the publication's distribution. As a result of these alliances, along with their informational contributions, the content of *Community Resources 2019* offers three separate resources in one publication.

The content of *Community Resources* includes the most current information available for all citizens. The directory's content includes government, non-profit and business listings. Readers will also notice blue-highlighted listings and advertisements throughout the directory. The highlighted listings represent sponsors of the directory. By sponsoring and advertising in this publication, businesses and non-profits are supporting the mission of BCDA. To learn more about powerful sponsorship and or advertising opportunities offered by the BCDA, please phone 410-887-2012.

As a regional publication, the distribution of *Community Resources* includes Baltimore County and City senior centers, libraries, hospitals, government agencies, doctors' offices, community associations, senior housing, faith communities, business partners, health centers, professional conferences, nutrition sites/services, public/private schools, outreach events and more. For your convenience, the publication is also available online at www.baltimorecountymd.gov/communityresources to provide access 24/7 in order to support Internet-savvy clients, professionals and long-distance caregivers.

Creating a foundation for informed decision-making relies on consumer education. We believe *Community Resources* represents the foundation



that supports Baltimore communities. Whether you are searching for an assisted living, determining where to exercise or evaluating resources for a disabled child, this publication contains the resources you will need for living longer, living well and identifying those who can support you and your family's needs. Help educate and empower your family, friends and your community by using and recommending *Community Resources 2019*. Enjoy!

Sincerely,

Laura D. Riley, Director
Baltimore County Department of Aging



BALTIMORE COUNTY DEPARTMENT OF AGING MISSION STATEMENT

**Baltimore County
Department of Aging
strengthens lives by
providing services,
programs and connections
to resources.**

MESSAGE FROM THE BALTIMORE COUNTY COMMISSION ON DISABILITIES

The Baltimore County Commission on Disabilities is proud to present *Community Resources 2019* to the citizens of Baltimore. The Commission appreciates this opportunity to partner with the Baltimore County Department of Aging in producing this valuable resource and looks forward to nurturing new partnerships, services and endeavors that will benefit the consumers of the resources showcased in this publication. It is our hope that those who use *Community Resources 2019* as a provider or consumer will also contribute to its on-going update as a living document.

The Baltimore County Commission on Disabilities is located within the Department of Planning. Members of the Commission include people with disabilities, family members, representatives of public and private service agencies, and staff from state and local government. The Commission sponsors work groups to address such issues as accessibility, education, public policy, and disability awareness.

Our mission is to foster attitudes and promote behaviors which respect and value people with disabilities among county government, its citizens, and others. *Community Resources 2019* is an example of the dissemination of information about the many good organizations waiting to serve Baltimore citizens. One can simply think of *Community Resources* as a comprehensive book of good deeds just waiting for you to choose the ones you or your clients may need.

Commission meetings are open to the public and occur on the third Wednesday of the every month (except the summer months and October, when we have our Annual Awards Ceremony and Luncheon). Meetings begin at 12:30 p.m. and end at 2 p.m. Contact the Commission for the exact date, time and location of our monthly meetings, and to request special accommodations.

For more information on the Commission, and for additional copies of this Guide, contact us at 410-887-3317 or email PlnCoD@baltimorecountymd.gov.

Web: <http://www.baltimorecountymd.gov/agencies/planning/disabilities>

Thank you for using this *Community Resources* guide, and thank you to those who have contributed as a sponsor. Make sure that you take ownership of this great resource to ensure that copies of *Community Resources 2019* are well stocked in your neighborhood school, library, business, place of worship and at least one in your own home.

Sincerely,



Terri Seitz Parrish, Chair
Baltimore County Commission on Disabilities



BALTIMORE COUNTY COMMISSION ON DISABILITIES COMMISSIONERS

Jerry Bullinger
Michael A. Bullis
Benjamin J. Dubin
Kathleen M. Durkin
Julie Gaynor
Romelle Goodman
David A. Greenberg
Larry Hughes
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Judy Volkman
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Sally J. Wagner
Joan S. Walen
Santa Wallace
C. David Ward
Karl Weber

MISSION STATEMENT

The mission of the Baltimore County Commission on Disabilities is to foster attitudes and promote behaviors which respect and value people with disabilities among county government, its citizens, and others.

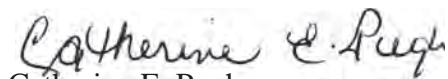
MESSAGE FROM THE BALTIMORE CITY MAYOR

As Mayor of Baltimore City, I am delighted to collaborate with Baltimore County in publishing the *Community Resources 2019* Guide. We are so fortunate to have such an abundance of resources and programs that are essential to residents of Baltimore City and throughout the region and this Guide will help you to find those that are of particular interest and need. It is so important that our seniors in particular, and vulnerable citizens, be informed about agencies and organizations with the expertise and broad resources to assist them in their time of need.

This Guide offers a wealth of information regarding community services, including phone numbers of organizations, summary of services, eligibility guidelines, hotlines and websites.

I would like to take this opportunity to thank the Baltimore City's Division of Aging and the Baltimore County Department of Aging for coordinating this year's Resource Guide so that all residents remain informed and engaged about community services and opportunities.

Sincerely,



Catherine E. Pugh
Mayor, City of Baltimore



BALTIMORE CITY COMMISSION ON AGING

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Dr. Elizabeth Tanner, Vice-Chair
Barbara Brody
Stephanie Brooks-Wiggins
Lloyd Buckner
Bishop Dr. J. L. Carter
Reba Cornman
Susan Francis
Dr. W. Daniel Hale
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Hon. Sharon Green Middleton
Reginald Moore
Dr. Tracey L. Murray
Dr. David Roth
Betsy Simon

MESSAGE FROM THE BALTIMORE CITY COUNCIL

As members of the Baltimore City Council, we are proud to serve the citizens of Baltimore City and are honored to present the *Community Resources 2019*. One of our many responsibilities is to make our constituents aware of what is available in the way of community services and programs, and this guide provides vital information about the services and resources that support our families, loved ones, and friends.

This guide offers a comprehensive overview of information helping Baltimoreans identify and address their needs. Baltimore City must be on the forefront of helping to support active and healthy community living.

The Baltimore City Council will continue to seek avenues to reach and to educate citizens of Baltimore City. Please feel free to contact the Baltimore City Health Department's Division of Aging's Maryland Access Point at 410-396-2273, if you have suggestions or questions about the Directory or available services.

Sincerely,



Bernard C. "Jack" Young
President
Baltimore City Council



Council President – Bernard C. "Jack" Young

First District – Zeke Cohen

Second District – Brandon M. Scott

Third District – Ryan Dorsey

Fourth District – Bill Henry

Fifth District – Isaac "Yitzy" Schleifer

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Seventh District – Leon F. Pickett, III

Eight District – Kristerfer Burnett

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www.baltimorecitycouncil.com



MESSAGE FROM THE BALTIMORE CITY AREA AGENCY ON AGING DIRECTOR



BALTIMORE CITY MISSION STATEMENT

The Baltimore City Health Department Division of Aging envisions Baltimore as the friendliest city in America, where all older adults and persons with disabilities can age in their communities with choice, dignity and independence as they move along the aging continuum.



We at the Baltimore City Health Department believe that our city's older adults are the backbone of our communities and that it is our responsibility to empower all Baltimore City residents with the knowledge, access and environment that will enable healthy living.

That is why the Baltimore City Health Department's Division of Aging is pleased to have seven years of partnership with Baltimore County Department of Aging in introducing this 22nd edition of the *Community Resources 2019*. This publication has taken on a life of its own and has become a trusted household source of reliable information.

The Baltimore City Health Department's Division of Aging serves as the local Area Agency on Aging (AAA) and Maryland Access Point (MAP) site. We are dedicated to providing information about benefits, resources and programs to all consumers. My office continues to receive numerous requests for the directory, which has been widely disseminated through the City of Baltimore and surrounding areas.

Once again, the 2019 edition will offer a wealth of information outlining city and county agencies and organizations that provide support and services to older adults, caregivers, and individuals with disabilities.

I am proud to make this publication available and want to ensure that information reaches those who may not have access to computers or other outreach venues.

Please do not hesitate to contact the Baltimore City Health Department Division of Aging's Maryland Access Point at 410-396-2273 if further guidance is needed.

A handwritten signature in black ink, appearing to read "Heang K. Tan".

Heang K. Tan
Deputy Commissioner
Division of Aging
Baltimore City Health Department



Project DOCS, “Doctors Offering Caregiver Support” is an initiative of the Baltimore County Department of Aging (BCDA) in partnership with physicians and area hospitals. The goal of Project DOCS is to provide literature about the many services available for older adults and persons with disabilities. Participating physicians and hospitals have brochure racks in their waiting areas that provide valuable information about services and programs.

Charter Member of Project DOCS:
Greater Baltimore Medical Center

BCDA invites physicians in private practice the option of providing *Community Resources 2019* to their patients and families. To make arrangements for delivery, please contact the BCDA at 410-887-2012.

If you are a family caregiver for an older loved one and would like to learn about available resources, call the Baltimore County Department of Aging - Caregivers Program at 410-887-4724.

USING COMMUNITY RESOURCES 2019

Every effort has been made to assure that the entries in *Community Resources 2019* are accurate and up-to-date. We strongly urge you to make use of the Internet in obtaining additional information about the resources in this publication.

This directory has been developed for use by the public. As such, we encourage you to copy and share the publication with others. If additional copies are needed, or if the directory is needed in an alternative format, contact the Office of Communications at 410-887-2012, or by e-mail at dorlove@baltimorecountymd.gov.

DISCLAIMER

The listings or omissions of individuals, businesses and organizations in this directory does not constitute an endorsement, recommendation, or guarantee regarding their services or products. No liability may inure to Baltimore County, the Baltimore County Department of Aging, its agents, employees or directors, as a result of goods or services provided by individuals, businesses or organizations in this directory.

The listings or omissions of Medicare Prescription Drug Plans, including but not limited to information regarding their charges, drug coverage or formulary lists in this directory does not constitute an endorsement, recommendation, or guarantee regarding their services or products. No liability may inure to Baltimore County, the Baltimore County Department of Aging, its agents, employees or directors, as a result of goods, information or services provided by any individual, business or organization printed in this directory.

ACKNOWLEDGEMENTS

Community Resources 2019 is an annual regional directory produced and published by the Baltimore County Department of Aging (BCDA). For the second year, we are pleased to collaborate with the Baltimore County Department of Planning and the Commission on Disabilities by continuing to add content to *Community Resources 2019*. We are pleased to continue our partnership with Baltimore City Government for the seventh consecutive year. Through our valued partnerships, we are able to further enrich the information in *Community Resources 2019* as well as serve a regional audience by expanding the scope and distribution of the publication to 90,000 copies. With that said, it is with gratitude that the following committed leadership and team members are recognized for their many contributions to the continued development and enhancement of this well-respected publication.

Special thanks to Baltimore County Executive John Olszewski, Jr, the Baltimore County Council and the Baltimore County Commission on Aging. Special thanks to Baltimore City Mayor Catherine Pugh and the Baltimore City Council.

Thank you to Laura D. Riley, Director of the Baltimore County Department of Aging, for her support and commitment to public-private partnerships and consumer empowerment through education. Thank you to the Baltimore County Department of Planning and the Commission on Disabilities. Special acknowledgment is made to the many advertisers in the directory who are noted with blue highlighted listings or larger ads which can be seen throughout the publication.

It is with gratitude that the following team members of the BCDA receive special recognition for their contribution to *Community Resources 2019*: Rekha Bhavé, Tom Buckmeier, Peggy Dryden, Debbie Fisher, Jeanette Jones, Michele Kehl, Peggy Miller, Diane O’Brien, Mary Pivawer and Ethel Rasmussen, MA. At the Baltimore City Health Department, Division of Aging, a special thank you to Heang K. Tan, Deputy Commissioner, Elouise Mayne, Elizabeth “Liz” Briscoe and Teresa Jeter-Cutting.

With pleasure, Baltimore County and Baltimore City Governments jointly present *Community Resources 2019* – the resource serving and connecting Baltimore communities.

Debbie Orlove, MA

Community Business Liaison/Program Manager
Baltimore County Department of Aging

Baltimore County Government Services

www.baltimorecountymd.gov • www.baltimorecountymd.gov/aging

► ADA COORDINATOR 410-887-6064

► ADMINISTRATIVE HEARINGS, OFFICE OF 410-887-3868

► ADMINISTRATIVE OFFICE 410-887-2460

► AGING, DEPARTMENT OF

For a description of Baltimore County Department of Aging services, see Summary of Services.

Director

410-887-2109

Deputy Director

410-887-2109

Caregiver Program

410-887-4724

Center Connection Program

410-887-2970

Communications, Office of

410-887-2379

Community Resources

2020

410-887-2012

Guardianship

410-887-5793

Health Programming

410-887-3423

Home Team

410-887-4141

Loan Closet

410-887-2594

Maryland Access Point (MAP) of Baltimore County

410-887-2594

Nursing Home Ombudsman

410-887-4200

Nutrition Services

410-887-3052

Outreach Casework Services

410-887-2050

Senior Box Office

410-887-5399

Senior Centers

410-887-2040

(See individual center listings in Senior Centers and Fitness Centers)

Senior Employment

410-887-4006

The Power of Age Expo

(formerly Baby Boomer/Senior Expo)

410-887-2012

Time of Your Life Digest

410-887-3050

Transportation/CountyRide

410-887-2080

Volunteer Services

410-887-2715

► BUDGET AND FINANCE, OFFICE OF 410-887-3313

► CIRCUIT COURT, COURT ADMINISTRATOR'S OFFICE 410-887-2687

► CODE ENFORCEMENT 410-887-3351

Inspects properties for livability code.

► COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC)

443-840-4099

Campuses at Catonsville, Essex and Dundalk with satellite locations in Hunt Valley and Owings Mills.

► COUNTY COUNCIL

410-887-3196

► DISABILITIES, COMMISSION ON 410-887-3317

► ECONOMIC DEVELOPMENT, DEPARTMENT OF 410-887-8000

► ELECTIONS, BOARD OF SUPERVISORS OF 410-887-5700

► ENVIRONMENTAL PROTECTION AND SUSTAINABILITY 410-887-3733

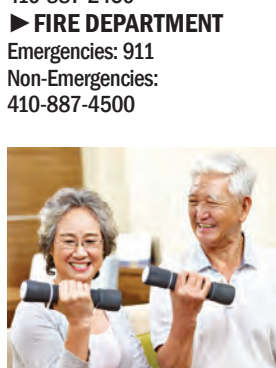
► EXECUTIVE OFFICE 410-887-2450

► FIRE DEPARTMENT

Emergencies: 911

Non-Emergencies:

410-887-4500



► HEALTH, DEPARTMENT OF

(See also Health Clinics for additional resources.)

AIDS Counseling and Information Line

410-887-2437

AIDS/HIV – Housing Opportunities for People with AIDS (HOPWA)

410-887-2437

Adult Evaluation and Review Services

410-887-2754

Animal Control

410-887-7297

Behavioral Health

410-887-3828

Bureau of Clinical Services

410-887-2705

Cancer Screening (Breast and Cervical)

410-887-3432

Communicable Disease Control

410-887-6011

Community First Choice Program

410-887-3485

Dentistry-Dental Access/ Dental Referral Program

410-887-2780

Developmental Disabilities

410-887-2720

Health Care Access

410-887-2437

Infants and Toddlers Program

443-809-2169

Opioid Information

410-887-3224

Sexually Transmitted Disease Control

410-887-2705

Substance Abuse

410-887-6465

TB Control

410-887-2711

Women, Infant and Children Center

410-887-6000

► HEALTH, DEPARTMENT OF - PUBLIC HEALTH CENTERS

(See also Health Clinics for additional resources.)

Baltimore Highlands

Lansdowne Health Center

410-887-1003

Dundalk Health Center

410-887-7182

Eastern Family Resource Center

410-887-6452

Essex Health Center

410-887-0246

Hannah More Center

410-887-1152

Liberty Family Resource Center

410-887-0607

Towson Health Center

410-887-6000 (WIC)

Woodlawn Health Center

410-887-1332

► HUMAN RESOURCES OFFICE 410-887-3135

► HUMAN RELATIONS COMMISSION

410-887-5917

► INFORMATION SERVICES

Baltimore County Government/Directory

Assistance

410-887-0000

Telephone numbers for county agencies and staff.

Circuit Court Information Desk

410-887-2139

Information regarding court proceedings.

Maryland Access Point (MAP) of Baltimore County,

Department Of Aging

410-887-2594

Information and referrals for older adults, baby boomers, family members, caregivers, persons with disabilities and professionals. Provides access to language interpreter service.

► LIBRARY SYSTEM

410-887-6100

► ORPHANS COURT

410-887-6516

Information on the administration of estates of deceased persons.



Don't be a baby!

Boomers,
take the test.

Americans born between
1945 and 1965 have the
highest rates of Hepatitis C.

The Baltimore County
Department of Health
offers FREE testing. For
more information, call

410-887-2437



**Baltimore County
Department of Health**
*Healthy people, living, working,
and playing in Baltimore County*

Gregory Wm. Branch, M.D., MBA, CPE, FACP - Director, Health and Human Services
Baltimore County Executive and the Baltimore County Council

*This ad has been paid for with funds provided by the Maryland Department of
Health and Mental Hygiene, Prevention and Health Promotion Administration.*

Baltimore County Government Services

www.baltimorecountymd.gov

www.baltimorecountymd.gov/aging

► **PAROLE AND
PROBATION, DIVISION OF**
410-832-2200

► **PERMITS,
APPROVALS AND
INSPECTIONS,
DEPARTMENT OF**
410-887-3353

► **PLANNING,
DEPARTMENT OF**
410-887-3211

► **POLICE DEPARTMENT**

Emergencies: 911

Non Emergencies:

410-887-2222

General Information/Referral:

410-887-2214

► **PUBLIC SCHOOLS**

443-809-4554

► **PUBLIC WORKS,**

DEPARTMENT OF

410-887-3300

► **RECREATION AND**

PARKS, DEPARTMENT OF

410-887-3871

► **REGISTER OF WILLS**

410-887-6680

► **SHERIFF'S OFFICE**

410-887-3151

► **SOCIAL SERVICES,
DEPARTMENT OF**

(See also Financial Assistance
for phone numbers and
addresses of district offices.)

Adult/Child Services

410-887-8463 (TIME)

General Information

410-853-3000

Shelter Information

410-887-8463 (TIME)

► **STATE'S ATTORNEY,
OFFICE OF**

410-887-6600

► **TAXPAYER SERVICES**

410-887-2404

► **UNIVERSITY OF
MARYLAND EXTENSION,
BALTIMORE COUNTY
OFFICE**

410-887-8090

► **WOMEN, COMMISSION
FOR**


410-887-3448




**BALTIMORE CITY
DEPARTMENT OF PUBLIC WORKS**

**BUREAU OF WATER
AND WASTEWATER**


**Low Income Senior Citizen
Water Discount Program**



**BALTIMORE CITY HEALTH
DEPARTMENT**



Catherine E. Pugh
Mayor
City of Baltimore



**BALTIMORE CITY
DPW**
DEPARTMENT OF PUBLIC WORKS
RUDOLPH S. CHOW, P. E.
DIRECTOR

WWW.BALTIMORECITY.GOV



TAKING CARE OF THOSE WHO TOOK CARE OF US.

It is all too true that making ends meet can be a problem and a worry for those who have given so much of themselves and who should be enjoying their retirement. So many seniors are still giving through mentoring, volunteering, and sharing their joy of life. Now we can give back through our **LOW INCOME SENIOR CITIZEN WATER DISCOUNT PROGRAM**.

WHO CAN APPLY?

Homeowners and tenants (whose lease holds them responsible for paying the water bill), can apply each year for the discount if they meet the following criteria:

1. The applicant must be a City of Baltimore resident receiving a water/sewer bill directly from the City.
2. The principal resident must be age 65 or older.
3. **The combined gross household income must be \$31,500 or less.**
4. The applicant must certify that he/she is the property owner-of-record with The Maryland Department of Assessments and Taxation, or provide a lease showing his/her responsibility for paying water/sewer charges at that property.

WHAT IS THE DISCOUNT?

Those who qualify receive a 43% discount on their water and sewer consumption on each bill.

HOW CAN I APPLY?

Eligible senior citizens may apply at any of the Senior Community Centers listed on this brochure or call 410-396-5398 to obtain an application.

- Action In Maturity, Inc. (AIM) • Phone: 410-889-7915
- Cherry Hill Senior Center • Phone: 410-396-2920
- Edward A. Myerberg Senior Center • Phone: 410-358-6856
- Forest Park Senior Center • Phone: 410-466-2124
- Greenmount Senior Center • Phone: 410-396-3552
- Harford Senior Center • Phone: 410-426-4009
- Hatton Senior Center • Phone: 410-396-9025
- John Booth Senior Center • Phone: 410-396-9202
- Oliver Senior Center • Phone: 410-396-3861
- Sandtown Winchester Senior Center • Phone: 410-396-7724
- Senior Network of North Baltimore • Phone: 410-323-7131
- Waxter Center for Senior Citizens • Phone: 410-396-1324
- Zeta Center for Healthy and Active • Phone: 410-396-3535

PLEASE NOTE:

Only one water bill account per household is eligible to receive this discount.

Baltimore City Government Services

www.baltimorecity.gov • health.baltimorecity.gov

► BALTIMORE CITY 311

One Call Center, 24/7 inbound calls and dispatch operation (non-emergency calls)

► BOARD OF ELECTION SUPERVISORS

410-396-5550/5580

► CIVIL SERVICE COMMISSION

410-396-3860

► ENOCH PRATT FREE LIBRARY

410-396-5430

► EMPLOYMENT DEVELOPMENT, MAYOR'S OFFICE OF

410-396-3069

► FIRE DEPARTMENT

410-396-5616

410-396-5680

Smoke Detector Program

410-396-7283



► HEALTH DEPARTMENT

410-396-4398

Acute Communicable Diseases

410-396-4436

Adult Evaluation and Review Services (AERS)

410-396-6006

Animal Control

410-396-4688

Animal Pick-Up 311

B'more for Healthy Babies

410-396-1834

Behavioral Health System, Baltimore

410-637-1900

Bureau of Child Health & Immunization

410-396-4454

Bureau of Healthy Homes

443-984-2460

Childhood Lead Poisoning Program

443-984-2470

Community Action Partnership: Southeast

410-545-6518

Eastern

410-545-0136

Northwest

443-984-1384

Southern

410-545-0900

Northern

410-396-6084

Employment (with BCHD)

410-396-1420

Emergency Preparedness

443-984-2622

Health Care Access Maryland

410-649-0500

Health Clinics:

Druid

410-396-0176

Eastern

410-396-9410

Cancer

410-396-0186

Dental

410-396-4501

443-984-3548 (Eastern)

Family Planning and Reproductive Health

410-396-0186

HIV Clinics

410-396-0176

Maternal and Infant Nursing Program

410-396-9404

Mayor's Commission on Disabilities

443-484-3170

Mayor's Office of Human Services

410-396-7370

Men's Health Center

410-383-8300, Ext. 70101

Sexually Transmitted Infections (STD)

410-396-4398

Tuberculosis

410-396-9413

Healthy Teens/Young Adults

410-396-0353

Maryland Children's Health Program Eligibility Services

410-649-0512

Needle Exchange Program

410-396-3731

Operation Safe Kids (OSK)

443-984-4012

Ryan White

410-396-1408

School Health Programs

School-Based Health Center

410-396-3185

School Health Assessment Program

410-396-5246

Office of Youth Violence Prevention

443-984-3566

Virtual Supermarket Project

410-545-7544

WIC

443-984-3702

► HEALTH DEPARTMENT, DIVISION OF AGING

Adult Evaluation and Review Services (AERS)

410-396-6606

Bar Association of Baltimore City Senior Legal Services

410-396-1322

Community Options Home Based Waiver

410-396-4932

Community Personal Assistance Services (CPAS)

410-396-4494

Eating Together in Baltimore

410-664-0700

Family Caregiver Program

410-396-1337

Health Promotion and Education

410-396-1337

Home Delivered Meals

410-558-0827

Housing and Homeless Services

410-396-4932

Maryland Access Point (MAP)

410-396-2273

Money Follows the Person (MFP)

410-545-3927

Ombudsman Program

410-396-3144

Public Guardianship

410-545-7702

Retired Seniors and Volunteer Program (RSVP)

410-361-9403

Senior Assisted Living Subsidy Program

410-545-3928

Senior Care

410-396-1605

Senior Companion Program

410-361-9405

Senior Centers

410-396-1337

State Health Insurance Assistance Program (SHIP)

410-396-2273

Senior Information and Assistance Program

410-396-2273

Senior Medicare Patrol (SMP)

410-396-2273

Taxi Card Program

410-664-1123

Volunteer Opportunities

410-396-4932

Baltimore City Government Services

www.baltimorecity.gov • health.baltimorecity.gov

► **BALTIMORE CITY HEALTH DEPARTMENT, CARE OPERATED CENTERS:**
Hatton Senior Center
 410-396-9025
John Booth/Hooper Senior Center
 410-396-9202
Oliver Senior Center
 410-396-3861
Sandtown-Winchester
 410-396-7724
Waxter Senior Center
 410-396-1324
Zeta Senior Center
 410-396-3535
 ► **HOUSING AUTHORITY (HABC)**
 410-396-3225
 ► **HOUSING AND COMMUNITY DEVELOPMENT, DEPARTMENT OF**
 410-396-1969
 ► **LAW OFFICE**
 410-396-3297
 ► **LIGHT PROGRAM**
 410-396-3023
 ► **MEDICAID WAIVER PROGRAM**
 410-545-1565
 ► **ORPHANS' COURTS**
 410-396-5034
 ► **PARKING AUTHORITY**
 443-573-2800
 ► **PAROLE AND PROBATIONS**
 410-585-3500
 ► **PLANNING, DEPARTMENT OF**
 410-396-7526
 ► **POLICE DEPARTMENT**
 Non-emergency: 311
 443-263-2220
 ► **PUBLIC SCHOOL SYSTEM**
 443-984-2000

► **PUBLIC WORKS, DEPARTMENT OF**
 410-396-3310
Water Bill Inquiries
 410-396-5398
 ► **RECREATION AND PARKS**
 410-396-7900
 ► **SENIOR CITIZENS DIVISION**
 410-396-2920
 ► **SHERIFF'S OFFICE**
 410-396-1155
Police Department
Non-Emergency Assistance
 311 or 443-263-2220
Report crime tips (anonymous):
 410-276-8888
 Local District/Senior Liaisons
 Senior Citizen Liaisons (SCL)
 serve as direct contact between the senior community and the police department.
Central District
 410-396-2411
Eastern District
 410-396-2433
Northeastern District
 410-396-2444
Southeastern District
 410-396-2422
Northern District
 410-396-2455
Western District
 410-396-2477
Northwestern District
 410-396-2466
Southwestern District
 410-396-2488
Southern District
 410-396-2499
 ► **SOCIAL SERVICES, DEPARTMENT OF**
 443-378-4600
 ► **STATE'S ATTORNEY OFFICE OF BALTIMORE CITY**
 410-984-6000
 ► **UNIVERSITY OF MARYLAND EXTENSION BALTIMORE CITY**
 410-856-1850



Housing Authority Baltimore City (HABC) Mixed Community Buildings

Allendale 3600 West Franklin Street Baltimore, MD 21229 410-500-4466	Lakeview Towers 717 Druid Park Lake Drive Baltimore, MD 21217 443-948-6310
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Hollins House 1010 West Baltimore Street Baltimore, MD 21223 443-708-5615	Wyman House 123 West 29 th Street Baltimore, MD 21218 410-424-5380



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MANY THANKS!

Thank you to the many organizations and businesses that supported *Community Resources 2019*. Your generosity enabled Baltimore County Government to honor over 1,200 volunteers at the 2018 Volunteer Recognition Luncheon.

The Volunteer Recognition Luncheon sponsors are highlighted in blue throughout this publication. Without sponsors, the luncheon would not be possible.



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- Phone pals
- Special projects
- Corporate volunteer opportunities
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To schedule a Tour or a Free Trial Day, please contact one of our convenient locations in:

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Baltimore
410.242.0379

Randallstown
410.922.8600

Arbutus
410.242.8900

Harford
410.273.2060

Timonium
410.560.6717

Parkville
410.663.9501

A

ADDICTION SERVICES - ADULT DAY SERVICES



ADDICTION SERVICES

See Mental Health Services.

ADULT DAY SERVICES

Adult medical daycare centers provide a comprehensive program of activities, medical supervision and social support for people who need a protected environment during the day. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

► ACTIVE DAY

Active Day of Arbutus
410-242-8900

1667 Knecht Avenue,
Suite Q-S
Arbutus 21227

Active Day of Baltimore
410-242-0379

1430 Joh Avenue
Baltimore 21230

Active Day of Parkville
410-663-9501

3321 East Joppa Road
Baltimore 21234

Active Day of Randallstown
410-922-8600

9637 Liberty Road,
Suite K

Randallstown 21133

Active Day of Timonium
410-560-6717

1840 York Road,
Suite G-1
Timonium 21093

► ADULT MEDICAL DAY CARE OF OVERLEA

410-444-5800
5800 Belair Road
Baltimore 21206

► ALICE MANOR

ADULT MEDICAL DAY CARE

410-298-7255
6401 Dogwood Road
Baltimore 21207

► CARING HANDS ADULT DAY CARE OF DUNDALK, INC.

410-285-7060
49-61 Shipping Place
Dundalk 21222

► CARING HANDS AMDC OF GREATER BALTIMORE

410-285-7060
1001 West Pratt Street
Baltimore 21223

► CENTER FOR SOCIAL CHANGE AMDC

443-405-3712
3400 Barry Paul Road
Randallstown 21133

► EASTER SEALS ADULT DAY SERVICES

410-277-0940
7138 Windsor Boulevard
Baltimore 21244

► EXTENDED FAMILY ADULT DAY CARE, INC.

410-233-0048
4200 Edmondson Avenue,
Suite 100
Baltimore 21229

► FRIENDS AND FAMILY ADULT DAY SERVICES, INC.

410-277-0070
3112 Lord Baltimore Drive,
Suite 108
Baltimore 21244

► FRIENDSHIP ADULT MEDICAL DAY CENTER

410-866-3700
6255 Kenwood Avenue,
Suite C
Rosedale 21237

► FRIENDSHIP AT OWINGS MILLS AMDC

410-902-0252
3 Easter Court,
Suite B
Owings Mills 21117

► GOLDEN DOVES

**SENIOR MEDICAL ADULT
DAY CARE**

410-462-3802
1701 Madison Avenue
Baltimore 21217

► GOLDEN POND ADULT DAY PROGRAM, INC.

410-325-2686
4825 Frankford Avenue
Baltimore 21206

► HAPPY TIME DAY CARE CENTER, LLC

410-664-0056
5146 Park Heights Avenue
Baltimore 21215

► HERITAGE ADULT ENRICHMENT PROGRAM

410-825-5575
8240 Loch Raven Boulevard
Towson 21286

► HONG LOK ADULT MEDICAL DAY CARE

410-686-8868
814 Eastern Boulevard
Essex 21221

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410-601-3358
6650 Belair Road
Baltimore 21206

► LEVELS MEDICAL ADULT DAY CARE

410-779-7487
210 West 28th Street
Baltimore 21211

► L. I. F. E. ADULT MEDICAL DAY CARE

410-735-5433
2822 Hollins Ferry Road
Baltimore 21230

► LIFEBRIDGE HEALTH ADULT DAY SERVICES

443-426-1800
5400 Old Court Road,
Suite 100A
Randallstown 21133

► LIFEWAY ADULT MEDICAL DAY CENTER

443-226-3289
30 New Plant Court
Owings Mills 21117

► MARYLAND MEDICAL DAY CARE SERVICES, LLC

443-873-9814
2605 Banister Road
Baltimore 21215

► MAXIMUM DAY SERVICES

410-581-9150
11299 Owings Mills Boulevard,
Suite 204
Owings Mills 21117

► MAXIMUM DAY SERVICES II, LLC

410-356-5330
9-D Gwynns Mill Court
Owings Mills 21117

► MEDCLUB ADULT DAYCARE

202-342-5777
5610 Harford Road
Baltimore 21214

► PARADISE ADULT MEDICAL DAY CARE

410-483-4444
5617 Belair Road
Baltimore 21206

► PHOENIX ADULT MEDICAL CENTER

443-278-9290
4147-B Labyrinth Road
Baltimore 21215

► PROVIDENCE MEDICAL ADULT DAY CARE, A

410-523-1500
800 S. Caton Ave
Baltimore 21229

► RAINBOW PARK ADULT CARE CENTER

410-363-7275
11403 Cronhill Drive,
Suite D-G
Owings Mills 21117

A

ADULT DAY SERVICES - ADVOCACY SERVICES



► **RAVEN'S MEDICAL
ADULT DAY CARE**
410-225-7888
1821 Smallwood Street
Baltimore 21216

► **RENAISSANCE ADULT
DAYCARE CENTER**
410-580-9301
1017 Reisterstown Road
Pikesville 21208

► **ROB "N" NESS ADULT
DAY SERVICES, INC.**
410-744-8225
2 West Rolling Crossroads,
Suite 11
Catonsville 21228

► **ST. ANN ADULT DAY
SERVICES**
410-646-0320
3308 Benson Avenue
Baltimore 21227

► **ST. JOHN ADULT
MEDICAL DAY CARE, INC.**
410-329-1444
10947 Golden West Drive,
Suite 200
Hunt Valley 21031

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www.stellamaris.org
2300 Dulaney Valley Road
Timonium 21093
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Baltimore region.

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Baltimore 21234

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with special services for these
populations (i.e. mental health,
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7215 York Road
Baltimore 21212
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intellectual and developmental
disabilities.

► **GALLAGHER SERVICES
ADULT MEDICAL DAY
PROGRAM**
667-600-2520
2520 Pot Spring Road
Timonium 21093
Serves medically fragile,
developmentally disabled
adults.

► **GOLDEN DAYS ADULT
MEDICAL DAY CARE**
410-242-6650
4601 Hollins Ferry Road,
Suite C
Baltimore 21227
For adults with medical
disabilities.

► **HOPKINS ELDERPLUS**
410-550-7047
410-550-8093
www.hopkinsbayview.org/hopkinselderplus
Mason F. Lord Building,
East Tower, Ground Floor
4940 Eastern Avenue
Baltimore 21224
Hopkins ElderPlus Program
is an all-inclusive care for the
elderly (PACE), for nursing
home eligible persons; must
be age 55 or older, live in
service area and have potential
for remaining safely in the
community with our assistance.

► **KESWICK ADULT DAY
SERVICES**
410-662-4324
700 West 40th Street
Baltimore 21211

► **LEAGUE FOR PEOPLE
WITH DISABILITIES ADULT
MEDICAL DAY PROGRAM**
410-323-0500, Ext. 365
www.leagueforpeople.org
1111 East Cold Spring Lane
Baltimore 21239
Addresses physical,
psychological/social challenges
facing adults with disabilities.
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center; therapeutic pool; respite
care; recreational activities;
physical/occupational speech;
individual/family/group
counseling; nursing care by
registered nurses; case
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INC.**
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11431 Cronhill Drive,
Suite C
Owings Mills 21117

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CONNECTIONS (UC2)**
410-513-8900
11650 Crossroads Circle,
Suite A
Middle River 21220
For adults with intellectual or
developmental disabilities.

► **WELCOME FRIENDS
ADULT MEDICAL DAY CARE**
410-574-5005
416 Eastern Boulevard
Essex 21221

ADVOCACY SERVICES

For additional services/
information call Maryland
Access Point of Baltimore
County at 410-887-2594
or the Baltimore City Health
Department, Division of Aging
at Maryland Access Point at
410-396-2273. See Baltimore
County and Baltimore City
Government Services and Legal
Services.

► **AARP ADVOCACY**
410-895-7613
www.aarp.org/md

► **BALTIMORE CITY
CIRCUIT COURT**
410-333-3722
Provides legal and fair
processing of all cases.

► **BALTIMORE CITY
DEPARTMENT OF HUMAN
RESOURCES**
410-396-3860





ADVOCACY SERVICES

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443-378-4600

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Adoptions

410-685-8231

Adult Services

443-423-6600

(Includes Adult Protective Services, Social Services to Adults and Project HOME)

Child Care Subsidy (CCS) Program

866-243-8796

Community Care Unit

443-423-6100

Family Investment

443-378-4700

Food Stamp Change Center

443-423-4445

In-Home Aide Services

443-423-4214

Intake & Assessment

Report Child Abuse and Neglect (Child Protective Services and Family Services)

410-361-2235

(24-Hour Service)

Legal Services

443-378-4100

► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING, COMMISSION ON AGING

410-396-2273

Members appointed by the Mayor and the City Council to generally advise the Division of Aging in its mission to assist older adults and persons with disabilities in Baltimore City with health, transportation, social, economic, recreation, environmental and housing needs.



► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING, LONG-TERM CARE OMBUDSMAN PROGRAM

410-396-3144

Investigates and attempts to resolve complaints on behalf of assisted living and nursing home residents.

► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING, MARYLAND ACCESS POINT

410-396-2273

► BALTIMORE CITY OFFICE OF CIVIL RIGHTS AND WAGE ENFORCEMENT/ COMMUNITY RELATIONS COMMISSION

410-396-3141

Combats unlawful discrimination.

► BALTIMORE CITY OFFICE OF STATE'S ATTORNEY

443-984-6000

410-396-1897/1898

Court related issues.

► BALTIMORE CITY POLICE DEPARTMENT, NON-EMERGENCY ASSISTANCE

311 or 443-263-2220

► BALTIMORE CITY SHERIFF'S OFFICE

410-396-1155

► BALTIMORE CITY TAX BILLING OFFICE

410-396-3987

Homes may be placed in tax sale if delinquent in property taxes (\$750) water bill (\$750) and/or if other environmental citations exist. For more information regarding homeowner tax property credit, home repairs, water bills or legal issues, you may call Baltimore City MAP at 410-396-2273.

► BALTIMORE COUNTY ASSOCIATION OF SENIOR CITIZENS ORGANIZATIONS, INC. (BCASCO)

410-521-5726

An educational and advocacy association that strives to better the lives of seniors and their families through programs, newsletters, presentations and legislation.

► BALTIMORE COUNTY COMMISSION ON AGING

410-887-2109

Members appointed by the County Executive and the County Council to generally advise the Department of Aging in its mission to assist older adults in Baltimore County with health, transportation, social, economic, recreation, environmental and housing needs.

► BALTIMORE COUNTY COMMISSION ON DISABILITIES

410-887-3317

Legally enacted commission of county government to initiate recommendations and review legislation which concerns or impacts individuals with disabilities.

► BALTIMORE COUNTY DEPARTMENT OF AGING, LONG-TERM CARE OMBUDSMAN PROGRAM

410-887-4200

Investigates and attempts to resolve complaints made by or on behalf of assisted living and nursing home residents.



► BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY

410-887-2594

Help and information regarding resources available to older adults, persons with disabilities and caregivers. Assistance provided for financial applications and case management. Referrals made to other agencies as appropriate. Persons are also provided with counseling to assist with long term care supports decision making.

► BALTIMORE COUNTY DEPARTMENT OF HEALTH

410-887-2243

Protects public health by promoting good health practices, protecting individuals from infectious diseases and providing access to health care services. Provides special geriatric services.

► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES (SCREENING UNIT)

410-887-8463 (TIME)

Advocates and provides protective services for residents of all ages through assessments, case management, residential and financial services. Provides information, assistance and referral for emergency shelter for homeless individuals.

► BALTIMORE COUNTY HUMAN RELATIONS COMMISSION

410-887-5917

Enforces anti-discrimination laws.

► **BALTIMORE COUNTY
LEGAL AID BUREAU, INC.,
NURSING HOME
PROGRAM, ASSISTED
LIVING PROGRAM**

410-951-7750

Legal services for nursing home and assisted living residents.

► **BALTIMORE COUNTY
OFFICE OF THE ADA
COORDINATOR**

410-887-6064

Investigates public complaints alleging noncompliance with the ADA.

► **BALTIMORE COUNTY
POLICE DEPARTMENT,
FINANCIAL CRIMES AND
CYBERCRIMES**

410-887-2190

Answers questions regarding con games and door-to-door scams.

► **BALTIMORE COUNTY
POLICE DEPARTMENT,
NON-EMERGENCY
ASSISTANCE**

410-887-2222

► **BALTIMORE COUNTY
SHERIFF'S OFFICE**

410-887-3151

► **BETTER BUSINESS
BUREAU, INC.**

410-347-3990

Provides information regarding consumer issues, determination of reliability of businesses or charities, and opportunity to file a complaint.

► **CENTERS FOR
MEDICARE & MEDICAID
SERVICES (CMS),
MEDICARE HELPLINE**

800-633-4227

www.medicare.gov

► **CREDIT REPORTS**

877-322-8228

www.annualcreditreport.com

All Maryland residents have access to free annual personal credit reports from Experian, Equifax and TransUnion.

► **DISABILITY RIGHTS
MARYLAND**

410-727-6352

www.disabilityrightsmd.org
A non-profit legal advocacy organization mandated to advance the civil rights of people with disabilities. Free legal services to Marylanders of any age with all types of disabilities who live in facilities, in the community or who are homeless.

► **FEDERAL TRADE
COMMISSION**

877-382-4357

877-438-4338 (Identity Theft)

www.ftc.gov

Provides information on filing a complaint regarding identity theft, internet fraud, telemarketing scams, Do Not Call Registry, etc.

► **HEALTH ADVOCACY
UNIT HOTLINE AND
HEALTH CARE MEDIATION**

410-528-1840

Accepts complaints involving medical billing or reimbursement problems and provides the complaint history of health care providers.

Securities Division

410-576-6360

Accepts complaints and supplies information about financial planners/brokers.

► **IMAGE CENTER OF
MARYLAND**

410-982-6311

Information and referral, peer mentoring, independent living skills training, and educational transition program for individuals with disabilities.

► **LEGAL AID, INC.**

410-951-7750

Free civil legal services to Maryland residents with limited income.



► **MARYLAND ATTORNEY
GENERAL'S OFFICE**

410-576-6300 (General)

Consumer Protection Division

410-528-8662

Investigates complaints regarding unfair and deceptive business practices and acts as mediator between consumers and merchants.

► **MARYLAND
COMMISSION ON
CAREGIVING**

410-767-7323

<http://dhr.maryland.gov/maryland-commission-caregiving>

Coordinates statewide planning, development, and implementation of family caregiver support.

► **MARYLAND
COMMISSION ON CIVIL
RIGHTS**

410-767-8600

Enforces Maryland anti-discrimination laws concerning employment, housing, public accommodations and commercial non-discrimination.

► **MARYLAND
DEPARTMENT OF AGING**

410-767-1100

800-AGE-DIAL

www.aging.maryland.gov

In partnership with the Area Agencies on Aging (AAA), promotes an enhanced quality of life for a diverse population of older adults in Maryland.

► **MARYLAND
DEPARTMENT OF
DISABILITIES**

410-767-3660 (Voice)

800-637-4113 (TTY)

www.mdod.maryland.gov

Coordinates the delivery of services to individuals with disabilities living in Maryland.



► **MARYLAND
DEPARTMENT OF
EDUCATION**

410-767-0100

www.marylandpublicschools.org/MSDE

Develops and implements standards and policies for pre-kindergarten through high school education programs in Maryland.

► **MARYLAND
DEPARTMENT OF HEALTH**

410-767-6500

Office of Health Care Quality

410-402-8000

<https://health.maryland.gov>

Licenses and provides oversight of adult day care, nursing homes, assisted living facilities, health care agencies, etc. See website for licensee directory.

► **MARYLAND
DEPARTMENT OF HEALTH**

410-767-6500

<https://health.maryland.gov>

Promotes and improves the health and safety of Marylanders through disease prevention, access to care, quality management, and community engagement.

**Behavioral Health
Administration**

410-402-8300

Children's Medical Services

[CMS] Program

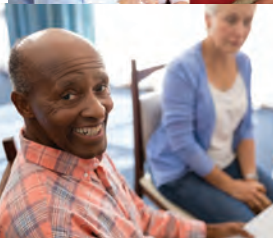
410-767-5588

**Developmental Disabilities
Administration**

410-767-5600

Medical Assistance Program

410-767-6500





► **MARYLAND DEPARTMENT OF HOUSING AND COMMUNITY DEVELOPMENT**

301-429-7400
800-756-0119
www.dhcd.maryland.gov
Administers “Bridge to Hope” and other programs to assist in the prevention of mortgage foreclosures. Free counseling on housing issues.

► **MARYLAND HEALTH CARE COMMISSION**

410-764-3460
www.mhcc.maryland.gov
Reviews and compares nursing homes, assisted living facilities (ten or more beds), health plans, hospitals and prescription prices.

► **MARYLAND HOME IMPROVEMENT COMMISSION**

410-230-6309
www.dllr.state.md.us (Click on Licensing)
Verifies contractors’ licenses and provides information about complaints filed against specific companies.

► **MARYLAND INSURANCE ADMINISTRATION**

410-468-2000
800-492-6116
www.insurance.maryland.gov
Consumer information and complaints concerning accident, automobile, health, life, long-term care and property insurance as well as agent licensing requirements and insurance fraud.

► **MARYLAND MEDICAL ASSISTANCE BENEFICIARY SERVICES & PHARMACY ACCESS HOTLINE**

800-492-5231
Assists Medical Assistance recipients to select doctors, address coverage issues and answer questions about Medicaid prescription drug coverage.

► **MARYLAND OFFICE OF PEOPLE’S COUNSEL**

410-767-8150
Advocates on behalf of residential utility customers and can assist with dispute resolution.

► **MARYLAND OFFICE OF THE SECRETARY OF STATE, CHARITABLE ORGANIZATIONS DIVISION**

410-974-5534
Answers questions and takes complaints about charitable organizations.

► **MARYLAND STATE BOARD OF MORTICIANS AND FUNERAL DIRECTORS**

410-764-4792
Verifies and issues licenses and accepts complaints about funeral homes, funeral directors, crematoriums and morticians.

► **MAYOR’S COMMISSION ON DISABILITIES**

443-984-3170
Promotes equal rights and opportunities for people with disabilities in Baltimore City.

► **MAYOR’S OFFICE OF CONSTITUENT SERVICES**

410-396-4900
Provides information about Baltimore City government programs. Assists residents with questions and concerns regarding city services.

► **MAYOR’S OFFICE OF NEIGHBORHOODS**

410-396-4735
Contributes to an improved quality of life for Baltimore City residents.

► **MID-ATLANTIC ADA CENTER, THE**

800-949-4232
www.adainfo.org
Provides information, guidance and training on the Americans with Disabilities Act.

► **NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), METROPOLITAN BALTIMORE, INC.**

410-435-2600
Sponsors self-help, support, education and advocacy groups for families and individuals coping with mental illness.

► **NCIA, NATIONAL CENTER ON INSTITUTIONS AND ALTERNATIVES**

443-780-1300
www.ncianet.org
Serves individuals with intellectual and developmental disabilities including residential homes in the community, mental health services and employment training and other related programs for adults and youth.

► **OLDER WOMEN EMBRACING LIFE, INC. (OWEL)**

410-601-4168
Peer support, referrals, HIV testing, care navigation and education for older women who are at risk or living with HIV in Baltimore City.

► **TAXPAYER ADVOCATE SERVICE**

443-853-6000
800-865-6198
Independent organization within the IRS to help taxpayers resolve problems.

► **U. S. DEPARTMENT OF HEALTH & HUMAN SERVICES, OFFICE OF THE INSPECTOR GENERAL**

800-447-8477 (Fraud/Abuse Hotline)
Handles fraud and abuse related to Medicare, Medicaid, mental health services, medical equipment, employee or contractor complaints, Social Security, food supplements and housing subsidy.

► **U. S. DEPARTMENT OF HOUSING AND URBAN DEVELOPMENT (HUD)**

410-962-2520
Provides information on public housing, HUD homes, rental assistance, homeless assistance, FHA loans, Fair Housing and foreclosure prevention.

► **U.S. DEPARTMENT OF JUSTICE CIVIL RIGHTS DIVISION/DISABILITY RIGHTS SECTION**

202-307-0663
www.ada.gov
950 Pennsylvania Avenue, NW
Washington, D.C. 20530
Provides information on the Americans with Disabilities Act.

► **U.S. DEPARTMENT OF VETERANS AFFAIRS**

800-827-1000
www.va.gov
Beneficiary information for veterans, their widows, widowers and children.

► **U.S. POSTAL INSPECTION SERVICE**

877-876-2455
800-372-8347
www.usps.com
Investigates crimes involving postal service, including mail fraud.



ADVOCACY SERVICES

SPECIALIZED ADVOCACY GROUPS

ALZHEIMER'S DISEASE

► **ALZHEIMER'S
ASSOCIATION – GREATER
MARYLAND**
800-272-3900 (24-Hour
Helpline)
www.alz.org/maryland
1850 York Road,
Suite D
Timonium 21093

ARTHRITIS

► **ARTHRITIS
FOUNDATION**
443-274-7480
www.arthritis.org
1220A East Joppa Road,
Suite 230B
Towson 21286

ATTENTION DEFICIT DISORDER

► **CHILDREN AND ADULTS
WITH ATTENTION DEFICIT
DISORDER OF GREATER
BALTIMORE (CHADD)**
www.chadd-mc.org

AUTISM

► **PATHFINDERS FOR
AUTISM**
443-330-5370,
443-330-5341 (Help)
www.pathfindersforautism.org
303 International Circle,
Suite 110
Cockeysville 21030

► **AUTISM SOCIETY OF
AMERICA: BALTIMORE-
CHESAPEAKE CHAPTER**
410-655-7933
www.bcc-asas.org
P.O. Box 10822
Baltimore 21234

BLIND

► **AMERICAN COUNCIL OF
THE BLIND**
202-467-5081
800-424-8666
www.acb.org
1703 North Beauregard Street,
Suite 420
Alexandria, VA 22311

► **AMERICAN
FOUNDATION FOR THE
BLIND**
212-502-7600
www.afb.org
2 Penn Plaza,
Suite 1102
New York, NY 10121

► **BLIND INDUSTRIES AND
SERVICES OF MARYLAND**
410-737-2600
888-322-4567 (Toll -Free)
www.bism.org
3345 Washington Boulevard
Baltimore 21227

► **FOUNDATION FIGHTING
BLINDNESS, INC., THE**
410-423-0600
800-683-5555
www.fightblindness.org
7168 Columbia Gateway Drive,
Suite 100
Columbia 21046

► **NATIONAL FEDERATION
OF THE BLIND**
410-659-9314
www.nfb.org
200 East Wells Street
Baltimore 21230

BRAIN INJURY

► **BRAIN INJURY
ASSOCIATION OF
MARYLAND**
410-448-2924
www.biamd.org
2200 Kerman Drive
Baltimore 21207

DEAF-BLIND

► **GOVERNOR'S OFFICE
OF THE DEAF AND HARD
OF HEARING, THE**
410-767-6290 (Voice)
410-767-7756 (TTY)
www.odhh.maryland.gov
217 East Redwood Street,
Suite 910
Baltimore 21202

► **HEARING LOSS
ASSOCIATION OF
AMERICA**
301-657-2248
www.hearingloss.org
7910 Woodmont Avenue,
Suite 1200
Bethesda 20814

► **NATIONAL
ASSOCIATION OF THE
DEAF, LAW AND
ADVOCACY CENTER**
301-587-1788
301-328-1443 (Voice/VP)
301-587-1789 (TTY)
www.nad.org
8630 Fenton Street,
Suite 820
Silver Spring 20910
Educates, advocates and
litigates on behalf of and to
empower deaf and hard of
hearing people.

DEVELOPMENTAL DISABILITIES

► **ARC MARYLAND, THE**
410-571-9320
www.thearcmd.org
8601 Robert Fulton Drive,
Suite 140
Columbia 21046

► **MARYLAND
DEVELOPMENTAL
DISABILITIES COUNCIL**
410-767-3670
800-305-6441 (Within MD)
www.md-council.org
217 East Redwood Street,
Suite 1300
Baltimore 21202

DIABETES

► **AMERICAN DIABETES
ASSOCIATION**
410-265-0075
www.diabetes.org/in-my-community/local-offices/baltimore-maryland
2002 Clipper Park Road,
Suite 110
Baltimore 21211

DOWN SYNDROME

► **CHESAPEAKE DOWN
SYNDROME PARENT
GROUP, INC.**
410-321-5434
www.cdspg.org
P.O. Box 20127
Baltimore 21284

DYSLEXIA

► **DYSLEXIA TUTORING
PROGRAM, INC.**
410-889-5487
www.dyslexiatutoringprogram.org
The Rotunda
711 West 40th Street,
Suite 310
Baltimore 21211

► **INTERNATIONAL
DYSLEXIA ASSOCIATION –
MARYLAND BRANCH**
800-509-4980
www.idamd.org
P.O. Box 233
Brooklandville 21022

EPILEPSY

► **ABILITIES NETWORK**
www.abilitiesnetwork.org
See listing for Abilities Network
under “Developmental
Disability Services—Agencies
Providing Services to
Persons with Developmental
Disabilities”.



ADVOCACY SERVICES - ASSISTED LIVING PROGRAMS

► LEARNING DISABILITIES ASSOCIATION OF AMERICA, INC.

412-341-1515
www.idamd.org
P.O. Box 744
Dunkirk 20754

MENTAL HEALTH

► MARYLAND COALITION OF FAMILIES

410-730-8267
800-607-3637
www.mdcoalition.org
10632 Little Patuxent Parkway,
Suite 234
Columbia MD 21044

► MENTAL HEALTH ASSOCIATION OF MARYLAND, THE

443-901-1550
www.mhamd.org
Heaver Plaza
1301 York Road,
Suite 505
Lutherville 21093

► NAMI—NATIONAL ALLIANCE ON MENTAL ILLNESS

410-435-2600
See listing for NAMI under
"Mental Health Services."

► ON OUR OWN OF MARYLAND

410-646-0262
800-704-0262

MULTIPLE SCLEROSIS

► NATIONAL MULTIPLE SCLEROSIS SOCIETY CHAPTER

443-641-1200
www.nationalmssociety.org/
chapters/MDM
2219 York Road,
Suite 302
Timonium 21093

MUSCULAR DYSTROPHY

► MUSCULAR DYSTROPHY ASSOCIATION

410-494-7106
www.mda.org/office/baltimore
Baltimore District Office
8501 LaSalle Road,
Suite 106
Towson 21286

PARKINSON'S DISEASE AND MOVEMENT DISORDERS

► JOHNS HOPKINS PARKINSON'S DISEASE AND MOVEMENT DISORDERS CENTER, THE

410-502-0133
www.hopkinspdmd.org

► NATIONAL PARKINSON FOUNDATION, THE

800-473-4636
www.parkinson.org

TOURETTE SYNDROME

► TOURETTE ASSOCIATION OF AMERICA, MID-ATLANTIC CHAPTER

443-327-9667
www.tourette.org/chapter/
mid-atl
4709 Harford Road
Baltimore 21214

TRAUMATIC INJURY

► TRAUMA SURVIVORS NETWORK R. ADAMS CROWLEY SHOCK TRAUMA CENTER

410-328-5545
410-328-1375
www.traumasurvivorsnetwork.
org/trauma_centers/9
University of Maryland Medical
Center
22 South Greene Street
Baltimore 21201

AIDES, IN HOME

See Home Health Services.

ALZHEIMER'S/ DEMENTIA

See Caregivers Support/
Grandparent Support.

ANIMAL SERVICES

► ANIMAL CONTROL PROGRAM AND ENVIRONMENTAL HEALTH

410-396-4688 (City)
Enforces City and State
codes, rules and regulations;
investigates animal neglect and
cruelty cases.

► BALTIMORE COUNTY DEPARTMENT OF HEALTH, DIVISION OF ANIMAL SERVICES

410-887-PAWS (7297) (County)
Issues violations, enforces laws,
accepts animal cruelty calls.
Free euthanizing (per criteria),
rabies shots, spay/neutering,
microchipping, and licensing.
Operates shelter for animal
adoption.

► BALTIMORE COUNTY DEPARTMENT OF PERMITS, ANIMAL LICENSES

410-887-3630
Available at full-service
libraries - \$2.00 convenience
fee.

► FIDOS FOR FREEDOM, INC.

410-880-4178
Enhances the quality of life for
people in the Washington-
Baltimore Metropolitan
community by providing
specially trained hearing dogs,
service dogs and therapy dogs.

► MARYLAND SPCA - KIBBLE CONNECTION

410-235-8826, Ext. 137
Provides free pet food to the
clients of Meals On Wheels.

► SPAY/NEUTER ALL PETS (SNAP)

410-887-PAWS (7297) (County)
410-235-8826 (City)
Provides low cost certificates
for spaying/neutering dogs and
cats.

APARTMENTS, SENIORS

See Housing.

ASSESSMENT, GERIATRIC

See Geriatric Mental Health
Services.

ASSISTED LIVING PROGRAMS

See Housing.



ASSISTIVE TECHNOLOGY

See Developmental Disabilities, Hearing Resources, Loan Closet for Medical Equipment, Medical Alert Systems, Medical Equipment and Supplies, and Vision Resources.

► ASSISTIVE TECHNOLOGY GUARANTEED LOAN PROGRAM

410-554-9230
800-832-4827

866-881-7488 (TTY)

Low interest loans for home modifications and assistive devices for persons with disabilities.



► BALTIMORE COUNTY DEPARTMENT OF AGING

410-887-2594

Loans wheelchairs, walkers, shower seats and other equipment. Offers individualized demonstrations of assistive devices. Available to Baltimore County residents age 60 and over.

► CLEARCAPTIONS, LLC

866-246-7850

www.clearcaptions.com

3001 Lava Ridge Court,
Suite 100

Roseville, CA 95661

Words matter: communication, integrity, quality, commitment, accuracy.

► MARYLAND RELAY

410-767-0960

800-522-7724

www.doit.maryland.gov/mdrelay

301 West Preston Street,
Suite 1008A

Baltimore 21201

Everything you need to stay connected.

► MARYLAND TECHNOLOGY ASSISTANCE PROGRAM

800-832-4827

www.mdod.maryland.gov/mdtap

Information and referral resources for people with disabilities to live and work independently. Programs include temporary equipment borrowing, technology and telework loan programs.

► MID-ATLANTIC MEDICAL SUPPLY & EQUIPMENT

410-363-2279

www.suppliesforliving.com

718 Main Street

Reisterstown 21136

Price-match promise, delivery, insurance billing. Pharmacy on premises.

► V-LINC

410-982-6311

www.vlinc.org

Provides technology solutions and customized devices for persons with disabilities.

V-LINC is now part of the IMAGE Center of Maryland.

Assistive calling solutions designed to empower you.

If you have difficulty using a standard phone, put the power of Maryland Relay to work for you. A FREE public service, Maryland Relay brings the latest advances in calling options and telecommunications equipment to you, making it easier than ever to connect to your world.

Find out if you qualify for a state-provided Captioned Telephone or other device:

800-552-7724 | 410-767-6960 (Voice/TTY)

443-453-5970 (Video Phone) | mdrelay.org



A - C

ATTORNEYS - CEMETERIES, MEMORIAL PARKS AND MONUMENTS

ATTORNEYS

See Legal Services.

BEHAVIORAL HEALTH

See Mental Health.

CAREGIVERS SUPPORT/ GRANDPARENT SUPPORT

See Disability Assistance, Home Health Services, Hotlines and Websites, Housing-Assisted Living, Medical Equipment and Supplies, Memory Care, Nursing Homes, Respite Services and Support Groups-Caregivers.

► **ALZHEIMER'S ASSOCIATION**
410-561-9099
800-272-3900

► **BALTIMORE CITY FAMILY CAREGIVERS AND GRANDPARENTS AS PARENTS PROGRAM**
410-396-1337
Provides support, respite, and supplemental services to caregivers and grandparents as parents.

► **BALTIMORE COUNTY DEPARTMENT OF AGING, CAREGIVERS PROGRAM**
410-887-4724
Provides information, education and guidance to family members caring for older adults within Baltimore County. Publishes the *Caregiver Connection* newsletter, available free by US mail or e-mail. Offers one free consultation with family caregivers.

► **BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY**
410-887-2594
Information about services and benefits available to older adults, baby boomers, persons with disabilities, caregivers and professionals.

► **CATHOLIC CHARITIES CHILD AND FAMILY SERVICES, GRANDPARENT SERVICES, KINSHIP NAVIGATOR**
667-600-3077

► **FAMILY TREE**
410-889-2300
Provides programs and services to educate about preventing child abuse.

► **LOCATE: CHILD CARE**
877-261-0060
Locate childcare resources.

► **NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), METROPOLITAN BALTIMORE, INC.**
410-435-2600
Sponsors self-help, support, education and advocacy groups for families and individuals coping with mental illness.

CASE MANAGEMENT

Assistance in helping adults and persons with special needs. See also Disability Assistance, Geriatric Assessment Services and Mental Health Services. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

► **AGING LIFE CARE ASSOCIATION, MID-ATLANTIC CHAPTER**
www.aginglifecare.org
Professional organization which sets standards for fee-for-service case managers.

► **BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES**
443-378-4600
Provides case management for vulnerable adults ages 18 and older.

► **BALTIMORE CITY DIVISION OF AGING, CASE MANAGEMENT FOR LONG TERM SUPPORT SERVICES**
410-396-4932
Provides case management for active clients in Medicaid Waiver, Senior Care and Guardianship programs.

► **BALTIMORE COUNTY DEPARTMENT OF AGING, COMMUNITY OUTREACH SPECIALISTS**
410-887-2594 (Intake/Referral)
Case management services for older adults including assistance with completing financial applications.

► **BALTIMORE COUNTY DEPARTMENT OF HEALTH, ADULT EVALUATION AND REVIEW SERVICES**
410-887-2754
In-home screening, assessment and case management services for individuals experiencing multiple health and social problems.

► **BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES**
410-887-8463 (TIME)
Screening and case management for vulnerable adults (age 18 and over). Includes Adult Protective Services and Aging Services (age 65 and over).

► **FAMILY & CHILDREN'S SERVICES OF CENTRAL MARYLAND**
410-366-1980

► **JEWISH COMMUNITY SERVICES**
410-466-9200

CEMETERIES, MEMORIAL PARKS AND MONUMENTS

See Funeral Resources.

► **DULANEY VALLEY MEMORIAL GARDENS**
410-666-0490
www.dulaneyvalley.com
200 East Padonia Road
Timonium 21093
Caring for your family since 1958.

► **JOHN TYRIE & SON MONUMENTS**
410-527-0670
443-886-4435
www.johntyriemonuments.com
200 East Padonia Road
Timonium 21093
Preserving your family's legacy since 1898.

► **MARYLAND DEPARTMENT OF VETERANS AFFAIRS**
410-260-3838
www.veterans.maryland.gov
Administers Maryland Veterans Cemetery and Memorial Program.

► **MARYLAND STATE BOARD OF MORTICIANS AND FUNERAL DIRECTORS**
410-764-4792
Verifies and issues licenses and accepts complaints about funeral homes, funeral directors, crematoriums and morticians.



C - D

CLINICAL TRIALS - DENTAL SERVICES

CLINICAL TRIALS

See Hotlines and Websites.

COUNSELING, MENTAL HEALTH

See Mental Health Services.

DENTAL SERVICES

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

► BALTIMORE CITY COMMUNITY COLLEGE, DEPARTMENT OF DENTAL HYGIENE

410-462-7712
2901 Liberty Heights Avenue
Baltimore 21215
Preventive visits and set pricing for adults and children. Spanish interpreter.

► BALTIMORE CITY HEALTH DEPARTMENT Eastern Clinic

443-984-3548
620 North Caroline Street
Baltimore 21205
Preventive care from ages 3 and older; ages 7 and older for dental problems. Adults treated for emergencies only. MA accepted. Baltimore City residency only.

► BALTIMORE CITY HEALTH DEPARTMENT, ORAL HEALTH CLINIC

410-396-0840

► BALTIMORE COUNTY DENTISTRY

410-887-2781 (Appointments)
Eastern Family Resource
Center Dental Clinic
9150 Franklin Square Drive
Rosedale 21237
Liberty Family Resource Center
Dental Clinic
3525 Resource Drive
Randallstown 21133
Call for appointments for the
Dental Access Program and
dental clinics. Baltimore County
residents only.

► BALTIMORE MEDICAL SYSTEMS

Belair-Edison Family Center
410-558-4800
3120 Erdman Avenue
Baltimore 21213
Federally qualified health
center.

► CHASE BREXTON HEALTH SERVICES

Baltimore
410-837-2050, Ext. 2602
1111 North Charles Street
Baltimore 21201
Randallstown
410-496-6441
3510 Brenbrook Drive
Randallstown 21133
Preventive and dental
problems. MA accepted; sliding
scale. Baltimore City and
County residents.

► CHERRY HILL FAMILY HEALTH CENTER

410-354-2000, Ext. 11296
631 Cherry Hill Road
Baltimore 21225
Preventive and dental problems
from 2 years old to adults.
Spanish interpreter.

► DENTAL HYGIENE CLINIC-CCBC

443-840-3495 (Dundalk
Campus)
Students provide low-cost basic
dental hygiene services under
close supervision from clinical
faculty.

► ESPERANZA CENTER

410-522-2668
430 South Broadway
Baltimore 21231
Primary dental care for children
and adults of immigrant clients.

► GIVING RETIRED ADULTS MIGHTY SMILES INITIATIVE (GRAMS)

Eastern Dental Clinic
443-984-3548
Affordable basic dental care for
uninsured low income persons
60 years and older. Baltimore
City residency required.

► HEALTH CARE FOR THE HOMELESS

410-837-5533
421 Fallsway
Baltimore 21202
Free to persons who are
homeless.

► JAI MEDICAL SYSTEMS

410-433-2200
5010 York Road
Baltimore 21212
410-327-5100
1235 East Monument Street
Baltimore 21202

► JOHNS HOPKINS EAST BALTIMORE MEDICAL CENTER

410-522-9800
100 East Eager Street
Baltimore 21202
Preventive and dental problems
from ages 3 to adults.
MA accepted.

► MARYLAND FOUNDATION OF DENTISTRY FOR THE HANDICAPPED, DONATED DENTAL SERVICES

410-964-1944
Dental care for Maryland
residents with disabilities;
income requirements.

► PARK WEST MEDICAL CENTER

410-542-7800
3319 West Belvedere Avenue
Baltimore 21215
Preventive and dental problems
from ages 2 to adults. MA
accepted; sliding scale.

► TOTAL HEALTH CARE

410-383-8300
1501 Division Street
Baltimore 21217
Preventive and dental problems
from ages 3 to adults. MA
accepted; emergencies treated.

► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPEDIC INSTITUTE, DENTAL DEPARTMENT

410-448-6290
2200 Kernan Drive
Baltimore 21207
Self-referral or referred by a
doctor or dentist. All ages by
appointment only. MA and
private insurance accepted.

► UNIVERSITY OF MARYLAND, SCHOOL OF DENTISTRY

410-706-7063
Discounted dental services
performed by dental students
under supervision of licensed
dentists.

IN-HOME DENTAL SERVICES

For information about in-home
dentistry, call Maryland Access
Point of Baltimore County at
410-887-2594 or the Baltimore
City Health Department,
Division of Aging at Maryland
Access Point at 410-396-2273.



D

DISABILITY ASSISTANCE - DEVELOPMENTAL DISABILITIES



DISABILITY ASSISTANCE

For additional services/information, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

See Adult Day Care-Specialized Services, Assistive Technology, Case Management, Dental Services, Employment, Geriatric Assessment Services, Hearing Resources, Loan Closet for Medical Equipment, Medical Equipment and Supplies, Mental Health Services, Personal Needs, Transportation Services and Vision Resources.

DEVELOPMENTAL DISABILITIES

The Maryland Developmental Disabilities Administration (DDA) provides funding for multiple agencies which serve the needs of persons with developmental disabilities. These agencies provide a wide range of services, including residential, day services and family support services.

In order to receive funding from the DDA, it is imperative that an individual goes through the application process. The first step in that process is calling the DDA Regional Office to request an application.

410-234-8200
877-874-2494 (Toll Free)
800-735-2258 (TTY)

The application can also be downloaded from DDA's website at <https://dda.health.maryland.gov/pages/home.aspx>.

AGENCIES PROVIDING SERVICES

The agencies listed below provide a wide range of community services to people with developmental disabilities. For a more complete description, check out the agency's website.

► ABILITIES NETWORK

410-828-7700
www.abilitiesnetwork.org
8503 LaSalle Road
Towson 21286

► ALLIANCE/MOSIAC, INC.

See Mental Health Services.

► APEX NETWORK CONSOLIDATED, INC.

443-540-3337
www.apexnetworkinc.com
5310 Old Court Road,
Suite 102
Randallstown 21133

► ARC BALTIMORE, THE

410-296-2272
www.thearcbaltimore.org
Assistive technology, employment training, day/residential services, family support/respite, foster care, and resources for individuals with developmental disabilities.

► ARTEMIS MISSION, INC.

410-322-6428
429 Macintosh Circle
Joppa 21085

► ASSOCIATED CATHOLIC CHARITIES, GALLAGHER SERVICES

410-252-4005
www.catholiccharities-md.org/services/gallagher-services
2520 Pot Spring Road
Timonium 21093

► ATHELAS INSTITUTE, INC.

410-964-1241
www.athelasinstitute.org
9104 Red Branch Road
Columbia 21045

► BELLO MACHRE, INC.

443-702-3000
www.bellomachre.org
7765 Freetown Road
Glen Burnie 21060

► BE OUR GUEST, LTD.

410-602-8411
7522 Slade Avenue
Pikesville 21208

► BEST BUDDIES MARYLAND

410-327-9812
www.bestbuddies.org/maryland
3500 Boston Street
MS 47 - Suite 210
Baltimore 21224

► CARING HANDS, INC.

410-273-9736
www.caringhandscommunity.com
41 North Philadelphia Boulevard
Aberdeen 21001

► CENTER FOR COMMUNITY INTEGRATION

941-375-0229 (Main Office)
443-280-1893 (Program Office)
www.centerforcommunityintegration.org/index.html
1829 Reisterstown Road,
Suite 350
Baltimore 21208

► CENTER FOR SOCIAL CHANGE, INC.

410-579-6789
www.centerforsocialchange.org
6600 Amberton Drive
Elkridge 21075

► CHANGE, INC.

410-876-2179
www.changeinc.cc
115 Stoner Avenue
Westminster 21157

► CHANGING PEOPLE'S LIVES

410-581-7800
www.cplcares.org
CPL 500 Redland Court,
Suite 204
Owings Mills 21117

► CHIMES MARYLAND

410-358-6400
www.chimes.org
4814 Seton Drive
Baltimore 21215
Chimes offers day rehabilitation, residential, educational, vocational and employment.

► COMMUNITY SUPPORT SERVICES FOR THE DEAF (CSSD)

410-597-8780 (Voice Phone)
443-348-8256 (Video Phone)
www.cssdinc.org
7123 Windsor Mill Road,
Suite 100
Baltimore 21244

► COMPANIONS, INC.

410-394-8790
www.companionsmd.org
1829 Reisterstown Rd,
Suite 350
Owings Mills 21208

► COORDINATING CENTER, THE

410-987-1048
301-621-7830
www.coordinatingcenter.org
Coordinates services for persons with disabilities to enable them to be as independent as possible.



In 1947, The Chimes School was founded in Baltimore, Maryland serving five students with intellectual disabilities to help them achieve their fullest potential. This is the cornerstone and guiding spirit of the present organization.

Currently Chimes provides services, supports and employment for over 26,000 people with disabilities. We are a leading not-for-profit organization known for innovative, responsive and flexible solutions that are customer focused and results oriented.



COME VISIT US:

4814 Seton Drive, Baltimore MD 21215
410.358.6400

WWW.CHIMES.ORG

D

DEVELOPMENTAL DISABILITIES

► **CREATIVE OPTIONS, INC.**

410-780-4095
www.creativeopts.org
9411 Philadelphia Road,
Suite H
Rosedale 21237

► **DESTINY GROUP HOME, INC.**

443-794-9094
7412 Ricksway Road
Baltimore 21208

► **DOMINION RESOURCE CENTER, INC.**

410-800-2502 (Office)
443-825-2955 (24-Hour Service)
www.dominionresource.net
5513 York Road
Randallstown 21133

► **EMERGE, INC.**

410-884-4420
www.emergeinc.org
9180 Rumsey Road,
Unit D-2
Columbia 21045

► **EMPOWERMENT OPTIONS, INC.**

410-521-5500
9633 Liberty Road,
Suite D
Randallstown 21133

► **EROSUN, INC.**

410-296-4641
www.erosun.org
1045 Taylor Avenue,
Suite 101
Baltimore 21286

► **FAMILY SERVICE FOUNDATION, INC.**

301-459-2121
www.fsfinc.org
3102 Lord Baltimore Drive,
Suite 112
Baltimore 21244

► **FIDELITY RESOURCES, INC.**

410-337-0340
1018 A Cromwell Bridge Road
Towson 21286

► **FORWARD VISIONS, INC.**

410-584-8500
711(TTY)
www.forwardvisionsinc.org
120 Cockeysville Road,
Suite 204
Cockeysville 21030

► **FREEDOM TO CHOOSE, INC.**

410-788-0852
109 Melrose Avenue,
Suite E
Catonsville 21228

► **GROUP FOR THE INDEPENDENT LEARNING DISABLED (GILD)**

www.gildgroup.org

► **HEARING AND SPEECH AGENCY, THE**

410-318-6780 (Voice)
410-318-6758 (TTY)
www.hasa.org
5900 Metro Drive
Baltimore 21215

► **HOME-SWEET-HOME DD, INC.**

443-618-4344
1740 Twin Springs Rd
Halethorpe 21227

► **HUMANIM**

410-381-7171
www.humanim.com
1701 North Gay Street
Baltimore 21213

► **HUSSMAN CENTER FOR ADULTS WITH AUTISM**

410-704-4486
www.towson.edu/iwb/centers/hussman
One Olympic Place
Towson 21204



D

DEVELOPMENTAL DISABILITIES

► INNOVATIVE SERVICES, INC.

410-363-9495
300 Redland Court,
Suite 215
Owings Mills 21117

► INSTITUTE FOR WELL-BEING TOWSON UNIVERSITY

410-704-7300
410-704-3095 (Voice and TTY)
www.towson.edu/iwb
One Olympic Place,
Room 200
Towson 21204

► ITINERIS, INC.

443-275-1100
www.itinerisbaltimore.org
2050-A Rockrose Avenue
Baltimore 21211

► JEWISH COMMUNITY SERVICES (JCS)

410-466-9200
www.jcsbaltimore.org
5750 Park Heights Avenue
Baltimore 21215

► KENNEDY KRIEGER INSTITUTE

443-923-9400
888-554-2080
www.kennedykrieger.org
707 North Broadway
Baltimore 21205

► LEAGUE FOR PEOPLE WITH DISABILITIES, INC.

410-323-0500
www.leagueforpeople.org
1111 East Cold Spring Lane
Baltimore 21239

► LIFE, INC.

410-735-5433
www.lifeinc.org
2822 Hollins Ferry Road
Baltimore 21230

► LINWOOD CENTER

410-465-1352
www.linwoodcenter.org
3421 Martha Bush Drive
Ellicott City 21043

► LIVING OUT LOUD, INC.

410-665-2600
https://dda.health.maryland.gov/pages/living_out_loud.aspx
1740 East Joppa Road,
Suite 301
Parkville 21234

► LIVING SANS FRONTIERES, INC.

410-944-6005
www.lsfrontiers.com
7124 Ambassador Drive
Windsor Mill 21244

► LOYOLA CLINICAL CENTERS

410-617-1200
www.loyola.edu/clinical-centers
Belvedere Square
5911 York Road,
Suite 100
Baltimore 21212

► MARYLAND CENTER FOR DEVELOPMENTAL DISABILITIES AT KENNEDY KRIEGER

443-923-9555
www.mcd.d.kennedykrieger.org
7000 Tudsbury Road
Windsor Mill 21244

► MARYLAND DEVELOPMENTAL DISABILITIES ADMINISTRATION, REGIONAL OFFICE

410-234-8200
877-874-2494
800-735-2258 (TTY)
<https://dda.health.maryland.gov/pages/cmro.aspx>

► MID-ATLANTIC HUMAN SERVICES CORPORATION

410-569-6490
www.ippi.org/maryland
2109 Laurel Bush Road
Belair 21015

► NATIONAL CENTER ON INSTITUTIONS AND ALTERNATIVES

www.ncianet.org
443-780-1300
7130 Rutherford Road
Baltimore 21244

► NATIONAL MULTIPLE SCLEROSIS SOCIETY, MARYLAND CHAPTER

202-296-5363
800-344-4867 (Toll-Free)
www.nationalmssociety.org/chapters/MDM/index.aspx
1800 M Street
Northwest, Suite B50 North
Washington, DC 20036

► NEW BEGINNINGS, INC.

410-597-8092
www.newbeginningsagency.org
7501 Liberty Road,
Suite A
Lochearn 21207

► NORTHSTAR SPECIAL SERVICES, INC.

410-415-5887
106 Old Court Road,
Suite 205
Pikesville 21208

► PENN-MAR HUMAN SERVICES, INC.

410-343-1069
www.penn-mar.org
310 Old Freeland Road
Freeland 21053

► PEOPLE ON THE GO

443-923-9593
www.peopleonthegomaryland.com
Merritt Family Building
7000 Tudsbury Road
Gwynn Oak 21244

► PRECISION HEALTHCARE RESOURCES

410-747-4572
2 East Rolling Cross Road,
Suite 155
Catonsville 21228

We surround conditions
of the brain and spinal cord
with expert care from the
heart and soul.

Our specialists give kids with brain,
spinal cord or musculoskeletal system
disorders, diseases or injuries the
treatments they need to reach their
potential. Call us at 443-923-9400 to
discuss how we can help.



Kennedy Krieger Institute
UNLOCKING POTENTIAL

KennedyKrieger.org/Hope

D

DEVELOPMENTAL DISABILITIES

► PROGRESS UNLIMITED, INC.

410-363-8550
www.progressunlimited.org
11431 Cronhill Drive,
Suite C
Owings Mills 21117

► QUANTUM LEAP INCORPORATED

443-660-9470
www.qvincorporated.com
10989 Red Run Blvd, #200
Owings Mills 21117

► RICHCROFT, INC.

410-785-3274
www.richcroft.com
Executive Plaza IV
11350 McCormick Road,
Suite 700
Hunt Valley 21031

► SHARED SUPPORT MARYLAND, INC

410-945-4356
www.sharedsupportmd.org
5115 Edmondson Avenue
Baltimore 21229

► SHEPPARD PRATT HEALTH SYSTEM

410-938-5000
www.sheppardpratt.org
6501 North Charles Street
Baltimore 21204

► SHURA, INC.

443-660-7664
800-33-SHURA (Toll-Free)
www.shurainc.org
116 Slade Avenue
Pikesville 21208

► SON-GRACE, INC

410-444-8133
www.songraceinc.org
7122 Harford Road, 2nd Floor
Baltimore 21234

► SPECTRUM SUPPORT, INC.

410-795-6543
www.spectrum-support.org
2 Park Center, Unit 3
Owings Mills 21117

► STARFLIGHT ENTERPRISES, INC.

443-661-1301
www.starflightenterprises.com/
index.html
8930 Old Annapolis Road,
Suite A
Columbia 21045

► ST. PETER'S ADULT LEARNING CENTER

410-685-7340
www.stpetersalc.org
13 South Poppleton Street
Baltimore 21201

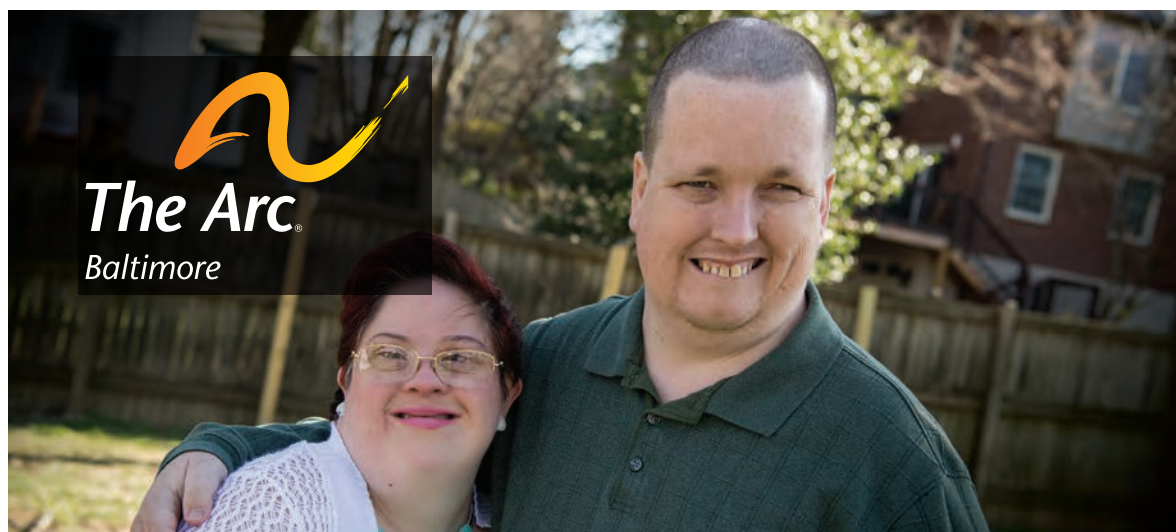


► UNIFIED COMMUNITY CONNECTIONS, INC.

410-484-4540
800-451-2452 (Toll-Free)
www.unified.org
Executive Plaza III
11350 McCormick Road,
Suite 1100
Hunt Valley 21031

► WORKFIRST, INC.

410-276-1613
www.humanim.com
3501 East Federal Street
Baltimore 21213



**WE'RE HERE FOR PEOPLE WITH
DEVELOPMENTAL DISABILITIES
OF ALL AGES, IN ALL STAGES**

Family Services | Community Living | Community Employment | Day Services

www.thearcbaltimore.org | 410.296.2272

D

DEVELOPMENTAL DISABILITIES

CAMPS

► BALTIMORE COUNTY DEPARTMENT OF RECREATION AND PARKS

410-887-3871
www.baltimorecountymd.gov/agencies/recreation

Ages: 6-21

Disabilities Accepted:

Disabilities vary with camp selection.

Location: Varies

Operates 11 summer day camps in cooperation with local community recreation councils for young people with disabilities throughout the county.

► BOY SCOUTS OF AMERICA

443-573-2500
www.baltimorebsa.org
701 Wyman Park Drive
Baltimore 21211

Ages: 7-21

Disabilities Accepted:

Developmental, emotional, physical, hearing impaired, visually impaired and intellectual disability.

► CAMP GLOW (GOD LOVES OUR WORLD)

410-547-5410
www.archbalt.org
Archdiocese of Baltimore

Ages: 18 and up

Disabilities Accepted:

Developmental and/or physical disabilities.

Monsignor O' Dwyer Retreat Center

Sparks 21152

Activities include swimming, nature hikes, sports, dancing, and arts and crafts.



► CAMP GREENTOP CATOCTIN MOUNTAIN NATIONAL PARK

410-323-0500, Ext. 366
www.leagueforpeople.org/camping-and-recreation
15001 Park Central
Sabillasville 21780

Ages: 8 and up

Disabilities Accepted: Physical and multiple disabilities, intellectual and learning disabilities, autism spectrum.

Allows campers to experience all the thrills of camping with modern accessible accommodations. Camping and therapeutic recreation.

► CAMP JEMICY

410-753-8032
www.jemicy.school.org
11 Celadon Road
Owings Mills 21117

Ages: 6-12 Co-ed

Disabilities Accepted: Dyslexia and other related language based learning differences.

Provides daily, individualized, structured, multisensory instruction and tutoring tailored to each child's needs. The program helps to build self-esteem, promote individual growth through social and activity based camping experiences.

► CAMP VARIETY

410-396-1550
<https://bcrp.baltimorecity.gov/campvariety>

Farring-Baybrook Recreation Center

4501 Farring Court
Baltimore 21225

Ages: 5-21

Disabilities Accepted: Children who are physically, mentally, and/or emotionally challenged. Transportation: Program includes door-to-door transportation for Baltimore City residents. Camp is a day camp for physically, mentally, and emotionally challenged children.



FIRST MARYLAND

Disability Trust

We recognize the importance of assisting individuals with disabilities regardless of age or disability.

For the Individual with disabilities we offer a Pooled Special Needs Trust to protect assets and preserve eligibility for benefits.

For the Individual's family, we offer a Third Party Special Needs Trust to help you plan for the future.

- We facilitate case management and care coordination as needed.
- We distribute funds to increase the Individual's quality of life and enhance independence.
- We provide a corporate alternative to the Individual Trustee, for both Pooled Trusts and Individual Trusts.

410-296-4408  www.firstmdtrust.org

The First Maryland Disability Trust, Inc., a Non-Profit organization.





Making Savings AttainABLE for People with Disabilities

MarylandABLE (Achieving A Better Life Experience) accounts are a new way for people with disabilities to save money without jeopardizing federal, state, or local means-tested benefits

• Online enrollment • Online account management

Who Can Open an Account?

- You, as the beneficiary, if you are over age 18; **OR**
- An Authorized Legal Representative (ALR) for someone with a qualifying disability.

The Beneficiary must be:

- A person who experienced the onset of disability prior to the age of 26; **AND**
- Be entitled to receive SSI or SSDI, or for the tax year, **OR**
- Provide a "disability certification" from a licensed physician stating that you meet the Social Security-level of disability

ABLE Account Benefits

- Contributing up to \$15,000* per year.
- Tax-deferred growth and tax-free withdrawals for qualified disability expenses.
- State income deduction up to \$2,500 per contributor per beneficiary for Maryland taxpayers who contribute to a Maryland ABLE account.
- Saving up to \$100,000 in an ABLE account before impacting SSI cash benefits.
- Contributing up to a maximum account value of \$500,000.

* Beneficiaries who work may qualify for additional contributions. See the website and Program Disclosure for more details on this benefit.

Additional ABLE Account Features

- Rollovers from 529 college savings plan
- Online gifting
- Prepaid MasterCard

Examples of Qualified Disability Expenses

Basic Living Expenses

- Gas, electric, water

Health and Wellness

- Medical bills, medication, medical equipment

Housing

- Mortgage, property taxes, rent

Education and Training

- Textbooks, tuition, trade schools

Employment

- Work related expenses, certification fees, job coaching

Transportation

- Bus, metro, taxi, Lyft, Uber, train

Financial Management and Legal fees

- Tax prep, legal and court fees, financial advisor services

Assistive Technology

- Hearing aids, computers, screen readers, iDevices

Burial Fees and Expenses

- Pre-planning fees, funeral and burial expenses

Contact Us

Contact Us

www.marylandable.org

Customer Service Monday-Friday 9 AM—8 PM
855.5MD.ABLE (563.2253) 1-844-888-2253 (TTY)

Questions@MarylandABLE.org

Please read the entire Program Disclosure and Participation Agreement carefully before deciding to enroll. You could lose money by investing. The Maryland ABLE Program Disclosure provides investment objectives, risks, expenses and costs, fees, and other information you should consider carefully before investing.

► FAIRLEE MANOR (EASTER SEALS)

410-778-0566

302-324-4444

www.easterseals.com/de/our-programs/camping-recreation

22242 Bay Shore Road
Chestertown 21620

Ages: 6 thru adulthood – depending on the week.

Disabilities Accepted: open to all types of disabilities. Offers adaptive swimming, sports and recreation, canoeing, gardening and other activities.

► J.C.C. SPECIAL NEEDS SUMMER CAMPS

410-559-3576

www.jcc.org/camps/camp-offerings/special-needs

Camp Location:

3506 Gwynnbrook Avenue,
Owings Mills 21117

Office Location:

5700 Park Heights Avenue,
Baltimore 21215

Ages: 5-24

Disabilities Accepted: Learning, speech language, hearing impaired, vision impaired, ADHD, developmentally delayed, autistic campers, social, emotional. Offers a variety of camping experiences designed to nurture and challenge the camper.

► MARY SALKEVER INCLUSIVE SUMMER DAY CAMP, THE

410-554-9134

www.v-linc.org

2301 Argonne Drive
Baltimore 21218

Ages: 7-15

Disabilities Accepted: Persons with or without disabilities. Learn to use computers, adaptive technology, scanners, digital cameras and creative drawing software.

► MELWOOD RECREATION CENTER/CAMP ACCOMPLISH

301-870-3226

www.melwoodrecreation.org/camp

9035 Ironsides Road

Nanjemoy 20662

Ages: 5 -18

Disabilities Accepted: All
Offers day, overnight, teen and adult equestrian camps in an inclusive setting. Year round.

CHILDRENS' SERVICES

► BALTIMORE COUNTY DEPARTMENT OF HEALTH, INFANTS AND TODDLERS PROGRAM

443-809-2169

www.baltimorecountymd.gov/Agencies/health/healthservices/children/infantstoddlers.html

6401 York Road, 3rd Floor
Baltimore 21212

Supports children from birth through 36 months of age.

► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES, CHILD PROTECTIVE SERVICES

410-887-8463 (TIME)

www.baltimorecountymd.gov/Agencies/socialservices/abuse/index.html#child

6401 York Road, 3rd Floor
Baltimore 21212

Ensures the safety and well-being of children.

► BALTIMORE COUNTY PUBLIC SCHOOLS, DEPARTMENT OF SPECIAL EDUCATION AND STUDENT SUPPORT SERVICES SPECIAL EDUCATION RESOURCE CENTER

410-887-5443

www.bcps.org

White Oak School

8401 Leefield Road, Room 100
Baltimore 21234

Promotes effective partnerships within the school community.

D

DEVELOPMENTAL DISABILITIES



► CATHOLIC CHARITIES CHILD AND FAMILY SERVICES

667-600-3074
www.family-navigator.org
 St. Vincent's Villa
 2600 Pot Spring Road
 Timonium 21093
 Provides "family navigator" to
 support families.

► COMMUNITY COLLEGE OF BALTIMORE COUNTY, CHILDREN'S DEVELOPMENTAL CLASS FOR CHILDREN WITH COGNITIVE CHALLENGES

443-840-1387
www.ccbcmd.edu
 Essex Campus
 7201 Rossville Boulevard,
 WELL-6
 Rosedale 21237
 Helps children with special
 needs manage their unique
 challenges.

► COORDINATING CENTER, THE

See Agencies Providing
 Services to Persons with
 Developmental Disabilities.

► MARYLAND DEPARTMENT OF HEALTH, OFFICE FOR GENETICS AND PEOPLE WITH SPECIAL HEALTH CARE NEEDS

410-767-6730
 410-767-6500
<https://phpa.health.maryland.gov/genetics>
 201 West Preston Street
 Baltimore 21201
 Birth Defects Reporting and
 Information System
 410-767-6737
 Children's Medical Services
 410-767-5588
 Critical Congenital Heart
 Disease Screening Program
 443-681-3916
 Infant Hearing Program
 800-633-1316
 Medical Home
 410-767-5298
 Newborn Metabolic Screening
 443-681-3916
 410-767-6099 (Lab)
 Sickle Cell Disease Program
 410-767-6737
 Youth to Young Adult Health
 Care Transition
 410-767-5602

► MENTOR MARYLAND

410-455-6601
 410-455-4609
www.md-mentor.com
 5720 Executive Drive
 Baltimore 21228
 Serves children and adolescents
 with mental health, emotional
 and behavioral challenges.

► MUSCULAR DYSTROPHY ASSOCIATION

See Advocacy Services.

► PACT: HELPING CHILDREN WITH SPECIAL NEEDS

410-298-7000
[www.kennedykrieger.org/
community/initiatives/pact](http://www.kennedykrieger.org/community/initiatives/pact)
 7000 Tudsbury Road
 Baltimore 21244
 Promotes the development of
 young children with special
 needs and their families.

► PARENTS' PLACE OF MARYLAND, INC.

410-768-9100
www.ppm.org
 801 Cromwell Park Drive,
 Suite 103
 Glen Burnie 21061
 Provides information to
 Maryland families of children
 with all disabilities and special
 health care needs.

► SHEPPARD PRATT HEALTH SYSTEM

See Developmental Disabilities
 Services.

GALLAGHER SERVICES

CATHOLIC CHARITIES IN ACTION

*Adults with
 intellectual and
 developmental
 disabilities explore
 their vision of a
 fulfilling life through
 Gallagher Services.*

- Residential services
- Medical day program
- Vocational training
- Supported employment

2520 Pot Spring Road | Timonium, MD 21093
 667-600-2540 | cc-md.org/gallagher

Inspired by the Gospel mandates to love, serve and teach,
 Catholic Charities provides care and services
 to improve the lives of Marylanders in need.

D

DEVELOPMENTAL DISABILITIES

COLLEGE AND UNIVERSITY SUPPORT

Local Colleges and Universities are required to provide equal educational opportunity to students with disabilities in accordance with Section 504 of the Rehabilitation Act and the Americans with Disabilities Act (ADA).

► **COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC), CATONSVILLE**
443-840 5617 (Disability Support Services)

► **CCBC, DUNDALK**
443-840-3774 (Disability Support Services)

► **CCBC, ESSEX**
443-840-1741 (Director, Office of Special Services)

► **COPPIN STATE UNIVERSITY**
410-951 3944 (Disability Support Services Program Counselor)

► **GOUCHER COLLEGE**
410-337-6178 (College Disabilities Specialist)

► **JOHNS HOPKINS UNIVERSITY**
410-516-4720 (Disability Support Services)

► **LOYOLA UNIVERSITY MARYLAND**
410-617-2062 (Director, Disability Support Services)

► **MARYLAND INSTITUTE COLLEGE OF ART**
410-225-2416 (Director, Learning Resource Center)

► **MORGAN STATE UNIVERSITY**
443-885-1719 (Disability Support Services)

► **NOTRE DAME OF MARYLAND UNIVERSITY**
410-532-5401 (Director of Accessibility and Health Promotion)

► **STEVENSON UNIVERSITY**
443-352-5880 (Office of Student Success)

► **TOWSON UNIVERSITY**
410-704-2638 (Director, Disability Support Services)

► **UNIVERSITY OF BALTIMORE**
410-837-4775 (Office of Disability and Access Services)

► **UNIVERSITY OF MARYLAND BALTIMORE COUNTY**
410-455-2459 (Office of Student Disability Services)

EDUCATION SERVICES

► **ARROW CENTER FOR EDUCATION, THE**
410-882-9133
www.arrow.org
8830 Orchard Tree Lane, Suite 8830
Towson 21286

► **ARROW CENTER FOR EDUCATION TANGRAM, THE**
410-657-2330
www.arrow.org
8830 Orchard Tree Lane, Suites 8824-30
Towson 21286

Providing Pathways to Independence for Adults with Disabilities

CASE

Center for Alternative and Supported Education
Single Step | ACCESS



Offering onsite and on-campus classes in:

- academic skills
- independent living skills
- arts and humanities
- career/vocational preparation

Visit: ccbcmd.edu/singlestep
Contact: 443-840-3262, CASE@ccbcmd.edu



CCBC

ccbcmd.edu/ConEd

D

DEVELOPMENTAL DISABILITIES

► AUBURN SCHOOL—BALTIMORE CAMPUS

410-617-0418
www.theauburnschool.org/baltimore
 7401 Park Heights Avenue
 Baltimore 21208
 Serves students with social and communication challenges.

► BALTIMORE COUNTY PUBLIC SCHOOLS, OFFICE OF SPECIAL EDUCATION

443-809-3660
www.dci.bcps.org/department/academic_services/special_education
 The Jefferson Building,
 105 West Chesapeake Avenue,
 4th Floor
 Towson 21204

► CHESAPEAKE TREATMENT CENTERS—NEW DIRECTIONS PROGRAM

410-663-8500
 9700 Old Harford Road
 Baltimore 21234

► CHIMES SCHOOL, THE

410-358-8270
www.chimes.org
 4810 Seton Drive
 Baltimore 21215
 Eleven month educational program to students ages 5 to 21.

► COMMUNITY COLLEGE OF BALTIMORE COUNTY

443-840-3262
www.ccbcmd.edu/programs-and-courses/adults-with-disabilities.aspx
 CASE Single Step Program
 7200 Sollers Point Road,
 Suite 104
 Baltimore 21222

► CONFLICT RESOLUTION CENTER OF BALTIMORE COUNTY

410-527-4321
www.crcbaltimore.org
 P.O. Box 34340
 Essex 21221

► DELREY SCHOOL

410-314-5000
www.delreyschool.org
 3610 Commerce Drive,
 Suite 804-807
 Baltimore 21227

► FORBUSH HIGH SCHOOL

410-526-5000
 12039 Reisterstown Road
 Baltimore 21136

► FORBUSH SCHOOL AT GLYNDON, THE (ELEMENTARY AND MIDDLE)

410-517-5400
www.sheppardpratt.org/special-education-services/our-schools/forbush-school-glyndon
 407 Central Avenue
 Reisterstown 21136

► FORBUSH SCHOOL AT HUNT VALLEY, THE

410-527-9505
www.sheppardpratt.org/special-education-services/our-schools/forbush-school-hunt-valley
 11201 Pepper Road
 Hunt Valley 21031

► GOOD SHEPHERD SCHOOL

410-247-2770
www.gssmaryland.org
 4100 Maple Avenue
 Baltimore 21227

► HANNAH MORE SCHOOL

410-526-5000
www.hannahmore.org
 12039 Reisterstown Road
 Reisterstown 21136

► HARBOUR SCHOOL AT BALTIMORE, THE

443-394-3760
www.harbourschool.org
 11251 Dolfield Boulevard
 Owings Mills 21117

► HIGH ROAD SCHOOL OF BALTIMORE COUNTY

410-282-8500
www.sesi-schools.com
 11685 Crossroads Circle
 White Marsh 21220

► JEMICY SCHOOL

410-653 2700
www.jemicyschool.org
Lower and Middle Campus - Grades 1-8
 11 Celadon Road
 Owings Mills 21117
Upper School Campus - Grades 9-12 and Upper School Prep Program
 410-653 2700
 11202 Garrison Forest Road
 Owings Mills 21117

► MARYLAND ASSOCIATION OF NONPUBLIC SPECIAL EDUCATION FACILITIES (MANSEF)

410-938-4413
www.mansef.org
 P.O. Box 6815
 Baltimore 21285

► MARYLAND COALITION FOR INCLUSIVE EDUCATION (MCIE)

410-859-5400
 800-899-8837
www.mcie.org
 6810 Deerpath Road,
 Suite 300
 Elkridge 21075

► MARYLAND SCHOOL FOR THE BLIND

410-444-5000
www.mdschblind.org
 3501 Taylor Avenue
 Baltimore 21236

► MARYLAND SCHOOL FOR THE DEAF

Columbia Campus
 410-696-7449 (Voice)
 410-480-4501 (TTY)
www.msd.edu
 8169 Old Montgomery Road,
 P.O. Box 894
 Columbia 21043
Frederick Campus
 240-575-2966 (Voice)
 301-360-2001 (TTY)
 101 Clarke Place
 P.O. Box 250
 Frederick 21705

► MARYLAND STATE DEPARTMENT OF EDUCATION, DIVISION OF REHABILITATION SERVICES (DORS)

410-554-9442
www.dors.maryland.gov
Administrative Offices/ Eastern Baltimore
 2301 Argonne Drive
 Baltimore 21218
 410-998-2040
County Regional Office
 10461 Mill Run Circle,
 Suite LL1,
 Owings Mills 21117
Eastern Baltimore County
 410-554-3320
 2301 Argonne Drive,
 Baltimore 21218
Towson
 410-321-4044,
 410-415-9300 (TTY or VP)
 300 East Joppa Road,
 Suite 408
 Towson 21286

► NEW VISIONS ACADEMY OF BALTIMORE

410-298-2691
www.thenewvisionsacademy.com
 7131 Rutherford Road
 Baltimore 21244-2702

► ODYSSEY SCHOOL, THE

410-580-5551
www.theodysseyschool.org
 3257 Bridle Ridge Lane
 Stevenson 21153-2036



► **SHAFFER CENTER FOR
EARLY INTERVENTION**

410-517-1113
thessafercenter.com/
11500 Cronridge Drive,
Suite 130
Owings Mills 21117

► **SHEPPARD PRATT
HEALTH SYSTEMS**

www.sheppardpratt.org/
sp_htmlcode/sp_locations/
sp_loc_balt_rtc.aspx
P.O. Box 6815
6501 North Charles Street
Baltimore 21285

► **SPECIAL EDUCATION
CITIZENS' ADVISORY
COMMITTEE (SECAC)**

www.bcps.org
6901 North Charles Street,
Building E, Room 114
Towson 21204
Meeting Times: Second Monday
of the month, from 7 to 9 p.m.

**ADDITIONAL SPECIAL
EDUCATION SCHOOLS
IN BALTIMORE
COUNTY**

► **STRAWBRIDGE
SCHOOL**

410-922-2100
www.boardofchildcare.org
3300 Gaither Road
Baltimore 21244

► **TRELLIS SCHOOL**

443-330-7900
www.trellisservices.com
14550A York Road
Sparks 21152

► **UNIFIED COMMUNITY
CONNECTIONS, INC.
DELREY SCHOOL**

410-314-5000
www.delreyschool.org
3610 Commerce Drive,
Suite 804-807
Baltimore 21227

► **VILLA MARIA SCHOOL
AT DULANEY VALLEY**

410-252-6343
www.catholiccharities-md.org/
villa-maria-schools
2300 Dulane Valley Road
Timonium 21093

► **VILLA MARIA SCHOOL
AT POT SPRING**

410-252-3725
www.catholiccharities-md.org/
villa-maria-schools/
st-vincent/
2600 Dulane Valley Road
Timonium 21093

TRANSITION SERVICES

► **MARYLAND
DEPARTMENT OF HEALTH,
DEVELOPMENTAL
DISABILITIES**

**ADMINISTRATION –
TRANSITIONING YOUTH –
CENTRAL MARYLAND**
410-234-8227
<https://dda.health.maryland.gov>

**OTHER DISABILITY
RESOURCES**

► **ALLIANCE, INC., THE**

410-282-5900
Provides a variety of services
to residents with psychiatric,
developmental and other
disabilities.

► **BALTIMORE COUNTY
COMMISSION ON
DISABILITIES**

410-887-3580
Initiates recommendations
and reviews legislation which
impacts individuals with
disabilities.

► **CARING COMMUNITIES,
INC.**

410-549-5707 (Office)
866-CARING-4 (Toll Free)
Offers disability-related
training, education,
publications and events.

► **CHIMES, THE**

410-358-6400

► **CLEARCAPTIONS, LLC**

866-246-7850
www.clearcaptions.com
3001 Lava Ridge Court,
Suite 100
Roseville, CA 95661
Words matter: communication,
integrity, quality, commitment,
accuracy.

► **DEPARTMENT OF
SOCIAL SERVICES
TEMPORARY DISABILITY
ASSISTANCE PROGRAM
(TDAP)**

410-853-3000 (County)
443-423-6300 (City)

► **DISABILITY RIGHTS
MARYLAND**

410-727-6352, Ext. 0 (Intake
Specialist)
410-235-5387 (TTY)
www.disabilityrightsmd.org
Advocates for persons with
disabilities. Investigates
allegations of abuse and/or
neglect.

► **HEARING AND SPEECH
AGENCY, THE**

410-318-6780
Audiological testing, hearing
aid fittings, sign language
interpreters and classes.

► **HUMANIM, INC.**

888-374-8342
Offers workforce development,
mental health, neuro-
rehabilitation, developmental
disabilities and deaf services for
individuals of all ages.

► **IMAGE CENTER OF
MARYLAND**

410-982-6311
Information and referral, peer
mentoring, independent living
skills training, and educational
transition program for
individuals with disabilities.

► **LEAGUE FOR PEOPLE
WITH DISABILITIES, INC.**

410-323-0500
www.leagueforpeople.org
1111 East Cold Spring Lane
Baltimore 21239
Vocational training,
employment and recreational
activities for persons with
disabilities.

► **MARYLAND ABLE
PROGRAM**

855-563-2253
www.marylandable.org
Tax-advantaged savings
program for individuals with
disabilities.

► **MARYLAND
DEVELOPMENTAL
DISABILITIES COUNCIL**

410-767-3670
www.md-council.org
Comprehensive online
resource for disability-related
information.

► **MARYLAND MOTOR
VEHICLE ADMINISTRATION**

www.mva.maryland.gov
Automated Information
410-768-7000
Handicapped Signs
410-768-7646
Registration Renewal By
Touch-Tone Phone
410-768-7000
800-492-4575 (TTY)

► **MARYLAND PUBLIC
BEHAVIORAL HEALTH
SYSTEM**

800-888-1965
Provides names and numbers
of mental health providers who
accept Medical Assistance.

► **MARYLAND RELAY**

410-767-0960
800-522-7724
www.doit.maryland.gov/
mdrelay
301 West Preston Street,
Suite 1008A
Baltimore 21201
Everything you need to stay
connected.

D - E

DEVELOPMENTAL DISABILITIES - EDUCATION

► **MARYLAND STATE DEPARTMENT OF EDUCATION, DIVISION OF REHAB SERVICES**
410-554-9100

► **MARYLAND TECHNOLOGY ASSISTANCE PROGRAM**
800-832-4827
Provides information and referral for individuals with disabilities to support independence.

► **MAYOR'S COMMISSION ON DISABILITY**
443-984-3170

► **MID-ATLANTIC MEDICAL SUPPLY AND EQUIPMENT**
410-363-2279
www.suppliesforliving.com
718 Main Street
Reisterstown 21136
Price-match promise, delivery, insurance billing. Pharmacy on premises.

► **NATIONAL REHABILITATION INFORMATION CENTER**
800-346-2742
Information and referral service to assist persons with disabilities.

► **SCALE-APHASIA PROGRAM-THE LEAGUE**
410-323-1777
Treatment, education, and support for people with aphasia.

► **UNIFIED COMMUNITY CONNECTIONS**
410-484-4540
800-451-2452 (Toll-Free)
For adults with intellectual or developmental disabilities.

► **WWW.DISABILITY.GOV**
866-487-2365
Resource information on benefits, employment, education, health, housing, civil rights, etc.

DISASTER PREPARATION

See Emergency Preparedness.

DOMESTIC VIOLENCE

► **BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES, FAMILY VIOLENCE UNIT**
410-853-3030
Provides information, and offers a court advocate program to victims of domestic violence.

► **CHANA**
410-234-0023 (Helpline)
Program supports the needs of women, men, children and elders who experience physical, psychological, sexual or financial abuse.

► **DOMESTIC VIOLENCE PROGRAM, BALTIMORE COUNTY FAMILY CRISIS CENTER**
410-828-6390 (24-Hour Hotline)
410-285-7496 (Domestic Violence Shelter Only)
410-285-4357 (Victim Advocacy, Perpetrator Services, Administrative Offices)
Counseling, shelter and assistance for individuals experiencing domestic violence.

► **FAMILY & CHILDREN'S SERVICES**
410-876-1233
Provides safe shelter and counseling to victims of domestic violence.

► **HOUSE OF RUTH**
410-889-7884 (Hotline)
888-880-7884 (Legal Hotline)
410-889-0840 (Office)
Provides safe shelter and counseling to victims of domestic violence.



► **PROTECTION ORDER ADVOCACY AND REPRESENTATION PROJECT (POARP)**
410-887-3162
Provides free legal advice regarding protection orders to victims of domestic violence.

► **TURNAROUND, INC.**
443-279-0379 (24-Hour Hotline)
410-377-8111 (Office)
Counseling and services to victims of domestic violence, rape, incest, human trafficking and sexual assault.

DRIVING/DRIVING REHABILITATION

See Transportation Services.

► **AARP DRIVER SAFETY**
800-350-7025
www.aarp.org/driving
A driver safety training program that may reduce your auto insurance by ten percent.

► **GOOD SAMARITAN ADAPTIVE DRIVING PROGRAM**
443-444-4601 (Outpatient Rehabilitation)
Driver assessment and training. Physician prescription is required.

► **SAINT AGNES DRIVER REHABILITATION PROGRAM**
410-368-2800
Driver assessment and training. Physician prescription is required.

► **SINAI REHABILITATION CENTER, DRIVE FOR INDEPENDENCE**
410-601-5830
Driver assessment and training. Physician prescription is not required.



► **UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER, SAFE DRIVER ASSESSMENT PROGRAM**
410-427-2431
Driver assessment and training. Physician prescription usually required.

ACCESSIBLE CARS/VANS (FUNDING RESOURCES)

► **IMAGE CENTER OF MARYLAND**
410-982-6311

► **MARYLAND TECHNOLOGY ASSISTANCE PROGRAM**
800-832-4827

EDUCATION

► **COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC)**
443-840-4099
Campuses at Catonsville, Essex and Dundalk with satellite locations in Hunt Valley, Owings Mills and Randallstown.

► **COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC), SENIOR INSTITUTE**
443-840-1685
www.ccbcmd.edu
Classes held at locations throughout the county.

► **GOUCHER COLLEGE, SAGE ACADEMY FOR LIFELONG LEARNING**
410-337-6332
Encourages lifelong learning, study options, discussions and social interaction.

► **JEWISH COMMUNITY CENTER OF GREATER BALTIMORE**
410-542-4900, Press 2
Trips, classes, holiday programs and community-wide events.

► **OSHER LIFELONG
LEARNING INSTITUTE AT
AT JOHNS HOPKINS
UNIVERSITY**

410-516-9719

► **AT TOWSON UNIVERSITY**

410-704-3535

Stimulating learning experiences for semi-retired and retired individuals.

► **RENAISSANCE
INSTITUTE AT NOTRE
DAME OF MARYLAND
UNIVERSITY**

410-532-5351

Offering adults lifelong learning and intellectual growth opportunities.

► **UNIVERSITY OF
MARYLAND, BALTIMORE
COUNTY (UMBC)**

410-455-1000

► **UNIVERSITY OF
MARYLAND BALTIMORE,
GERONTOLOGY
PROGRAMS**

410-706-4327

OTHER EDUCATION PROGRAMS

Classes in reading, writing, math, English as a Second Language (ESL), and GED® Preparation.

► **BALTIMORE CITY
COMMUNITY COLLEGE
ADULT BASIC EDUCATION
PROGRAM**

410-986-5444

► **GREATER HOMEWOOD
COMMUNITY
CORPORATION ADULT
LEARNING CENTER**

410-261-3524

► **LEARNING IS FOR
TOMORROW (LIFT)**

410-522-1705

► **MARYLAND LITERACY
HOTLINE**

410-752-3595

► **SOUTH BALTIMORE
LEARNING CENTER**

410-625-4215

ELDER ABUSE

See Domestic Violence, Hotlines, Legal Services, Government/Non-Profit and Summary of Services.

EMERGENCY PREPAREDNESS

► **AMERICAN RED CROSS
GREATER CHESAPEAKE
AND POTOMAC BLOOD
REGION**

410-624-2000

www.redcross-cmd.org

► **BALTIMORE CITY
HEALTH DEPARTMENT,
OFFICE OF PUBLIC HEALTH**

443-984-2622

► **BALTIMORE COUNTY
OFFICE OF HOMELAND
SECURITY AND
EMERGENCY**

MANAGEMENT

410-887-5996

www.baltimorecountymd.gov/agencies/emergency_prep
Coordination of a comprehensive emergency management program for Baltimore County.

► **GOVERNOR'S OFFICE
ON COMMUNITY
INITIATIVES, SERVICE AND
VOLUNTEERISM (GOSV)**

410-697-9261

www.gosv.state.md.us
Volunteer training programs, outreach, interagency and donations management coordination.

► **HUMANE SOCIETY OF
THE UNITED STATES**

301-258-3055

www.hsus.org
Promotes preparedness education, community planning, response training and field rescue response for animals.

► **MARYLAND
DEPARTMENT OF
DISABILITIES**

410-767-3660

Prepares persons with disabilities for natural or man-made disasters or emergencies.

► **MARYLAND
EMERGENCY
MANAGEMENT AGENCY
(MEMA)**

877-MEMA-USA

www.mema.maryland.gov

Coordinates the State response to any major emergency or disaster.

► **MAYOR'S OFFICE OF
EMERGENCY
MANAGEMENT**

410-396-6188

EMPLOYMENT

► **ALLIANCE/MOSAIC**

410-282-5900

Vocational rehabilitation services for persons with disabilities.

► **BALTIMORE CITY
HEALTH DEPARTMENT,
OFFICE OF HUMAN
RESOURCES**

410-396-1420

► **BALTIMORE COUNTY
DEPARTMENT OF AGING,
SENIOR COMMUNITY
SERVICE EMPLOYMENT
PROGRAM (SCSEP)**

410-887-4006

Employment, training and skill development in public and non-profit agencies, 20 hours per week, for low-income individuals age 55 and over.



► **BALTIMORE
COUNTY
DEPARTMENT OF
ECONOMIC
DEVELOPMENT**

410-887-8000

www.baltimorecountymd.gov/agencies/jobtraining/

jobseeker.html
Centers provide career consultation, resume development and a computerized job bank.
Workforce Development Center at Eastpoint

410-288-9050

7930 Eastern Boulevard

Baltimore 21224

Workforce Development Center at Hunt Valley

410-887-7940

11101 McCormick Road, Suite 102

Hunt Valley 21031

Workforce Development Center at the Liberty Center

410-887-8912

3637 Offutt Road

Randallstown 21133

► **BALTIMORE
COUNTY OFFICE OF
HUMAN RESOURCES**

410-887-3135

www.baltimorecountymd.gov/agencies/humanresources/jobs/index

Employment opportunities with Baltimore County government.

► **BLIND
INDUSTRIES
AND SERVICES OF
MARYLAND**

410-737-2600

800-322-4567 (Toll

-Free)

www.bism.org

3345 Washington

Boulevard

Baltimore 21227

E - F

EMPLOYMENT - FINANCIAL ASSISTANCE

► **EASTSIDE ONE-STOP
CAREER CENTER**
410-396-9030

► **LEAGUE FOR PEOPLE
WITH DISABILITIES, INC.**
410-323-0500
www.leagueforpeople.org
Vocational training, employment
and recreational activities for
persons with disabilities.

► **MARYLAND
DEPARTMENT OF
EDUCATION, DIVISION
OF REHABILITATION
SERVICES (DORS)**
Regional Office
410-998-2030
Eastern Baltimore County
Office
410-554-3320
Towson Office
410-321-4044
Services and programs for
eligible individuals who have a
disability.

► **MAYOR'S OFFICE OF
EMPLOYMENT
DEVELOPMENT**
410-396-6392

► **MARYLAND WORKS -
YOUR WORKFORCE
CONNECTION**
410-381-8660 (Columbia),
410-551-3130 (Baltimore)
<http://mdworks.com/>
10270 Old Columbia Road,
Suite 100
Columbia 21046

► **RE-ENTRY CENTER @
NORTHWEST ONE-STOP
CAREER CENTER, THE
MONDAWMIN MALL**
410-396-7873

► **SOCIAL SECURITY
ADMINISTRATION, TICKET
TO WORK PROGRAM**
866-968-7842
866-833-2967 (TTY)
www.choosework.net
An employment program for
persons with disabilities.

► **STATE OF MARYLAND
DEPARTMENT OF LABOR,
LICENSING AND
REGULATION, DIVISION
OF EMPLOYMENT AND
TRAINING**
Office of Workforce
Development
410-767-2173
Unemployment Insurance
(Claimant Information)
410-949-0022

► **U.S. EQUAL
EMPLOYMENT
OPPORTUNITY
COMMISSION**
800-669-4000
800-669-6820 (TTY)
www.eeoc.gov
Baltimore Field Office,
City Crescent Building
10 South Howard Street,
Third Floor
Baltimore 21201
Enforces federal legislation
prohibiting employment
discrimination based on race,
sex, religion, national origin,
color, age, equal pay or
disability.

► **WORKFORCE
RECEPTION CENTER**
410 396-6588

EXERCISE

See Fitness Centers, Baltimore
County and Baltimore City.

FINANCIAL ASSISTANCE

*See Financial Eligibility
Guidelines. Please refer to Index
for page location. See also
Home Repairs, Modifications
and Assistance.

► **ACCESSIBLE HOMES
FOR SENIORS**
Maryland Access Point of
Baltimore County
410-887-2594
Baltimore City Health
Department, Division of Aging
at Maryland Access Point
410-396-2273
[www.dhcd.maryland.gov/
residents/pages/ahsp/default.
aspx](http://www.dhcd.maryland.gov/residents/pages/ahsp/default.aspx)
Home modification loans for
housing accessibility features.
Interest-free, 30 year loans for
income eligible individuals 55
and older.

► **ASSISTANCE CENTER
OF TOWSON CHURCHES**
410-296-4855
Serves northern Baltimore
County and City with food, utility
turn-off and eviction assistance.

► **BALTIMORE CITY
DEPARTMENT OF PUBLIC
WORKS, SENIOR
DISCOUNT WATER
PROGRAM**
410-396-5398 (Application)
Provides Baltimore City
residents who are 65, and older
and who financially qualify, with
a 43% discount on water/sewer
charges quarterly. May also
apply at Baltimore City Senior
Centers. Call for additional
criteria.
**Low Income Water Program
(Grant)**
One time credit of \$236.00
towards water bill. Applications
at your local Community Action
Center.

**Hardship Exemption
Application**
410-396-5398
(Exemption for Bay Restoration
and Storm Water Fee.)

► **BALTIMORE CITY
DEPARTMENT OF SOCIAL
SERVICES, MEDICAL
ASSISTANCE**
443-423-6400
(Northeast Regional Office)

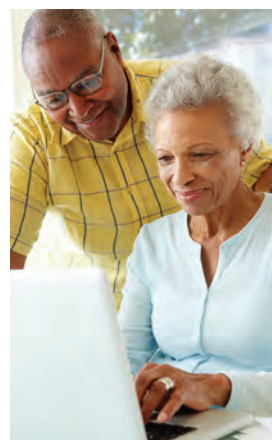
► **BALTIMORE CITY
HEALTH DEPARTMENT,
DIVISION OF AGING AT
MARYLAND ACCESS POINT**
410-396-2273
[www.marylandaccess
point.info](http://www.marylandaccesspoint.info)
Provides application and
benefit enrollment assistance.

► **BALTIMORE CITY
OFFICE OF HOUSING
REHABILITATION
SERVICES**
410-396-4151

► **BALTIMORE CITY
TAX SALE PREVENTION
WEBSITE**
www.taxsalehelpbaltimore.org
For information about the tax
sale process, your rights and
resources.

► **BALTIMORE CITY
WATER BILLING**
410-361-9061
Delinquent account payment
arrangements.

► **BALTIMORE COUNTY
DEPARTMENT OF AGING,
MARYLAND ACCESS POINT
OF BALTIMORE COUNTY**
410-887-2594
[www.baltimorecountymd.gov/
aging](http://www.baltimorecountymd.gov/aging)
[aginginfo@baltimorecountymd.
gov](mailto:aginginfo@baltimorecountymd.gov)
Information regarding financial
benefits and assistance with
completing applications.



► **BALTIMORE COUNTY
DEPARTMENT OF SOCIAL
SERVICES, DISTRICT
OFFICES**

Catonsville
410-853-3450
746 Frederick Road
Catonsville 21228

Dundalk
410-853-3400
1400 Merritt Boulevard,
Suite C
Dundalk 21222

Essex
410-853-3800
439 Eastern Boulevard
Essex 21221

Reisterstown
410-853-3010
130 Chartley Drive
Reisterstown 21136

Towson
410-853-3340
Drumcastle Government
Center
6401 York Road
Baltimore 21212

► **BALTIMORE COUNTY
DEPARTMENT OF SOCIAL
SERVICES, MEDICAL
ASSISTANCE**

410-853-3000
Assists clients to pay certain
medical and pharmaceutical
bills when eligibility
requirements are met.

► **BENEFITSCHECK UP**

www.benefitscheckup.org
A web-based service to help
determine if individuals qualify
for specific programs and
benefits, including prescriptions
and healthcare.

► **BENEFITS DATA TRUST**

855-444-4998
Provides assistance with
applications for certain
entitlement benefits.

► **CATONSVILLE
EMERGENCY ASSISTANCE**

410-747-4357 (General)
443-636-8567 (Utility
Assistance)
443-636-8185 (Eviction
Prevention)
Food and utility assistance,
eviction prevention for
residents from the Catonsville
area.

► **COMMUNITY
ASSISTANCE NETWORK**

410-285-4674
Assistance with eviction, food,
employment, training,
weatherization and outreach,
when available.

► **CRIMINAL INJURY
COMPENSATION BOARD**

410-585-3010
www.dpssc.state.md.us
Offers financial compensation
for innocent victims of crimes.

► **EARNBENEFITS**

667-600-3412
Counselors screen applicants to
identify eligibility for benefits.

► **ELECTRIC UNIVERSAL
SERVICES PROGRAM
(EUSP)***

410-853-3385 (County)
410-396-5555 (City)
Assistance with electricity costs
for income eligible persons.

► **FRANCISCAN CENTER**

410-467-5340
Provides hot meals, clothing,
toiletries, job readiness
assistance, emergency pantry,
assistance with BGE turnoff,
evictions, prescriptions, glasses
and dental services. Free
services for financially eligible.

► **FUEL FUND OF
MARYLAND**

[www.fueelfundmaryland.org/
get-assistance/apply-now](http://www.fueelfundmaryland.org/get-assistance/apply-now)
Applicants who have completed
the Office of Home Energy
MEAP application can apply for
turnoff assistance.

► **HEALTH CARE ACCESS
MARYLAND**

410-649-0500
Agency charged with helping
residents in Baltimore City and
County to learn about and apply
for health insurance under the
Affordable Care Act. Partners
with other organizations to
provide outreach, education,
and enrollment assistance.

► **HOMEOWNER'S TAX
CREDIT**

410-767-4433, Press 1
Credit on property tax based
on gross household income.
Persons age 70 and older may
apply for previous 3 years.

► **MARYLAND
DEPARTMENT OF HUMAN
SERVICES**

800-332-6347
[https://mydhrbenefits.dhr.
state.md.us](https://mydhrbenefits.dhr.state.md.us)
A web-based screening
application tool that allows
applicants to apply, renew,
update, or learn about SNAP
(Food Supplements), Medical
Assistance, MA Long Term
Care, MEAP and EUSP.

► **MARYLAND ENERGY
ASSISTANCE PROGRAM
(MEAP)***

410-853-3385 (County)
410-396-5555 (City)
Assists in payment of heating
costs for income eligible
persons.

► **MARYLAND HEALTH
CONNECTION**

855-642-8572
855-642-8573 (TTY)
[www.marylandhealth
connection.gov](http://www.marylandhealthconnection.gov)
Marketplace in Maryland to
compare health insurance
options and enroll in a plan
under the Affordable Care Act.
Applications online, by phone,
by mail or in person.

► **MD BENEFITS CENTER**

855-444-4998
Free service for low income
Maryland residents to access
benefits.

► **PROPERTY TAX
SERVICES HARDSHIP
INSTALLMENT
PAYMENT PROGRAM**

410-887-2404 (County)
Assistance to property owners
experiencing temporary
financial hardship.

► **QUALIFIED MEDICARE
BENEFICIARY PROGRAM
(QMB)***

410-887-2594 (County)
410-396-2273 (City)
Pays the premium, deductibles
and coinsurance payments for
financially eligible individuals
who receive Medicare.

► **RENTER'S TAX CREDIT**

410-767-4433, Press 2
A tax credit for renters when rent
exceeds a fixed percentage of
gross income.

► **SALVATION ARMY OF
THE GREATER BALTIMORE
AREA**

410-783-2920, Press 1
Assists with BGE turn-offs,
evictions, food and clothing.
Based on needs and availability
of funds.



F

FINANCIAL ASSISTANCE - FINANCIAL COUNSELING

► SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP) *

800-551-5995

www.marylandspdap.com

Income eligible MD residents enrolled in certain Medicare prescription drug plans may receive assistance with monthly premiums.

► SNAP (FORMERLY FOOD STAMPS PROGRAM) *

Baltimore County Department of Social Services

410-853-3000

Baltimore City Department of Social Services

443-423-4445

Eligible clients allotted subsidy for food based on income and household size.

► SOCIAL SECURITY ADMINISTRATION

800-772-1213

www.socialsecurity.gov

Administers Social Security programs for retirees, survivors, the blind or persons with disabilities. Administers Medicare enrollment.

Belair-Edison Crossing

800-772-1213

2401 Belair Road, #106

Baltimore 21213

Downtown

800-772-1213

1010 Park Avenue, Suite 200

Baltimore 21201

Randallstown/Owings Mills

800-772-1213

5 Park Center Court, Suite 100

Owings Mills 21117

Rossville

800-772-1213

6820 Hospital Drive, Suite 100

Baltimore 21237

Towson

800-772-1213

28 Allegheny Avenue, 4th Floor

Towson 21204

Wabash

800-772-1213

6100 A Wabash Avenue

Baltimore 21215

West

800-772-1213

1531 South Edgewood Street

Baltimore 21227

► SOCIAL SECURITY ADMINISTRATION, SUPPLEMENTAL SECURITY INCOME (SSI) *

800-772-1213

Provides income for individuals age 65 and older, blind or disabled who are low income.

► SOUTHWEST EMERGENCY SERVICES

410-247-8154

Food pantry, help with BGE turnoffs, eviction prevention and clothing. Some services limited to residents of 21227 only.

► SPECIFIED LOW-INCOME MEDICARE BENEFICIARY (SLMB) *

410-887-2594 (County)

410-396-2273 (City)

Pays the Medicare Part B premium for individuals whose income is slightly above QMB criteria.

► UNITED CHURCHES ASSISTANCE NETWORK

410-628-2102

Food pantry for homeless, eviction prevention, help with BGE, prescriptions and referrals for residents of northern Baltimore County.

FINANCIAL COUNSELING

See Reverse Mortgages and Housing: Other Housing Options.

► BALTIMORE COUNTY DEPARTMENT OF PLANNING: FORECLOSURE PREVENTION & MITIGATION

410-887-5969

Provides connections to foreclosure prevention counseling for Baltimore County residents.



► CHAI: COMPREHENSIVE HOUSING ASSISTANCE, INC.

410-500-5310 (Request Intake/Application)

Foreclosure prevention counseling services for homeowners in Baltimore City and specified areas in Baltimore County.

► DIVERSIFIED HOUSING DEVELOPMENT

410-496-1214

Foreclosure prevention and home ownership counseling services and workshops for Baltimore County residents.

► EASTSIDE COMMUNITY DEVELOPMENT CORPORATION, INC.

410-284-9861

Workshops and individual counseling for first-time homeowners and homeowners facing foreclosure in Baltimore County.

► GUIDEWELL FINANCIAL SOLUTIONS

410-747-6803 (Appointments/Information)

Reviews financial situations and credit problems; plans budget and assists with contacting creditors to develop a payment plan. Housing counseling available.

► INTERNAL REVENUE SERVICE (IRS)

800-829-1040

Federal tax information.

Make A Difference By Supporting The Seniors In Need Program!



The **Seniors in Need Program** provides Baltimore County seniors with one-time emergency assistance for electrical turn-offs, medications and more. You can help support the program by making a donation in honor of a loved one, relative, friend or colleague.

Donations may be made in any amount.

Contributions over \$25 will be acknowledged in the Power of Age Expo program guide. All donors will receive a letter along with the individual and family being honored. Contributions are tax deductible.

Please make your check payable to:

Baltimore County, MD

Payment should be mailed to:

Baltimore County Department of Aging

ATTN: Seniors In Need Program

611 Central Avenue, Room 304, Towson, MD 21204

To learn more about the Seniors In Need Program, please call **410-887-2002**.

F

FINANCIAL COUNSELING - FINANCIAL RESOURCES



► NEIGHBORHOOD HOUSING SERVICES OF BALTIMORE (NHS)

410-327-1200, Ext. 113
Provides tax sales prevention, pre/post purchase counseling, rehabilitation loans, credit counseling and financial education.

► PARK HEIGHTS RENAISSANCE

410-664-4890
Foreclosure prevention, workshops for first-time home buyers, and financial literacy education.



► STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

410-887-2059 (County)
410-396-2273 (City)
Counseling on health insurance, Medicare, Medicare Prescription Drug Programs, Medigap and Medicare Advantage plans. Advocates on behalf of beneficiaries; speakers available.

► SUN: STABILIZING URBAN NEIGHBORHOODS

855-604-4663
Helps homeowners in foreclosure repurchase their houses at a mortgage they can afford.



► TAX COUNSELING FOR THE ELDERLY

410-887-2594 (County)
410-396-2273 (City)
Joint program of AARP and IRS. Offers free tax assistance to older adults at local senior centers during tax season.

► VETERANS HELPLINE

410-230-4500 (Baltimore Regional Office)
800-827-1000
Counsels veterans on available services.

FINANCIAL RESOURCES

► BALTIMORE COUNTY EMPLOYEES FEDERAL CREDIT UNION

www.bcefcu.com

Main Office and Towson Branch
410-828-4730
23 West Susquehanna Avenue
Towson 21204

Perry Hall Branch

410-828-4730
8640 Ridgely's Choice Drive
Baltimore 21236

GBMC Branch- Physicians Pavilion North

410-828-4730
6535 North Charles Street,
Suite 145
Baltimore 21204
Serving our members' financial
needs for over 55 years.

Credit Union Membership can now be yours!



We're a proud sponsor of the Maryland Consumer Council—
an advocate and champion of consumer rights. By accepting
a complimentary membership in this consumer protection
organization, you're eligible to be a member of
Baltimore County Employees Federal Credit Union
and enjoy these popular financial services:

- Online Account Access
- Mobile Banking/ Mobile Deposit
- No Annual Fee VISA Credit Card
- Great Loan Rates on Vehicles, Homes and more!

Visit www.bcefcu.com/mcc
to learn more details about the
Maryland Consumer Council's
free enrollment and Credit
Union membership today!

Your Finances. Our Promise.

Baltimore County Employees
Federal Credit Union

WWW.BCEFCU.COM

410-828-4730 • 1-800-234-4730



F - H

FINANCIAL RESOURCES - HEALTH CLINICS

REVERSE MORTGAGES

► MARYLAND ACCESS POINT

410-887-2594 (County)

410-396-2273 (City)

To obtain counseling resources.

FITNESS CENTERS, BALTIMORE COUNTY

BALTIMORE COUNTY

See also Senior Centers and Recreation and Leisure Activities.

FITNESS CENTERS, with cardio and strength training equipment, are conveniently located at thirteen senior centers in Baltimore County. Participants must be senior center members. Membership dues are \$100/year to use all 13 fitness centers, or \$60/year to use the five smaller fitness studios (indicated with an asterisk *). Personal trainers available for a fee.

► ARBUTUS SENIOR CENTER*

410-887-1410

www.baltimorecountymd.gov/arbutus

855A Sulphur Spring Road

Baltimore 21227

► ATEAZE SENIOR CENTER

410-887-7233

www.baltimorecountymd.gov/ateaze

7401 Holabird Avenue

Dundalk 21222

► BYKOTA SENIOR CENTER

410-887-3094

www.baltimorecountymd.gov/bykota

611 Central Avenue

Towson 21204

► CATONSVILLE SENIOR CENTER

410-887-0900

www.baltimorecountymd.gov/catonsville

501 North Rolling Road

Catonville 21228

► COCKEYSVILLE SENIOR CENTER

410-887-7694

www.baltimorecountymd.gov/cockesville

10535 York Road

Cockeysville 21030

► EDMERE SENIOR CENTER*

410-887-7530

www.baltimorecountymd.gov/edgemere

6600 North Point Road

Baltimore 21219

► ESSEX SENIOR CENTER*

410-887-0267

www.baltimorecountymd.gov/essex

600 Dorsey Avenue

Essex 21221

► JACKSONVILLE SENIOR CENTER*

410-887-8208

www.baltimorecountymd.gov/jacksonville

3605A Sweet Air Road

Phoenix 21131

► LIBERTY SENIOR CENTER

410-887-0780

www.baltimorecountymd.gov/liberty

3525 Resource Drive

Randallstown 21133

► PARKVILLE SENIOR CENTER

410-887-5338

www.baltimorecountymd.gov/parkville

8601 Harford Road

Baltimore 21234

► PIKESVILLE SENIOR CENTER

410-887-1245

www.baltimorecountymd.gov/pikesville

1301 Reisterstown Road

Baltimore 21208

► REISTERSTOWN SENIOR CENTER*

410-887-1143

www.baltimorecountymd.gov/reisterstown

12035 Reisterstown Road

Reisterstown 21136

► SEVEN OAKS SENIOR CENTER

410-887-5192

www.baltimorecountymd.gov/sevenoaks

9210 Seven Courts Drive

Baltimore 21236

BALTIMORE CITY

See Senior Centers.

► WEINBERG FOUNDATION FITNESS CENTER, MYERBERG NORTHWEST SENIOR CENTER

410-358-6856

3101 Fallstaff Road

Baltimore 21209

FOOD PANTRIES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

FUNERAL RESOURCES

See Cemeteries, Memorial Parks and Monuments.

► SOCIAL SECURITY ADMINISTRATION

800-772-1213

May provide a death benefit of \$255.00

► VETERANS AFFAIRS, DEPARTMENT OF

800-827-1000

Assistance with burial expenses to eligible veterans. Referrals to national cemeteries.

HEALTH CLINICS

See Baltimore County Government Services/Department of Health-Public Health Centers and Disability Assistance, Baltimore City Health Department and Mental Health Services.

► BALTIMORE CITY HEALTH DEPARTMENT

410-396-4398

► BALTIMORE MEDICAL SYSTEMS

Annapolis Road

443-703-3200

Middlesex

410-558-4700

Sinclair Lane

410-732-8800

St. Agnes Center

443-703-3200

Medical and psychiatric services. Sliding scale for uninsured; eligibility requirements.

► CHASE BREXTON HEALTH SERVICES

Randallstown

410-496-6441

Mt. Vernon Center

410-837-2050

Medical, mental health and dental services. Sliding scale for uninsured.



► **COPPIN STATE UNIVERSITY**
410-951-4188

► **FAMILY HEALTH CENTER OF BALTIMORE**
410-354-2000

► **HARBOR FAMILY CENTER**
410-350-8222

► **HEALTH CARE FOR THE HOMELESS**
443-777-2300 (County)
410-837-5533 (City)
Free non-emergency medical and health services for homeless individuals.

► **JOHNS HOPKINS BAYVIEW CHILDREN'S MEDICAL PRACTICE**
410-550-0100

► **JOHNS HOPKINS COMMUNITY PHYSICIANS**
Canton Crossing Health Center
410-522-9940
East Baltimore Medical Center
410-522-9800
Greater Dundalk
410-288-4800
Green Spring Station
410-847-3535
White Marsh
443-442-2300
Medical services and some specialty care for adults. Sliding scale for uninsured.

► **LOYOLA CLINICAL CENTERS**
Belvedere Square
410-617-1200
Provides a broad range of audiology, education, psychological, speech and language services.

► **PARK WEST HEALTH SYSTEM**
410-542-7800

► **SHEPHERD'S CLINIC**
410-467-7140

► **TOTAL HEALTH CARE**
410-383-8300

HEALTH INFORMATION

See Identification Programs.

HEARING RESOURCES

See Advocacy, Assistive Technology and Disability Assistance.

► **AT&T NATIONAL CENTER FOR CUSTOMERS WITH DISABILITIES**
866-241-6568, Press 2

► **AUDIENT ALLIANCE FOR ACCESSIBLE HEARING CARE**
866-956-5400, Ext. 5004
Hearing care for financially eligible.

► **BALTIMORE COUNTY DEPARTMENT OF HEALTH, SPEECH, LANGUAGE AND AUDIOLOGY SERVICES**
Eastern Family Resource Center
410-887-6443
9150 Franklin Square Drive
Rosedale 21237
Liberty Family Resource Center
410-887-0611
3525 Resource Drive
Randallstown 21133

► **BMS HIGHLANDTOWN COMMUNITY HEALTH CENTER**
410-558-4900

► **CLEARCAPTIONS, LLC**
866-246-7850
www.clearcaptions.com
3001 Lava Ridge Court,
Suite 100
Roseville, CA 95661
Words matter: communication, integrity, quality, commitment, accuracy.

► **COMMUNITY SUPPORT SERVICES FOR THE DEAF**
410-597-8780
410-597-8806 (TTY)

► **CONNECT HEARING**
www.connecthearing.com
Baltimore
410-668-9198
855-748-1912
7658-A Belair Road,
Suite 350
Baltimore 21236
Timonium
410-252-9270
855-748-1912
22 West Padonia Road,
Suite 245
Timonium 21093
Westminster
410-876-1200
855-748-1912
410 Meadow Creek Drive,
Suite 1107
Westminster 21158
Connect Hearing is the premium choice for life-changing hearing care.

► **FOUNDATION FOR SIGHT AND SOUND**
888-580-8886
Subsidies for hearing aids for those who qualify.
Processing fees required.

► **GBMC OTOLARYNGOLOGY CENTER OF EXCELLENCE**
443-849-2151
www.gbmc.org/ent
Physicians Pavilion North
6535 North Charles Street,
Suite 250
Baltimore 21204
Treating patients with ear, nose and throat problems.

► **GOVERNOR'S OFFICE OF THE DEAF AND HARD OF HEARING**
443-453-5761 (Voice/Phone)

► **HEAR NOW**
800-328-8602
Discounted hearing aids to adults and children who qualify.
Non-refundable processing fee.

► **HEARING AND SPEECH AGENCY, THE**
410-318-6780
Audiological testing, hearing aid fittings, sign language interpreters and classes, speech therapy and gateway school.

► **HEARING LOSS ASSOCIATION OF AMERICA**
301-657-2248
Information and referral about hearing loss, communication access and assistive technology.

► **MARYLAND RELAY**
410-767-0960
800-522-7724
www.doit.maryland.gov/mdrelay
301 West Preston Street,
Suite 1008A
Baltimore 21201
Everything you need to stay connected.

► **TOWSON UNIVERSITY INSTITUTE FOR WELL-BEING, HEARING AND BALANCE CENTER**
410-704-3095
Offering audiology and balance evaluations, hearing aid sales and fittings.

► **UNITED STATES VETERANS ADMINISTRATION**
410-605-7000
877-222-8387
Provides hearing aids and assistive technology for eligible veterans.

► **VERIZON CENTER FOR CUSTOMERS WITH DISABILITIES**
800-974-6006
888-262-1999 (National Accessibility Customer Service)
www.verizon.com/disabilities
Mobile phone technology for the hearing impaired.

HOME HEALTH SERVICES

The following agencies provide services such as nursing, medical social services, physical therapy, occupational therapy and home health services. Each licensing category has different parameters. Usually the client must pay for aide services; Medicare and other insurance will pay for aides only in limited situations. Some agencies employ staff to provide direct services while other agencies act as a registry, referring care providers to the client. For questions regarding these agencies, call the Office of Health Care Quality (OHCQ) at 410-402-8015.

When bringing a care provider into your home:

- Ask for the payment structure in writing, including whether payment is made to the agency or the care provider. You may be responsible for paying Social Security, IRS withholding taxes, insurance, etc., if you pay the individual directly.
- Request proof that the aide is either covered by Workers Compensation or that the aide is self-insured.
- Confirm the agency is licensed by OHCQ to specifically perform the services that you request, including medication management. The health care workers should be properly trained for the services provided.
- Confirm that a background check has been done on the care provider.
- Request the license or certification of any care provider coming into your home.
- Confirm the agency has Dishonesty Bonding for the care provider or check to see whether your homeowner's insurance will cover any loss that may occur.

(HH) HOME HEALTH

AGENCY: agency accepts patients for skilled care upon a signed order of a physician. Agencies are approved to accept Medicare payment. Can provide many types of services, including physical and occupational therapy.

(RS) RESIDENTIAL SERVICE

AGENCY: agency may have employees to provide services in the home or may contract with health care providers that a client can select.

(NR) NURSING REFERRAL

SERVICE AGENCY: agency refers care providers to clients at the family's request to provide services in the home. Care providers are not employed by the agency.

This list from OHCQ is current as of November 2018.

► 2ND FAMILY HOME CARE AND SUPPORT SERVICES (RS)

443-609-3640

► A1 RELIABLE MEDICAL & HEALTHCARE SERVICES, INC. (RS)

410-602-6493

► AADVANCE HOME HEALTH SERVICES, LLC (NR, RS)

410-744-8200

► A WATCHFUL EYE HOME CARE AGENCY (RS)

410-989-1135

► ABEL HEALTH CARE, INC. (RS)

410-825-0816

► ABLE HEALTH CARE SERVICES, INC. (RS)

410-637-3005

► ABRAHAM HEALTH CARE SERVICES, INC. (RS)

410-254-3004

► ABRIVE HOME HEALTH CARE, LLC (RS)

443-213-1197

► ABSOLUTE CARE SERVICES, LLC (RS)

443-803-0240

► ABSOLUTE COMPANION CARE, LLC (RS)

410-357-9640

► ABSOLUTE HOME HEALTH CARE (RS)

410-580-9100

► ABSOLUTE SUPREME COMPANIONS, IN-HOME CARE (RS)

443-621-9197

► ABUNDANT CARE SERVICES, (RS)

443-824-4669

► ABUNDANT LIFE HOME HEALTH SERVICES, INC. (RS)

410-917-9433

► ABUNDANT LIFE RESTORATION HEALTH CARE, LLC (RS)

410-701-8814

► ACCESS NURSING SERVICES OF MARYLAND, INC. (RS)

410-321-5560

► ACLC MEDICAL (RS)

443-990-1227

► ACTIVE QUALITY CARE, INC. (RS)

410-901-7694

► ADASSAH HEALTH RESOURCES, LLC (RS)

443-929-8449

► ADONAI HEALTHCARE SERVICES, INC. (RS)

410-521-7004

► ADVANCED HEALTH PROS, INC. (RS)

443-251-5338

► ADVANCED HOME CARE SERVICES, INC. (RS)

410-663-3133

► ALL ABOUT HOME CARE, LLC (RS)

443-460-2120

► ALL ABOUT YOU HEALTH CARE SERVICES, INC. (RS)

410-655-6606

► ALL STAFFING, INC. (RS)

410-486-8650

► ALTERNATIVE HEALTH CARE SERVICES, INC. (RS)

410-769-8094

► AMAZING GRACE RESIDENTIAL SERVICES AGENCY, INC. (RS)

410-580-0999

► AME HOME CARE (RS)

410-719-6912

► AMEDISYS HOME HEALTH (HH)

410-686-8413

► ANGEL HEART HOME HEALTH (RS)

410-764-2787

► ANGELI DEI HEALTH SERVICES, INC. (RS)

443-627-0449

► ANGELS HEALTH CARE, INC. (RS)

410-391-8457

► ANGELS OF HOPE HEALTH CARE AGENCY, INC. (RS)

443-858-9873

► APEX HEALTHCARE SOLUTIONS, LLC (RS)

443-929-5332

► APPEALING MULTI SERVICES, LLC (RS)

443-414-3704

► ASSERTIVE HOME CARE SERVICES, (RS)

443-675-8097

► **ASTREA HOME CARE, INC. (RS)**
443-983-3558

► **ATAAM HEALTH CARE, LLC (RS)**
856-313-0646

► **ATOSK HEALTHCARE SERVICES, INC. (RS)**
410-321-6826

► **AUGUST HOME CARE SERVICES, LLC (RS)**
301-742-5533

► **AVILA HOME CARE (RS)**
443-846-0511

► **AWAIT RESIDENTIAL SERVICE AGENCY (RS)**
443-562-1909

► **BALTIMORE FAMILY HOME HEALTHCARE SERVICES, LLC (RS)**
443-503-6360

► **BALTIMORE NURSES EXCHANGE, INC. (NR)**
410-747-6100

► **BAYADA HOME HEALTH, INC. (HH)**
410-823-0880

► **BAYADA HOME HEALTH CARE (RS)**
410-944-5999

► **BESTCARE HOME, INC. (RS)**
443-677-2039

► **BESTCARE RESIDENTIAL SERVICES, INC. (RS)**
410-415-6505

► **BEST HEALTHCARE AGENCY, INC. (RS)**
443-985-8000

► **BETHEL-DIVINE HEALTH CARE SERVICES, LLC (RS)**
443-939-4497

► **BEYONDCARE NURSING SERVICES, LLC (RS)**
410-963-2134

► **BEYOND HOSPITAL CARE (RS)**
443-473-5489

► **BLESSED HOPE HOME CARE SERVICES (RS)**
410-444-8133

► **BOLPAT HEALTH SERVICES (RS)**
410-967-9202

► **BRIGHT MORNING STAR HEALTH SERVICES, (RS)**
443-804-7652

► **BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY (RS, RS)**
443-275-2796

► **BRITEVIEW HEALTHCARE SOLUTIONS, LLC (RS)**
301-377-4918

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► **CARING HANDS OF INFINITY HOME CARE SERVICES, LLC (RS)**
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► **CARING HEARTS HOME HEALTH CARE, INC. (RS)**
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► **CH HOME HEALTH SERVICES, INC. (RS)**
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► **CHESAPEAKE MEDICAL STAFFING (NR, RS)**
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► **CHRISTADEL HEALTHCARE SERVICES, INC. (RS)**
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Screening Baltimore City residents for 50 plus programs and benefits which include home repair, energy conservation, healthy home improvements, tax credits, employment assistance, health care access and others.

► **MARYLAND HOME
IMPROVEMENT
COMMISSION**

410-230-6309

Licenses and regulates home improvement contractors and subcontractors.

► **NEIGHBORHOOD
REHABILITATION LOAN
PROGRAM – PARK
HEIGHTS RENAISSANCE**

410-664-4890

Loans to residents in the Park Heights area to provide repairs on aging and slightly distressed homes.

► **REBUILDING TOGETHER**

410-889-2710

► **WEATHERIZATION
ASSISTANCE PROGRAM
(WAP)**

855-583-8976

Assistance for low income households with installation of free energy conservation materials to help reduce energy costs. Application also accepted through local agencies.

**Baltimore County
Community Assistance
Network**

410-285-4674

**Diversified Housing
Development**

410-496-1214

**Baltimore City Department of
Housing/WAP Program**
443-984-1066

**CERTIFIED AGING IN
PLACE SPECIALISTS
(CAPS)**

► **HOME BUILDERS
ASSOCIATION OF
MARYLAND**

410-265-7400 (CAPS
Information)

HOSPICE SERVICES

Hospice provides non-curative medical and support services for those with a terminal illness. Services may be provided in the home or in a facility. Insurance may cover most costs. This list from OHCQ is current as of November 2018. Supplemental information is from the Maryland Health Care Commission. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273. Please note hospice services below are all authorized to serve Baltimore County and City; they may elect not to serve all jurisdictions.

► **AMEDISYS HOSPICE OF
GREATER CHESAPEAKE**

410-686-5635

► **CARROLL HOSPICE**

410-871-8000

► **GILCHRIST HOSPICE
CARE-JOSEPH RICHEY
HOUSE**

443-849-8200

► **HEARTLAND HOSPICE
SERVICES**

410-719-8670

► **PROFESSIONAL
HEALTHCARE RESOURCES
(PHR) OF BALTIMORE**

410-368-2825

► **SEASONS HOSPICE
& PALLIATIVE CARE OF
MARYLAND**

410-689-7400

► **STELLA MARIS**

410-252-4500, Ext. 7294

www.stellamaris.org
Provides a range of medical services throughout the Baltimore region.

**ASSISTED LIVING
FACILITIES
OFFERING HOSPICE
SUPPORT**

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

**NURSING AGENCIES
OFFERING HOSPICE
SUPPORT**

See Home Health Services and Home Care (Non-Medical).

► **BRIGHTSTAR
HEALTHCARE OF
BALTIMORE CITY/COUNTY**

443-275-2796 (24-Hour
Service)

[www.brightstarcare.com/
baltimore-city-county](http://www.brightstarcare.com/baltimore-city-county)
1615 York Road, Suite 205
Lutherville-Timonium 21093
Private duty, CNA, LPN, RNs.
Accepted by all LTC insurance.

**NURSING HOMES
OFFERING HOSPICE
SUPPORT**

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

HOSPITALS

► **BON SECOURS
BALTIMORE HEALTH
SYSTEM**

410-362-3000

2000 West Baltimore Street
Baltimore 21223

► **GREATER BALTIMORE
MEDICAL CENTER**

443-849-2000

443-849-GBMC (4262)

www.gbmc.org
6701 North Charles Street
Baltimore 21204

► **JOHNS HOPKINS
BAYVIEW SPECIALTY
PROGRAMS**

410-550-7642

5505 Hopkins Bayview Circle
Baltimore 21224

► **JOHNS HOPKINS
HOSPITAL**

410-955-5000

1800 Orleans Street
Baltimore 21287

► **LEVINDALE HEBREW
GERIATRIC CENTER AND
HOSPITAL**

410-601-2400

2434 West Belvedere Avenue
Baltimore 21215

► **MEDSTAR FRANKLIN
SQUARE MEDICAL CENTER**

443-777-7000

9000 Franklin Square Drive
Baltimore 21237

► **MEDSTAR GOOD
SAMARITAN HOSPITAL**

443-444-8000

5601 Loch Raven Boulevard
Baltimore 21239

► **MEDSTAR HARBOR
HOSPITAL & HARBOR
HOSPITAL LIFE RESOURCE
CENTER**

410-350-3200

3001 South Hanover Street
Baltimore 21225

H

HOSPITALS - HOTLINES

► **MEDSTAR UNION
MEMORIAL HOSPITAL**
410-554-2000
201 East University Parkway
Baltimore 21218

► **MERCY MEDICAL
CENTER**
410-332-9000
301 Saint Paul Place
Baltimore 21202

► **NORTHWEST HOSPITAL
CENTER**
410-521-2200
5401 Old Court Road
Randallstown 21133

► **SAINT AGNES HOSPITAL**
410-368-6000
900 Caton Avenue
Baltimore 21229

► **SINAI HOSPITAL**
410-601-9000
2401 West Belvedere Avenue
Baltimore 21215

► **UNIVERSITY OF
MARYLAND MEDICAL
CENTER**
800-492-5538
22 South Greene Street
Baltimore 21201

► **UNIVERSITY OF
MARYLAND MIDTOWN
CAMPUS**
410-225-8000
827 Linden Avenue
Baltimore 21201

► **UNIVERSITY OF
MARYLAND
REHABILITATION &
ORTHOPAEDIC INSTITUTE**
888-4KERNAN
2200 Kernan Drive
Baltimore 21207

► **UNIVERSITY OF
MARYLAND - ST. JOSEPH
MEDICAL CENTER**
410-337-1000
7601 Osler Drive
Towson 21204

► **VA MEDICAL CENTER**
410-605-7000
10 North Green Street
Baltimore 21201

HOSPITAL SUBSPECIALTIES

► **GBMC SENIOR
SERVICES**
443-849-3714
www.gilchristcares.org
6701 North Charles Street,
Suite 4501
Baltimore 21204
Full spectrum of care-office
visits, emergency and hospital
care.

► **MEDSTAR CENTER FOR
SUCCESSFUL AGING**
443-444-4720
[www.medstargoodsam.org/
geriatrics](http://www.medstargoodsam.org/geriatrics)
Morgan Building
5601 Loch Raven Boulevard,
Suite 502
Baltimore 21239
A dedicated team supporting
patients/ caregivers with all
age-related needs.

► **VASCULAR SURGERY
ASSOCIATES, LLC**
855-648-9982
[www.vascularsurgery
associates.net](http://www.vascularsurgeryassociates.net)
An "A-Z" vascular group serving
Harford, Cecil, Baltimore,
Carroll counties.

HOTLINES

► **2-1-1 MARYLAND AT
FIRST CALL FOR HELP**
2-1-1
The 24/7 telephone number for
accessing information about
health and human services.

► **BALTIMORE CITY ADULT
PROTECTIVE SERVICES**
410-361-5000 (Adult)
410-361-2235 (Child)



► **BALTIMORE CITY CRISIS
RESPONSE INFORMATION
AND REFERRAL**
410-433-5175

► **BALTIMORE COUNTY
CRISIS RESPONSE
SYSTEMS**
410-931-2214
Twenty-four hour crisis and
suicide prevention hotline with
linkage to community treatment
and support.

► **BALTIMORE COUNTY
DEPARTMENT OF SOCIAL
SERVICES, 24-HOUR
SEXUAL ASSAULT/
DOMESTIC VIOLENCE
CRISIS HOTLINE**
410-828-6390
Hotline responding to sexual
assault, domestic violence and
human trafficking calls.

► **BALTIMORE COUNTY
DEPARTMENT OF SOCIAL
SERVICES (SCREENING
UNIT)**
410-887-8463 (TIME)
Advocates and provides
protective services for
residents of all ages
through assessments, case
management, residential and
financial services. Provides
information, assistance and
referral for emergency shelter
for homeless individuals.

► **CHANA**
410-234-0023
Hotline supports the needs of
women, men, children, and
elders who experience physical,
psychological, sexual or
financial abuse.

► **FEDERAL CITIZEN
INFORMATION CENTER
(FCIC)**
800-FED-INFO

► **FEDERAL
COMMUNICATION
COMMISSION (FCC)**
888-225-5322 (Toll-Free
Voice)
888-835-5322 (Toll-Free TTY)

► **HOUSE OF RUTH**
410-889-0840

► **INTERNET CRIME
COMPLAINT CENTER**
www.ic3.gov

► **MARYLAND CRISIS
HOTLINE**
800-422-0009
Crisis hotline for people of all
ages.

► **NATIONAL DO NOT CALL
REGISTRY**
888-382-1222

► **NATIONAL DOMESTIC
VIOLENCE HOTLINE**
800-799-7233 (SAFE)
800-787-3224 (TTY)

► **NATIONAL FRAUD
INFORMATION CENTER
(NFIC)**
800-876-7060

► **NATIONAL SEXUAL
ASSAULT HOTLINE**
800-656-4673 (HOPE)

► **POISON CENTER**
800-222-1222

► **TURNAROUND, INC.**
443-279-0379 (24-Hour
Hotline)
410-377-8111 (Office)
Counseling and services to
victims of rape, incest, sexual
assault, domestic violence and
human trafficking.

► **VETERANS SUICIDE
PREVENTION**
800-273-8255

HOUSEKEEPING

See Home Health Services and Home Care (Non-Medical). Additional services may be required. Please discuss specific service requirements with agency.

► **2ND FAMILY HOME CARE
AND SUPPORT SERVICES**
443-609-3640
443-609-3645
www.2ndfamily.com
Compassionate, certified,
dementia trained, caregivers
serving Central Maryland.
Accepts LTCI.



► **ABSOLUTE CARE
SERVICES LLC**
443-803-0240
443-554-6741
www.absolutecarellc.com
Licensed, premier home care
services available 24 hours.

► **HOMECENTRIS
HEALTHCARE**
410-486-5330
www.homecentris.com
Helping you remain at home,
where you want to be.

HOUSING

For additional services/
information call Maryland
Access Point of Baltimore
County at 410-887-2594
or the Baltimore City Health
Department, Division of Aging
at Maryland Access
Point at 410-396-2273.
Please also refer to www.
baltimorecountymd.gov/
Agencies/aging/housing and
www.mdhousingsearch.org.

APARTMENTS FOR SENIORS

Eligibility for these apartments
is based on income. Most
units are for persons age 62
and older, although a few
accept younger persons with
disabilities. There are usually no
supportive services. The Eating
Together program is on-site at
designated (*) apartments.
Rents are below market value
and may vary based on building
type, resident's income and
apartment size. Waiting lists
are typical. Contact each facility
for application information.
Some buildings are equipped
with mobility impaired
apartments.



► **ABUNDANT LIFE
TOWERS***
410-367-5433
3915 Callaway Avenue
Baltimore 21215
99 units, one/two bedrooms.

► **ABUNDANT LIFE
TOWERS II***
410-233-2002
5110 Baltimore National Pike
Baltimore 21229
60 units, efficiencies/
one-bedroom.

► **AHEPA SENIOR
HOUSING**
410-732-1275
1351 South Clinton Street
Baltimore 21231
57 units, one/two bedrooms.

► **AIGBURTH VALE
SENIOR COMMUNITY**
Managed by St. Ambrose
Housing
410-296-6695
410-296-1320
www.stambros.org/pages/
rentalservices.html
212 Aigburth Road
Towson 21286
6 one-bedroom mansion
building apartments;
64 one-bedroom apartments.
Affordable housing and
gracious living in a convenient
park-like setting with
elevators offering wheelchair
accessibility.

► **ALCOTT PLACE**
410-466-4960
2702 Keyworth Avenue
Baltimore 21215
45 units.

► **APOSTOLIC TOWERS**
410-342-1353
201 North Washington Street
Baltimore 21231
149 units, one/two bedrooms.



► **ARLINGTON ESTATES
CO-OP**
800-362-0548
4601 West Northern Parkway
Baltimore 21215
68 units, one-bedroom.

► **BASILICA PLACE-
CATHOLIC CHARITIES***
667-600-3292
124 West Franklin Street
Baltimore 21201
200 units, one/two bedrooms.

► **BELLEVIEW
MANCHESTER
APARTMENTS**
410-462-4186
342 Bloom Street
Baltimore 21217
48 units, one-bedroom.

► **BELVEDERE GREEN***
410-433-7255
1651 East Belvedere Avenue
Baltimore 21239
165 units, efficiencies/
one-bedroom.

► **BOLTON HOUSE
APARTMENTS**
410-728-3100
1100 Bolton Street
Baltimore 21201
104 units, efficiencies, one/
two bedrooms.

► **BOLTON NORTH***
410-462-5433
1600 West Mount Royal Avenue
Baltimore 21217
208 units, one-bedroom.

► **BON SECOURS BENET
HOUSE**
410-566-0701
400 Millington Avenue
Baltimore 21223
101 units, efficiencies/
one-bedroom.

► **BON SECOURS HOLLINS
TERRACE**
410-566-2701
1800 Hollins Street
Baltimore 21223
84 units, efficiencies/
one-bedroom.

H

HOUSING

► BON SECOURS SMALLWOOD SUMMIT

410-566-5792
2 North Smallwood Street
Baltimore 21223
90 units, one/two bedrooms.

► BOWLEYS GARDEN VILLA CO-OP

800-362-0548
5200 Bowleys Lane
Baltimore 21206
78 units, one-bedroom.

► BROADWAY COURT

410-844-0913
925 North Broadway
Baltimore 21205
47 units.

► CENTER PLACE APARTMENTS

410-285-6666
101 Center Place
Dundalk 21222
160 units, one/two bedrooms.

► CHAPEL SPRINGS

410-352-7440
9630 Dietz Place
Perry Hall 21128
127 units, one/two bedrooms.

► CHARLES R. UNCLES SENIORS PLAZA

410-523-3890
607 North Pennsylvania Avenue
Baltimore 21201
47 units, one/two bedrooms.

► CHERRY HILL SENIOR MANOR*

410-354-3740
901 Cherry Hill Road
Baltimore 21225
80 units, one/two bedrooms.

► CHRIST CHURCH HARBOR APARTMENTS

410-837-1010
600 Light Street
Baltimore 21230
288 units, efficiencies/
one-bedroom.

► COEL- GRANT-HIGGS SENIOR CENTER

410-435-4600
1700 North Gay Street
Baltimore 21213
58 units, efficiencies/
one-bedroom.

► COURSEY STATION-CATHOLIC CHARITIES

410-242-6167
200 First Avenue
Baltimore 21227
49 units, efficiencies/
one-bedroom, 6 disabled.

► COVE POINT APARTMENTS

410-288-2344
7801 Peninsula Expressway
Dundalk 21222
100 units, one/two bedrooms.

► COVE POINT II APARTMENTS

410-288-2344
7795 Peninsula Expressway
Dundalk 21222
47 units, one/two bedrooms.

► DAY VILLAGE

410-284-7100
511 North Avondale Road
Dundalk 21222
20 units, one-bedroom.

► DEPAUL HOUSE- CATHOLIC CHARITIES*

667-600-2685
3300 Benson Avenue
Baltimore 21227
109 units, one/two bedrooms.

► EDNOR APARTMENTS

410-243-0180
1040 East 33rd Street
Baltimore 21218
110 units, one/two bedrooms.



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Westminster, Maryland 21158

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www.CLVillage.org



9000 Fathers Legacy
Ellicott City, MD 21042

410-465-2005

www.MillersGrant.org

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Bayleigh Chase | Easton | 410-763-7167

Buckingham's Choice | Adamstown | 301-644-1605

Fairhaven | Sykesville | 410-795-8801



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Much more than memory and dementia care, Copper Ridge provides an integrated solution for many types of neurocognitive disorders:

- Residential living
- Short-term rehabilitation
- Proxmire Neurocognitive Clinic
- Short stay neurocognitive evaluation
- The Peabody Club, a day & night program
- The Bistro, a supportive dining experience

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► **EDNOR APARTMENTS II**

410-243-4301
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Baltimore 21218
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410-323-3040
5610 York Road
Baltimore 21212
33 units, efficiencies.

► **ESSEX CO-OP APARTMENTS***

410-391-7616
1000 Franklin Avenue
Essex 21221
209 units, one-bedroom.

► **EVERALL GARDENS-CATHOLIC CHARITIES**

410-444-5850
6100 Everall Avenue
Baltimore 21206
69 units, one-bedroom.

► **EVERGREEN SENIOR APARTMENTS**

410-780-4888
1600 Evergreen Way
Essex 21221
81 units, one/two bedrooms.

► **FAIRSPRING APARTMENTS**

410-869-8740
1121 Saint Agnes Lane
Baltimore 21207
100 units, one/two bedrooms.

► **FELLS POINT FLATS**

410-732-1275
1627 Eastern Avenue
Baltimore 21231
20 units, efficiencies/
one-bedroom.

► **FOXWELL MEMORIAL**

410-728-4550
3700 Greenspring Avenue
Baltimore 21215
155 units, one/two bedrooms.

► **FRANKLIN SQUARE SCHOOL APARTMENTS**

410-947-9000
229 North Mount Street
Baltimore 21223
65 units, one-bedroom.

► **GALLAGHER MANSION***

410-435-4416
431 Notre Dame Lane
Baltimore 21212
40 units, one-bedroom.

► **GOLDEN RING CO-OP***

800-362-0548
8620 Kelso Drive
Essex 21221
154 units, one bedroom.

► **GREATER NEW HOPE APARTMENTS**

410-225-0003
725 Walbrook Avenue
Baltimore 21216
80 units, efficiencies/
one-bedroom.

► **GREENS AT ENGLISH COUNSEL, THE**

410-789-3000
4120 Oak Road
Halethorpe 21227
90 units, one/two bedrooms.

► **GREENS AT LIBERTY ROAD, THE**

410-655-1100
9707 Liberty Road
Randallstown 21133
105 units, one/two bedrooms.

► **GREENS AT LOGAN FIELD, THE**

410-288-2000
3455 Dundalk Avenue
Dundalk 21222
102 units, one/two bedrooms.

► **GREENS AT ROLLING ROAD, THE**

410-744-9988
1505 North Rolling Road
Catonsville 21228
83 units, one/two bedrooms.

► **HANOVER SQUARE APARTMENTS***

410-962-1131
1 West Conway Street
Baltimore 21201
199 units, one-bedroom.

► **HARLEM GARDENS**

410-728-4009
1700 Edmondson Avenue
Baltimore 21223
94 units, one/two bedrooms.

► **HARVEY JOHNSON TOWERS**

410-728-1166
1510 West Mosher Street
Baltimore 21217
120 units, efficiencies/
one-bedroom.

► **HIGHLANDTOWN PLAZA CO-OP**

800-362-0548
155 Grundy Street
Baltimore 21224
74 units, one-bedroom.

► **HOLY KOREAN MARTYRS-CATHOLIC CHARITIES**

410-944-5959
5500 Lexington Road
Baltimore 21207
74 units, one-bedroom.

► **HOPKINS VILLAGE**

410-687-2828
3 Brett Court
Essex 21221
164 units, one-bedroom.

► **INDECCO HOUSING**

410-276-5114
940 South Lakewood Avenue
Baltimore 21224
45 units, efficiencies/
one-bedroom.

► **IRVINGTON MEWS**

410-644-4487
4300 Frederick Avenue
Baltimore 21223
100 units.

► **IRVINGTON PLACE APARTMENTS**

410-644-0589
4025 Frederick Avenue
Baltimore 21223
41 units, one-bedroom studios.

► **JOHNSON SENIOR APARTMENTS**

410-837-3383
501 East Preston Street
Baltimore 21202
217 units, efficiencies, one/
two bedrooms.

► **KESSLER PARK-CATHOLIC CHARITIES**

410-247-9244
4230 Hollins Ferry Road
Lansdowne 21227
64 units, efficiencies, one/
two bedrooms.

► **KIRKWOOD***

410-323-8910
6401 Loch Raven Boulevard
Baltimore 21239
262 units, one-bedroom.

► **LAKEWOOD APARTMENTS***

410-522-7444
1401 Lakewood Avenue
Baltimore 21213
102 units, efficiencies, one/
two-bedroom.

► **LANVALE TOWERS**

410-685-4600
1300 East Lanvale Street
Baltimore 21213
184 units, efficiencies, one/
two/three/four bedrooms.

► **LEMKO HOUSING**

410-342-7200
603 South Ann Street
Baltimore 21231
110 units, efficiencies, one/
two bedrooms.

► **LIBERTY VILLAGE SENIOR HOUSING**

410-523-1113
3000 Towanda Avenue
Baltimore 21215
84 units, one/two bedrooms.

► **LINDEN PARK APARTMENTS IN BOLTON HILL**

410-523-0013
301 McMechen Street
Baltimore 21217
268 units, efficiency, one/
two bedroom units.

► **MARLBOROUGH APARTMENTS**

410-669-3005
1701 Eutaw Place
Baltimore 21217
227 units, efficiencies/
one-bedroom.

► **MEADOWS OF REISTERSTOWN, THE**

410-526-3380
300 Cantata Court
Reisterstown 21136
80 units.

► **MEADOWS OF REISTERSTOWN II, THE**

410-526-3380
302 Cantata Court
Reisterstown 21136
76 units.

► **MESSIAH HALL**

410-732-1275
1024 South Decker Street
Baltimore 21224
17 units, efficiencies/one-bedroom.

► **MONTEVERDE**

410-728-4422
2501 & 2503 Violet Avenue
Baltimore 21215
301 units, one/two bedrooms.

► **MORNINGSIDE SENIOR APARTMENTS**

410-356-4798
104 Pleasant Ridge Drive
Owings Mills 21117
82 units, one/two bedrooms.

► **MORRELL PARK APARTMENTS**

410-644-2334
1820 Spence Street
Baltimore 21230
99 units, one/two bedrooms.

► **MT. CLARE OVERLOOK APARTMENTS***

410-727-4477
833 West Pratt Street
Baltimore 21201
110 units, one/two bedrooms.

► **N.M. CARROLL MANOR***

410-669-4270
701 North Arlington Avenue
Baltimore 21217
99 units, one/two bedrooms.

► **NEW SHILOH VILLAGE APARTMENTS**

410-523-1649
1901 Elgin Avenue
Baltimore 21217
80 units, one/two bedrooms.

► **OAKS AT LIBERTY**

410-466-9267
3501 Howard Park Avenue
Baltimore 21207
75 units, one/two bedrooms.

► **OLD COURT ESTATES CO-OP**

800-362-0548
5105 Old Court Road
Randallstown 21133
51 units, one-bedroom.

► **OLIVER PLAZA APARTMENTS**

410-347-9694
1401 East Oliver Street
Baltimore 21213
45 units, efficiencies/one-bedroom.

► **OUR LADY OF FATIMA I-CATHOLIC CHARITIES***

410-631-3555
6424 East Pratt Street
Baltimore 21224
54 units, one-bedroom.

► **OUR LADY OF FATIMA II-CATHOLIC CHARITIES**

410-631-6191
200 Kane Street
Baltimore 21224
51 units, one-bedroom.

► **OVERBROOK APARTMENTS**

410-465-8611
5717 Edmondson Avenue
Catonsville 21228
67 units, studio/one/two/three bedrooms.



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- Pet-friendly and tobacco-free community
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It is our policy to admit residents without regard to race, color, religion, sex, handicap or national origin and any other federal, state or local fair housing protections. Note: Housing for Older Persons is exempt from the prohibitions against age or familial status.



► **OWINGS MILLS NEW TOWN-CATHOLIC CHARITIES**

410-902-8222
9773 Groffs Mill Drive
Owings Mills 21117
68 units, one bedroom.

► **PARK HEIGHTS AVENUE APARTMENTS**

410-367-5959
5900 Parks Heights Avenue
Baltimore 21215
100 units, one-bedroom.

► **PARK HEIGHTS PLACE**

410-578-3445
5430 Park Heights Avenue
Baltimore 21215
83 units, one-bedroom.

► **PARK VIEW AT ASHLAND TERRACE***

410-276-6440
1705 East Eager Street
Baltimore 21205
74 units, one/two bedrooms.

► **PARK VIEW AT CATONSVILLE***

410-719-9464
303 Maiden Choice Lane
Catonsville 21228
101 units, one-bedroom.

► **PARK VIEW AT COLDSRING***

410-542-4400
4803 Tamarind Road
Baltimore 21209
99 units, one/two bedrooms.

► **PARK VIEW AT DUNDALK***

410-288-5483
103 Center Place
Dundalk 21222
101 units, one-bedroom.

► **PARK VIEW AT FULLERTON**

410-663-0665
4300 Cardwell Avenue
Fullerton 21236
90 units, one-bedroom.

► **PARK VIEW AT MIRAMAR LANDING**

410-391-8375
705 Compass Road
Middle River 21220
100 units, one/two bedrooms.

► **PARK VIEW AT RANDALLSTOWN**

410-655-5673
3530 Resource Drive
Randallstown 21133
103 units, one-bedroom.

► **PARK VIEW AT ROSEDALE**

410-866-1886
1315 Chesaco Avenue
Rosedale 21237
109 units.

► **PARK VIEW AT TAYLOR**

410-663-0363
4102 Taylor Avenue
Baltimore 21236
100 units, one/two bedrooms.

► **PARK VIEW AT TOWSON***

410-828-7185
20 Dunvale Road
Towson 21204
112 units.

► **PARK VIEW AT WOODLAWN**

410-281-1120
2020 Featherbed Lane
Woodlawn 21207
101 units, one/two-bedrooms.

► **PENN-NORTH PLAZA 8***

410-383-8595
1520 West North Avenue
Baltimore 21217
66 units, efficiencies, one/two bedrooms.

► **RANDALLSTOWN PAVILION CO-OP**

800-362-0548
5109 Old Court Road
Randallstown 21133
76 units, one-bedroom.

R | home
Residents First

We Turn Addresses
into *homes*

**MOST
COMMUNITIES
ARE 62 AND
BETTER**

ANNE ARUNDEL COUNTY

The Greens at Hammonds Lane: 410-636-1141
Park View at Furnace Branch: 410-761-4150
Park View at Severna Park: 410-544-3411

BALTIMORE CITY

Ednor Apartments I: 410-243-0180
Ednor Apartments II: 410-243-4301
The Greens at Irvington Mews: 410-644-4487
Park Heights Place: 410-578-3445
Park View at Ashland Terrace: 410-276-6440
Park View at Coldspring: 410-542-4400

BALTIMORE COUNTY

Cove Point Apartments I: 410-288-2344
Cove Point Apartments II: 410-288-1660
Evergreen Senior Apartments: 410-780-4888

BALTIMORE COUNTY (CONT.)

The Greens at English Counsel: 410-789-3000
The Greens at Liberty Road: 410-655-1100
The Greens at Logan Field: 410-288-2000
The Greens at Rolling Road: 410-744-9988
Park View at Catonsville: 410-719-9464
Park View at Dundalk: 410-288-5483
Park View at Fullerton: 410-663-0665
Park View at Miramar Landing: 410-391-8375
Park View at Randallstown: 410-655-5673
Park View at Rosedale: 410-866-1886
Park View at Taylor: 410-663-0363
Park View at Towson: 410-828-7185
Park View at Woodlawn: 410-281-1120

EASTERN SHORE

Park View at Easton: 410-770-3070

HARFORD COUNTY

Park View at Bel Air: 410-893-0064
Park View at Box Hill: 410-515-6115

HOWARD COUNTY

Park View at Colonial Landing: 410-796-4399
Park View at Columbia: 410-381-1118
Park View at Ellicott City: 410-203-9501
Park View at Ellicott City II: 410-203-2096
Park View at Emerson: 301-483-3322
Park View at Snowden River: 410-290-0384

PRINCE GEORGE'S COUNTY

Park View at Bladensburg: 301-699-9785
• 55 & Better
Park View at Laurel: 301-490-1526
Park View at Laurel II: 301-490-9730

Call the community nearest you to inquire about eligibility requirements and to arrange a personal tour.

www.rhomecommunities.com



MOST COMMUNITIES ARE PET-FRIENDLY



► **RANDALLSTOWN VILLA CO-OP**

800-362-0548
5107 Old Court Road
Randallstown 21133
72 units, one-bedroom.

► **REISTER'S CLEARING-CATHOLIC CHARITIES**

410-517-4994
304 Cantata Court
Reisterstown 21136
68 units, one-bedroom.

► **REISTER'S VIEW-CATHOLIC CHARITIES***

410-517-4994
306 Cantata Court
Reisterstown 21136
72 units, one-bedroom.

► **RIVER POINT**

410-780-2881
1900 Grove Manor Drive
Essex 21221
120 units, one/two bedrooms.

► **ROLAND VIEW TOWERS EAST**

410-235-3939
3939 Roland Avenue
Baltimore 21211
250 units, one-bedroom.

► **ROLAND VIEW TOWERS WEST**

410-889-8255
3838 Roland Avenue
Baltimore 21211
150 units, two-bedrooms.

► **RUSCOMBE GARDENS APARTMENTS**

410-664-4800
4800 Yellowwood Avenue
Baltimore 21209
150 units, one-bedroom.

► **SALONY HOUSE SENIOR LIVING**

410-833-0077
300 Salony Drive
Reisterstown 21136
60 units, one/two bedrooms.

► **SHARP-LEADENHALL COURT**

410-727-2677
911 Leadenhall Street
Baltimore 21230
155 units, one to four bedrooms.

► **SOUTHERN HIGH SCHOOL APARTMENTS**

410-528-1195
201 Warren Avenue
Baltimore 21230
49 units, efficiencies/
one-bedroom.

► **ST. CHARLES HOUSE-CATHOLIC CHARITIES**

410-484-6125
11 Church Lane
Pikesville 21208
24 units, efficiencies/
one-bedroom, 3 disabled.

► **ST. ELIZABETH HALL***

410-252-4500, Press 5, then
Ext. 7385
2300 Dulaney Valley Road
Timonium 21093
200 units, one-bedroom, 10
disabled.

► **ST. ELIZABETH SENIOR HOUSING**

410-732-1275
35 North Lakewood Avenue
Baltimore 21224
20 units, efficiencies/
one-bedroom.



Learn about senior living at **Charlestown and Oak Crest.**

Request your FREE brochure from the premier retirement communities in Baltimore County. Get the facts about our vibrant lifestyle, stylish apartment homes, expert health care, and so much more!



There's no risk in learning more! Call **1-866-939-9693** or visit **EricksonLiving.com**.



Charlestown | Catonsville
Oak Crest | Parkville

EricksonLiving.com



► **ST. JAMES TERRACE APARTMENTS**

410-669-0862
827 Arlington Avenue
Baltimore 21217
151 units, efficiencies/
one-bedroom.

► **ST. JOACHIM HOUSE-CATHOLIC CHARITIES**

667-600-2685
3310 Benson Avenue
Baltimore 21227
90 units, one-bedroom.

► **ST. LUKE'S PLACE APARTMENTS-CATHOLIC CHARITIES***

410-477-3661
2825 Lodge Farm Road
Edgemere 21219
125 units, one-bedroom.

► **ST. MARK'S APARTMENTS-CATHOLIC CHARITIES**

410-788-0972
19 Winters Lane
Catonsville 21228
20 units, one-bedroom.

► **TABCO TOWERS***

410-821-9220
305 East Joppa Road
Towson 21286
200 units, efficiencies/
one-bedroom.

► **TERRACE GARDEN CO-OP**

800-362-0548
751 West Saratoga Street
Baltimore 21201
92 units, one/two-bedrooms.

► **TRINITY HOUSE-CATHOLIC CHARITIES***

410-825-5288
409 Virginia Avenue
Towson 21286
82 units, one-bedroom.

► **VENABLE APARTMENTS @ STADIUM PLACE**

410-338-0661
1030 East 33rd Street
Baltimore 21218
74 units, one-bedroom.

► **VILLAGE CROSSROADS I-CATHOLIC CHARITIES***

410-882-5431
4313-A Fitch Avenue
Nottingham 21236
94 units, one-bedroom.

► **VILLAGE CROSSROADS II-CATHOLIC CHARITIES**

410-882-2934
4313-B Fitch Avenue
Nottingham 21236
86 units.

► **VILLAGE OAKS APARTMENTS***

410-747-1344
815 Winters Lane
Catonsville 21228
181 units, one-bedroom.

► **VIRGINIA TOWERS**

410-321-9661
500 Virginia Avenue
Towson 21286
150 units.

► **WABASH ESTATES CO-OP**

800-362-0548
5500 Wabash Avenue
Baltimore 21215
57 units, one-bedroom.

► **WALKER CO-OP**

800-362-0548
1 Cooperative Drive
Baltimore 21212
88 units, one-bedroom.

► **WALKER DANIELS HOUSE**

410-462-4186
2100-02 Madison Avenue
Baltimore 21217
23 units, efficiencies/
one-bedroom.

► **WALKER MEWS***

410-323-8507
6225 York Road
Baltimore 21212
167 units, one-bedroom.

► **WALKER SENIOR CO-OP**

410-377-0200
711 Walker Avenue
Baltimore 21212
88 units, one-bedroom.

► **WARREN PLACE SENIOR APARTMENTS**

410-666-1030
10535 York Road
Cockeysville 21030
121 units, one-bedroom,
elevator.

► **WATERS TOWERS***

410-342-6240
1400 East Madison Street
Baltimore 21205
203 units, one-bedroom.

► **WAYLAND VILLAGE SENIOR APARTMENTS**

410-542-4580
3020 Garrison Boulevard
Baltimore 21215
90 units, one/two bedrooms.

► **WEINBERG COURT AT STADIUM PLACE**

410-235-0500
1020 East 33rd Street
Baltimore 21218
70 units, one-bedroom.



► **WEINBERG GARDENS***

410-602-8200
1500 Bedford Avenue
Pikesville 21208
85 units, one-bedroom.

► **WEINBERG HOUSE***

410-602-2405
16 Old Court Road
Pikesville 21208
116 units, one-bedroom.

► **WEINBERG MANHATTAN PARK APARTMENTS**

410-466-8080
5715 Park Heights Avenue
Baltimore 21215
123 units, efficiencies, one/
two bedrooms.

For rental information, call
(800) 362-0548
or visit our website
www.csi.coop

Arlington Estates Co-op

4601 W. Northern Parkway
Baltimore, MD 21215

Bowleys Garden Villa Co-op

5200 Bowleys Lane
Baltimore, MD 21206

Essex Co-op

1000 Franklin Avenue
Essex, MD 21221

Golden Ring Co-op

8620 Kelso Drive
Essex, MD 21221

Highlandtown Plaza Co-op

155 Grundy Street
Highlandtown, MD 21224

AFFORDABLE RENTAL COMMUNITIES FOR SENIORS

CSI Support & Development is a resident/member controlled organization that utilizes a cooperative management system and engages its resident membership in decision-making at every level of its operations.

For nearly 50 years as a mission-driven non-profit, we exist solely to provide the highest quality, affordable housing communities possible for seniors.

Randallstown Campus Co-ops

5105/5107/5109
Old Court Road
Randallstown, MD 21133

Terrace Garden Co-op

751 W. Saratoga Street
Baltimore, MD 21201

Walker Co-op

1 Cooperative Drive
Baltimore, MD 21212

Wabash Estates Co-op

5500 Wabash Avenue
Baltimore, MD 21215



Your Life, Enriched



Perfectly designed residential communities for seniors and younger residents with disabilities* in Northwest Baltimore.

ENJOY THE BEST YEARS OF YOUR LIFE

in one of our communities designed just for you! Weinberg Senior Living provides quality, affordable apartments for 62+ seniors and younger residents with disabilities.* At all our communities, the friendly staff, the available services and the popular resident activities will make you feel right at home. Weinberg Senior Living communities are owned by Comprehensive Housing Assistance, Inc. (CHAI), a local non-profit organization.

Weinberg Village Community

3430 Associated Way
Owings Mills, MD 21117
410-356-4660
weinbergvillage.net

Weinberg Gardens

1500 Bedford Ave.
Pikesville, MD 21208
410-602-8200

Weinberg House

16 Old Court Road
Pikesville, MD 21208
410-602-2405

Weinberg Manhattan Park*

5715 Park Heights Ave.
Baltimore, MD 21215
410-466-8080

Weinberg Manor East*

3601 Fords Lane
Baltimore, MD 21215
410-358-5581

Weinberg Manor West

3615 Fords Lane
Baltimore, MD 21215
410-358-9393

Weinberg Manor South*

3617 Fords Lane
Baltimore, MD 21215
410-783-7333

Weinberg Park Assisted Living*

5833 Park Heights Ave.
Baltimore, MD 21215
410-664-0100
weinbergpark.com

Weinberg Place*

2500 West Belvedere
Baltimore, MD 21215
410-542-4111

Weinberg Terrace

1450 Bedford Ave.
Pikesville, MD 21208
410-602-3950

Weinberg Woods

3211 Clarks Lane
Baltimore, MD 21215
410-318-6625

www.WeinbergSeniorLiving.com



*These communities accept younger residents with disabilities.

► WEINBERG MANOR EAST

410-358-5581
3601 Fords Lane
Baltimore 21215
186 units, efficiencies, one/
two bedrooms.

► WEINBERG MANOR SOUTH

410-783-7333
3617 Fords Lane
Baltimore 21215
90 units, one/one with den/
two bedrooms.

► WEINBERG MANOR WEST

410-358-9393
3615 Fords Lane
Baltimore 21215
105 units, efficiencies/
one-bedroom.

► WEINBERG PLACE*

410-542-4111
2500 West Belvedere Avenue
Baltimore 21215
231 units, efficiencies/
one-bedroom.

► WEINBERG TERRACE

410-602-3950
1450 Bedford Avenue
Pikesville 21208
86 units, one-bedroom.

► WEINBERG VILLAGE I*

410-581-7878
3420 Associated Way
Owings Mills 21117
75 units, one-bedroom.

► WEINBERG VILLAGE II

410-581-3800
3440 Associated Way
Owings Mills 21117
81 units, one/two-bedrooms,
one-bedroom w/den.

► WEINBERG VILLAGE III*

410-363-1600
3414 Associated Way
Owings Mills 21117
100 units, one-bedroom.

► WEINBERG VILLAGE IV

410-363-8866
3410 Associated Way
Owings Mills 21117
100 units.

► WEINBERG VILLAGE V

410-356-4660
3430 Associated Way
Owings Mills 21117
86 units.

► WEINBERG WOODS

410-318-6625
3211 Clarks Lane
Baltimore 21215
72 units, one-bedroom.

► WESTMINSTER HOUSE

410-837-0180
524 North Charles Street
Baltimore 21218
168 units, efficiencies/
one-bedroom.

► WOODBOURNE WOODS

410-433-7255
1650 Woodbourne Avenue
Baltimore 21239
165 units, efficiencies/
one-bedroom.

► ZION TOWERS*

410-669-3900
1100 Pennsylvania Avenue
Baltimore 21201
210 units, one-bedroom.

**HOUSING -
CONGREGATE
HOUSING****APARTMENTS TO MEET
SPECIAL NEEDS**

Residents live in their own
apartments located in senior
rental apartment buildings and
receive additional services for a
fee. Subsidies are available to
those who are asset and income
eligible. Residents must be able
to live independently with the
supportive services provided.

**► BASILICA PLACE-
CATHOLIC CHARITIES***

667-600-3292

► BELVEDERE GREEN*

410-433-7255

► BERNARD MASON

410-396-0488

**► DEPAUL HOUSE-
CATHOLIC CHARITIES***

667-600-2685

**► N.M. CARROLL
MANOR***

410-669-4270

► ST. ELIZABETH HALL *

410-252-4500, Press 5, Then
Ext. 7385

**► ST. JOACHIM-CATHOLIC
CHARITIES***

667-600-2685

**► ST. LUKE'S PLACE
APARTMENTS-CATHOLIC
CHARITIES***

410-477-3661

**► TRINITY HOUSE-
CATHOLIC CHARITIES***

410-825-5288

**► VILLAGE CROSSROADS
I-CATHOLIC CHARITIES***

410-882-5431

► WEINBERG PLACE*

410-542-4111

► WOODBOURNE WOODS

410-433-7255

See previous section (Housing
Apartments for Seniors) for
addresses.

**HOUSING - ASSISTED
LIVING PROGRAMS**

Provides housing and supportive
services, supervision,
personalized assistance and/
or health-related services to
meet the needs of residents who
are unable to perform activities
of daily living independently,
or who need assistance.
All Assisted Living (AL) Programs
are regulated by the Maryland
Department of Health, Office of
Health Care Quality. They are
licensed to provide a specific
level of care, as follows:

***Level 1: Low Level of Care**

***Level 2: Moderate Level of
Care**

***Level 3: High Level of Care**

***Most facilities also accept
residents at a level of care
lower than the maximum for
which they are licensed.**

Levels of care are determined
by a functional assessment. For
additional services/information
call Maryland Access Point of
Baltimore County at 410-887-
2594 or the Baltimore City Health
Department, Division of Aging
at Maryland Access Point at 410-
396-2273.

All Maryland Assisted Living
programs are required by law to
include a Disclosure Statement
in their marketing materials
and to provide information
upon request. The Disclosure
Statement outlines the services
and policies of the assisted
living program. Each facility
uses the same standardized
form which allows consumers to
easily compare services.

Visit www.health.maryland.gov/ohcq. Click on *Assisted Living*, then click on *Consumer Information Page*. This will provide links to the Provider Service Disclosure Form and a list of licensed assisted facilities as well as additional information.

ASSISTED LIVING: 1-4 RESIDENTS

For a list of homes which house 1 - 4 residents in Baltimore County, call the Maryland Department of Health, Office of Health Care Quality at 410-402-8217, or visit the website at www.health.maryland.gov/ohcq (Licensee Directory). Please refer to Baltimore City's listing in the directory which provides 1-4 resident facilities on page 74.

HOUSING - ASSISTED LIVING: 5-15 RESIDENTS

Live-in residents must be age 18 or older, requiring a level of care for which an Assisted Living is licensed. The Maryland Department of Health, Office of Health Care Quality surveys homes to ensure compliance with the Code of Maryland regulations for Assisted Living programs. In addition, the Baltimore County Health Department provides Environmental Surveys for county locations only. Senior Assisted Housing subsidy (indicated by *) and Medicaid Home and Community Based Services Programs payment may be available, pending grant funds. This list, from OHCQ, is effective as of November 2018.

► 1 STOP ASSISTED LIVING

443-629-2526
1804 Ruxton Avenue
Baltimore 21216
Level unavailable.

► 1 STOP ASSISTED LIVING 2

443-629-2526
1311 Luzerne Avenue
Baltimore 21213
Level unavailable.

► 1 STOP ASSISTED LIVING 5

443-629-2526
2306 West Lanvale Street
Baltimore 21216
Level unavailable.

► 1 STOP ASSISTED LIVING 6

443-629-2526
149 South Hilton Street
Baltimore 21229
Level unavailable.

► 303 N. ROLLING ROAD, LLC*

410-788-6612
303 North Rolling Road
Catonsville 21228
Level 3

► A & W ASSISTED LIVING

410-419-7322
6600 Liberty Road
Baltimore 21207
Level unavailable.

► ACCESS ASSISTED LIVING

443-690-2344
2611 Elsinore Avenue
Baltimore 21216
Level unavailable.

► AFFLUENT LIVING

410-365-6629
4106 Maine Avenue
Baltimore 21207
Level unavailable.

► AGAPE ASSISTED LIVING HOME I

410-325-5940
5706 Denwood Avenue
Baltimore 21206
Level 3

► AGAPE ASSISTED LIVING HOME II

410-488-6926
4610 Eugene Avenue
Baltimore 21206
Level 3

► ALHAMBRA ASSISTED LIVING FACILITY

410-486-8650
5503 Alhambra Avenue
Baltimore 21212
Level 3

► ALL THE BEST CARE ASSISTED LIVING, INC. *

410-205-7353
6 Clarendon Avenue
Pikesville 21208
Level unavailable.

► ALL TOGETHER NETWORK, INC.

410-486-8650
643 Tunbridge Road
Baltimore 21212
Level 3

► ALMOST HOME II ASSISTED LIVING, INC. *

410-448-9499
4813 Gwynn Oak Avenue
Baltimore 21207
Level 3

► ALMOST LIKE HOME

410-367-5521
4202 Maine Avenue
Baltimore 21207
Level 3

► AMBROZEAN ASSISTED LIVING CARE CENTER, INC.

410-367-8800
3800 West Rogers Avenue
Baltimore 21215
Level 3

► AMERICAN HOME CARE AND HEALTH SERVICES ASSISTED

410-563-1460
2914 East Federal Street
Baltimore 21213
Level 3

► AMY'S COMPASSIONATE CARE ASSISTED LIVING

443-538-6932
4415 Buchanan Avenue
Baltimore 21211
Level unavailable.

► ANGEL CORE HOME OF CARE AT PARKMONT

410-485-0605
4304 Parkmont Avenue
Baltimore 21206
Level 2

► ANGELIC HANDS ASSISTED LIVING

410-878-0374
5801 Clover Road
Baltimore 21215
Level 3

► ANGELS AMONG US*

410-365-1633
12820 Eastern Avenue
Baltimore 21220
Level 3

► ANNIE'S HEART OF LOVE

410-689-8111
5410 Hamlet Avenue
Baltimore 21214
Level unavailable.

► APRIL SHOWERS ASSISTED LIVING

FACILITY, INC.
443-801-2920
3621 Gibbons Avenue
Baltimore 21214
Level unavailable.

► ASSISTED LIVING AT BUCKINGHAM MANOR

410-205-7568
4010 Buckingham Road
Baltimore 21207
Level unavailable.

► ASSURANCE CARE PROVIDER SERVICES, LLC

443-857-5012
9100 Meadow Heights Road
Randallstown 21133
Level Unavailable.

► AT EASE AND RENEWED, LLC

410-444-3489
4002 Glenmore Avenue
Baltimore 21206
Level unavailable.

► **AUNT SHUG'S
ASSISTED LIVING #2**

410-367-0517
4313 Belvieu Avenue
Baltimore 21215
Level 2

► **BEA'S BEAUTIFUL
BLESSING, LLC**

443-873-6986
3224 Woodring Avenue
Baltimore 21234
Level 3

► **BEECHWOOD ASSISTED
LIVING, LLC***

410-455-0492
101 North Beechwood Avenue
Catonsville 21228
Level 3

► **BEST CARE ASSISTED
LIVING, LLC***

410-526-2433
639 Main Street
Reisterstown 21136
Level 3

► **BETTY'S & DEBBIE'S
FAMILY PLACE I***

410-254-5828
5411 Walther Avenue
Baltimore 21214
Level 3

► **BEYOND LOVING CARE,
LLC**

410-245-0439
4134 West Forest Park Avenue
Baltimore 21207
Level unavailable.

► **BLESSED HANDS ASSISTED
LIVING, LLC**

443-527-9200
1611 Ramblewood Road
Baltimore 21239
Level unavailable.

► **BLESSED HEART, LLC**

443-642-7266
1812 East 29th Street
Baltimore 21218
Level unavailable.

► **BLESSING AWAY
FROM HOME, A**

410-908-1085
3512 Menlo Drive
Baltimore 21215
Level unavailable.

► **B-MORE ASSISTED
LIVING**

410-233-6747
1933 West Lexington Street
Baltimore 21223
Level unavailable.

► **BRIDGECARE
ASSISTED LIVING, LLC**

410-233-5963
4405 Rokeby Road
Baltimore 21229
Level unavailable.

► **CALMING ACRES II**

410-655-1202
7205 Glenoak Avenue
Baltimore 21234
Level 3

► **CARE BLESSINGS
ASSISTED LIVING, LLC**

410-262-6657
3008 Glenmore Avenue
Baltimore 21214
Level unavailable.

► **CARE MATTERS**

410-664-0462
3604 Grantley Road
Baltimore 21215
Level unavailable.

► **CARE MATTERS
ASSISTED LIVING**

410-653-0846
4003 Buckingham Road
Baltimore 21207
Level unavailable.

► **CARING CORNERS I**

410-496-2589
9217 Allenswood Road
Randallstown 21133
Level 3

► **CARING CORNERS III**

410-496-9843
9208 Allenswood Road
Randallstown 21133
Level 3

► **CARING FOR YOU
ASSISTED LIVING, LLC**

410-233-6380
10 South Gilmor Street
Baltimore 21223
Level 2

► **CARING HEARTS AT
HARFORD, LLC**

443-919-7388
4532 Harford Road
Baltimore 21214
Level unavailable.

► **CARING PLACE, INC.,
A-OAKLEIGH HOUSE***

410-952-2499
7700 Oakleigh Road
Parkville 21234
Level 3

► **CASSIE'S CORNER**

443-865-6665
7007 Brompton Road
Baltimore 21207
Level unavailable.

► **CHANGING TIMES
ASSISTED LIVING, LLC**

443-570-4331
5907 Arabia Avenue
Baltimore 21214
Level unavailable.

► **CHELSEA MANOR, INC.**

443-465-4247
2309 Chelsea Terrace
Baltimore 21216
Level 3

► **CHERYL'S PLACE #1**

410-365-1633
8707 Trumps Mill Road
Baltimore 21237
Level 3

► **CLEM AND DOLL II**

443-804-9556
8335 Liberty Road
Baltimore 21244
Level 3

► **CLEM AND DOLL
ASSISTED LIVING I**

443-804-9556
8337 Liberty Road
Baltimore 21244
Level 3

► **COMFORTS OF HOME III**

443-857-5230
9917 Liberty Road
Randallstown 21133
Level unavailable.

► **CONCORD MEADOWS**

443-527-5273
1128 North Calhoun Street
Baltimore 21217
Level unavailable.

► **DAISY GROUP, THE**

410-367-5768
5247 Reisterstown Road
Baltimore 21215
Level 3

► **DESKY ASSISTED
LIVING, LLC**

410-530-4419
4307 Willshire Avenue
Baltimore 21206
Level unavailable.

► **DIVINE CARE ASSISTED
LIVING, INC.**

410-444-1294
4603 Frankford Avenue
Baltimore 21206
Level unavailable.

► **DIVINE ENLARGEMENT I**

410-804-5806
3127 Clifftmont Avenue
Baltimore 21213
Level unavailable.

► **DULANEY VALLEY
ASSISTED LIVING AT HUNT
VALLEY***

410-252-3430
10815 Powers Avenue
Cockeysville 21030
Level 3

► **DULANEY VALLEY
ASSISTED LIVING, INC.***

410-252-3430
5001 Carroll Manor Road
Baldwin 21013
Level 3

► **EASY LIKE SUNDAY
MORNING**

410-281-9616
4402 Maine Avenue
Baltimore 21207
Level unavailable.

► **EBENEZER HOUSE, LLC**

410-812-8415
5008 Walther Avenue
Baltimore 21214
Level 3

► **ELEMENTS OF RESCUE LIVING**

443-759-2203
1128 Sheridan Avenue
Baltimore 21239
Level unavailable.

► **EMMANUEL'S HOUSE**

410-415-1425
3104 Windsor Avenue
Baltimore 21216
Level 2

► **EMPOWERING LIVES**

410-225-7447
1716 Harlem Avenue
Baltimore 21217
Level 3

► **ERIKA & ERIC HOME OF CARE II**

410-233-5546
2400 Roslyn Avenue
Baltimore 21216
Level 3

► **ESTHER'S PLACE AT MONTEBELLO**

410-254-1010
2831 Montebello Terrace
Baltimore 21214
Level 3

► **EVERGREEN VALLEY ASSISTED LIVING**

410-252-3430
3009 Evergreen Avenue
Baltimore 21214
Level 3

► **EXALT, LLC**

919-473-3429
1703 Montpelier Street
Baltimore 21218
Level unavailable.

► **FERNHILL ASSISTED LIVING**

443-801-3319
4002 Fernhill Avenue
Baltimore 21215
Level unavailable.

► **FLORINE M WALKER ASSISTED LIVING**

443-726-1075
1027 North Mount Street
Baltimore 21217
Level unavailable.

► **FRIENDLY BEST (805)**

443-244-2777
805 Beaumont Avenue
Baltimore 21212
Level unavailable.

► **FRIENDLY BEST CARE**

877-412-1222
801 Beaumont Avenue
Baltimore 21212
Level unavailable.

► **GARRISON ESTATES ASSISTED LIVING, LLC**

443-857-1050
2700 Garrison Boulevard
Baltimore 21216
Level unavailable.

► **GARRISON ESTATES ASSISTED LIVING II, LLC**

443-759-8403
2702 Garrison Boulevard
Baltimore 21216
Level unavailable.

► **GENTAL TOUCH ASSISTED LIVING, LLC**

443-794-0499
3609 East Northern Parkway
Baltimore 21206
Level unavailable.

► **GEORGIE & JETTA LOVING CARE HOME**

443-769-7573
720 East 35th Street
Baltimore 21218
Level 3

► **GIFTED HANDS ASSISTED LIVING, THE**

347-433-2385
2417 Reisterstown Road
Baltimore 21217
Level unavailable.

► **GLORIA FRIEND'S HOME***

410-686-0448
929 Back River Neck Road
Baltimore 21221
Level 3

► **GOLDEN HEARTS ASSISTED LIVING**

410-953-9160
2542 West Lanvale Street
Baltimore 21216
Level unavailable.

► **GOLDEN VIEW ASSISTED LIVING**

410-485-1604
4407 Frankford Avenue
Baltimore 21206
Level unavailable.

► **GRACE & MERCY HOME CARE**

443-858-8390
4131 West Forest Park Avenue
Baltimore 21207
Level 3

► **GRAND OASIS ALF**

410-248-0661
1810 Landrake Road
Towson 21204
Level unavailable.

► **HABAKKUK 2:3 ASSISTED LIVING**

443-627-8498
3817 Reisterstown Road
Baltimore 21215
Level unavailable.

► **HAMPTON MEADOWS, LLC***

410-825-1743
1412 Providence Road
Towson 21286
Level 3

► **HAVEN OF REFUGE ASSISTED LIVING, LLC**

443-438-5926
701 East 43rd Street
Baltimore 21212
Level unavailable.

► **HAWKINS CHRISTIAN CARE HOME**

410-947-5003
802 Walnut Avenue
Baltimore 21229
Level 3

► **HEARTFELT CARE PROVIDERS, LLC**

443-759-6132
3505 Windsor Mills Road
Baltimore 21216
Level 3

► **HEARTFELT CARE PROVIDERS AT WENWORTH 2**

443-348-5127
4413 Wentworth Road
Baltimore 21207
Level unavailable.

► **HEAVEN SENT ASSISTED LIVING, LLC**

443-835-3237
4411 Frankford Avenue
Baltimore 21206
Level unavailable.

► **HEAVENLY GRACE ASSISTED LIVING #2***

443-271-0884
3201 Windsor Avenue
Baltimore 21216
Level 3

► **HELPFUL HANDS, LLC**

410-390-8055
3403 Southern Avenue
Baltimore 21214
Level unavailable.

► **HELPING HANDS RESIDENTIAL CARE**

443-630-2900
1812 Guilford Avenue
Baltimore 21202
Level unavailable.

► **HOME AWAY FROM HOME, A**

443-854-8835
4309 Liberty Heights Avenue
Baltimore 21207
Level unavailable.

► **HOME CARE SERVICES, LLC**

443-909-9567
3509 Greenmount Avenue
Baltimore 21218
Level unavailable.

► **HOME OF TENDER CARE, LLC**

410-448-5685
5315 Norwood Road
Baltimore 21207
Level 3

► **HOMESTYLE ASSISTED LIVING, LLC***

410-521-5616
6729 Windsor Mill Road
Gwynn Oak 21207
Level 3

► **HOMES WITH CARE**

443-844-1496
5213 Windsor Mill Road
Baltimore 21207
Level unavailable.

► **HONOR & CHERISH**

410-466-2144
3615 Gwynn Oak Avenue
Baltimore 21207
Level unavailable.

► **HOPE A HOME OFFERS OPPORTUNITY FOR EACH OTHER, INC.**

443-204-2290
607 Woodbourne Avenue
Baltimore 21212
Level 3

► **HOUSE OF HELPING HANDS, LLC**

443-310-0047
1804 Ashburton Street
Baltimore 21216
Level 2

► **HOUSE OF HELPING HANDS II**

443-310-0047
1800 Ashburton Street
Baltimore 21216
Level unavailable.

► **HOUSE OF PEACE**

410-542-1797
3725 Belle Avenue
Baltimore 21215
Level 3

► **HOUSE OF VICTORY APOSTOLIC HOME CARE**

410-732-3105
3001 Belair Road
Baltimore 21213
Level 3

► **HOWELL'S CARE**

443-762-3211
3418 Piedmont Avenue
Baltimore 21216
Level unavailable.

► **INDIA & HEARTS, LLC**

443-629-9697
5303 Sipple Avenue
Baltimore 21206
Level unavailable.

► **ISAIAH 43:19 ASSISTED LIVING**

410-457-7446
2631 Quantico Avenue
Baltimore 21215
Level 3

► **JAN'S HOUSE**

443-416-7153
2709 Roslyn Avenue
Baltimore 21216
Level unavailable.

► **J.L. CARE ENTERPRISES, LLC***

410-719-8520
601 Aldershot Road
Baltimore 21229
Level 3

► **JOHN 8:12 ASSISTED LIVING**

410-457-7446
2535 Park Heights Terrace
Baltimore 21215
Level 3

► **JONES-WILLIAMS FAMILY CARE, INC.**

410-462-1542
3716 Park Heights Avenue
Baltimore 21215
Level 3

► **JOSHUA 14-15 ASSISTED LIVING**

410-457-7446
2533 Park Heights Terrace
Baltimore 21215
Level unavailable.

► **JOSHUA 22-5 ASSISTED LIVING**

410-457-7446
1308 North Linwood Avenue
Baltimore 21213
Level unavailable.

► **JOY VILLA**

443-415-8427
506 Cording Avenue
Baltimore 21212
Level 2

► **JOYOUS LIVING, INC.***

410-344-0020
11130 Philadelphia Road
White Marsh 21162
Level 3

► **JOY'S BLESSING I**

410-521-1159
3919 Innerdale Court
Randallstown 21133
Level 3

► **JOY'S BLESSING II**

410-496-2135
4122 Tiverton Road
Randallstown 21133
Level 3

► **JULIE'S MANOR**

443-447-2583
2901 Gibbons Avenue
Baltimore 21214
Level unavailable.

► **K and R'S ASSISTED LIVING**

443-310-8586
1660 Roundhill Road
Baltimore 21218
Level unavailable.

► **KARIMA'S PLACE II**

410-233-5500
2431 Arunah Avenue
Baltimore 21216
Level 2

► **LIFESPRING, LLC***

410-744-0934
2200 Pleasant Villa Avenue
Catonsville 21228
Level 3

► **LIFETIME SERENITY ASSISTED LIVING**

410-358-4400
3304 Menlo Drive
Baltimore 21215
Level unavailable.

► **LIVE WELL ASSISTED LIVING SPRINGDALE**

443-869-4004
4212 Springdale Avenue
Baltimore 21207
Level 3

► **LOVE 2 CARE**

443-438-7105
3810 Fernhill Avenue
Baltimore 21215
Level unavailable.

► **LOVING TOUCH PERSONAL CARE, INC**

410-944-5451
2229 Southland Road
Baltimore 21207
Level unavailable.

► **LUCILLE ASSISTED LIVING**

410-624-7140
3506 Lucille Avenue
Baltimore 21215
Level unavailable.

► **LYLA HAVEN SOUTH**

443-250-5043
925 Bridgeview Road
Baltimore 21225
Level unavailable.

► **MA MAISON I, LLC***

410-248-0545
9404 Belair Road
Baltimore 21236
Level 3

► **MA MAISON II, INC.***

410-248-0545
9402 Belair Road
Baltimore 21236
Level 3

ASSISTED LIVING FACILITIES FOR 1-4 RESIDENTS IN BALTIMORE CITY

Information provided courtesy of the Baltimore City Health Department, Division of Aging

For additional information, please contact **Baltimore City MAP** at **410-396-2273**.

21201

Comfort City Assisted Living
240-444-9606

21205

Golden Gatz
410-522-3519

M & G's Total Tender Loving Care
410-342-8152

Norma's House
410-675-9307

21206

Adassa Assisted Living
410-814-7042

All About You Assisted Living
410-963-5878

Butterfly Nest Assisted Living
410-336-5423

C&L Quality Home Care III
410-488-4025

Dee's House of Care
410-426-3465

Friendly Brooke Home Care
410-426-7603

House of TLC
443-759-5346

Irene's Manor
667-239-3138

Just Like Home
443-616-9784

Keeping People Smiling
443-552-6216

Lacy's Assisted Living
410-483-0198

Margaret's Manor
443-708-3717

New Horizon, LLC
443-682-8644

Norma's Place
410-325-3847

Open Heaven's Assisted Living 2
410-444-4903

Pleasant Care
410-325-8174

Sabbath Place
443-844-7815

Timothy's Manor
443-955-1158

Uhh Wee, We Care
410-325-7256

21207

Hummingbird Assisted Living, LLC
410-466-1720

Lashaw Gloria Home Care
410-370-0705

Pleasant Hope
410-664-0911

Prayer Changes Everything
410-542-0583

Touch of Love
410-868-0490

21209

Peace of Mind Assisted Living
443-889-1663

21212

Because We Care LLC
443-629-9311

Better Ways Assisted Living
410-617-8913

C & L Quality Home Care
410-532-6829

Destiny's Place
443-386-5323

Third Generation Care
410-323-4989

21213

1 Stop Assisted Living
443-629-2526

All About Caring
410-327-6023

Angelic Care
410-325-1009

Caring for You 2 & 3
410-401-0341
443-857-6731

Charlie's Angels Assisted Living 1, 2 & 3
443-801-6994

Elaine's Home
443-378-9079

Heart of Angels
443-768-5330

Home for the Blessed Ones Assisted Living
410-483-6040

Latisha Thomson Assisted Living Care
443-230-6319

Montford Assisted Living
443-983-9918

My Daughter's Place
443-913-5119

My Family and Yours
443-362-2216
443-545-8340

Sensitive Hearts Assisted Living
443-545-9340

Strength to Love
667-930-3625

Treasured Loved Ones Home Care LLC
443-559-2150

21214

Cozy House
410-319-7400

Justin's Assisted Living
410-804-7024

Kastle's Keep Assisted Living
202-656-9083

Westfield
443-622-7576

21215

ADAL
336-655-2667

All in the Family
443-204-2290

Ann's Place
410-664-2633

Aunt Shug's Assisted Living
410-367-2166

Best Care
410-542-4842

Capital Assisted Living Program
410-466-6433

Harmony House I
410-664-8034

Harrison's Home Care
410-952-9521

Home Away From Home 2
443-570-9925

Joy Assisted Living
410-578-1230

ASSISTED LIVING FACILITIES FOR 1-4 RESIDENTS IN BALTIMORE CITY

Information provided courtesy of the Baltimore City Health Department, Division of Aging
For additional information, please contact **Baltimore City MAP** at 410-396-2273.

Keemer Kare 410-504-9601	<u>21217</u> 1 Stop Assisted Living 4 443-629-2526	<u>21223</u> B-More Assisted Living 410-233-6747	NU Directions Assisted Living 410-617-0331
Loving Care Home 410-367-5394	Gaddy's Assisted Living 410-207-6174	Heart of the Phoenix 443-572-1094	Unity House Assisted Living 443-708-3462
Mumsey's Assisted Living 410-655-1555	House of Harmony LLC 443-438-7507	Just Like Home 410-800-9957	<u>21231</u> Holly's Haven 443-633-1768
Reliable Quality Care 443-983-3036	Open Arms Assisted Living LLC 443-938-7878	Love & Faith Home Care 443-802-0991	<u>21234</u> Hawkins House 410-426-4985
Shelton Personal Care 410-542-6545	<u>21218</u> Christ Home of Love and Care 410-366-3688	<u>21229</u> ABH Assisted Living 410-804-0573	<u>21239</u> C & L Quality Home Care II 410-296-8793
<u>21216</u> Allen House 410-485-1631	Comfort Zone Assisted Living 410-814-2855	A Place for Me 410-448-2431	For Those Who Serve 410-236-1875
AW Quality Care II 443-271-8159	Easter Adult Care, Inc. 443-463-7717	Caring Hearts Senior Living 443-438-5767	Golden Age Inn 410-464-0796
Brinkley Care Assisted Living 443-872-4302	Hanson's Home Care I & II 410-598-0901 410-235-1895	Cozy Cove Home Care 410-500-4591	Heavenly Grace Assisted Living 443-271-0884
Harmony's House 443-628-8224	House of Nobles 443-615-1540	Edna W. Cox Tranquil Pathway House 1 & 2 410-947-5755 410-842-3661	Jenny's Home Care 410-632-7524
House of Loving Hands 410-945-1594	Kinfolk Assisted Living 410-243-3076	Gneale Home Care 443-570-1808	Peachtree Manor 410-433-3622
Karima's Place II 410-233-5500	Komfort and Kare, Inc. 443-454-9555	He Ain't Heavy Assisted Living 410-258-7632	Pinkett's Assisted Living LLC 410-233-5231
Key to Heart 443-226-6902	Patricia's Assisted Love Care Home 410-338-0328	Lily Ridge Assisted Living 443-835-3142	Sara's Christian Home 410-433-8323
Passionate Pursuits 410-466-2356	Sel's Place 410-366-7781	Linz Assisted Living 410-566-4969	Tamara Loving Care 410-435-8549
PHO Assisted Living 410-233-6346	Step from Home 443-414-2503	My Second Home II 410-362-6409	Tender Touch Assisted Living 443-438-6099
Ray of Light 410-493-6133	Third Generation Care 410-323-4989		The Belvedere II 443-570-9064
Rose's of Life 410-601-0150			
We Care Home Care 443-278-5241			



LIGHT

LEADING INNOVATION FOR A GREEN AND HEALTHY TOMORROW
A Baltimore City Collaborative

The LIGHT Program provides a one-stop shop to access the services of Baltimore Housing and Community Development's Division of Homeownership & Housing Preservation. You can apply for any of the three grant and loan programs listed below with a single LIGHT application. When you do, you'll be screened for more than sixty other programs and benefits offered by public and nonprofit agencies. Then, a LIGHT case manager will help connect you to and coordinate the services for which you are eligible, and which match your needs.

Services

Eligibility Requirements

Energy Conservation

Energy-efficiency improvements that lower utility bills and make homes safer and more comfortable.

- Attic insulation
- Caulking/air sealing
- Weather stripping doors/windows
- Heating system tune-up/repair
- Pipe and hot water heater wraps
- Compact fluorescent light bulbs

Household Size	Annual Income
1	\$24,280
2	\$32,920
3	\$41,560
4	\$50,200
5	\$58,840
6	\$67,480
7	\$76,120
8	\$84,760

Lead Hazard Reduction

Lead remediation for eligible owner- and tenant-occupied properties. Household must include a pregnant woman or child age under 6.

- Door and window treatment and replacement
- Floor treatment
- Paint removal, stabilization and repainting
- Heating system tune-up/repair
- Other measures to reduce the risk of lead paint

Household Size	Annual Income
1	\$50,350
2	\$57,550
3	\$64,750
4	\$71,900
5	\$77,700
6	\$86,400
7	\$98,750
8	\$111,850

Housing Rehabilitation

Repairs that address emergencies, code violations, and health and safety issues for owner-occupied properties.

- Roof repair
- Water and sewer line repair
- Furnace replacement
- Electrical repair
- Disability accessibility
- Plumbing repair

Household Size	Annual Income
1	\$50,350
2	\$57,550
3	\$64,750
4	\$71,900
5	\$77,700
6	\$86,400
7	\$98,750
8	\$111,850

For an application or questions please contact the LIGHT Program at **410-396-3023**

www.baltimorehousing.org/ghsh_light



Catherine E. Pugh
Mayor of Baltimore City



Michael Braverman
Commissioner

BUY A HOME IN BALTIMORE CITY!



The Baltimore Homeownership Incentive Program is specifically tailored for Baltimore City homebuyers. From Vacants to Value Booster to Live Near Your Work to Buying Into Baltimore, there's an incentive for everyone. What's also nice about B-HiP is that eligible homebuyers can layer incentive programs.

Now that's something to get excited about!

HERE ARE THE DETAILS:

V2V \$10,000 HOMEOWNERSHIP PROGRAM

Eligible homebuyers can get \$10,000 towards closing costs for the purchase of a formerly vacant home. Home must have had a vacant building notice for at least one year prior to rehabilitation. In addition, Seller must provide a Use and Occupancy Certificate before settlement.

Email: Earnestine.Carter@baltimorecity.gov

BUYING INTO BALTIMORE PROGRAM

The Buying into Baltimore incentive has been increased from \$4,000 to \$5,000. LiveBaltimore conducts 4 Buy Into Baltimore tours each year distributing 25 loans per event. The number of incentives awarded has been increased to 100 per year. Visit: www.LiveBaltimore.com

Email: Earnestine.Carter@baltimorecity.gov

LIVE NEAR YOUR WORK (LNYW)

The City of Baltimore matches participating employers up to \$2,500.

Email: Daibeth.Saunders@baltimorecity.gov

COMMUNITY DEVELOPMENT BLOCK GRANT

For first-time home buyers with total family income at or below 80% of the area median income, \$5,000 in down payment and closing cost assistance is available.

Email: Brenda.Winston@baltimorecity.gov

BALTIMORE CITY EMPLOYEE HOMEOWNERSHIP PROGRAM

The incentive for City employees has been increased from \$3,000 to \$5,000.

Email: Tanika.Owens@baltimorecity.gov

For more information about B-HiP, call **410-396-3124** or visit **vacantstovalue.org** or **LiveBaltimore.com**.



► **MA MAISON III, INC.***
410-248-0545
9412 Belair Road
Baltimore 21236
Level 3

► **MABEL'S HOUSE ASSISTED LIVING**
443-983-1188
4205 Liberty Heights Avenue
Baltimore 21215
Level unavailable.

► **MAGNOLIA MANOR**
410-788-9146
900 South Rolling Road
Catonsville 21228
Level 3

► **MAINE MANOR, LLC**
732-668-6258
4511 Maine Avenue
Baltimore 21207
Level unavailable.

► **MAPLEBROOK HOME, THE**
410-922-4646
8912 Maplebrook Road
Randallstown 21133
Level 3

► **MARIE'S COMFORT & CARE II, LLC**
410-292-2090
3925 Maine Avenue
Baltimore 21207
Level 3

► **MARLEA MANOR**
410-592-8418
4405 Raspe Avenue
Baltimore 21206
Level 3

► **MARLYN PLACE, INC.***
410-365-1633
951 North Marlyn Avenue
Baltimore 21221
Level 3

► **MARYLAND LIVING, INC.**
443-680-7231
4610 Springdale Avenue
Baltimore 21207
Level 3

► **MARYLAND LIVING, A**
443-680-7231
4013 Kathland Avenue
Baltimore 21207
Level unavailable.

► **MASONS PARADISE MANOR ASSISTED LIVING**
443-438-4735
3300 Alto Road
Baltimore 21216
Level unavailable.

► **MATTHEW 6-14 ASSISTED LIVING**
410-457-7446
1510 North Ellwood Avenue
Baltimore 21213
Level unavailable.

► **MAYFIELD HOUSE**
410-788-9919
123 Fairfield Drive
Catonsville 21228
Level 3

► **MDC ASSISTED LIVING, LLC**
202-365-8421
4806 Crenshaw Avenue
Baltimore 21206
Level unavailable.

► **MEN ON THE MOVE ASSISTED LIVING**
301-512-0749
1010 Walnut Avenue
Baltimore 21229
Level unavailable.

► **MILFORD MANOR**
443-873-8841
3623 Milford Avenue
Baltimore 21207
Level unavailable.

► **MILLENNIUM ASSISTED LIVING, THE**
443-983-3581
1419 Kitmore Road
Baltimore 21239
Level unavailable.

► **MISSION POSSIBLE**
443-388-9938
3715 Gwynn Oak Avenue
Baltimore 21207
Level unavailable.

► **MISSION POSSIBLE 2**
443-388-9938
4012 Springdale Avenue
Baltimore 21207
Level 2

► **MOHAWK MANOR**
443-226-0139
3616 Gwynn Oak
Baltimore 21207
Level unavailable.

► **MOHAWK MANOR 2**
443-226-0139
5611 Magnolia Avenue
Baltimore 21215
Level unavailable.

► **MOHAWK MANOR 3**
443-226-0139
3602 Mohawk Avenue
Baltimore 21207
Level unavailable.

► **MOHAWK MANOR 4**
443-226-0139
4000 Spruce Avenue
Baltimore 21215
Level unavailable.

► **MOHAWK MANOR 5**
443-226-0139
5601 Magnolia Avenue
Baltimore 21215
Level unavailable.

► **MORELAND ASSISTED LIVING**
443-866-4389
1628 Moreland Avenue
Baltimore 21216
Level unavailable.

► **MOSLEY CARE PROVIDER, INC.**
410-655-2685
3515 Melody Lane
Baltimore 21244
Level unavailable.

► **MSC FAMILY CARE**
410-814-3302
4400 Belvue Avenue
Baltimore 21215
Level 3

► **MUMSEY'S RESIDENTIAL CARE**
410-466-3293
3512 Devonshire Drive
Baltimore 21215
Level unavailable.

► **MY CARING ASSISTED LIVING**
410-466-4597
4008 Boarman Avenue
Baltimore 21215
Level 3

► **MY CARING HANDS, LLC**
443-739-9922
4707 Renwick Avenue
Baltimore 21206
Level unavailable.

► **MY HOUSE 2**
410-484-8720
6612 Dalton Drive
Baltimore 21207
Level unavailable.

► **NA'S PLACE, A HAVEN OF REST, INC.***
410-682-3540
1604 Browns Road
Baltimore 21221
Level 3

► **NATURAL CULTURAL LIVING, LLC**
443-682-4407
4205 Penhurst Avenue
Baltimore 21215
Level unavailable.

► **NEW HORIZONS ALF**
443-807-9878
2726 Reisterstown Road
Baltimore 21225
Level unavailable.

► **NEWTON MANOR ASSISTED LIVING**
443-449-1794
2424 West Rogers Avenue
Mount Washington 21209
Level unavailable.

► **NEWTON MANOR
ASSISTED LIVING 2, LLC**

443-449-1794
5706 Woodcrest Avenue
Baltimore 21215
Level unavailable.

► **NEXT OF KIN ASSISTED
LIVING**

410-949-6099
3325 West Northern Parkway
Baltimore 21215
Level unavailable.

► **NORTH OAKS
RETIREMENT COMMUNITY**

410-484-7300
725 Mount Wilson Lane
Baltimore 21208
Level 3

► **NOTTINGHAM PLACE**

667-309-6810
3824 Deckerts Lane
Baltimore 21236
Level unavailable.

► **OK FAMILY CARE
ASSISTED LIVING**

410-601-3359
6650 Belair Road
Baltimore 21206
Level unavailable.

► **OPEN ARMS**

443-442-3038
5404 Belair Road
Baltimore 21206
Level unavailable.

► **OPENING HANDS
WITH CARE**

410-504-3713
3612 Howard Park Avenue
Baltimore 21207
Level unavailable.

► **OUR HOUSE IS A
HOME**

410-660-1043
1029 Rockhill Avenue
Baltimore 21229
Level unavailable.

► **PAL-AT BELL-CARE, A**

667-212-4484
4002 Belle Avenue
Baltimore 21215
Level unavailable.

► **PALMER HOME CARE
FACILITY, INC.**

410-542-8511
3820 West Coldspring Lane
Baltimore 21215
Level 3

► **PARK HEIGHTS
ASSISTED LIVING**

443-271-2606
3827 Park Heights Avenue
Baltimore 21215
Level unavailable.

► **PASSIONATE ASSISTED
LIVING**

410-790-2712
5911 Loch Raven
Baltimore 21239
Level unavailable.

► **PEACE AND LOVE
ASSISTED LIVING
CENTER, LLC**

410-800-6545
3913 Fairview Avenue
Baltimore 21216
Level unavailable.

► **PEACE AND SERENITY
ASSISTED LIVING**

410-262-4129
4010 Southern Avenue
Baltimore 21206
Level 1

► **PERFECT FIT ASSISTED
LIVING, A**

410-521-2650
9700 Ames Court
Randallstown 21133
Level unavailable.

► **PHIL 4:13 ASSISTED
LIVING**

410-457-7446
3825 Park Heights Avenue
Baltimore 21215
Level 3

► **PHIL 4:6-7 ASSISTED
LIVING**

410-457-7446
1511 North Ellwood Avenue
Baltimore 21213
Level unavailable.

► **PHO ASSISTED LIVING II**

410-225-3790
3125 Gwynns Falls Parkway
Baltimore 21216
Level 3

► **PHO ASSISTED
LIVING III**

410-566-2069
1116 North Bentalou Street
Baltimore 21216
Level 3

► **PHOENIX RISING,
LLC**

443-315-6152
6511 Rosemont Avenue
Baltimore 21206
Level 3

► **P.J.'S HOUSE OF CARE**

410-466-9022
2909 Woodland Avenue
Baltimore 21215
Level 3

► **PLEASANT
GARDEN-CLOVER**

410-870-0758
5426 Clover Road
Baltimore 21215
Level 3

► **PLEASANT
GARDEN-GLENMORE**

410-870-0758
3603 Glenmore Avenue
Baltimore 21206
Level 3

► **PLEASANT
GARDEN-PINEWOOD**

410-868-7568
3711 Pinewood Avenue
Baltimore 21206
Level 3

► **PLEASANT GARDEN I**

410-870-0758
409 South Chapelgate Lane
Baltimore 21229
Level 3

► **PLEASANT GARDEN II**

410-870-0758
411 South Chapelgate Lane
Baltimore 21229
Level 3

► **POPLAR GROVE
ASSISTED LIVING**

717-487-7945
1107 Poplar Grove Street
Baltimore 21216
Level unavailable.

► **PRAYER CHANGES
EVERYTHING ASSISTED
LIVING II**

410-542-0583
4305 Penhurst Avenue
Baltimore 21215
Level 3

► **QUALITY CARE AT
BUCKINGHAM MANOR
ASSISTED LIVING**

443-898-8152
4012 Buckingham Road
Gwynn Oak 21207
Level 3

► **QUALITY OF LIFE
ASSISTED LIVING**

410-365-4222
2125 Homewood Avenue
Baltimore 21218
Level 3

► **QUANTICO ASSISTED
LIVING**

443-271-2606
2606 Quantico Avenue
Baltimore 21215
Level unavailable.

► **QUEENSBURY
ASSISTED LIVING**

443-866-4389
5028 Queensbury Avenue
Baltimore 21215
Level unavailable.

► **R & L ASSISTED LIVING**

410-361-0323
2504 W Forest Park Avenue
Baltimore 21215
Level unavailable.

► **RAY OF LIGHT, LLC, A**

410-493-6133
11 South Abington Avenue
Baltimore 21229
Level unavailable.

► **RENEWED EASE - A
CHRISTIAN HOME, LLC**

410-435-0083
712 Cator Avenue
Baltimore 21218
Level 3

► **RISING CARE
INCORPORATED, A**

301-728-9987
2749 West North Avenue
Baltimore 21216
Level unavailable.

► **RISING SUN ASSISTED
LIVING I**

443-271-9541
8419 Allenswood Road
Randallstown 21216
Level unavailable.

► **RISING SUN ASSISTED
LIVING II**

443-271-9541
7204 Barlow Court
Windsor Mill 21244
Level unavailable.

► **RISING SUN ASSISTED
LIVING III**

443-271-9541
4816 Old Court Road
Randallstown 21133
Level unavailable.

► **ROYAL HEART ASSISTED
LIVING FACILITY**

443-570-2706
3604 White Avenue
Baltimore 21206
Level unavailable.

► **ROYAL STAR ASSISTED
LIVING**

267-455-3365
1611 Chilton Street
Baltimore 21218
Level unavailable.

► **RUTH'S COMFORT &
CARE ASSISTED LIVING**

410-466-6887
5808 Merville Avenue
Baltimore 21215
Level 3

► **SECOND GENESIS III**

443-463-0449
3737 Courtleigh Drive
Randallstown 21133
Level 3

► **SEFTON HOME CARE**

410-426-4869
6007 Sefton Avenue
Baltimore 21214
Level 3

► **SENIORITY LIVING**

443-674-3081
3605 Hillsdale Road
Baltimore 21207
Level unavailable.

► **SERENITY GARDEN
MANOR CORPORATION**

410-362-8832
2311 Roslyn Avenue
Baltimore 21216
Level 3

► **SERENITY GRACE
ASSISTED LIVING**

660-349-7921
6025 Alta Avenue
Baltimore 21206
Level unavailable.

► **SERENITY MANOR AT
GWYNN OAK**

443-801-3134
5216 Gwynn Oak Avenue
Baltimore 21207
Level unavailable.

► **SHINING MOON'S
ELDER CARE ALF**

410-337-0525
1310 Dulaney Valley Road
Towson 21286
Level 3

► **SOMEONE ALWAYS
WATCHING OVER YOU, LLC**

443-708-7475
5805 Bland Avenue
Baltimore 21215
Level unavailable.

► **ST. CHARLES PLACE,
INC.**

410-664-2196
5246 Saint Charles Avenue
Baltimore 21215
Level 3

► **ST. PAUL ASSISTED
LIVING**

443-812-6161
2128 Saint Paul Street
Baltimore 21218
Level 3

► **STEPPING STONE
ASSISTED LIVING**

443-794-2253
3410 Woodbine Avenue
Baltimore 21207
Level unavailable.

► **STUMP'S HOME, INC.**

410-367-5513
2301 Oswego Avenue
Baltimore 21215
Level 3

► **SUNSHYNE HOMES
ASSISTED LIVING, LLC**

667-309-6349
5256 Cordelia Avenue
Baltimore 21215
Level unavailable.

► **SWEET REST AND CARE
II, INC.**

410-669-7200
3010 Clifton Avenue
Baltimore 21216
Level 3

► **SWEET P'S JOYCEFUL**

443-680-8644
3603 Rexamere Road
Baltimore 21212
Level unavailable.

► **T&F ASSISTANT LIVING**

410-682-6987
880 West Lombard Street
Baltimore 21201
Level unavailable.

► **T&T ASSISTED LIVING**

410-466-2551
4309 Belview Avenue
Baltimore 21215
Level 3

► **T&T ASSISTED LIVING II**

443-794-2253
4310 Belview Avenue
Baltimore 21215
Level unavailable.

► **TAMARA LOVING CARE
LLC**

410-435-8549
1305 Sherwood Avenue
Baltimore 21239
Level unavailable.

► **TAYLOR & JACKIE
ASSISTED LIVING II**

443-449-7024
3503 Hamilton Avenue
Baltimore 21214
Level unavailable.

► **TAYLOR CARE, LLC**

443-676-5999
4119 Penhurst Avenue
Baltimore 21215
Level 3

► **TAYLOR CARE II**

443-676-5999
4115 Penhurst Avenue
Baltimore 21215
Level unavailable.

► **TAYLOR CARE III**

443-676-5999
4208 Penhurst Avenue
Baltimore 21215
Level unavailable.

► **TAYLOR CARE IV**

443-676-5999
4113 Penhurst Avenue
Baltimore 21215
Level unavailable.

► **TAYLOR GARDENS
SENIOR LIVING**

443-768-3696
3813 West Coldspring Lane
Baltimore 21215
Level unavailable.

► **TAYLOR MADE
ASSISTED LIVING
CENTER II**

410-299-2016
1714 East 33rd Street
Baltimore 21218
Level 3

► **TENDER LOVE & CARE**

410-254-5948
1629 East 31st Street
Baltimore 21218
Level 3

**► TRINITY ARMS
ASSISTED LIVING**

443-708-1280
4122 Duvall Avenue
Baltimore 21216
Level unavailable.

**► TRINITY ARMS
ASSISTED LIVING II**

301-905-7578
2800 Mosher Street
Baltimore 21216
Level 2

► TYRELL'S HOUSING, LLP

410-701-7702
3425 Chapman Road
Randallstown 21133
Level 3

**► ULTIMATE CARE
ASSISTED LIVING**

240-353-9509
5005 Sipple Avenue
Baltimore 21206
Level unavailable.

**► UNLIMITED SOLUTIONS
ADULT CARE II, LLC**

410-892-5160
1346 Kitmore Road
Baltimore 21239
Level unavailable.

**► VILLA AT CAMPFIELD,
THE**

410-484-2478
7117 Campfield Road
Baltimore 21207
Level 2

**► VISION CARE ASSISTED
LIVING**

410-945-9510
2127 Mount Holly Street
Baltimore 21216
Level unavailable.

► VISION OF GLORY

410-523-8698
2235 Brookfield Avenue
Baltimore 21217
Level unavailable.

**► VORIZEN ASSISTED
LIVING II**

410-580-1309
825 Milford Mill Road
Pikesville 21208
Level 3

► WASHINGTON'S NEST

410-254-6407
3006 Beverly Road
Baltimore 21214
Level 3

**► WATERFALLS OF
CATONSVILLE, LLC, THE**

321-205-7268
305 North Rolling Road
Catonsville 21228
Level unavailable.

**► WAWG II ASSISTED
LIVING, LLC**

443-955-2234
1116 Stockton Street
Baltimore 21217
Level unavailable.

► WE CARE FIRST, LLC

443-846-2031
2902 Bayonne Avenue
Baltimore 21214
Level unavailable.

**► WEST WAY ASSISTED
LIVING**

443-220-7193
5252 Saint Charles Avenue
Baltimore 21215
Level 3

**► WHITELOCK ASSISTED
LIVING**

443-271-2606
831 Whitelock Street
Baltimore 21212
Level unavailable.

**► WOODHOLME MANOR,
LLC***

410-415-5873
101 Woodholme Avenue
Pikesville 21208
Level 3

► WYLIE ASSISTED LIVING

443-801-3319
3027 Wylie Avenue
Baltimore 21215
Level unavailable.

**HOUSING - ASSISTED
LIVING - 16+
RESIDENTS**

See Memory Care and Respite
Care Services.

This category provides housing options for frail adults in facilities with 16 or more individuals. These facilities receive regular monitoring by state and local government agencies. See RETIREMENT COMMUNITIES for additional Assisted Living programs. Some facilities specialize in caring for residents with Alzheimer's disease or memory impairment. Information below was obtained from OHCQ. Please contact the facility for additional information.

► ALL SETTLED INN, INC.

410-367-1842
4301 Belvue Avenue
Baltimore 21215
16 Units, Level unavailable.

**► ARDEN COURTS OF
PIKESVILLE**

410-415-5600
8909 Reisterstown Road
Pikesville 21208
45 units, Level 3

**► ARDEN COURTS OF
TOWSON**

410-847-9400
8101 Bellona Avenue
Towson 21204
60 units, Level 3

► ATRIUM VILLAGE

410-363-0330
4730 Atrium Court
Owings Mills 21117
93 units, Level 3

**► AUGSBURG LUTHERAN
HOME MARYLAND**

410-486-4573
6811 Campfield Road
Baltimore 21207
64 units, Level 3

**► BEST CARE ASSISTED
LIVING, LLC, SITE 64**

410-596-5863
64 Main Street
Reisterstown 21136
20 units, Level unavailable.

**► BLAKEHURST
RETIREMENT
COMMUNITY**

410-296-2900
1055 West Joppa Road
Towson 21204
35 units, Level unavailable.

**► BRIGHTVIEW
CATONSVILLE**

410-788-5001
912 South Rolling Road
Catonsville 21228
95 units, Level 3

**► BRIGHTVIEW MAYS
CHAPEL RIDGE**

410-628-2100
12261 Roundwood Road
Lutherville-Timonium 21093
89 units, Level 3

**► BRIGHTVIEW PERRY
HALL**

410-529-1903
9657 Belair Road
Nottingham 21236
65 units, Level 3

**► BRIGHTVIEW ROLLING
HILLS**

443-840-9154
848 South Rolling Road
Catonsville 21228
69 units, Level unavailable.

► BRIGHTVIEW TOWSON

410-296-3320
20 East Burke Avenue
Baltimore 21284
100 units, Level 3



► **BRIGHTVIEW WHITE MARSH**

410-668-1588
8100 Rossville Boulevard
Baltimore 21236
99 units, Level 3

► **BROADMEAD, INC.**

443-578-8020
13801 York Road
Cockeysville 21030
30 units, Level unavailable.

► **BROOKDALE PIKEVILLE**

410-580-0892
1840 Reisterstown Road
Pikesville 21208
116 units, Level 3

► **BROOKDALE TOWSON**

410-377-2100
6451 North Charles Street
Towson 21212
92 units, Level 3

► **CARITAS HOUSE ASSISTED LIVING**

667-600-2660
3308 Benson Avenue
Baltimore 21227
60 units, Level 2

► **CHARLESTOWN RENAISSANCE GARDENS TERRACE**

410-737-8838
709 Maiden Choice Lane
Catonsville 21228
199 units, Level 3

► **CHARLOTTE HALL VETERANS HOME**

301-884-8171
240-577-7009 (Admissions Direct Line)
www.charhall.org
29449 Charlotte Hall Road
Charlotte Hall 20622
168 units, Level 3
Income based assisted living, LTC nursing, rehabilitation and memory care.

► **COLLEGE MANOR**

410-252-0440
300 West Seminary Avenue
Lutherville 21093
99 units, Level 3

► **COTTAGES OF PERRY HALL 9900, THE**

410-529-9400
9900 Walther Boulevard
Baltimore 21234
16 units, Level unavailable.

► **COTTAGES OF PERRY HALL 9902, THE**

410-529-9400
9902 Walther Boulevard
Baltimore 21234
16 units, Level unavailable.

► **COTTAGES OF PERRY HALL 9904, THE**

410-529-9400
9904 Walther Boulevard
Baltimore 21234
16 units, Level unavailable.

► **COTTAGES OF PERRY HALL 9906, THE**

410-529-9400
9906 Walther Boulevard
Baltimore 21234
16 units, Level unavailable.

► **EDENWALD**

410-339-6000
800 Southerly Road
Towson 21286
88 units, Level 2

► **ESTHER'S PLACE AT STRATHMORE**

410-254-1010
2901 East Strathmore Avenue
Baltimore 21214
16 units, Level 3

► **ESTHER'S PLACE, INC.**

410-254-1010
2926 Harford Road
Baltimore 21218
40 units, Level 3

► **ESTHER'S PLACE – PINWOOD**

410-254-1010
2802 Pinewood Avenue
Baltimore 21214
16 units, Level 3

► **GLEN MEADOWS RETIREMENT COMMUNITY**

410-319-5033
11630 Glen Arm Road
Glen Arm 21057
48 units, Level 3

► **GLYNN TAFF ASSISTED LIVING**

410-744-4977
5741 Edmondson Avenue
Catonsville 21228
47 units, Level 2

► **GREENFIELD SENIOR LIVING OF COCKEYSVILLE 1**

410-683-2400
10881 York Road
Cockeysville 21030
16 units, Level 3

► **GREENFIELD SENIOR LIVING OF COCKEYSVILLE 2**

410-683-2400
10883 York Road
Cockeysville 21030
16 units, Level 3

► **INSPIRATIONS MEMORY CARE OF LUTHERVILLE I**

717-458-3396
1414 Front Avenue
Lutherville 21093
16 units, Level 3

► **INSPIRATIONS MEMORY CARE OF LUTHERVILLE II**

410-494-4363
1420 Front Avenue
Lutherville 21093
16 units, Level 3

► **LAMPLIGHT INN OF BALTIMORE**

410-225-9337
3855 Greenspring Avenue
Baltimore 21211
120 units, Level 3

► **LIGHTHOUSE SENIOR LIVING AT HOPKINS CREEK**

410-918-0400
1813 Old Eastern Avenue
Baltimore 21221
97 units, Level 3

► **LIN'S LOVING CARE III**

443-835-3984
4215 Bayonne Avenue
Baltimore 21206
16 units, Level 3

► **MAPLES OF TOWSON, THE**

410-296-8900
7925 York Road
Towson 21204
80 units, Level 3

► **MARYLAND MASONIC HOMES**

410-764-2771
300 International Circle
Cockeysville 21030
110 units, Level 2

► **MORNINGSIDE HOUSE
AT SATYR HILL**

410-882-0700
8800 Old Harford Road
Parkville 21234
125 units, Level 3

► **NEW GLENMORE**

667-212-3290
3523 Glenmore Avenue
Baltimore 21206
16 Units, Level unavailable.

► **NEW LIFE HEALTHY
LIVING, LLC**

410-944-1002
7600 Clays Lane
Windsor Mill 21244
102 units, Level unavailable.

► **OAK CREST VILLAGE,
INC.**

410-882-3279
8830 Walther Boulevard
Parkville 21234
173 units, Level 2

► **PARADISE ASSISTED
LIVING, LLC**

410-744-8433
6348 Frederick Road
Catonsville 21228
45 units, Level 3

► **PEREGRINE'S LANDING
AT TUDOR HEIGHTS**

410-318-8000
7218 Park Heights Avenue
Pikesville 21208
68 units, Level unavailable.

► **PICKERSGILL
RETIREMENT COMMUNITY**

410-825-7423
615 Chestnut Avenue
Towson 21204
138 units, Level 2

► **RETREAT AT SHEPPARD
PRATT, THE**

410-938-4040
6501 North Charles Street
Baltimore 21204
16 units, Level 3

► **ROLAND PARK PLACE,
INC.**

410-243-5800
830 West 40th Street
Baltimore 21211
41 units, Level 3

► **ROSEMARIE
MANOR-ASHBURTON***

410-664-7800
3809 Belle Avenue
Baltimore 21215
16 units, Level 3

► **ROSEMARIE
MANOR-LONGWOOD***

410-493-2642
3333 Alto Road
Baltimore 21216
16 units, Level unavailable.

► **ROSIE'S ASSISTED
LIVING**

410-466-2470
2449-2451 Shirley Avenue
Baltimore 21215
20 units, Level 3

► **SAINT MARTIN'S
HOME**

410-744-9367
601 Maiden Choice Lane
Catonsville 21228
18 units, Level 3

► **SERENITY MANOR, INC.**

410-728-3737
1802 Eutaw Place
Baltimore 21217
26 units, Level 3

► **SPRINGHOUSE OF
PIKESVILLE**

410-486-5500
8911 Reisterstown Road
Pikesville 21208
105 units, Level 3

► **SPRINGWELL SENIOR
LIVING**

410-664-4006
2211 West Rogers Avenue
Baltimore 21209
151 units, Level 3

► **ST. STEPHEN'S GREEN
AT MERCY RIDGE**

410-561-0200
www.mercyridge.com
2525 Pot Spring Road
Timonium 21093
47 units, Level 3
Maintain your independence
by choosing the right assisted
living community.

► **STERLING CARE
ASSISTED LIVING**

410-318-8999
3617 Seven Mile Lane
Baltimore 21208
16 units, Level unavailable.

► **SUNRISE OF
PIKESVILLE**

410-602-0033
3800 Old Court Road
Pikesville 21208
96 units, Level 3

► **SYMPHONY MANOR
PREMIER ASSISTED
LIVING AND MEMORY
CARE**

410-235-4301
4301 Roland Avenue
Baltimore 21210
69 units, Level 3

► **TUDOR HEIGHTS A
SOLVERE COMMUNITY**

410-313-8000
7218 Park Heights Avenue
Pikesville 21208
68 units, level unavailable.

► **VICTORIAN INN, INC.**

410-688-1433
3216 Taylor Avenue
Baltimore 21234
16 units, Level 3

► **VILLA, THE**

410-377-2450
6806 Bellona Avenue
Baltimore 21212
30 units, level unavailable.

► **WEINBERG PARK
ASSISTED LIVING**

410-664-0100
5829-5833
Park Heights Avenue
Baltimore 21215
40 units, Level 2

► **WOODHOLME GARDENS
ASSISTED LIVING AND
MEMORY CARE**

410-580-1400
1700 Woodholme Avenue
Pikesville 21208
88 units, Level 3

► **WOODLANDS ASSISTED
LIVING**

410-918-2139
1320 Windlass Drive
Middle River 21220
70 units, Level 3

**HOUSING -
RETIREMENT
COMMUNITIES**

There are many types of communities dedicated to older residents. The age and criteria for entering these facilities varies.

**CONTINUING CARE
RETIREMENT
COMMUNITIES**

Provides access to total care from independent living through assisted living and nursing home care. An up-front fee plus a monthly fee is usually required. Various contract options are available.

► **AUGSBURG LUTHERAN
HOME & VILLAGE**

410-486-4573
6811 Campfield Road
Baltimore 21207

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HOUSING - ASSISTED LIVING - RETIREMENT COMMUNITIES

► BLAKEHURST

410-296-2900
1055 West Joppa Road
Towson 21204

► BROADMEAD

410-527-1900
13801 York Road
Cockeysville 21030

► CHARLESTOWN

410-737-8830
715 Maiden Choice Lane
Catonsville 21228

► EDENWALD

410-823-1349
800 Southerly Road
Towson 21286

► GLEN MEADOWS RETIREMENT COMMUNITY

410-592-5310
11630 Glen Arm Road
Glen Arm 21057

► MARYLAND MASONIC HOMES

410-527-1111
300 International Circle
Cockeysville 21030

► MERCY RIDGE

410-561-0200
2525 Pot Spring Road
Timonium 21093

► NORTH OAKS SENIOR LIVING COMMUNITY

410-486-9090
725 Mount Wilson Lane
Baltimore 21208

► OAK CREST

410-665-1000
8820 Walther Boulevard
Parkville 21234

► PICKERSGILL RETIREMENT COMMUNITY

410-825-7423
615 Chestnut Avenue
Towson 21204

► ROLAND PARK PLACE

410-243-5800
830 West 40th Street
Baltimore 21211

SENIOR HOUSING RETIREMENT COMMUNITIES

Provides meals and limited services to keep residents living independently. Assisted living units are also available. There is a one-time application fee and a yearly rental lease.

► ATRIUM VILLAGE

410-363-0330
4730 Atrium Court
Owings Mills 21117

► BRIGHTVIEW MAYS CHAPEL RIDGE

410-628-2100
12261 Roundwood Road
Timonium 21093

► LAMPLIGHT INN OF BALTIMORE

410-225-9337
3855 Greenspring Avenue
Baltimore 21211

► SPRINGWELL SENIOR LIVING

410-664-4006
2211 West Rogers Avenue
Baltimore 21209

OTHER HOUSING OPTIONS

See Financial Counseling, Financial Resources and Reverse Mortgages.

► ACCESSIBLE HOMES FOR SENIORS

301-429-7821
800-638-7781
www.dhch.maryland.gov
A 30-year deferred interest-free loan to finance accessibility improvements. See Financial Eligibility Guidelines.

► BALTIMORE CITY HOUSING OFFICE

443-984-2222
Rental assistance programs for eligible low income persons.

► BALTIMORE COUNTY OFFICE OF HOUSING

410-887-2766
www.baltimorecountymd.gov/agencies/socserv/financialassistance/dssec8.html
6401 York Road
Baltimore 21212
Rental assistance programs for eligible low-income persons.

► CATHOLIC CHARITIES SENIOR COMMUNITIES

667-600-2280
Affordable apartment communities for older adults.

► CHAI: COMPREHENSIVE HOUSING ASSISTANCE, INC.

410-500-5300
Housing and community development agency of The Associated.

► DEPARTMENT OF SOCIAL SERVICES, ADULT FOSTER CARE

410-853-3511 (County)
443-423-6600 (City)
Services to older adults and/or persons with disabilities who do not require nursing home care and cannot live independently. Subsidies may be available.

► DEPARTMENT OF SOCIAL SERVICES, PROJECT HOME

410-853-3511 (County)
443-423-6600 (City)
Supervised residential services for adults with chronic mental illness, persons with disabilities and frail older adults.

► GREATER BALTIMORE COMMUNITY HOUSING RESOURCE BOARD, INC.

410-929-7640
www.gbchrb.org
P. O. Box 66180
Baltimore 21239
Provides Fair Housing education, training, and advocacy in Maryland, as well as "Choosing Housing: A Self Help Guide."

► MARYLAND DEPARTMENT OF HOUSING AND COMMUNITY DEVELOPMENT, HOMEOWNERSHIP FOR INDIVIDUALS WITH DISABILITIES

301-429-7852
Low interest rate mortgages to eligible homebuyers with disabilities.

► MARYLAND HEALTH CARE COMMISSION

410-764-3460
www.mhcc.maryland.gov (Click Consumers)
Reviews and compares nursing homes, assisted living facilities with ten or more beds, health plans and hospitals.

► MY SISTER'S PLACE WOMEN'S CENTER

410-727-3523
Housing assistance, education and life skills training, case management, financial assistance and food to women and children.

► NORTHWEST NEIGHBORS CONNECTING

410-662-6620
Provides community support.

► ST. AMBROSE HOMESHARING

410-366-6180
www.stambros.org/pages/homesharing.html
321 East 25th Street
Baltimore 21218
Housing for home providers and home seekers.



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HOUSING - INFORMATION AND REFERRAL SERVICES

► **WWW.MDHOUSING SEARCH.ORG**

Lists rental units with vacancies and other information. Updated daily.

IDENTIFICATION PROGRAMS

See Medical Alert Systems.

► **MEDICALERT®**

888-572-8566
Identification bracelet or pendant containing medical history for use by emergency personnel.

► **MEDICALERT® + SAFE RETURN**

888-572-8566
Identification bracelet or pendant to be worn by memory-impaired individuals who may wander.

IMMIGRANT AND REFUGEE SERVICES

► **ADELANTE FAMILIA**

410-732-2176
3734 Eastern Avenue
Baltimore 21224
Community outreach to prevent domestic violence and provide intervention services for Spanish speaking residents.

► **BALTIMORE CITY
HEALTH DEPARTMENT,
DIVISION OF AGING AND
CARE SERVICES,
LANGUAGE INTERPRETER
SERVICE**
410-396-2273

► **BALTIMORE CITY PUBLIC LIBRARIES -CENTRAL**

410-396-5430
To obtain library locations that have Spanish and Russian materials.

► **BALTIMORE COUNTY DEPARTMENT OF AGING, LANGUAGE INTERPRETER SERVICE**

410-887-2594
Maryland Access Point of Baltimore County utilizes a telephone language interpreter service for up to 140 different languages.

► **BALTIMORE COUNTY PUBLIC LIBRARY**

(See also Libraries)
www.bcpl.info
Books available in:
Korean – Cockeysville,
Parkville and Woodlawn
Russian – Owings Mills,
Pikesville and Reisterstown
Spanish – Essex, Owings
Mills, Towson and Woodlawn.

► **BALTIMORE IMMIGRATION LEGAL CLINIC, WORLD RELIEF**

410-244-0002
Legal consultation provided in Spanish and English for immigration matters.

► **CASA DE MARYLAND: BALTIMORE WORKERS RIGHTS CENTER**

410-732-2694

► **CATHOLIC CHARITIES IMMIGRATION LEGAL SERVICES AT THE ESPERANZA CENTER**

410-534-8015
Assists with immigration and naturalization issues, legal services, health care, employment, English and citizenship classes.

► **COMMUNITY COLLEGE OF BALTIMORE COUNTY, CONTINUING EDUCATION, ENGLISH AS A SECOND LANGUAGE**

443-840-3748
ESOL classes at various County locations.

► **GOVERNOR'S COMMISSION ON ASIAN/ PACIFIC AMERICAN AFFAIRS**

410-697-9278
Information and referral for Asian and Pacific refugees and immigrants.

► **GOVERNOR'S COMMISSION ON HISPANIC AFFAIRS**

410-697-9278
Information and referral for Hispanic immigrants.

► **KOREAN RESOURCE CENTER**

410-203-1111
Offers English, technology/ social networking services, health promotion classes, youth internships, senior employment support and assistance with health enrollment.

► **LUTHERAN SOCIAL SERVICE, REFUGEE & IMMIGRATION SERVICES**

410-558-3168

► **MARYLAND OFFICE FOR REFUGEES AND ASYLEES (MORA)**

410-327-1885
Assists refugees in resettlement.

► **MARYLAND PUBLIC JUSTICE CENTER**

410-625-9409

► **U.S. CITIZENSHIP AND IMMIGRATION SERVICES (CIS)**

800-375-5283
www.uscis.gov
Immigration information, forms and procedures for citizenship.

► **UNIVERSITY OF MARYLAND, IMMIGRATION LAW CLINIC**

410-706-3295
Student-attorneys provide pro bono immigration legal services.

IN-HOME LAB SERVICES

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

INCOME ASSISTANCE

See Financial Assistance.

INFORMATION AND REFERRAL SERVICES

► **2-1-1 MARYLAND AT FIRST CALL FOR HELP**

2-1-1
24/7 telephone number for accessing information about health and human services.

► **ALZHEIMER'S ASSOCIATION**

410-561-9099

► **ARTHRITIS
FOUNDATION,
MARYLAND CHAPTER**
800-365-3811

► **BALTIMORE CITY
HEALTH DEPARTMENT,
DIVISION OF AGING,
MARYLAND ACCESS POINT**
410-396-2273



► BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY 410-887-2594

Help and information regarding resources available to older adults, persons with disabilities and their families. Assistance provided for financial applications, case management, caregiver resources and referrals made to other agencies as appropriate.

► BALTIMORE COUNTY FIRE DEPARTMENT 410-887-4500

► BALTIMORE COUNTY POLICE DEPARTMENT, YOUTH AND COMMUNITY SERVICES SECTION 410-887-5901

► CATHOLIC CHARITIES ANSWERS FOR THE AGING 667-600-2100

Free telephone counseling, information/referral service for older adults/caregivers.

► ELDERCARE LOCATOR 800-677-1116

National number to identify community resources for older adults.

► MARYLAND DEPARTMENT OF HUMAN SERVICES 800-332-6347

Applicants or enrollees in social service benefits may check their status and make inquiries.

► ST. MARY'S OUTREACH CENTER

410-366-3106
Connecting seniors in the Baltimore City community to find resources and programs. Financial eligibility may be required.

INSURANCE COUNSELING, ADVOCACY AND RESOURCES

See Advocacy, Long Term Care Insurance, Medicare General Information, Medicare/Medigap and Medicare Advantage Plans.

► EMPLOYED INDIVIDUALS WITH DISABILITIES PROGRAM 410-767-7090

State program which allows eligible employed Marylanders with disabilities to pay a small fee and receive health care coverage.

► HEALTHCARE ACCESS MARYLAND 410-649-0500

Agency charged with helping residents in Baltimore City and County to learn about and apply for health insurance under the Affordable Care Act. Partners with other organizations to provide outreach, education, and enrollment assistance.

► MARYLAND ATTORNEY GENERAL'S OFFICE, PEOPLE'S INSURANCE COUNSEL DIVISION 410-576-6432

Helps to resolve complaints involving homeowners' insurance coverage.

► MARYLAND HEALTH CONNECTION 855-642-8572 855-642-8573 (TTY) www.marylandhealth connection.gov

Marketplace in Maryland to compare health insurance options and enroll in a plan under the Affordable Care Act. Applications online, by phone, by mail or in person.

► MARYLAND INSURANCE ADMINISTRATION

410-468-2000

www.insurance.maryland.gov

An independent state agency that regulates Maryland's insurance industry and protects consumers by enforcing insurance laws. Find information on the Medicare and Insurance Marketplaces, Medicare supplements (Medigap), Long Term Care Insurance and the Long Term Care Insurance Partnership program.

► STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

410-887-2059 (County)

410-396-2273 (City)

The State Health Insurance Assistance Program educates and counsels Medicare beneficiaries about Original Medicare, Medigaps, Medicare Advantage Plans and Part D Prescription Plans. Additionally, SHIP can assess eligibility for programs to assist with Medicare costs. These programs include Qualified Medicare Beneficiaries (QMB), Specified Low Income Medicare Beneficiaries (SLMB), Maryland Senior Prescription Drug Assistance Programs (SPDAP) and Social Security Extra Help. SHIP counselors provide education regarding Medicare Part A (Hospital), Part B (Medical), Part C (Health Plans), Part D (Drug Plans) and Medicare Supplements. During Annual Open Enrollment, October 15th through December 7th, SHIP can provide computer research assistance to help select Part D plans. Counselors assist with medical appeals for Medicare. SHIP services can generally be provided by phone and language accommodations are available. Please refer to the index for a summary of services and to learn more about SHIP.

LEGAL SERVICES

See Advocacy Services.

ATTORNEYS WHO MAKE HOUSE CALLS

For information about legal services, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

DISABILITY AND SPECIAL NEEDS ATTORNEYS

For information about legal services, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

ELDER LAW ATTORNEYS

► FRANK, FRANK AND SCHERR, LLC

410-337-8900

888-338-0400 (Toll-Free)

www.frankelderlaw.com

1400 Front Avenue, Suite 200
Lutherville 21093

Focus on elder law and people with disabilities of all ages.

► LAW OFFICES OF CRAIG BERMAN, LLC

410-308-0300

www.bermanlaw.net

9515 Deereco Road, Suite 801
Timonium 21093

An estate planning and elder law practice.

► **NOMIKI BOULOUBASSIS WEITZEL AND ASSOCIATES, LLC**

Nomiki B. Weitzel
www.elderlawmaryland.net

Baltimore County
410-663-9400

Belair Beltway
Professional Center

7652 Belair Road
Baltimore 21236

Harford County
410-638-7779

The Professional Center
728 Rock Spring Road
Bel Air 21014

Elder law, estates and trusts, asset preservation, special needs planning, Medicaid applications.

LEGAL SERVICES, GENERAL ATTORNEYS

For information about legal services, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

**LEGAL SERVICES,
GOVERNMENT/
NON-PROFIT**

See Advocacy Services and Mediation.

**► ATTORNEY GENERAL OF
THE STATE OF MARYLAND,
CONSUMER PROTECTION
DIVISION**

410-528-8662

888-743-0023

200 Saint Paul Place

Baltimore 21202

Investigates complaints regarding unfair and deceptive business practices. Mail complaints in writing to the Consumer Protection Division at the above address.

Securities Division

410-576-6300

888-743-0023

**► ATTORNEY GRIEVANCE
COMMISSION OF
MARYLAND**

410-514-7051

Regulates MD lawyers' professional conduct.

Investigates complaints and oversees discipline.



► **BALTIMORE CITY
DEPARTMENT OF SOCIAL
SERVICES, EVICTION
PREVENTION PROGRAM**

410-878-8650

Services to city residents under a court ordered eviction which includes assistance with the stay of eviction process and limited financial assistance when available. Also eviction prevention and budget counseling education.

THE LAW OFFICES OF
& NOMIKI BOULOUBASSIS WEITZEL
ASSOCIATES, LLC

www.ElderlawMaryland.net

- *Elder Law*
- *Guardianships*
- *Estate Planning, Wills & Trusts*
- *Asset Preservation and Medicaid Planning*



Estate & Trust Administration

The Law Offices of Nomiki Bouloubassis Weitzel and Associates represent people planning their estates and the unique legal needs of people as they age. Our focus is primarily in the areas of law traditionally referred to as Elder Law and Estate Planning.

We handle Estate Administration, Asset Preservation Planning, Medical Assistance, Medicaid Planning & Appeals, Guardianship, Trusts and Estates, Wills, Powers of Attorney, Advance Medical Directives, special needs trusts and review of nursing home, assisted living facility and retirement community contracts.



Baltimore Office

**Belair Beltway
Professional Center
7652 Belair Road
Baltimore, MD 21236
Tel (410) 663-9400**

Harford County Office

The Professional Center
728 Rock Spring Road
Bel Air, MD 21014
Tel (410) 638-7779

L

LEGAL SERVICES

► BALTIMORE COUNTY HUMAN RELATIONS COMMISSION

410-887-5917

Handles discrimination complaints in housing, education, employment, financing and public accommodation based on race, creed, color, national origin, sex, age, religion, physical/mental disability and marital status. Enforces the County's anti-discrimination law, Article 29 of the Baltimore County Code, 2003.

► BALTIMORE COUNTY OFFICE OF THE PUBLIC DEFENDER

410-324-8900

Legal services for low-income clients in criminal and traffic cases.

► BAR ASSOCIATION, SIXTY-PLUS LEGAL PROJECT-LAWYER REFERRAL SERVICE

410-337-9100 (County)

410-539-3112 (City)

Low-cost legal services to individuals 60 and older who meet financial eligibility for wills, living wills, powers of attorney, estates of less than \$30,000 and deed changes.

► BAR ASSOCIATION OF BALTIMORE CITY, PRO BONO PROJECT

410-539-5936

Provides free legal support for clients 60 and older living in Baltimore City.

► BAR ASSOCIATION OF BALTIMORE CITY, SENIOR LEGAL SERVICES

410-396-1322

Provides legal support for clients 60 years old or older living in Baltimore City. Intake hours: Mon-Thurs, 10 a.m. – Noon.

► CRIMINAL INJURIES COMPENSATION BOARD

410-585-3010

Determines financial compensation for innocent victims of crime.

► DISABILITY RIGHTS MARYLAND

410-727-6352

www.disabilityrightsmd.org
A non-profit legal advocacy organization mandated to advance the civil rights of people with disabilities. Free legal services to Marylanders of any age with all types of disabilities who live in facilities, in the community or who are homeless.

► DISTRICT COURT SELF-HELP RESOURCE CENTER

410-260-1392

Provides limited legal guidance to individuals without attorneys to help them represent themselves in civil District Court cases.

► FEDERAL PUBLIC DEFENDER'S OFFICE

410-962-3962

www.md-fd.org

BankAmerica Tower II
100 South Charles Street,
Suite 900
Baltimore 21201

Provides free legal representation to indigent criminal defendants in federal cases when appointed by the Court.

► HOMELESS PERSONS REPRESENTATION PROJECT, INC.

410-685-6589

800-773-4340 (Maryland Only)

www.hprplaw.org

201 North Charles Street,
Suite 1104

Baltimore 21201

Provides legal services and systemic advocacy on behalf of people who are homeless or at risk of homelessness.

► HOUSE OF RUTH DOMESTIC VIOLENCE LEGAL CLINIC

410-889-7884 (24-Hour Line)

410-554-8463 (Legal Clinic)

410-889-0840 (Administration)

www.hruth.org

2201 Argonne Drive
Baltimore 21218

Provides legal representation and advice through staff and volunteer lawyers for victims of domestic violence.

► KENNEDY KRIEGER INSTITUTE, PROJECT HEAL (HEALTH, EDUCATION, ADVOCACY AND LAW)

443-923-4416

[www.kennedykrieger.org/
community/maryland-center-
developmental-disabilities/
project-heal](http://www.kennedykrieger.org/community/maryland-center-developmental-disabilities/project-heal)

716 North Broadway, Office 106
Baltimore 21205

Provides advocacy and legal services for children with intellectual and developmental disabilities.

► LAWYER REFERRAL & INFORMATION SERVICE OF THE BALTIMORE COUNTY AND CITY BAR ASSOCIATION (LRIS)

410-337-9100 (County)

410-539-3112 (City)

Referral service for names of paid attorneys.

Frank, Frank & Scherr, LLC

Elder Law, Estate & Special Needs Planning

Medical Assistance Planning and Eligibility

Advance Medical Directive/Living Wills

Trusts/Estate Planning and Administration

Wills/Powers of Attorney/Guardianship

Disability Planning/Special Needs Trusts

410.337.8900 | 1.888.338.0400

www.frankelderlaw.com

Towson | Columbia | Easton





► **MARYLAND COMMISSION ON CIVIL RIGHTS**

800-637-6247

Ensures equal opportunity by the enforcement of Maryland law against discrimination in employment, housing, and public accommodations. Provides educational and outreach services.

► **MARYLAND COMMISSION ON HUMAN RELATIONS - CITY GOVERNMENT OFFICE**

410-767-8600

► **MARYLAND LEGAL AID**

410-427-1800 (County)

410-951-7777 (City)

Assists low-income individuals with certain non-fee generating civil legal problems.

Lawyer In The Library

443-451-2805

Free civil legal services in local community libraries.

Long Term Care Assistance Project

866-635-2948

Free legal assistance on long term care issues in Maryland.

► **MARYLAND OFFICE OF PEOPLE'S COUNSEL**

410-767-8150

Public legal office helps utility customers with consumer complaints.

► **MARYLAND SENIOR LEGAL HELPLINE**

866-635-2948

Free helpline for all Maryland residents age 60 and older to obtain answers, advice and referrals for civil legal problems. Call this same helpline for free legal assistance on long term care (nursing home) issues.

► **MARYLAND VOLUNTEER LAWYER SERVICE (MVLS)**

410-547-6537

800-510-0050

Civil cases only, including housing, consumer, bankruptcy, government benefits, accidents, wills, deeds, guardianship and tax disputes; income eligibility.

► **MARYLAND'S PEOPLES LAW LIBRARY**

www.peoples-law.org

Legal and self-help information on Maryland and Federal law.

► **NATIONAL ACADEMY OF ELDER LAW ATTORNEYS (NAELA)**

www.naela.org

A listing of elder law attorneys.

► **PRO SE FAMILY LAW PROGRAM OF BALTIMORE COUNTY CIRCUIT COURT**

410-887-3446

Assists with completion of family law forms for unrepresented Baltimore County residents.

► **PUBLIC JUSTICE CENTER, INC.**

410-625-9409

www.publicjustice.org

1 North Charles Street, Suite 200

Baltimore 21201

Protects the legal rights of the under-represented through litigation, public education and legislation.

► **ST. AMBROSE HOUSING, LEGAL SERVICES**

410-366-8550, Ext. 249

Legal representation when in danger of losing homes due to foreclosure, mortgage lenders or other reasons.

► **UNIVERSITY OF BALTIMORE CIVIL ADVOCACY, FAMILY LAW CLINIC**

410-837-5709 or 5706

Law students assist low income clients in civil and family law matters with supervision.

► **VICTIM/WITNESS ASSISTANCE UNIT**

410-887-6650 (County)

410-396-1897 (City)

Information regarding status of criminal cases and other support services.

► **WOMEN'S LAW CENTER**

410-321-8761

800-845-8550 (Family Law Hotline)

Attorneys providing information on family law matters to those who meet income eligibility requirements.



LAW OFFICE OF
JILL A. SNYDER, LLC

40 York Road • Suite 300 • Towson, MD 21204

410-864-8788 • www.snyder-law.net

- Probate Administration
- Wills
- Powers of Attorney
- Trusts
- Guardianships
- Mediation



Providing high quality legal representation, personalized attention, and reasonable rates.

L

LESBIAN, GAY, BISEXUAL AND TRANSGENDER (LGBT) - LIBRARIES

LESBIAN, GAY, BISEXUAL AND TRANSGENDER (LGBT)

► CHASE BREXTON LGBT HEALTH RESOURCE CENTER

410-837-2050, Ext. 1049
Provides LGBT individuals
and their families with access
to health information and
resources.

► CHASE BREXTON SAGECAP

410-837-2050, Ext. 1107
Provides LGBT individuals and
caregivers with counseling,
caregiver support, benefit
resources, information, support
groups and respite care.

► FREESTATE JUSTICE

410-625-5428
Legal advocacy organization
for low-income lesbian, gay,
bisexual and transgender
residents.

► GAY, LESBIAN AND STRAIGHT EDUCATION NETWORK BALTIMORE (GLSEN)

212-727-0135
Advocates to ensure safe
schools for all students,
regardless of sexual orientation
and gender identity.

► HEARTS & EARS, INC.

410-523-1694
Support services for LGBTQ
individuals with mental health
issues.

► SERVICES & ADVOCACY FOR GLBT ELDERS (SAGE)

212-741-2247

► THE TREVOR PROJECT

866-488-7386 (24-Hour
Hotline)
Crisis intervention and suicide
prevention services to lesbian,
gay, bisexual, transgender and
questioning (LGBTQ) young
people.

LIBRARIES

► MARYLAND STATE LIBRARY FOR THE BLIND AND PHYSICALLY HANDICAPPED

410-230-2424
800-964-9209

► PUBLIC LIBRARY BRANCHES IN BALTIMORE COUNTY

www.bcpl.info

Arbutus

410-887-1451
855 Sulphur Spring Road
Arbutus 21227

Catonsville

410-887-0951
1100 Frederick Road
Catonsville 21228

Cockeysville

410-887-7750
9833 Greenside Drive
Cockeysville 21030

Essex

410-887-0295
1110 Eastern Boulevard
Essex 21221

Hereford

410-887-1919
16940 York Road
Hereford 21111

Lansdowne

410-887-5602
500 Third Avenue
Lansdowne 21227

Loch Raven

410-887-4444
1046 Taylor Avenue
Towson 21286

Mobile Library Services

www.bcpl.info (see website for
hours and schedules)

410-887-7586

North Point

410-887-7255
1716 Merritt Boulevard
Dundalk 21222

Owings Mills

410-887-2092
10302 Grand Central Avenue
Owings Mills 21117

Parkville

410-887-5353
9509 Harford Road
Parkville 21234

Perry Hall

410-887-5195
9685 Honeygo Boulevard
Perry Hall 21128

Pikesville

410-887-1234
1301 Reisterstown Road
Pikesville 21208

Randallstown

410-887-0770
8604 Liberty Road
Randallstown 21133

Reisterstown

410-887-1165
21 Cockeys Mill Road
Reisterstown 21136

Rosedale

410-887-0512
6105 Kenwood Avenue
Rosedale 21237

Sollers Point

410-887-2485
323 Sollers Point Road
Dundalk 21222

Towson

410-887-6166
320 York Road
Towson 21204

White Marsh

410-887-5097
8133 Sandpiper Circle
Nottingham 21236

Woodlawn

410-887-1336
1811 Woodlawn Drive
Woodlawn 21207

► PUBLIC LIBRARY BRANCHES IN BALTIMORE CITY

Brooklyn Branch

410-396-1120
300 East Patapsco Avenue
Baltimore 21225

Canton Branch

410-396-8548
1030 South Ellwood Avenue
Baltimore 21224

Central Library

410-396-5430
400 Cathedral Street
Baltimore 21201

Cherry Hill Branch

410-396-1168
606 Cherry Hill Road
Baltimore 21225

Clifton Branch

410-396-0984
2001 North Wolfe Street
Baltimore 21213

Edmondson Avenue Branch

410-396-0946
4330 Edmondson Avenue
Baltimore 21229

Forest Park Branch

410-396-0942
3023 Garrison Boulevard
Baltimore 21216

George Peabody Library

410-234-4943
17 East Mount Vernon Place
Baltimore 21202

Govans Branch

410-396-6098
5714 Bellona Avenue
Baltimore 21212

Hamilton Branch

410-396-6088
5910 Harford Road
Baltimore 21214

Hampden Branch

410-396-6043
3641 Falls Road
Baltimore 21211

Herring Run Branch

410-396-0996
3801 Erdman Avenue
Baltimore 21213

Langsdale Library

410-837-4260
1415 Maryland Avenue
Baltimore 21201

Light Street Branch

410-396-1096
1251 Light Street
Baltimore 21230

Milton S Eisenhower Library

410-516-8335
3400 North Charles Street
Baltimore 21218

Northwood Branch

410-396-6076
4420 Loch Raven Boulevard
Baltimore 21218

Orleans Street Branch

410-396-0970
1303 Orleans Street
Baltimore 21231

Patterson Park Branch

410-396-0983
158 North Linwood Avenue
Baltimore 21224

Peabody Institute of the Johns

Hopkins University
667-208-6500
1 East Mount Vernon Place
Baltimore 21202

Pennsylvania Ave Branch

410-396-0399
1531 West North Avenue
Baltimore 21217

Reisterstown Road Branch

410-396-0948
6310 Reisterstown Road
Baltimore 21215

L - M LIBRARIES - MEDIATION, NON-PROFIT

Roland Park Branch
410-396-6099
5108 Roland Avenue
Baltimore 21210

Southeast Anchor Branch Library
410-396-1580
3601 Eastern Avenue
Baltimore 21224

Walbrook Branch
410-396-0935
3203 West North Avenue
Baltimore 21216

Washington Village Branch
410-396-1099
856 Washington Boulevard
Baltimore 21230

Waverly Branch
410-396-6053
400 East 33rd Street
Baltimore 21218

LIFE LINES

See Medical Alert Systems.

LIVE-IN CAREGIVERS

See Home Health Services and Home Care (Non-Medical).

► **ABSOLUTE CARE SERVICES LLC**
443-803-0240
443-554-6741
www.absolutecarellc.com
Licensed, premier home care services available 24 hours.

► **HOMECENTRIS HEALTHCARE**
410-486-5330
www.homecentris.com
Helping you remain at home, where you want to be.



LOAN CLOSET FOR MEDICAL EQUIPMENT

See Assistive Technology, Disabilities Assistance, Hearing Resources, Medical Equipment and Supplies, Personal Needs, Vision Resources.

► **9TH DISTRICT HEALTH COMMITTEE LOAN CLOSET**
410-665-0898
Wheelchairs, walkers and other equipment for Baltimore County residents.

► **AMERICAN CANCER SOCIETY LOAN CLOSET**
410-931-6850
Free wigs. No durable equipment.

► **BALTIMORE COUNTY DEPARTMENT OF AGING**
410-887-2594
Loans wheelchairs, walkers, shower seats and other equipment. Offers individualized demonstrations of assistive devices. Available to Baltimore County residents age 60 and over.

► **MARYLAND TECHNOLOGY ASSISTANCE PROGRAM (MDTAP)**
800-832-4827
866-881-7488 (TTY)
Loans equipment for a limited time including equipment for daily living, mobility, recreation, computer and hearing. Low interest loans for purchasing equipment to MD residents with disabilities.

► **MARYLAND TECHNOLOGY ASSISTANCE PROGRAM (MDTAP), EQUIPMENT LINK**
www.myatprogram.org
Connects individuals with disability related equipment to sell or donate.



LONG TERM CARE INSURANCE

APPROVED PROVIDERS IN MARYLAND

Long term care insurance is purchased to provide assistance with the cost of a range of services for individuals with a prolonged illness, disability or cognitive disorder (such as Alzheimer's disease). Services may include help with daily activities at home such as bathing and dressing, adult day care, assisted living facilities, care management, home health, hospice, respite care and care in a nursing home.

► **MARYLAND INSURANCE ADMINISTRATION**
410-468-2000
800-492-6116 (Toll Free)
800-735-2258 (TTY)
www.insurance.maryland.gov
200 Saint Paul Place, Suite 2700
Baltimore 21202
Provides a list of insurance companies approved to sell long term care insurance policies in Maryland. Also provides information about Maryland's Long-Term Care Partnership Program. Partnership policies provide an additional level of protection, when compared to a regular long-term care insurance policy.



LONG TERM CARE (LTC) INSURANCE PRODUCERS (SALES PERSON)

When purchasing LTC insurance, please confirm the producer (sales person) is licensed to sell LTC insurance in Maryland. Please confirm the license number, effective dates and line of business on the license with the Maryland Insurance Administration listed in this category. For information about LTC insurance products, please contact the Maryland Insurance Administration.

MEAL PREPARATION

See Nutrition Services.

MEDIATION, NON-PROFIT

See Legal Services-Government/Non-Profit.

A process in which solutions to disputes are negotiated with a mediator acting as a neutral party by helping participants reach their own voluntary agreement. Settles disputes between neighbors, family members, tenant/landlord and other community members.

► BALTIMORE COMMUNITY MEDIATION CENTER

410-467-9165 (City)
Program provides voluntary and confidential mediation sessions to assist City residents with resolutions of various issues and conflicts.

► CONFLICT RESOLUTION CENTER OF BALTIMORE COUNTY

410-527-4321
www.crcbaltimore.org
Mediation, conflict resolution, trainings and community conferencing for Baltimore County residents.

MEDICAID HOME AND COMMUNITY BASED SERVICES PROGRAMS - MEDICAL EQUIPMENT AND SUPPLIES

MEDICAID HOME AND COMMUNITY BASED SERVICES PROGRAMS

See Financial Resources, Housing: Assisted Living Programs and Nursing Homes.

Programs to help an eligible person receive services in the home rather than in an institution. Each program has different eligibility criteria and services. Individuals must meet medical, financial, and technical criteria. For further information and screening, please call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

To learn more about the waiver programs in Maryland, eligibility requirements, and applications, visit <https://mmcp.health.maryland.gov/waiverprograms/pages/home.aspx>.

► COMMUNITY FIRST CHOICE

410-887-2594 (County)
410-396-2273 (City)
Enables individuals 18 and older, who have Community Medical Assistance and meet Medicaid's institutional level of care to remain in a community setting.

► COMMUNITY PATHWAYS

410-767-5600, Press 6
Provides financially qualified individuals with developmental disabilities the opportunity to self-direct services.

► COMMUNITY PERSONAL ASSISTANCE SERVICES

410-887-2594 (County)
410-396-4494 (City)
Enables individuals 18 and older, who are financially eligible and meet Medicaid's long-term care admission criteria to remain in a community setting.

► EMPLOYED INDIVIDUALS WITH DISABILITIES (EID)

410-767-7090

► HOSPICE SERVICES: DIVISION OF COMMUNITY LONG TERM CARE

410-767-6771

► MEDICAL DAY CARE SERVICES WAIVER

410-767-1444
Offers qualified Medicaid participants services in a day care center. Individuals must be at least 16 years old.

► MARYLAND HEALTH HOMES

410-767-6500

► MODEL WAIVER FOR MEDICALLY FRAGILE CHILDREN

410-987-1048

► PROGRAMS FOR OLDER ADULTS AND PEOPLE WITH DISABILITIES

410-767-1739

► RARE AND EXPENSIVE CASE MANAGEMENT (REM)

410-767-1903

► TRAUMATIC BRAIN INJURY WAIVER

410-402-8476
For individuals with traumatic brain injuries who are currently residing in state psychiatric hospitals. The brain injury must have occurred between the ages of 22 and 64, and the individual must meet medical and financial criteria.

► WAIVER FOR CHILDREN WITH AUTISM SPECTRUM DISORDER

410-767-0261

MEDICAL ALERT SYSTEMS

See Identification Programs, Medical Equipment and Supplies and Prescription Reminders.

Devices and programs that offer a variety of measures to promote safety and well-being of seniors and individuals with disabilities. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

► MEDICAL ALERT FOUNDATION

800-432-5378
The Foundation maintains a database of members' medical information that is made available to medical authorities in the event of an emergency.

► SENIOR CALL CHECK

800-243-3425, Option 4
www.aging.maryland.gov/pages/senior-call-check.aspx
Free daily telephonic service to check on Maryland residents over age 65. Apply online or by phone.

PRESCRIPTION REMINDERS

See Medical Alert Systems.



MEDICAL EQUIPMENT AND SUPPLIES

See Personal Needs and Pharmacies Offering Home Delivery.

► HALETHORPE PHARMACY

(A CARE PHARMACY)
410-247-3344
www.halethorpepharmacy.com
1307 Francis Avenue
Baltimore 21227
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► INDEPENDENT DRUG (A CARE PHARMACY)

410-687-1115
www.independentdrug.com
28 Kingston Road
Middle River 21220
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► MID-ATLANTIC MEDICAL SUPPLY AND EQUIPMENT

410-363-2279
www.suppliesforliving.com
718 Main Street
Reisterstown 21136
Price-match promise, delivery, insurance billing. Pharmacy on premises.

► PROFESSIONAL PHARMACY

410-687-8113
www.propharmacyrx.net
Seven Square Medical Facility
9106 Philadelphia Road,
Suite 100
Rosedale 21237
Delivery, compression stockings, Medicare Part D consultation, assisted living facilities.

CONNECT WITH BCDA!

The Baltimore County Department of Aging (BCDA) would like to invite you to connect with key resources available in our region. As you know, being knowledgeable about resources and opportunities gives you the Power to optimize your life and your future.



Facebook

“Friend” or “Follow” BCDA’s Facebook page [@BaltimoreCountyAging](#) to receive daily posts outlining Department activities in addition to valuable information on aging and resources. Also, “Like” the Get Ready! Get Set! Get Fit! 5K Run/Walk page to learn more about wellness.



Community Resources

Utilize BCDA’s resource book created in partnership with Baltimore City and the Baltimore County Commission on Disabilities to find resources for a multitude of categories. View the book online at www.baltimorecountymd.gov/communityresources.



Time of Your Life

Watch BCDA’s

The Time Of Your Life on Channel 25: Baltimore County Comcast Cable Television to learn about the Department’s programs and issues affecting older adults. You can also view the show on Verizon On-Demand and on the Baltimore County Government website - www.baltimorecountymd.gov/videos.

BCDA Website



Visit the Baltimore County Government website to discover resources and assistance available to County residents - www.baltimorecountymd.gov.



Instagram

Follow BCDA’s Instagram account using address [@baltcoaging](#) to see daily visual snapshots of older adults in Baltimore County.



Flickr

View and/or download BCDA’s photo from events and senior center activities which is a great way to see the fun happening.



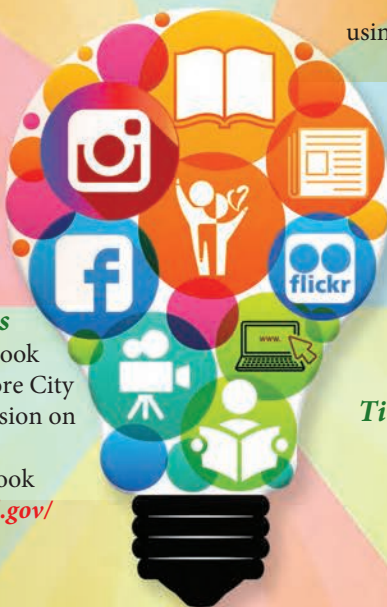
Time of Your Life Digest

Subscribe to the BCDA’s newspaper highlighting County activities and resources. For as low as \$5, the newspaper is delivered eight times a year. For details on getting a subscription or to advertise in the newspaper, call **410-887-3050**.

Senior Center Newsletters



Join your local senior center and receive a monthly newsletter outlining activities in the center and programs available through the Department of Aging. Visit www.baltimorecountymd.gov/Agencies/aging/centers/newsletters.html



KNOWLEDGE IS POWER!



Maryland Access Point (MAP) of Baltimore County

MAP serves as the entry point for obtaining information, referrals and options counseling for seniors, adults with disabilities, their families, caregivers and professionals. Calls are answered by a team of Certified Information and Assistance Specialists (CIRS), Monday through Friday, between the hours of 8:30 a.m. and 4:30 p.m.



410-887-2594

aginginfo@baltimorecountymd.gov



Baltimore County Executive John A. Olszewski, Jr.
and the County Council

MEDICARE

For additional services/ information, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273. See Advocacy Services, Financial Assistance, Medicaid Home and Community Based Programs and Insurance Counseling, Advocacy and Resources.

GENERAL INFORMATION

► CENTER FOR MEDICARE & MEDICAID SERVICES (CMS), MEDICARE HELPLINE

800-633-4227
www.medicare.gov
Information and claims regarding Medicare Part A-Hospitalization, Part B – Medical and Durable Medical Equipment, Part C-Health Plans and Part D-Prescriptions. You must have your Medicare card number to access information.

► MARYLAND INSURANCE ADMINISTRATION

410-468-2000
800-492-6116
www.mdinsurance.state.md.us
An independent state agency that regulates Maryland's insurance industry and protects consumers by enforcing insurance laws. Find information on Medicare and Insurance Marketplaces, Medicare supplements (Medigap), Long Term Care Insurance and the Long Term Care Insurance Partnership program.



► MARYLAND SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)

800-551-5995
www.maryland.spdap.com
Request application
Call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273. A state program that assists Medicare beneficiaries by paying part of their monthly Medicare Prescription Drug premiums for all of the Medicare Part D Plans and does provide limited donut hole assistance.

► MYMEDICARE

www.mymedicare.gov
Register on-line to view your personal Medicare information that includes physician billing of Medicare payments and a schedule for preventive health services.

► QUALIFIED MEDICARE BENEFICIARY PROGRAM (QMB)

Request application
Call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273. This program helps to pay Medicare premiums, deductibles and coinsurance payments for older adults and persons with disabilities who are financially eligible.

► RAILROAD RETIREMENT BOARD MEDICARE OFFICE

877-772-5772
www.palmettogba.com
Beneficiaries only.



► SENIOR MEDICARE PATROL (SMP)

410-887-2059 (County)
410-396-2273 (City)
SMP provides information regarding what to do if you suspect Medicare fraud/abuse, or need to file a report with authorities. SMP can arrange speakers to address groups on how to protect themselves against identity theft, telemarketing, mail fraud scams, illegal or deceptive marketing of Medicare Advantage plans and prescription drug plans.

► SOCIAL SECURITY ADMINISTRATION

800-772-1213
www.ssa.gov
Information on various benefits and services. Enrollment in Medicare and replacement of Medicare card. On-line low-income subsidy Extra Help application with Medicare Prescription Drug costs.

► SPECIFIED LOW-INCOME MEDICARE BENEFICIARY (SLMB)

Request application
Call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273. Pays the Medicare Part B premium for persons whose income is slightly more than QMB criteria.

► STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

410-887-2059 (County)
410-396-2273 (City)
SHIP provides free, unbiased, confidential health insurance counseling for Medicare recipients and their caregivers. Helps consumers to understand Medicare, and the services it provides.

Additionally, SHIP can assess eligibility for programs to assist with Medicare costs. These programs include Qualified Medicare Beneficiaries (QMB), Specified Low Income Medicare Beneficiaries (SLMB), Maryland Senior Prescription Drug Assistance Programs (SPDAP) and Social Security Extra Help. SHIP counselors provide education regarding Medicare Part A (Hospital), Part B (Medical), Part C (Health Plans), Part D (Drug Plans) and Medicare Supplements. During Annual Open Enrollment, October 15th through December 7th, SHIP can provide computer research assistance to help select Part D prescription plans. Counselors assist with medical appeals for Medicare. SHIP services can generally be provided by phone and language accommodations are available. SHIP conducts free educational programs for groups about Medicare A, B, C, D and Medicare supplement plans. Please refer to the index for a summary of services and to learn more about SHIP.

► TRICARE FOR LIFE

866-773-0404
Medicare supplemental coverage for uniformed service beneficiary or dependents. Must be currently enrolled in Medicare A & B and Defense Enrollment Eligibility Reporting System (DEERS).

► U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES, OFFICE OF THE INSPECTOR GENERAL, MEDICARE/MEDICAID FRAUD HOTLINE

800-447-8477

National hotline to report health care fraud involving Medicare and Medicaid.

MEDICARE PRESCRIPTION DRUG PLANS (PART D)

A Medicare benefit that assists with the cost of prescription drugs. Private companies contract with Medicare to offer Stand-Alone and Medicare Advantage Drug Plans. Additional assistance with Part D costs are available with Social Security Administration's Extra Help and Maryland Senior Prescription Drug Assistance Program (SPDAP). Please refer to www.medicare.gov for a full list of Maryland Stand-Alone Prescription Drug Plans.

► CIGNA-HEALTHSPRING RX (PDP)

800-735-1459

711 (TTY/TDD)

8 am - 8 pm, 7 days a week

www.cignahealthspring.com

P.O. Box 269005

Weston, FL 33326-9947

Medicare Part D prescription drug coverage.

MEDICARE PRESCRIPTION DRUG PLANS (PART D) INSURANCE BROKERS

Please visit Medicare's website at www.medicare.gov for further information.

MEDICARE ADVANTAGE

With most Medicare Advantage Plans, you can only visit physicians, specialists or hospitals on the plan's list except in an emergency. The plan may require you to choose a primary care physician and obtain referrals to see a specialist. These plans may offer extra benefits, lower premiums and require co-payments.

If you have Medicare Part A and Part B, you may join a Medicare Advantage Plan and receive your Medicare-covered benefits through the plan. Most plans include Medicare Part D benefits. Medicare Advantage annual open enrollment period begins October 15 - December 7. Plans can be a Health Maintenance Organization (HMO), Preferred Provider Organization (PPO) and Special Needs Plans (SNPs). Please visit Medicare's web site at www.medicare.gov for further information.

► CIGNA-HEALTHSPRING

800-821-7513

711 (TTY/TDD)

8 am - 8 pm, 7 days a week

www.cignahealthspring.com

3601 O'Donnell Street

Baltimore 21224

Provides hospital, medical and Medicare Part D prescription drug in one plan.

► KAISER PERMANENTE MEDICARE PLUS

866-415-0785

866-513-0008 (TTY)

www.kaiserpermanente.org

2101 East Jefferson Street

Rockville 20849

Provides hospital, medical and Medicare Part D

prescription drug coverage.



MEDICARE ADVANTAGE INSURANCE BROKERS

Please visit Medicare's website at www.medicare.gov for further information.

MEDICARE SPECIAL NEEDS PLANS (SNPs)

Special Needs Plans (SNPs) may limit all or most of their membership to beneficiaries who have certain chronic or disabling conditions, or are dual eligibles on Medicare and Medical Assistance or QMB or are institutionalized. SNPs must be designed to provide Medicare health care and services to people who can benefit from special expertise of the plan's providers and focused care management. SNPs must also provide Medicare prescription drug coverage. These plans may offer extra benefits, lower premiums and require co-payments. To join SNPs, beneficiaries must be enrolled in Medicare Part A and Part B. Please contact 800 Medicare or visit www.medicare.gov.

MEDICARE/MEDIGAP SUPPLEMENTAL INSURANCE POLICIES

Medicare supplemental insurance policies cover some of the deductibles and co-insurances not paid by Medicare. A, B, C, D, F*, F, G, K, L, M and N policies offer a different combination of standard benefits and are regulated by Federal and State law. The open enrollment period is the first six months from the date of enrollment in Medicare Part B. For a Medigap comparison chart, please contact the Maryland Insurance Administration at 410-468-2000 or visit www.insurance.maryland.gov. Carriers below represent approved individual Medicare supplement policies in Maryland as of November 2018. *Rates are updated biannually.

► AETNA HEALTH AND LIFE INSURANCE COMPANY

800-264-4000

► AMERICAN NATIONAL LIFE INSURANCE COMPANY OF TEXAS

888-350-1488



MEDICARE

► **AMERICAN
RETIREMENT
LIFE INSURANCE
COMPANY**

855-849-2711

► **AMERICO FINANCIAL
LIFE AND ANNUITY
INSURANCE COMPANY**

800-231-0801

► **ASSURED LIFE
ASSOCIATION**

877-223-3666

► **BANKERS FIDELITY LIFE
INSURANCE COMPANY**

800-241-1439

► **CAREFIRST MEDPLUS
(MEDIGAP)**

An affiliate of CareFirst
BlueCross BlueShield
800-275-3802
www.carefirst.com
10455 Mill Run Circle
Owings Mills 21117
Medicare supplement coverage.

► **CIGNA HEALTH
AND LIFE INSURANCE
COMPANY**

Cigna Supplemental
Benefits
855-569-8741
www.cigna.com
P.O. Box 26580
Austin, TX 78755-0580
Helps to pay 20% of Part B
medical expenses that
Medicare doesn't cover.

► **COLONIAL PENN LIFE
INSURANCE COMPANY**

800-800-2254

► **EQUITABLE NATIONAL
LIFE INSURANCE
COMPANY, INC.**

888-352-5170

► **ERIE FAMILY LIFE
INSURANCE COMPANY,
INC.**

800-458-0811

► **EVERANCE
ASSOCIATION, INC.**

800-348-7468

► **FIRST HEALTH LIFE AND
HEALTH INSURANCE
COMPANY**

866-465-1023

► **GERBER LIFE
INSURANCE COMPANY**

888-397-7786

► **GLOBE LIFE AND
ACCIDENT INSURANCE
COMPANY**

800-801-6831

► **GOVERNMENT
PERSONNEL MUTUAL LIFE
INSURANCE COMPANY**

800-228-9999

► **GPM HEALTH AND
LIFE INSURANCE
COMPANY**

866-242-7573

► **GREAT SOUTHERN LIFE
INSURANCE COMPANY**

800-231-0801

► **GREEK CATHOLIC
UNION OF THE U.S.A.**

800-722-4428

► **GUARANTEE TRUST LIFE
INSURANCE COMPANY**

800-338-7452

► **HUMANADENTAL
INSURANCE COMPANY**

800-984-9095

► **HUMANA INSURANCE
COMPANY**

800-984-9095

► **INDIVIDUAL
ASSURANCE COMPANY,
LIFE, HEALTH & ACCIDENT**

888-524-3629

► **LIBERTY BANKERS LIFE
INSURANCE COMPANY**

844-770-2400

► **LOYAL CHRISTIAN
BENEFIT ASSOCIATION**

877-358-4051

► **MASSACHUSETTS
MUTUAL LIFE INSURANCE
COMPANY**

888-540-5636

► **NATIONAL GUARDIAN
LIFE INSURANCE
COMPANY**

877-888-0352

► **NATIONAL HEALTH
INSURANCE COMPANY**

866-916-8816

► **OMAHA INSURANCE
COMPANY**

800-667-2937

► **OXFORD LIFE
INSURANCE COMPANY**

800-308-2318

► **PAN-AMERICAN
LIFE INSURANCE
COMPANY**

855-777-0400

► **PHILADELPHIA
AMERICAN LIFE
INSURANCE COMPANY**

877-368-4691

► **PHYSICIANS MUTUAL
INSURANCE COMPANY**

800-469-8157

► **PURITAN LIFE
INSURANCE COMPANY
OF AMERICA**

855-323-8914

► **RENAISSANCE LIFE
& HEALTH INSURANCE
COMPANY OF AMERICA**

844-202-4150

► **RESERVE NATIONAL
INSURANCE COMPANY**

800-654-9106

► **SENTINEL SECURITY
LIFE INSURANCE
COMPANY**

800-247-1423

► **SHENANDOAH LIFE
INSURANCE COMPANY**

855-406-9085

► **SOUTHERN GUARANTY
INSURANCE COMPANY**

833-552-0828

► **STATE FARM MUTUAL
AUTOMOBILE INSURANCE
COMPANY**

Contact your local agent.

► **THRIVENT FINANCIAL
FOR LUTHERANS**

800-847-4836

► **TRANSAMERICA LIFE
INSURANCE COMPANY**

866-205-9120

► **TRANSAMERICA
PREMIER LIFE INSURANCE
COMPANY**

800-322-7164

► **UNIFIED LIFE
INSURANCE COMPANY**

800-237-4463

► **UNION SECURITY
INSURANCE COMPANY**

833-552-0827

► **UNITED AMERICAN
INSURANCE COMPANY**

800-331-2512

► **UNITEDHEALTHCARE
INSURANCE COMPANY**

866-465-0088

► **UNITED OF OMAHA LIFE
INSURANCE COMPANY**

800-667-2937

► **USAA LIFE INSURANCE
COMPANY**

800-531-8722

► **WESTERN CATHOLIC
UNION**

855-406-9083

► **WESTERN UNITED LIFE
ASSURANCE COMPANY**

800-877-7703

M

MEDICARE - MENTAL HEALTH SERVICES

RATING SERVICES

The rating companies listed below are for Medicare Supplemental/Medigap and Long Term Care policies. Some may charge a fee for services. These services offer information to support educated purchasing decisions.

► BEST'S INSURANCE REPORTS

www.ambest.com

► MOODY'S

www.moody's.com

► STANDARD AND POOR'S

www.standardandpoors.com

► WEISS RATINGS

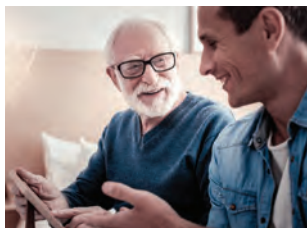
www.weissratings.com

MEMORY CARE

See Adult Day Services, Case Management, Home Health Services, Home Care (Non-Medical), Housing - Assisted Living and Live-In Caregivers.

► CHARLOTTE HALL VETERANS HOME

301-884-8171
240-577-7009 (Admissions Direct Line)
www.charhall.org
29449 Charlotte Hall Road
Charlotte Hall 20622
Income based assisted living, LTC nursing, rehabilitation and memory care.



► MEDSTAR CENTER FOR SUCCESSFUL AGING

443-444-4720
www.medstargoodsam.org/geriatrics
Morgan Building
5601 Loch Raven Boulevard,
Suite 502
Baltimore 21239
A dedicated team supporting patients/caregivers with all age-related needs.



MENTAL HEALTH SERVICES

COMMUNITY MENTAL HEALTH CENTERS

IF YOU HAVE AN IMMEDIATE MENTAL HEALTH EMERGENCY, PLEASE CALL 911. IN BALTIMORE COUNTY CONTACT THE 24 HOUR HOTLINE AT 410-931-2214 or 410-433-5175; IN BALTIMORE CITY 410-433-5175. Eligibility criteria and service locations can be obtained by contacting the Baltimore County Department of Health at 410-887-3828; Baltimore City at Behavioral Health Systems at 410-637-1900.

► ALLIANCE/MOSAIC

Baltimore
410-453-9553

Key Point HEALTH SERVICES

Serving the Greater Baltimore Area for over 35 Years

Services Offered:

Outpatient mental health treatment for children, adolescents, adults, and seniors

Accepting Medicare, Medical Assistance (Medicaid) as authorized by Beacon Health and Tricare to serve our Military.

- Individual, group & family therapy
- Medication therapy
- Board certified psychiatrists
- Licensed experienced therapists
- Open weekdays & some evenings



For more information call the clinic nearest you

Aberdeen 443-625-1600

135 North Parke St., Aberdeen, MD 21001

Catonsville 410-788-0300

500 N. Rolling Rd., Catonsville, MD 21228

Dundalk 443-216-4800

1012 North Point Rd., Baltimore, MD 21224

www.KeyPoint.org

Key Point Health Services, Inc. is a non-profit organization.

► BEHAVIORAL HEALTH SYSTEMS BALTIMORE

410-637-1900
One North Charles Street,
Suite 1300
Baltimore 21201

► BUILDING COMMUNITIES TODAY

410-467-6600
2901 Druid Park Drive
Baltimore 21215

► HARFORD-BELAIR COMMUNITY HEALTH

410-426-5650
4308 Harford Road
Baltimore 21206



► INSTITUTE FOR FAMILY CENTERED SERVICES

410-455-4600
www.md-mentor.com
2525 Lord Baltimore Drive,
Suite H
Windsor Mill 21244
Provides therapeutic foster care, medically fragile foster care, adoption services, family preservation, transitional services, mental health programs, education programs, wraparound services.

► KEY POINT HEALTH SERVICES

Catonsville
410-869-7240
500 North Rolling Road
Catonsville 21228
Dundalk
443-216-4800
1012 North Point Road
Dundalk 21224
Towson
410-337-5523
1001 Cromwell Bridge Road
Baltimore 21286

► MAIN STREET COMMUNITY MENTAL HEALTH CENTER

410-526-7882
37 Main Street
Reisterstown 21136

► MEDSTAR FRANKLIN SQUARE MEDICAL CENTER, OUTPATIENT PSYCHIATRY SERVICES

443-777-7878
9105 Franklin Square Drive
Rosedale 21237

► MOSAIC BEHAVIORAL HEALTH CENTER

410-453-9553, Ext. 1107 (Intake)
Catonsville
27 Mellor Avenue
Catonsville 21228
Timonium
1931 Greenspring Drive
Timonium 21093

COMMUNITY REHABILITATION PROGRAMS

See Community Mental Health Centers.

► PROLOGUE, INC.

410-653-6190
3 Milford Mill Road
Pikesville 21208

GERIATRIC MENTAL HEALTH SERVICES

► HOPE HEALTH SYSTEMS – GERIATRIC SERVICES TEAM

410-265-8737
6707 Whitestone Road,
Suite 106
Woodlawn 21207
Geriatric outreach program that provides prevention, detection and treatment services to those 60 years of age and older, who are experiencing mental health problems and are not participating in treatment.

► JOHNS HOPKINS MEMORY AND ALZHEIMER'S TREATMENT CENTER

410-550-6337

► UNIVERSITY OF MARYLAND MEDICAL CENTER, GERIATRIC PSYCHIATRY

410-328-8415

ADDITIONAL MENTAL HEALTH/ADDICTION SERVICES

► ALLIANCE/MOSAIC

410-282-5900, Ext. 3231
Case management for individuals of all ages with a chronic serious mental illness without private insurance.

► BAKER STREET STATION

410-462-2585

► BALTIMORE COUNTY CRISIS RESPONSE SYSTEM

410-931-2214
Twenty-four hour hotline providing telephone triage and intervention, mobile crisis team, in-home intervention team and linkage to community treatment and support.

► BALTIMORE COUNTY DEPARTMENT OF HEALTH RESOURCE, EDUCATION AND ADVOCACY

County Helpline
410-88-REACH
410-887-3224
Substance use information for individuals and families in Baltimore County.

Who's in your medicine cabinet?

Don't let your loved one be a victim!

Safely dispose of unused and expired medications at a Baltimore County Police precinct.

For details, call
410-88-REACH
410-887-3224

SAMHSA

Baltimore County Department of Health
Healthy people living, working, and playing in Baltimore County
Gregory W. Ryan, M.D., MEd, CHS, NAC, Director, Health and Human Services
Baltimore County Department of Health and Human Services
Baltimore County Department of Health and Human Services
Baltimore County Department of Health and Human Services

► BEHAVIORAL HEALTH CLINIC

410-844-4110
410-844-7200
www.bhcbaltimore.com
2310 North Charles Street
Baltimore 21218
Mental health, addiction, and PRP services for individuals over 18.

► BEHAVIORAL HEALTH SYSTEMS BALTIMORE

410-637-1900

► CHASE BREXTON HEALTH SERVICES

Mt. Vernon
410-837-2050
Randallstown
410-496-6441
Mental health services, drug and alcohol counseling, HIV and other health services.

► FIRST STEP: A COMMUNITY COUNSELING & RESOURCE CENTER

410-526-7100
Substance abuse and mental health counseling.

► HARBEL PREVENTION AND RECOVERY CENTER

410-444-2100

► HEALTH CARE ACCESS MARYLAND

410-949-2354, Ext. 4029
410-649-0529 (Main Desk)

► HEALTH CARE FOR THE HOMELESS

410-837-5533

► INSPIRIT COUNSELING SERVICES

410-433-8861
Non-profit agency with 20 locations. Accepts Medicare and insurance plans. Sliding fee.

► JEWISH COMMUNITY SERVICES

410-466-9200
Mental health, addiction and bereavement services.

► LOYOLA CLINICAL CENTER

410-617-1200
Mental health counseling/behavioral health services provided by doctoral students. Sliding fee.

► MED OPTIONS, INC. - BEHAVIORAL HEALTH SERVICES

410-832-2729
Multi-disciplinary group of mental health specialists.

► MENTAL HEALTH ASSOCIATION OF MARYLAND, METROPOLITAN BALTIMORE BRANCH

410-235-1178
Advocates for the rights of persons with mental illnesses; offers public information and education programs.

► NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), METRO BALTIMORE, INC.

410-435-2600
Provides education, advocacy and support for individuals living with mental health conditions and their families.

► ON OUR OWN, INC.

410-282-1701
Consumer-run drop-in centers, peer support groups and other social activities for individuals 18 and older utilizing mental health services. Locations include: Catonsville, Towson, Pikesville, Dundalk and various locations in Baltimore City. Call for details.

► PEERS: SENIORS IN PARTNERSHIP

443-901-1550, Ext. 213
Community education, outreach and volunteer support to adults 60 and older with mental health problems in Baltimore County.

► PENN-NORTH NEIGHBORHOOD CENTER

410-728-2080

► PEOPLE ENCOURAGING PEOPLE

410-366-4299
Rehabilitation and support services for persons with disabilities, including: mental health, vocational and housing assistance.

► PRO BONO COUNSELING PROJECT

410-825-1001
Free mental health referral service to those financially eligible.

► PROLOGUE, INC.

410-653-6190
Services for homeless persons with mental illness.

PARTIAL HOSPITALIZATION PROGRAMS

Programs which provide intensive clinical mental health treatment on an outpatient basis.

► BAYVIEW PSYCHIATRIC DAY HOSPITAL PROGRAM

410-550-0089

► LEVINDALE DAY PROGRAM - MENTAL HEALTH SERVICES

410-601-2400

► MEDSTAR UNION MEMORIAL HOSPITAL- COUNSELING CENTER PARTIAL HOSPITALIZATION AND INTENSIVE OUTPATIENT PROGRAMS

410-554-6444, Press 1

► SHEPPARD PRATT HEALTH SYSTEMS

410-938-3800 (Admissions)

► SHEPPARD PRATT HEALTH SYSTEMS, SULLIVAN DAY HOSPITAL

410-938-4700

PSYCHIATRIC HOSPITALS

► SHEPPARD PRATT HOSPITAL

410-938-3000

► SHEPPARD PRATT AT ELLICOTT CITY

443-364-5500

► SPRING GROVE HOSPITAL

410-402-6000

PSYCHIATRIC INPATIENT SERVICES IN HOSPITALS

► BON SECOURS CRISIS CENTER

410-362-3585

► JOHNS HOPKINS BAYVIEW MEDICAL CENTER

410-550-0074 (Inpatient)
410-550-0016 (Outpatient)

► JOHNS HOPKINS HOSPITAL, MEYER BUILDING

410-955-5104 (Admissions)

► LEVINDALE HEBREW GERIATRIC CENTER AND HOSPITAL

410-601-2289 (Admissions)





life
changing

With a dedication to compassionate, personalized care and comprehensive resources, Sheppard Pratt is a source of hope and healing for every patient and family it serves.



410.938.3000 | sheppardpratt.org

MENTAL HEALTH | SUBSTANCE USE
SPECIAL EDUCATION | SOCIAL SERVICES
DEVELOPMENTAL DISABILITY



M - N MENTAL HEALTH SERVICES - NOTARY SERVICES

MOVE COORDINATORS

These companies assist older adults with all aspects of downsizing and moving. Always check professional credentials, insurance, experience and request references. A written contract should be provided which documents all services and fees.

► **MEDSTAR FRANKLIN SQUARE HOSPITAL CENTER COUNSELING UNIT**
443-777-7878 (Intake)

► **MEDSTAR UNION MEMORIAL HOSPITAL COUNSELING CENTER**
410-554-6444 (Intake), Press 2

► **SINAI HOSPITAL INPATIENT PSYCHIATRIC UNIT**
410-601-5610 (Inpatient)
410-601-5457 (Outpatient)

► **UNIVERSITY OF MARYLAND MEDICAL CENTER**
410-328-6231 (Admissions)

► **UNIVERSITY OF MARYLAND - MIDTOWN CAMPUS PSYCHIATRIC UNIT**
410-225-8155

► **UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER, PSYCHIATRIC UNIT**
410-337-1580

► **NATIONAL ASSOCIATION OF SENIOR MOVE MANAGERS (NASMM)**
877-606-2766

A non-profit professional association of organizations dedicated to helping older adults and families with the physical and emotional aspects of moving. Also provides businesses which specialize in hoarding services.

NOTARY SERVICES

► **HALETHORPE PHARMACY (A CARE PHARMACY)**
410-247-3344
www.halethorpepharmacy.com
1307 Francis Avenue
Baltimore 21227
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► **INDEPENDENT DRUG (A CARE PHARMACY)**
410-687-1115
www.independentdrug.com
28 Kingston Road
Middle River 21220
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

MOBILE PHONES

Programs are available that offer free phones and minutes to low income individuals who are enrolled in certain government benefits. The service is provided through selected vendors.

► **ASSURANCE WIRELESS**
888-898-4888

► **CINTEX WIRELESS**
877-304-9183

► **LIFELINE**
888-641-8722

► **SAFELINK WIRELESS**
800-977-3768

NURSES, IN-HOME

See Home Health Services.

NURSING HOMES

See Medicaid Home and Community Based Programs.

Nursing homes or long term care facilities provide services for individuals who need nursing care on a regular basis but do not need to be hospitalized. Facilities are regulated by state and local boards of health. Many nursing care facilities offer respite care, rehabilitation and other services of short duration. Always inquire about payment options.

Selecting a nursing home is an individual and personal decision. Each person's needs, likes, dislikes and personalities are different. These preferences should be taken into consideration when searching for a nursing home. To make a well informed selection, it is recommended that you make visits to determine whether a facility meets the specific needs of you or your loved one. Ask detailed questions and visit several facilities. For information about selecting a nursing home, please visit www.baltimorecountymd.gov/agencies/aging/housing/nursinghomes.html. This list from OHCQ is current as of October 2018.

► **AUGSBURG LUTHERAN HOME**
410-486-4573
6811 Campfield Road
Baltimore 21207

► **AUTUMN LAKE HEALTHCARE AT ALICE MANOR**
410-889-9700
2095 Rockrose Avenue
Baltimore 21211

► **AUTUMN LAKE HEALTHCARE AT BRIDGEPARK**
410-542-5306
4017 Liberty Heights Avenue
Baltimore 21207

► **AUTUMN LAKE HEALTHCARE AT PIKESVILLE**
410-486-8771
7 Sudbrook Lane
Pikesville 21208

► **AUTUMN RIDGE AT NORTH OAKS**
410-602-0302
725 Mount Wilson Lane
Baltimore 21208

► **BLUE POINT NURSING AND REHAB CENTER**
410-367-9100
2525 West Belvedere Avenue
Baltimore 21215

► **BRINTON WOODS HEALTH & REHAB CENTER AT ARLINGTON WEST**
410-664-9535
3939 Penhurst Avenue
Baltimore 21215

► **BRINTON WOODS POST-ACUTE CARE CENTER**
410-325-4000
5009 Frankford Avenue
Baltimore 21206

► **BROADMEAD**
410-527-1900
13801 York Road
Cockeysville 21030

► **CHAPEL HILL NURSING CENTER**
410-922-2443
4511 Robosson Road
Randallstown 21133

► **CHARLESTOWN COMMUNITY INC**
410-247-9700
709 Maiden Choice Lane
Catonsville 21228

► **CHARLOTTE HALL VETERANS HOME**
301-884-8171
240-577-7009 (Admissions Direct Line)
www.charhall.org
29449 Charlotte Hall Road
Charlotte Hall 20622
Income based assisted living, LTC nursing, rehabilitation and memory care.

► **CHESTNUT GREEN HEALTH CENTER**
410-296-2900
1055 West Joppa Road
Towson 21204

► **EDENWALD**
410-616-8809
800 Southerly Road
Towson 21286

► **FAYETTE HEALTH AND REHAB CENTER**
410-727-3947
1217 West Fayette Street
Baltimore 21223

► **FOREST HAVEN NURSING HOME**
410-747-7425
701 Edmondson Avenue
Catonsville 21228

► **FREDERICK VILLA NURSING AND REHAB CENTER**
410-788-3300
711 Academy Road
Catonsville 21228

► **FUTURECARE HEALTH AND MANAGEMENT CORPORATION**
Baltimore
410-532-5600
1601 East Belvedere Avenue
Baltimore 21239
Canton Harbor
410-342-6644
1300 South Ellwood Avenue
Baltimore 21224
Charles Village
2337 North Charles Street
Baltimore 21218
Cherrywood
410-833-3801
12020 Reisterstown Road
Reisterstown 21136
Cold Spring
410-254-3300
4700 Harford Road
Baltimore 21214
Courtland Gardens
410-521-3600
7920 Scotts Level Road
Baltimore 21208
Homewood
410-554-6300
2700 North Charles Street
Baltimore 21218
Irvington
410-947-3052
22 South Athol Avenue
Baltimore 21229
Lochearn
410-358-3410
4800 Seton Drive
Baltimore 21215
Northpoint
410-282-0100
1046 North Point Road
Baltimore 21224
Old Court
410-922-3200
5412 Old Court Road
Randallstown 21133
Sandtown-Winchester
410-669-2750
1000 North Gilmore Street
Baltimore 21217



► **GENESIS HEALTHCARE****Caton Manor**

410-525-1544
3330 Wilkens Avenue
Baltimore 21229

Catonsville Commons

410-747-1800
16 Fusting Avenue
Catonsville 21228

Cromwell Center

410-661-5955
8710 Emge Road
Baltimore 21234

Franklin Woods Center

410-391-2600
9200 Franklin Square Drive
Baltimore 21237

Heritage Center

410-282-6310
7232 German Hill Road
Dundalk 21222

Homewood Center

410-323-4223
6000 Bellona Avenue
Baltimore 21212

Loch Raven Center

410-668-1961
8720 Emge Road
Baltimore 21234

Long Green Center

410-435-9073
115 East Melrose Avenue
Baltimore 21212

Multi-Medical Center

410-821-5500
7700 York Road
Towson 21204

Patapsco Valley Center

410-655-7373
9109 Liberty Road
Randallstown 21133

Perring Parkway Center

410-661-5717
1801 Wentworth Road
Baltimore 21234
Powerback Rehabilitation
410-296-1990
515 Brightfield Road
Lutherville 21093

► **GLEN MEADOWS
RETIREMENT
COMMUNITY**

410-592-5310
11630 Glen Arm Road
Glen Arm 21057

► **HOLLY HILL NURSING
AND REHABILITATION
CENTER**

410-823-5310
531 Stevenson Lane
Towson 21286

► **KESWICK MULTI-CARE
CENTER**

410-235-8860
700 West 40th Street
Baltimore 21211

► **KING DAVID NURSING
AND REHABILITATION
CENTER**

410-486-1500
4204 Old Milford Mill Road
Baltimore 21208

► **LEVINDALE HEBREW
GERIATRIC CENTER AND
HOSPITAL**

410-601-2400
www.lifebridgehealth.org/levindale
2434 West Belvedere Avenue
Baltimore 21215
The future of health care is here.

► **LITTLE SISTERS OF THE
POOR**

410-744-9367
601 Maiden Choice Lane
Baltimore 21228

► **LORIEN MAYS CHAPEL**

410-252-0880
12230 Roundwood Road
Timonium 21093

► **MANORCARE
HEALTH SERVICES**

Roland Park
410-662-8606
4669 Falls Road
Baltimore 21209
Rossville
410-574-4950
6600 Ridge Road
Rosedale 21237
Ruxton
410-821-9600
7001 North Charles Street
Towson 21204
Towson
410-828-9494
509 East Joppa Road
Towson 21286

► **MARIA HEALTHCARE
CENTER**

410-337-7774
6401 North Charles Street
Baltimore 21212

► **MARYLAND BAPTIST
AGED HOME**

410-945-7650
2801 Rayner Avenue
Baltimore 21216

► **MARYLAND MASONIC
HOMES**

410-527-1111
300 International Circle
Cockeysville 21030

► **MEADOW PARK
REHABILITATION AND
HEALTHCARE CENTER**

410-402-1200
1525 North Rolling Road
Catonsville 21228

► **NORTHWEST
HEALTHCARE CENTER**

410-664-5551
4601 Pall Mall Road
Baltimore 21215

► **NURSING AND REHAB
CENTER AT STADIUM
PLACE, THE**

410-554-9890
1010 East 33rd Street
Baltimore 21218

► **OAKWOOD CARE
CENTER**

410-687-1383
1300 Windlass Drive
Baltimore 21220

► **ORCHARD HILL REHAB
AND HEALTHCARE CENTER**

410-828-6500
111 West Road
Baltimore 21204

► **OVERLEA HEALTH AND
REHABILITATION CENTER**

410-426-1424
6116 Belair Road
Baltimore 21206

► **PICKERSGILL
RETIREMENT COMMUNITY**

410-825-7423
615 Chestnut Avenue
Towson 21204

► **RIDGEWAY MANOR
NURSING AND REHAB
CENTER**

410-747-5250
5743 Edmondson Avenue
Catonsville 21228

► **RIVERVIEW
REHABILITATION AND
HEALTH CENTER**

410-574-1400
1 Eastern Boulevard
Essex 21221

► **ROLAND PARK PLACE**

410-243-5800
830 West 40th Street
Baltimore 21211

► **ST. ELIZABETH
REHABILITATION AND
NURSING CENTER**

667-600-2600
3320 Benson Avenue
Baltimore 21227

► **ST. JOSEPH'S NURSING
HOME**

410-747-0026
1222 Tugwell Drive
Catonsville 21228

► **STELLA MARIS**

410-252-4500
2300 Dulaney Valley Road
Timonium 21093

► **SUMMITT PARK HEALTH
AND REHABILITATION
CENTER**

410-747-3287
1502 Frederick Road
Catonsville 21228

► **TRANSITIONAL CARE AT
MERCY MEDICAL CENTER**

410-332-9287
301 Saint Paul Place
Baltimore 21202

► WESTGATE HILLS REHAB & HEALTHCARE CENTER

410-646-2100
10 North Rock Glen Road
Baltimore 21229

NURSING HOMES - RELATED PROGRAMS

► COMMUNITY FIRST CHOICE

410-887-2594 (County)
410-396-2273 (City)
Enables individuals 18 and older, who have Community Medical Assistance and meet Medicaid's institutional level of care to remain in a community setting. To begin the eligibility determination process, call MD Access Point for the Long Term Services and Supports Screen.

► HOME AND COMMUNITY BASED OPTIONS WAIVER

410-887-2594 (County)
410-396-2273 (City)
Enables individuals 18 and older, who are financially eligible and meet Medicaid's long-term care admission criteria to remain in a community setting. To begin the eligibility determination process, call MD Access Point for the Long Term Services and Supports Screen. *See Financial Eligibility Guidelines listed in publication.

► LEGAL AID BUREAU, INC., NURSING HOME PROGRAM

410-951-7750, Press 7
Free legal assistance for nursing home and assisted living residents who meet financial eligibility. Assists with legal problems related to their care in the facility.

► LONG TERM CARE MEDICAL ASSISTANCE

410-455-7510 (County)
855-458-2273 (City)
Medicaid application for nursing home residents.

► MARYLAND HEALTH CARE COMMISSION, NURSING HOME GUIDE

410-764-3460
www.mhcc.maryland.gov/consumerinfo/longtermcare
Compares nursing home facilities.

► NURSING HOME COMPARE

www.medicare.gov/nhcompare/home.asp

► OFFICE OF HEALTH CARE QUALITY, NURSING HOMES, LONG TERM CARE UNIT

410-402-8201
Ensures that State licensure and Medicare/Medicaid standards are maintained. Investigates complaints of resident abuse.

► OMBUDSMAN PROGRAM

410-887-4200 (County)
410-396-3144 (City)
Advocates for long term care residents, provides resolution or referral of complaints concerning nursing homes and assisted living facilities.

NUTRITION SERVICES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273. See also Summary of Services –Eating Together Program.

SENIOR CENTERS AND ADDITIONAL CONGREGATE MEAL PROGRAMS

The Eating Together Program provides meals at Senior Centers, Community Nutrition Sites or Congregate Housing locations in Baltimore County and Baltimore City. There is no charge for the meal; however, a confidential, voluntary donation is requested to help maintain the program. Advance reservations are required. Baltimore County Senior Center Councils also sponsor meals for special events; these meals may have additional fees. Contact sites directly for meal days and times.

B = Breakfast
E = Evening meals
I = Islamic meals only
K = Kosher meals only
L = Lunch meals
KOR = Korean meals only

BALTIMORE COUNTY

► ARBUTUS SENIOR CENTER (L)

410-887-1410

► ATEAZE SENIOR CENTER (L)

410-887-7233

► BYKOTA SENIOR CENTER (L)

410-887-3094

► CATONSVILLE SENIOR CENTER (L)

410-887-0900

► COCKEYSVILLE SENIOR CENTER (L)

410-887-7694

► EDMERE SENIOR CENTER (L)

410-887-7530

► ESSEX CO-OP APARTMENTS (E)

410-391-7616

► ESSEX SENIOR CENTER (L)

410-887-0267

► FLEMING SENIOR CENTER (L)

410-887-7225

► GOLDEN RING APARTMENTS (E)

410-682-4094

► HEREFORD SENIOR CENTER (L)

410-887-1923

► ISLAMIC SOCIETY OF BALTIMORE (I) (L) (E)

410-747-4869

► JACKSONVILLE SENIOR CENTER (L)

410-887-8208

► LANSDOWNE/ BALTIMORE HIGHLANDS SENIOR CENTER (L)

410-887-1443

► LIBERTY SENIOR CENTER (L)

410-887-0780

► OVERLEA-FULLERTON SENIOR CENTER (L)

410-887-5220

► PARK VIEW AT CATONSVILLE (E)

410-719-9464

► PARK VIEW AT DUNDALK (E)

410-288-5483



► **PARK VIEW AT TOWSON (E)**

410-828-7185

► **PARKVILLE SENIOR CENTER (L)**

410-887-5338

► **PIKESVILLE SENIOR CENTER (K) (L)**

410-887-1245

► **REISTERSTOWN SENIOR CENTER (L)**

410-887-1143

► **REISTER'S VIEW (E)**

410-517-4994

► **ROSEDALE SENIOR CENTER (L)**

410-887-0233

► **SEVEN OAKS SENIOR CENTER (L)**

410-887-5192

► **ST. LUKE'S PLACE (L)**

667-600-3662

► **TABCO TOWERS (L)**

410-821-9220

► **TRINITY HOUSE (L)**

667-600-3735

► **VICTORY VILLA SENIOR CENTER (L)**

410-887-0235

► **VILLAGE CROSSROADS (E)**

667-600-2362

► **WEINBERG GARDENS (K) (E)**

410-602-8200

► **WEINBERG HOUSE (K) (E)**

410-602-2405

► **WEINBERG TERRACE (K)(E)**

410-602-3950

► **WEINBERG VILLAGE I (K) (E)**

410-581-7878

► **WEINBERG VILLAGE III (K) (E)**

410-581-7878

► **WOODLAWN SENIOR CENTER (L)**

410-887-6887

BALTIMORE CITY

► **ABUNDANT LIFE TOWERS (L)**

410-367-5433

► **APOSTOLIC TOWERS (L)**

410-342-1353

► **ASHLAND TERRACE (L)**

410-276-6440

► **AUGSBURG LUTHERAN CHURCH (L)**

410-542-6270

► **BASILICA PLACE (L)**

667-600-3292

► **BELVEDERE GREEN (E)**

410-433-7255

► **BERNARD E. MASON (L) (E)**

410-396-0488

► **BOLTON NORTH (L)**

410-462-5433

► **CHERRY HILL SENIOR CENTER (L)**

410-396-3838

► **COLDSTREAM (L)**

410-396-6746

► **CURTIS BAY REC. CENTER (L)**

410-396-1811

► **DELTA SIGMA THETA SORORITY (L)**

410-608-3344

► **DEPAUL HOUSE (L)**

667-600-2685

► **EDGEWOOD RECREATION CENTER (L)**

443-984-3105

► **EDWARD A. MYERBERG SENIOR CENTER (K) (L)**

410-358-6856

► **ELLERSLIE APARTMENTS (L)**

410-396-3005

► **EPIPHANY HOUSE (L)**

410-323-3040

► **EVERALL GARDEN APARTMENTS (E)**

410-444-5850

► **FORREST PARK SENIOR CENTER (L)**

410-466-2124

► **FOSTER GRANDPARENTS UNION BAPTIST CHURCH CHILD CARE CENTER (E)**

410-366-6356

► **GREENMOUNT SENIOR CENTER (KOR) (L)**

410-396-3552

► **HANOVER SQUARE APARTMENTS (L)**

410-962-1043

► **HARBOR APARTMENT (E)**

410-837-1010

► **HARFORD SENIOR CENTER (L)**

410-426-4009

► **HATTON SENIOR CENTER (L)**

410-396-9025

► **HIGHLANDTOWN PLAZA (E)**

410-674-4460

► **IVY FAMILY SUPPORT CENTER (L)**

410-367-6750

► **JOHN BOOTH SENIOR CENTER (L)**

410-396-9202

► **KIRKWOOD HOUSE (L)**

410-464-0106

► **LAKEWOOD APARTMENTS (L)**

410-522-7444

► **LINDEN PARK APARTMENTS (E)**

410-728-7806

► **MANHATTAN PARK APARTMENTS (L)**

410-466-8080

► **MANORS WEST (K) (L)**

410-396-6228

► **MCKIM CENTER HOMELESS SHELTER (L)**

410-276-5519

► **MORAVIA PARK APARTMENTS (L)**

410-325-3890

► **MOUNT CLARE OVERLOOK (L)**

410-727-4477

► **N. M. CARROLL MANOR (L)**

410-669-4270

► **OLIVER SENIOR CENTER (L)**

410-545-6239

► **OUR LADY OF FATIMA (L)**

410-631-3555

► **PARKVIEW APARTMENTS (E)**

410-542-4400

► **PENN NORTH PLAZA (L)**

410-383-8595

► **RENAISSANCE GARDENS (E)**

410-685-7183

► **SANDTOWN WINCHESTER SENIOR CENTER (B) (L)**

410-396-7724

► **SENIOR COMPANION (L)**

410-396-8013

► **SENIOR NETWORK SENIOR CENTER (L)**

410-323-7131

► **SMALLWOOD SUMMIT (L)**

410-566-5792

► **STADIUM PLACE/ EDNOR HOUSE (L)**

410-243-0180

► **WABASH COOPERATIVE APARTMENTS (L)**

410-342-8003

► **WALKERS MEWS (E)**

410-323-8507

► **WATERS TOWERS (L)**

410-342-6240

► **WAXTER SENIOR CENTER (B) (L)**

410-396-1331

► **WAYLAND VILLAGE (L)**

410-578-9142

► **WEINBERG PLACE (K) (E)**

410-542-4111

► **WESTMINSTER HOUSE (L)**

410-837-0180

► **WOODBOURNE WOODS (E)**

410-433-7255

► **ZETA COMMUNITY CENTER (L)**

410-396-3535



N - P

NUTRITION SERVICES - PERSONAL NEEDS

MEAL PREPARATION

See Home Health Services and Home Care (Non-Medical).

► 2ND FAMILY HOME CARE AND SUPPORT SERVICES

443-609-3640
443-609-3645
www.2ndfamily.com
Compassionate, certified, dementia trained, caregivers serving Central Maryland. Accepts LTCI.

► ABSOLUTE CARE SERVICES LLC

443-803-0240
443-554-6741
www.absolutecarellc.com
Licensed, premier home care services available 24 hours.

► HOMECENTRIS HEALTHCARE

410-486-5330
www.homecentris.com
Helping you remain at home, where you want to be.

OTHER NUTRITION SERVICES

► GBMC GECKLE DIABETES & NUTRITION CENTER

443-849-2036
www.gbmc.org/diabetes
Physicians Pavilion East
6565 North Charles Street, Suite 507
Baltimore 21204
Education and support groups for those with nutrition-related conditions.

► HALETHORPE PHARMACY (A CARE PHARMACY)

410-247-3344
www.halethorpepharmacy.com
1307 Francis Avenue
Baltimore 21227
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► INDEPENDENT DRUG (A CARE PHARMACY)

410-687-1115
www.independentdrug.com
28 Kingston Road
Middle River 21220
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► MEALS ON WHEELS OF CENTRAL MARYLAND, INC.

410-558-0827
www.mealsonwheelsmd.org
Delivers two nutritious meals per day, Monday-Friday, to homebound individuals of any age. Kosher meals available on limited basis.

► MOVEABLE FEAST

410-327-3420
Home delivered meals to persons with cancer or HIV/AIDS. Program requires a referral from a physician.

► OUR DAILY BREAD

443-986-9000

OCCUPATIONAL THERAPY

See Therapy: Occupational, Physical and Speech.

OPTICIANS/ OPTICAL SERVICES

See Physicians, Physician Referral Services, Physicians Who Make House Calls and Vision Resources.

ORGAN DONATION/ REGISTRY

► ANATOMY GIFTS REGISTRY

410-863-0491
800-300-5433
www.anatomygifts.org
7522 Connelley Drive, Suite M
Hanover 21076
Please consider whole body donation for medical research and education-it saves lives.

OTHER DISABILITY RESOURCES

See Disability Assistance.

PERSONAL ALERT SYSTEMS

See Medical Alert Systems.

PERSONAL EMERGENCY RESPONSE SYSTEMS

See Medical Alert Systems.

PERSONAL NEEDS

See Medical Equipment and Supplies and Pharmacies Offering Home Delivery.

► HALETHORPE PHARMACY (A CARE PHARMACY)

410-247-3344
www.halethorpepharmacy.com
1307 Francis Avenue
Baltimore 21227
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► INDEPENDENT DRUG (A CARE PHARMACY)

410-687-1115
www.independentdrug.com
28 Kingston Road
Middle River 21220
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► MID-ATLANTIC MEDICAL SUPPLY & EQUIPMENT

410-363-2279
www.suppliesforliving.com
718 Main Street
Reisterstown 21136
Price-match promise, delivery, insurance billing. Pharmacy on premises.

► PROFESSIONAL PHARMACY

410-687-8113
www.propharmacyrx.net
Seven Square Medical Facility
9106 Philadelphia Road, Suite 100
Rosedale 21237
Delivery, compression stockings, Medicare Part D consultation, assisted living facilities.



P

PERSONAL NEEDS - PHYSICIANS

► **VASCULAR SURGERY ASSOCIATES, LLC**
855-648-9982
www.vascularsurgeryassociates.net
An "A-Z" vascular group serving Harford, Cecil, Baltimore, Carroll counties.

PHARMACIES OFFERING HOME DELIVERY

In most cases, these pharmacies deliver free of charge but deliveries may be limited to prescription items only. Please call for services and delivery requirements.

► **HALETHORPE PHARMACY (A CARE PHARMACY)**
410-247-3344
www.halethorpepharmacy.com
1307 Francis Avenue
Baltimore 21227
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► **INDEPENDENT DRUG (A CARE PHARMACY)**
410-687-1115
www.independentdrug.com
28 Kingston Road
Middle River 21220
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► **MID-ATLANTIC MEDICAL SUPPLY & EQUIPMENT**
410-363-2279
www.suppliesforliving.com
718 Main Street
Reisterstown 21136
Price-match promise, delivery, insurance billing. Pharmacy on premises.

► **PROFESSIONAL PHARMACY**
410-687-8113
www.propharmacyrx.net
Seven Square Medical Facility
9106 Philadelphia Road,
Suite 100
Rosedale 21237
Delivery, compression stockings, Medicare Part D consultation, assisted living facilities.

PHYSICAL THERAPY

See Therapy: Occupational Physical and Speech

PHYSICIAN REFERRAL SERVICES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

► **MARYLAND MEDICAL ASSISTANCE BENEFICIARY SERVICES AND PHARMACY ACCESS HOTLINE**
800-492-5231
Names of physicians who accept Medical Assistance.

► **MARYLAND STATE MEDICAL SOCIETY (MEDCHI)**
410-539-0872
A referral service for physicians in Maryland.

► **MEDICARE**
800-633-4227
www.medicare.gov (Click Resource Locator, Then Click Physician Compare). To identify physicians who accept Medicare reimbursement.

PHYSICIANS

See Community Mental Health, Health Clinics, Hearing Resources, Hospital Subspecialties, Physicians Who Make House Calls and Vision Resources.

► **CENTER FOR VEIN RESTORATION**
www.centerforvein.com
Catonsville
410-525-1444
800-349-5347
1001 Pine Heights Avenue,
Suite 303
Baltimore 21229
Columbia
410-730-2784
800-349-5347
11055 Little Patuxent Parkway,
Suite 209
Columbia 21044
Owings Mills
410-998-9200
800-349-5347
20 Crossroads Drive,
Suite 212
Owings Mills 21117
Rosedale
443-815-3730
800-349-5347
9110 Philadelphia Road,
Suite 306
Rosedale 21237
Lutherville
410-296-4876
800-349-5347
1205 York Road,
Suite 34
Lutherville 21093
Feel better. Live better. Look better.



MedStar House Call Program

We Help Older Adults Remain in Their Homes

MedStar House Call Program provides compassionate and personal health care to older adults in the comfort of their homes at no additional cost.

Our team of doctors, nurse practitioners, and social workers provide patient-centered care in the Baltimore and Washington, D.C., region. For more information, please call **443-444-6100**.

MedStarHouseCall.org

P

PHYSICIANS - PUBLICATIONS OF INTEREST

► MEDSTAR CENTER FOR SUCCESSFUL AGING

443-444-4720

[www.medstargoodsam.org/
geriatrics](http://www.medstargoodsam.org/geriatrics)

Morgan Building
5601 Loch Raven Boulevard,
Suite 502

Baltimore 21239

A dedicated team supporting
patients/caregivers with all
age-related needs.



PUBLICATIONS OF INTEREST

For additional services/
information call Maryland
Access Point of Baltimore
County at 410-887-2594
or the Baltimore City Health
Department, Division of Aging
at Maryland Access Point at
410-396-2273.

► VASCULAR SURGERY ASSOCIATES, LLC

855-648-9982

[www.vascularsurgeryassociates.
net](http://www.vascularsurgeryassociates.net)

An "A-Z" vascular group serving
Harford, Cecil, Baltimore,
Carroll counties.

PHYSICIANS WHO MAKE HOUSE CALLS

For additional services/
information call Maryland
Access Point of Baltimore
County at 410-887-2594,
or the Baltimore City Health
Department, Division of Aging
at Maryland Access Point at
410-396-2273.

PODIATRISTS

For referral services, please
review physicians and the
physicians Who Make House
Calls category or contact
Maryland Access Point of
Baltimore County at 410-887-
2594, 844-627-5465 (Toll
Free) or the Baltimore City
Health Department, Division
of Aging at Maryland Access
Point at 410-396-2273.

► BALTIMORE CITY HEALTH DEPARTMENT 410-396-4398

► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING, MARYLAND ACCESS POINT, GOLD CARD, CARE BROCHURES 410-396-2273

Center for Successful Aging

Coordinated Care, Peace of Mind for Families

At MedStar Good Samaritan Hospital's Center for Successful Aging, a specialized team cares for people with complex, age-related medical and social concerns as well as provides an array of support services for both elderly patients and their caregivers—all in one convenient outpatient location. Many common problems can be treated, including:

- Dementia
- Confusion or memory problems
- Medication management
- Movement disorders, such as Parkinson's Disease
- Arthritis, joint pain, falls, or fractures
- Urinary incontinence and more

For a referral to the Center for Successful Aging, visit MedStarGoodSam.org/SuccessfulAging
or call toll-free **443-444-4720**.



MedStar Good Samaritan Hospital

P - R

PUBLICATIONS OF INTEREST - RECREATION AND LEISURE ACTIVITIES

► BALTIMORE COUNTY DEPARTMENT OF AGING PUBLICATIONS

410-887-2594

(Maryland Access Point of Baltimore County)
Produces publications and other informational media that are primarily available at no cost. Contact Maryland Access Point of Baltimore County for information.

- Consumer Reference Guide

-Community Resources 2020

- The Power of Age Program Guide

- available in September.

Time of Your Life

Digest*

(subscription fee applies)

Publications are also available at 20 Baltimore County senior centers, Baltimore County public libraries and through Project DOCS, a partnership with local hospitals. To view senior center newsletters online visit:
<http://www.baltimorecountymd.gov/agencies/aging/centers/newsletters.html>.

► BALTIMORE COUNTY

Time of Your Life

Digest*

410-887-3050

www.baltimorecountymd.gov/Agencies/aging/publications/timeofyourlifedigest.html

A newspaper filled with information and interests pertaining to older adults, baby boomers, caregivers, families, persons with disabilities and professionals. Published eight times annually by the Baltimore County Department of Aging. Cost is \$5 per year for subscribers 60 and older who live in Baltimore County; \$7 per year for all other subscribers. Advertising opportunities available. Please phone for pricing.

► CAREGIVER CONNECTION

410-887-4724

A free newsletter for caregivers by mail or e-mail. To subscribe, visit www.baltimorecountymd.gov/subscribe/caregiver.

► COUNTY CONNECTION

An e-newsletter from the County Executive's office. To subscribe, visit www.baltimorecountymd.gov/subscribe/index.html.

► EMERGENCY CARD

Orange Card -

410-887-2594 (County)

Gold Card -

410-396-2273 (City)

This card could save your life. This card lists all of your medications and other medical information. Emergency medical personnel look for this card on refrigerators in an emergency.

REALTORS, REAL ESTATE AGENTS

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.



RECREATION AND LEISURE ACTIVITIES

► BALTIMORE ADAPTIVE RECREATION AND SPORTS (BARS)

478-BARS-FUN (227-7386)

www.barsinfo.org

P.O. Box 631

Parkton 21120

Offers year-round recreational opportunities to individuals with disabilities of all ages. Hosts annual snow skiing clinic at a nearby ski resort, in addition to water skiing, canoeing, cycling, kayaking, camping, wheelchair tennis and more.

► BALTIMORE CITY RECREATION AND PARKS

410-396-7900

410-396-1550 (Therapeutic)

Persons with disabilities call therapeutic number.

► BALTIMORE CITY RECREATION AND PARKS, SENIOR CITIZENS DIVISION GOLDEN AGE CLUBS

410-396-2920

► BALTIMORE COUNTY DEPARTMENT OF RECREATION AND PARKS

410-887-3871

Recreation and leisure opportunities in County.

Office of Therapeutic Recreation Services

410-887-5370

410-887-5319 (TTY)

www.baltimorecountymd.gov/Agencies/recreation/programdivision/therapeutic/index.html

1801 Glen Keith Blvd

Parkville 21234

Offers a variety of recreational opportunities and services for individuals with disabilities county-wide.

► BALTIMORE COUNTY OFFICE OF TOURISM

410-887-2849

► BALTIMORE COUNTY SENIOR CENTERS

(See "Senior Centers")

► CHESAPEAKE REGION ACCESSIBLE BOATING (CRAB)

410-266-5722

www.crabsailing.org

177 Defense Highway, Suite 9
Annapolis 21401

Offers sailing for physically and/or developmentally-challenged individuals and for those individuals whose financial circumstances preclude their participation in recreation on the waters of Chesapeake Bay.

► DOWNTOWN SAILING CENTER

410-727-0722

www.downtownsailing.org

1425 Key Highway, Suite 110
Baltimore 21230

Offers educational and recreational sailing programs.

► LEAGUE OF DREAMS— BASEBALL AND SOFTBALL

410-719-1641

www.leagueofdreams.org

1901 Clifton Road

Baltimore 21228

Provides all individuals, regardless of their physical or mental capacities, the opportunity to participate in the games of baseball and softball.

► MARYLAND COUNCIL FOR SPECIAL EQUESTRIANS

410-418-4300

2501 Frederick Road

Catonsville 21228

Offers therapeutic horseback riding for individuals with disabilities.

R

► **MARYLAND RAVENS, INC.**
410-825-5359
www.marylandravens.org
1413 Glendale Road
Baltimore 21239
Promotes abilities utilizing physically challenged participants through athletics, lectures and community service.

► **MARYLAND SENIOR OLYMPICS**
240-777-4930
Competitions for people age 50 and over in archery, bowling, cycling, golf, horseshoes, track and field and more.

► **SPECIAL OLYMPICS MARYLAND – BALTIMORE COUNTY**
410-242-1515
800-541-7544 (Toll Free In Maryland)
www.somd.org
www.somdba.org
3701 Commerce Drive, Suite 103
Baltimore 21227
Offers year-round sports including 24 sports ranging from aquatics and alpine skiing to soccer and sailing. Check the website for the annual calendar.

► **SENIOR BOX OFFICE**
410-887-5399
www.seniorboxoffice.org
Volunteer program that distributes discounted event tickets to members. Travel opportunities also available without membership.

► **TALMAR GARDENS AND THERAPEUTIC CENTER**
410-825-2020
www.talmar.org
1994 Cromwell Bridge Road
Baltimore 21234
Provides vocational and horticultural therapy programming to youth and adults in collaboration with Baltimore County Department of Recreation and Parks, Office of Therapeutic Recreation Services.

RECREATION AND LEISURE ACTIVITIES

► **TOWSON UNIVERSITY, INSTITUTE FOR WELL-BEING WELLNESS CENTER**
410-704-4555
Offering a focus on medical fitness and exercise for seniors.

GOLF COURSES, BALTIMORE CITY

Carroll Park
410-685-8344
Clifton Park
410-243-3500
Forest Park
410-448-4653
Mount Pleasant
410-254-5100
Pine Ridge
410-252-1408

GOLF COURSES, BALTIMORE COUNTY

410-887-GOLF (4653)
www.baltimoregolfing.com
Diamond Ridge
410-887-1349
Greystone
410-887-1945
Fox Hollow
410-887-7735
Rocky Point
410-887-0215
The Woodlands
410-887-1349

AQUATIC PROGRAMS FOR OLDER ADULTS AND PERSONS WITH PHYSICAL DISABILITIES

Recreational water programs led by trained instructors. Ability to swim not required. Fees vary.

► **ARTHRITIS FOUNDATION, MARYLAND CHAPTER**
443-738-9632
Maintains current listing of swimming programs for arthritic individuals and persons with disabilities.



Join Us!

Keswick in the Community

Community for Life at Keswick will assist older adults who wish to remain living in their homes, doing the things they love for as long as possible.

What Membership Includes...

- Home Assessment
- Handyman & Home Maintenance Service
- Wise & Well Center for Healthy Living Membership
- Transportation Support
- Groceries and Medication Access
- Health and Wellness Concierge
- Personal Balance/Falls Risk Screening

For more information, please contact:

Stephanie Pessin, PT, BA, BSPT, MPT
Community for Life Concierge
PessinS@ChooseKeswick.org
Office: 410.246.7187 | Cell: 443.890.0289

KESWICK
wise & well

MARYLAND COMMUNITY FOR LIFE
Keswick Community Health

R

RECREATION AND LEISURE ACTIVITIES - REVERSE MORTGAGES

► LEAGUE FOR PEOPLE WITH DISABILITIES, WELLNESS PROGRAM

410-323-0500, Ext. 314
www.leagueforpeople.org
Recreational and wellness
activities for persons with
disabilities.

► MULTIPLE SCLEROSIS SOCIETY OF MARYLAND

443-641-1200
Maintains current listing of
swimming programs for persons
with disabilities.

RESPIRE CARE SERVICES

See Assisted Living Programs,
Home Health Services, Home
Care (Non-Medical), Home
Care/Alzheimer's Dementia,
Memory Care and Nursing
Homes.

► 2ND FAMILY HOME CARE AND SUPPORT SERVICES

443-609-3640
443-609-3645
www.2ndfamily.com
1532 Liberty Road, Suite 105
Eldersburg 21784
Compassionate, certified,
dementia trained, caregivers
serving Central Maryland.
Accepts LTCL.

► ABSOLUTE CARE SERVICES LLC

443-803-0240
443-554-6741
www.absolutecarellc.com
8422 Bellona Avenue,
Suite 201
Towson 21204
Licensed, premier home care
services available 24 hours.

► BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY

443-275-2796
(24-Hour Service)
www.brightstarcare.com/
baltimore-city-county
1615 York Road, Suite 205
Lutherville-Timonium 21093
Private duty, CNA, LPN, RNs.
Accepted by all LTC insurance.

► HOMECENTRIS HEALTHCARE

410-486-5330
www.homecentris.com
10 Crossroads Drive,
Suite 110
Owings Mills 21117
Helping you remain at home,
where you want to be.

► STELLA MARIS

410-252-4500
www.stellamaris.org
2300 Dulaney Valley Road
Timonium 21093
Provides a range of medical
services throughout the
Baltimore region.

REVERSE MORTGAGES

For additional services/
information call Maryland
Access Point of Baltimore
County at 410-887-2594
or the Baltimore City Health
Department, Division of Aging
at Maryland Access Point at
410-396-2273.


Reverse mortgage counseling
is a mandatory part of the
application process.



**Cherishing every moment, we care for your loved ones
through comprehensive, compassionate and dignified care.**

Skilled Home Care • In-Patient and Home Hospice • Long Term Care • Transitional Care
Private Companion Services • Senior Living • Short Term Respite • Senior Day Center

Stella Maris
A Tradition of Mercy. A Heart of Caring.

stellamaris.org • (410) 252-4500 • 
An affiliate of Mercy Health Services

2015 Top Rated Nursing Homes by U.S. News & World Report and medicare.gov

► **U.S. HOUSING AND URBAN DEVELOPMENT, HOME EQUITY CONVERSION MORTGAGE PROGRAM**
800-569-4287
www.hud.gov
Lists housing counseling agencies.

SENIOR CENTERS

BALTIMORE COUNTY
410-887-2040
www.baltimorecountymd.gov/seniorcenters

Energize Your Life! at a Baltimore County Senior Center. Baltimore County Department of Aging's 20 senior centers provide opportunities for persons 60 years of age and older to get energized by participating in a diverse array of mentally and physically enhancing events, classes, and other activities. Chances for leadership, lifelong learning, volunteerism, and advocacy abound, with trips, social events, sports, exercise, art, dance, drama, health screenings, music and evidence-based wellness programs offered on a daily basis. Thirteen senior centers offer access to fitness equipment for an additional fee. A lunch-time "Eating Together" program is available at all senior centers (see Nutrition Services), while a Center Connection program for individuals needing some additional support is offered at eight sites. The senior centers also offer information and assistance for caregivers and resources to assist older adults to remain independent in the community.

CENTER CONNECTION

A senior center service that supports and links individuals to senior center programs. Available at eight senior centers marked by asterisk*.

► **ARBUTUS SENIOR CENTER**
410-887-1410
www.baltimorecountymd.gov/arbutus
855A Sulphur Spring Road
Baltimore 21227

► **ATEAZE SENIOR CENTER***
410-887-7233
410-284-3273 (Council)
410-285-0481 (Travel Desk)
www.baltimorecountymd.gov/ateaze
7401 Holabird Avenue
Dundalk 21222

► **BYKOTA SENIOR CENTER***
410-887-3094
410-887-1691 (Travel Desk)
www.baltimorecountymd.gov/bykota
611 Central Avenue
Towson 21204

► **CATONSVILLE SENIOR CENTER***
410-887-0900
410-744-0170 (Travel Desk)
www.baltimorecountymd.gov/catonsville
501 North Rolling Road
Catonsville 21228

► **COCKEYSVILLE SENIOR CENTER***
(at Warren Place Apts.)
410-887-7694
410-666-0896 (Travel Desk)
www.baltimorecountymd.gov/cockeesville
10535 York Road
Cockeysville 21030

► **EDGEMERE SENIOR CENTER**
410-887-7530
410-477-2141 (Travel Desk)
www.baltimorecountymd.gov/edgemere
6600 North Point Road
Edgemere 21219

► **ESSEX SENIOR CENTER***
410-887-0267
410-687-5113 (Travel Desk)
www.baltimorecountymd.gov/essex
600 Dorsey Avenue
Essex 21221

► **FLEMING SENIOR CENTER**
410-887-7225
www.baltimorecountymd.gov/fleming
641 Main Street
Dundalk 21222

► **HEREFORD SENIOR CENTER**
410-887-1923
www.baltimorecountymd.gov/herford
510 Monkton Road,
2nd Floor
Hereford 21111

► **JACKSONVILLE SENIOR CENTER**
410-887-8208
www.baltimorecountymd.gov/jacksonville
3605A Sweet Air Road
Phoenix 21131

► **LANDSDOWNE/ BALTIMORE HIGHLANDS SENIOR CENTER**
410-887-1443
www.baltimorecountymd.gov/landstowne
424 Third Avenue
Lansdowne 21227

► **LIBERTY SENIOR CENTER***
410-887-0780
www.baltimorecountymd.gov/liberty
3525 Resource Drive
Randallstown 21133

► **OVERLEA-FULLERTON SENIOR CENTER**
410-887-5220
www.baltimorecountymd.gov/overleafullerton
4314 Fullerton Avenue
Overlea 21236

► **PARKVILLE SENIOR CENTER***
410-887-5338
410-882-6087 (Travel Desk)
www.baltimorecountymd.gov/parkville
8601 Harford Road
Parkville 21234

► **PIKESVILLE SENIOR CENTER***
410-887-1245
410-484-5285 (Council/Travel Desk)
www.baltimorecountymd.gov/pikesville
1301 Reisterstown Road
Pikesville 21208

► **REISTERSTOWN SENIOR CENTER**
410-887-1143
410-887-6958 (Travel Desk)
www.baltimorecountymd.gov/reisterstown
12035 Reisterstown Road
Reisterstown 21136

► **ROSEDALE SENIOR CENTER**
410-887-0233
410-574-4125 (Travel Desk)
www.baltimorecountymd.gov/rosedale
1208 Neighbors Avenue
Rosedale 21237

► **SEVEN OAKS SENIOR CENTER**
410-887-5192
443-608-0613 (Travel Desk)
www.baltimorecountymd.gov/sevenoaks
9210 Seven Courts Drive
Nottingham 21236

► **VICTORY VILLA SENIOR CENTER**
410-887-0235
410-686-1352 (Travel)
www.baltimorecountymd.gov/victoryvilla
403 Compass Road
Middle River 21220

SENIOR CENTERS - SUPPORT GROUPS

► WOODLAWN SENIOR CENTER

410-887-6887
410-887-1307 (Travel Desk)
www.baltimorecountymd.gov/woodlawn
2120 Gwynn Oak Avenue
Woodlawn 21207

BALTIMORE CITY

Healthy and Active Aging is the theme of Baltimore City's thirteen (13) senior centers. Eight (8) of the thirteen are operated by Baltimore City. Centers are strategically located throughout the city offering a range of services, programs and activities that help meet the social, physical and intellectual needs of older adults.

Each center provides opportunities for adults, age 55 and older to engage in activities that are stimulating, enhancing and culturally diverse. Participants can choose from an array of choices and options that foster skill development, lifelong learning, art creativity, and cultural exchange. In addition, centers provide nutritional health, education, screening and a safe, embracing environment for socialization within the community, and also opportunities for volunteerism.

Baltimore City welcomes you to connect with any one of the thirteen (13) centers and find what interests you to maintain a healthy and active aging lifestyle.

► ACTION IN MATURITY

410-889-7915
700 West 40th Street
Baltimore 21211

► CHERRY HILL SENIOR CENTER

410-396-2920
3301 Waterview Avenue
Baltimore 21230

► EDWARD A. MYERBERG SENIOR CENTER

410-358-6856
3101 Fallstaff Road
Baltimore 21209

► FOREST PARK SENIOR CENTER

410-466-2124
4801 Liberty Heights Avenue
Baltimore 21207

► GREENMOUNT SENIOR CENTER

410-396-3552
425 East Federal Street
Baltimore 21202

► HARFORD SENIOR CENTER

410-426-4009
4920 Harford Road
Baltimore 21214

► HATTON SENIOR CENTER

410-396-9025
2825 Fait Avenue
Baltimore 21224

► JOHN BOOTH SENIOR CENTER

410-396-9202
2601-A East Baltimore Street
Baltimore 21224

► OLIVER SENIOR CENTER

410-396-3861
1700 North Gay Street
Baltimore 21213

► SANDTOWN-WINCHESTER SENIOR CENTER

410-396-7724
1601 Baker Street
Baltimore 21217

► SENIOR NETWORK OF NORTH BALTIMORE

410-323-7131
5828 York Road
Baltimore 21212

► WAXTER SENIOR CENTER

410-396-1324
1000 Cathedral Street
Baltimore 21201

► ZETA CENTER FOR HEALTHY AND HEALTHY LIVING

410-396-3535
4501 Reisterstown Road
Baltimore 21215

SOCIAL WORK

See Case Management.

SPEECH THERAPY

See Therapy: Occupational, Physical and Speech.

SUICIDE HOTLINES

See Hotlines.

SUPPORT GROUPS

ALCOHOLISM

► AL-ANON FAMILY GROUP

410-832-7094

► ALCOHOLICS ANONYMOUS

410-663-1922

ALZHEIMER'S DISEASE

► ALZHEIMER'S ASSOCIATION

410-561-9099
www.alz.org/maryland
Provides support groups for various stages of Alzheimer's Disease. Maintains listing of other support groups.

AMPUTEE SUPPORT

► GOOD SAMARITAN HOSPITAL

443-444-4100

► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE

410-448-6731

ARTHRITIS

► ARTHRITIS FOUNDATION

443-274-7480

ASTHMA

► AMERICAN LUNG ASSOCIATION

800-586-4872

► ASTHMA AND ALLERGY FOUNDATION

410-484-2054

BEREAVEMENT/ GRIEF

► BALTIMORE CANCER SUPPORT GROUP AT ST. PETER'S LUTHERAN CHURCH

410-668-1762
Adults, not limited to cancer.

► BEREAVED PARENTS USA

410-321-7053
Bereaved parents/grandparents.

► COMMUNITY HOSPICE OF MARYLAND

866-234-7742

► COUNSELING CENTER AT STELLA MARIS

410-252-4500, Ext. 7291
Individual counseling and support groups.

► GILCHRIST HOSPICE CARE

443-849-8251
General adult support groups.

► HEARTLAND HOSPICE

410-719-8670

► HOPEWELL CANCER SUPPORT

410-832-2719
For adults/children.

CANCER

► AMERICAN CANCER SOCIETY

410-931-6850

► BALTIMORE CANCER SUPPORT GROUP, ST. PETER'S LUTHERAN CHURCH

410-668-1762

Patients, caregivers and bereavement.

► CANCER INFORMATION SERVICE

800-4-CANCER

► GBMC ONCOLOGY SUPPORT PROGRAMS

443-849-2961

► HOPEWELL CANCER SUPPORT

410-832-2719

► SAINT AGNES HOSPITAL'S CANCER INSTITUTE

410-368-2970

► UNION MEMORIAL HOSPITAL ARM-IN-ARM BREAST CANCER SUPPORT GROUP

410-554-6505

► UNIVERSITY OF MARYLAND - ST. JOSEPH CANCER INSTITUTE SUPPORT SERVICES

410-427-2011

CAREGIVERS

See Caregivers / Grandparent support.

► BALTIMORE CITY HEALTH DEPARTMENT OFFICE OF AGING FAMILY CAREGIVERS SUPPORT PROGRAM

410-396-4932

► HOPKINS ELDERPLUS CAREGIVER SUPPORT GROUP

410-550-8093 (Information)
Mason F. Lord Building,
East Tower, First Floor
5200 Alpha Commons Drive
Baltimore 21224
Meetings are held the 2nd
Tuesday of each month,
12:30 p.m. – 2 p.m.

► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE, CAREGIVERS SUPPORT GROUP

410-448-6311

DIABETES

► AMERICAN DIABETES ASSOCIATION

410-265-0075

► UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER

410-337-1382

DIVORCE

► CHANGING FOCUS

410-721-0992

EATING DISORDERS

► OVEREATERS ANONYMOUS

443-475-0443

EPILEPSY

► ABILITIES NETWORK INC./EPILEPSY FOUNDATION OF THE CHESAPEAKE REGION

410-828-7700, Ext. 1259

HEARING

► HASA | THE HEARING AND SPEECH AGENCY

410-318-6780

LOW VISION

► BLIND INDUSTRIES AND SERVICES OF MARYLAND

410-737-2600

MENTAL HEALTH

► ISSUES IN AGING/ LIVING - GERIATRIC SERVICES GROUP

Ateaze Senior Center
410-887-7233
Bykota Senior Center
410-887-3094
Catonsville Senior Center
410-887-0900
Essex Senior Center
410-887-0267
Liberty Senior Center
410-887-0780
Pikesville Senior Center
410-887-1245

► NAMI - METRO BALTIMORE

410-435-2600

MESOTHELIOMA

► MESOTHELIOMA CENTER

844-245-1409

MULTIPLE SCLEROSIS

► LEAGUE FOR PEOPLE WITH DISABILITIES, THE MS DAY PROGRAM

410-323-0500

► NATIONAL MULTIPLE SCLEROSIS SOCIETY

Maryland Chapter
443-641-1200

PARKINSON'S DISEASE

► JOHNS HOPKINS PARKINSON'S DISEASE AND MOVEMENT DISORDER CENTER

410-955-8795

► PROGRESSIVE SUPRANUCLEAR PALSY, SOCIETY FOR

800-457-4777

► UNIVERSITY OF MARYLAND PARKINSON'S DISEASE AND MOVEMENT DISORDERS CENTER

410-328-7809

SPINAL CORD INJURY

► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE, SPINAL CORD INJURY SUPPORT GROUP FOR SURVIVORS/FAMILIES

410-448-6307

410-448-6311

STROKE/BRAIN INJURY

► GOOD SAMARITAN HOSPITAL, STROKE CLUB

443-444-5500

► RETURN PROGRAM AT SINAI HOSPITAL

410-601-6080

Any type of brain injury.

► TOWSON UNIVERSITY, INSTITUTE FOR WELL-BEING STROKE SURVIVOR GROUP

410-704-3095

Monthly group meetings for survivors and family members.

► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE, BRAIN INJURY SUPPORT GROUP FOR SURVIVORS/FAMILIES

410-448-6320

410-371-7117 (Addiction Group)

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SUPPORT GROUPS - THERAPY: OCCUPATIONAL, PHYSICAL AND SPEECH

► **UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE STROKE SUPPORT GROUP FOR SURVIVORS AND FAMILY**
410-448-6320

SUICIDE, FAMILIES OF VICTIMS OF SUICIDE

► **SEASONS SUICIDE BEREAVEMENT, INC.**
410-683-0159

SWIMMING

See Recreation and Leisure Activities, and Therapy: Occupational, Physical and Speech.

TAX INFORMATION AND ASSISTANCE

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

► **BALTIMORE COUNTY OFFICE OF BUDGET AND FINANCE, TAXPAYERS SERVICES**
410-887-2403
Information and assistance concerning property tax bills.

► **BALTIMORE CASH CAMPAIGN**
410-234-8008
Free tax preparation and other helpful financial services.

► **EARNED INCOME TAX CREDIT**
800-492-0618 (211 Helpline)
Tax credit for certain low to moderate wage earners.

► **FEDERAL TAX ASSISTANCE**
800-829-1040 (General Assistance)
800-829-3676 (Forms Distribution)

► **MARYLAND PROPERTY TAX CREDIT**
410-767-4433, Press 1
Maryland Property tax credit based on a person's gross income. Those age 70 and older may file for the past three years.

► **MARYLAND RENTER'S TAX CREDIT**
410-767-4433, Press 2
Maryland tax credit for renters when rent exceeds a fixed percentage of their gross income.

► **MARYLAND STATE TAX ASSISTANCE**
410-260-7951 (Forms)
410-260-7980 (General Assistance)
410-260-7980 (Taxpayer Assistance Office)
Comptroller of Maryland responds to Maryland tax questions.

► **STATE PROPERTY TAX DEDUCTION FOR LEGALLY BLIND IN BALTIMORE COUNTY**
410-512-4900

► **TAX COUNSELING FOR OLDER ADULTS**
410-887-2594 (County)
410-396-2273 (City)
Partnership of AARP and IRS. Free tax assistance to older adults at local senior centers during tax season.

► **TAXPAYER ADVOCATE SERVICE**
443-853-6000
An IRS office which offers free assistance to help resolve tax problems.

THERAPY: OCCUPATIONAL, PHYSICAL AND SPEECH

► **CHARLOTTE HALL VETERANS HOME**
301-884-8171
240-577-7009 (Admissions Direct Line)
www.charhall.org
29449 Charlotte Hall Road
Charlotte Hall 20622
Income based assisted living, LTC nursing, rehabilitation and memory care.

► **LEAGUE FOR PEOPLE WITH DISABILITIES, SCALE APHASIA PROGRAM**
410-323-0500, Ext. 501
www.leagueforpeople.org
5910 York Road
Baltimore 21212
Intensive community treatment program for aphasia speech disorder.

► **MEDSTAR CENTER FOR SUCCESSFUL AGING**
443-444-4720
www.medstargoodsam.org/geriatrics
Morgan Building
5601 Loch Raven Boulevard, Suite 502
Baltimore 21239
A dedicated team supporting patients/caregivers with all age-related needs.

► **STELLA MARIS**
410-252-4500
www.stellamaris.org
2300 Dulaney Valley Road
Timonium 21093
Provides a range of medical services throughout the Baltimore region.



Maryland Masonic Homes is the premier choice for Rehab & Assisted Living

The castle on the hill in the Hunt Valley area has opened the doors to non-Masons.



410-316-9129

MARYLAND MASONIC HOMES

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TRANSPORTATION SERVICES

TRANSPORTATION SERVICES

PUBLIC AND NON-PROFIT

► ACTION IN MATURITY

410-889-7915

www.actioninmaturity.org
Door-to-door shuttle and personal transportation for older adults and people with disabilities living in Baltimore City. Fares vary: \$2.00 round trip for grocery shuttles, personal transportation rates according to destination. Fares are waived for hardship.

► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING, TAXI - CARD PROGRAM

410-664-1123

www.caretaxicard.com

► CHAI'S NORTHWEST SENIOR SHUTTLE

410-889-1148

Free shuttle services for residents of Weinberg Senior Living and members of Northwest Neighbors Connecting. Operated by Action in Maturity.

► COUNTRYRIDE

410-887-2080

www.baltimorecountymd.gov
Provides transportation to adults age 60 and over, persons with disabilities from age 18 - 59 and rural residents of Baltimore County. Fee of \$3.00 each way/ \$2.50 when discounted tickets are purchased in advance from CountyRide's Office or your local senior center. See Baltimore County's Summary of Services for additional information.

► HEALTH DEPARTMENT, MEDICAL ASSISTANCE TRANSPORTATION

410-887-2828 (County)

410-396-6422 (City)

Transportation for Medical Assistance recipients to and from their place of medical care.

► MARYLAND MOTOR VEHICLE ADMINISTRATION

Automated Information

410-768-7000

Customer Service

800-950-1682

Handicapped License Plates/
Mirror Tags

410-787-2958

Handicapped Signs For
Residential Parking Permit

410-887-3554 (County)

443-573-2800 (City)

► MARYLAND TRANSIT ADMINISTRATION INFORMATION CENTER (MTA)

410-539-5000

410-539-3497 (TDD)

For buses, the Metro and Light Rail (all buses have wheelchair lifts).

► MTA CALL-A-RIDE

410-664-2030

www.mtacallaride.org

► MTA MOBILITY/ PARATRANSIT SERVICE

410-764-8181

Curb-to-curb service, 24 hours a day inside the Baltimore Beltway. Also serves within ¾ of a mile along fixed MTA routes outside the Baltimore Beltway. Client must be disabled and complete certification eligibility. Exact change required. Cost- \$1.90 each way. "Taxi Access" program available for individuals registered with MTA Mobility.

The Snyder Center for Aphasia Life Enhancement



- Language recovery in a supportive environment
- Cutting- edge aphasia technology and software
- Interactive group communication classes
- Support and training for families and caregivers

APHASIA

(uh-fay-zhuh) n.

An impairment in the ability to communicate as a result of stroke or brain injury

LEAGUEFORPEOPLE.ORG

410-323-1777

► MTA REDUCED FARES FOR SENIORS AND PERSONS WITH DISABILITIES

410-767-4833
410-333-2051 (TTY)
6 St. Paul Street
Baltimore 21202
People 65 and older (with a state issued ID), and those with disabilities (with application and a state issued ID) may ride for \$.70 per ride, \$2 or two tokens for a daily pass, or \$20 for a monthly pass on the bus, light rail/Metro, and one-half the regular fare on MARC trains.

PRIVATE WHEELCHAIR ACCESSIBLE

Ambulance, van and school bus companies that provide wheelchair accessible vehicles for a fee. For additional referrals/services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

NON WHEELCHAIR ACCESSIBLE

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

TRANSPORTATION/ HOME CARE SERVICES

See Home Health Services and Home Care (Non-Medical). Please check with agency to learn their requirements for this service.

► 2ND FAMILY HOME CARE AND SUPPORT SERVICES

443-609-3640
443-609-3645
www.2ndfamily.com
Compassionate, certified, dementia trained, caregivers serving Central Maryland. Accepts LTCI.

TRAVEL

► BALTIMORE COUNTY SENIOR CENTER TRAVEL

See "Senior Centers, Baltimore County" for contact information.

► NATIONAL PASSPORT INFORMATION

877-487-2778
www.travel.state.gov/passport
Print online application to submit at post office for a US passport.

► SENIOR BOX OFFICE

410-887-5399
www.seniorboxoffice.org
Volunteer program that distributes discounted tickets to members for cultural and other events. Diverse travel opportunities available without membership.

GOLDEN AGE AND SENIOR PASSES

► FEDERAL RECREATION SENIOR PASS

410-962-4290
Lifetime permit to Federal parks, monuments and recreation areas for permanent U.S. residents age 62 and older. Must apply in person. Closest location: Ft. McHenry.

► STATE GOLDEN AGE PASS

410-260-8186
www.dnr.maryland.gov
Free day use entry to all Maryland State Parks; half price camping Sun.-Thurs.; age 62 and older.

VETERAN RESOURCES

► AID AND ATTENDANCE PROGRAM

800-446-4926, Ext 6450
Benefit for veterans and their spouses who need the assistance of another person to perform personal care. Financial and medical eligibility criteria apply.

► BALTIMORE VA MEDICAL CENTER

410-605-7000
877-222-8387 (Eligibility/Enrollment)
Acute medical/surgical care facility offering inpatient, outpatient, primary care services and rehabilitation.

► BALTIMORE VA REHAB AND EXTENDED CARE CENTER

410-605-7000, Press 5
Rehab and post-acute care for veterans.

► CHARLOTTE HALL VETERANS HOME

301-884-8171
240-577-7009 (Admissions Direct Line)
www.charhall.org
29449 Charlotte Hall Road
Charlotte Hall 20622
Income based assisted living, LTC nursing, rehabilitation and memory care.

► LOCH RAVEN VA OUTPATIENT CLINIC

410-605-7651
Outpatient care for veterans.

► MARYLAND DEPARTMENT OF VETERANS AFFAIRS

800-446-4926, Ext. 56450
800-827-1000 (General Information)
www.mdva.state.md.us
Assists Maryland veterans and families to obtain benefits including Maryland Veterans Cemetery Program.

► PERRY POINT VA MEDICAL CENTER

410-642-2411
Services for Maryland veterans includes mental health, inpatient medical, long term care, rehabilitation, geriatric evaluation/management, respite, chronic ventilator and hospice care.

► PROJECT PLASE VETERANS PROGRAM

410-837-1400, Ext.239 or 227
Supportive services for homeless veterans, or those at risk of becoming homeless.

► TRICARE FOR LIFE

866-773-0404
Health insurance for active duty military, families and retirees.

► U. S. DEPT. OF VETERANS AFFAIRS TELEPHONE ASSISTANCE

410-230-4500 (Baltimore Region)
800-827-1000 (National Helpline)
Benefits for eligible veterans and their families.

► VA MARYLAND HEALTH CARE SYSTEM, ELIGIBILITY & ENROLLMENT CENTER

800-463-6295, Ext. 57324
To receive VA health care, veterans must first be enrolled with the VA health care system.





VETERAN RESOURCES - VISION RESOURCES



► VA MEDICAL FOSTER HOME PROGRAM

443-845-6484

Benefit for eligible veterans; foster home care includes room/board, 24 hour supervision, medication management and assistance with daily living skills.

VISION RESOURCES

See Assistive Technology, Disabilities Assistance, Physicians and Physicians Who Make House Calls.

► BLIND INDUSTRIES AND SERVICES OF MARYLAND

410-737-2600

Vocational training, information and referral. Sells low-vision aids and appliances at cost.

► FOUNDATION FIGHTING BLINDNESS, INC., THE

410-423-0600

800-683-5555

Funds research and provides information.

► GBMC OPHTHALMOLOGY CLINIC

443-849-2106

www.gbmc.org/ophthalmology
Physicians Pavilion West
6569 North Charles Street,
Suite 505
Baltimore 21204

Services ranging from eye exams, diagnostic procedures and surgical procedures.

► HEALTH CARE FOR THE HOMELESS

410-837-5533

Society for Sight offers free vision care and eyeglasses to the uninsured homeless.

► JOHNS HOPKINS HOSPITAL, WILMER EYE INSTITUTE

410-955-3518

Offers free diabetic retinopathy screening for persons who are taking diabetic medication, and are uninsured or underinsured.

► JOHNS HOPKINS HOSPITAL, WILMER EYE INSTITUTE, LIONS LOW VISION CENTER

410-955-0580

Rehabilitation and training for individuals with low vision.

► MARYLAND RELAY

410-767-0960

800-522-7724

www.doit.maryland.gov/mdrelay

301 West Preston Street,
Suite 1008A
Baltimore 21201

Everything you need to stay connected.

► MARYLAND SOCIETY FOR SIGHT

410-243-2020

Information and referral regarding eye health and safety; visual acuity and glaucoma screenings.

► MARYLAND STATE LIBRARY FOR THE BLIND AND PHYSICALLY HANDICAPPED

410-230-2424

Free library services for individuals with visual or physical disabilities.

► MEDSTAR CENTER FOR SUCCESSFUL AGING

443-444-4720

www.medstargoodsam.org/geriatrics
Morgan Building
5601 Loch Raven Boulevard,
Suite 502
Baltimore 21239

A dedicated team supporting patients/ caregivers with all age-related needs.



Providing Affordable, Comfortable and Trusted Care for Veterans and Eligible Spouses

- * Medicare Certified Rehabilitation
- * Secure Compassionate Memory Care
- * Long-Term Nursing Care for Veterans & Eligible Spouses
- * Income-Based Assisted Living
- * Fully Subsidized Nursing Care for Veterans with a 70%+ Service Connected Disability Rating
- * Physician Services on Premises: Primary Care, Audiology, Dental, Dermatology, Optometry and Counseling

Skilled care 24-Hours a Day

- Social & Fitness Activities
- Barber & Beauty Shop
- Multiple Dining Rooms
- Devoted Volunteer Program
- FREE Transportation to VA Medical Center in Washington, DC



Visit our beautiful home today...

Charlotte Hall Veterans Home

29449 Charlotte Hall Road

Charlotte Hall, Maryland 20622

Serving Those Who Served

www.charhall.org  301-884-8171



VISION RESOURCES - VOLUNTEER OPPORTUNITIES

► METROPOLITAN WASHINGTON EAR

301-681-6636

A free multi-media audio information service for the blind, visually-impaired and physically disabled community.

► NATIONAL FEDERATION OF THE BLIND

410-659-9314

Information regarding services and aids available to the blind and visually impaired.

Newsline For The Blind

410-659-9314, Press 3

A free audio newspaper service for the blind and visually impaired.

► NEW EYES FOR THE NEEDY

973-376-4903

Income eligible persons may obtain new prescription eyeglasses from local vendors with vouchers.

► OFFICE FOR BLINDNESS AND VISION SERVICES, DIVISION OF REHABILITATION SERVICES

410-554-9277

Persons who are blind or visually impaired may be eligible for case management and teaching services.

► RADIO READING NETWORK OF MARYLAND, INC.

410-779-4969

A radio broadcast of the daily news from newspapers for the visually impaired. Special radio receiver required.

► STATE PROPERTY TAX DEDUCTION FOR LEGALLY BLIND IN BALTIMORE COUNTY

410-512-4900

► VISION USA

800-365-2219, Ext. 4200

Provides free eye exams and free or reduced cost eye glasses to income eligible persons.

VITAL RECORDS

► MARYLAND DIVISION OF VITAL RECORDS

410-764-3038

www.dhmv.maryland.gov

Certified copies of birth, death and marriage certificates.

► NATIONAL PASSPORT INFORMATION CENTER

877-487-2778

www.travel.state.gov/passport

Online application to present at post office for a US passport.

► REGISTER OF WILLS

410-887-6680 (County)

410-752-5131 (City)

Probate and filing of wills for safekeeping.

VOLUNTEER OPPORTUNITIES

Volunteers serve communities by supporting many of the programs and services listed in this directory. The options below represent the many ways in which you can connect with volunteer programs to utilize your skills and talents.

► AARP CREATE THE GOOD

888-OUR-AARP

888-687-2277

www.createthegood.org

Create the Good is about helping others whether you have five minutes or five hours.

► AARP FOUNDATION EXPERIENCE CORPS BALTIMORE

443-278-9400

www.aarp.org

Intergenerational volunteer-based tutoring program proven to help the reading skills of children.

► AARP FOUNDATION-TAX AID

888-OUR-AARP (Toll -Free

Nationwide)

888-687-2277 (Toll -Free

Nationwide)

www.aarp.org

Volunteer to help low/moderate taxpayers with tax preparation/filing; receive help with your taxes.

► AARP MARYLAND STATE OFFICE VOLUNTEER OPPORTUNITIES

866-542-8163

<https://states.aarp.org/region/maryland>

Make a difference in the state of Maryland through a variety of volunteer opportunities.

► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING, MARYLAND ACCESS POINT

410-396-4932

410-396-2273

► BALTIMORE COUNTY DEPARTMENT OF AGING, LONG-TERM CARE

OMBUDSMAN PROGRAM

410-887-4200

Ombudsman volunteers visit nursing homes and assisted living facilities to advocate for the needs of residents and to promote their rights and quality of life.

► BALTIMORE COUNTY HOME TEAM

410-887-4141

The Home Team is a community based volunteer program serving homebound Baltimore County residents 60 years of age or older who lack social supports and are at risk of social isolation. Eligible clients are matched with a volunteer who provides friendly in-home and telephone visits. For seniors age 60 years or more who are homebound and food insecure, assigned volunteers can pick up food from partnering food pantries and deliver the bags to your door.

► BALTIMORE COUNTY SENIOR CENTERS

410-887-2040

www.baltimorecountymd.gov/seniorcenters

All 20 senior centers in Baltimore County have volunteer opportunities for individuals 18 and older.

► RETIRED AND SENIOR VOLUNTEER PROGRAM (RSVP)

410-887-3101 (County)

410-361-9400 (City)

RSVP invites individuals ages 55 and older to answer volunteer needs in their community. Skills and talents gained by individuals over a lifetime of experience are put to good use in non-profit organizations, senior centers, government agencies, schools and communities. There is a wide range of volunteer opportunities available.



**Baltimore County
Department of Aging
CAREGIVERS PROGRAM
410-887-4724**



Providing support, education and resources to family members caring for their relatives.

ANNUAL FAMILY CAREGIVERS MINI-CONFERENCE

Saturday, April 6, 2019 from 8:45 a.m. to 12:30 p.m., at Bykota Senior Center, 611 Central Avenue, Towson 21204. Learn about strategies for successful caregiving, overcoming barriers in caring for those with dementia or mental health illnesses. Free admission and refreshments. Plenty of open seating will be available.

THE CAREGIVER CONNECTION NEWSLETTER

A free quarterly informative newsletter highlighting information for family caregivers of older adults. Pick up a paper copy in all Baltimore County senior centers and public libraries. Electronic subscription option at www.baltimorecountymd.gov/subscribe

MONTHLY RESOURCE SESSIONS

Speak with the BCDA Caregivers Program staff to learn about different resource options and gain new strategies. Each month, the staff comes to a different Baltimore County senior center for this helpful two-hour Resource Session.

PERSONALIZED CAREGIVER CONSULTATION

Eligible caregiving families in Baltimore County can meet one-to-one with a Caregiver Specialist to gain valuable guidance and resource suggestions specially tailored to what the family needs.

EVIDENCE-BASED WORKSHOPS

Dealing with Dementia (DWD) Workshops are offered in Baltimore County, led by BCDA staff, trained by the Rosalynn Carter Institute for Caregiving. The four-hour DWD workshop is designed to give caregivers of people with dementia additional tools for dealing with the challenges and changes that come with this special type of caregiving.

Contact the BCDA Caregivers Program via email:

caregivers@baltimorecountymd.gov or by calling 410-887-4724.

For more information, view www.baltimorecountymd.gov/Agencies/aging/caregivers on the Baltimore County web site.

HOTLINES AND WEBSITES

ADVOCACY GROUPS AND ORGANIZATIONS

► **AARP MARYLAND**
866-542-8163
www.aarp.org

► **AMERICAN SOCIETY
ON AGING**
800-537-9728
www.asaging.org

► **ANNENBERG PUBLIC
POLICY CENTER**
215-898-9400
www.factcheck.org

► **BALTIMORE COUNTY
ASSOCIATION OF SENIOR
CITIZENS ORGANIZATIONS
(BCASCO)**
410-521-5726
www.bcasco.org

► **BALTIMORE COUNTY
COMMISSION ON
DISABILITIES**
410-887-3317
[www.baltimorecountymd.gov/
agencies/planning/disabilities](http://www.baltimorecountymd.gov/agencies/planning/disabilities)

► **BALTIMORE COUNTY
RESTORING ELDER
SAFETY TODAY (BC REST)**
410-887-4200

► **CENTER FOR MEDICARE
ADVOCACY, INC.**
860-456-7790
202-293-5760
www.medicareadvocacy.org

► **LEADERSHIP COUNCIL
OF AGING
ORGANIZATIONS**
www.lcao.org

► **MARYLAND
DEPARTMENT OF
DISABILITIES**
410-767-3660
800-637-4113 (TTY/Voice)
www.mdod.maryland.gov

► **MEDICARE
INTERACTIVE**
www.medicareinteractive.org

► **MEDICARE RIGHTS
CENTER**
800-333-4114
www.medicarerights.org

► **NATIONAL
ASSOCIATION OF AREA
AGENCIES ON AGING**
202-872-0888
www.n4a.org

► **NATIONAL
ASSOCIATION OF
INSURANCE
COMMISSIONERS (NAIC)**
202-471-3990
www.naic.org

► **NATIONAL COMMITTEE
TO PRESERVE SOCIAL
SECURITY AND MEDICARE**
800-998-0180
www.ncpssm.org

► **OLDER WOMEN'S
LEAGUE (OWL)**
202-450-8986
www.owl-national.org

► **SENIOR SERVICE
AMERICA**
301-578-8900
www.seniorserviceamerica.org

► **SNAPFORSENIORS™**
[www.benefitscheckup.org/
getsnap/](http://www.benefitscheckup.org/getsnap/)

► **SPRY FOUNDATION
(SETTING PRIORITIES FOR
RETIREMENT YEARS)**
www.spry.org

► **UNITED SENIORS OF
MARYLAND**
www.unitedseniorsmd.com

CAREGIVING

► **AGING WITH DIGNITY/
FIVE WISHES (Advance
Planning Documents)**
888-594-7437
www.agingwithdignity.org

► **AMERICAN ACADEMY
OF HOME CARE MEDICINE**
847-375-4719
www.aahcm.org

► **BENEFITSCHECK UP**
www.benefitscheckup.org

► **CAREGIVER ACTION
NETWORK**
202-454-3970
www.caregiveraction.org

► **CARING
CONNECTIONS**
800-658-8898
www.caringinfo.org

► **ELDERCARE LOCATOR**
800-677-1116
www.eldercare.gov

► **FAMILY CAREGIVER
ALLIANCE (FCA)**
800-445-8106
www.caregiver.org

► **MARYLAND GUIDE TO
ASSISTED LIVING
FACILITIES AND NURSING
HOMES**
877-245-1762
[www.mhcc.maryland.gov/
consumerinfo/longtermcare/
assistedliving.aspx](http://www.mhcc.maryland.gov/consumerinfo/longtermcare/assistedliving.aspx)

► **MARYLAND
TECHNOLOGY ASSISTANCE
PROGRAM, EQUIPMENT
LINK**
800-832-4827
www.equipmenttink.org

► **NATIONAL ALLIANCE
FOR CAREGIVING**
www.caregiving.org

► **NATIONAL CAREGIVING
FOUNDATION**
800-930-1357
www.caregivingfoundation.org

► **NATIONAL RESPITE
NETWORK AND RESOURCE
CENTER**
703-256-2084
www.archrespite.org

► **NURSING HOME
COMPARE**
[www.medicare.gov/nursing
homecompare](http://www.medicare.gov/nursinghomecompare)

► **WELL SPOUSE
ASSOCIATION**
800-838-0879
www.wellspouse.org

CONSUMER INFORMATION AND RESOURCES

► **CONSUMER FINANCIAL
PROTECTION BUREAU**
855-411-2372
[www.consumerfinance.gov/
complaint](http://www.consumerfinance.gov/complaint)

► **FEDERAL TRADE
COMMISSION BUREAU
OF CONSUMER
PROTECTION**
877-382-4357
www.ftc.gov

► **FINANCIAL FRAUD
ENFORCEMENT TASK
FORCE**
www.stopfraud.gov

► **IDENTITY THEFT
HELPLINE (FTC)**
877-438-4338
www.identitytheft.gov

► **MARYLAND PEOPLE'S
LAW LIBRARY**
www.peoples-law.org

► **MARYLAND
DEPARTMENT OF HUMAN
SERVICES**
800-332-6347
www.dhr.maryland.gov

HOTLINES AND WEBSITES

► **NATIONAL MENTAL HEALTH CONSUMERS' SELF-HELP CLEARINGHOUSE**
800-553-4539
www.mhselfhelp.org

FEDERAL, STATE AND LOCAL GOVERNMENT AGENCIES

► **BALTIMORE CITY AGENCIES**
www.baltimorecity.gov

► **BALTIMORE COUNTY AGENCIES**
www.baltimorecountymd.gov

► **BALTIMORE COUNTY DEPARTMENT OF AGING**
410-887-2594
www.baltimorecountymd.gov/aging

► **CENTERS FOR MEDICARE AND MEDICAID SERVICES**
800-633-4227
www.cms.gov

► **COMAR (CODE OF MARYLAND REGULATIONS ONLINE)**
800-633-9657
www.dsd.state.md.us

► **DEPARTMENT OF LABOR'S EMPLOYEE BENEFITS SECURITY ADMINISTRATION (EBSA)**
866-487-2365
www.dol.gov/ebsa

► **DISABILITY.GOV**
www.disability.gov

► **EMPLOYEE BENEFIT RESEARCH INSTITUTE**
202-659-0670
www.ebri.org

► **FEDERAL BUREAU OF INVESTIGATION (FBI)**
410-265-8080

► **MARYLAND DEPARTMENT OF AGING**
410-767-1100
www.aging.maryland.gov

► **MARYLAND DEPARTMENT OF DISABILITIES**
410-767-3660
800-637-4113 (Voice/TTY)
www.mdod.maryland.gov

► **MARYLAND DEPARTMENT OF HEALTH (MDH)**
877-463-3464
www.health.maryland.gov

► **MARYLAND DEPARTMENT OF HUMAN SERVICES (DHR)**
800-332-6347
<http://dhr.maryland.gov>

► **MARYLAND DEVELOPMENTAL DISABILITIES COUNCIL**
800-305-6441
www.md-council.org

► **MARYLAND HEALTH INSURANCE MARKETPLACE**
855-642-8572
855-642-8573 (TTY)
www.marylandhealthconnection.gov

► **MARYLAND INFECTIOUS DISEASE AND ENVIRONMENTAL HEALTH ADMINISTRATION**
410-767-6712
<http://phpa.dhmm.maryland.gov>

► **MARYLAND OFFICE OF THE ATTORNEY GENERAL**
888-743-0023
410-576-6372 (TTD)
www.marylandattorneygeneral.gov

► **MEDICARE HELPLINE/ MY MEDICARE**
800-633-4227
www.medicare.gov
www.mymedicare.gov

► **OFFICE OF HEALTH CARE QUALITY (DHMH)**
877-463-3464
<http://health.maryland.gov/ohcq>

► **OFFICE OF THE SECRETARY OF THE STATE**
(410) 974-5534 or
800-825-4510

► **SECURITIES AND EXCHANGE COMMISSION (SEC)**
202-942-8088
800-SEC-0330

► **SOCIAL SECURITY ADMINISTRATION/ ONLINE**
800-772-1213
800-325-0778 (TTY)
www.ssa.gov

► **U. S. COAST GUARD AUXILIARY, AMERICA'S WATERWAY WATCH**
<http://cgaux.org/aww.php>
Investigates reports of suspicious waterway activities.

► **U. S. DEPARTMENT OF VETERANS AFFAIRS**
800-827-1000
www.va.gov

► **U.S. HEALTH INSURANCE MARKETPLACE**
www.healthcare.gov

► **U.S. HOUSE OF REPRESENTATIVES**
202-224-3121, Press 2
202-225-1904 (TTY)
www.house.gov

► **U.S. COMMITTEE FOR REFUGEES & IMMIGRANTS**
703-310-1130
www.refugees.org

► **U.S. SENATE**
202-224-3121, Press 1
www.senate.gov

► **WHITE HOUSE, THE**
202-456-1414 (Switchboard)
202-456-1111 (Comments)
202-456-6213 (TTY/TDD)
www.whitehouse.gov

NATIONAL HEALTH RELATED ORGANIZATIONS

► **AL-ANON FAMILY GROUPS**
757-563-1600
www.al-anon.alateen.org

► **ALZHEIMER'S ASSOCIATION**
800-272-3900
www.alz.org

► **ALZHEIMER'S DISEASE EDUCATION AND REFERRAL CENTER**
800-438-4380
www.nia.nih.gov/alzheimers

► **AMERICAN ASSOCIATION OF KIDNEY PATIENTS**
800-749-2257
www.aakp.org

► **AMERICAN CANCER SOCIETY**
800-227-2345
www.cancer.org

► **AMERICAN COUNCIL OF THE BLIND**
800-424-8666
www.acb.org

► **AMERICAN DIABETES ASSOCIATION**
800-342-2383
www.diabetes.org

► **AMERICAN DIETETIC ASSOCIATION**
800-877-0877
www.eatright.org

HOTLINES AND WEBSITES

► **AMERICAN HEART ASSOCIATION**
800-242-8721
www.heart.org

► **AMERICAN INSTITUTE FOR CANCER RESEARCH**
800-843-8114
www.aicr.org

► **AMERICAN KIDNEY FUND**
866-300-2900
www.kidneyfund.org

► **AMERICAN LIVER FOUNDATION**
800-465-4837
www.liverfoundation.org

► **AMERICAN LUNG ASSOCIATION**
800-586-4872
www.lung.org

► **AMERICAN PARKINSON'S DISEASE ASSOCIATION, INC.**
800-223-2732
www.apdaparkinson.org

► **AMERICAN UROLOGICAL ASSOCIATION FOUNDATION**
800-828-7866
www.urologyhealth.org

► **AMYOTROPHIC LATERAL SCLEROSIS ASSOCIATION**
800-782-4747
www.alsa.org

► **ARTHRITIS FOUNDATION**
800-283-7800
www.arthritis.org

► **BRAIN INJURY ASSOCIATION OF AMERICA**
800-444-6443
www.biausa.org

► **CENTERS FOR DISEASE CONTROL AND PREVENTION**
800-232-4636
www.cdc.gov

► **CROHN'S AND COLITIS FOUNDATION OF AMERICA**
800-932-2423
www.ccfa.org

► **DEPRESSION AND BIPOLAR SUPPORT ALLIANCE**
800-826-3632
www.dbsalliance.org

► **EASTER SEALS DISABILITY SERVICES**
800-221-6827
www.easterseals.com

► **EPILEPSY FOUNDATION**
800-332-1000
www.epilepsy.com

► **FOOD AND NUTRITION INFORMATION CENTER**
301-504-5414
www.nal.usda.gov/fnic

► **GENETIC ALLIANCE**
202-966-5557
www.geneticalliance.org

► **HOSPICE AND PALLIATIVE CARE NETWORK OF MARYLAND**
410-891-5741
www.hnmd.org

► **HUNTINGTON'S DISEASE SOCIETY OF AMERICA**
800-345-4372
www.hdsa.org

► **LEUKEMIA AND LYMPHOMA SOCIETY**
800-955-4572
www.lls.org

► **LIGHTHOUSE GUILD INTERNATIONAL**
800-284-4422
www.lighthouse.org

► **LIVING BANK, THE**
800-528-2971
www.livingbank.org

► **LUPUS FOUNDATION OF AMERICA, INC.**
800-558-0121
www.lupus.org

► **MARYLAND STATE MEDICAL SOCIETY (MEDCHI)**
800-492-1056
www.medchi.org

► **MEDLINE PLUS**
www.medlineplus.gov

► **MENTAL HEALTH AMERICA**
800-969-6642
www.mentalhealthamerica.net

► **MESOTHELIOMA CENTER**
800-354-8495
www.mesolink.org

► **MUSCULAR DYSTROPHY ASSOCIATION**
800-572-1717
www.mda.org

► **NATIONAL ALLIANCE ON MENTAL ILLNESS**
800-950-6264
www.nami.org

► **NATIONAL ASSOCIATION FOR CONTINENCE**
800-252-3337
www.nafc.org

► **NATIONAL BREAST CANCER FOUNDATION, INC.**
800-221-2141
www.nationalbreastcancer.org

► **NATIONAL CANCER INSTITUTE**
800-422-6237
www.cancer.gov

► **NATIONAL FEDERATION OF THE BLIND**
410-659-9314
www.nfb.org

► **NATIONAL HEALTH INFORMATION CENTER**
www.health.gov/nhic

► **NATIONAL HOSPICE AND PALLIATIVE CARE ORGANIZATION**
800-658-8898
www.nhpco.org

► **NATIONAL INSTITUTE ON AGING**
800-222-2225
www.nia.nih.gov

► **NATIONAL INSTITUTE ON DEAFNESS AND OTHER COMMUNICATION DISORDERS**
800-241-1044
www.nidcd.nih.gov

► **NATIONAL INSTITUTES OF HEALTH**
301-496-4000
www.nih.gov

► **NATIONAL INSTITUTE OF MENTAL HEALTH**
866-615-6464
www.nimh.nih.gov

► **NATIONAL INSTITUTE OF NEUROLOGICAL DISORDERS AND STROKE**
800-352-9424
www.ninds.nih.gov

► **NATIONAL KIDNEY FOUNDATION**
800-622-9010
www.kidney.org

► **NATIONAL MULTIPLE SCLEROSIS SOCIETY**
800-344-4867
www.nationalmssociety.org

► **NATIONAL PSORIASIS FOUNDATION**
800-723-9166
www.psoriasis.org

► **NATIONAL REHABILITATION INFORMATION CENTER**
800-346-2742
www.naric.com

HOTLINES AND WEBSITES

► **NATIONAL STROKE ASSOCIATION**
800-787-6537
www.stroke.org

► **PARKINSON'S DISEASE FOUNDATION**
800-457-6676
www.pdf.org

► **PREVENT BLINDNESS AMERICA**
800-331-2020
www.preventblindness.org

► **SICKLE CELL DISEASE ASSOCIATION OF AMERICA, INC.**
800-421-8453
www.sicklecelldisease.org

► **SIMON FOUNDATION FOR CONTINENCE**
800-237-4666
www.simonfoundation.org

► **SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRATION**
800-662-4357
www.samhsa.gov

► **UNITED CEREBRAL PALSY**
800-872-5827
www.ucp.org

PHYSICIANS AND PRESCRIPTIONS

► **AMERICAN ACADEMY OF HOME CARE MEDICINE**
847-375-4719
www.aahcm.org

► **AMERICAN SOCIETY OF CONSULTANT PHARMACISTS**
800-355-2727
www.ascp.com

► **CLINICAL TRIALS.GOV**
www.clinicaltrials.gov

► **GOOD DAYS**
877-968-7233
www.mygooddays.org

► **HEALTHWELL FOUNDATION**
800-675-8416
www.healthwellfoundation.org

► **MARYLAND RX CARD**
www.marylandrxcard.com

► **NEEDYMEDS**
www.needymeds.org

► **PARTNERSHIP FOR PRESCRIPTION ASSISTANCE**
888-477-2669
www.pparx.org

► **RATEMDS.COM**
www.ratemds.com

► **RXLIST - THE INTERNET DRUG INDEX**
www.rxlist.com

► **VITALS**
www.vitals.com

► **WEBMD, BETTER INFORMATION, BETTER HEALTH**
www.webmd.com

PROFESSIONAL WEBSITES

► **ADMINISTRATION ON AGING (AoA)**
202-401-4634
www.acl.gov/about-acl/administration-aging

► **AGING STATS**
www.agingstats.gov

► **AMERICAN GERIATRICS SOCIETY**
212-308-1414
www.americangeriatrics.org

► **CENTER FOR RETIREMENT RESEARCH AT BOSTON COLLEGE**
617-552-1762
www.crr.bc.edu

► **GERONTOLOGICAL SOCIETY OF AMERICA, THE**
202-842-1275
www.geron.org

► **LONG-TERM CARE FACTS**
www.ltcfocus.org

► **MARYLAND ASSOCIATION OF SENIOR CENTERS (MASC)**
www.marylandseniorcenters.com

► **MERCK NATIONAL SERVICE CENTER, THE**
800-444-2080
www.merck.com

► **METLIFE MATURE MARKET INSTITUTE**
www.metlife.com/mmi

► **NATIONAL COUNCIL ON AGING (NATIONAL INSTITUTE OF SENIOR CENTERS - NISC)**
571-527-3900
www.ncoa.org

► **NATIONAL LONG TERM CARE OMBUDSMAN RESOURCE CENTER**
202-332-2275
ltcombudsman.org

► **TOWSON UNIVERSITY-GERONTOLOGY PROGRAM**
410-704-4049
www.towson.edu/careercenter/students/careers/major/gerontology.html

► **WOMEN'S INSTITUTE FOR A SECURE RETIREMENT**
202-393-5452
www.wiserwomen.org

TECHNOLOGY

► **ALZHEIMER'S ASSOCIATION COMFORT ZONE**
877-259-4850
www.alz.org

EATING TOGETHER PROGRAM in Baltimore County and Baltimore City

- Socialize With Friends
- Receive 1/3 Of Your Daily Nutritional Needs
- Save Shopping Time; Stretch Your Food Budget

ELIGIBILITY:

- Sixty years of age and older; spouses any age
- A voluntary contribution is requested; reservations required



Learn more about
The Eating Together Program
410-887-2594 (Baltimore County)
443-664-0700 (Baltimore City)

FINANCIAL ELIGIBILITY GUIDELINES

The income figures in the chart below are monthly calculations, unless otherwise noted.


BENEFIT		ONE PERSON	TWO PEOPLE	ADDITIONAL GUIDELINE
SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (formerly Food Stamp Program)	Income	\$2,024	\$2,744	Helps low income households buy the food needed for good health. The benefit amount varies based on household circumstances. Income limits may be lower and asset tests may exist for some categories of individuals.
	Assets	No asset test	No asset test	
QMB (Changes in March)	Income	\$1,032	\$1,392	Pays Medicare Part A&B premiums, co-payments and deductibles. Asset amounts include \$1,500 burial allowance for a single person, \$3,000 burial allowance for a couple. Eligibility figures include \$20 disregard.
	Assets	\$9,060	\$14,340	
SLMB (Changes in March)	Income	\$1,386	\$1,872	Similar to QMB but pays only Part B premium. See asset and \$20 disregard note for QMB above.
	Assets	\$9,060	\$14,340	
MEAP (Maryland Energy Assistance Program) (Changes July 1)	Income	\$1,770	\$2,400	Provides eligible low-income Marylanders assistance with home heating bills.
	Assets	No asset test	No asset test	
EUSP (Electric Universal Service Program) (Changes July 1)	Income	\$1,770	\$2,400	Provides eligible low-income Marylanders assistance with electric bills. Only one application is required for both MEAP and EUSP.
	Assets	No asset test	No asset test	




Are you on MEDICARE?

Are you having trouble paying for your Medicare or prescription cost?

Counselors will assist you to determine if you may be eligible for benefits that will help you to meet your health needs.



Contact Baltimore County's Department of Aging's SHIP office.
Call 410-887-2059

Baltimore County Executive John A. Olszewski, Jr.
and the County Council

FINANCIAL ELIGIBILITY GUIDELINES

The income figures in the chart below are monthly calculations, unless otherwise noted.

BENEFIT		ONE PERSON	TWO PEOPLE	ADDITIONAL GUIDELINES
MEDICAL ASSISTANCE FOR THOSE AGE 65 AND YOUNGER ON MEDICARE.	Income	\$350	\$392	Requires documentation of disability; individuals can “spend down” to this income level to be eligible. Excludable assets include house, car and burial plan.
	Assets	\$2,500	\$3,000	
MEDICAL ASSISTANCE FOR THOSE UNDER AGE 65, NOT ON MEDICARE.		Up to \$16,753/year	Up to \$22,715/year	
REDUCED PREMIUMS		\$16,754 to 48,560/year	\$22,716 to 65,840/year	To qualify for Maryland Health Connection, you must be under age 65, be a U.S. citizen or a qualified alien for 5 or more years and a resident of the state of Maryland.
SSI (SUPPLEMENTAL SECURITY)	Income	\$771	\$1,157	M.A. eligibility automatic to low income individuals who are 65+, blind or disabled.
	Assets	\$2,000	\$3,000	
MEDICAID HOME AND COMMUNITY BASED OPTIONS (FORMERLY MEDICAID WAIVER)	Income	\$2,250	N/A	Assists with payment of services in the home or in assisted living; must be age 21+, assessed at a nursing home level of care, and meet MA institutional eligibility rules. Income eligibility figure includes \$20 disregard.
	Assets	\$2,000		
SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAMS (SCSEP)	Income	\$1,265	\$1,715	Employment training program for low income, age 55+.
	Assets	No asset test	No asset test	
SENIOR CARE PROGRAM	Income	\$2,904	\$3,797	Case-managed, in-home services for age 65+. Must be at risk of admission to NH.
	Assets	\$11,000	\$14,000	
ACCESSIBLE HOMES FOR SENIORS	Income	\$4,196	\$4,796	A loan program with zero percent interest deferred for 30 years to finance accessibility improvements. Age 55+.
	Assets	No asset test	No asset test	
SENIORS IN NEED (Power of Age Expo)	Income	\$1,770	\$2,400	One-time-only and emergency assistance.
	Assets	\$7,000	\$10,000	
SENIOR ASSISTED LIVING GROUP HOME SUBSIDY	Income	\$2,904	\$3,797	Provides financial assistance for a limited number of eligible Assisted Living Group Home residents age 62+. Will pay up to \$650 toward cost of facility.
	Assets	\$11,000	\$14,000	
CONGREGATE HOUSING SERVICES PROGRAM	Income	\$2,904	\$3,797	Financial assistance for support services in selected senior housing sites; age 62+.
	Assets	\$27,375	\$35,587	

FINANCIAL ELIGIBILITY GUIDELINES

The income figures in the chart below are monthly calculations, unless otherwise noted.

SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)	Income Assets	\$3,035 No asset test	\$4,115 No asset test	Pays up to \$40 toward the monthly premium for certain Medicare Prescription or Medicare Advantage plans. Some applicants may also qualify for a coverage gap subsidy.
MEDICARE PART D – EXTRA HELP Partial Low Income Subsidy Full Low Income Subsidy	Income Assets ----- ----- Income Assets	\$1,538 \$14,100 ----- ----- \$1,386 \$9,060	\$2,078 \$28,150 ----- ----- \$1,872 \$14,340	Benefits help with premiums, deductibles, and co-pays. Eligibility figures include a \$20 disregard.
VETERANS AID AND ATTENDANCE BENEFIT AID AND ATTENDANCE FOR SURVIVING SPOUSE	Net Worth (assets and income combined)	\$127,061	\$127,061	Payments for personal care assistance/ assisted living for veterans who are homebound. Multiple additional conditions must be met.
EMPLOYED INDIVIDUALS WITH DISABILITIES PROGRAM (EID)	Income Assets	Countable income up to \$2,970 Under \$10,000	Countable income up to \$4,005 Under \$15,000	Health insurance for qualified employed persons age 18-64. May be on private health insurance or Medicare. Participant pays up to \$55 monthly premium.
WEATHERIZATION ASSISTANCE PROGRAM	Income Assets	\$2,023 No asset test	\$2,743 No asset test	Helps low income households with the installation of energy conservation materials.

ADULT DAY CARE Medical Assistance Reimbursement - \$79.84

Verified: December 2018

2018 FEDERAL POVERTY LEVEL (FPL) GUIDELINES: *

125%	1 Person:	\$1,265/ month	(\$15,175/yr.)
	2 People:	\$1,715/month	(\$20,575/yr.)
	3 People:	\$2,165/month	(\$25,975/yr.)
	4 people:	\$2,615/month	(\$31,375/yr.)
150%	1 Person:	\$1,518/ month	(\$18,210/yr.)
	2 People:	\$2,058/month	(\$24,690/yr.)
	3 People:	\$2,598/month	(\$31,170/yr.)
	4 people:	\$3,138/month	(\$37,650/yr.)

*The monthly figures for Poverty Level may be rounded off, based on 100% of each figure.

FINANCIAL ELIGIBILITY GUIDELINES

SPOUSAL IMPOVERISHMENT STANDARDS:

MEDICARE 2019

These are guidelines to prevent the impoverishment of a spouse who lives in the community, when the other spouse resides in a nursing facility.

RESOURCES

Maximum Spousal Share **\$126,420**

Minimum Spousal Share **\$25,284**

INCOME

Basic Maintenance and Shelter Allowance **\$2,057.50**

Excess Shelter Standard **\$617.25**

Maximum Maintenance and Shelter Allowance **\$3,160.50**

UTILITY STANDARDS:

Heat included in rent **\$257.00**

Heat paid separately from housing **\$420.00**

All non-exempt assets (savings and checking accounts, stocks, bonds, etc.) owned by either spouse, jointly or separately, are pooled as of date nursing home spouse enters the nursing home. Effective 1/1/18, the community spouse may keep \$25,284 or ½ the assets, whichever is greater but not more than \$126,420. The couple's remaining assets are used to pay for nursing home care or other expenses, until the nursing home spouse's assets reach the Medicaid eligibility level. The community spouse's income will be evaluated to determine how much, if any, of the nursing home spouse's monthly income can be allowed for the community spouse's monthly maintenance allowance.

Medicare Part A

Monthly Premium: * If worked 40 or more quarters, generally no Part A premium

* If worked less quarters, there is a premium

\$437/month 0 – 29 quarters

\$240/month 30 – 39 quarters

Hospital Deductible: \$1,364 per benefit period (Medicare pays for 60 days)

Coinurance: \$341 per day co-payment (days 61 – 90)

Coinurance: \$682 per day (days 91 – 150)

Skilled Nursing Facility Coinsurance

(After hospital stay of at least 3 days):

\$0 for days 1 - 20 per benefit period

\$170.50 per day for days 21 – 100 (per benefit period)

(no custodial or intermediate N.H. care is provided)

Medicare Part B

Deductible: You pay \$185 per year.

Co-Payment: You pay 20 percent co-payment for approved charges.

MEDICARE PART D – PRESCRIPTION DRUG PROGRAM

Deductible up to \$415 in 2019

Medicare Part B Premiums*

Beneficiaries who file an individual tax return with income:	Beneficiaries who file a joint tax return with income	Monthly Part B Premium	Monthly Part D Adjustment
\$85,000 or below	\$170,000 or below	\$135.50	
\$85,001 to \$107,000	\$170,001 to \$214,000	\$189.60	\$12.40
\$107,001 to \$133,500	\$214,001 to \$267,000	\$270.90	\$31.90
\$133,501 to \$160,000	\$267,001 to \$320,000	\$352.20	\$51.40
\$160,001 to \$500,000	\$320,001 - \$750,000	\$433.40	\$70.90
Above \$500,000	Above \$750,000	\$460.50	\$77.40

* A small percentage of people may pay lower premium, based on income. Call Social Security at 1-800-772-1213 for details.

Call Maryland Access Point at 410-887-2594 in Baltimore County or Maryland Access Point in Baltimore City at 410-396-2273 for additional information or to be screened for financial benefits.



Eligibility for Savings on Medicare

Baltimore County State Health Insurance Assistance Program (SHIP) 410-887-2059



Baltimore County Executive John A. Oltzowski, Jr.
and the County Council

SAVE ON MEDICARE PRESCRIPTION DRUG PLAN COSTS 2019 MARYLAND SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)

GROSS INCOME	ASSETS	ASSISTANCE	WHAT YOU NEED TO DO
Under \$36,420 (Single) \$49,380 (Couple)	Not counted	Up to \$40 toward the monthly premium	APPLY through Maryland Senior Prescription Drug Assistance Program (SPDAP) 1-800-551-5995 www.marylandspdap.com

SOCIAL SECURITY ADMINISTRATION EXTRA HELP / LOW INCOME SUBSIDY 2019

GROSS INCOME	ASSETS	ASSISTANCE	WHAT YOU NEED TO DO
Under \$18,450 (Single) \$24,930 (Couple)	Under \$14,100 (Single) \$28,150 (Couple)	<ul style="list-style-type: none"> ❖ Sliding scale assistance on the monthly premium. ❖ Deductible \$83.00 ❖ Drug co-payments: 15% or less (Partial Extra Help)	<ul style="list-style-type: none"> ❖ APPLY through Social Security 1-800-772-1213 or www.ssa.gov ❖ ALSO APPLY FOR MDSPDAP ❖ May also be eligible for SLMB. For an application call Baltimore County SHIP or the Department of Social Services.
Under \$16,632 (Single) \$22,464 (Couple)	Under \$9,060 (Single) \$14,340 (Couple)	<ul style="list-style-type: none"> ❖ No Monthly Premium ❖ No Deductible ❖ \$3.40 generic drug \$8.50 brand name drug (Full Extra Help)	<ul style="list-style-type: none"> ❖ APPLY through Social Security 1-800-772-1213 or www.ssa.gov ❖ May also be eligible for QMB or SLMB. For an application call the Baltimore County SHIP or the Department of Social Services.
Full Medical Assistance Eligible (red and white card)	Full Medical Assistance Eligible	<ul style="list-style-type: none"> ❖ No Premium ❖ No Deductible ❖ \$1.25 generic drug \$3.70 name brand drug 	<ul style="list-style-type: none"> ❖ Automatically enrolled in Extra Help. Do Not apply through Social Security. ❖ Medicare premiums, deductibles, and co-pays will be paid through the Department of Social Services.

Types of income not counted: The first \$65 of monthly wages, one-half of your monthly wages after the \$65 is deducted.

Couple: defined as married and living together. **Assets:** Primary house and car are not counted.

***2019 Regional Premium Benchmark: \$29.98** (For plans below the benchmark, there is no premium.)

SAVE ON PART A, PART B PREMIUMS, DEDUCTIBLES, AND CO-PAYMENTS DEPARTMENT OF SOCIAL SERVICES (MEDICARE SAVINGS PROGRAMS)

QMB Qualified Medicare Beneficiary Program (QMB)

*Pays for Medicare Part A and Part B Monthly Premiums, Deductibles and Co-payments

ANNUAL /MONTHLY GROSS INCOME	RESOURCES / ASSETS	WHAT YOU NEED TO DO
\$12,380 / \$1,032 (Single)	\$9,060 (Single)	Call SHIP (410-887-2059) or visit the Department of Social Services for an application.
\$16,700 / \$1,392 (Couple)	\$14,340 (Couple)	

SLMB, Specified Low-Income Medicare Beneficiary Benefit,

* pays for **ONLY** the monthly Medicare Part B Premium.

ANNUAL /MONTHLY GROSS INCOME	RESOURCES / ASSETS	WHAT YOU NEED TO DO
\$16,629/ \$1,386 (Single)	\$9,060 (Single)	Call SHIP (410-887-2059) or visit the Department of Social Services for an application.
\$22,461 / \$1,872 (Couple)	\$14,340 (Couple)	

NOTE: Once the application has been processed, the Department of Social Services sends a letter to tell client if he/she is eligible. If eligible, a **gray and white card** will be received.

Revised: December 2018

Baltimore County Department of Aging

Commit to be fit in 2019

Now is the time to start improving your health and wellness by joining one of the many Baltimore County Department of Aging (BCDA) Senior Centers that offer an array of fitness and wellness programs.

From Aerobics to Fitness Centers to Zumba, each location offers a variety of fitness opportunities tailored to meet your exercise goals. A wide range of nutrition and wellness seminars are offered throughout the year to enhance your ability to Live Longer – Live Well.



***Build strength and endurance
in one of BCDA's 13 Fitness Centers!***

WEST

Arbutus Senior Center
855A Sulphur Spring Road, MD 21227
410-887-1410

Catonsville Senior Center
501 North Rolling Road, MD 21222
410-887-0900

Liberty Senior Center
3525 Resource Drive, MD 21222
410-887-0780

Pikesville Senior Center
1301 Reisterstown Road, MD 21208
410-887-1245

NORTH

Bykota Senior Center
611 Central Avenue, MD 21204
410-887-3094

Cockeysville Senior Center
10535 York Road, MD 21030
410-887-7694

Jacksonville Senior Center
3605 Sweet Air Road, MD 21131
410-887-8208

Parkville Senior Center
8601 Harford Road, MD 21234
410-887-5338

Reisterstown Senior Center
12035 Reisterstown Road, MD 21136
410-887-1143

EAST

Ateaze Senior Center
7401 Holabird Avenue, MD 21222
410-887-7233

Edgemere Senior Center
6600 North Point Road, MD 21219
410-887-7530

Essex Senior Center
600 Dorsey Avenue, MD 21221
410-887-0267

Seven Oaks Senior Center
9210 Seven Court Drive, MD 21236
410-887-5192

**Personal Trainers are
available to develop an
individual exercise plan to
meet your goals.**

*Fitness centers are drop-in,
use at your own risk facilities.
You must have your physician's
consent to use the fitness
center and attend a mandatory
equipment orientation session.
Membership is required.*



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weight with our exercise classes and sports***

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Strength Training

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Line Dance

Basketball

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Volleyball

Pickleball

Body Fit

Drums Alive

Water Aerobics

Wii Exercise

Cardio Fit

Bowling



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and age successfully with
evidence-based programs.***

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and Pain Self-Management
Education
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Aging Mastery Program®**

**Walk with Ease
Healthy Eating for Successful
Living
Tai Chi Classes for Better
Balance
Move with Balance**



Baltimore County Executive John A. Olszewski, Jr.
and the County Council

For information, call 410-887-2040



OVERVIEW OF BALTIMORE COUNTY HOME OWNERSHIP and HOME IMPROVEMENT INITIATIVES



PROGRAM	TYPE OF ASSISTANCE	HOUSEHOLD INCOME LIMITS or other specific RESTRICTIONS	ELIGIBLE AREAS Check maps that accompany each program	APPLY THROUGH
SELP Settlement Expense Loan Program	Loan of up to \$10,000 for closing costs. Deferred repayment until transfer of property, refinance or non-occupancy by borrower. Loan is forgiven if owner occupies property as principal residence for 15 years.	80% of Baltimore Area Median, by family size 1 \$ 50,350 2 \$ 57,550 3 \$ 64,750 4 \$ 71,900 5 \$ 77,700 6 \$ 83,450 7 \$ 89,200 8 \$ 94,950	Entire Baltimore County	Baltimore County Housing Counseling Affiliates: Harbel Housing Partnership 410-444-9152 Diversified Housing Development 410-496-1214 Belair-Edison Neighborhoods, Inc. 410-485-8422 Eastside Community Development Corporation, Inc. 410-284-9861 St. Ambrose Housing Aid Center 410-366-8550
MD Mortgage Program (MMP) CDA 1 st MORTGAGE	See website for details www.mmpprogram.com		Entire County	Participating CDA Lenders

**Baltimore County and Baltimore City's
Retired and Senior Volunteer Program (RSVP) is seeking individuals
ages 55 and over to serve and impact challenging issues in our community.**



Baltimore County Executive John A. Olszewski, Jr.
and the County Council

**Baltimore County: 410-887-3101 • volunteers@baltimorecountymd.gov
Baltimore City: 410-361-9400 • health.baltimorecity.gov/programs/seniors**



OVERVIEW OF BALTIMORE COUNTY HOME OWNERSHIP and HOME IMPROVEMENT INITIATIVES



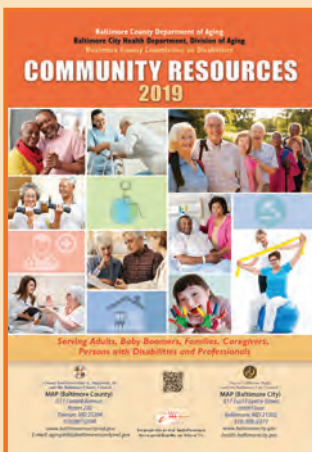
PROGRAM	TYPE OF ASSISTANCE	HOUSEHOLD INCOME LIMITS or other specific RESTRICTIONS	ELIGIBLE AREAS Check maps that accompany each program	APPLY THROUGH
Maryland Housing Rehabilitation Program (MHRP)	Loan for up to 95% of property value for repairs to 1 - 4 unit dwellings 0% - 6% interest	By family size 1 \$ 50,350 2 \$ 57,550 3 \$ 64,750 4 \$ 71,900	Entire County	Housing Opportunities Program 410-887-3124
Single Family Rehab Program	Loan for up to \$35,000 in repairs to owner occupied property. 0% - 4.5% interest	80% of Baltimore Area Median, by family size 1 \$ 50,350 2 \$ 57,550 3 \$ 64,750 4 \$ 71,900 5 \$ 77,700 6 \$ 83,450	Entire County	Housing Opportunities Program 410-887-3124
Foreclosure Prevention	Assistance exploring loan workout solutions	N/A	Entire County	Diversified Housing Development 410-496-1214 Eastside Community Development Corporation, Inc. 410-284-9861 St. Ambrose Housing Aid Center 410-366-8550

Official PROGRAM GUIDELINES & PROCEDURES govern program requirements and eligibility.

Program descriptions above are summarized.

For Information Packet and further information call: **410-887-3124**

rev 6/2018



For information regarding
bulk distribution of
Community Resources 2019

to your organization,
please contact

Peggy Dryden at

mdryden@baltimorecountymd.gov
or 410-887-3517.



Living Longer Living Well

THE POWER OF AGE EXPO

October 30 & 31, 2019



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Featuring:

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 - Delight in two days of continuous entertainment on the Main Stage
 - Discover a treasure in the Silent Auction by being the highest bidder
 - Crown the best local artist in the Power of Age Art Show/Exhibit
 - Benefit from free preventive health screenings and flu/pneumonia vaccinations
- Learn the best in County resources available in Baltimore County
 - Visit the Veterans Muster for resources and information



Baltimore County Executive John A. Olszewski, Jr.
and the County Council

For information, call 410-887-2594
or visit www.powerofageexpo.com.

SUMMARY OF SERVICES

Baltimore County Department Of Aging (BCDA)

Web Site Address:
www.baltimorecountymd.gov/aging
E-mail Address: aginginfo@baltimorecountymd.gov

Any questions can be directed to
Maryland Access Point of Baltimore County
410-887-2594

Baltimore City Health Department, Division of Aging

Web Site Address: health.baltimorecity.gov
Email Address: MAP.BCHD@baltimorecity.gov

Any questions may be directed to
Maryland Access Point of Baltimore City
410-396-2273

People who are deaf, hard of hearing or have a speech disability
use Relay or 711.

Caregivers Program

410-887-4724 (County), 410-396-1337 (City)

The Caregivers Program serves family members caring for older adults over age 60, and senior grandparents caring for grandchildren. The program offers education and outreach, individual consultations, an annual conference, a quarterly newsletter and limited stipends for respite care. These programs are designed to assist family caregivers in providing good care to older relatives while also taking care of themselves.

Eating Together Program

410-887-3052 (County), 410-664-0700 (City)

The Eating Together program provides a nutritious meal and companionship in 36 County sites in senior centers, community buildings and senior residences and over 50 City sites in senior centers, senior residences and community venues. The menus, planned as the main meal of the day, are made up of a variety of foods to provide at least one-third of the recommended daily nutritional needs. Meals are prepared and delivered by commercial caterers. Kosher meals are offered at several sites. Detailed nutrition information is available to assist those on special diets. Residents aged 60 and over and their spouses of any age are eligible to participate in this program and are asked to make a voluntary, anonymous donation. Younger persons may also participate, but are required to pay the full cost of the meal. All contributions are used to enable the program to serve as many meals as possible. Eating Together is available through the Older Americans Act which serves approximately 100 million meals to older adults each year across the nation. Nutrition education is offered at Eating Together sites and other community venues. Nutrition education provides a basis for making informed choices and setting realistic nutritional goals.

Elder Abuse Prevention Program

410-887-4200 (County), 410-396-3144 (City)

The Ombudsman Program provides information and education on the signs and symptoms of elder abuse and promotes strategies for the prevention of abuse, neglect and exploitation of vulnerable adults.

BC-REST Coalition- Baltimore County Restoring Elder Safety Today

is a coalition of Baltimore County agencies and local programs also working together for elder abuse prevention and education. To join the coalition or for more details on the coalition events, please call 410-887-4200.

Emergency Card

410-887-2594 (County-Orange Card)

410-396-2273 (City-Gold Card)

This Card Could Save Your Life! The emergency and medical history information on the card can alert emergency personnel to critical information in medical emergency situations.

Employment

410-887-4006 (County), 410-396-2773 (City)

The Senior Community Service Employment Program (SCSEP) is a federal program targeted to assist older workers while earning minimum wage. Persons must be unemployed at time of enrollment, 55 years of age or older and meet income eligibility guidelines.

Guardianship

410-887-2594 (County), 410-545-7702 (City)

In instances where no family is available or appropriate to take responsibility for making decisions about the care of an incompetent elderly person, the Director of the Department of Aging in the County and the Director of the Division of Aging in the City may be appointed by the Court as the legal guardian of person for the individual. Responsibilities include coordinating housing, health care and all essential non-financial personal welfare needs.

Health and Wellness Promotion And Education

410-887-2040 (County), 410-396-1337 (City)*

Health and wellness promotion programs are made available to persons age 60 and over. Health promotion offers evidence-based programs that assist with fall prevention, self-management of chronic conditions, nutrition and exercise. To locate health and wellness screenings being offered at Baltimore County senior centers, visit www.baltimorecountymd.gov/health_education. *Some services may not be offered in both locations.

Home-Delivered Meals

410-887-2594 (County), 410-396-1337 (City)

Program provides two home-delivered meals daily, up to five days a week. The cost of home-delivered meals may also be subsidized based on financial eligibility. Call the numbers above for availability and criteria. Meals are currently provided by Meals on Wheels of Central Maryland.

SUMMARY OF SERVICES

Housing

410-887-4632 (County), 410-545-7702 (City)

The Housing Program is responsible for the Senior Assisted Living Group Home Subsidy Program administration and monitoring. Income guidelines and residency are required for program services. Licensed assisted living facilities are inspected or surveyed on a regular basis by the Maryland Department of Health and Mental Hygiene (410-402-8217) to ensure that they are in compliance with state-local regulations. The region of interest's MAP office maintains a current list of senior apartments, assisted living facilities and retirement communities. Licensed 4 – 15 Baltimore County providers in good standing are welcome to call 410-887-4632 for (SALGHS) for provider service opportunities.

For the City, this office provides housing interventions for evictions as well as locating alternative housing solutions, providing assistance with utilities, taxes, and landlord issues. Homeless intervention includes assessments, placements, referrals, and resource linkage for benefits and entitlements to homeless older adults.

Language Interpreting Services

410-887-2594 (County), 410-396-2273 (City)

Each region utilizes a language interpreting service for older adults/ persons with disabilities and individuals with no or limited English proficiency. Telephone language interpreter service is available for callers in up to 140 different languages.

Maryland Access Point (MAP)

410-887-2594 (County), 410-396-2273 (City)

The Maryland Access Point telephone number is the only phone number that is needed in either region to access information regarding services and benefits available to older adults, persons with disabilities, caregivers and professionals. Staff are Certified Information and Referral Specialists (CIRS). They provide a comprehensive screening, give information and guidance, make referrals and link the caller to appropriate resources. In-person consultations are also available. A computerized database is used to maintain a comprehensive listing of information and resources. Telephone language interpreter service is available for callers in up to 140 different languages. Persons are also provided with counseling to assist with long term care supports decision making.

Maryland Legal Aid

410-427-1800 (County), 410-396-1322 (City)

Assists low-income individuals, including older adults, with civil legal issues such as health care, income maintenance, public benefits, housing and utilities and unemployment benefits.

Maryland Senior Legal Helpline

866-635-2948 (County)/ (City)

Free helpline for all Maryland residents age 60 and older to obtain answers, advice and referrals for civil legal problems. Call this same helpline for free legal assistance on long term care (nursing home) issues.

Medicaid Home and Community Based Services Programs

410-887-2594 (County), 410-396-4932 (City)

The Medicaid Home and Community Based Services Programs provides Medicaid recipients, who are nursing home eligible or at risk of nursing home placement, an opportunity to receive needed services in their home. Some individuals may qualify for assistance in an assisted living facility. There is currently an extensive waiting list for services covered under many of these programs. Call MAP for screening.

Ombudsman Program

410-887-4200 (County), 410-396-3144 (City)

The Ombudsman Program is an advocacy program that works to protect the rights and improve the quality of life of residents living in long term care facilities. Ombudsman staff visit and attempt to resolve complaints or concerns made by or on behalf of residents. Ombudsmen also provide educational services to both residents and long term care staff on a wide range of aging topics involving quality of life and care in nursing homes and assisted living facilities. In addition, volunteers visit nursing homes and assisted living facilities to do advocacy visits, problem solving as well as provide educational learning opportunities. For Baltimore County residents, learn more about this program by e-mailing: ombudsman@baltimorecountymd.gov.

Retired and Senior Volunteer Program - An Invitation to Volunteer

410-887-3101 (County), 410-361-9400 (City)

The Retired and Senior Volunteer Program (RSVP) encourages individuals ages 55 and older to volunteer their skills and talents to make a difference within their communities. Volunteers are matched with one or more non-profits or public agencies that partner with RSVP in the region. To find out how you can impact your local community and serve among a corps of seniors leading with experience, contact your nearest RSVP Office.

Senior Centers

410-887-2040 (County), 410-396-4932 (City)

Twenty (20) senior centers in the County and thirteen (13) senior centers throughout Baltimore City offer opportunities for individuals aged 60 and older to engage in volunteerism, enhance skill development and lifelong learning, eat a healthy meal, and participate in sports and exercise, music and the arts, drama and dance. Nutrition education, health screenings and information and referral services are provided, along with a large dose of fun! In the County, exercise in fitness centers at 13 sites for a nominal fee. Center membership is free, although a donation toward center enhancements is requested, and some classes have fees.



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www.baltimorecountymd.gov/aging

SUMMARY OF SERVICES

State Health Insurance Assistance Program (SHIP)

410-887-2059 (County), 410-396-2273 (City)

Volunteers provide free, unbiased, confidential health insurance counseling for the Medicare eligible and their caregivers. Helps consumers understand Medicare eligibility, benefits and resolves problems. Provides Medicare education to individuals or groups regarding: Part A-Hospitalization, Part B-Medical, Part C-Health Plans, Part D-Prescription Drugs, Medicare supplements, Appeals, and Fraud and Abuse. Provides eligibility assessment for financial programs to assist with the costs of Medicare through the Medicare Savings Programs administered by the Department of Social Services: Qualified Medicare Beneficiaries (QMB) or Specified Low Income Medicare Beneficiaries (SLMB). Also, provides eligibility assessment for Part D Prescription Plan financial assistance through the following: Maryland Senior Prescription Drug Assistance Program (SPDAP) and the Social Security Administration's Extra Help. Provides computer research for selecting and enrolling in Part D drug plans. Assists with the Annual Open Enrollment from October 15 – December 7 for Medicare Prescription Drug Plans and Medicare Health Plans (Advantage Plans) for the following year. These services are generally provided by telephone. Language accommodations are available.

Senior Medicare Patrol (SMP)

410-887-2059 (County), 410-396-2273 (City)

SMP volunteers conduct free presentations for Medicare beneficiaries, their families and caregivers to prevent, detect and report possible Medicare fraud or abuse. SMP addresses how to prevent medical identity theft by protecting one's Medicare card, as well as what to do when potential fraud or abuse by health care providers is suspected. Staff will evaluate complaints and will refer when appropriate to the proper authorities. SMP also discusses how to protect against telemarketing scams, mail fraud schemes and illegal or deceptive marketing of Medicare Advantage and/or Medicare Prescription Drug Plans.

Tax Assistance for Older Adults

410-887-2594 (County), 410-396-2273 (City)

Trained AARP Tax Aide volunteers provide free tax preparation assistance to older adults and low income individuals at the majority of senior centers and other off-site locations throughout the region. Tax assistance is available from February through April 15 annually. Trained volunteers complete basic federal and state personal income tax forms and homeowners' and renters' tax credit applications. Tax Aide volunteers also understand the provisions of the tax code that pertain to older adults and can respond to tax-related questions. Appointments are required and each taxpayer must provide all records required to prepare the returns.



Baltimore County Department Of Aging (BCDA) SUMMARY OF SERVICES

Any questions can be directed to
Maryland Access Point of Baltimore County
410-887-2594

People who are deaf, hard of hearing or have a speech disability use Relay or 711.

Web Site Address: www.baltimorecountymd.gov/aging
E-mail Address: aginginfo@baltimorecountymd.gov

Annual BCDA Run/Walk - 410-887-2040

Date: September 22, 2019

The 13th annual Get Ready! Get Set! Get Fit! 5K Run/Walk-1M Fun Walk promotes the importance of being physically fit at any age and raises funds to help support fitness centers and exercise programs in BCDA Senior Centers. This intergenerational event attracts participants of all ages and is perfect for serious runners as well as those out for a relaxing stroll. To register, visit www.getreadygetsetgetfit5k.com.

Center Connection Program - 410-887-2970

Center Connection, your "link to senior center independence," is a service operating in eight Baltimore County senior centers for residents age 60 and over who need assistance and support connecting to the activities and services provided by the senior center. Each potential participant must be independent in mobility and personal care needs. Once registered, the individual works with the center connection specialist to develop an activity schedule, taking into account each older adult's interests, abilities and needs. The center connection specialist helps the individual maximize their senior center experience by encouraging participation in classes, connecting them with other center members, registering for classes and participating in the Eating Together lunch program, while providing information and referrals to community resources as needed.

Community Outreach Program - 410-887-2594

This program, an extension of Maryland Access Point (MAP), connects Baltimore County residents age 60 and over to community resources. Outreach workers evaluate seniors' needs, assist with applying for benefits and services, and connect seniors to resources to help them remain independent in their homes and communities. Assistance is offered on both a short-term and long-term basis. Persons are also provided with counseling to assist with long term care supports decision making.



SUMMARY OF SERVICES

CountyRide - 410-887-2080/FAX 410-887-8281

CountyRide is Baltimore County's para-transit service designed to serve county residents 60 years of age and over, persons with disabilities from age 18 - 59 and those living in the rural area of the county of any age. CountyRide does not provide transportation to nursing home residents or to daycare facilities. CountyRide is a demand response transportation service for medical and non-medical appointments, shopping shuttles and senior centers. Hours of telephone access to the office are 8:00 a.m. - 4:00 p.m., Monday - Friday. Interactive voice and web response system is available 24/7.

Flu Inoculation Program - 410-887-2594

Flu and pneumonia inoculations are available at The Power of Age Expo and at 20 Baltimore County senior centers. To find a location near you, visit www.baltimorecountymd.gov/healtheducation. Please check with your health insurance provider for information about coverage.

Home Team Program - 410-887-4141

The Home Team is a community-based volunteer program in Baltimore County that provides friendly visits to Baltimore County seniors, age 60 years and older who are homebound, live alone, and are at a greater risk of living in isolation. Volunteer "friendly visitors" help seniors maintain a connection to other people and the community, foster new relationships and interests, improve emotional well-being, reduce feelings of loneliness, maintain a higher quality of life, and remain independent in their homes longer. For seniors age 60 years or more who are homebound and food insecure, assigned volunteers can pick up food from partnering food pantries and deliver the bags to your door. To volunteer or receive friendly visits, please call 410-887-4141 or email hometeam@baltimorecountymd.gov.

Loan Closet - 410-887-2594

This program lends equipment such as walkers, bath chairs, tub transfer benches and wheelchairs to Baltimore County residents age 60 and older. Also offers individualized demonstrations of assistive devices. There is no fee although a refundable deposit may be required for some items. Donation of equipment in good condition is accepted on a limited basis. Please call to reserve or donate equipment. Limited hours.

Nutrition Education - 410-887-3052

Nutrition education is offered regularly at sites where "Eating Together" meals are served. Nutrition education provides a basis for making informed choices and setting realistic nutritional goals.

Publications - 410-887-2594

The Baltimore County Department of Aging publishes various booklets, directories and pamphlets for older adults, baby boomers, caregivers, persons with disabilities and professionals. Topics include: scams and frauds, nutrition, active aging, caregiving, grief/loss, health, housing, nursing homes, legal issues, financial topics, funeral planning, wellness and more. Call for more information.

Senior Solutions Conference - 410-887-2012

Date: May 2, 2019

This conference is sponsored by the Baltimore County Department of Aging and the Commission on Aging for professionals in the field of aging. The focus of the conference corresponds with BCDA's annual initiative. CEU credits are provided. Please call for further information.

Speakers Bureau - 410-887-2594

Speakers are available to discuss services and programs of the Department of Aging as well as issues that affect the older adult/disabilities population. The Department of Aging also participates in community events and health fairs.

The Power of Age Expo - 410-887-2012

Date: October 30-31, 2019

The Power of Age Expo (formerly called Senior Expo/Baby Boomer Expo) is an exciting information and resource exposition hosted annually by the Baltimore County Department of Aging. Through Expo, older adults, baby boomers, families, caregivers, persons with disabilities and professionals can learn about a wide variety of products and services which can enhance their lives. More than 295 exhibits feature the latest information on health care, finances, government services, leisure time activities, retirement housing and products to support living life to the fullest. Expo offers free health screenings, continuous entertainment, a silent auction, special feature areas, free gifts, prizes and more. Please call for more information, or visit the Expo website at www.powerofageexpo.com.

The Time Of Your Life Television Show - 410-887-2012

The Time of Your Life is the title of the BCDA's television program on Baltimore County Comcast Cable Channel 25. The show offers the latest information about services and programs available to Baltimore County older adults, baby boomers, their families, caregivers, persons with disabilities and professionals. It also provides information about contemporary topics as well as fun opportunities for entertainment, fitness, travel and recreation. Call Maryland Access Point of Baltimore County at 410-887-2594 to learn about the topics featured on the current show or view the show at www.baltimorecountymd.gov/videos; click on The Time of Your Life. The show is available on the Internet with open captioning. View the show on: Monday at 9:00 a.m., 2:30 p.m.; Tuesday at 2:30 p.m., 7:00 p.m.; Wednesday at 12:00 p.m., 6:00 p.m.; Thursday at 11:00 a.m., 9:00 p.m.; Friday at 12:00 p.m., 8:00 p.m.; Saturday at 1:00 p.m., 5:00 p.m., 9:00 p.m.; Sunday at 1:00 p.m., 5:00 p.m.

Time of Your Life Digest - 410-887-3050

Time of Your Life Digest is the Baltimore County Department of Aging's newspaper filled with useful information and entertaining articles on topics affecting older adults, baby boomers, caregivers, persons with disabilities and professionals in Baltimore County. The Digest is mailed to subscribers eight times a year for as little as \$5. The newspaper, which has a readership of 25,000, is also a powerful way to advertise to a targeted market throughout the County. Call for details about display advertisements, classified rates and subscription information.

SUMMARY OF SERVICES

Programs exclusive to the
Baltimore City Health Department, Division of Aging

SUMMARY OF SERVICES

Web Site Address:
health.baltimorecity.gov
Email Address: MAP.BCHD@baltimorecity.gov

Any questions may be directed to
Maryland Access Point of Baltimore City
410-396-2273

Adults Evaluation and Review Services - 410-396-6606

Adult Evaluation and Review Services will provide comprehensive evaluations to identify the needs of the medically, mentally, and functionally disabled adults who face the risk of premature and inappropriate institutionalization. The AERS team consists of a nurse, social worker, consulting psychiatrist and psychologist. The teams provide the individual with a face to face comprehensive evaluation, including medical/nursing, environmental and psychosocial assessment. The evaluation is conducted in the home setting or the individual's current location. Education regarding community resources and services are provided to individuals, families and care providers. Upon completion of the evaluation, the multidisciplinary team develops a plan of care, which recommends services needed to help the individual remain at home, or in the least restricted environment. Every effort is made to obtain appropriate services to address the needs of each individual evaluated. There is no charge for evaluations.

Baltimore City Health Department - 410-396-4398

The Baltimore City Health Department offers and oversees services for: sexually transmitted infections, HIV/AIDS, family planning, maternal and infant health, immunizations, asthma, senior care, cancer screening, and lead poisoning prevention services, among others. Offers a variety of health programs and health services from maternal and children to young adults and seniors. Health care includes but not limited to prenatal care, dental, breast exams, flu shots, health screenings, etc.

Caregivers Program - 410-396-1337

The Family Caregiver Program provides non-emergency and non-expedited financial assistance to caregivers to pay for respite or supplemental services. This assistance is meant to enhance existing support services and should be considered as assistance with the care of your loved one. Monies may be paid directly to you the caregiver, the care recipient, or vendors. The funds can be used to hire providers for respite services or to reimburse you for out-of-pocket expenses related to your role as a caregiver. Currently assistance is limited to \$300 per person annually (from date of processing). This assistance is subjected to the availability of funds. You or the person you are caring for must be a Baltimore City resident caring for disabled and older adults age 60 and over, as well as grandparents age 55 and older raising grandchildren age 18 and under.

Community Personal Assistance Care - 410-396-4494

Helps Medical Assistance eligible persons who are chronically ill or disabled and at risk of being institutionalized remain in their home. Registered nurse/case manager monitors and assesses the applicant and develops a plan of care to meet the client's needs. The case monitor coordinates with the recipient a Personal Care Provider who assists the recipient with activities of daily living such as transferring, bathing, dressing, feeding and toileting; must have a doctor's authorization to qualify for services.

Division of Aging - 410-396-2273

Special Events 2019

For special programs and educational workshops, please call Baltimore City MAP.

Elder Abuse Prevention Program - 410-396-3144

Provides information and education on the signs and symptoms of elder abuse and promotes strategies for the prevention of abuse, neglect and exploitation of vulnerable adults.

Emergency Preparedness - 410-396-6188

The Baltimore City Mayor's Office of Emergency Management (MOEM) will maintain the highest level of preparedness to protect Baltimore's citizens, workers, visitors, and environment from the impact of natural and man-made disasters. MOEM will prepare the City for emergencies, prepare the public for emergencies, and coordinate interagency response and recovery. To achieve this mission, MOEM will implement a comprehensive program of disaster mitigation, preparedness, response, and recovery. Educates citizens on being proactive in the event of a natural or man-made emergency and recruits volunteers to be trained to help their neighbors in an emergency.

Golden Age Clubs - 410-396-2920

The Senior Citizens Division of the Baltimore City Department of Recreation and Parks provides comprehensive, life-enriching recreational activities for senior citizens residing in Baltimore City. In addition to providing support and assistance to 94 golden age clubs serving over 4,000 members, this Division sponsors a wide variety of city-wide programs and special events to Baltimore's older adults. Golden Age Clubs are conveniently located in all areas of the City, meeting in recreation centers, senior apartment buildings, schools and churches. Club membership is open to anyone 50 years of age and older and there is no charge to become a member.

Housing and Homeless Services - 410-396-2822

Provides housing interventions for evictions as well locating alternative housing solutions. Provides assistance with utilities, taxes, and landlord issues. Homeless intervention includes assessments, placements, referrals, and resource linkage for benefits and entitlements to homeless older adults.

Language Interpreting Services, the Division of Aging - 410-396-2273

Services utilize a language interpretation service to assure access to services for persons who are limited-English speaking.

TIPS ON GUARDIANSHIP PREVENTION

In order to avoid the difficult and costly guardianship process, here are some steps to consider, while the individual is *still able to understand and execute a legal document*:

- Ask the individual to talk with loved ones about the care that he or she would like to receive in the event of serious illness.
- Arrange for the individual to execute a Financial Power of Attorney document, which gives permission for an agent (a trusted family member, friend or advisor) to make financial decisions for the individual. If this document is a “springing” Power of Attorney, which goes into effect only when the individual is declared disabled, the document should clearly state how the determination of disability will be made.
- Advise the person to make a medical Advance Directive. This document may specify the type of care the person wants, and/or it may name another individual to give informed consent for medical treatment.
- Learn about Surrogate Decision Making in Maryland, which authorizes a proxy to act on behalf of the person in need of medical care and decision-making, if he or she has not appointed a health care agent in an Advance Directive.
- If the individual’s capacity to understand and execute a legal document is questionable, then have their regular doctor document capacity prior to the document’s execution.
- *Mediation* is an available alternative to work out any family discord about care arrangements that may be affective. Mediation can be used with adults who are competent to make decisions or in cases where family decision-making needs to be done on behalf of an incapacitated elder; if successful, it can avoid the need for a guardian altogether.

If the individual is *no longer able to understand and execute a legal document*, consider having a trusted relative or friend apply to serve as the representative payee to manage the Social Security check and pay bills.

SUMMARY OF SERVICES

Maryland Access Point - 410-396-2273

To access information regarding services and benefits available to older adults, persons with disabilities, and caregivers, you may call the number listed above. A computerized database is used in order to provide a comprehensive listing of information. In-person consultations are also available. Persons are also provided with counseling to assist with long term care supports decision making.

Nutritional Education - 410-396-1337

Nutrition education is offered at Eating Together sites and other community venues. Nutrition education provides a basis for making informed choices and setting realistic nutritional goals.

Screening Services - 410-396-2273

Benefits check-up offers a screening tool to determine eligibility for local, state and national programs. Economic check-up offers a screening tool to determine financial stability and economic security.

Senior Assisted Living Subsidy Program - 410-545-7702

Provide community-based housing subsidy for medically and financially eligible persons age 62 and older. Contract agreements are developed with assisted living managers to provide 24 hour care and supervision for the current subsidy payment of \$650.00 per month.

Senior Care Program - 410-396-1605

Provide case management and support services to help older adults remain in their homes and in the community for as long as possible. Case management arranges, coordinates, and monitors service delivery. Support services are paid for by the program through contract providers; in-home care, adult day care, medical supplies, medications, and emergency response system.

Senior Companion Program - 410-361-9405

The Senior Companion Program (SCP) offers stipends to low income persons age 55 and older that provide community volunteer service opportunities. Senior Companions provide one-on-one assistance to the frail elderly, the developmentally disabled, and other “special persons” who require supportive services because of exceptional needs. The program encourages independence in the life of the companion as well as that of the client by fostering mainstream involvement and strengthening social interaction. They provide daily contacts that focus on activities and reducing the need for costly and other unnecessary institutionalization. Senior Companions are assigned to volunteer stations that provide Social Care, In-Home Care and Respite Care in private homes and approved social settings working 15-25 hours a week.

Taxi-Card Program/Taxi Access - 410-664-1123

Offers reduced cost taxi service for older adults and persons with disabilities. Participant pays a one-time registration fee of \$5.00. For applicants over the age of 60 years old, a physician’s statement is not required. The MTA Taxi Access II Service is available to MTA-certified Mobility customers who meet the eligibility requirements. Taxi Access II Service is not part of MTA Mobility Service, but rather a separate and distinct MTA service provided under contract by participating area taxicab and sedan companies. MTA Mobility does not guarantee the availability of a particular type of vehicle or pickup time. Customers deal directly with the taxi and sedan companies.

Discover Baltimore County's Best Kept Secret for Older Adults!



TIME OF YOUR LIFE

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Digest

**Eight
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issues a year
for \$5**



Classified Section
Fitness Tips

SUBSCRIPTION COSTS:

\$5 /year -

- Baltimore County residents 60 and older

\$7/ year -

- Under 60 years of age Residents outside of Baltimore County
- Businesses

Call 410-887-3050 For More Information

Health Calendars of Events Entertainment
Food & Nutrition Financial Resources
Volunteer Opportunities
Local Senior Center Activities and Classes
Medicare Matters Section
Community Billboard Employment
Government News and Information Travel Opportunities

TO SUBSCRIBE, PLEASE RETURN THIS FORM TODAY!

New ____ Renewal ____ Is this a new address? ____

Name _____

Address _____ City _____ State _____ Zip _____

Phone _____ Email: _____

Baltimore County Resident: Yes ____ No ____ Sex: ____ Birth Date: ____

This is a gift from _____ Name _____ Male _____ Female _____ Phone _____

Amount Enclosed: ☐ \$5 Baltimore County residents 60 and older
☐ \$7 Under 60 years of age Residents outside of Baltimore County • Business

Mail form and check
(payable to Baltimore County, MD) to:
Time of Your Life Digest
611 Central Avenue
Towson, Maryland 21204

For Office Use Only:

Started:
CD

Entered:
G.S. Mailed

4/18

Baltimore County Department of Aging Targets Your Market

www.baltimorecountymd.gov

Need more visibility for your business or-nonprofit? Try investing in the Baltimore County Department of Aging's (BCDA) exhibitor and sponsorship opportunities. Enjoy the benefits of targeting your business services and/or products to the largest growing demographic in our country. BCDA's four main affordable opportunities have an established reputation of attracting visibility and impact, whether your market targets older adults, baby boomers, caregivers, families, persons with disabilities or professionals. Catch the attention of over 190,000 older adults residing in Baltimore County and other areas as well as the professionals who serve them.



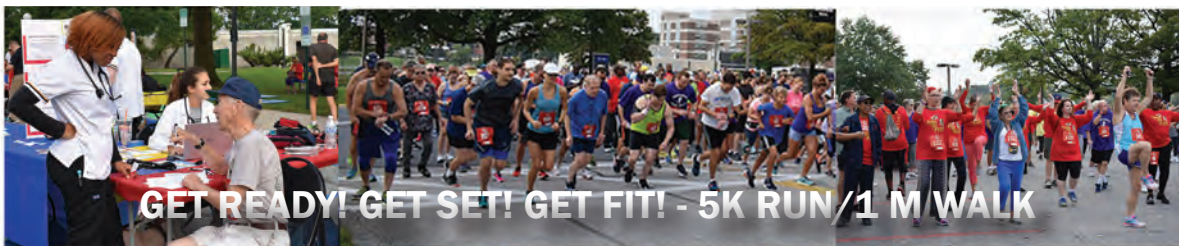
SENIOR SOLUTIONS CONFERENCE

Senior Solutions Conference (May 2, 2019) - a professional conference targeting up to 225 professionals.



VOLUNTEER RECOGNITION EVENT

Volunteer Recognition Event (May, 2019)/Community Resources 2020 - a dual opportunity which provides marketing presence at the event and listing(s) in BCDA's well-respected annual, regional publication.



GET READY! GET SET! GET FIT! - 5K RUN/1 M WALK

Get Ready! Get Set! Get Fit! - 5K RUN/1 M WALK (September 22, 2019) - exposure to over 1,200 intergenerational registrants supporting senior fitness centers and programs.



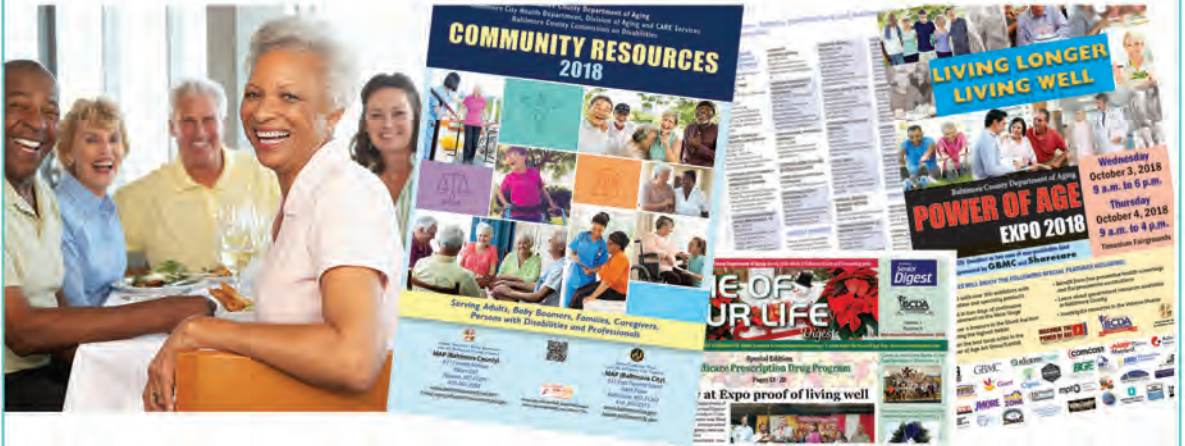
THE POWER OF AGE EXPO

The Power of Age (formerly called Baby Boomer/Senior Expo) (October 30 - 31, 2019) - celebrating 32 years of providing up to 11,000 attendees with the latest information and resources for living life along with powerful networking opportunities for professionals and business owners.

**BCDA Is Committed To Create Customized Sponsorships
To Meet Your Business Goals And Budget.**

For more information and pricing, e-mail sponsorbcda@baltimorecountymd.gov
or call 410-887-2012.

Sponsoring the Baltimore County Department of Aging....



Let Me Count The Ways

Community Resources 2020 - \$725 - \$2,560

Annual publication with a distribution of 90,000 copies.
Ads range in size from a quarter to full page.

Consumer Reference Guides On A Variety of Topics - \$5,000 - \$30,000

Annual publication to educate and empower citizens.

Product Sponsorships

Orange Refrigerator Cards - \$10,000 - \$25,000

Shelf Stable Meals - \$25,000

“The F.I.L.E. - Sponsorship information is available upon request. This is a printed document to assist in organizing important information. Copyright of the product is available for \$250. The copyright purchases the printing right for 10,000 copies; printing cost is excluded from the copyright fee.

Publication Advertising/Sponsorships

The Power of Age Expo Program Guide - \$415 - \$1,495

Printed annually in October. Distribution 15,000.

Time of Your Life Digest - \$1,500 - \$12,000

Eight issues annually; readership 25,000.

Advertisements start at \$50 per issue.



Sponsoring the Baltimore County Department of Aging....

Let Me Count The Ways

SENIOR CENTER SPONSORSHIPS

Senior Center Enhancements - \$500 - \$250,000

Improvements may be internal or external.

Senior Center Fitness Centers Memberships - \$100 and up

A scholarship program for those unable to afford memberships.

Senior Center Programming - Special Events

Opportunities customized, please call 410-887-3423.

Senior Center Leadership Conference - \$250 -\$4,000

MISCELLANEOUS SPONSORSHIPS

Loan Closet - \$100 and up

Department of Aging Training And Speakers

Customized per request.

Additional Sponsorship/Partnership Opportunities

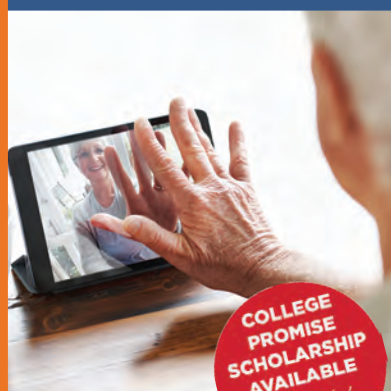
Baltimore County Department of Aging develops various programs and activities throughout the year. If you would like to learn more about specific partnership/sponsorship opportunities or to customize a package specifically for your needs, please call **410-887-2012**. Make a difference by advertising with a mission with the Baltimore County Department of Aging.



Age *is just a* **State of Mind**

**Feed your spirit. Feed your mind.
Keep moving.**

Students 60+ pay fees only.



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PROMISE
SCHOLARSHIP
AVAILABLE**
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collegepromise](http://ccbcmd.edu/collegepromise)

**Explore our class
offerings from
Aromatherapy
to Zumba!**

- **Art**
- **Computers**
- **History and Politics**
- **Current Events**
- **Photography**
- **Wellness and Fitness**
- **...and more**

**Classes are offered
at multiple locations
all around Baltimore
County.**

Call **443-840-4700**

or visit

ccbcmd.edu/seniors



CCBC

ccbcmd.edu/ConEd

*Compassion
Excellence
Dignity*



CATHOLIC CHARITIES SENIOR SERVICES

Answers for the Aging

667-600-2100 or toll-free 1-888-50ASKUS (Md. Only)

Offers telephone-based information and referral service for older adults and caregivers.

Catholic Charities Senior Communities

667-600-2280

Operates 24 supportive apartment communities throughout the Baltimore area that are home to more than 1,800 older adults.

St. Ann Adult Day Services

667-600-2680

Provides seniors with activities, socialization and medical supervision so that older adults can continue to live at home.

Caritas House Assisted Living

667-600-2660

Provides care and assistance for elders 62 and older who require help in performing daily activities and can no longer live independently.

**IMMEDIATE
OPENINGS**

The Neighborhoods at St. Elizabeth Rehabilitation and Nursing Center

667-600-2600

Offers a comprehensive array of individualized rehabilitation and nursing services, including short-term rehabilitation, skilled nursing care and memory care.

Inspired by the Gospel mandates to love, serve and teach,
Catholic Charities provides care and services to improve the lives of Marylanders in need.

SENIOR COMMUNITIES

ANNE ARUNDEL COUNTY

Glen Burnie
Arundel Woods

Odenton
Friendship Station
Friendship Village

BALTIMORE CITY

East Baltimore
Our Lady of Fatima I
Our Lady of Fatima II

Mount Vernon
Basilica Place

Overlea
Everall Gardens

Violetville
DePaul House
St. Joachim House

BALTIMORE COUNTY

Catonsville
St. Mark's Apts.

Edgemere
St. Luke's Place

Lansdowne
Coursey Station
Kessler Park

Nottingham

Village Crossroads I
Village Crossroads II

Owings Mills

Owings Mills
New Town

Pikesville

St. Charles House

Reisterstown

Reister's Clearing
Reister's View

Towson

Trinity House

Woodlawn

Holy Korean Martyrs

GARRETT COUNTY

Grantsville
Starnier Hill

HARFORD COUNTY

Aberdeen
Aberdeen Court

Abingdon

Abingdon Gardens



Catholic Charities welcomes people regardless of faith and is an Equal Housing Opportunity provider.

www.cc-md.org/seniors



TTY: Dial 711