






## You can save a life from a drug overdose.

Signs that a person may be **overdosing** on an opioid, like heroin, methadone, or Oxy:

- Little or no breathing
- Loud snoring or gurgling noises
- Blue or gray nails, fingers, or lips
- Passed out and does not respond

Follow these steps to help **wake up a friend** from an overdose:

1. Try to **get them to talk** to you. Rub your knuckles up and down on your friend's breastbone.
2. **Call 9-1-1.** Say that someone is not breathing or did not respond when you tried to wake them.
3. **Give your friend Evzio** (naloxone/Narcan):

 <p>A. Pull <b>Evzio</b> from the outer case.</p>	 <p>B. Pull off the <b>red safety guard</b>.</p>	 <p>C. Place the <b>black end</b> against the middle of the person's outer thigh, then press firmly and hold in place for 5 seconds. (It is okay to put it over clothes.)</p>	<p>Use the <b>purple</b> Evzio.</p>  <p>The black-and-white Evzio is for <u>practice only</u>.</p> 
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4. Give a **2<sup>nd</sup> dose** if no response after 3 minutes.
5. **Take care of your friend:**
  - **Lay your friend on their back** and **lift their chin**. If you see something in their mouth, take it out.
  - **Give mouth-to-mouth breaths** every 5 seconds until the person starts to breathe normally.
  - Place your friend on their side if they wake up or if you must leave. This helps stop choking.
  - Warn your friend that overdose could happen again after 30 minutes, because naloxone only works for a short time.
  - Someone may feel dope sick for a short time after getting naloxone, but it is very safe.
6. **Call the Poison Center** to report that you used naloxone: **1-888-222-1222**.

Overdose happens most when:

- Someone has left jail, prison, rehab, detox, or the hospital in the past few weeks.
- Different drugs or alcohol are used at the same time.
- Shooting up or smoking alone.



Call **443-615-7792** if you need more naloxone. We will give you a new, free kit.

**For help accessing substance use disorder treatment call the  
Crisis Information and Referral Line: 410-433-5175**