Stop the spread of germs that make you and others sick!

Cover your Cough

Cover your mouth and nose with a tissue when you cough or sneeze
or
cough or sneeze into your upper sleeve, not your hands.

Put your used tissue in the waste basket.

Clean your Hands after coughing or sneezing.

Wash hands with soap and warm water
or
clean with alcohol-based hand cleaner.

Baltimore City Health Department
health.baltimorecity.gov
Call 311 for more information.

Minnesota Department of Health
625 N Robert Street, PO Box 64975
St. Paul, MN 55164-0975
651-201-5414 TDD/TTY 651-201-5797
www.health.state.mn.us IC#141-1428

Minnesota Antibiotic Resistance Collaborative

APIC