

Your U Choose Plan

U Choose
Your Sexual
Health Plan
in 3 Steps

Step 1: Find a U Choose Clinic near you.

On the map below, look for a landmark you know. Then, find the number of a clinic near the landmark. Use that number to get details about the clinic on the back.



Step 2: Make an appointment.

	Clinic	Address	Phone	Bus Routes	Hours	
West Side	1. Healthy Teens and Young Adults Clinic (Baltimore City Health Department)	1515 W. North Ave, 21217 (Near the library at Penn North)	410-396-0353	LocalLink 85; CityLink LIME, GOLD	Mon, Wed, Fri 9 am - 4:30 pm Tue, Thur 11 am - 6:30 pm <i>Walk-ins are welcome</i>	
	2. University of Maryland Adolescent Clinic	737 W. Lombard St., Suite 215, 21201	410-328-8336	LocalLink 73, 75 CityLink BROWN, NAVY, YELLOW, RED, PURPLE, GREEN,	Mon-Thur 8:30 am - 5 pm Fri 8:30 am - 4:30 pm	
East Side	3. Planned Parenthood Baltimore City Health Center	330 N Howard St, 21201 (Near Lexington Market)	410-576-1414	LocalLink 73, 94 CityLink BLUE, ORANGE, GREEN, PURPLE	Mon 10 am - 6:30 pm Tue-Fri 9 am - 6:30 pm <i>Third Sat of month:</i> 9 am - 1 pm <i>Walk-in hours for teens:</i> Tues 9 am - 11:20 am <i>Walk-in for pregnancy or STI tests:</i> Mon-Fri opening - 5:30 pm Sat opening - 12 pm	
	4. Eastern Clinic (Baltimore City Health Department)	620 N Caroline St, 21205 (At Monument Street, near Chick Webb Recreation and Pool)	410-396-9401	CityLink LIME, PINK	Mon, Thur-Fri 9 am - 5 pm Tue 9 am - 6 pm Wed 10 am - 6 pm <i>Walk-in hours for teens:</i> Tues 2:30 pm - 5:30 pm	
	5. Harriet Lane Clinic (Johns Hopkins Hospital)	200 N Wolfe St, 21287 (Near Popeye's Louisiana Chicken)	410-955-5710	Express BusLink 104, 120 CityLink PINK, GOLD, BROWN, PURPLE	Mon-Fri 8:30 am - 4:20 pm	
	6. Baltimore Medical System (Orleans Square)	2323 Orleans St, 21224 (Near Patterson Park)	410-558-4747	LocalLink 21 CityLink ORANGE, BLUE	Mon, Wed-Fri 8 am - 5 pm Tue 10 am - 5 pm	
	7. Baltimore Medical System (Highlandtown Healthy Living Center)	3700 Fleet St #200, 21224 (Near Patterson Park)	410-558-4900	CityLink ORANGE, BLUE	Mon-Wed, Fri 8 am - 5 pm Thur 10 am - 7 pm Sat 9 am - 12:15 pm	
	8. Baltimore Medical System (Belair-Edison Family Health Center)	3120 Erdman Ave. 21213 (Near Forman Mills/ Clifton Park)	410-558-4800	LocalLink 22, 57 CityLink BROWN	Mon 10 am - 7 pm Tue-Fri 8 am - 5 pm Sat 9 am - 12:15 pm	
	South	9. Family Health Centers of Baltimore Cherry Hill	631 Cherry Hill Rd, 21225 (In Cherry Hill Medical Center)	410-354-2000	LocalLink 26, 70, 71 CityLink SILVER	Mon 1 pm - 4 pm Wed 8:30 am - 4 pm Fri 8:30 am - 12 pm
		10. Family Health Centers of Baltimore (Brooklyn)	3540 S Hanover St, 21225	410-355-0343	LocalLink 29, 67 CityLink SILVER	Mon-Fri 8:30 am - 5 pm

Step 3: Write down your U Choose plan.

If you can, talk about your **U Choose Plan** with an adult you trust. If you can't, don't worry. You don't need anyone's permission to visit a health clinic for birth control or a sexual health check.

You have the right to confidential sexual health services - it's the law in Maryland.

I'm going to go to .

The address is .

I'll get there by .

I plan to:

Go during walk-in hours on at .

Make an appointment.

I'll call .

