



You don't need to put yourself at risk for coronavirus to get food

EVEN HEROES NEED SOMEBODY TO LEAN ON

Baltimore City residents aged 60 years or older, you can LEAN on Maryland Access Point (MAP)

- L**ink to ways to get food and needs
- E**xplore other services
- A**sk for help when you need it
- N**obody has to do it alone
We're all in this together

MAP is a one-stop shop to find and link to services in your community

410-396-CARE (2273)

