Smoking Cessation Programs

University of Maryland Medical Center

Patient Resource Center, 1st Floor Weinberg 22 S. Green St., Baltimore, MD 21201 410-328-WELL (9355), information packets available

University of MD Midtown Campus

827 Linden Ave. Baltimore, MD 21201 Offering the American Cancer Society Fresh Start Program 410-225-UWIN (8946)

American Cancer Society Fresh Start Program

Call for dates, times and locations 1-800-227-2345, Option #3

American Heart Association Baltimore Stops Classes Call for dates, times and locations 410-246-6700

Chase-Brexton Health Services, Inc.

1111 N. Charles Street, Baltimore, MD 21201 Free patches, group therapy (six week courses) and behavior modification 410-837-2050, ext. 2617

Baltimore Medical System

Free patches, group therapy and behavior modification Call for dates, times and locations 410-703 -3689 (ask for Earline Washington)

CEASE Today, For a Healthy Tomorrow!

Group smoking cessation support group and tobacco relapse prevention Southwest Baltimore and Waverly neighborhoods 410-528-5914 or Website: <u>www.ceasebaltimore.org</u> for dates, times, and locations

MedStar Good Samaritan Hospital

5601 Loch Raven Blvd., Baltimore, MD 21239 Nicotine Anonymous weekly, Mondays, 6:30-8:00 p.m. 443-444-4100



Maryland Quitline 1-800-QUITNOW (784-8669)





Funded by the Baltimore City Health Department through a grant from the Maryland Department of Health and Mental Hygiene, Maryland Cigarette Restitution Fund Program.

You can do it. We're here to help.