



Baltimore County Department of Aging,
 Baltimore City Health Department, Division of Aging,
 and Baltimore County Commission on Disabilities

COMMUNITY RESOURCES 2023

*Serving Adults, Baby Boomers, Families, Caregivers,
 Persons with Disabilities and Professionals*



County Executive John A. Olszewski, Jr.
 and the Baltimore County Council

MAP (Baltimore County)

611 Central Avenue • Room 220 • Towson, MD 21204 • 410-887-2594
 www.baltimorecountymd.gov • E-mail: aginginfo@baltimorecountymd.gov



Mayor Brandon M. Scott and the Baltimore City Council

MAP (Baltimore City)

417 East Fayette Street • Sixth Floor • Baltimore, MD 21202 • 410-396-2273
 www.baltimorecity.gov • health.baltimorecity.gov



1-844-MAP-LINK

6 2 7 - 5 4 6 5



Your Link to Health and Support Services
 for Older Marylanders and
 Persons with Disabilities

www.MarylandAccessPoint.info

For people who are deaf, hard of hearing or
 have a speech disability, use Relay or 711.

Johns Hopkins University

Observational Research Opportunity

We are studying why falls and balance disorders occur in older adults with Alzheimer's Disease and Alzheimer's Disease Related Dementias and how falls impact their lives.

Balance & Memory

**WHO?**

Individuals 60+ years with memory problems may be able to join our research study!

**WHY?**

The purpose of our research study is to help us better understand why falls and balance disorders occur in people with memory problems.

**WHAT?**

Tests performed in this research study include vision and hearing screenings, a comprehensive balance and gait assessment, and cognitive assessments

**WHERE?**

Participation is flexible! Appointments are available in the comfort of your own home or in our clinic at Johns Hopkins Bayview Medical Center in Baltimore, MD.

**TEST RESULTS**

We make all test results and yearly comparisons available to you. We will also send your results to your doctor upon request.

**COMPENSATION**

Participants will be compensated for their participation in this research study up to \$100

CONTACT OUR TEAM

410-614-9825

icreary1@jhu.edu

TAKE OUR ELIGIBILITY QUESTIONNAIRE:<https://redcap.link/FALLSAD>

or scan the QR code here



MESSAGE FROM THE BALTIMORE COUNTY EXECUTIVE

Baltimore County Government is committed to providing our residents with access to important information. *Community Resources 2023* provides the type of resources and information that has continued to support Baltimore’s communities for many years. Celebrating the 26th edition of this publication, the contents represent an inclusive directory with up-to-date resources. We are pleased to collaborate with the Baltimore County Department of Housing and Community Development, the Baltimore County Commission on Disabilities and Baltimore City Government to enrich the publication’s contents and distribution, along with providing complimentary printed copies at Baltimore County’s 20 senior centers and many other locations throughout Baltimore. To view the publication online with enhanced accessibility, please view an audible online version at www.baltimorecountymd.gov/communityresources.



We know that *Community Resources 2023* will significantly enhance public awareness about the programs and services created especially for you. Thank you for using and recommending *Community Resources 2023*, the directory created to empower Baltimore’s communities.

Very Truly Yours,

A handwritten signature in black ink that reads "John A. Olszewski, Jr." The signature is fluid and cursive.

John A. Olszewski, Jr.,
Baltimore County Executive



MESSAGE FROM THE BALTIMORE COUNTY COUNCIL



Community Resources 2023, is a regional publication created by Baltimore County Government. This complimentary consumer directory for Baltimore’s communities provides the resources to connect residents with the services and programs they need and request. We thank the Baltimore County Department of Housing and Community Development, the Baltimore County Commission on Disabilities and Baltimore City Government for their collective contributions to enhance the publication’s content and distribution in order

to meet the needs of a diverse audience. When reviewing *Community Resources 2023*, please also take note of the many government services, non-profits and business partnership listings.

Due to the regional availability of *Community Resources 2023*, we know that the information you seek is available in this directory. Educate yourself, loved ones and friends with *Community Resources 2023*, a publication specially created to support Baltimore’s residents and communities.

Yours Very Truly,

The Members of Your Baltimore County Council

First District – Pat Young
Second District – Izzy Patoka
Third District – Wade Kach
Fourth District – Julian E. Jones, Jr.

Fifth District – David Marks
Sixth District – Michael Ertel
Seventh District – Todd K. Crandell
www.baltimorecountymd.gov/countycouncil

MESSAGE FROM THE DEPARTMENT OF AGING DIRECTOR

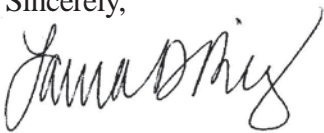
It is my pleasure to introduce Baltimore County Department of Aging's (BCDA) 26th edition of *Community Resources 2023*; a regional resource directory serving mature adults, baby boomers, caregivers, families, persons with disabilities and professionals. This respected publication represents valued collaborations with Baltimore City Government, the Baltimore County Department of Housing and Community Development and the Commission on Disabilities. BCDA's partners enrich the directory's content to support the diverse requests and needs of its residents as well as the publication's extensive distribution.

Community Resources provides the links we all need to acquaint ourselves with new and existing services and programs that are most beneficial for living your best life. This latest publication has been updated to reflect additional resources in an easy-to-use format. The publication is available in a print format as well as online with accessibility features at www.baltimorecountymd.gov/communityresources. Please also take advantage of the QR code on the front cover.

Thank you to the many advertisers throughout the publication. To learn more about BCDA's advertising opportunities and events to showcase your products and or services, please call 410-887-2012.

Help educate and empower your family, friends and your community by using and recommending *Community Resources 2023*. Enjoy!

Sincerely,



Laura D. Riley, Director
Baltimore County Department of Aging



BALTIMORE COUNTY COMMISSION ON AGING

Sherita A. Thomas, Chairperson

Frances T. Bond, PhD

Lisa Kahn Budlow

Donald A. Gabriel, JD, PhD

Natasha Itheme, MBA

James B. Lightner

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Frederick R. Murphy, Jr., MPT,
MPH, GCS

Mabel Murray, EdD

Sheila Roman, MD, MPH

Marlene B. Siegel

***Effective January 14, 2023*

www.baltimorecountymd.gov/agencies/aging/commission.html



MISSION STATEMENT

Baltimore County Department of Aging strengthens lives by providing services, programs and connections to resources.



You may report anonymously.

HOW TO REPORT SUSPECTED ABUSE

- For individuals in community settings call: **Baltimore County Department of Social Services at 410-887-8463**
- For Long Term care residents call: **Baltimore County Long-Term Care Ombudsman at 410-887-4200**

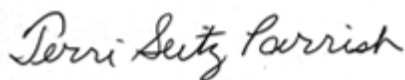
MESSAGE FROM THE BALTIMORE COUNTY COMMISSION ON DISABILITIES

The Baltimore County Commission on Disabilities is pleased to present the latest edition of *Community Resources 2023*. This valued publication is a natural collaboration with the Baltimore County Department of Aging (BCDA) and Baltimore City Government to support Baltimore’s communities and their diverse needs. The Commission operates in the belief that citizens with disabilities should have the same opportunities as the general public.

Commission members include a diverse representation of the general public, public and private service agencies as well as local and state government. The Commission receives staff support from the county Department of Housing and Community Development. Their role is to sponsor work groups to address such issues as accessibility, education, public policy and disability awareness. Commission meetings are currently held virtually until further notice. Meetings are open to the public. They are held monthly on the third Wednesday of the month at 12 p.m., January through June, and in September and November. Once physical meetings resume, they will be held at the Stenbridge Community Center in Essex. For more information about the Commission’s meetings or special accommodations, please call 410-887-2483, or e-mail jdoyle@baltimorecountymd.gov. *Community Resources 2023* copies are available in Baltimore County senior centers and libraries. For bulk pick up, please call 410-887-2012.

On behalf of the Commission on Disabilities, thank you for using and recommending *Community Resources 2023*. We would also like to convey our thanks to those who have contributed to the publication by supporting a sponsorship and or advertiser. Kindly promote this powerful resource in your local community to strengthen the connections between information, consumer awareness and action.

Sincerely,



Terri Seitz Parrish, Chair
Baltimore County Commission on Disabilities



BALTIMORE COUNTY COMMISSION ON DISABILITIES

- Michael A. Bullis
- David Bycoffe
- Benjamin J. Dubin
- Kathleen M. Durkin
- Julie J. Gaynor
- Romelle Goodman
- David A. Greenberg
- Larry T. Hughes
- Brad Kressman
- Kali Mallik
- Gregory T. Miller
- Terri S. Parrish, Chairperson
- Mary E. Scott
- Douglas C. Smith
- Michael W. Tan
- Santa Wallace
- Russell A. Weber

**Effective December 7, 2022*

MESSAGE FROM THE BALTIMORE CITY MAYOR

As Mayor of Baltimore City, I am delighted to collaborate with Baltimore County in publishing the *Community Resources 2023* Guide. We are so fortunate to have such an abundance of resources and programs that are essential to residents of Baltimore City and throughout the region. It is important that our older adults and vulnerable residents be informed about agencies and organizations with expertise and broad resources to assist them in their time of need.

This guide offers a wealth of information regarding community services, including phone numbers of organizations, summaries of services, eligibility guidelines, hotlines, and websites.

I would like to take this opportunity to thank the Baltimore City Health Department’s Aging Services and the Baltimore County Department of Aging for coordinating this year’s resource guide so that all residents remain informed and engaged about community services and opportunities.

In service,



Brandon Scott
Mayor, City of Baltimore



BALTIMORE CITY COMMISSION ON AGING

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Olivia Farrow, Co-Chair

Claudia Balog

Yvonne Bronner, ScD, RD, LD

Barbara “Reba” Cornman, MSW

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Elizabeth Johnson

Sonja Merchant-Jones

Councilwoman Sharon Middleton

Reverend Brian Murray

Sarah Szanton, PhD, RN, FAAN

Staff: Heang Tan

MESSAGE FROM THE BALTIMORE CITY COUNCIL

As members of the Baltimore City Council, we are proud to serve the residents of Baltimore City and are honored to present the *Community Resources 2023*. This guide offers a comprehensive overview of information for helping older Baltimoreans identify and address their unique needs. It contains a wealth of information on services, resources, and community programs available to support our older friends and loved ones.

Baltimore City will be at the forefront of helping to support active and healthy community living. Part of our commitment to serving you is connecting our residents with community resources, as you will find in this guide.

Please feel free to contact Baltimore City’s Maryland Access Point at 410-396-2273, if you have suggestions or questions about the Directory or the services available to you.

Sincerely,



Nick J. Mosby
President
Baltimore City Council



- First District – Zeke Cohen
- Second District – Danielle McCray
- Third District – Ryan Dorsey
- Fourth District – Mark Conway
- Fifth District – Isaac “Yitzy” Schleifer
- Sixth District – Sharon Green Middleton
- Seventh District – James Torrence
- Eighth District – Kristerfer Burnett
- Ninth District – John T. Bullock
- Tenth District – Phylicia Porter
- Eleventh District – Eric Costello
- Twelfth District – Robert Stokes, Sr.
- Thirteenth District – Antonio Glover
- Fourteenth District – Odette Ramos

www.baltimorecitycouncil.com

MESSAGE FROM THE BALTIMORE CITY HEALTH COMMISSIONER



BALTIMORE CITY MISSION STATEMENT

The Baltimore City Health Department Division of Aging envisions Baltimore as the friendliest city in America, where all older adults and persons with disabilities can age in their communities with choice, dignity and independence as they move along the aging continuum.



We at the Baltimore City Health Department believe that our city’s older adults are the backbone of our communities and that it is our responsibility to empower all Baltimoreans with the knowledge, access, and environment that will enable healthy living.

That is why the Baltimore City Health Department’s Aging Services is pleased to have ten years of partnership with Baltimore County Department of Aging in introducing this 26th edition of the *Community Resources 2023*. This publication has taken on a life of its own and become a trusted household source of reliable information.

The Baltimore City Health Department serves as the local Area Agency on Aging (AAA) and Maryland Access Point (MAP) site and is dedicated to providing information about benefits, resources, and programs to all consumers. Our office continues to receive numerous requests for the directory, which has been widely disseminated through the City of Baltimore and surrounding areas.

Once again, the 2023 edition will offer a wealth of information outlining city and county agencies and organizations that provide support and services to older adults, caregivers, and individuals with disabilities.

We are proud to make this publication available and want to ensure that information reaches those who may not have access to computers or other outreach venues.

Please do not hesitate to contact the Baltimore City’s Maryland Access Point at 410-396-2273 if further guidance is needed.

A handwritten signature in black ink, appearing to read 'LD'.

Letitia Dzirasa, M.D.
Commissioner of Health

USING COMMUNITY RESOURCES 2023

Every effort has been made to assure that entries in *Community Resources 2023* are accurate and current. For businesses that require licensure such as assisted living facilities (ALF), home health services, hospice or nursing homes, the Baltimore County Department of Aging (BCDA) recommends that you visit the Office of Health Care Quality (OHCQ) web site at <https://health.maryland.gov/ohcq/pages/home.aspx>; under Quick Links, click on Licensee Directories. OHCQ updates their reports on a monthly basis. Medicare/Medigap Supplemental Insurance Policies are updated bi-annually. For the most recent list, please visit the Maryland Insurance Administration's web site at <https://insurance.maryland.gov/Consumer/Documents/publications/Medicare-Supplement-Rate-Guide.pdf>.

Additionally, we strongly encourage the readers of *Community Resources 2023* to utilize the Internet in identifying additional information about the resources in this publication. We also suggest utilizing the publication's Index to assist in identifying resources that may encompass several categories.

Community Resources 2023 has been created for use by the public. As such, we encourage readers of the publication to copy, print and share its content with others. For additional copies, please contact BCDA's Office of Communications at 410-887-2012, or email dorlove@baltimorecountymd.gov. For alternative formats, we recommend viewing the publication's on-line version at www.baltimorecountymd.gov/communityresources where you can enlarge font as well as access PDF accessibility reading.

DISCLAIMER

The listings or omission of individuals, businesses and organizations in this directory does not constitute an endorsement, recommendation or guarantee regarding their services and or products. No liability may inure to Baltimore County, the Baltimore County Department of Aging, its agents, employees or directors, as a result of goods or services provided by individuals, businesses or organizations in this directory.

ACKNOWLEDGEMENTS

Community Resources 2023 is an annual regional directory produced and published by the Baltimore County Department of Aging (BCDA). On behalf of the BCDA, we are pleased to acknowledge our valued collaborations with the Baltimore County Department of Housing and Community Development, the Baltimore County Commission on Disabilities and Baltimore City Government, Division of Aging. Through our valued partnerships, we continue to enrich this publication's content, serve a regional diverse audience and offer this printed publication free-of-charge. With that said, it is with gratitude that the following committed leadership and team members are recognized for their contributions to the continued development and enhancement of this well-respected publication.

Special thanks to Baltimore County Executive John A. Olszewski, Jr., the Baltimore County Council and the Baltimore County Commission on Aging. Special thanks to Baltimore City Mayor Brandon M. Scott and the Baltimore City Council.

Thank you to Laura D. Riley, Director of the Baltimore County Department of Aging, for her support and commitment to public-private partnerships and consumer empowerment through education. Thank you to the Baltimore County Department of Housing and Community Development and the Commission on Disabilities. A special thank you to the Commission on Disabilities, Terri Seitz Parrish, Benjamin J. Dubin and Committee for their assistance with disability resources. Thank you to the many advertisers in the directory with blue highlighted listings or larger ads that can be seen throughout the publication.

It is with gratitude that the following team members of the BCDA receive special recognition for their contribution to *Community Resources 2023*: Laurie Betlejewski, Debra Fisher, Peggy Miller, Michelle Mills, Diane O'Brien, Mary Pivawer and Ethel Rasmussen, MA, Kate Wallace and Dejai Yopp. At the Baltimore City Health Department, Division of Aging, a special thank you to Heang K. Tan, Deputy Commissioner, Chrystle Samuels and Melissa Jackson.

With pleasure, Baltimore County and Baltimore City Governments jointly present *Community Resources 2023*— a resource celebrating its 26th edition of serving and connecting Baltimore's communities.

Debbie Orlove, MA

Community Business Liaison/Program Manager
Baltimore County Department of Aging

Consider Becoming A Research Volunteer!

Research volunteers make it possible to examine:

- Interventions and treatments for memory loss, Alzheimer's and related dementias
- Factors contributing to racial and ethnic brain health disparities
- Differences between healthy aging and Alzheimer's



JOHNS HOPKINS
SCHOOL *of* MEDICINE

Alzheimer's Disease Research Center
alzresearch.org • 443-542-7489

Baltimore County Government Services

www.baltimorecountymd.gov • www.baltimorecountymd.gov/aging

► ADA COORDINATOR

410-887-3987

► ADMINISTRATIVE

HEARINGS, OFFICE OF
410-887-3868

► ADMINISTRATIVE OFFICE

410-887-2460

► AGING, DEPARTMENT OF

For a description of Baltimore County Department of Aging services, see Summary of Services.

Director

410-887-2109

Deputy Director

410-887-2109

Caregivers Program

410-887-4724

Center Connection Program

410-887-2970

Communications, Office of

410-887-2379

Community Resources 2024

410-887-2012

Guardianship

410-887-5793

Health Programming

410-887-3423

Home Team

410-887-4141

Loan Closet

410-887-2594

Maryland Access Point (MAP) of Baltimore County

410-887-2594

Nursing Home Ombudsman

410-887-4200

Nutrition Services

410-887-3052

Outreach Casework Services

410-887-2050

Power of Age Expo, The

410-887-2012

Senior Box Office

410-887-5399

Senior Centers

410-887-2040

(See individual center listings in Senior Centers and Fitness Centers)

Senior Employment

410-887-4006

Time of Your Life Digest

410-887-3050

Transportation

(See Department of Public Works and Transportation)

Volunteer Services

410-887-2715

► BUDGET AND FINANCE, OFFICE OF

410-887-3313

► CIRCUIT COURT, COURT ADMINISTRATOR'S OFFICE

410-887-2687

► CODE ENFORCEMENT

410-887-3351

Inspects properties for livability code.

► COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC)

443-840-4099

Campuses at Catonsville, Essex and Dundalk with satellite locations in Hunt Valley and Owings Mills.

► COUNTY COUNCIL

410-887-3196

► DISABILITIES, COMMISSION ON

410-887-2483

► ECONOMIC DEVELOPMENT, DEPARTMENT OF

410-887-8000

► ELECTIONS, BOARD OF SUPERVISORS OF

410-887-5700

► ENVIRONMENTAL PROTECTION AND SUSTAINABILITY

410-887-3733

► EXECUTIVE OFFICE

410-887-2450

► FIRE DEPARTMENT

Emergencies: 911

Non-Emergencies:

410-887-4500

► HEALTH, DEPARTMENT OF

(See also Health Clinics for additional resources.)

AIDS Counseling and Information Line

410-887-2437

AIDS/HIV - Housing Opportunities for People With AIDS (HOPWA)

410-887-2437

Adult Evaluation and Review Services

410-887-2754

Animal Control

410-887-7297

Behavioral Health

410-887-3828

Bureau of Clinical Services

410-887-2705

Cancer Screening (Breast, Cervical and Colon)

410-887-3432

Communicable Disease Control

410-887-6011

Community First Choice Program

410-887-2594

COVID-19 Hotline

410-887-3816

Dentistry-Dental Access/ Dental Referral Program

410-887-2780

Developmental Disabilities

410-887-2720

Infants and Toddlers Program

443-809-2169

Opioid Information/REACH

410-887-3224

Sexually Transmitted Disease Control

410-887-2243

Substance Abuse

410-887-6465

TB Control

410-887-2711

Women, Infant and Children Center

410-887-6000

► HEALTH, DEPARTMENT OF - PUBLIC HEALTH CENTERS

(See also Health Clinics for additional resources.)

Baltimore Highlands

Lansdowne Health Center

410-887-1003

Dundalk Health Center

410-887-7182

Eastern Family Resource Center

410-887-6452

Essex Health Center

410-887-0246

Hannah More Center

410-887-1152

Liberty Family Resource Center

410-887-0607

Towson Health Center

410-887-6000 (WIC)

Woodlawn Health Center

410-887-1332

► HOUSING AND COMMUNITY DEVELOPMENT, DEPARTMENT OF

410-887-8383

► HUMAN RESOURCES OFFICE

410-887-3135

► HUMAN RELATIONS COMMISSION

410-887-5917

► INFORMATION SERVICES

Baltimore County Government/Directory Assistance

311

Telephone numbers for county agencies and staff.

Circuit Court Information Desk

410-887-2139

Information regarding court proceedings.

Maryland Access Point (MAP) of Baltimore County, Department Of Aging

410-887-2594

Information and referrals for older adults, baby boomers, family members, caregivers, persons with disabilities and professionals. Provides access to language interpreter service.

► INSPECTOR GENERAL, OFFICE OF THE

410-887-6500

www.baltimorecountymd.gov

www.baltimorecountymd.gov/aging



TIPS ON GUARDIANSHIP PREVENTION

In order to avoid the difficult and costly guardianship process, here are some steps to consider, while the individual is *still able to understand and execute a legal document*:

- Ask the individual to talk with loved ones about the care that he or she would like to receive in the event of serious illness.
- Arrange for the individual to execute a Financial Power of Attorney document, which gives permission for an agent (a trusted family member, friend or advisor) to make financial decisions for the individual. If this document is a "springing" Power of Attorney, which goes into effect only when the individual is declared disabled, the document should clearly state how the determination of disability will be made.
- Advise the person to make a medical Advance Directive. This document may specify the type of care the person wants, and/or it may name another individual to give informed consent for medical treatment.
- Learn about Surrogate Decision Making in Maryland, which authorizes a proxy to act on behalf of the person in need of medical care and decision-making, if he or she has not appointed a health care agent in an Advance Directive.
- If the individual's capacity to understand and execute a legal document is questionable, then have their regular doctor document capacity prior to the document's execution.
- *Mediation* is an available alternative to work out any family discord about care arrangements that may be affective. Mediation can be used with adults who are competent to make decisions or in cases where family decision-making needs to be done on behalf of an incapacitated elder; if successful, it can avoid the need for a guardian altogether.

If the individual is *no longer able to understand and execute a legal document*, consider having a trusted relative or friend apply to serve as the representative payee to manage the Social Security check and pay bills.

Baltimore County Government Services

www.baltimorecountymd.gov

www.baltimorecountymd.gov/aging

► **LIBRARY SYSTEM**
410-887-6100

► **ORPHANS COURT**
410-887-6516

Information on the administration of estates of deceased persons.

► **PAROLE AND PROBATION, DIVISION OF**
410-832-2200

► **PERMITS, APPROVALS AND INSPECTIONS, DEPARTMENT OF**
410-887-3353

► **PLANNING, DEPARTMENT OF**
410-887-3211

► **POLICE DEPARTMENT**
Emergencies: 911
Non Emergencies:
410-887-2222

General Information/Referral:
410-887-2214

► **PUBLIC SCHOOLS**
443-809-4554

► **PUBLIC WORKS AND TRANSPORTATION, DEPARTMENT OF**
410-887-3300

County Ride/Transportation
410-887-2080

Towson Loop, The/Towson Circulator
www.baltcoloop.com

► **RECREATION AND PARKS, DEPARTMENT OF**
410-887-3871

► **REGISTER OF WILLS**
410-887-6680

► **SHERIFF'S OFFICE**
410-887-3151

► **SOCIAL SERVICES, DEPARTMENT OF**
(See also Financial Assistance for phone numbers and addresses of district offices.)

Adult/Child Services
410-887-8463 (TIME)

General Information
410-853-3000

Shelter Information
410-887-8463 (TIME)

► **STATE'S ATTORNEY, OFFICE OF**
410-887-6600

► **TAXPAYER SERVICES**
410-887-2404

► **UNIVERSITY OF MARYLAND EXTENSION, BALTIMORE COUNTY OFFICE**
410-887-8090

► **WOMEN, COMMISSION FOR**
410-887-2450



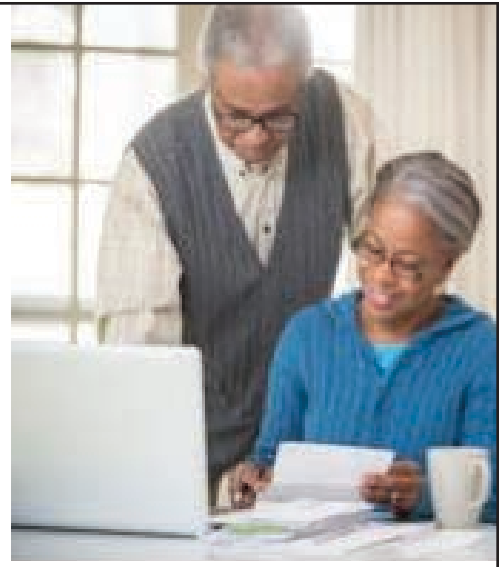
BALTIMORE CITY DEPARTMENT OF PUBLIC WORKS

BUREAU OF WATER AND WASTE WATER

Baltimore H₂O Assists Program



WWW.BALTIMORECITY.GOV
(410) 396-5398



Baltimore Housing Community Action Centers

Southeast Community Action Center
3411 Bank St
Baltimore, MD 21224
410-545-1804

Northern Community Action Center
5225 York Rd
Baltimore, MD 21212
410-396-6084

Eastern Community Action Center
1731 E Chase St
Baltimore, MD 21213
410-545-0136

Northwest District Community Action Center
3939 Reisterstown Rd, Suite 105
Baltimore, MD 21215
443-984-1384

Southern Community Action Center
606 Cherry Hill Rd, 2nd Floor
Baltimore, MD 21225
410-545-0900

LOW-INCOME WATER BILL ASSISTANCE PROGRAM

Department of Public Works offers the Low-Income Water Bill Assistance Program to help Baltimore City residents who have fallen behind with water payments.

WHO IS ELIGIBLE?

- Applicants must be a Baltimore City resident, the water utility account holder, and receive their water bill directly from the City
- Residential customers must own the property, or have their landlord put their name on the bill
- Must meet the gross income guidelines listed below:

| Household Size | 50% Poverty Level | Poverty Level | 175% Poverty Level |
|------------------------|-------------------|---------------|--------------------|
| 1-3 | \$10,665 | \$21,330 | \$37,328 |
| 4 | \$12,875 | \$25,750 | \$45,063 |
| 5 | \$15,085 | \$30,170 | \$52,798 |
| Each additional person | Add \$2,210 | Add \$4,420 | Add \$7,735 |

WHAT IS THE DISCOUNT?

Those who qualify receive a 43% discount on their water and sewer consumption on each bill.

HOW TO APPLY

Eligible individuals may apply at any of the Community Action Centers listed on this brochure or call 410-396-5398 to obtain an application.

PLEASE NOTE:

Only one water bill per household eligible to receive discount.

Baltimore City Government Services

www.baltimorecity.gov • health.baltimorecity.gov

► BALTIMORE CITY 311

One Call Center, 24/7 inbound calls and dispatch operation (non-emergency calls)

► BOARD OF ELECTION SUPERVISORS

410-396-5550/5580

► DEPARTMENT OF RECRUITMENT

410-396-3860

► ENOCH PRATT FREE LIBRARY

410-396-5430

► EMPLOYMENT DEVELOPMENT, MAYOR'S OFFICE OF

410-396-3009

► FIRE DEPARTMENT

410-396-5680

Smoke Detector Program 311

► HEALTH DEPARTMENT

410-396-4398

Acute Communicable Diseases

410-396-4436

Adult Evaluation and Review Services (AERS)

410-396-2273

Animal Control

410-396-4689

Animal Pick-Up

311

B'more for Healthy Babies

410-396-1834

Behavioral Health System, Baltimore

410-637-1900

Bureau of Child Health & Immunization

410-396-4454

Bureau of Healthy Homes

443-984-2460

Childhood Lead Poisoning Program

410-396-3100

Bureau of School Health

410-396-8615

Community Action Partnership:

Southeast

410-545-6518, Press 2

Eastern

410-545-0136

Northwest

443-984-1384

Southern

410-545-0900

Northern

410-396-6084

Employment (with BCHD)

410-396-1420

Emergency Preparedness

443-984-2622

Health Care Access

Maryland

410-649-0500

Health Clinics:

Dental

410-396-0840

443-984-3548 (Eastern)

Druid

410-396-0176

Eastern

410-396-9410

Family Planning and Reproductive Health

410-396-0186

Healthy Homes Division

410-396-8615

Healthy Teens/Young Adults

410-396-0353

HIV Clinics

410-396-0176

Maryland Children's Health

Program Eligibility Services

410-767-6914

Maternal and Infant Nursing Program

410-396-9404

Mayor's Commission on

Disabilities

410-396-6152

Mayor's Office of Human Services

410-396-7370

Men's Health Center

410-383-8300, Ext. 70000

Sexually Transmitted Infections (STD)

410-396-4448

Tuberculosis

410-396-9413

Office of Youth And

Trauma Services

410-396-7512

Operation Safe Kids (OSK)

443-984-3563

Ryan White Project

410-396-1408

School Health Programs

School-Based Health Center

410-396-3185

Virtual Supermarket Project

410-545-7544

WIC

410-396-9427

► HEALTH DEPARTMENT, DIVISION OF AGING

Adult Evaluation and Review

Services (AERS)

410-396-2273

Community Options Home

Based Waiver

410-396-2273

Community Personal

Assistance Services (CPAS) 410-767-1739

Eating Together in Baltimore 410-664-0700

Family Caregiver Program

410-396-1337

Health Promotion and Education

410-396-1337

Home Delivered Meals

410-558-0827

Housing and Homeless Services

410-396-2273

Maryland Access Point (MAP)

410-396-2273

Money Follows the Person (MFP)

410-396-2273

Ombudsman Program

410-396-3144

Public Guardianship

410-545-7702

Retired Seniors and Volunteer Program (RSVP)

410-361-9400

Senior Assisted Living Subsidy Program

410-545-5927

Senior Care

410-396-1605

Senior Companion Program

410-361-9405

Senior Centers

410-396-2273

State Health Insurance

Assistance Program (SHIP)

410-396-2273

Senior Information and

Assistance Program

410-396-2273

Senior Legal Services, The Bar Association of Baltimore City/

Baltimore Bar Foundation Inc.

410-396-1322

Senior Medicare Patrol (SMP)

410-396-2273

Taxi Card Program

410-664-1123

Volunteer Opportunities

410-361-9400

► BALTIMORE CITY

HEALTH DEPARTMENT, CARE OPERATED

CENTERS:

Hatton Senior Center

410-396-9025

John Booth/Hooper

Senior Center

410-396-9202



Baltimore City Government Services

www.baltimorecity.gov • health.baltimorecity.gov

Oliver Senior Center
410-396-3861
Sandtown-Winchester
410-396-7724
Waxter Senior Center
410-396-1324
Zeta Senior Center
410-396-3535
▶ **FAIR HOUSING EQUAL OPPORTUNITY OFFICE**
410-396-1969
▶ **HOUSING AUTHORITY (HABC)**
410-396-3225
▶ **LAW OFFICE**
410-396-3297
▶ **LIGHT PROGRAM**
410-396-3023, Press 3
▶ **MEDICAID WAIVER PROGRAM**
410-396-2273
▶ **ORPHANS' COURTS**
410-396-5034
▶ **PARKING AUTHORITY**
443-573-2800
▶ **PAROLE AND PROBATIONS**
410-585-3500
▶ **PLANNING, DEPARTMENT OF**
410-396-7526
▶ **POLICE DEPARTMENT**
Non-emergency: 311
443-263-2220
▶ **PUBLIC SCHOOL SYSTEM**
443-984-2000
▶ **PUBLIC WORKS, DEPARTMENT OF**
410-396-3310
Water Bill Inquiries
410-396-5398
▶ **RECREATION AND PARKS**
410-396-7900
▶ **SENIOR CITIZENS DIVISION**
410-396-2920

▶ **SHERIFF'S OFFICE**
410-396-1155
Police Department
Non-Emergency Assistance
311 or 443-263-2220
Report crime tips (anonymous):
410-276-8888
Local District/Senior Liaisons
Senior Citizen Liaisons (SCL)
serve as direct contact between the senior community and the police department.
Central District
410-396-2411
Eastern District
410-396-2433
Northeastern District
410-396-2444
Southeastern District
410-396-2422
Northern District
410-396-2455
Western District
410-396-2477
Northwestern District
410-396-2466
Southwestern District
410-396-2488
Southern District
410-396-2499
▶ **SOCIAL SERVICES, DEPARTMENT OF**
443-378-4600
▶ **STATE'S ATTORNEY OFFICE OF BALTIMORE CITY**
410-984-6000
▶ **UNIVERSITY OF MARYLAND EXTENSION BALTIMORE CITY**
410-856-1850



Housing Authority Baltimore City (HABC) Mixed Community Buildings

- | | |
|---|--|
| <p>Allendale 3600 West Franklin Street Baltimore, MD 21229 410-500-4466</p> | <p>Lakeview Towers 717 Druid Park Lake Drive Baltimore, MD 21217 443-948-6310</p> |
| <p>Bel-Park Tower 3800 West Belvedere Avenue Baltimore, MD 21215 443-961-1300</p> | <p>McCulloh Homes 501 Dolphin Street Baltimore, MD 21217 410-505-0059</p> |
| <p>Bernard E. Mason 2121 Windsor Gardens Lane Baltimore, MD 21207 410-231-7090</p> | <p>Monument East 633 Aisquith Street Baltimore, MD 21202 410-545-6610</p> |
| <p>Brentwood Apartments 401 East 25th Street Baltimore, MD 21218 443-961-1690</p> | <p>Pleasant View Gardens 201 North Aisquith Street Baltimore, MD 21202 410-534-6182</p> |
| <p>Chase House 1027 Cathedral Street Baltimore, MD 21201 410-837-6786</p> | <p>Primrose Place 820 South Caton Avenue Baltimore, MD 21229 443-438-9957</p> |
| <p>Ellerslie Apartments 601 Wyanoke Avenue Baltimore, MD 21218 443-529-9050</p> | <p>Rosemont Towers 740 Poplar Grove Street Baltimore, MD 21216 443-984-3155</p> |
| <p>Govans Manor 5220 York Road Baltimore, MD 21212 443-552-1231</p> | <p>Terrace Gardens Coop 751 West Saratoga Street Baltimore, MD 21201 410-230-9399</p> |
| <p>Hollins House 1010 West Baltimore Street Baltimore, MD 21223 443-708-5615</p> | <p>Wyman House 123 West 29th Street Baltimore, MD 21218 410-424-5380</p> |



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MANY THANKS!

Thank you to the many organizations and businesses that supported *Community Resources 2023*.

Your generosity enabled Baltimore County Government to honor our dedicated volunteers at a celebratory outdoor concert with lunch.

These sponsors are highlighted in blue throughout this publication. Without sponsors, these celebrations would not be possible.





No Senior Eats Alone Day September 14, 2023

*Sharing meals together improves health,
happiness and social connection!*



When older adults share a meal, it can...

- 1. Increase life expectancy
 - 2. Improve mental health and cognitive status
 - 3. Encourage more nutritious meals with higher satisfaction
 - 4. Increase feelings of motivation to care for self
- 1. Decrease in high blood pressure and cholesterol
 - 2. Lower feelings of depression and loneliness
 - 3. Reduce risk for physical/psychological health decline
 - 4. Decrease risk of falls due to better nutrition

The Baltimore County Department of Aging (BCDA) is inviting everyone to participate in No Senior Eats Alone Day on Thursday, September 14th. Our goal is to help make the older adults in our community feel valued and connected! Help make a difference—one person at a time—for the 205,000 adults over the age of 60 in Baltimore County.



How to Make A Difference?

- ♥ Share a meal with an older adult that you work or volunteer with.
- ♥ Take an older grandparent or older neighbor out to a restaurant or prepare a meal at home for them.
- ♥ Provide a gathering space for older adults to eat together.
- ♥ Host a special meal with activities and entertainment through a local church, community center or organization.
- ♥ Promote the event through your friends, family and local organizations.
- ♥ Sign up for a meal at a local senior center or senior housing facility.
- ♥ Use **#nosenioreatsaloneday** to share photos of the older adults in your community enjoying their meal!

Want To Be A Community Partner? Call 410-887-2002

Your group can be a part of our outreach to older adults. In exchange for your support, your organization will be advertised in our newspaper, *The Time of your Life Digest*, on social media and on the County website.

Make A Difference By Supporting The Seniors In Need Program!



The **Seniors in Need Program** provides emergency funds to Baltimore County residents 60 years of age and older who meet the financial eligibility criteria. Assistance is provided for eviction prevention and assistance, food, gas and electric turnoffs, medications, minor home repairs, and other critical support to assist in keeping clients in their community. You can help support this important program by making a donation in honor of a loved one, relative, friend or colleague. A donation to the Program also serves as a memorable way to honor someone's memory.

Donations may be made in any amount. Contributions over \$25 will be acknowledged in the *Power of Age Program Guide* and *Time of Your Life Digest*. All donors will receive a letter along with the individual and or family being honored or memorialized.

Please make your check payable to: **Baltimore County, MD**

Payment should be mailed to:

Baltimore County Department of Aging
ATTN: Seniors In Need Program

611 Central Avenue, Room 302, Towson, MD 21204

Contributions to local governments may be tax deductible. Please consult your tax advisor to determine deductibility of this contribution.

To learn more about the Seniors In Need Program, please call 410-887-2012.

Baltimore County - 410-887-2594

www.baltimorecountymd.gov/Aging

Maryland Relay - 7-1-1

1-844-MAP-LINK

6 2 7 - 5 4 6 5



Your Link to Health and Support Services
for Older Marylanders and
Persons with Disabilities

www.MarylandAccessPoint.info

Maryland Access Point

**Information, Assistance and
Future Planning For Older Adults
and Persons with Disabilities**



Baltimore County Executive
John A. Oltzewski, Jr.
and the County Council



**Get Connected
with BCDA!**



@BaltimoreCountyAging



Baltimorecountyaging



ADDICTION SERVICES - ADULT DAY SERVICES

ADDICTION SERVICES

See Mental Health Services.

ADULT DAY SERVICES

Adult medical daycare centers provide a comprehensive program of activities, medical supervision and social support for individuals who need a protected environment during the day. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

**This list is from the Office of Healthcare Quality (OHQ) June 2022 report of licensed facilities.*

▶ **ACTIVE DAY**

Active Day of Baltimore

410-242-0379
1430 Joh Avenue
Baltimore 21227

Active Day of Parkville

410-663-9501
3321 East Joppa Road
Baltimore 21234

Active Day of Randallstown

410-922-8600
9637 Liberty Road, Suite K
Randallstown 21133

▶ **ACTIVITIES ADULT MEDICAL DAY CARE**

443-629-0696
2622 Lord Baltimore Drive
Windsor Mill 21244

▶ **ADULT MEDICAL DAY CARE OF OVERLEA**

410-444-5800
5800 Belair Road
Baltimore 21206

▶ **ADVANCED MEDICAL ADULT DAY FACILITY**

443-220-5355
4147 Labyrinth Road
Baltimore 21215

▶ **ALICE MANOR ADULT MEDICAL DAY CARE**

410-298-7255
6401 Dogwood Road
Baltimore 21207

▶ **ANOTHER CARING HAND MEDICAL ADULT DAY CARE, INC**

410-401-0790
606 Hammonds Lane,
Suite L 1-3
Baltimore 21225

▶ **CARING HANDS ADULT DAY CARE OF DUNDALK, INC**

410-285-7060
49-61 Shipping Place
Dundalk 21222

▶ **CARING HANDS AMDC OF GREATER BALTIMORE**

410-332-8008
1001 West Pratt Street
Baltimore 21223

▶ **CENTER FOR SOCIAL CHANGE AMDC**

443-405-3712
3400 Barry Paul Road
Randallstown 21133

▶ **COMFORT LIFE CARE, LLC**

410-796-1188
11221 Dolfield Boulevard
Owings Mills 21117

▶ **DAR'S PLACE ADULT DAY CENTER**

443-691-8974
9976 Liberty Road
Randallstown 21133

▶ **EASTER SEALS ADULT DAY SERVICES**

410-277-0940
7138 Windsor Boulevard
Baltimore 21244

▶ **EMMANUEL ADULT MEDICAL DAY CARE**

443-828-7777
6612 Baltimore National Pike
Catonsville 21228

▶ **EVISION MEDICAL ADULT DAY CENTER**

443-739-2084
100 South Taylor Avenue
Essex 21221

▶ **FRIENDS AND FAMILY ADULT DAY SERVICES, INC**

410-277-0070
3112 Lord Baltimore Drive,
Suite 108
Windsor Mill 21244

▶ **FRIENDSHIP ADULT MEDICAL DAY CENTER**

410-866-3700
6255 Kenwood Avenue,
Suite C
Rosedale 21237

▶ **FRIENDSHIP AT OWINGS MILLS ADULT MEDICAL DAY CARE**

410-902-0252
3 Easter Court,
Suite B
Owings Mills 21117

▶ **GOLDEN DAYS EAST ADULT MEDICAL DAY CENTER**

443-530-6075
7707 German Hill Road
Baltimore 21222

▶ **GOLDEN Doves SENIOR MEDICAL ADULT DAY CARE**

410-462-3802
1701 Madison Avenue
Baltimore 21217

▶ **GOLDEN POND ADULT DAY PROGRAM, INC**

410-325-2686
4825 Frankford Avenue
Baltimore 21206

▶ **HAPPY TIME DAY CARE CENTER, LLC**

410-664-0056
5146 Park Heights Avenue
Baltimore 21215

▶ **HEALTHY LIFE ADULT MEDICAL DAY CARE CENTER, LLC**

410-205-5579
401 Reisterstown Road
Baltimore 21208

▶ **HERITAGE ADULT ENRICHMENT PROGRAM**

410-825-5575
8240 Loch Raven Boulevard
Baltimore 21286

▶ **HONG LOK ADULT MEDICAL DAY CARE**

410-686-8868
814 Eastern Boulevard
Essex 21221

▶ **JOYFUL ADULT MEDICAL DAY CARE CENTER**

410-601-3359
6650 Belair Road
Baltimore 21206

▶ **LEVELS MEDICAL ADULT DAY CARE**

667-444-9058
210 West 28th Street
Baltimore 21211

▶ **L. I. F. E. ADULT MEDICAL DAY CARE**

410-735-5433
4805 Benson Avenue
Baltimore 21227

▶ **LIFEWAY ADULT MEDICAL DAY CENTER**

443-914-2161
30 New Plant Court
Owings Mills 21117

▶ **LUANN MEDICAL ADULT DAY CARE CENTER**

240-705-2485
4801 Sipple Avenue
Baltimore 21206

▶ **MARYLAND MEDICAL DAY SERVICES, LLC**

443-873-9814
2605 Banister Road
Baltimore 21215

▶ **MAXIMUM DAY SERVICES**

410-581-9150
11299 Owings Mills Boulevard,
Suite 204
Owings Mills 21117

▶ **MAXIMUM DAY SERVICES II, LLC**

443-271-6137
9-D Gwynns Mill Court
Owings Mills 21117

▶ **MORE THAN JUST FRIENDS ADULT MEDICAL DAY CENTER**

667-205-1111
5601 Harford Road
Baltimore 21214

A

ADULT DAY SERVICES - ADVOCACY SERVICES

► **NEW LIFE ADULT MEDICAL DAY CARE, LLC**
410-988-8400
7600 Clay Lane
Windsor Mill 21244

► **PARADISE ADULT MEDICAL DAY CARE**
410-483-4444
5617 Belair Road
Baltimore 21206

► **RAINBOW PARK ADULT CARE CENTER**
410-363-7275
11403 Cronhill Drive,
Suite D-G
Owings Mills 21117

► **RAVEN'S MEDICAL ADULT DAY CARE**
410-225-7888
1821 North Smallwood Street
Baltimore 21216

► **RENAISSANCE ADULT MEDICAL CENTER, INC**
443-220-5355
1017 Reisterstown Road
Pikesville 21208

► **ROB "N" NESS ADULT DAY SERVICES, INC**
410-744-8225
2 West Rolling Crossroads,
Suite 11
Catonsville 21228

► **ST. ANN ADULT DAY SERVICES**
667-600-2680
3308 Benson Avenue
Baltimore 21227

► **ST. JOHN ADULT MEDICAL DAY CARE, INC**
410-329-1444
10947 Golden West Drive,
Suite 200
Hunt Valley 21031

► **TODAY'S CARE AND FAMILY ADULT MEDICAL DAYCARE**
410-319-9009
3039 Hamilton Avenue
Baltimore 21214

► **TRUE VINE ADULT DAY CARE, LLC**
410-444-0204
5629 Harford Road
Baltimore 21214

ADULT DAY SERVICES, SPECIALIZED

Adult Day service programs for special populations or with special services for these populations (i.e. mental health, developmental disabilities, etc.) and adult day service programs with unique features.

► **GALLAGHER SERVICES ADULT MEDICAL DAY PROGRAM**
667-600-2520
2520 Pot Spring Road
Timonium 21093
Serves medically fragile, developmentally disabled adults.

► **GOLDEN DAYS EAST ADULT MEDICAL DAY CENTER**
443-530-6075
7707 German Hill Road
Baltimore 21222

► **GOLDEN DAYS MEDICAL DAY CARE, INC**
410-242-6650
4601 Hollins Ferry Road,
Suite C
Baltimore 21227
For adults with medical disabilities.

► **HOPKINS ELDERPLUS**
410-550-7047
410-550-8093
www.hopkinsbayview.org/hopkinselderplus
Mason F. Lord Building,
East Tower, Ground Floor
4940 Eastern Avenue,
Baltimore 21224
Hopkins ElderPlus Program is an all-inclusive care for the elderly (PACE), for nursing home eligible persons; must be age 55 or older, live in service area and have potential for remaining safely in the community with our assistance.



► **PROGRESS UNLIMITED, INC**
410-363-8550
11431 Cronhill Drive, Suite C
Owings Mills 21117

► **THE ARC BALTIMORE**
410-296-2272
7215 York Road
Baltimore 21212
Supports individuals with intellectual and developmental disabilities.

► **THE LEAGUE FOR PEOPLE WITH DISABILITIES ADULT MEDICAL DAY PROGRAM**
410-323-0500, Ext. 365
www.leagueforpeople.org
1111 East Cold Spring Lane
Baltimore 21239
Addresses physical, psychological/social challenges facing adults with disabilities. Services: transportation; fitness center; therapeutic pool; respite care; recreational activities; physical/occupational speech; individual/family/group counseling; nursing care by registered nurses; case management; open Mondays - Fridays 8 a.m. - 4 p.m.

► **TOWN SQUARE**
443-948-6175
9708 Belair Road
Baltimore 21236

► **UNIFIED COMMUNITY CONNECTIONS (UC2)**
410-513-8900
11650 Crossroads Circle,
Suite A
Middle River 21220
For adults with intellectual or developmental disabilities.

► **WELCOME FRIENDS ADULT MEDICAL DAY CARE**
410-574-5005
416 Eastern Boulevard
Essex 21221

ADVOCACY SERVICES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

See Baltimore County and Baltimore City Government Services, Legal Services, Disability Resources, Insurance Counseling, Advocacy and Resources.

► **ADMINISTRATION FOR COMMUNITY LIVING (ACL)**
202-401-4634
www.acl.gov

► **AMERICAN COUNCIL OF THE BLIND**
202-467-5081
800-424-8666
www.acb.org

► **AMERICAN FOUNDATION FOR THE BLIND**
212-502-7600
www.afb.org

► **AMERICAN GERIATRICS SOCIETY**
212-308-1414
www.americangeriatrics.org

► **AUTISM SOCIETY OF BALTIMORE-CHESAPEAKE CHAPTER**
See Disability Resources.

► **BALTIMORE CITY CIRCUIT COURT**
410-333-3722
Provides legal and fair processing of all cases.

► **BALTIMORE CITY DEPARTMENT OF HUMAN RESOURCES**
410-396-3860



ADVOCACY SERVICES

► BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES

443-378-4600

Protective services for residents of all ages through assessment, case management, residential services and financial services.

Adoptions

410-685-8231

Adult Services

410-361-5000 (Hotline)

(Includes Adult Protective Services, Social Services to Adults and Project HOME)

Family Investment

443-423-6400

Food Stamp Change Center

443-423-6400

In-Home Aide Services

410-361-5000

Intake & Assessment

Report Child Abuse and

Neglect (Child Protective

Services and Family Services)

410-361-2235

(24-Hour Service)

Legal Services

443-378-4100

► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING, COMMISSION ON AGING

410-396-2273

Members appointed by the Mayor and the City Council to generally advise the Division of Aging in its mission to assist older adults and persons with disabilities in Baltimore City with health, transportation, social, economic, recreation, environmental and housing needs.

► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING, LONG-TERM CARE OMBUDSMAN PROGRAM

410-396-3144

Investigates and attempts to resolve complaints on behalf of assisted living and nursing home residents.

► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING, MARYLAND ACCESS POINT

410-396-2273

► BALTIMORE CITY OFFICE OF CIVIL RIGHTS AND WAGE ENFORCEMENT /COMMUNITY RELATIONS COMMISSION

410-396-3141

Combats unlawful discrimination.

► BALTIMORE CITY OFFICE OF STATE'S ATTORNEY

443-984-6000

Court related issues.

► BALTIMORE CITY POLICE DEPARTMENT, NON-EMERGENCY ASSISTANCE

311 or 443-263-2220

► BALTIMORE CITY SHERIFF'S OFFICE

410-396-1155

► BALTIMORE CITY TAX BILLING OFFICE

410-396-3987

410-396-2273 (MAP)

Homes may be placed in tax sale if delinquent in property taxes (\$750) water bill (\$750) and/or if other environmental citations exist. For more information regarding homeowner tax property credit, home repairs, water bills or legal issues, call Baltimore City MAP.

► BALTIMORE COUNTY ASSOCIATION OF SENIOR CITIZENS ORGANIZATIONS, INC (BCASCO)

443-345-6662

Educational and advocacy association that strives to better the lives of seniors and their families through programs, newsletters and presentations.

► BALTIMORE COUNTY COMMISSION ON AGING

410-887-2109

Members appointed by the County Executive and the County Council to generally advise the Department of Aging in its mission to assist older adults in Baltimore County with health, transportation, social, economic, recreation, environmental and housing needs.

► BALTIMORE COUNTY COMMISSION ON DISABILITIES

410-887-2483

Legally enacted commission of county government to initiate recommendations and review legislation which concerns or impacts individuals with disabilities.

► BALTIMORE COUNTY DEPARTMENT OF AGING, LONG-TERM CARE OMBUDSMAN PROGRAM

410-887-4200

Investigates and attempts to resolve complaints made by or on behalf of assisted living and nursing home residents. Services are confidential and free.

► BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY

410-887-2594

Help and information regarding resources available to older adults, persons with disabilities and caregivers.

► BALTIMORE COUNTY DEPARTMENT OF HEALTH

410-887-2243

Protects public health by promoting good health practices, protecting individuals from infectious diseases and providing access to health care services. Provides special geriatric services.

► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES, REPORTING HOTLINE AND HOMELESS SERVICES

410-887-8463 (TIME)

Advocates and provides protective services for residents of all ages through assessments, case management, residential and financial services. Provides information, assistance and referral for emergency shelter for homeless individuals.

► BALTIMORE COUNTY HUMAN RELATIONS COMMISSION

410-887-5917

Enforces anti-discrimination laws.

► BALTIMORE COUNTY OFFICE OF THE ADA COORDINATOR

410-887-3353

Investigates public complaints alleging noncompliance with the ADA.

► BALTIMORE COUNTY POLICE DEPARTMENT, FINANCIAL CRIMES AND CYBERCRIMES

410-887-2190

Answers questions regarding con games and door-to-door scams.

► BALTIMORE COUNTY POLICE DEPARTMENT, NON-EMERGENCY ASSISTANCE

410-887-2222

► BALTIMORE COUNTY SHERIFF'S OFFICE

410-887-3151

► BETTER BUSINESS BUREAU, INC

410-347-3990

Provides information regarding consumer issues, determination of reliability of businesses or charities and opportunity to file a complaint.

► CONSUMER FINANCIAL PROTECTION BUREAU

855-411-2372

www.consumerfinance.gov

► CENTERS FOR MEDICARE & MEDICAID SERVICES (CMS), MEDICARE HELPLINE

800-633-4227

www.medicare.gov

► CHILDREN AND ADULTS WITH ATTENTION DEFICIT DISORDER OF GREATER BALTIMORE (CHADD)

<https://www.chadd-mc.org/greater-baltimore>

► **DISABILITY RIGHTS MARYLAND**

410-727-6352
www.disabilityrightsmd.org
 A non-profit legal advocacy organization mandated to advance the civil rights of people with disabilities. Free legal services to Marylanders with disabilities.

► **FEDERAL TRADE COMMISSION**

877-382-4357
 (Consumer Protection)
 877-438-4338 (Identity Theft)
www.ftc.gov
 Provides information on filing a complaint regarding identity theft, internet fraud, telemarketing scams, Do Not Call Registry, etc.

► **IMAGE CENTER OF MARYLAND**

410-982-6311
 See Disability Resources.

► **LEGAL AID, INC**

410-951-7750
 Free civil legal services to Maryland residents with limited income.

► **MARYLAND ATTORNEY GENERAL'S OFFICE**

410-576-6300 (General)
Mediation Unit Hotline
 410-528-8662
www.marylandattorneygeneral.gov

Investigates complaints regarding unfair and deceptive business practices. Acts as mediator between consumers and merchants.

► **MARYLAND COMMISSION ON CAREGIVING**

<https://dhs.maryland.gov/maryland-commission-caregiving>
 Coordinates statewide planning, development, and implementation of family caregiver support.

► **MARYLAND COMMISSION ON CIVIL RIGHTS**

410-767-8600
<https://mccr.maryland.gov>
 Enforces Maryland anti-discrimination laws concerning employment, housing, public accommodations and commercial non-discrimination.

► **MARYLAND DEPARTMENT OF AGING**

410-767-1100
<https://aging.maryland.gov>
 In partnership with the Area Agencies on Aging (AAA), promotes an enhanced quality of life for a diverse population of older adults in Maryland.

► **MARYLAND DEPARTMENT OF DISABILITIES**

See Disability Resources.

► **MARYLAND DEPARTMENT OF EDUCATION**

410-767-0100
www.marylandpublicschools.org
 Develops and implements standards and policies for pre-kindergarten through high school education programs in Maryland.

► **MARYLAND DEPARTMENT OF HEALTH**

410-767-6500
<https://health.maryland.gov>
 Promotes and improves the health and safety of Marylanders through disease prevention, access to care, quality management and community engagement. OHCQ licenses and provides oversight of adult day care, nursing homes, assisted living facilities, health care agencies, etc. See website for licensee directory.

Children's Services
 410-402-8300, Press 1
Medical Assistance Program
 410-767-6500, Press 1
Office of Health Care Quality (OHCQ)
 410-402-8015

► **MARYLAND HEALTH CARE COMMISSION**

410-764-3460
<https://mhcc.maryland.gov>
 Reviews and compares nursing homes, assisted living facilities (ten or more beds), health plans, hospitals and prescription prices.

► **MARYLAND HEALTH EDUCATION AND ADVOCACY UNIT**

410-528-1840 (Health)
 410-528-8662 (Consumer)
 Accepts complaints involving medical billing or reimbursement problems and provides the complaint history of health care providers.

► **MARYLAND HOME IMPROVEMENT COMMISSION (MHIC)**

410-230-6231
<https://www.dlir.state.md.us/license/mhic>
 Verifies contractors' licenses and provides information about complaints filed against specific companies.

► **MARYLAND INSURANCE ADMINISTRATION**

410-468-2000
 800-492-6116
www.insurance.maryland.gov
 Consumer information and complaints concerning accident, automobile, health, life, long-term care and property insurance as well as agent licensing requirements and insurance fraud.

► **MARYLAND OFFICE OF PEOPLE'S COUNSEL**

410-767-8150
 Advocates on behalf of residential utility customers and can assist with dispute resolution.

► **MARYLAND OFFICE OF THE SECRETARY OF STATE, CHARITABLE ORGANIZATIONS DIVISION**

410-974-5534
 Answers questions and takes complaints about charitable organizations.

Does someone you know need a **nursing home**? Does someone you know need an **adult medical day care** or **assisted living facility**?

The Maryland Quality Reporting website is the place to start!

We Have:

- Quality and cost information
- Adult Day Care
- Assisted Living
- Hospitals
- Home Health
- Hospice
- Health Plans
- Nursing Homes and more...
- Compare up to 5 facilities and share
- Patient reviews

Visit:
<https://healthcarequality.mhcc.maryland.gov>

 4160 Patterson Avenue
 Baltimore, MD 21215 Phone: 1 (877) 245-1762
 TTY: 1 (800) 735-2258 Fax: 1 (410) 358-1236



SCAN ME
 Open your phone camera, hold the camera over the QR code above to view the website.



A

ADVOCACY SERVICES - ANIMAL SERVICES

► **MARYLAND STATE BOARD OF MORTICIANS AND FUNERAL DIRECTORS**
410-764-4792

Verifies and issues licenses and accepts complaints about funeral homes, funeral directors, crematoriums and morticians.

► **MAYOR'S COMMISSION ON DISABILITIES**

443-984-3170
Promotes equal rights and opportunities for people with disabilities in Baltimore City.

► **MAYOR'S OFFICE OF CONSTITUENT SERVICES**

410-396-4900
Provides information about Baltimore City government programs. Assists residents with questions and concerns regarding city services.

► **MAYOR'S OFFICE OF NEIGHBORHOODS**

410-545-0787
Contributes to an improved quality of life for Baltimore City residents.

► **MENTAL HEALTH ASSOCIATION OF MARYLAND, METROPOLITAN BALTIMORE BRANCH**

443-901-1550
Advocates for the rights of persons with mental illnesses; offers public information and education programs.

► **NATIONAL ALLIANCE FOR CAREGIVING**

www.caregiving.org

► **NATIONAL ASSOCIATION OF THE DEAF, LAW AND ADVOCACY CENTER**

301-587-1788
301-328-1443 (Voice/
Video Phone)
301-587-1789 (TTY)
www.nad.org

Educates, advocates and litigates on behalf of hard of hearing people.

► **NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), METROPOLITAN BALTIMORE, INC**

410-435-2600
Sponsors self-help, support, education and advocacy groups for families and individuals with mental illness.

► **NATIONAL ASSOCIATION OF INSURANCE COMMISSIONERS (NAIC)**

816-842-3600
<https://content.naic.org>

► **NATIONAL COMMITTEE TO PRESERVE SOCIAL SECURITY AND MEDICARE**

www.ncpsm.org

► **NATIONAL FEDERATION OF THE BLIND**

410-659-9314
www.nfb.org

► **OLDER WOMEN EMBRACING LIFE, INC (OWEL)**

www.owelinc.org
Peer support, referrals, HIV testing, care navigation and education for older women who are at risk or living with HIV in Baltimore City.

► **ON OUR OWN, INC**

www.onourownbaltimore.org
Consumer-run drop-in centers, peer support groups and other social activities for individuals 18 and older utilizing mental health services.

► **PATHFINDERS FOR AUTISM**

See Disability Resources.

► **PREVENT BLINDNESS AMERICA**

800-331-2020
www.preventblindness.org

► **SOCIAL SECURITY ADMINISTRATION, OFFICE OF THE INSPECTOR GENERAL**

<https://oig.ssa.gov>
Report Social Security scams, fraud, waste and abuse online.

► **TAXPAYER ADVOCATE SERVICE**

443-853-6000
800-865-6198
Independent organization within the IRS to help taxpayers resolve problems.

► **THE MID-ATLANTIC ADA CENTER**

800-949-4232
www.adainfo.org
Provides information, guidance and training on the Americans with Disabilities Act.

► **UNITED SENIORS OF MARYLAND, INC (USM)**

410-608-7966
Coalition to influence legislation and public policy to assist Maryland seniors.

► **U.S. COMMITTEE FOR REFUGEES & IMMIGRANTS**

703-310-1130
www.refugees.org

► **U. S. DEPARTMENT OF HEALTH & HUMAN SERVICES, OFFICE OF THE INSPECTOR GENERAL**

800-447-8477
(Fraud/Abuse Hotline)
Handles fraud and abuse related to Medicare, Medicaid, mental health services, medical equipment, employee or contractor complaints, Social Security, food supplements and housing subsidy.

► **U.S. DEPARTMENT OF JUSTICE/CIVIL RIGHTS DIVISION/DISABILITY RIGHTS SECTION**

202-307-0663
www.ada.gov
Provides information on the Americans with Disabilities Act.

► **U.S. DEPARTMENT OF VETERANS AFFAIRS: PATIENT ADVOCATE**

800-827-1000
www.va.gov/health/patientadvocate
Beneficiary information for veterans, their widows, widowers and children.



► **U.S. POSTAL INSPECTION SERVICE**

877-876-2455
800-372-8347
<https://www.uspis.com>
Investigates crimes involving postal service, including mail fraud.

AIDES, IN HOME

See Home Health Services.

ALZHEIMER'S/ DEMENTIA

See Caregivers Support/
Grandparent Support.

ANIMAL SERVICES

► **ANIMAL CONTROL PROGRAM AND ENVIRONMENTAL HEALTH**

410-396-4688 (City)
Enforces City and State codes, rules and regulations; investigates animal neglect and cruelty cases.

► **BALTIMORE COUNTY DEPARTMENT OF HEALTH, DIVISION OF ANIMAL SERVICES**

410-887-PAWS (7297) (County)
Issues violations, enforces laws, accepts animal cruelty calls. Free euthanizing (per criteria), rabies shots, spay/neutering, microchipping and licensing. Operates shelter for animal adoption.

A

ANIMAL SERVICES - ASSISTIVE TECHNOLOGY

► BALTIMORE COUNTY DEPARTMENT OF PERMITS, ANIMAL LICENSES

410-887-3630
Available at full-service libraries.
\$2.00 convenience fee.

► FIDOS FOR FREEDOM, INC

410-880-4178
Supports the Washington-Baltimore Metropolitan community by providing specially trained hearing, service and therapy dogs.

► MARYLAND SPCA - KIBBLE CONNECTION

410-235-8826, Ext. 137
Provides free pet food to Meals On Wheels clients.

► SPAY/NEUTER ALL PETS (SNAP)

410-887-PAWS (7297) (County)
410-235-8826 (City)
Provides low-cost certificates for spaying/neutering dogs and cats.

APARTMENTS, SENIORS

See Housing.

ASSESSMENT, GERIATRIC

See Geriatric Mental Health Services.

ASSISTED LIVING PROGRAMS

See Housing.



ASSISTIVE TECHNOLOGY

See Disability Resources, Hearing Resources, Loan Closet for Medical Equipment, Medical Alert Systems, Medical Equipment and Supplies and Vision Resources.

► ASSISTIVE TECHNOLOGY GUARANTEED LOAN PROGRAM

410-554-9230
800-832-4827
866-881-7488 (TTY)
Low-interest loans for home modifications and assistive devices for persons with disabilities.

► BALTIMORE COUNTY DEPARTMENT OF AGING

410-887-2594
Loans wheelchairs, walkers, shower seats and other equipment. Available to Baltimore County residents age 60 and over.

► IMAGE CENTER OF MD, THE VME CUSTOM ASSISTIVE TECHNOLOGY PROGRAM

410-982-6311
www.imagemd.org
Provides technology solutions and customized devices for persons with disabilities.

► MARYLAND DURABLE MEDICAL EQUIPMENT RE-USE

240-230-8000
Provides durable medical equipment to Marylanders in need at no cost. Various locations around the state.

Have confidence in every conversation.



Do you find it difficult to use a standard phone? Do people ask you to repeat yourself during telephone conversations? Do you miss important calls because you can't hear the phone ring? The **Maryland Accessible Telecommunications (MAT)** program is here to help by giving Maryland residents the opportunity to apply for State-provided telecommunications equipment to independently make and receive calls. Once you qualify, a skilled evaluator meets with you to determine the best device to support your day-to-day communications. The **MAT** program has a variety of equipment solutions to support clearer communication, including:

- Amplified phones
- Phones with large and/or high contrast buttons
- Tablets
- Captioned Telephones
- Ring signalers
- And more



For more information:

800-552-7724 | 410-767-7253 (Voice/TTY)
410-801-9618 (Video Phone) | MDMAT.org



A - C

ASSISTIVE TECHNOLOGY - CASE MANAGEMENT

► MARYLAND RELAY

800-552-7724 or
410-767-6960 (Voice/ TTY)
443-453-5970 (Video Phone)
www.mdrelay.org
301 West Preston Street,
Suite 1008A
Baltimore 21201
Telecommunications solutions
for people who have hearing or
vision loss.

MARYLAND TECHNOLOGY ASSISTANCE PROGRAM

800-832-4827
www.mdod.maryland.gov/
mdtap
Information and referral
resources for people with
disabilities to live and work
independently. Programs
include temporary equipment
borrowing, technology and
telework loan programs.

► MID-ATLANTIC MEDICAL SUPPLY AND EQUIPMENT

410-363-2279
www.suppliesforliving.com
718 Main Street
Reisterstown 21136
Price-match promise, delivery
and insurance billing.

ATTORNEYS

See Legal Services.

BEHAVIORAL HEALTH

See Mental Health Services.

CAREGIVERS SUPPORT/ GRANDPARENT SUPPORT

See Case Management,
Disability Resources, Home
Health Services, Housing-
Assisted Living, Medical
Equipment and Supplies,
Memory Care, Nursing Homes,
Respite Services and Support
Groups-Caregivers.

► ALZHEIMER'S ASSOCIATION

410-561-9099
800-272-3900 (24-Hour
Helpline)
www.alz.org/maryland

► BALTIMORE CITY FAMILY CAREGIVERS AND GRANDPARENTS AS PARENTS PROGRAM

410-396-1337
Provides support, respite,
and supplemental services to
caregivers and grandparents
as parents.

► BALTIMORE COUNTY DEPARTMENT OF AGING, CAREGIVERS PROGRAM

410-887-4724
Provides information, education
and guidance to family members
caring for older adults within
Baltimore County.

► BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY

410-887-2594
Information about services
and benefits available to older
adults, baby boomers, persons
with disabilities, caregivers and
professionals.

► BALTIMORE COUNTY RESPITE CARE PROGRAM

410-853-3500
Respite assistance for family
caregivers caring for individuals
with physical or developmental
disabilities.

► CATHOLIC CHARITIES CHILD AND FAMILY SERVICES, GRANDPARENT SERVICES, KINSHIP NAVIGATOR

667-600-3074

► FAMILY TREE

410-889-2300
Provides programs and services
to educate about preventing
child abuse.

► LOCATE: CHILD CARE

877-261-0060
Locate childcare resources.

► NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), METROPOLITAN BALTIMORE, INC

410-435-2600
http://namimd.org
Sponsors self-help, support,
education and advocacy groups
for families and individuals
coping with mental illness.

CASE MANAGEMENT

Assistance in helping adults
and persons with special needs.
See also Disability Resources,
Geriatric Mental Health Services
and Mental Health Services.
To find assistance in your area,
visit www.aginglifecare.org for a
listing of local geriatric care
managers. For additional
services/information call
Maryland Access Point of
Baltimore County at
410-887-2594 or the Baltimore
City Health Department,
Division of Aging at Maryland
Access Point at 410-396-2273.

► AGING LIFE CARE ASSOCIATION

www.aginglifecare.org
Professional organization which
sets standards for fee-for-
service case managers.

► BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES

443-378-4600
Case management for
vulnerable adults ages 18
and older.

► BALTIMORE CITY DIVISION OF AGING, CASE MANAGEMENT FOR LONG TERM SUPPORT SERVICES

410-545-1565
Case management for active
clients in Medicaid Waiver,
Senior Care and Guardianship
programs.



The Alzheimer's Association offers
free in-person and virtual education
programs for people living with
a diagnosis and for caregivers.

Call our 24/7 Helpline, 800.272.3900,
or scan the QR code.



**ALZHEIMER'S
ASSOCIATION**
Greater Maryland Chapter

C - D

CASE MANAGEMENT - DENTAL SERVICES

► **BALTIMORE COUNTY DEPARTMENT OF AGING, COMMUNITY OUTREACH SPECIALISTS**

410-887-2594 (Intake/Referral)
Case management services for older adults including assistance with completing financial applications.

► **BALTIMORE COUNTY DEPARTMENT OF HEALTH, ADULT EVALUATION AND REVIEW SERVICES**

410-887-2754
In-home screening, assessment and case management services for individuals experiencing multiple health and social problems.

► **BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES**

410-887-8463 (TIME)
Screening and case management for vulnerable adults (age 18 and over). Includes Adult Protective Services and Aging Services (age 65 and over).

► **JEWISH COMMUNITY SERVICES**

410-466-9200

► **SPRINGBOARD COMMUNITY SERVICES**

410-669-9000

► **THE COORDINATING CENTER**

410-987-1048
Coordinates services for persons with disabilities to support independence.

CEMETERIES, MEMORIAL PARKS AND MONUMENTS

See Funeral Resources.

► **DULANEY VALLEY MEMORIAL GARDENS**

410-666-0490
www.dulaneyvalley.com
200 East Padonia Road
Timonium 21093
Burial arrangements, cremation services, free planning guide, pet loss center.

► **MARYLAND DEPARTMENT OF VETERANS AFFAIRS**

410-260-3838
www.veterans.maryland.gov
Administers Maryland Veterans Cemetery and Memorial Program.

► **MARYLAND STATE BOARD OF MORTICIANS AND FUNERAL DIRECTORS**

410-764-4792
Verifies and issues licenses and accepts complaints about funeral homes, funeral directors, crematoriums and morticians.

CLINICAL TRIALS

► **CLINICAL TRIALS.GOV**

www.clinicaltrials.gov

► **FUNCTIONAL NEUROMODULATION, INC/ADVANCEII**

410-550-9022
www.advancestudy4ad.com
Mild Alzheimer's Disease study seeking participants. To qualify: www.mildalzheimersstudy.com.

COUNSELING, MENTAL HEALTH

See Mental Health Services.

DENTAL SERVICES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

► **BALTIMORE CITY COMMUNITY COLLEGE, DEPARTMENT OF DENTAL HYGIENE**

410-462-7712
2901 Liberty Heights Avenue
Baltimore 21215
Free preventive visits for adults and children. Spanish interpreter.

► **BALTIMORE CITY HEALTH DEPARTMENT Eastern Clinic**

443-984-3548
1200 East Fayette Street
Baltimore 21202
Preventive care from ages three and older; ages seven and older for dental problems. Adults treated for emergencies only. MA accepted. Baltimore City residency only.

► **BALTIMORE CITY HEALTH DEPARTMENT, ORAL HEALTH CLINIC**

410-396-0840

► **BALTIMORE COUNTY DENTISTRY**

410-887-2781 (Appointments)
Eastern Family Resource Center Dental Clinic
9150 Franklin Square Drive
Rosedale 21237
Liberty Family Resource Center Dental Clinic
3525 Resource Drive
Randallstown 21133
Call for appointments for the Dental Access Program and dental clinics. Baltimore County residents only.

► **BALTIMORE MEDICAL SYSTEMS**

Belair-Edison Family Center
410-558-4800
3120 Erdman Avenue
Baltimore 21213
Federally qualified health center.

Date: April 26, 2022
Principal Investigator: Yuri Agrawal, MD
Application Number: IRB00273752

Balance & Mobility

Johns Hopkins University is studying how physical therapy that targets the inner ear balance system may reduce fall risks, improve balance, mobility, and cognition in adults with Alzheimer's Disease in a first-in-kind research study delivered via telemedicine.

Fast Facts

- Individuals aged 60+ years
- Mild-moderate Alzheimer's Disease or Related Dementias
- Has a caregiver
- Compensation up to \$200
- Participate from home!

For more information:
cwalke86@jhmi.edu
(410) 502-2145

Have you or someone been diagnosed with
Mild Alzheimer's Disease?



ADVANCE II

A Research Study researching a different approach for mild Alzheimer's Disease using a Neurosurgical procedure called Deep Brain Stimulation (DBS) is seeking participants!

ARE YOU:

65 Years +

Have Mild Alzheimer's Disease

Have a Caregiver or Family Member who
can accompany the Patient to doctor visits

Visit www.mildalzheimersstudy.com
to see if you may qualify for the study
OR to learn more about this study
visit www.advancestudy4ad.com



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Version Date November 28, 2022

D

DENTAL SERVICES - DISABILITY RESOURCES

► CHASE BREXTON HEALTH SERVICES 410-837-2050

Baltimore
1111 North Charles Street
Baltimore 21201
Randallstown
3510 Brenbrook Drive
Randallstown 21133
Preventive and dental
problems. MA accepted;
sliding scale. Baltimore City
and County residents.

► DENTAL HYGIENE CLINIC-CCBC 443-840-3495 (Dundalk Campus)

Students provide low-cost basic
dental hygiene services under
close supervision from clinical
faculty.

► ESPERANZA CENTER 667-600-2900

430 South Broadway
Baltimore 21231
Primary dental care for children
and adults of immigrant clients.

► FAMILY HEALTH CENTERS OF BALTIMORE (FHCB)

410-354-2000
631 Cherry Hill Road
Baltimore 21225
Preventive and dental problems
from three years old to adults.
Spanish interpreter.

► GIVING RETIRED ADULTS MIGHTY SMILES INITIATIVE (GRAMS)

Eastern Dental Clinic
443-984-3548
Affordable basic dental care for
uninsured low-income persons
60 years and older. Baltimore
City residency required.

► HEALTH CARE FOR THE HOMELESS

410-837-5533
421 Fallsway
Baltimore 21202
Free to individuals without
homes.

► JAI MEDICAL SYSTEMS 410-433-2200, Option 1 5010 York Road Baltimore 21212

410-327-5100, Option 1
1235 East Monument Street
Baltimore 21202

► JOHNS HOPKINS EAST BALTIMORE MEDICAL CENTER

410-522-9800
1000 East Eager Street
Baltimore 21202
Preventive and dental problems
from ages three to adults.
MA accepted.

► MARYLAND FOUNDATION OF DENTISTRY FOR THE HANDICAPPED, DONATED DENTAL SERVICES

410-964-1944
Dental care for Maryland
residents with disabilities.
Income requirements.

► MISSION OF MERCY 410-390-1314

Reisterstown United Methodist
Church
246 Main Street
Reisterstown 21136
Free dental clinic by
appointment only.

► PARK WEST MEDICAL CENTER

410-542-7800
3319 West Belvedere Avenue
Baltimore 21215
Preventive and dental problems
from ages two to adults. MA
accepted; sliding scale.

► TOTAL HEALTH CARE 410-383-8300

1501 Division Street
Baltimore 21217
Preventive and dental problems
from ages three to adults. MA
accepted and emergencies
treated.

► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPEDIC INSTITUTE, DENTAL DEPARTMENT

410-448-6290
2200 Kernan Drive
Baltimore 21207
Self-referral or referred by a
doctor or dentist. All ages by
appointment only. MA and
private insurance accepted.

► UNIVERSITY OF MARYLAND, SCHOOL OF DENTISTRY 410-706-7063

Discounted dental services
performed by dental students
under supervision of licensed
dentists.

IN-HOME DENTAL SERVICES

For information about in-home
dentistry, call Maryland Access
Point of Baltimore County at
410-887-2594 or the Baltimore
City Health Department,
Division of Aging at Maryland
Access Point at 410-396-2273.

DISABILITY RESOURCES

For additional services/
information, call Maryland
Access Point of Baltimore
County at 410-887-2594
or the Baltimore City Health
Department, Division of Aging
at Maryland Access Point at
410-396-2273.

See Adult Day Care-Specialized
Services, Assistive Technology,
Case Management, Dental
Services, Employment, Geriatric
Mental Health Services, Hearing
Resources, Legal Services,
Loan Closet for Medical
Equipment, Medical Equipment
and Supplies, Mental Health
Services, Personal Needs,
Transportation Services and
Vision Resources.

CAMPS AND RECREATION

► BALTIMORE COUNTY DEPARTMENT OF RECREATION AND PARKS 410-887-5370

[www.baltimorecountymd.gov/
agencies/recreation](http://www.baltimorecountymd.gov/agencies/recreation)
Ages: 6-21
Offers summer day camps
in cooperation with local
recreation councils for young
people with disabilities.

► BOY SCOUTS OF AMERICA

443-573-2500
www.baltimorebsa.org
Ages: 7 - 21

► CAMP GLOW (GOD LOVES OUR WORLD)

[www.archbalt.org/
disabilities-ministry/
camp-glow](http://www.archbalt.org/disabilities-ministry/camp-glow)
Ages: 18 and up

► CAMP GREENTOP CATOCTIN MOUNTAIN NATIONAL PARK

410-323-0500, Ext. 366
[www.leagueforpeople.
org/about-camp](http://www.leagueforpeople.org/about-camp)
15001 Park Central
Sabillasville 21780
Ages: 8 and up
Camping with modern
accessible accommodations
and therapeutic recreation.

► CAMP JEMICY

410-753-8035
[www.jemicyschool.org/
community/summer-at-jemicy](http://www.jemicyschool.org/community/summer-at-jemicy)
Ages: 6-14 co-ed
Daily, individualized, structured,
multisensory instruction and
tutoring. Builds self-esteem,
promotes individual growth
through social and activity-
based experiences.

► EASTERSEALS CAMP FAIRLEE

410-778-0566
www.campfairlee.com
Ages: 6 - adult
Residential summer camp
sessions from 5 - 12 days.
Outdoor and indoor activities;
respite weekends and travel
opportunities year-round.

D

DISABILITY RESOURCES

► J.C.C. SPECIAL NEEDS SUMMER CAMPS

410-559-2391
www.jcc.org/center-youth-families/j-camps/camp-offerings/inclusion
Ages: 2-15

► MELWOOD RECREATION CENTER/CAMP ACCOMPLISH

301-870-3226
www.melwood.org/recreation-programs/camp/camp-accomplish
Ages: 5-18
Day, overnight, teen and adult equestrian camps in an inclusive setting. Year-round.

CHILDRENS' SERVICES

► BALTIMORE COUNTY DEPARTMENT OF HEALTH, INFANTS AND TODDLERS PROGRAM

443-809-2169
www.baltimorecountymd.gov/departments/health/health-services/children
Supports children from birth through 30 months of age.

► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES, CHILD PROTECTIVE SERVICES

410-887-8463 (TIME)
www.baltimorecountymd.gov/departments/socialservices/abuse
Ensures the safety and well-being of children.

► BALTIMORE COUNTY PUBLIC SCHOOLS, DEPARTMENT OF SPECIAL EDUCATION AND STUDENT SUPPORT SERVICES SPECIAL EDUCATION RESOURCE CENTER

443-809-5443
https://dci.bcps.org/department/special_education/special_education_resource_center
White Oak School
8401 Leefield Road, Room 100
Baltimore 21234
Promotes effective partnerships within the school community.

► COMMUNITY COLLEGE OF BALTIMORE COUNTY, CHILDREN WITH DEVELOPMENTAL CHALLENGES

443-840-1387
www.cccbcmd.edu
Essex Campus
7201 Rossville Boulevard
Rosedale 21237
Supports children with special needs in managing their unique challenges.

► MARYLAND DEPARTMENT OF HEALTH, OFFICE FOR GENETICS AND PEOPLE WITH SPECIAL HEALTH CARE NEEDS

410-767-6730
www.health.maryland.gov/phpa/genetics/pages/home.aspx
Birth Defects Reporting and Information System (BDRIS)
410-767-6737
Critical Congenital Heart Disease Screening Program
443-681-3916

► Infant Hearing Program Intervention

800-633-1316
Medical Home
410-767-5298
Newborn Metabolic Screening
443-681-3916
443-681-3900 (Lab)
Sickle Cell Disease Program
410-767-6737

► MENTOR MARYLAND

410-455-4600
www.md-mentor.com
Serves children and adolescents with mental health, emotional and behavioral challenges.

► MUSCULAR DYSTROPHY ASSOCIATION

See Health Information.

► PACT: HELPING CHILDREN WITH SPECIAL NEEDS

410-298-7000
www.kennedykrieger.org/community/initiatives/pact
Promotes the development of young children with special needs and their families.

► PARENTS' PLACE OF MARYLAND

410-768-9100
www.ppmd.org
Information for Maryland families of children with all disabilities and special health care needs.

► RARE AND EXPENSIVE CASE MANAGEMENT (REM) PROGRAM

410-767-1903
www.health.maryland.gov/mmcp/longtermcare/pages/rem-program.aspx

► SHEPPARD PRATT HEALTH SYSTEM

See Mental Health.

► THE COORDINATING CENTER

See Case Management.

DISABILITY COMMUNITY SUPPORTS

► ABILITIES NETWORK

410-828-7700
www.abilitiesnetwork.org

► ASPIRE LIVING & LEARNING

410-569-6490
www.allinc.org

► ASSOCIATED CATHOLIC CHARITIES, GALLAGHER SERVICES

667-600-2520
www.catholiccharities-md.org/services/gallagher-services

► BEST BUDDIES MARYLAND

410-327-9812
www.bestbuddies.org/maryland

► CENTER FOR SOCIAL CHANGE, INC

410-579-6789
www.centerforsocialchange.org

► CHIMES MARYLAND

410-358-6400
www.chimes.org
Offers day rehabilitation, residential, educational, vocational and employment.

► COMMUNITY SUPPORT SERVICES FOR THE DEAF (CSSD)

410-597-8780 (Voice Phone)
443-348-8256 (Video Phone)
www.cssdinc.org

► COMPANIONS, INC

410-394-8790
www.companionsmd.org

► EROSUN, INC

410-296-4641
www.erosun.org

► FREEDOM TO CHOOSE, INC

410-788-0852

► GROUP FOR THE INDEPENDENT LEARNING DISABLED (GILD)

www.gildgroup.org

► HUMANIM

410-381-7171
www.humanim.org

► HUSSMAN CENTER FOR ADULTS WITH AUTISM

410-704-4486
www.towson.edu/iwb/centers/hussman

► INSTITUTE FOR WELL-BEING TOWSON UNIVERSITY

410-704-7300
410-704-3095 (Hearing Center)
www.towson.edu/iwb

► ITINERIS, INC

443-275-1100
www.itinerisbaltimore.org

► JEWISH COMMUNITY SERVICES (JCS)

410-466-9200
www.jcsbaltimore.org

► KENNEDY KRIEGER INSTITUTE

443-923-8400
888-554-2080
www.kennedykrieger.org

D

DISABILITY RESOURCES

► LOW INTENSITY SUPPORT SERVICES (LISS)

877-282-8202
www.health.maryland.gov/dda/pages/liss.aspx

► MARYLAND DEVELOPMENTAL DISABILITIES ADMINISTRATION, REGIONAL OFFICE

410-234-8200
877-874-2494 (Toll-Free)
800-735-2258 (TTY)
<https://dda.health.maryland.gov/pages/home.aspx>
The Maryland Developmental Disabilities Administration (DDA) provides funding for multiple agencies which serve the needs of persons with developmental disabilities. These agencies provide a wide range of services, including residential, day services and family support services.

In order to receive funding for services from the DDA, it is imperative that an individual goes through the application process. The first step in that process is calling the DDA Regional Office to request an application. The application can also be downloaded from DDA's website at <https://dda.health.maryland.gov/pages/howtoapply.aspx>.

► MOSIAC, INC

See Mental Health Services.

► NATIONAL MULTIPLE SCLEROSIS SOCIETY, GREATER DC-MARYLAND

800-344-4867 (Toll-Free)
www.nationalmssociety.org/chapters/MDM/index.aspx

► PEOPLE ON THE GO

443-923-9593
www.peopleonthegomaryland.com

► PROGRESS UNLIMITED, INC

410-363-8550
www.progressunlimited.org

► PROJECT HOME/ADULT FOSTER CARE

410-853-3511
www.baltimorecountymd.gov/departments/socialservices/fosterparenting/projecthome.html

► SERVICE COORDINATION

410-235-8110
www.servicecoord.org

► SHARED SUPPORT MARYLAND, INC

240-437-4281
<https://www.sharedsupportmd.org>

► SHEPPARD PRATT HEALTH SYSTEM

410-938-3000
www.sheppardpratt.org

► SPECTRUM SUPPORT, INC

410-795-6543
www.spectrum-support.org

► THE ARC BALTIMORE

410-296-2272
www.thearcbaltimore.org
Assistive technology, employment training, day/residential services, family support/respite, foster care, and resources for individuals with developmental disabilities.

► THE LEAGUE FOR PEOPLE WITH DISABILITIES

410-323-0500
www.leagueforpeople.org
1111 East Cold Spring Lane
Baltimore 21239

► UNITED CEREBRAL PALSY

800-872-5827
www.ucp.org



EDUCATION SERVICES

Local Colleges and Universities are required to provide equal educational opportunity to students with disabilities in accordance with Section 504 of the Rehabilitation Act and the Americans with Disabilities Act (ADA). For more information, please contact your local college/university.

► ARROW CENTER FOR EDUCATION TANGRAM, THE

443-798-6310
www.arrow.org
8830 Orchard Tree Lane,
Suites 8824-30
Towson 21286

► BALTIMORE COUNTY PUBLIC SCHOOLS, OFFICE OF SPECIAL EDUCATION

443-809-3660
www.dci.bcps.org/department/special_education

► COMMUNITY COLLEGE OF BALTIMORE COUNTY: CASE SINGLE STEP PROGRAM

443-840-3262
www.ccbcmd.edu/programs-and-courses/adults-with-disabilities.aspx

► CONFLICT RESOLUTION CENTER OF BALTIMORE COUNTY

See Mediation, Non-Profit.

► DYSLEXIA TUTORING PROGRAM, INC

410-889-5487
www.dyslexiatutoringprogram.org

► HIGH ROAD SCHOOL OF BALTIMORE COUNTY

410-282-8500
www.sesisschools.com
11685 Crossroads Circle,
Suite U
Baltimore 21220

► INTERNATIONAL DYSLEXIA ASSOCIATION, MARYLAND BRANCH

410-296-0232
www.dyslexiaida.org

► JEMICY SCHOOL

410-653-2700
www.jemicyschool.org
Lower and Middle Campus - Grades 1-8
11 Celadon Road
Owings Mills 21117
Upper School Campus - Grades 9-12 and Upper School Prep Program
11202 Garrison Forest Road
Owings Mills 21117

► MARYLAND ASSOCIATION OF NONPUBLIC SPECIAL EDUCATION FACILITIES (MANSEF)

410-938-4413
www.mansef.org

► MARYLAND COALITION FOR INCLUSIVE EDUCATION (MCIE)

410-859-5400
www.mcie.org

► MARYLAND SCHOOL FOR THE BLIND

410-444-5000
www.marylandschoolfortheblind.org
3501 Taylor Avenue
Baltimore 21236

► MARYLAND SCHOOL FOR THE DEAF

www.msdeu.org
Columbia Campus
410-696-7449
8169 Old Montgomery Road
Ellicott City 21043
Frederick Campus
240-575-2966
101 Clarke Place
Frederick 21705

► MARYLAND STATE DEPARTMENT OF EDUCATION, DIVISION OF REHABILITATION SERVICES (DORS)

See Employment.

D

DISABILITY RESOURCES

► SHEPPARD PRATT: SCHOOLS

www.sheppardpratt.org/care-services/schools-school-based-services

Sheppard Pratt at Glyndon
410-517-5400

407 Central Avenue
Reisterstown 21136

Sheppard Pratt at Hunt Valley
410-527-9505

11201 Pepper Road
Hunt Valley 21031

Sheppard Pratt at

Reisterstown

410-526-5000

12039 Reisterstown Road
Baltimore 21136

► SPECIAL EDUCATION CITIZENS' ADVISORY COMMITTEE (SECAC)

443-809-4554

https://dci.bcps.org/department/special_education_citizens_advisory_committee

6901 North Charles Street,
Building E, Room 114
Towson 21204

► STRAWBRIDGE SCHOOL

410-922-2100

www.boardofchildcare.org/services/strawbridge-school
3300 Gaither Road
Baltimore 21244

► THE CHIMES SCHOOL

410-358-8270

www.chimes.org
4810 Seton Drive
Baltimore 21215

Eleven month educational
program for students ages 5
to 21.

► THE HARBOUR SCHOOL AT BALTIMORE

443-394-3760

www.harbourschool.org
11251 Dolfield Boulevard
Owings Mills 21117

► THE ODYSSEY SCHOOL

410-580-5551

www.theodysseyschool.org
3257 Bridle Ridge Lane
Lutherville 21093

► THE SHAFER CENTER

410-517-1113

theshafercenter.com/
11500 Cronridge Drive,
Suite 130
Owings Mills 21117

► TRELIS SCHOOL

443-330-7900

www.trellisschool.com
14550 York Road,
Suite A
Sparks 21152

► VILLA MARIA SCHOOL

667-600-3100

www.catholiccharities-md.org/services/villa-maria
2300 Dulaney Valley Road
Timonium 21093

OTHER DISABILITY RESOURCES

► BALTIMORE COUNTY COMMISSION ON DISABILITIES

410-887-2483

www.baltimorecountymd.gov/boards-commissions/disabilitiescommission
Initiates recommendations
and reviews legislation which
impacts individuals with
disabilities.

► BALTIMORE AUTISM SOCIETY

410-655-7933

www.baltimoreautism.org
society.org

► BRAIN INJURY ASSOCIATION OF MARYLAND

410-448-2924

www.biamd.org

► BY THEIR SIDE

443-279-1234

www.bytheirsides.org

► CARING COMMUNITIES, INC

410-549-5707

www.caringcommunities.org
Disability-related training,
education, publications
and events.



► CHRISTOPHER AND DANA REEVE FOUNDATION

800-539-7309

www.christopherreeve.org

► DEPARTMENT OF SOCIAL SERVICES TEMPORARY DISABILITY ASSISTANCE PROGRAM (TDAP)

410-853-3000

<https://dhs.maryland.gov/weathering-tough-times/temporary-disability-assistance>

► DISABILITY RIGHTS MARYLAND

410-727-6352, Ext. 0 (Intake
Specialist)

410-235-5387 (TTY)

www.disabilityrightsmd.org
Advocates for persons with
disabilities. Investigates
allegations of abuse and/or
neglect.

► DOWN SYNDROME ASSOCIATION OF MARYLAND

<https://www.dsamd.org>

► DYSLEXIA TUTORING PROGRAM, INC

410-889-5487

www.dyslexiatutoring.org
program.org

► EASTER SEALS DISABILITY SERVICES

301-588-8700

www.easterseals.com

► FIRST MARYLAND DISABILITY TRUST

410-296-4408

<https://www.firstmdtrust.org>
Special needs trusts, other
trust alternatives, facilitates
case management/care
coordination.

► HASA

410-318-6780

Audiological testing, hearing
aid fittings, sign language
interpreters and classes.

► HOPKINS ELDERPLUS

410-550-7047

410-550-8093

www.hopkinsbayview.org/hopkinselderplus
Mason F. Lord Building,
East Tower, Ground Floor
4940 Eastern Avenue
Baltimore 21224
Stay in the home you love.
Visit us for care.

► IMAGE CENTER OF MARYLAND

410-982-6311

www.imagemd.org
Information and referral, peer
mentoring, independent living
skills training, and educational
transition program for
individuals with disabilities.

► MARYLAND ABLE

855-563-2253

www.marylandable.org
Tax-advantaged savings
program for individuals with
disabilities.

► MARYLAND DEPARTMENT OF DISABILITIES

410-767-3660

<https://www.mdod.maryland.gov>

► MARYLAND DEVELOPMENTAL DISABILITIES COUNCIL

410-767-3670

800-305-6441 (Within MD)

www.md-council.org
Online resource for disability-
related information.

► MARYLAND MOTOR VEHICLE ADMINISTRATION

www.mva.maryland.gov/vehicles/pages/disability-parking.aspx

Automated Information

410-768-7000

Disability placard or plates.

► MARYLAND PUBLIC BEHAVIORAL HEALTH SYSTEM

800-888-1965

Provides contact information
for mental health providers who
accept Medical Assistance.

D

DISABILITY RESOURCES - DRIVING/ DRIVING REHABILITATION

► **MARYLAND RELAY**
800-552-7724 or
410-767-6960 (Voice/ TTY)
443-453-5970 (Video Phone)
www.mdrelay.org
301 West Preston Street,
Suite 1008A
Baltimore 21201
Telecommunications solutions
for people who have hearing or
vision loss.

► **MARYLAND STATEWIDE
INDEPENDENT LIVING
COUNCIL**
240-638-0074
<https://www.marylandsilc.org>

► **MARYLAND
TECHNOLOGY
ASSISTANCE PROGRAM**
800-832-4827
<http://mdod.maryland.gov/mdtap/pages/mdtap-home.aspx>
Information and referral for
individuals with disabilities to
support independence.

► **MARYLAND WORK
INCENTIVES NETWORK**
240-638-0071
<https://www.innow.org/md-win>

► **MAYOR'S COMMISSION
ON DISABILITY**
443-984-3170

► **MID-ATLANTIC
MEDICAL SUPPLY AND
EQUIPMENT**
410-363-2279
www.suppliesforliving.com
718 Main Street
Reisterstown 21136
Price-match promise, delivery
and insurance billing.

► **NATIONAL
REHABILITATION
INFORMATION CENTER**
800-346-2742
<https://www.naric.com>
Information and referral
service to assist persons with
disabilities.

► **PATHFINDERS FOR
AUTISM**
443-330-5341
www.pathfindersforautism.org

► **SCALE-APHASIA
PROGRAM-THE LEAGUE**
410-323-1777
<https://www.leagueforpeople.org/scale>
Treatment, education, and
support for people with aphasia.

► **THE LEAGUE
FOR PEOPLE
WITH DISABILITIES**
410-323-0500
www.leagueforpeople.org
1111 East Cold Spring Lane
Baltimore 21239
Vocational training,
employment and recreational
activities for persons with
disabilities.

► **TICKET TO WORK**
See Employment.

► **UNITED STATES
DEPARTMENT OF LABOR**
866-487-2365
<https://www.dol.gov>
Resources for benefits,
employment, education, health,
housing, civil rights, etc.

DISASTER PREPARATION

See Emergency Preparedness.

DOMESTIC VIOLENCE

► **BALTIMORE COUNTY
DEPARTMENT OF SOCIAL
SERVICES, FAMILY
VIOLENCE UNIT**
410-853-3030
Provides information and offers
a court advocate program to
victims of domestic violence.

► **CHANA**
410-234-0030
Supports the needs of women,
men, children and elders who
experience physical,
psychological, sexual or
financial abuse.

► **DOMESTIC VIOLENCE
PROGRAM, BALTIMORE
COUNTY FAMILY CRISIS
CENTER**
410-828-6390 (24-Hour
Hotline)
410-285-7496 (Domestic
Violence Shelter Only)
410-285-4357 (Victim
Advocacy, Counseling,
Perpetrator Services,
Administrative Offices)
Counseling, shelter and
assistance for individuals
experiencing family violence.

► **HOUSE OF RUTH**
410-889-7884 (Hotline)
888-880-7884 (Legal Hotline)
410-889-0840 (Office)
Safe shelter and counseling
to victims of domestic violence.

► **PROTECTION
ORDER ADVOCACY
AND REPRESENTATION
PROJECT (POARP)**
410-887-3162
Free legal advice for protection
orders to victims of domestic
violence.

► **TURNAROUND, INC**
443-279-0379 (24-Hour
Hotline)
410-377-8111 (Office)
Counseling and services to
victims of domestic violence,
rape, incest, human trafficking
and sexual assault.

DRIVING/DRIVING REHABILITATION

See Transportation Services.

► **AARP DRIVER SAFETY**
800-350-7025
Driver safety training program
that may reduce your auto
insurance.

► **GOOD SAMARITAN
ADAPTIVE DRIVING
PROGRAM**
443-444-4600 (Outpatient
Rehabilitation)
Driver assessment and training.
Physician prescription required.

ElderSAFE Center Services

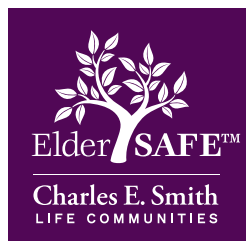
We provide trauma-informed,
client-centered services:

Language Accessible Helpline
ElderSAFE receives referrals for temporary
shelter and requests for community
resources.

Temporary Shelter
ElderSAFE provides safe temporary shelter,
medical, therapeutic and counseling services
in our long-term care and independent living
residences to eligible older adults who have
been abused or neglected.

Education
ElderSAFE provides free training to
multidisciplinary professionals including
medical, social service, legal, first responders,
faith leaders and
community members
to recognize and
respond appropriately.

301-816-5099
MONDAY-FRIDAY
9 a.m. to 5 p.m.



D - E

DRIVING/DRIVING REHABILITATION - EMERGENCY PREPAREDNESS



► **SAINT AGNES DRIVER REHABILITATION PROGRAM**
667-234-2800
Driver assessment and training. Physician prescription required.

► **UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER, SAFE DRIVER ASSESSMENT PROGRAM**
410-337-1349
Driver assessment and training. Physician prescription usually required.

ACCESSIBLE CARS/ VANS (FUNDING RESOURCES)

► **IMAGE CENTER OF MARYLAND**
410-982-6311

► **MARYLAND TECHNOLOGY ASSISTANCE PROGRAM**
800-832-4827

EDUCATION

► **BALTIMORE COUNTY SENIOR CENTERS**
410-887-2040
www.baltimorecountymd.gov/seniorcenters
Opportunities for skill development and lifelong learning at 21 senior centers in Baltimore County. The OPAL Center is BCDA's 21st senior center, a virtual center offering online programs.

► **COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC)**
443-840-2222
Campuses at Catonsville, Essex and Dundalk with satellite locations in Hunt Valley, Owings Mills and Randallstown.

► **COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC), SENIOR ADVENTURES IN LEARNING (SAIL)**
443-840-1685
www.ccbcmd.edu/seniors
Classes throughout the county for seniors.

► **JEWISH COMMUNITY CENTER OF GREATER BALTIMORE**
410-559-3500
Trips, classes, holiday programs and community-wide events.

► **OSHER LIFELONG LEARNING INSTITUTE AT JOHNS HOPKINS UNIVERSITY**
667-208-8693
AT TOWSON UNIVERSITY
410-704-3535
Learning experiences for semi-retired and retired individuals.

► **RENAISSANCE INSTITUTE AT NOTRE DAME OF MARYLAND UNIVERSITY**
410-532-5351
Adult lifelong learning and intellectual growth opportunities.

► **TOWSON UNIVERSITY, GERONTOLOGY PROGRAM**
410-704-4049
<https://cmsweb.towson.edu/chp/departments/health-sciences/undergrad/gerontology/contact.html>

► **UNIVERSITY OF MARYLAND, BALTIMORE COUNTY (UMBC)**
410-455-1000

► **UNIVERSITY OF MARYLAND BALTIMORE, GERONTOLOGY PROGRAMS**
410-455-3184

OTHER EDUCATION PROGRAMS

Classes in reading, writing, math, English as a Second Language (ESL), and GED® Preparation.

► **BALTIMORE CITY COMMUNITY COLLEGE ADULT BASIC EDUCATION PROGRAM**
410-986-3200

► **KESWICK**
410-235-8860
410-662-4363
www.choosekeswick.org
700 West 40th Street
Baltimore 21211
Live well. Age well. Be well.

► **LEARNING IS FOR TOMORROW (LIFT)**
410-522-1705

► **NATIONAL LITERACY DIRECTORY**
877-389-6874

► **SOUTH BALTIMORE LEARNING CENTER**
410-625-4215

► **STRONG CITY BALTIMORE ADULT LEARNING CENTER**
410-261-3524

ELDER ABUSE

See Domestic Violence, Hotlines, Legal Services, Government/Non-Profit and Summary of Services.

EMERGENCY PREPAREDNESS

► **AMERICAN RED CROSS GREATER CHESAPEAKE AND POTOMAC BLOOD REGION**
410-624-2000
www.redcross.org/local/dc-va-md-de/about-us

► **BALTIMORE CITY HEALTH DEPARTMENT, OFFICE OF PUBLIC HEALTH**
410-396-4398

► **BALTIMORE CITY, OFFICE OF EMERGENCY MANAGEMENT**
410-396-6175

► **BALTIMORE COUNTY OFFICE OF HOMELAND SECURITY AND EMERGENCY MANAGEMENT**
410-887-5996
www.baltimorecountymd.gov/departments/emergency-management
Coordination of a comprehensive emergency management program for Baltimore County.

► **GOVERNOR'S OFFICE ON COMMUNITY INITIATIVES, SERVICE AND VOLUNTEERISM (GOSV)**
<https://govs.maryland.gov>
Volunteer training programs, outreach, interagency and donations management coordination.

► **HUMANE SOCIETY OF THE UNITED STATES**
301-258-3055
www.hsus.org
Promotes preparedness education, community planning, response training and field rescue response for animals.

► **MARYLAND DEPARTMENT OF DISABILITIES**
410-767-3660
<https://mdod.maryland.gov>
Prepares persons with disabilities for natural or man-made disasters or emergencies.

E - F

EMERGENCY PREPAREDNESS - FINANCIAL ASSISTANCE

► MARYLAND DEPARTMENT OF EMERGENCY MANAGEMENT (MDEM)

410-517-3660

<https://mdem.maryland.gov>
Coordinates the State response to any major emergency or disaster.

EMPLOYMENT

► BALTIMORE CITY HEALTH DEPARTMENT, OFFICE OF HUMAN RESOURCES

410-396-1420

► BALTIMORE COUNTY DEPARTMENT OF AGING, SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)

410-887-4006

Employment, training and skill development in public and non-profit agencies, 20 hours per week, for low-income individuals age 55 and over.

► BALTIMORE COUNTY DEPARTMENT OF ECONOMIC DEVELOPMENT

410-887-8000

www.baltimorecountymd.gov/agencies/jobtraining/jobseeker.html

Centers provide career consultation, resume development and a computerized job bank.

Workforce Development

Center at Eastpoint

410-288-9050

7930 Eastern Boulevard
Baltimore 21224

Workforce Development

Center at Hunt Valley

410-887-7940

11101 McCormick Road,
Suite 102

Hunt Valley 21031

Workforce Development

Center at the Liberty Center

410-887-8912

3637 Offutt Road
Randallstown 21133

► BALTIMORE COUNTY OFFICE OF HUMAN RESOURCES

410-887-3135

www.baltimorecountymd.gov/agencies/humanresources/jobs
Employment opportunities with Baltimore County government.

► CENTER FOR WORKFORCE INCLUSION

301-578-8900

www.centerforworkforceinclusion.org

► EASTSIDE ONE-STOP CAREER CENTER

410-396-9030

► JOB ACCOMMODATION NETWORK (JAN)

800-526-7234

877-781-9403 (TTY)

www.askjan.org

► MARYLAND DEPARTMENT OF EDUCATION, DIVISION OF REHABILITATION SERVICES (DORS)

Regional Office

410-998-2030

Eastern Baltimore County Office

410-554-3320

Towson Office

410-321-4044

Services and programs for eligible individuals who have a disability.

► MAYOR'S OFFICE OF EMPLOYMENT DEVELOPMENT

410-396-3009

► MARYLAND WORKS – YOUR WORKFORCE CONNECTION

410-381-8660 (Columbia)

<http://mdworks.com>

10270 Old Columbia Road,
Suite 100

Columbia 21046

► MOSAIC COMMUNITY SERVICES

410-282-5900

Vocational rehabilitation services for persons with disabilities.

► RE-ENTRY CENTER @ NORTHWEST ONE-STOP CAREER CENTER, THE MONDAWMIN MALL

410-396-7873

► SOCIAL SECURITY ADMINISTRATION, TICKET TO WORK PROGRAM

866-968-7842

866-833-2967 (TTY)

<https://choosework.ssa.gov>
Employment referral program for persons with disabilities.

► STATE OF MARYLAND DEPARTMENT OF LABOR, LICENSING AND REGULATION, DIVISION OF EMPLOYMENT AND TRAINING

Office of Workforce

Development

410-767-2173

Unemployment Insurance

(Claimant Information)

410-949-0022

► THE LEAGUE FOR PEOPLE WITH DISABILITIES

410-323-0500

www.leagueforpeople.org

Vocational training, employment and recreational activities for persons with disabilities.

► U.S. EQUAL EMPLOYMENT OPPORTUNITY COMMISSION

800-669-4000

800-669-6820 (TTY)

www.eeoc.gov

Baltimore Field Office,
City Crescent Building
10 South Howard Street,
Third Floor

Baltimore 21201

Enforces federal legislation prohibiting employment discrimination based on race, sex, religion, national origin, color, age, equal pay or disability.

► WORKFORCE RECEPTION CENTER

410 396-6588

EXERCISE

See Fitness Centers, Baltimore County and Baltimore City.

FINANCIAL ASSISTANCE

*See Financial Eligibility Guidelines. Please refer to Index for page location. See also Home Repairs, Modifications and Assistance.

► ACCESSIBLE HOMES FOR SENIORS

Maryland Access Point of
Baltimore County

410-887-2594

Baltimore City Health

Department, Division of Aging

at Maryland Access Point

410-396-2273

www.dhcd.maryland.gov/residents/pages/ahsp/default.aspx

Home modification loans for housing accessibility features. Interest-free, 30-year loans for income-eligible individuals 55 and older.

► AFFORDABLE CONNECTIVITY PROGRAM

877-384-2575

www.affordableconnectivity.gov
Helps low-income households pay for Internet service and connected devices.

► ASSISTANCE CENTER OF TOWSON CHURCHES

410-296-4855

Serves northern Baltimore County and City with food, utility turn-off and eviction assistance.



F

FINANCIAL ASSISTANCE

► BALTIMORE CITY DEPARTMENT OF PUBLIC WORKS, BH20 ASSISTANCE PROGRAM

410-396-5398 (Customer Service)
Provides Baltimore City residents who are 65 and older, and who financially qualify, with a 43% discount on water/sewer charges quarterly. May also apply at Baltimore City Senior Centers. Call for additional criteria.

Low Income Water Program (Grant)

One-time credit of \$250.00 towards water bill. Applications at your local Community Action Center.

Hardship Exemption Application

(Exemption for Bay Restoration and Storm Water Fee)

► BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES, MEDICAL ASSISTANCE

443-423-6400
(Northeast Regional Office)

► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AT MARYLAND ACCESS POINT

410-396-2273
www.marylandaccesspoint.info
Provides application and benefit enrollment assistance.

► BALTIMORE CITY OFFICE OF HOUSING REHABILITATION PROGRAM

410-396-3023

► BALTIMORE CITY TAX SALE PREVENTION WEBSITE

www.taxsale.baltimorecity.gov
For information about the tax sale process, your rights and resources.

► BALTIMORE CITY WATER BILLING

410-361-9061
Delinquent account payment arrangements.

► BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY

410-887-2594
www.baltimorecountymd.gov/aging
aginginfo@baltimorecountymd.gov
Information regarding financial benefits and assistance with completing applications.

► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES, DISTRICT OFFICES

Catonsville
410-853-3450
746 Frederick Road
Catonsville 21228

Dundalk
410-853-3400
1400 Merritt Boulevard,
Suite C
Dundalk 21222

Essex
410-853-3800
439 Eastern Boulevard
Essex 21221

Reisterstown
410-853-3010
130 Chartley Drive
Reisterstown 21136

Towson
410-853-3340
Drumcastle Government
Center
6401 York Road
Baltimore 21212

► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES, MEDICAL ASSISTANCE

410-853-3000
Assists clients to pay certain medical and pharmaceutical bills when eligibility requirements are met.

► BENEFITSCHECKUP

www.benefitscheckup.org
Web-based service to help determine if individuals qualify for specific programs and benefits, including prescriptions and healthcare.

► CATONSVILLE EMERGENCY ASSISTANCE

410-747-4357
Food and utility assistance for residents in the Catonsville area.

► COMMUNITY ASSISTANCE NETWORK

410-285-4674
Assistance with eviction, food, employment, training and outreach, when available.

► CRIMINAL INJURY COMPENSATION BOARD

410-585-3010
www.dpscs.state.md.us
Offers financial compensation for innocent victims of crimes.

► ELECTRIC UNIVERSAL SERVICES PROGRAM (EUSP)*

410-853-3385 (County)
410-396-5555 (City)
Assistance with electricity costs for income-eligible persons.

► FIDELITY RESOURCES, INC

410-337-0340
1041 Cromwell Bridge Road
Towson 21286

► FRANCISCAN CENTER

410-467-5340
Provides hot meals, clothing, toiletries, job readiness assistance, emergency pantry, assistance with BGE turnoff, evictions, prescriptions, glasses and dental services. Free services for financially eligible.

► FUEL FUND OF MARYLAND

410-235-9080
<https://fuelfundmaryland.org/apply>
Provides financial assistance with utility bills for qualified individuals.

► GOOD DAYS

877-968-7233
www.mygooddays.org

► HEALTHCARE ACCESS MARYLAND (HCAM)

410-649-0500
Agency supporting residents in Baltimore City and County to educate and apply for health insurance under the Affordable Care Act. Partners with other organizations to provide outreach, education, and enrollment assistance.

► HOMEOWNERS' PROPERTY TAX CREDIT PROGRAM

410-767-4433, Press 1
Credit on property taxes, based on gross household income. Persons age 70 and older may apply for previous 3 years.

► MARYLAND BENEFITS CENTER

855-444-4998
Free service for low income Maryland residents to access benefits.

► MARYLAND DEPARTMENT OF HUMAN SERVICES

800-332-6347
www.dhs.maryland.gov
Assists applicants to apply, renew, update, or learn about SNAP (Food Supplements), Medical Assistance, MA Long Term Care, MEAP and EUSP.

► MARYLAND ENERGY ASSISTANCE PROGRAM (MEAP)*

410-853-3385 (County)
410-396-5555 (City)
Assists in payment of heating costs for income-eligible persons.

► MARYLAND HEALTH CONNECTION

855-642-8572
711
www.marylandhealthconnection.gov
Marketplace in Maryland to compare health insurance options and enroll in a plan under the Affordable Care Act.

F

FINANCIAL ASSISTANCE - FINANCIAL COUNSELING

► MARYLAND LOW INCOME HOUSEHOLD WATER ASSISTANCE PROGRAM

800-332-6347

Financial assistance for low income households with water bills.

► MARYLAND RX CARD

www.marylandrxcard.com
Pricing on pharmaceuticals.

► PROPERTY TAX SERVICES HARDSHIP INSTALLMENT PAYMENT PROGRAM

410-887-2404 (County)

Assistance to property owners experiencing temporary financial hardship.

► QUALIFIED MEDICARE BENEFICIARY PROGRAM (QMB)*

410-887-2594 (County)

410-396-2273 (City)

Pays the premium, deductibles and coinsurance payments for financially eligible individuals who receive Medicare.

► RENTER'S TAX CREDIT

410-767-4433, Press 2

A tax credit for renters when rent exceeds a fixed percentage of gross income.

► SALVATION ARMY OF CENTRAL MARYLAND

410-783-2920, Press 1

Assists with BGE turn-offs, evictions, food and clothing. Based on needs and availability of funds.

► SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)*

800-551-5995

www.marylandspdap.com
Income-eligible MD residents enrolled in certain Medicare prescription drug plans may receive assistance with monthly premiums.

► SNAP (FORMERLY FOOD STAMPS PROGRAM)*

Baltimore County Department of Social Services
410-853-3000

Baltimore City Department of Social Services
443-378-4600

Eligible clients allotted subsidy for food based on income and household size.

► SOCIAL SECURITY ADMINISTRATION

800-772-1213

800-325-0778 (TTY)

www.socialsecurity.gov

Administers Social Security programs for retirees, survivors, the blind or persons with disabilities. Administers Medicare enrollment.

Baltimore Northeast
2401 Belair Road, #106
Baltimore 21213

Downtown

1010 Park Avenue, Suite 200
Baltimore 21201

Randallstown/Owings Mills
5 Park Center Court, Suite 100
Owings Mills 21117

Rossville

5235 King Avenue, Suite 312
Baltimore 21237

Towson

1220 East Joppa, Suite 320
Building B

Towson 21286

Wabash

6100 A Wabash Avenue
Baltimore 21215

West

1531 South Edgewood Street
Baltimore 21227

► SOCIAL SECURITY ADMINISTRATION, SUPPLEMENTAL SECURITY INCOME (SSI)*

800-772-1213

Provides income for individuals age 65 and older, blind or disabled who are low-income.

► SOUTHWEST EMERGENCY SERVICES

410-247-8154

Food pantry, help with BGE turnoffs, eviction prevention and clothing. Some services limited to residents of 21227 only.

► SPECIFIED LOW-INCOME MEDICARE BENEFICIARY (SLMB)*

410-887-2594 (County)

410-396-2273 (City)

Pays the Medicare Part B premium for individuals whose income is slightly above QMB criteria.

► UNITED CHURCHES ASSISTANCE NETWORK

410-628-2102

Food pantry, eviction prevention, help with BGE, prescriptions and referrals for residents of northern Baltimore County.

FINANCIAL COUNSELING

See Reverse Mortgages and Housing: Other Housing Options.

► BALTIMORE COUNTY DEPARTMENT OF PLANNING: FORECLOSURE PREVENTION & MITIGATION

410-887-5969

Connections to foreclosure prevention counseling for Baltimore County residents.

► BELAIR-EDISON NEIGHBORHOODS, INC

410-485-8422

Comprehensive housing counseling agency.

► CHAI: COMPREHENSIVE HOUSING ASSISTANCE, INC

410-500-5433 (Request Intake/Application)

Foreclosure prevention counseling services for homeowners in Baltimore City and specified areas in Baltimore County.

► CONSUMER CREDIT COUNSELING SERVICES (CCCSMD)

800-642-2227

Workshops and individual counseling for financial situations and credit problems.

► DIVERSIFIED HOUSING DEVELOPMENT

410-496-1214

Foreclosure prevention and homeownership counseling services and workshops for Baltimore County residents.

► EASTSIDE COMMUNITY DEVELOPMENT CORPORATION, INC

410-284-9861

Workshops and individual counseling for first-time homeowners and homeowners facing foreclosure in Baltimore County.

► HARBEL HOUSING PARTNERSHIP

410-444-9152

Homeownership education, mortgage foreclosure and rental hardship counseling for Baltimore City and County.

► INTERNAL REVENUE SERVICE (IRS)

800-829-1040

Federal tax information.

► NEIGHBORHOOD HOUSING SERVICES OF BALTIMORE (NHS)

410-327-1200, Ext. 4

Provides tax sale prevention, pre/post purchase counseling, rehabilitation loans, credit counseling and financial education.

► PARK HEIGHTS RENAISSANCE

410-664-4890

Foreclosure prevention, workshops for first-time home buyers, and financial literacy education.



F

FINANCIAL COUNSELING - FITNESS CENTERS, BALTIMORE COUNTY

▶ STABILIZING URBAN NEIGHBORHOODS (SUN)

855-604-4663
Helps homeowners in foreclosure repurchase their home at an affordable mortgage rate for Baltimore City and County.

▶ ST. AMBROSE HOUSING AID CENTER

410-366-8550
Foreclosure prevention and other housing services.

▶ STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

410-887-2059 (County)
410-396-2273 (City)
Counseling on health insurance, Medicare, Medicare Prescription Drug Programs, Medigap and Medicare Advantage plans. Advocates on behalf of beneficiaries; speakers available.

▶ TAX COUNSELING FOR OLDER ADULTS

410-887-2594 (County)
410-396-2273 (City)
Joint program of AARP and IRS for free tax assistance to older adults at local senior centers during tax season.

▶ VETERANS HELPLINE

410-230-4500 (Baltimore Regional Office)
800-827-1000 (Claim Status)
Counsels veterans on available services.

FINANCIAL RESOURCES

▶ ANNUAL CREDIT REPORT

877-322-8228
www.annualcreditreport.com
All Maryland residents have access to free annual personal credit reports from Experian, Equifax and TransUnion.

▶ BALTIMORE COUNTY EMPLOYEES FEDERAL CREDIT UNION

www.bcefcu.com
Main Office and Towson Branch
410-828-4730
23 West Susquehanna Avenue
Towson 21204
Perry Hall Branch
410-828-4730
8640 Ridgely's Choice Drive
Baltimore 21236
GBMC Branch- Physicians Pavilion North
410-828-4730
6535 North Charles Street,
Suite 145
Baltimore 21204
Serving our members' financial needs for over 55 years.

REVERSE MORTGAGES

▶ MARYLAND ACCESS POINT

410-887-2594 (County)
410-396-2273 (City)
To obtain counseling resources.

FITNESS CENTERS, BALTIMORE COUNTY

BALTIMORE COUNTY

See also Senior Centers and Recreation and Leisure Activities.

FITNESS CENTERS, with cardio and strength training equipment, are conveniently located at thirteen senior centers in Baltimore County. Participants must be senior center members. Membership dues are \$100/year to use all 14 fitness centers, or \$60/year to use the six smaller fitness studios (indicated with an asterisk*). Personal trainers available for a fee.

▶ ARBUTUS SENIOR CENTER*

410-887-1410
www.baltimorecountymd.gov/arbutus
855A Sulphur Spring Road
Baltimore 21227

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Personalized service from a friendly staff with the financial products and services to help you make the most of your money!

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Baltimore County Employees
Federal Credit Union

WWW.BCEFCU.COM

410-828-4730 | 800-234-4730

- 23 W. Susquehanna Avenue, Towson, MD 21204
- 8640 Ridgely's Choice Drive, Baltimore, MD 21236
- 6535 N. Charles Street, Baltimore, MD 21204
(in Physicians Pavilion North at GBMC)

Insured by NCUA



F - H

FITNESS CENTERS, BALTIMORE COUNTY - HEALTH CLINICS

► ATEAZE SENIOR CENTER

410-887-7233
www.baltimorecountymd.gov/ateaze
7401 Holabird Avenue
Dundalk 21222

► BYKOTA SENIOR CENTER

410-887-3094
www.baltimorecountymd.gov/bykota
611 Central Avenue
Towson 21204

► CATONSVILLE SENIOR CENTER

410-887-0900
www.baltimorecountymd.gov/catonsville
501 North Rolling Road
Catonville 21228

► COCKEYSVILLE SENIOR CENTER

410-887-7694
www.baltimorecountymd.gov/cockeysville
10535 York Road
Cockeysville 21030

► EDGEMERE SENIOR CENTER*

410-887-7530
www.baltimorecountymd.gov/edgemere
6600 North Point Road
Baltimore 21219

► ESSEX SENIOR CENTER*

410-887-0267
www.baltimorecountymd.gov/essex
600 Dorsey Avenue
Essex 21221

► FLEMING SENIOR CENTER*

410-887-7225
www.baltimorecountymd.gov/fleming
641 Main Street
Dundalk 21222

► JACKSONVILLE SENIOR CENTER*

410-887-8208
www.baltimorecountymd.gov/jacksonville
3605A Sweet Air Road
Phoenix 21131

► LIBERTY SENIOR CENTER

410-887-0780
www.baltimorecountymd.gov/liberty
3525 Resource Drive
Randallstown 21133

► PARKVILLE SENIOR CENTER

410-887-5338
www.baltimorecountymd.gov/parkville
8601 Harford Road
Baltimore 21234

► PIKESVILLE SENIOR CENTER

410-887-1245
www.baltimorecountymd.gov/pikesville
1301 Reisterstown Road
Baltimore 21208

► REISTERSTOWN SENIOR CENTER*

410-887-1143
www.baltimorecountymd.gov/reisterstown
12035 Reisterstown Road
Reisterstown 21136

► SEVEN OAKS SENIOR CENTER

410-887-5192
www.baltimorecountymd.gov/sevenoaks
9210 Seven Courts Drive
Baltimore 21236

BALTIMORE CITY

See Senior Centers.

► KESWICK

410-235-8860
410-662-4363
www.choosekeswick.org
700 West 40th Street
Baltimore 21211
Live well. Age well. Be well.

► WEINBERG FOUNDATION FITNESS CENTER, MYERBERG NORTHWEST SENIOR CENTER

410-358-6856
3101 Fallstaff Road
Baltimore 21209

FOOD PANTRIES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

FUNERAL RESOURCES

See Cemeteries, Memorial Parks and Monuments.

► SOCIAL SECURITY ADMINISTRATION

800-772-1213
www.ssa.gov
May provide a death benefit of \$255.00

► VETERANS AFFAIRS, DEPARTMENT OF

800-827-1000
www.va.gov/burials-memorials/veterans-burial-allowance
Assistance with burial expenses to eligible veterans. Referrals to national cemeteries.

HEALTH CLINICS

See Baltimore County Government Services/Department of Health-Public Health Centers and Disability Resources, Baltimore City Health Department and Mental Health Services.

► BALTIMORE CITY HEALTH DEPARTMENT

410-396-4398

► BALTIMORE MEDICAL SYSTEMS

Middlesex
410-558-4700
Sinclair Lane
410-732-8800
St. Agnes Center
443-703-3200
Medical and psychiatric services. Sliding scale for uninsured; eligibility requirements.

► CHASE BREXTON HEALTH SERVICES

Randallstown
410-496-6441
Mt. Vernon Center
410-837-2050
Medical, mental health and dental services. Sliding scale for uninsured.

► COPPIN STATE UNIVERSITY COMMUNITY HEALTH CENTER

410-951-4188

► FAMILY HEALTH CENTER OF BALTIMORE

410-354-2000

► HEALTH CARE FOR THE HOMELESS

443-777-2300 (County)
410-837-5533 (City)
Free non-emergency medical and health services for homeless individuals.

► JOHNS HOPKINS BAYVIEW CHILDREN'S MEDICAL PRACTICE

410-550-0100

► JOHNS HOPKINS COMMUNITY PHYSICIANS

Canton Crossing Health Center
410-522-9940
East Baltimore Medical Center
410-522-9800
Greater Dundalk
410-288-4800
Green Spring Station
410-847-3535
White Marsh
443-442-2300
Medical services and some specialty care for adults. Sliding scale for uninsured.

► LOYOLA CLINICAL CENTERS

Belvedere Square
410-617-1200
Broad range of audiology, education, psychological, speech and language services.

► MEDSTAR HARBOR PRIMARY CARE

410-350-8222



SHE GAVE ME “ MY LIFE BACK

Local clinic has a modern, medical solution to treat your **Peripheral Neuropathy** and is seeing incredible results!

“It started out as a normal outing. My wife and I had to run to The Fresh Market to pick up a cake. We were driving down Dulaney Valley Rd. casually going over our shopping list, when the car ahead of me started to slow down anticipating the yellow light. I started to move my foot from the gas to the brake as any normal person would do when they see brake lights in front of them but I couldn’t. I couldn’t feel my foot. The car kept moving forward and I just couldn’t get my foot on the brake. And CRUNCH! I finally came to a stop when I hit the car in front of me.”

This tragic story was shared with us by Matt S, a Towson resident who has peripheral neuropathy. And while no one was hurt in this accident, Matt S. had suffered almost everyday of his life with tingling and burning in his feet until numbness set in and he could no longer feel even the brake pedal beneath his foot.

“The first stage is pain,” shares Mrs. Laura Parks of Cloud 9 Acupuncture & Integrative Medicine. “You feel burning, tingling, sharp pains, or you feel like you’re walking on tacks or marbles. This pain eventually subsides and the numbness sets in. Unfortunately the numbness brings with it a whole other host of problems.”

This was the case with Matt. “I said I wasn’t going to drive again. What if that had been a pedestrian?”

It is terribly common that peripheral neuropathy and its debilitating symptoms interfere with a person’s ability to live their life. Matt was now reliant on his wife to drive him around, even the simple pleasure of cruising down to Ocean City or taking her out to family dinner at Ryleigh’s Oyster was outside his capabilities.

And even more common, Matt’s general practitioner and several specialists told him there was nothing they could do other than prescribe him Gabapentin pills that would ease the pain of his neuropathy.

That’s where Mrs. Parks and her staff at Cloud 9 Acupuncture come in. “About 75% of our current patients come to us suffering from the same condition as Mr. Matt,” tells Mrs. Parks.

“They’re in constant pain from neuropathy and it prevents them from not only living their lives but more importantly, it prevents them from enjoying it. Depending on the severity of their nerve damage, we typically see tremendous progress in 3-4 months of treatment. I like to say we’re in the business of making your golden years more golden.”

“I can’t lie,” confides Matt. “I was skeptical at first. The folks down at Johns Hopkins told me there was nothing that could be done and then there’s a doctor right here in Baltimore County tells me she can help. Turns out she was right! About three months after treatment I was able to confidently drive myself to my appointments! My wife and I celebrated by buying ourselves a new car! It’s hard to put into words how incredible this is, quite frankly Mrs. Parks gave me my life back.”

While Cloud 9 Acupuncture specializes in acupuncture and it’s definitely part of their protocols in treating neuropathy, the real secret is in a more modern medical solution called ATP Resonance BioTherapy™. “This technology was originally developed by NASA 20 years ago to expedite healing and recovery” shares Alana, a Senior Patient Care Technician at the clinic. “It’s like watering a plant.”

“ATP Resonance BioTherapy™ stimulates the blood vessels to grow back around the peripheral nerve and provide them the proper nutrients to heal and repair.”

You can learn more about Mrs. Parks and Cloud 9 Acupuncture & Integrative Medicine by visiting www.Cloud9AcuClinic.com

If you’re ready to schedule a consultation, call **(410) 847-4766**

and do so quickly. Cloud 9 Acupuncture & Integrative Medicine is a very intimate clinic and the staff takes pride in their ability to take their time with each patient so they are very limited in their ability to take on new patients.

They are only taking on the 5 new Neuropathy patients per month.

Cloud 9 Acupuncture & Integrative Medicine is conveniently located in Baltimore County.



Laura Parks, M.Ac., L.Ac.
Medical Director
Cloud 9 Acupuncture & Integrative
Medicine

Call 410-847-4766 or Visit Cloud9AcuClinic.com to Learn more & Take Advantage of the New Patient Offer!

H

HEALTH CLINICS - HEARING RESOURCES

▶ **PARK WEST HEALTH SYSTEM**
410-542-7800

▶ **SHEPHERD'S CLINIC**
410-467-7140

▶ **TOTAL HEALTH CARE**
410-383-8300

HEALTH INFORMATION

See Advocacy Services, Disability Resources, Hospitals, Hospital Subspecialties, Identification Programs, Mental Health Services, Physicians and Support Groups.

▶ **AMERICAN ASSOCIATION OF KIDNEY PATIENTS**
800-749-2257
www.aakp.org

▶ **AMERICAN CANCER SOCIETY**
800-227-2345
www.cancer.org

▶ **AMERICAN DIABETES ASSOCIATION**
410-265-0075
www.diabetes.org

▶ **AMERICAN HEART ASSOCIATION**
800-242-8721
www.heart.org

▶ **AMERICAN KIDNEY FUND**
866-300-2900
www.kidneyfund.org

▶ **AMERICAN LIVER FOUNDATION**
800-465-4837
www.liverfoundation.org

▶ **AMERICAN LUNG ASSOCIATION**
800-586-4872
www.lung.org

▶ **AMERICAN PARKINSON DISEASE ASSOCIATION, INC**
800-223-2732
www.apdaparkinson.org

▶ **AMERICAN UROLOGICAL ASSOCIATION FOUNDATION**
800-828-7866
www.urologyhealth.org

▶ **AMYOTROPHIC LATERAL SCLEROSIS ASSOCIATION**
800-782-4747
www.als.org

▶ **BRAIN INJURY ASSOCIATION OF AMERICA**
800-444-6443
www.biausa.org

▶ **CENTERS FOR DISEASE CONTROL AND PREVENTION**
800-232-4636
www.cdc.gov

▶ **CROHN'S AND COLITIS FOUNDATION OF AMERICA**
800-932-2423
www.cdfa.org

▶ **DEPRESSION AND BIPOLAR SUPPORT ALLIANCE**
800-826-3632
www.dbsalliance.org

▶ **EPILEPSY FOUNDATION**
800-332-1000
www.epilepsy.org

▶ **HUNTINGTON'S DISEASE SOCIETY OF AMERICA**
800-345-4372
www.hdsa.org

▶ **JOHNS HOPKINS PARKINSON'S DISEASE AND MOVEMENT DISORDER CENTER**
410-955-8795

▶ **LEUKEMIA AND LYMPHOMA SOCIETY**
800-955-4572
www.lls.org

▶ **LUPUS FOUNDATION OF AMERICA, INC**
800-558-0121
www.lupus.org

▶ **MARYLAND INFECTIOUS DISEASE AND ENVIRONMENTAL HEALTH ADMINISTRATION**
877-463-3464
https://health.maryland.gov/phpa/pages/infectious_disease.aspx

▶ **MESOTHELIOMA CENTER**
800-354-8495
844-245-1409
www.asbestos.com

▶ **MUSCULAR DYSTROPHY ASSOCIATION**
410-494-7106
www.mda.org/office/baltimore

▶ **NATIONAL BREAST CANCER FOUNDATION, INC**
www.nationalbreastcancer.org

▶ **NATIONAL CANCER INSTITUTE**
800-422-6237
www.cancer.gov

▶ **NATIONAL INSTITUTE ON AGING**
800-222-2225
www.nia.nih.gov

▶ **NATIONAL INSTITUTES OF HEALTH**
301-496-4000
www.nih.gov

▶ **NATIONAL INSTITUTE OF MENTAL HEALTH**
866-615-6464
www.nimh.nih.gov

▶ **NATIONAL MULTIPLE SCLEROSIS SOCIETY**
800-344-4867
443-641-1200 (MD Chapter)
www.nationalmssociety.org

▶ **PARKINSON FOUNDATION MID-ATLANTIC CHAPTER**
800-473-4636
410-849-6114
www.parkinson.org

▶ **SICKLE CELL DISEASE ASSOCIATION OF AMERICA, INC**
800-421-8453
www.sicklecelldisease.org

▶ **TOURETTE ASSOCIATION OF AMERICA, MID-ATLANTIC CHAPTER**
443-327-9667
www.tourette.org

▶ **TRAUMA SURVIVORS NETWORK R. ADAMS CROWLEY SHOCK TRAUMA CENTER**
410-328-5545
410-328-1375
www.traumasurvivorsnetwork/pages/home

HEARING RESOURCES

See Advocacy, Assistive Technology and Disability Resources.

▶ **AT&T NATIONAL CENTER FOR CUSTOMERS WITH DISABILITIES**
866-241-6568, Press 2

▶ **AUDIENT ALLIANCE FOR ACCESSIBLE HEARING CARE**
866-956-5400, Ext. 5004
Hearing care for financially eligible.

▶ **BALTIMORE COUNTY DEPARTMENT OF HEALTH, SPEECH, LANGUAGE AND AUDIOLOGY SERVICES**
Eastern Family Resource Center
410-887-6443
9150 Franklin Square Drive
Rosedale 21237
Liberty Family Resource Center
410-887-0611
3525 Resource Drive
Randallstown 21133

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HEARING RESOURCES - HOME HEALTH SERVICES



► **BMS HIGHLANDTOWN COMMUNITY HEALTH CENTER**
410-558-4900

► **COMMUNITY SUPPORT SERVICES FOR THE DEAF**
410-597-8780
410-597-8806 (TTY)

► **GOVERNOR'S OFFICE OF THE DEAF AND HARD OF HEARING**
443-453-5761 (Voice/Phone)
410-767-7756 (TTY)
www.odhh.maryland.gov

► **HEARING LOSS ASSOCIATION OF AMERICA**
443-541-5103 (Greater Baltimore Chapter)
Information, referral and support for hearing loss, communication access and assistive technology.

► **HELP AMERICA HEAR**
888-580-8886
Subsidies for hearing aids for those who qualify.

► **MARYLAND RELAY**
800-552-7724 or
410-767-6960 (Voice/ TTY)
443-453-5970 (Video Phone)
www.mdrelay.org
301 West Preston Street,
Suite 1008A
Baltimore 21201
Telecommunications solutions for people who have hearing or vision loss.

► **NATIONAL INSTITUTE ON DEAFNESS AND OTHER COMMUNICATION DISORDERS**
800-241-1044
www.nidcd.nih.gov

► **THE HEARING AND SPEECH AGENCY (HASA)**
410-318-6780
Audiological testing, hearing aid fittings, sign language interpreters and classes, speech therapy and gateway school.

► **TOWSON UNIVERSITY INSTITUTE FOR WELL-BEING, HEARING AND BALANCE CENTER**
410-704-3095
Audiology and balance evaluations, hearing aid sales and fittings.

► **UNITED STATES VETERANS ADMINISTRATION**
410-605-7000
877-222-8387
Hearing aids and assistive technology for eligible veterans.

► **VERIZON CENTER FOR CUSTOMERS WITH DISABILITIES**
800-974-6006
www.verizon.com/about/accessibility/overview
Mobile phone technology for the hearing impaired.

► **WE HEAR YOU BALTIMORE**
443-863-9931
Affordable hearing healthcare for older adults age 50 plus.

HOME HEALTH SERVICES

The following agencies provide services such as nursing, medical, social services, physical therapy, occupational therapy and home health services. Each licensing category has different parameters. Usually the client must pay for aide services; Medicare and other insurance will pay for aides only in limited situations. Some agencies employ staff to provide direct services while other agencies act as a registry, referring care providers to the client. For questions regarding these agencies, call the Office of Health Care Quality (OHCQ) at 410-402-8015.

When bringing a care provider into your home:

- Ask for the payment structure in writing, including whether payment is made to the agency or the care provider. You may be responsible for paying Social Security, IRS withholding taxes, insurance, etc., if you pay the individual directly.
- Request proof that the aide is either covered by Workers Compensation or that the aide is self-insured.
- Confirm the agency is licensed by OHCQ to specifically perform the services that you request including medication management. The health care workers should be properly trained for the services provided.
- Confirm that a background check has been done on the care provider.
- Request the license or certification of any care provider coming into your home.
- Confirm the agency has Dishonesty Bonding for the care provider or check to see whether your homeowner's insurance will cover any loss that may occur.

(HH) HOME HEALTH AGENCY: agency accepts patients for skilled care upon a signed order of a physician. Agencies are approved to accept Medicare payment. Can provide many types of services, including physical and occupational therapy.

(RS) RESIDENTIAL SERVICE AGENCY: agency may have employees to provide services in the home or may contract with health care providers that a client can select.

(NR) NURSING REFERRAL SERVICE AGENCY: agency refers care providers to clients at the family's request to provide services in the home. Care providers are not employed by the agency.

This list from OHCQ is current as of September 2022.

► **A STEP ABOVE ALL HEALTH SERVICES (RS)**
443-803-3285

► **A WATCHFUL EYE HOMECARE AGENCY, LLC (RS)**
410-905-1226

► **A+ PERSONAL HOME CARE (RS)**
443-660-8757

► **A+ VASTLAND HEALTH SERVICES (RS, NR)**
202-460-0403

► **A1 RELIABLE MEDICAL & HEALTHCARE SERVICES, INC (RS)**
410-602-6493

► **AADAMS LOVING HEART HEALTH CARE, INC (RS)**
410-240-8787

► **AADVANCE HOME HEALTH SERVICES, LLC (RS, NR)**
410-744-8200

► **ABBA HEALTH SERVICES, INC (RS)**
443-854-4805

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HOME HEALTH SERVICES

▶ **ABEL HEALTH CARE, INC (RS)**
410-825-0816

▶ **ABIC HEALTHCARE SERVICES INC (RS)**
443-538-7515

▶ **ABLE ANGELS HEALTH CARE SERVICES, LLC (RS)**
443-983-1457

▶ **ABLE HEALTH CARE SERVICES, INC (RS)**
410-637-3005

▶ **ABRAHAM HEALTHCARE SERVICES, INC (RS)**
410-254-3004

▶ **ABRIVE HOME HEALTH CARE, LLC (RS)**
443-213-1197

▶ **ABSOLUTE CARE (RS)**
443-990-1227

▶ **ABSOLUTE CARE SERVICES, LLC (RS)**
443-803-0240

▶ **ABSOLUTE COMPANION CARE, LLC (RS)**
410-357-9640

▶ **ABSOLUTE HOME HEALTH CARE, INC (RS)**
410-580-9100

▶ **ABSOLUTE SUPREME COMPANIONS, IN-HOME CARE (RS)**
443-621-9197

▶ **ABUNDANT LIFE HOME HEALTH SERVICES, INC (RS)**
410-917-9433

▶ **ACC MEDICAL SERVICES, LLC (RS)**
443-324-9747

▶ **ACCESS NURSING SERVICES OF MARYLAND, INC (RS)**
410-321-5560

▶ **ACCESS RESOURCES, INC (RS)**
443-660-7733

▶ **ACTI-KARE RESPONSE IN-HOME CARE (RS)**
443-854-0301

▶ **ACTIVE QUALITY CARE, INC (RS)**
410-901-7694

▶ **ADASSAH HEALTH RESOURCES, LLC (RS)**
443-226-3289

▶ **ADMIRABLE HOME HEALTH CARE SOLUTIONS, LLC (RS)**
410-588-9143

▶ **ADONAI ALPHA HEALTHCARE SOLUTIONS (RS)**
410-935-2572

▶ **ADONAI FAMILY HEALTHCARE, LLC (RS)**
202-733-0813

▶ **ADONAI HEALTHCARE SERVICES, INC (RS)**
410-521-7004

▶ **ADONIA RESIDENTIAL HEALTH SERVICES, LLC (RS)**
443-642-9933

▶ **ADVANCED HEALTH PROS (RS)**
443-251-5338

▶ **AIKEN HOME CARE, LLC (RS)**
443-527-5970

▶ **AKINS HEALTH SOLUTIONS, LLC (RS)**
781-913-6710

▶ **ALL ABOUT HOME CARE, LLC (RS)**
443-460-2120

▶ **ALL ABOUT YOU HEALTH CARE SERVICES, INC (RS)**
410-655-6606



▶ **ALL STAFFING, INC (RS)**
410-486-8650

▶ **ALL VIEW HOME HEALTH CARE SERVICES (RS)**
410-234-9700

▶ **ALLSTAR CARE AGENCY, LLC (RS)**
240-643-8562

▶ **AMAZING CARE HEALTH SERVICES, LLC (RS)**
410-265-0023

▶ **AMAZING GRACE HOME CARE, LLC (RS)**
410-984-7324

▶ **AMAZING GRACE RESIDENTIAL SERVICES AGENCY, INC (RS)**
410-580-0999

▶ **AME HOME CARE (RS)**
410-719-6912

▶ **AMEDISYS MARYLAND (HH)**
410-686-8413

▶ **AMERICAN CARE TEAM, LLC (RS)**
240-938-2457

▶ **ANGEL HANDS HEALTHCARE SERVICES, LLC (RS)**
410-864-8181

▶ **ANGEL HEART HOME HEALTH (RS)**
410-764-2787

▶ **ANGELI DEI HEALTH SERVICES, INC (RS)**
443-627-0449

▶ **ANGELS HEALTH CARE, INC (RS)**
410-391-8457

▶ **ANGELS HEALTHCARE SERVICES, LLC (RS)**
443-559-1875

▶ **ANGELS OF HOPE HEALTH CARE AGENCY, INC (RS)**
443-858-9873

▶ **APEX HEALTHCARE SOLUTIONS, LLC (RS)**
443-929-5332

▶ **APPEALING MULTI SERVICES, LLC (RS)**
443-414-3704

▶ **ARCHER'S LOVELY HEARTS HOME CARE & NRSA, LLC (RS, NR)**
410-762-9180

▶ **ARK OF REHABILITATION, INC (RS)**
240-643-7877

▶ **ARME, LLC (NR)**
443-414-1837

▶ **ASSERTIVE HOME CARE SERVICES, LLC (RS)**
443-675-8097

▶ **ASSISTING YOU IN YOUR HOME, LLC (RS)**
434-917-4663

▶ **ASSURANCE CONSULTANT, INC (RS)**
240-421-6768

▶ **ASTREA HOME CARE, INC (RS)**
443-983-3558

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HOME HEALTH SERVICES

▶ **ATAAM HEALTH CARE, LLC (RS)**
856-313-0646

▶ **ATLAS CARE CONNECT (RS)**
301-220-0436

▶ **ATOSK HEALTHCARE SERVICES, INC (RS)**
410-321-6826

▶ **AUGUST HOME CARE SERVICES, LLC (RS)**
301-742-5533

▶ **AVILA HOME CARE (RS)**
410-826-6100
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▶ **AZIKEH HEALTH SERVICES, INC (RS)**
443-825-0776

▶ **BALTIMORE FAMILY HOME HEALTHCARE SERVICES, LLC (RS)**
443-503-6360

▶ **BALTIMORE NURSES EXCHANGE, INC (NR)**
410-747-6100

▶ **BAYADA HOME HEALTH, INC (HH)**
301-977-6400

▶ **BAYADA HOME HEALTH CARE, INC (RS)**
410-944-5999

▶ **BEAUTIFUL HEARTS CARING HANDS, LLC (RS, NR)**
410-572-7267

▶ **BELOVED HOME HEALTH CARE, LLC (RS)**
443-642-7978

▶ **BEST HEALTHCARE MANAGEMENT, INC (RS)**
410-655-4263

▶ **BEST OF FRIENDS HOMECARE (RS)**
410-624-6130

▶ **BETHEL-DIVINE HEALTH CARE SERVICES, LLC (RS)**
443-939-4497

▶ **BEYOND CARE STAFFING & HEALTH SERVICES, LLC (RS)**
410-733-3653

▶ **BLESSED HOPE HOME CARE SERVICES (RS)**
410-444-8133

▶ **BLESSING HEALTHCARE SERVICES, LLC (RS)**
301-776-8103

▶ **BOLPAT HEALTH SERVICES, INC (RS)**
443-438-3719

▶ **BRIGHT MORNING STAR HEALTH SERVICES (RS)**
443-804-7652

▶ **BRIGHTLINE COMFORT CARE, LLC (NR)**
410-660-5135

▶ **BRYSON HEALTHCARE SERVICES, INC (RS)**
410-496-6630

▶ **BUNNY'S HOME CARE, LLC (RS)**
443-842-6700

▶ **BWELL HEALTHCARE, INC (RS)**
410-701-7100

▶ **BZED HOME HEALTH, LLC (RS)**
443-320-3575

▶ **CANTYS HELPING HANDS (RS)**
410-449-0244

▶ **CARE FOR U HOME, INC (RS)**
410-961-6850

▶ **CARE PATHWAY, LLC (RS)**
443-860-8005

▶ **CAREFIRST HEALTH CARE SERVICES (RS)**
410-905-3680

▶ **CAREFUL CARE HOME CARE, LLC (RS)**
443-995-5991

▶ **CARESTAFF NURSING SERVICE, INC (RS, NR)**
443-600-3659

▶ **CARE WITH HEART, LLC (RS)**
443-985-2123

▶ **CARING HANDS HEALTH SOLUTIONS, LLC (RS)**
410-908-1113

▶ **CARING HANDS OF INFINITY HOME CARE SERVICES, LLC (RS)**
443-912-2116

▶ **CARING HEART PRIVATE DUTY SERVICES, LLC (RS)**
443-602-2002

▶ **CARING HEARTS HOME HEALTHCARE, INC (RS)**
240-423-4132

▶ **CARING HOME CARE, LLC (RS)**
443-868-3604

▶ **CARINGHEART HC HEALTH SYSTEM, LLC (RS)**
443-563-2476

▶ **CHARLESTOWN HOME HEALTH AGENCY (HH)**
410-737-8825

▶ **CHARLESTOWN COMMUNITY HOME SUPPORT (RS)**
410-737-8801

▶ **CHIKA DIVINE CARE, INC (RS)**
443-405-3647

▶ **CHILTON NORMINEE HEALTHCARE SERVICES, LLC (RS)**
410-500-1453



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▶ **CHRISTADEL HEALTHCARE SERVICES, INC (RS)**
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▶ **CLEARVIEW MEDICAL SERVICES, LLC (RS)**
410-779-9162

▶ **CMAG HEALTH SOLUTIONS, LLC (RS)**
410-517-2624

▶ **COMFORCARE HOME CARE SERVICES (RS)**
410-922-6262

▶ **COMFORT CARE SERVICES, INC (RS)**
443-759-2835

▶ **COMFORT FIRST HOME CARE, LLC (RS)**
443-983-1747

▶ **COMFORT KEEPERS OF NORTH CENTRAL MARYLAND (RS)**
443-275-9029

▶ **COMFORT ZONE HEALTH CARE SERVICES, LLC (RS)**
443-983-6590

▶ **COMMUNITY CARE NURSING SERVICES, INC (RS)**
410-665-7566

▶ **COMMUNITY HOME HEALTH OF MARYLAND (HH)**
410-356-1600

▶ **COMMUNITY OF INFINITE POSSIBILITIES, LLC (RS, NR)**
443-408-8045

▶ **COMPASSIONATE CARE NURSING SERVICES (RS)**
410-719-0672

▶ **COMPASSIONATE CARE RESIDENTIAL STAFFING AGENCY, LLC (RS)**
443-337-4432

▶ **COMPASSIONATE HEALTH CARE SERVICES, INC (RS)**
410-522-8111

▶ **COMPASSIONATE HOME HEALTH CARE, INC (RS)**
410-616-9679

▶ **COMPLETE CARE SUPPORT SERVICES, LLC (RS)**
410-865-9742

▶ **COMPLETE HOME CARE, LLC (RS)**
443-929-1478

▶ **COMPREHENSIVE NURSING SERVICES, INC (HH, RS)**
410-529-0078

▶ **CORNERSTONE HEALTH CARE SVCS, INC (RS)**
443-653-9173

▶ **COURTNEY CARES NURSING SERVICES, LLC (RS)**
410-372-3111

▶ **COVENANT HOME HEALTH CARE (RS)**
240-353-1334

▶ **CROWNHILLS ENTERPRISES, INC (NR)**
410-630-1376

▶ **DANDELION HEALTHCARE, LLC (RS)**
202-621-4711

▶ **DAR HEALTHCARE SERVICES, LLC (RS)**
410-390-2833

▶ **DAY BY DAY RESIDENTIAL SERVICES (RS)**
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▶ **DB HOME HEALTHCARE SOLUTIONS (RS)**
410-622-0969

▶ **DEBOBETH ACCESS, INC (NR)**
443-904-5129

▶ **DELIGHT HEALTH CARE SERVICES, LLC (RS)**
410-946-1700

▶ **DELTA HEALTH, LLC (RS)**
410-963-4713

▶ **DEPENDABLE SERVICES GROUP, LLC (RS)**
410-444-5500

▶ **DESKY HOMECARE SERVICES, LLC (RS)**
410-530-4419

▶ **DIGNITY WITH CARE, LLC (RS)**
443-413-9692

▶ **DIRECT HOME NUTURING, LLC (RS)**
410-661-5175

▶ **DIVINE HEALTHCARE PROVIDERS, LLC (RS)**
443-985-6547

▶ **DIVINE HERITAGE, INC (RS)**
443-898-2660

▶ **DIVINE TOUCH HEALTH CARE SERVICES (RS)**
443-889-6676

▶ **DOMINION HOME HEALTH, INC (RS)**
410-800-2502

▶ **DYNAMIC HEALTH MANAGEMENT, INC (RS)**
410-254-3910

▶ **DYNAMICS NURSING AGENCY (RS)**
443-518-6017

▶ **EDEN PERSONAL CARE (RS)**
443-794-2713

▶ **ELDERSCHOICE OF MARYLAND, LLC (NR)**
443-762-4676

▶ **ELITE HEALTHCARE NURSING SERVICES, INC (RS)**
410-455-6418

▶ **ELITE PERSONAL HOME CARE, LLC (RS)**
410-833-0020

▶ **ELIZABETH COONEY CARE NETWORK (RS, RS, NR)**
410-323-1700

▶ **ENFIELD LOCKE CARE RESOURCES (RS)**
443-558-6938

▶ **ERA HOME CARE, LLC (RS)**
443-300-8839

▶ **EVERLASTING ARMS, INC (RS)**
410-967-9202

▶ **EVERLASTING ARMS HEALTH SERVICES (RS)**
443-708-4519

▶ **EXCEED HOME CARE SERVICES, INC (RS)**
410-238-3179

▶ **EXCEL STAFFING AND PERSONNEL SERVICES, INC (RS)**
410-747-7293

▶ **EXCELLENT HEALTHCARE NURSING SERVICES, INC (RS)**
410-984-7411

▶ **EXTRA MEDICAL SERVICES, (RS)**
410-937-6900

▶ **FAMILY HEALTHCARE SERVICES, LLC (RS)**
410-274-8559

▶ **FIDELITY RESOURCES, INC (RS)**
410-337-0340

▶ **FIRST CHOICE HEALTH, LLC (RS)**
443-527-8861

▶ **FLOREN HEALTH CARE SERVICES, INC (RS)**
410-254-5062

▶ **FLOURISH HEALTH CARE SOLUTIONS, LLC (RS)**
443-500-7479

▶ **FOUNTAIN HEALTH SERVICES (RS)**
443-525-2019

▶ **FRIENDS CONNECT (RS)**
443-578-8065

▶ **FULL OF JOY SUPPORT SERVICES, LLC (RS)**
443-825-2677

▶ **GANDHI RESIDENTIAL SERVICE, LLC (RS)**
443-352-8030

▶ **GBMG HEALTHCARE, INC (RS)**
443-803-1893

▶ **GENTLE CARE HOME HEALTH SERVICES (RS)**
410-808-5358

▶ **GILMO RESIDENTIAL SERVICES, LLC (RS)**
410-845-8555

▶ **GLOBAL HEALTHCARE SYSTEMS, INC (RS)**
410-296-0180

▶ **GLOBAL MEDICAL & HEALTH SERVICES BALTIMORE, INC (RS)**
443-657-3723

▶ **GOOD SHEPHERD HEALTH CARE SERVICES (RS)**
443-621-6235

▶ **GRACE HEALTHCARE SERVICE, INC (RS)**
410-444-4748

▶ **GRACE HEALTH CARE SERVICES, LLC (RS)**
302-312-6437

▶ **GREATER BALTIMORE HOMECARE, LLC (RS)**
410-646-8627

▶ **GUARDIAN COMMUNITY HEALTH SYSTEM (RS)**
410-800-4572

▶ **HAND OF GRACE, LLC (RS)**
443-529-4145

▶ **HEALTHCARE SERVICES OF MARYLAND, LLC (RS)**
443-290-4876

▶ **HEARTS OF IRELAND REFERRAL AGENCY, LLC (NR)**
800-374-2669

▶ **HELP AT HOME SERVICES (RS)**
443-275-1524

▶ **HELPCARE, LLC (RS)**
443-857-9882

▶ **HEPHZIBAH CARE SERVICES, LLC (RS)**
240-441-0239

▶ **HOMECALL, INC (HH)**
410-644-0105

▶ **HOMECARE MARYLAND, LLC (HH)**
410-566-5015

▶ **HOME CARE OF BALTIMORE, LLC (RS)**
410-530-4300

▶ **HOMECENTRIS HEALTHCARE (HH)**
410-321-8448

▶ **HOMECENTRIS PERSONAL CARE (RS)**
410-486-5330

▶ **HOME HELP MARYLAND, LLC (RS)**
410-566-5015

▶ **HOME HELPERS HOME CARE (RS)**
410-944-4380

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HOME HEALTH SERVICES

▶ **HOME INSTEAD SENIOR CARE (RS)**
410-337-8910

▶ **HOME WITH YOU, LLC (RS)**
410-756-0959

▶ **HOMESTEAD HEALTH SERVICES, INC (RS)**
410-497-4237

▶ **HOMEWATCH CAREGIVERS OF CENTRAL MARYLAND (RS)**
410-821-1944

▶ **HOMEWELL CARE SERVICES (RS)**
410-441-3650

▶ **HONESTCARE NURSING AND RESIDENTIAL SERVICES, INC (RS)**
443-682-3374

▶ **HOPE & FONDER, LLC (RS)**
410-779-1214

▶ **HOPYN, LLC (NR)**
443-629-9163

▶ **IDEAL CARE SUPPORTS, INC (RS)**
443-371-1611

▶ **IDEAL HEALTHCARE SOLUTIONS, LLC (RS, NR)**
443-718-9579

▶ **IMPACT CARE SERVICES (RS)**
443-248-1162

▶ **INFINITY HEALTH CARE SERVICES, LLC (RS)**
443-982-3052

▶ **INHOME ADVANTAGE (RS)**
410-415-9155

▶ **IN HOME QUALITY CARE, LLC (NR)**
443-850-3206

▶ **INSPIRE SERVICES, LLC (RS)**
443-898-6314

▶ **INSPIRED HOMECARE OF MARYLAND, LLC (RS, HH)**
410-602-2843

▶ **INTERNATIONAL HEALTH CARE SERVICES, LLC (RS)**
443-377-3281

▶ **JAMHURI HEALTHCARE SERVICES, INC (RS)**
800-547-2851

▶ **JERRY'S CARING HANDS, INC (RS)**
410-444-4106

▶ **JOHNS HOPKINS HOME CARE GROUP AND HOME SUPPORT (HH, RS)**
410-288-8000

▶ **JOTELO, INC (NR)**
301-742-5533

▶ **JPS HEALTH SERVICES (RS)**
443-310-1205

▶ **JUST4JUST, LLC (RS)**
410-790-2781

▶ **KADRIS HEALTHCARE SERVICES (RS)**
443-272-6227

▶ **KENNEDY CARE DC, LLC (RS)**
914-320-0255

▶ **KIND NURSES AT HOME, LLC (NR)**
443-220-2973

▶ **LACY'S PROFESSIONAL NURSING SERVICES (RS)**
410-323-5767

▶ **LAMPS HEALTHCARE SERVICES (RS)**
443-629-9243

▶ **LHCG CXLIX, LLC (HH)**
410-594-2600

▶ **LIBERTY RESIDENTIAL SERVICE, LLC (RS)**
410-805-9464

▶ **LIFE CARE HEALTH SERVICES, LLC (RS)**
410-825-8010

▶ **LIFELINE HEALTHCARE SERVICES, LLC (RS)**
410-929-9980

▶ **LIVING WATERS HEALTH SERVICES (RS)**
443-878-6741

▶ **LOVING CARE HOME SERVICES (RS)**
410-358-4415

▶ **LOVING CARE SERVICES, INC (NR)**
410-602-8666

▶ **LOVING HEART HEALTH CARE AGENCY (RS)**
443-867-7471

▶ **LUBA SERVICES, INC (RS)**
410-869-7840

▶ **MANAGING CARE WITH INTEGRITY (NR)**
240-713-0448

▶ **MARGARET'S CARE AGENCY (RS)**
410-864-8333

▶ **MARYLAND PRIVATE CARE (RS)**
410-277-3337

▶ **MAXIM HEALTHCARE SERVICES, INC (RS)**
410-494-0260

▶ **MB HOMECARE (RS)**
410-440-8968

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▶ **MINDSPOT HEALTH CARE SERVICES (RS)**
410-961-0151

▶ **MINISTERING ANGELS, RSA, LLC (RS)**
443-379-6516

▶ **MONUMENTAL HEALTH SYSTEMS, LLC (RS)**
443-800-6213

▶ **MORGAN'S HEALTH NURSING SERVICE, INC (RS)**
443-801-0143

▶ **MULTI-DIMENSIONS RESOURCES, INC (RS)**
443-813-4457

▶ **MULTIFOLD HEALTHCARE SERVICES, INC (RS)**
410-585-9550

▶ **NEST HOME CARE, LLC (RS)**
443-898-6313

▶ **NO PLACE LIKE HOME CARE & SUPPORT SERVICES, LLC (RS)**
410-444-1900

▶ **NO PLACE LIKE HOME RESIDENTIAL SERVICE AGENCY, LLC (RS)**
443-271-9285

▶ **NURSEZ R US (RS)**
410-844-3127

▶ **NURSING CARE EXPERTS, INC (RS)**
410-667-1254

▶ **NURSING AND HEALTH SERVICES TRAINING CONSULTANTS (RS)**
410-528-5430

▶ **OBIMEM CARING HAND, LLC (RS)**
410-853-7602

▶ **OCHUCARE HEALTH SERVICES, INC (RS)**
443-854-4855

▶ **ON TIME HEALTHCARE, INC (RS)**
443-629-9243

▶ **ONE DAY AT A TIME PERSONAL CARE, LLC (NR)**
443-882-3040

▶ **OPEFUL HEART HEALTHCARE SERVICES (RS)**
443-280-2515

▶ **OPTIMA HEALTH CARE, INC (RS)**
443-794-4339

▶ **OUR FORTRESS HOME CARE, INC (RS)**
240-636-7115

▶ **OUR TENDER HEARTS, LLC (RS)**
410-241-1183

▶ **PACESETTER HEALTHCARE RESIDENTIAL SERVICE AGENCY (RS)**
443-985-5493

▶ **PARKVILLE NURSING AND REHABILITATION (RS)**
410-661-1582

▶ **PATIENCE HEALTH CARE (RS)**
443-801-8693

▶ **P-B HEALTH HOME CARE (HH, RS)**
410-235-1060

▶ **PATTON HEALTHCARE SERVICES, LLC (RS, NR)**
240-360-8784

▶ **PEACE & LOVE HEALTHCARE SERVICES, INC (RS)**
410-505-8636

▶ **PEARL HEALTH SERVICES, LLC (RS)**
443-764-0717

▶ **PERSONAL TOUCH HOME AIDES OF BALTIMORE, INC (RS)**
410-321-8448

▶ **PETRA HEALTHCARE, INC (RS)**
443-824-9461

▶ **PHENOMENAL CARE, LLC (RS)**
443-801-2967

▶ **PHR OF BALTIMORE (HH)**
410-368-2825

▶ **PHYLLIS ANGELS HOME CARE NURSING SERVICE, LLC (NR)**
443-985-1541

▶ **PIOF HOME HEALTHCARE SERVICES, LLC (RS)**
443-248-5066

▶ **PRECIOUS HEARTS COMPANION CARE, INC (RS)**
410-963-1519

▶ **PREFERRED HOME CARE, LLC (RS)**
410-248-9800

▶ **PREMIERCARE NURSING AND RESIDENTIAL AGENCY (RS)**
443-635-0705

▶ **PRETTY ANGELS NURSING SERVICES, INC (RS)**
443-622-1675

▶ **PRINCE HEALTH CARE RESIDENTIAL SERVICE AGENCY, LLC (RS)**
443-616-7218

▶ **PRIVATE HOME CARE, LLC (RS)**
410-486-6565

▶ **PROVIDENTIAL HEALTH CARE (RS)**
410-998-9978

▶ **PURE HEALTHCARE SOLUTIONS CORPORATION (RS)**
954-234-4312

▶ **QUALITY 1ST HOME CARE (RS)**
410-616-0593

▶ **QUALITY HOME CARE, LLC (RS)**
443-791-8298

▶ **QUICKSTART HEALTH SERVICES, LLC (RS)**
443-623-2446

▶ **R & H HOME CARE SERVICES (RS)**
410-357-6203

▶ **REALITY CARE HEALTH SERVICES, INC (RS)**
443-929-0892

▶ **REDEEMING LIGHT HOMECARE, LLC (RS)**
443-872-9179

▶ **REJOICE HEALTH SERVICES (RS)**
443-854-5678

▶ **RESCUING HEARTS HOMECARE, LLC (RS, NR)**
443-941-6063

▶ **RESORT HEALTH SERVICES (RS)**
410-444-4104

▶ **RESPONSIVE HOME CARE, LLC (RS)**
410-561-4848

▶ **RIGHT AT HOME #1367 (RS)**
443-835-4413

▶ **RMG HEALTH, LLC (RS)**
410-466-7711

▶ **ROYAL HEALTH CENTER, INC (RS)**
443-501-6858

▶ **ROYAL HOME CARE AGENCY, LLC (RS)**
410-825-8977

H

HOME HEALTH SERVICES



▶ **SARAHS LOVING CARE, LLC (NR)**
443-850-8680

▶ **SENIOR HELPERS, LLC (RS)**
410-453-6172

▶ **SHILOH HOMECARE SERVICES (RS)**
410-521-0091

▶ **SOLUTIONS HOME HEALTHCARE SERVICES, LLC (RS)**
443-676-0122

▶ **ST. AUGUSTINE NURSING SERVICES, LLC (NR)**
443-703-9933

▶ **STANDARD INTEGRATED SUPPORTS, INC (RS)**
410-415-7025

▶ **STANDING STRONG NURSING, INC (RS)**
410-375-5891

▶ **STEIN HOME HEALTH CARE (RS)**
443-405-7436

▶ **STELLA MARIS (HH, RS)**
410-560-9696
www.stellamaris.org
Provides a range of medical services throughout the Baltimore region.

▶ **SUPERIOR IN HOME CARE (RS)**
410-541-0182

▶ **SUNBRITE HEALTHCARE SERVICES RSA, LLC (RS)**
410-591-5023

▶ **SUSAN'S HEART, LLC (RS)**
410-805-9464

▶ **SYNERGY HOME CARE OF BALTIMORE (RS)**
410-339-7260

▶ **TEEKAY HEALTHCARE SERVICE, INC (RS)**
443-813-7364

▶ **TEMAH HEALTHCARE SERVICES, LLC (RS)**
410-521-8000

▶ **THE LISA VOGEL AGENCY (RS, NR)**
410-363-7770

▶ **THE LOVING ANGELS HOME HEALTH CARE (RS)**
404-429-3421

▶ **THE PRIME PLACEMENT, LLC (NR)**
443-248-7121

▶ **THE NURSE BANK OF MARYLAND (NR)**
410-486-3350

▶ **THOMPSON'S LOVING TOUCH HOME HEALTH, LLC (RS, NR)**
443-616-4316

▶ **TOPCHOICE CAREGIVERS, INC (RS)**
443-938-6313

▶ **TODAY'S HOME CARE, LLC (RS)**
443-334-6999

▶ **TOTAL ACCESS HOME HEALTHCARE INC (RS)**
443-278-3997

▶ **TOTAL CARE SUPPORT SERVICES, LLC (RS)**
410-710-7827

▶ **TOUCHING HANDS ELDERLY CARE, LLC (RS)**
443-314-9288

▶ **TREASURE HEALTH CARE, INC (RS)**
410-800-4484

▶ **TRIBUTE HOME CARE, LLC (RS)**
410-946-8400

▶ **TRIPLE L'S HEALTHCARE EXCELLING IN CARE (RS)**
410-622-5655

▶ **TRUECARE RESIDENTIAL SERVICES AGENCY, LLC (RS)**
410-878-2273

▶ **TRULIFE HEALTH SERVICES, LLC (RS)**
410-298-3431

▶ **TRUSTED HEARTS HOMECARE SOLUTIONS, LLC (RS)**
301-490-3168

▶ **TRUSTWORTHY STAFFING SOLUTIONS, LLC (RS)**
410-484-4156

▶ **UK NURSING SERVICES, INC (RS)**
443-453-2069

▶ **UNIQUE RESIDENTIAL HEALTHCARE SERVICES, INC (RS)**
410-599-5599

▶ **UNITED MEDICAL CARE (RS)**
443-986-2606

▶ **UNIVERSAL PRO CARE, INC (RS)**
410-701-0076

▶ **VASTLAND NURSING AND THERAPY SERVICES (RS)**
202-460-0403

▶ **VERITABLE HEALTHCARE, INC (RS)**
443-881-6851

▶ **VICENZA HOME CARE SERVICES, INC (RS)**
410-882-0568

▶ **VICTOIRE HEALTH SERVICES (RS)**
410-444-0461

▶ **VICTORY CARE SERVICES, INC (RS)**
443-813-5606

▶ **VISITING ANGELS - BALTIMORE EAST (RS)**
410-882-8201

▶ **VISITING ANGELS - PIKESVILLE (RS)**
410-218-9506

▶ **VISITING ANGELS - TOWSON (RS)**
410-337-7838

▶ **VITAL SIGN HOME CARE (RS)**
410-814-0258

▶ **VIVID HOME CARE SERVICE, INC (RS)**
443-677-3417

▶ **VTR CAREGIVERS, INC (RS)**
443-310-6634

▶ **WE CARE PRIVATE DUTY SERVICES, INC (RS, NR)**
410-602-3993

▶ **WELLPOINT NURSING SERVICES, INC (RS)**
443-985-6492

▶ **WELLSPRINGS HOME HEALTH CARE, LLC (RS)**
443-608-9341

H

HOME HEALTH SERVICES - HOME REPAIRS, MODIFICATIONS AND ASSISTANCE

► **WILLIAM TOTAL HEALTH, LLC (RS)**
443-803-8584

► **YOUR CARE SOLUTION, LLC (NR)**
443-275-1524

► **ZAOLAK, LLC (RS)**
443-762-6550

HOME CARE -ALZHEIMER'S -DEMENTIA

See Home Health Services and Home Care (Non-Medical).

► **AVILA HOME CARE**
410-826-6100
www.avilahomecare.com
Avila Home Care - Thrive in the home you love.

► **HOME INSTEAD SENIOR CARE**
410-337-8910
www.homeinstead.com/131
For seniors, a life well lived should continue at home.

HOME CARE /NON-MEDICAL

These agencies have no licensing requirements. They provide services such as light chores, grocery shopping, errand running, companionship and more, but without a medical component. Follow the previous guidelines for bringing a care provider into your home regarding payment, Workers Compensation, background checks and bonding.



► **AVILA HOME CARE**
410-826-6100
www.avilahomecare.com
Avila Home Care - Thrive in the home you love.

► **HOME INSTEAD SENIOR CARE**
410-337-8910
www.homeinstead.com/131
For seniors, a life well lived should continue at home.

HOME CARE/WOUND CARE

See Home Health Services and Home Care (Non-Medical).

HOMELESS SERVICES

► **BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES**
410-887-8463 (Weekdays)
410-583-9398 (Evenings/Weekends)
For individuals and families experiencing or about to experience homelessness in Baltimore County. Assistance with information, resources and referrals for emergency shelter.

► **FAMILY CRISIS CENTER**
410-828-6390 (24-Hour Hotline)
410-285-7496 (Domestic Violence Shelter Only)
Counseling, shelter and assistance for individuals experiencing domestic violence.

► **PROLOGUE HOMELESS OUTREACH PROGRAM (HOP)**
410-653-6190
Outreach and drop-in center for individuals experiencing homelessness and mental health disabilities.

► **TURNAROUND, INC**
443-279-0379 (24-Hour Hotline)
410-377-8111 (Office)
Services and referral to shelter for victims of sexual assault, rape, incest and trafficking.

HOME REPAIRS, MODIFICATIONS AND ASSISTANCE

See Assistive Technology, Disability Resources and Financial Eligibility Guidelines.

► ACCESSIBLE HOMES FOR SENIORS

Maryland Access Point of Baltimore County
410-887-2594
Baltimore City Health Department, Division of Aging at Maryland Access Point
410-396-2273
Home modification loans for housing accessibility features. Interest-free, 30 year loans for income eligible individuals 55 and older.

► ASSISTIVE TECHNOLOGY GUARANTEED LOAN PROGRAM

410-554-9230
800-832-4827
866-881-7488 (TTY)
Low interest loans for home modifications and assistive devices for persons with disabilities.

► BALTIMORE CITY DEPARTMENT OF HOUSING AND COMMUNITY DEVELOPMENT REHABILITATION SERVICES

410-396-3023 (Request Application)
Loan financing to assist low and moderate income homeowners with emergency repairs to their home. Depending on eligibility, loans are provided in the form of deferred, forgivable or below market rates.



P.G. Builders, Inc.
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- Home and Business Additions/Renovations
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- Siding****\$300 Off Entire Siding Job****
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- Concrete & Brick Work
- Roofing****\$300 Off Entire Roof****
- Fencing
- Gutters****\$200 Off Entire Gutter Job****
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- & More

Give Us a call today for a free estimate!
301-346-1902
PGBuilders.com

H

HOME REPAIRS, MODIFICATIONS AND ASSISTANCE - HOSPICE SERVICES

► **BALTIMORE CITY DEPARTMENT OF TRANSPORTATION, YOUTH SNOW PROGRAM**
410-396-6868

Snow removal service for Baltimore City residents 65 years and older and/or legally disabled.

► **BALTIMORE COUNTY AGE FRIENDLY UPGRADES FOR SENIORS (BCAUSE)**

410-887-2594 (MAP)
Assists eligible older adult homeowners with minor home repairs, OT assessment and case management.

► **BALTIMORE COUNTY CHRISTIAN WORKCAMP**

<http://www.bcchristianworkcamp.org>
Volunteers provide free home repairs/modifications for those who qualify in Baltimore County. Projects are evaluated; liability waivers are required.

► **BALTIMORE ENERGY CHALLENGE**

410-929-6139
Energy reduction education and energy-efficient products for Baltimore City residents.

► **BGE SMART ENERGY SAVERS PROGRAM**

800-845-6195
Eligible homeowners can receive free home energy audit and assistance to increase energy efficiency.



► **CHAI: COMPREHENSIVE HOUSING ASSISTANCE, INC**
410-500-5300

► **CIVIC WORKS**
410-366-8533

► **DUNDALK RENAISSANCE**
410-282-0261

► **EMPOWER MARYLAND LOW INCOME ENERGY EFFICIENCY PROGRAM (LIEEP)**

855-583-8976
Assists eligible households by providing improvements to the home to lower utility bills.

► **HOUSING ACCESSIBILITY MODIFICATION PROGRAM (HAMP)**

410-887-6055 (HAMP)
410-887-2483 (Commission on Disabilities)
Financial assistance to Baltimore County residents with disabilities so their rental units can be modified to meet their accessibility needs.

► **HOUSING OPPORTUNITIES**

410-887-3124 (County)
410-396-4151 (City)
Housing Rehabilitation, and Residential Accessibility Modification Program for income-eligible residents through low-interest loans.

► **HOUSING UPGRADES TO BENEFIT SENIORS (HUBS)**

443-470-9871 (City)
Helps older Baltimore City residents receive aging-in-place home modifications such as grab bars, handrails and structural repairs.

► **KESWICK**

410-235-8860
410-662-4363
www.choosekeswick.org
700 West 40th Street
Baltimore 21211
Live well. Age well. Be well.

► **LIGHT PROGRAM: LEADING INNOVATION FOR A GREEN AND HEALTHY TOMORROW**

410-396-3023
Screening Baltimore City residents for 50-plus programs and benefits which include home repair, energy conservation, healthy home improvements, tax credits, employment assistance, health care access and others.

► **MARYLAND HOME IMPROVEMENT COMMISSION**

410-230-6309
Licenses and regulates home improvement contractors and subcontractors.

► **MID-ATLANTIC MEDICAL SUPPLY AND EQUIPMENT**

410-363-2279
www.suppliesforliving.com
718 Main Street
Reisterstown 21136
Price-match promise, delivery and insurance billing.

► **NEIGHBORHOOD REHABILITATION LOAN PROGRAM - PARK HEIGHTS RENAISSANCE**

410-664-4890
Loans to residents in the Park Heights area to provide repairs on distressed homes.

► **REBUILDING TOGETHER**

410-889-2710

► **WEATHERIZATION ASSISTANCE PROGRAM (WAP)**

855-583-8976
Assistance for low income households with installation of free energy conservation materials to reduce energy costs.

Civic Works, Inc.
410-366-8533

Diversified Housing Development
410-496-1214
Baltimore City Weatherization Assistance Program
443-984-1066

CERTIFIED AGING IN PLACE SPECIALISTS (CAPS)

► **MARYLAND BUILDING INDUSTRY ASSOCIATION**
301-776-6242 (CAPS Information)

HOSPICE SERVICES

Hospice provides non-curative medical and support services for those with a terminal illness. Services may be provided in the home or in a facility. Insurance may cover most costs. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

Please note hospice services below are all authorized to serve Baltimore County and City; they may elect to decline serving all jurisdictions. This list from OHCQ is current as of November 2022.

► **AMEDISYS HOSPICE OF GREATER CHESAPEAKE**
410-686-5635

► **GILCHRIST**

888-823-8880
www.gilchristcares.org
Hospice, elder medical care, counseling and support, palliative care, geriatrics.

► **P-B HEALTH HOSPICE**
410-235-1060

► **PHR OF BALTIMORE**
410-368-2825

► **PROMEDICA HOSPICE CARE**
410-247-2900

► **STELLA MARIS**

410-560-9696
www.stellamaris.org
Provides a range of medical services throughout the Baltimore region.

H

HOSPICE SERVICES - HOSPITALS



ASSISTED LIVING FACILITIES OFFERING HOSPICE SUPPORT

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

NURSING AGENCIES OFFERING HOSPICE SUPPORT

See Home Health Services and Home Care (Non-Medical).

NURSING HOMES OFFERING HOSPICE SUPPORT

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

OTHER SERVICES

► **NATIONAL HOSPICE PALLIATIVE CARE ORGANIZATION**
800-658-8898
www.caringinfo.org

HOSPITALS

► **ASCENSION SAINT AGNES**
667-234-6000
900 South Caton Avenue
Baltimore 21229

► **GRACE MEDICAL CENTER**
410-362-3000
2000 West Baltimore Street
Baltimore 21223

► **GREATER BALTIMORE MEDICAL CENTER**
443-849-2000
443-849-GBMC (4262)
www.gbmc.org
6701 North Charles Street
Towson 21204

► **JOHNS HOPKINS BAYVIEW MEDICAL CENTER**
410-550-0100
4940 Eastern Avenue
Baltimore 21224

► **JOHNS HOPKINS HOSPITAL**
410-955-5000
1800 Orleans Street
Baltimore 21287

► **LEVINDALE HEBREW GERIATRIC CENTER AND HOSPITAL**
410-601-2400
2434 West Belvedere Avenue
Baltimore 21215

► **MEDSTAR FRANKLIN SQUARE MEDICAL CENTER**
443-777-7000
9000 Franklin Square Drive
Baltimore 21237

► **MEDSTAR GOOD SAMARITAN HOSPITAL**
443-444-8000
5601 Loch Raven Boulevard
Baltimore 21239



"I wish I had known about Gilchrist earlier."

A call to Gilchrist means more hugs, more laughter and more kisses. If you or a loved one are struggling with a serious illness, Gilchrist can help. We have options for every stage of serious illness—from elder medical care and counseling to hospice and the end-of-life-services we're known for.

With Gilchrist, you have the freedom to choose the care you want, where you want it—including in your own home.

Starting services earlier allows time to manage symptoms, educate the family about the course of illness, help them with decision-making and planning, and provides the chance to address grief.

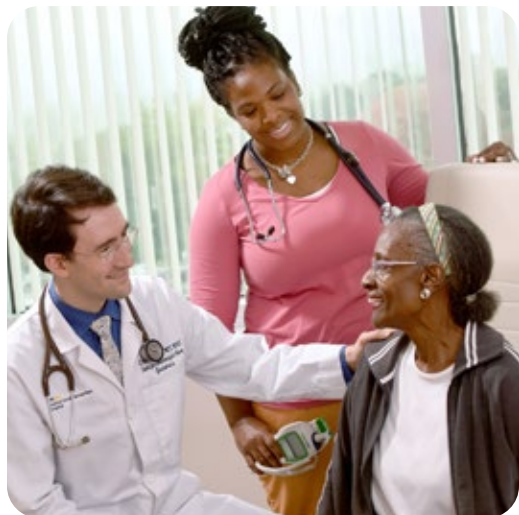
Call Gilchrist today, so you can spend more time doing the things you love with the people that matter most.

The sooner you call, the more we can help.

gilchrist

Elder Medical Care • Hospice Care • Counseling & Support

gilchristcares.org  888.823.8880



Coordinated care, peace of mind for families.

At MedStar Good Samaritan Hospital's Center for Successful Aging, a specialized team cares for people with complex, age-related medical and social concerns as well as provides an array of support services for both elderly patients and their caregivers—all in one convenient outpatient location.

For a referral to the Center for Successful Aging, visit **MedStarHealth.org** or call **443-444-4720**.

This photo was selected prior to the COVID-19 pandemic. All providers are expected to follow the current MedStar Health guidelines for safety, including proper masking and physical distancing where appropriate. Learn more at [MedStarHealth.org/Safe](https://www.MedStarHealth.org/Safe).



H HOSPITALS - HOTLINES

► **MEDSTAR HARBOR HOSPITAL & HARBOR LIFE RESOURCE CENTER**
410-350-3200
3001 South Hanover Street
Baltimore 21225

► **MEDSTAR UNION MEMORIAL HOSPITAL**
410-554-2000
201 East University Parkway
Baltimore 21218

► **MERCY MEDICAL CENTER**
410-332-9000
301 Saint Paul Place
Baltimore 21202

► **NORTHWEST HOSPITAL CENTER**
410-521-2200
5401 Old Court Road
Randallstown 21133

► **SINAI HOSPITAL**
410-601-9000
2401 West Belvedere Avenue
Baltimore 21215

► **UNIVERSITY OF MARYLAND MEDICAL CENTER**
800-492-5538
22 South Greene Street
Baltimore 21201

► **UNIVERSITY OF MARYLAND MIDTOWN CAMPUS**
410-225-8000
827 Linden Avenue
Baltimore 21201

► **UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE**
888-4KERNAN
2200 Kernan Drive
Baltimore 21207

► **UNIVERSITY OF MARYLAND ST. JOSEPH MEDICAL CENTER**
410-337-1000
7601 Osler Drive
Towson 21204

► **VA MEDICAL CENTER**
410-605-7000
10 North Green Street
Baltimore 21201

HOSPITAL SUBSPECIALTIES

► **GBMC CANCER CENTER, THE SANDRA AND MALCOLM BERMAN CANCER INSTITUTE**
443-849-3051
www.gbmc.org/cancer
Physicians Pavilion West
6569 Charles Street,
Suite 200
Towson 21204

► **GBMC HEALTH PARTNERS**
443-849-GBMC (4262)
www.gbmc.org/healthpartners

► **MEDSTAR HEALTH CENTER FOR SUCCESSFUL AGING**
443-444-4720
www.medstarhealth.org
Morgan Building
5601 Loch Raven Boulevard,
Suite 502
Baltimore 21239
A dedicated team supporting patients/caregivers with complex age-related needs.

► **VASCULAR SURGERY ASSOCIATES, LLC**
855-648-9982
www.vascularsurgeryassociates.net
Full spectrum vascular/
wound care specialists serving
Maryland and Delaware.

HOTLINES

► **2-1-1 MARYLAND AT FIRST CALL FOR HELP**
2-1-1
The 24/7 telephone number for accessing information about health and human services.

H

HOTLINES - HOUSING

▶ 9-8-8- SUICIDE AND CRISIS HOTLINE

Emergency number for mental health crisis. Callers immediately connected to their local crisis center.

▶ **BALTIMORE CITY ADULT AND CHILD PROTECTIVE SERVICES**
410-361-5000 (Adult)
410-361-2235 (Child)

▶ **BALTIMORE CITY CRISIS RESPONSE INFORMATION AND REFERRAL**
410-433-5255

▶ **BALTIMORE COUNTY CRISIS RESPONSE SYSTEMS**
410-931-2214
Twenty-four-hour crisis and suicide prevention hotline with linkage to community treatment and support.

▶ **BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES, 24-HOUR SEXUAL ASSAULT/ DOMESTIC VIOLENCE CRISIS HOTLINE**
410-828-6390
Hotline responding to sexual assault, domestic violence and human trafficking calls.

▶ **BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES (SCREENING UNIT)**
410-887-8463 (TIME)
Advocates and provides protective services for residents of all ages through assessments, case management, residential and financial services. Provides information, assistance and referral for emergency shelter for individuals experiencing homelessness.

▶ **FEDERAL CITIZEN INFORMATION CENTER (FCIC)**
800-FED-INFO

▶ **FEDERAL COMMUNICATION COMMISSION (FCC)**
888-225-5322 (Toll-Free Voice)
888-835-5322 (Toll-Free TTY)

▶ **HOUSE OF RUTH**
410-889-0840

▶ **INTERNET CRIME COMPLAINT CENTER**
www.ic3.gov

▶ **MARYLAND CRISIS HOTLINE**
800-422-0009
Crisis hotline for people of all ages.

▶ **NATIONAL CONSUMER LEAGUE FRAUD INFORMATION CENTER**
202-835-3323, Ext. 815

▶ **NATIONAL DOMESTIC VIOLENCE HOTLINE**
800-799-7233 (SAFE)
800-787-3224 (TTY)

▶ **NATIONAL DO NOT CALL REGISTRY**
888-382-1222

▶ **NATIONAL SEXUAL ASSAULT HOTLINE**
800-656-4673 (HOPE)

▶ **NATIONAL SUICIDE PREVENTION LIFELINE**
800-273-8255
The public can call or text "988" to be connected to trained counselors.

▶ **POISON CENTER**
800-222-1222

▶ **THE TREVOR PROJECT**
866-488-7386 (24-Hour Hotline)
Crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people.



▶ **TURNAROUND, INC**
443-279-0379 (24-Hour Hotline)
410-377-8111 (Office)
Counseling and services to victims of rape, incest, sexual assault, domestic violence and human trafficking.

▶ **VETERANS SUICIDE PREVENTION**
800-273-8255

HOUSEKEEPING

See Home Health Services and Home Care (Non-Medical). Additional services may be required. Please discuss specific service requirements with agency.

▶ **HOME INSTEAD SENIOR CARE**
410-337-8910
www.homeinstead.com/131
For seniors, a life well lived should continue at home.

HOUSING

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

Please also refer to www.baltimorecountymd.gov/agencies/aging/housing and www.mdhousingsearch.org.

APARTMENTS FOR SENIORS

Eligibility for these apartments is based on income. Most units are for persons age 62 and older, although a few accept younger persons with disabilities. There are usually no supportive services. The Eating Together program is on-site at designated (*) apartments. Rents are below market value and may vary based on building type, resident's income and apartment size. Waiting lists are typical. Contact each facility for application information. Some buildings are equipped with mobility impaired apartments.

▶ **ABUNDANT LIFE TOWERS***
410-367-5433
3915 Callaway Avenue
Baltimore 21215
One/two bedrooms.

▶ **ABUNDANT LIFE TOWERS II***
410-233-2002
5110 Baltimore National Pike
Baltimore 21229
Efficiencies/one bedroom.

▶ **AHEPA SENIOR HOUSING**
410-732-1275
1351 South Clinton Street
Baltimore 21224
One/two bedrooms.

▶ **AIGBURTH VALE SENIOR COMMUNITY**
410-296-6695
212 Aigburth Road
Towson 21286
One bedroom.

▶ **ALCOTT PLACE**
410-466-4960
2702 Keyworth Avenue
Baltimore 21215
One bedroom.

▶ **APOSTOLIC TOWERS**
410-342-1353
201 North Washington Street
Baltimore 21231
One bedroom.

H

HOUSING

► **ARLINGTON ESTATES CO-OP**

800-362-0548
4601 West Northern Parkway
Baltimore 21215
One bedroom.

► **ATRIUM VILLAGE**

410-363-0330
4730 Atrium Court
Owings Mills 21117
One/two bedrooms.

► **BASILICA PLACE-CATHOLIC CHARITIES***

667-600-3300
124 West Franklin Street
Baltimore 21201
One/two bedrooms.

► **BELLEVUE MANCHESTER APARTMENTS**

410-462-1142
342 Bloom Street
Baltimore 21217
One bedroom.

► **BELVEDERE GREEN***

410-433-7255
1651 East Belvedere Avenue
Baltimore 21239
Efficiencies/one bedroom.

► **BOLTON HOUSE APARTMENTS**

410-728-3100
1100 Bolton Street
Baltimore 21201
Efficiencies, one/two bedrooms.

► **BOLTON NORTH***

410-462-5433
1600 West Mount Royal Avenue
Baltimore 21217
One bedroom.

► **BON SECOURS BENET HOUSE**

410-566-0701
400 Millington Avenue
Baltimore 21223
Efficiencies/one bedroom.

► **BON SECOURS HOLLINS TERRACE**

410-566-2701
1800 Hollins Street
Baltimore 21223
Efficiencies/one bedroom.

► **BON SECOURS SMALLWOOD SUMMIT**

410-566-5792
2 North Smallwood Street
Baltimore 21223
One/two bedrooms.

► **BOWLEYS GARDEN VILLA CO-OP**

800-362-0548
5200 Bowleys Lane
Baltimore 21206
One bedroom.

► **BROADWAY COURT**

410-844-0913
925 North Broadway
Baltimore 21205

► **CENTER PLACE APARTMENTS**

410-285-6666
101 Center Place
Dundalk 21222
One/two bedrooms.

► **CHAPEL SPRINGS**

410-352-7440
9630 Dietz Place
Perry Hall 21128
One/two bedrooms.

► **CHARLES R. UNCLES SENIORS PLAZA**

410-523-3890
607 North Pennsylvania Avenue
Baltimore 21201
One/two bedrooms.

► **CHERRY HILL SENIOR MANOR***

410-354-3740
901 Cherry Hill Road
Baltimore 21225
One/two bedrooms.

► **CHRIST CHURCH HARBOR APARTMENTS**

410-837-1010
600 Light Street
Baltimore 21230
Efficiencies/one bedroom.

► **COEL-GRANT-HIGGS SENIOR CENTER**

410-435-4600
1700 North Gay Street
Baltimore 21213
Efficiencies/one bedroom.

► **COURSEY STATION-CATHOLIC CHARITIES**

667-600-3155
200 First Avenue
Baltimore 21227
Efficiencies/one bedroom, six disabled.

► **COVE POINT APARTMENTS**

410-288-2344
7801 Peninsula Expressway
Dundalk 21222
One/two bedrooms.

► **COVE POINT II APARTMENTS**

410-288-2344
7795 Peninsula Expressway
Dundalk 21222
One/two bedrooms.

► **DAY VILLAGE**

410-284-7100
511 North Avondale Road
Dundalk 21222
One bedroom.

► **DEPAUL HOUSE-CATHOLIC CHARITIES***

667-600-2684
3300 Benson Avenue
Baltimore 21227
One/two bedrooms.

► **EDNOR APARTMENTS**

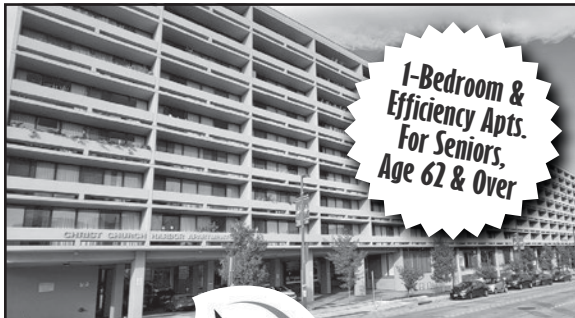
410-243-0180
1040 East 33rd Street
Baltimore 21218
One/two bedrooms.

► **EDNOR APARTMENTS II**

410-243-0180
1050 East 33rd Street
Baltimore 21218
One/two bedrooms.

► **EPIPHANY HOUSE***

410-323-3040
5610 York Road
Baltimore 21212
Efficiencies.



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► **ESSEX CO-OP APARTMENTS***
410-391-2750
1000 Franklin Avenue
Essex 21221
One bedroom.

► **EVERALL GARDENS-CATHOLIC CHARITIES**
667-600-2395
6100 Everall Avenue
Baltimore 21206
One bedroom.

► **EVERGREEN SENIOR APARTMENTS**
410-780-4888
1600 Evergreen Way
Essex 21221
One/two bedrooms.

► **FAIRSPRING APARTMENTS**
410-869-8740
1121 Saint Agnes Lane
Baltimore 21207
One/two bedrooms.

► **FELLS POINT FLATS**
410-732-1275
1627 Eastern Avenue
Baltimore 21231
Efficiencies/one bedroom.

► **FOXWELL MEMORIAL**
410-728-4550
3700 Greenspring Avenue
Baltimore 21211
One/two bedrooms.

► **FRANKLIN SQUARE SCHOOL APARTMENTS**
410-947-9000
229 North Mount Street
Baltimore 21223
One bedroom.

► **GALLAGHER MANSION***
410-435-4416
431 Notre Dame Lane
Baltimore 21212
One bedroom.

► **GOLDEN RING CO-OP***
800-362-0548
8620 Kelso Drive
Essex 21221
One bedroom.

► **GREATER NEW HOPE APARTMENTS**
410-225-0003
2725 Walbrook Avenue
Baltimore 21216
Efficiencies/one bedroom.

► **HANOVER SQUARE APARTMENTS***
410-962-1131
1 West Conway Street
Baltimore 21201
One bedroom.

► **HARLEM GARDENS**
410-728-4009
1700 Edmondson Avenue
Baltimore 21223
One/two bedrooms.

► **HARVEY JOHNSON TOWERS**
410-728-1166
1510 West Mosher Street
Baltimore 21217
Efficiencies/one bedroom.

► **HERITAGE RUN AT STADIUM PLACE**
410-235-1706
1080 East 33rd Street
Baltimore 21218
One/two bedrooms.

► **HIGHLANDTOWN PLAZA CO-OP**
800-362-0548
155 Grundy Street
Baltimore 21224
One bedroom.

► **HOLY KOREAN MARTYRS-CATHOLIC CHARITIES**
667-600-3150
5500 Lexington Road
Baltimore 21207
One bedroom.



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The Greens at Hammonds Lane: 410-636-1141
Park View at Furnace Branch: 410-761-4150
Park View at Severna Park: 410-544-3411

BALTIMORE CITY

Ednor Apartments I: 410-243-0180
Ednor Apartments II: 410-243-4301
The Greens at Irvington Mews: 410-644-4487
Park Heights Place: 410-578-3445
Park View at Ashland Terrace: 410-276-6440
Park View at Coldspring: 410-542-4400

BALTIMORE COUNTY

Cove Point Apartments I: 410-288-2344
Cove Point Apartments II: 410-288-1660
Evergreen Senior Apartments: 410-780-4888

BALTIMORE COUNTY (CONT.)

The Greens at English Consul: 410-789-3000
The Greens at Liberty Road: 410-655-1100
The Greens at Logan Field: 410-288-2000
The Greens at Rolling Road: 410-744-9988
Park View at Catonsville: 410-719-9464
Park View at Dundalk: 410-288-5483
• **55 & Better**
Park View at Fullerton: 410-663-0665
Park View at Miramar Landing: 410-391-8375
Park View at Randallstown: 410-655-5673
Park View at Rosedale: 410-866-1886
Park View at Taylor: 410-663-0363
Park View at Towson: 410-828-7185
Park View at Woodlawn: 410-281-1120

EASTERN SHORE

Park View at Easton: 410-770-3070

HARFORD COUNTY

Park View at Bel Air: 410-893-0064
Park View at Box Hill: 410-515-6115

HOWARD COUNTY

Park View at Colonial Landing: 410-796-4399
Park View at Columbia: 410-381-1118
Park View at Ellicott City: 410-203-9501
Park View at Ellicott City II: 410-203-2096
Park View at Emerson: 301-483-3322
Park View at Snowden River: 410-290-0384

PRINCE GEORGE'S COUNTY

Park View at Blodensburg: 301-699-9785
• **55 & Better**
Park View at Laurel: 301-490-1526
Park View at Laurel II: 301-490-9730

Call the community of interest to you to inquire about eligibility requirements and to arrange a personal tour.

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H

HOUSING

► HOPKINS VILLAGE

410-687-2828
3 Brett Court
Essex 21221
One bedroom.

► INDECCO HOUSING

410-276-5114
940 South Lakewood Avenue
Baltimore 21224
Studios/one bedroom.

► IRVINGTON MEWS

410-644-4487
4300 Frederick Avenue
Baltimore 21219
One/two bedrooms.

► IRVINGTON PLACE APARTMENTS

410-644-0589
4025 Frederick Avenue
Baltimore 21223
Studios/one bedroom.

► JOHNSON SENIOR APARTMENTS

410-837-3383
501 East Preston Street
Baltimore 21202
Efficiencies, one/
two bedrooms.

► KESSLER PARK-CATHOLIC CHARITIES

667-600-3670
4230 Hollins Ferry Road
Lansdowne 21227
Efficiencies, one/
two bedrooms.

► KIRKWOOD*

410-323-8910
6401 Loch Raven Boulevard
Baltimore 21239
One bedroom.

► LAKEWOOD APARTMENTS*

410-522-7444
1401 North Lakewood Avenue
Baltimore 21213
Efficiencies, one/two
bedrooms.

► LEMKO HOUSING

410-342-7200
603 South Ann Street
Baltimore 21231
Efficiencies, one bedroom.

► LIBERTY VILLAGE SENIOR HOUSING

410-523-1113
3000 Towanda Avenue
Baltimore 21215
One/two bedrooms.

► LINDEN PARK APARTMENTS IN BOLTON HILL

410-523-0013
301 McMechen Street
Baltimore 21217
Efficiency, one/two
bedroom units.

► MARLBOROUGH APARTMENTS

410-669-3005
1701 Eutaw Place
Baltimore 21217
Efficiencies/one bedroom.

► MESSIAH HALL

410-732-1275
1024 South Decker Avenue
Baltimore 21224
Efficiencies/one bedroom.

► MONTEVERDE

410-728-4422
2501 & 2503 Violet Avenue
Baltimore 21215
One/two bedrooms.

► MORNINGSIDE SENIOR APARTMENTS

410-356-4798
104 Pleasant Ridge Drive
Owings Mills 21117
One/two bedrooms.

► MORRELL PARK APARTMENTS

410-644-2334
1820 Spence Street
Baltimore 21230
One/two bedrooms.

► MT. CLARE OVERLOOK APARTMENTS*

410-727-4477
833 West Pratt Street
Baltimore 21201
One/two bedrooms.

► N.M. CARROLL MANOR*

410-669-4270
701 North Arlington Avenue
Baltimore 21217
One/two bedrooms.

► NEW SHILOH VILLAGE APARTMENTS

410-523-1649
1901 Elgin Avenue
Baltimore 21217
One/two bedrooms.

► OAKS AT LIBERTY

410-466-9267
3501 Howard Park Avenue
Baltimore 21207
One/two bedrooms.

► OLD COURT ESTATES CO-OP

800-362-0548
5105 Old Court Road
Randallstown 21133
One bedroom.

► OLIVER PLAZA APARTMENTS

443-690-4548
1401 East Oliver Street
Baltimore 21213
Efficiencies/one bedroom.

► OUR LADY OF FATIMA I-CATHOLIC CHARITIES*

667-600-3301
6424 East Pratt Street
Baltimore 21224
One bedroom.

► OUR LADY OF FATIMA II-CATHOLIC CHARITIES

667-600-3301
200 Kane Street
Baltimore 21224
One bedroom.

► OVERBROOK APARTMENTS

410-465-8611
5717 Edmondson Avenue
Catonsville 21228
Studio/one to three bedrooms.

► OWINGS MILLS NEW TOWN-CATHOLIC CHARITIES

667-600-3180
9773 Groffs Mill Drive
Owings Mills 21117
One bedroom.

► PARK HEIGHTS PLACE

410-578-3445
5430 Park Heights Avenue
Baltimore 21215
One/two bedroom.

► PARK VIEW AT ASHLAND TERRACE*

410-276-6440
1705 East Eager Street
Baltimore 21205
One/two bedrooms.

► PARK VIEW AT CATONSVILLE*

410-719-9464
303 Maiden Choice Lane
Catonsville 21228
One bedroom.

► PARK VIEW AT COLDSRING*

410-542-4400
4803 Tamarind Road
Baltimore 21209
One/two bedrooms.

► PARK VIEW AT DUNDALK

410-288-5483
103 Center Place
Dundalk 21222
One bedroom.

► PARK VIEW AT FULLERTON

410-663-0665
4300 Cardwell Avenue
Nottingham 21236
One bedroom.

► PARK VIEW AT MIRAMAR LANDING

410-391-8375
705 Compass Road
Middle River 21220
One/two bedrooms.

► PARK VIEW AT RANDALLSTOWN

410-655-5673
3530 Resource Drive
Randallstown 21133
One bedroom.

► PARK VIEW AT ROSEDALE

410-866-1886
1315 Chesaco Avenue
Rosedale 21237
One/two bedrooms.

► PARK VIEW AT TAYLOR

410-663-0363
4102 Taylor Avenue
Baltimore 21236
One/two bedrooms.

H

HOUSING

▶ **PARK VIEW AT TOWSON***

410-828-7185
20 Dunvale Road
Towson 21204
One/two bedrooms.

▶ **PARK VIEW AT WOODLAWN**

410-281-1120
2020 Featherbed Lane
Woodlawn 21207
One/two bedrooms.

▶ **PENN-NORTH PLAZA ***

410-383-8595
1520 West North Avenue
Baltimore 21217
Efficiencies, one bedroom.

▶ **QUEEN ESTHER APARTMENTS**

410-685-4600
1300 East Lanvale Street
Baltimore 21213
Efficiencies, one to four bedrooms.

▶ **RANDALLSTOWN PAVILION CO-OP**

800-362-0548
5109 Old Court Road
Randallstown 21133
One bedroom.

▶ **RANDALLSTOWN VILLA CO-OP**

800-362-0548
5107 Old Court Road
Randallstown 21133
One bedroom.

▶ **REISTER'S CLEARING-CATHOLIC CHARITIES**

667-600-2180
304 Cantata Court
Reisterstown 21136
One bedroom.

▶ **REISTER'S VIEW-CATHOLIC CHARITIES***

667-600-2190
306 Cantata Court
Reisterstown 21136
One bedroom.

▶ **RIVER POINT**

410-780-2881
1900 Grove Manor Drive
Essex 21221
One/two bedrooms.

▶ **ROLAND VIEW TOWERS EAST**

410-889-8255
3939 Roland Avenue
Baltimore 21211
Efficiencies, one/two bedrooms.

▶ **ROLAND VIEW TOWERS WEST**

410-889-8255
3838 Roland Avenue
Baltimore 21211
One/two bedrooms.

▶ **RUSCOMBE GARDENS APARTMENTS**

410-664-4800
4800 Yellowwood Avenue
Baltimore 21209
One bedroom.

▶ **SALONY HOUSE SENIOR LIVING**

410-833-0077
300 Salony Drive
Reisterstown 21136
One bedroom.

▶ **SHARP-LEADENHALL COURT**

410-727-2677
911 Leadenhall Street
Baltimore 21230
One to four bedrooms.

▶ **SOUTHERN HIGH SCHOOL APARTMENTS**

410-528-1195
201 Warren Avenue
Baltimore 21230
Efficiencies/one bedroom.

▶ **ST. CHARLES HOUSE-CATHOLIC CHARITIES**

667-600-3185
11 Church Lane
Pikesville 21208
Efficiencies/one bedroom,
3 disabled.

▶ **ST. ELIZABETH HALL AT STELLA MARIS***

410-252-4500
2300 Dulany Valley Road
Timonium 21093
One bedroom, 10 disabled.

▶ **ST. ELIZABETH SENIOR HOUSING**

410-732-1275
35 North Lakewood Avenue
Baltimore 21224
Efficiencies, one bedroom.

▶ **ST. JAMES TERRACE APARTMENTS**

410-669-0862
827 Arlington Avenue
Baltimore 21217
Efficiencies, one bedroom.

▶ **ST. JOACHIM HOUSE-CATHOLIC CHARITIES**

667-600-2685
3310 Benson Avenue
Baltimore 21227
Efficiencies/one bedroom.

▶ **ST. LUKE'S PLACE APARTMENTS-CATHOLIC CHARITIES***

667-600-3661
2825 Lodge Farm Road
Edgemere 21219
One bedroom.

▶ **ST. MARK'S APARTMENTS-CATHOLIC CHARITIES**

667-600-3675
19 Winters Lane
Catonsville 21228
One bedroom.

▶ **TABCO TOWERS***

410-821-9220
305 East Joppa Road
Towson 21286
Efficiencies, one bedroom.

▶ **TERRACE GARDEN CO-OP**

800-362-0548
751 West Saratoga Street
Baltimore 21201
One/two bedrooms.

▶ **THE GREENS AT ENGLISH COUNSEL**

410-789-3000
4120 Oak Road
Halethorpe 21227
One/two bedrooms.

▶ **THE GREENS AT LIBERTY ROAD**

410-655-1100
9707 Liberty Road
Randallstown 21133
One/two bedrooms.

▶ **THE GREENS AT LOGAN FIELD**

410-288-2000
3455 Dundalk Avenue
Dundalk 21222
One/two bedrooms.

▶ **THE GREENS AT ROLLING ROAD**

410-744-9988
1505 North Rolling Road
Catonsville 21228
One/two bedrooms.

▶ **THE MEADOWS OF REISTERSTOWN**

410-526-3380
300 Cantata Court
Reisterstown 21136
One/two bedrooms.

▶ **THE MEADOWS OF REISTERSTOWN II**

410-526-3380
302 Cantata Court
Reisterstown 21136
One/two bedrooms.

▶ **TRINITY HOUSE-CATHOLIC CHARITIES**

667-600-3733
409 Virginia Avenue
Towson 21286
One bedroom.

▶ **VENABLE APARTMENTS @ STADIUM PLACE**

410-338-0661
1030 East 33rd Street
Baltimore 21218
One bedroom.

▶ **VILLAGE CROSSROADS I-CATHOLIC CHARITIES***

667-600-2360
4313-A Fitch Avenue
Nottingham 21236
One bedroom.

▶ **VILLAGE CROSSROADS II-CATHOLIC CHARITIES***

667-600-2370
4313-B Fitch Avenue
Nottingham 21236
One bedroom.

▶ **VILLAGE OAKS APARTMENTS**

410-747-1344
815 Winters Lane
Catonsville 21228
One bedroom.

H

HOUSING - CONGREGATE HOUSING

▶ **VIRGINIA TOWERS**

410-321-9661
500 Virginia Avenue
Towson 21286
One/two bedrooms.

▶ **WABASH ESTATES CO-OP**

800-362-0548
5500 Wabash Avenue
Baltimore 21215
One bedroom.

▶ **WALKER CO-OP**

800-362-0548
1 Cooperative Drive
Baltimore 21212
One bedroom.

▶ **WALKER MEWS***

410-323-8507
6225 York Road
Baltimore 21212
One bedroom.

▶ **WARREN PLACE SENIOR APARTMENTS**

410-666-1030
10535 York Road
Cockeysville 21030
One bedroom.

▶ **WAYLAND VILLAGE SENIOR APARTMENTS**

410-542-4580
3020 Garrison Boulevard
Baltimore 21216
One/two bedrooms.

▶ **WEINBERG COURT AT STADIUM PLACE**

410-235-0500
1020 East 33rd Street
Baltimore 21218
One bedroom.

▶ **WEINBERG GARDENS***

410-602-8200
1500 Bedford Avenue
Pikesville 21208
One bedroom.

▶ **WEINBERG HOUSE***

410-602-2405
16 Old Court Road
Pikesville 21208
One bedroom.

▶ **WEINBERG MANHATTAN PARK APARTMENTS**

410-466-8080
5715 Park Heights Avenue
Baltimore 21215
Efficiencies, one/
two bedrooms.

▶ **WEINBERG MANOR EAST**

410-358-5581
3601 Fords Lane
Baltimore 21215
Efficiencies, one/
two bedrooms.

▶ **WEINBERG MANOR SOUTH**

410-783-7333
3617 Fords Lane
Baltimore 21215
One/one with den/
two bedrooms.

▶ **WEINBERG MANOR WEST**

410-358-9393
3615 Fords Lane
Baltimore 21215
One/two bedrooms.

▶ **WEINBERG PLACE***

410-542-4111
2500 West Belvedere Avenue
Baltimore 21215
Efficiencies/one bedroom.

▶ **WEINBERG TERRACE**

410-602-3950
1450 Bedford Avenue
Pikesville 21208
One bedroom.

▶ **WEINBERG VILLAGE I***

410-581-7878
3420 Associated Way
Owings Mills 21117
One bedroom.

▶ **WEINBERG VILLAGE II**

410-581-3800
3440 Associated Way
Owings Mills 21117
One/two-bedrooms,
one with den.

▶ **WEINBERG VILLAGE III***

410-363-1600
3414 Associated Way
Owings Mills 21117
One bedroom.

▶ **WEINBERG VILLAGE IV**

410-363-8866
3410 Associated Way
Owings Mills 21117

▶ **WEINBERG VILLAGE V**

410-356-4660
3430 Associated Way
Owings Mills 21117

▶ **WEINBERG WOODS**

410-318-6625
3211 Clarks Lane
Baltimore 21215
One bedroom.

▶ **WESTMINSTER HOUSE**

410-837-0180
524 North Charles Street
Baltimore 21201
Efficiencies/one bedroom.

▶ **WOODBOURNE WOODS**

410-433-7255
1650 Woodbourne Avenue
Baltimore 21239
Efficiencies/one bedroom.

▶ **ZION TOWERS***

410-669-3900
1100 Pennsylvania Avenue
Baltimore 21201
One bedroom.

HOUSING - CONGREGATE HOUSING

APARTMENTS TO MEET SPECIAL NEEDS

Residents live in their own apartments located in senior rental apartment buildings and receive additional services for a fee. Subsidies are available to those who are asset and income eligible. Residents must be able to live independently with the supportive services provided.

▶ **BASILICA PLACE-CATHOLIC CHARITIES***
667-600-3300



WESTMINSTER HOUSE APARTMENTS

Affordable Senior Living in Historic Mount Vernon

ALL APPLICANTS MUST BE SENIORS (62+) AND INCOME QUALIFIED.

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H

HOUSING - CONGREGATE HOUSING - ASSISTED LIVING

▶ **BELVEDERE GREEN***
410-433-7255

▶ **BERNARD MASON**
410-231-7090

▶ **DEPAUL HOUSE-CATHOLIC CHARITIES***
667-600-2684

▶ **N M CARROLL MANOR***
410-669-4270

▶ **ST. ELIZABETH HALL***
410-252-4500, Press 5, Then Ext. 7385

▶ **ST. JOACHIM-CATHOLIC CHARITIES***
667-600-2685

▶ **ST. LUKE'S PLACE APARTMENTS-CATHOLIC CHARITIES***
667-600-3661

▶ **TRINITY HOUSE-CATHOLIC CHARITIES**
667-600-3733

▶ **VILLAGE CROSSROADS I-CATHOLIC CHARITIES***
667-600-2360

▶ **WEINBERG PLACE***
410-542-4111

▶ **WOODBOURNE WOODS**
410-433-7255

See previous section (Housing Apartments for Seniors) for addresses.



HOUSING - ASSISTED LIVING PROGRAMS

Provides housing and supportive services, supervision, personalized assistance and/or health-related services to meet the needs of residents who are unable to perform activities of daily living independently, or who need assistance. All Assisted Living (AL) Programs are regulated by the Maryland Department of Health, Office of Health Care Quality. They are licensed to provide a specific level of care, as follows:

*Level 1: Low Level of Care

*Level 2: Moderate Level of Care

*Level 3: High Level of Care

*Most facilities also accept residents at a level of care lower than the maximum for which they are licensed.

Levels of care are determined by a functional assessment. For level of care information, please call the Office of Health Care Quality (OHCQ) at 410-402-8217. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

All Maryland Assisted Living programs are required by law to include a Disclosure Statement in their marketing materials and to provide information upon request. The Disclosure Statement outlines the services and policies of the assisted living program. Each facility uses the same standardized form which allows consumers to easily compare services.

Visit <https://health.maryland.gov/ohcq>. Click on **Programs** then **Assisted Living**, then click on **Consumer Resources**. This will provide links to the Provider Service Disclosure Form and a list of licensed assisted facilities as well as additional information.

ASSISTED LIVING: 1-4 RESIDENTS

For a list of homes for 1 - 4 residents in Baltimore County, call the Maryland Department of Health, Office of Health Care Quality at 410-402-8217, or visit their website at https://health.maryland.gov/ohcq/docs/provider-listings/pdf/web_alp.pdf. Please refer to Baltimore City's listing in the directory which provides 1-4 resident facilities on page 68.

HOUSING - ASSISTED LIVING: 5-15 RESIDENTS

Live-in residents must be age 18 or older, requiring a level of care for which an Assisted Living is licensed. The Maryland Department of Health, Office of Health Care Quality surveys homes to ensure compliance with the Code of Maryland regulations for Assisted Living programs. In addition, the Baltimore County Health Department provides Environmental Surveys for county locations only. Senior Assisted Living subsidy (indicated by *) and Medicaid Home and Community Based Services Programs payment may be available, pending grant funds. This OHCQ list is effective as of October 2022. For updates, please visit: https://health.maryland.gov/ohcq/docs/provider-listings/pdf/web_alp.pdf.

▶ **1 STOP ASSISTED LIVING 5**
443-629-2526
2306 West Lanvale Street
Baltimore 21216

▶ **1 STOP ASSISTED LIVING**
443-629-2526
149 South Hilton Street
Baltimore 21229

▶ **A & W ASSISTED LIVING**
410-419-7322
6600 Liberty Road
Baltimore 21207

▶ **A BLESSING AWAY FROM HOME 2, LLC**
410-908-1085
3512 Menlo Drive
Baltimore 21215

▶ **A BLESSING AWAY FROM HOME 3, LLC**
410-908-1085
3514 Menlo Drive
Baltimore 21215

▶ **A BLESSING AWAY FROM HOME 4, LLC**
410-908-1085
4116 Fordleigh Road
Baltimore 21215

▶ **A BLESSING AWAY FROM HOME 5, LLC**
410-205-7983
3316 Menlo Drive
Baltimore 21215

▶ **A CARING PLACE***
410-661-5776
7700 Oakleigh Road
Parkville 21234

▶ **A HOME AWAY FROM HOME**
443-854-8835
4309 Liberty Heights Avenue
Baltimore 21207

▶ **A MOORE CARING ASSISTED LIVING, LLC**
240-587-7139
2501 Moore Avenue
Baltimore 21234

▶ **A NEW START ASSISTED LIVING, LLC**
410-564-8451
3208 Vickers Road
Baltimore 21216

▶ **A NEW WALK OF LIFE ASSISTED LIVING, LLC**
443-972-0821
R11131 Pulaski Highway
White Marsh 21162

H

HOUSING - ASSISTED LIVING

▶ **A NURTURING HAND ASSISTED LIVING, LLC**

443-983-3036
3509 Ingleside Avenue
Baltimore 21215

▶ **A PAL-AT-BELL-CARE**

667-212-4484
4002 Belle Avenue
Baltimore 21215

▶ **A PERFECT FIT ASSISTED LIVING***

410-521-2650
9700 Ames Court
Randallstown 21133

▶ **A RAY OF LIGHT, LLC**

410-493-6133
11 South Abington Avenue
Baltimore 21229

▶ **A RENEWED EASE CHRISTIAN HOME, LLC**

443-257-9975
712 Cator Avenue
Baltimore 21218

▶ **ABOUT THAT LIFE ASSISTED LIVING**

410-776-8282
6616 O'Donnell Street
Baltimore 21224

▶ **ACCESS ASSISTED LIVING**

443-512-7606
2611 Elsinore Avenue
Baltimore 21216

▶ **AFFLUENT LIVING**

410-365-6629
4106 Maine Avenue
Baltimore 21207

▶ **AGAPE ASSISTED LIVING HOME I**

410-325-5940
5706 Denwood Avenue
Baltimore 21206

▶ **AJ MANOR ASSISTED LIVING**

443-932-0129
2504 Elsinore Avenue
Baltimore 21216

▶ **ALHAMBRA ASSISTED LIVING FACILITY**

410-486-8650
5503 Alhambra Avenue
Baltimore 21212

▶ **ALL TOGETHER NETWORK, INC**

410-486-8650
643 Tunbridge Road
Baltimore 21212

▶ **ALMOST HOME II ASSISTED LIVING, INC**

443-200-3324
4813 Gwynn Oak Avenue
Baltimore 21207

▶ **AMBROZEAN ASSISTED LIVING CARE CENTER, INC**

410-367-8800
3800 West Rogers Avenue
Baltimore 21215

▶ **AMELIA'S MANOR**

410-842-3050
5019 Moravia Road
Baltimore 21206

▶ **AMERICAN HOME CARE AND HEALTH SERVICES ASSISTED**

410-563-1460
2914 East Federal Street
Baltimore 21213

▶ **AMY'S COMPASSIONATE CARE ASSISTED LIVING**

443-538-6932
4415 Buchanan Avenue
Baltimore 21211

▶ **ANGEL CORE HOME OF CARE AT PARKMONT**

410-485-0605
4304 Parkmont Avenue
Baltimore 21206

▶ **ANGELS AMONG US**

410-365-1633
12820 Eastern Avenue
Baltimore 21220

▶ **ANNIE'S HEART OF LOVE**

410-689-8111
5410 Hamlet Avenue
Baltimore 21214

▶ **ANOINTING HANDS HOME CARE AT LAKESIDE**

301-580-2544
1213 Lakeside Avenue
Baltimore 21218

▶ **APELLYO HOMECARE ASSISTED LIVING, LLC**

443-791-9012
3105 Glendale Avenue
Baltimore 21234

▶ **ARDENT LIVING**

443-850-4779
821 Nottingham Road
Baltimore 21229

▶ **ARISING CARE INCORPORATED**

301-728-9987
2749 West North Avenue
Baltimore 21216

▶ **ASSISTED LIVING AT BUCKINGHAM MANOR**

410-205-7568
4010 Buckingham Road
Baltimore 21207

▶ **ASSURANCE CARE PROVIDER SERVICES, LLC**

443-857-5012
9100 Meadow Heights Road
Randallstown 21133

▶ **ASSURANCE CARE PROVIDER SERVICES, LLC**

443-857-5012
4015 Bonner Road
Baltimore 21216

▶ **AT EASE AND RENEWED, LLC**

410-444-3489
4002 Glenmore Avenue
Baltimore 21206

▶ **AT MAJESTIC CARE II**

443-766-5951
2001 Braddish Avenue
Baltimore 21216

▶ **AUNT SHUG'S ASSISTED LIVING #2**

410-367-0517
4313 Belview Avenue
Baltimore 21215

▶ **AUNT SHUG'S ASSISTED LIVING, INC**

410-365-2166
4311 Belview Avenue
Baltimore 21215

▶ **AUTUMN RIDGE AT NORTH OAKS**

516-588-8811
725 Mount Wilson Lane
Pikesville 21208

▶ **AWESOME QUALITY CARE, LLC**

443-876-5377
4021 Barrington Road
Baltimore 21207

▶ **AWESOME QUALITY CARE, LLC**

443-876-5377
3624 Dudley Avenue
Baltimore 21213

▶ **B-MORE ASSISTED LIVING**

410-233-6747
1933 West Lexington Street
Baltimore 21223

▶ **BALMAINE MANOR**

410-358-4400
7117 Campfield Road
Baltimore 21207

▶ **BEA'S BEAUTIFUL BLESSINGS 5**

443-873-6986
7000 Harford Road
Baltimore 21234

▶ **BEA'S BEAUTIFUL BLESSINGS, LLC**

667-312-2870
6409 Moyer Avenue
Baltimore 21206

▶ **BECAUSE WE CARE, LLC**

443-629-9311
511 Rossiter Avenue
Baltimore 21212

▶ **BEECHWOOD ASSISTED LIVING, LLC***

410-455-0492
101 North Beechwood Avenue
Catonsville 21228

▶ **BEST CARE**

410-542-4842
3524 Haywood Avenue
Baltimore 21215

▶ **BEST CARE ASSISTED LIVING, LLC***

410-596-5863
639 Main Street
Reisterstown 21136

H

HOUSING - ASSISTED LIVING*

▶ **BETTY'S & DEBBIE'S FAMILY PLACE I**

410-254-5828
5411 Walther Avenue
Baltimore 21214

▶ **BLAIR HOUSE SENIOR LIVING AT STONELEIGH, LLC**

410-724-1977
812 Regester Avenue
Baltimore 21239

▶ **BLESSED HANDS ASSISTED LIVING, LLC**

443-527-9200
1611 Ramblewood Road
Baltimore 21239

▶ **BLESSED HEART, LLC**

443-642-7266
1812 East 29th Street
Baltimore 21218

▶ **BRIGHTLINE COMFORT CARE, LLC**

410-660-5135
3603 Fairview Avenue
Baltimore 21216

▶ **BRINKLEY CARE ALF, INC**

443-983-1506
2822 Fleetwood Avenue
Baltimore 21214

▶ **BROOKHAVEN MANOR ASSISTED LIVING, LLC**

410-329-0879
6712 Harford Road
Baltimore 21234

▶ **C & L QUALITY HOME CARE I**

410-532-6829
1001 Evesham Avenue
Baltimore 21212

▶ **CALMING ACRES II**

410-655-1202
7205 Glenoak Avenue
Baltimore 21234

▶ **CANTYS HELPING HANDS ASSISTED LIVING, LLC**

443-453-9185
3511 Edgewood Road
Baltimore 21215

▶ **CARE BLESSINGS ASSISTED LIVING, LLC**

410-262-6657
3008 Glenmore Avenue
Baltimore 21214

▶ **CARE MATTERS, LLC**

410-664-0462
3604 Grantley Road
Baltimore 21215

▶ **CARE MATTERS ASSISTED LIVING**

410-653-0846
4003 Buckingham Road
Baltimore 21207

▶ **CARED WITH LOVE ASSISTED LIVING**

240-779-3302
1014 East Belvedere Avenue
Baltimore 21212

▶ **CARING FOR YOU ASSISTED LIVING, LLC**

667-309-3178
10 South Gilmor Street
Baltimore 21223

▶ **CARING HEARTS AT HARFORD, LLC**

443-919-7388
4532 Harford Road
Baltimore 21214

▶ **CARING HEARTS SENIOR LIVING**

443-603-5365
620 Wildwood Parkway
Baltimore 21229

▶ **CARING HOME ASSISTED LIVING, LLC**

443-517-7473
929 Back River Neck Road
Essex 21221

▶ **CASSIE'S CORNER**

443-865-6665
7007 Brompton Road
Baltimore 21207

▶ **CASSI'S COMFORT AND CARE ASSISTED LIVING, LLC**

443-326-3269
2323 Harlem Avenue
Baltimore 21216

▶ **CATERING WITH LOVE ASSISTED LIVING**

410-926-0808
3415 Menlo Drive
Baltimore 21215

▶ **CHARLIE'S ANGELS PLUS, LLC**

443-388-9607
4215 Bayonne Avenue
Baltimore 21206

▶ **CHELSEA MANOR, INC**

443-465-4247
2309 Chelsea Terrace
Baltimore 21216

▶ **CHERYL'S PLACE #1**

410-365-1633
8707 Trumps Mill Road
Baltimore 21237

▶ **CLEM AND DOLL ASSISTED LIVING I**

443-804-9556
8337 Liberty Road
Baltimore 21244

▶ **CLEM AND DOLL II**

443-804-9556
8335 Liberty Road
Baltimore 21244

▶ **COMFORTS OF HOME III***

443-857-5230
9917 Liberty Road
Randallstown 21133

▶ **COMFORTS OF HOME, LLC**

443-898-2180
3029 Windsor Avenue
Baltimore 21216

▶ **COMMUNITY CAREGIVERS ASSISTED LIVING**

443-760-5592
3900 Norfolk Avenue
Baltimore 21216

▶ **CORA'S CARE**

443-600-4530
5404 Pembroke Avenue
Baltimore 21206

▶ **DESKY ASSISTED LIVING, LLC**

410-530-4419
4307 Willshire Avenue
Baltimore 21206

▶ **DIVINE CARE ASSISTED LIVING**

410-444-1294
4603 Frankford Avenue
Baltimore 21206

▶ **DIVINE ENLARGEMENT I**

410-804-5806
3127 Clifftmont Avenue
Baltimore 21213

▶ **DIVINE ENLARGEMENT II, LLC**

410-804-5806
531 Maude Avenue
Baltimore 21215

▶ **DIVINE LIVING, LLC**

443-682-3762
202 East Lanvale Street
Baltimore 21202

▶ **DULANEY VALLEY ASSISTED LIVING AT HUNT VALLEY***

410-303-0575
10815 Powers Avenue
Cockeysville 21030

▶ **DULANEY VALLEY ASSISTED LIVING, INC***

410-303-0575
5001 Carroll Manor Road
Baldwin 21013

▶ **EASY LIKE SUNDAY MORNING**

410-281-9616
4402 Maine Avenue
Baltimore 21207

▶ **EBENEZER HOUSE, LLC**

410-812-8415
5008 Walther Avenue
Baltimore 21214

▶ **EDEN CARE**

443-889-7459
6900 Schissler Avenue
Woodlawn 21207

▶ **ELEMENTS OF RESCUE LIVING**

443-759-2203
1228 Sheridan Avenue
Baltimore 21239

▶ **EMINENT CARE ASSISTED LIVING**

443-425-8151
3106 East Northern Parkway
Baltimore 21214

H

HOUSING - ASSISTED LIVING

▶ EMPOWERING LIVES

410-225-7447
1716 Harlem Avenue
Baltimore 21217

▶ ERIKA AND ERIC HOME OF CARE II

410-233-5546
2400 Roslyn Avenue
Baltimore 21216

▶ EVERGREEN VALLEY ASSISTED LIVING

410-303-0575
3009 Evergreen Avenue
Baltimore 21214

▶ EXALT, LLC

919-473-3429
1703 Montpelier Street
Baltimore 21218

▶ FAMILY TIES ASSISTED LIVING

410-805-4104
4202 Kolb Avenue
Baltimore 21206

▶ FERNHILL ASSISTED LIVING

443-801-3319
4002 Fernhill Avenue
Baltimore 21215

▶ FLORINE M WALKER ASSISTED LIVING

443-726-1075
1027 North Mount Street
Baltimore 21217

▶ FRIENDLY BEST (805)

443-244-2777
805 Beaumont Avenue
Baltimore 21212

▶ FRIENDLY BEST CARE

877-412-1222
801 Beaumont Avenue
Baltimore 21212

▶ FRUITS OF THE SPIRIT CHRISTIAN ASSISTED LIVING, LLC

410-963-4471
25 North Monastery Avenue
Baltimore 21229

▶ GARRISON ESTATES ASSISTED LIVING II, LLC

443-759-8403
2702 Garrison Boulevard
Baltimore 21216

▶ GARRISON ESTATES ASSISTED LIVING, LLC

443-835-4649
2700 Garrison Boulevard
Baltimore 21216

▶ GENERATIONAL GIFTS, LLC

410-367-1790
2300 Elsinore Avenue
Baltimore 21216

▶ GENTAL TOUCH ASSISTED LIVING, LLC

443-794-0499
3609 East Northern Parkway
Baltimore 21206

▶ GENTLE AND CARING HANDS ASSISTED LIVING

443-803-1059
2850 Clifton Avenue
Baltimore 21216

▶ GEORGIE & JETTA LOVING CARE HOME

443-769-7573
720 East 35th Street
Baltimore 21218

▶ GLORY HOUSE ASSISTED LIVING, LLC

732-668-6258
4404 Maine Avenue
Baltimore 21207

▶ GOLDEN HEARTS ASSISTED LIVING

410-953-9160
2542 West Lanvale Street
Baltimore 21216

▶ GOLDEN VIEW ASSISTED LIVING, LLC

410-485-1604
4407 Frankford Avenue
Baltimore 21206

▶ GOOD LIFE ASSISTED LIVING

443-202-3561
3813 Belle Avenue
Baltimore 21215

▶ GRACE & MERCY HOME CARE

443-858-8390
4131 West Forest Park Avenue
Baltimore 21207

▶ GRAMPS ASSISTED LIVING, LLC

443-802-1117
3140 Leeds Street
Baltimore 21229

▶ GRAND OASIS ALF

443-519-5980
1810 Landrake Road
Towson 21204

▶ GREATER GLORY ASSISTED LIVING, LLC

443-917-9623
3414 Menlo Drive
Baltimore 21215

▶ GUARDIAN CARE SERVICES, LLC

443-608-0740
5010 Belair Road
Baltimore 21206

▶ HABAKKUK 2:3 ASSISTED LIVING

443-627-8498
3817 Reisterstown Road
Baltimore 21215

▶ HAMPTON MEADOWS, LLC*

410-825-1743
1412 Providence Road
Towson 21286

▶ HANDS FULL OF LOVE ASSISTED LIVING, LLC

443-960-1313
3916 Pinkney Road
Baltimore 21215

▶ HARPERS HOUSE ASSISTED LIVING

443-226-8161
2406 West Lanvale Street
Baltimore 21216

▶ HAWKIN'S CHRISTIAN CARE HOME

410-947-5003
802 Walnut Avenue
Baltimore 21229

▶ HEART & SOUL ASSISTED LIVING

410-225-3113
706 North Edgewood
Baltimore 21229

▶ HEART 2 HEART ASSISTED LIVING

443-570-7463
627 Greenwood Avenue
Baltimore 21212

▶ HEART 2 HEART RESIDENTIAL SERVICES, LLC

443-616-6207
3411 Olympia Avenue
Baltimore 21215

▶ HEARTFELT CARE PROVIDERS, LLC

443-792-6385
3505 Windsor Mill Road
Baltimore 21216

▶ HEARTFELT CARE PROVIDERS AT WENTWORTH 2

443-348-5127
4413 Wentworth Road
Baltimore 21207

▶ HEAVEN SENT ASSISTED LIVING, LLC

443-835-3237
4411 Frankford Avenue
Baltimore 21206

▶ HEAVENLY GRACE ASSISTED LIVING #2

443-271-0884
3201 Windsor Avenue
Baltimore 21216

▶ HELPFUL HANDS, LLC

410-390-8055
3403 Southern Avenue
Baltimore 21214

▶ HELPING HANDS RESIDENTIAL CARE

443-630-2900
1812 Guilford Avenue
Baltimore 21202

▶ HOLBROCK ESTATES AT 1620 DRUID HILL AVE, LLC

443-708-5056
1620 Druid Hill Avenue
Baltimore 21216

▶ HOLBROCK ESTATES AT 1638 RUXTON AVENUE

202-651-1857
1638 Ruxton Avenue
Baltimore 21217

H

HOUSING - ASSISTED LIVING

▶ **HOLBROCK ESTATES AT 3021 GARRISON BOULEVARD, LLC**
443-708-5056
3021 Garrison Boulevard
Baltimore 21216

▶ **HOME OF TENDER CARE, LLC**
410-448-5685
5315 Norwood Road
Baltimore 21207

▶ **HOMES WITH CARE**
443-844-1496
5213 Windsor Mill Road
Baltimore 21207

▶ **HOMESTYLE, LLC***
410-521-1658
6729 Windsor Mill Road
Gwynn Oak 21207

▶ **HONOR & CHERISH**
410-466-2144
3615 Gwynn Oak Avenue
Baltimore 21207

▶ **HOPE A HOME OFFERS OPPORTUNITY FOR EACH OTHER, INC**
443-204-2290
607 Woodbourne Avenue
Baltimore 21212

▶ **HOUSE OF HELPING HANDS ALF II**
443-310-0047
1800 Ashburton Street
Baltimore 21216

▶ **HOUSE OF HELPING HANDS (ALF), LLC**
443-310-0047
1804 Ashburton Street
Baltimore 21216

▶ **HOUSE OF VICTORY APOSTOLIC HOME CARE**
410-732-3105
3001 Belair Road
Baltimore 21213

▶ **HOWELL'S CARE 1, LLC**
443-762-3211
5809 Highgate Drive
Baltimore 21215

▶ **HOWELL'S CARE**
443-762-3211
3418 Piedmont Avenue
Baltimore 21216

▶ **IMANI HOUSE OF RELIEF**
410-355-1379
1001/1003 East Patapsco Avenue
Baltimore 21225

▶ **INDIA & HEARTS, LLC**
443-629-9697
5303 Sipple Avenue
Baltimore 21206

▶ **INTEGRITY-ESTHER'S**
336-438-1383
2831 Montebello Terrace
Baltimore 21214

▶ **ISAIAH 43:19 ASSISTED LIVING**
410-457-7446
2631 Quantico Avenue
Baltimore 21215

▶ **J.L. CARE ENTERPRISES, LLC***
410-719-8520
601 Aldershot Road
Baltimore 21229

▶ **JOHN 8:12 ASSISTED LIVING**
410-457-7446
2535 Park Heights Terrace
Baltimore 21215

▶ **JONES-WILLIAMS FAMILY CARE**
410-462-1542
3716 Park Heights Avenue
Baltimore 21215

▶ **JOSHUA 14-15 ASSISTED LIVING**
410-457-7446
2533 Park Heights Terrace
Baltimore 21215

▶ **JOSHUA 22-5 ASSISTED LIVING**
410-457-7446
1308 North Linwood Avenue
Baltimore 21213

▶ **JOYOUS LIVING, INC***
443-844-4464
11130 Philadelphia Road
White Marsh 21162

▶ **JOY'S BLESSING**
410-496-2135
4122 Tiverton Road
Randallstown 21133

▶ **JULIE'S MANOR**
443-447-2583
2901 Gibbons Avenue
Baltimore 21214

▶ **K AND R'S ASSISTED LIVING, LLC**
443-310-8586
1660 Roundhill Road
Baltimore 21218

▶ **KARIMA'S PLACE II**
410-233-5500
2431 Arunah Avenue
Baltimore 21216

▶ **LIFESPRING, LLC***
410-744-0934
2200 Pleasant Villa Avenue
Catonsville 21228

▶ **LILLY'S QUALITY CARE**
443-200-5636
5323 Wesley Avenue
Baltimore 21207

▶ **LIVE WELL ASSISTED LIVING SPRINGDALE**
443-869-4004
4212 Springdale Avenue
Baltimore 21207

▶ **LOVING CARE ASSISTED LIVING II**
410-982-6805
4322 Glenmore Avenue
Baltimore 21206

▶ **LOVING CARE ASSISTED LIVING 3**
443-810-5519
3808 Birchview Avenue
Baltimore 21206

▶ **LYLA HAVEN SOUTH**
443-250-5043
925 Bridgeview Road
Baltimore 21225

▶ **MA MAISON I***
410-248-0545
9404 Belair Road
Baltimore 21236

▶ **MA MAISON II***
410-248-0545
9402 Belair Road
Baltimore 21236

▶ **MA MAISON III***
410-248-0545
9412 Belair Road
Nottingham 21236

▶ **MABEL'S HOUSE ASSISTED LIVING**
443-561-7447
4205 Liberty Heights Avenue
Baltimore 21215

▶ **MAGNOLIA MANOR**
410-788-9146
900 South Rolling Road
Catonsville 21228

▶ **MAINE MANOR, LLC**
732-668-6258
4511 Maine Avenue
Baltimore 21207

▶ **MARIE'S COMFORT & CARE II, LLC**
410-292-2090
3925 Maine Avenue
Baltimore 21207

▶ **MARLYN PLACE ALF, LLC**
410-365-1633
951 North Marlyn Avenue
Baltimore 21221

▶ **MARYLAND LIVING**
443-680-7231
4013 Kathland Avenue
Baltimore 21207

▶ **MARYLAND LIVING, INC**
443-680-7231
4610 Springdale Avenue
Baltimore 21207

▶ **MATTHEW 6-14 ASSISTED LIVING**
410-457-7446
1510 North Ellwood Avenue
Baltimore 21213

▶ **MAYFIELD HOUSE***
410-788-9919
123 Fairfield Drive
Catonsville 21228

▶ **MEEKS MANOR ASSISTED LIVING HOME**
443-759-9626
4008 Ridgewood Avenue
Baltimore 21215

▶ **MEGAN'S HOME, LLC**
410-627-0556
1103 North Stricker Street
Baltimore 21217

H

HOUSING - ASSISTED LIVING

► **MEN ON THE MOVE ASSISTED LIVING II**
301-512-0749
2909 Halcyon Avenue
Baltimore 21214

► **MEN ON THE MOVE ASSISTED LIVING**
301-512-0749
1010 Walnut Avenue
Baltimore 21229

► **MILFORD MANOR**
443-873-8841
3623 Milford Avenue
Baltimore 21207

► **MIMIC LOVE ASSISTED LIVING**
443-939-9480
149 South Hilton Street
Baltimore 21229

► **MISSION POSSIBLE 2**
443-908-6443
4012 Springdale Avenue
Baltimore 21207

► **MISSION POSSIBLE**
443-908-6443
3715 Gwynn Oak Avenue
Baltimore 21207

► **MOHAWK MANOR 2**
443-226-0139
5611 Magnolia Avenue
Baltimore 21215

► **MOHAWK MANOR 3**
443-226-0139
3602 Mohawk Avenue
Baltimore 21207

► **MOHAWK MANOR 4**
443-226-0139
4000 Spruce Drive
Baltimore 21215

► **MOHAWK MANOR 5**
443-226-0139
5601 Magnolia Avenue
Baltimore 21215

► **MONTANE MANOR ASSISTED LIVING**
717-814-7512
4111 Springdale Avenue
Baltimore 21207

► **MSC FAMILY CARE**
410-814-3302
4400 Belvue Avenue
Baltimore 21215

► **MUMSEY'S RESIDENTIAL CARE**
410-466-3293
3512 Devonshire Drive
Baltimore 21215

► **MY CARING ASSISTED LIVING**
410-466-4597
4008 Boarman Avenue,
2nd Floor
Baltimore 21215

► **MY CARING HANDS, LLC**
443-739-9922
4707 Renwick Avenue
Baltimore 21206

► **MY HOUSE 2**
410-484-8720
6612 Dalton Drive
Baltimore 21207

► **NA'S PLACE, A HAVEN OF REST, INC***
410-682-3540
1604 Browns Road
Baltimore 21221

► **NATIONAL CULTURAL LIVING, LLC**
443-682-4407
4205 Penhurst Avenue
Baltimore 21215

► **NEW HEIGHTS RESIDENCES**
443-440-2929
4000 Spruce Street
Baltimore 21215

► **NEW HEIGHTS RESIDENCES 1**
443-440-2929
2508 North Calvert Street
Baltimore 21218

► **NEW HEIGHTS RESIDENCES IV**
443-631-3303
3616 Gwynn Oak Avenue
Baltimore 21207

► **NEW HOPE ASSISTED LIVING**
443-768-1736
5502 Seward Avenue
Baltimore 21206

► **NEW HORIZONS ALF**
443-807-9878
2726 Reisterstown Road
Baltimore 21225

► **NEWCASTLE MANOR ASSISTED LIVING, LLC**
410-329-0879
3824 Deckerts Lane
Baltimore 21236

► **NEWTON MANOR ASSISTED LIVING 2, LLC**
443-449-1794
5706 Woodcrest Avenue
Baltimore 21215

► **NEWTON MANOR ASSISTED LIVING**
443-449-1794
4106 Fernhill Avenue
Baltimore 21215

► **NEXT OF KIN ASSISTED LIVING**
410-949-6099
5606 Woodcrest Avenue
Baltimore 21215

► **NORTH OAKS RETIREMENT COMMUNITY**
410-602-0300
725 Mount Wilson Lane
Baltimore 21208

► **OK FAMILY CARE ASSISTED LIVING**
667-210-2461
6650 Belair Road
Baltimore 21206

► **OLIVE LIVING ASSISTED LIVING, LLC**
443-762-0314
4802 Wendel Avenue
Baltimore 21206

► **OPENING HANDS WITH CARE**
410-504-3713
3612 Howard Park Avenue
Baltimore 21207

► **OPTIMUS MANAGEMENT GROUP, LLC**
443-869-4659
5404 Belair Road
Baltimore 21206

► **OUR HELPING HANDS, LLC**
443-759-9015
4410 White Avenue
Baltimore 21206

► **OUR HOUSE IS A HOME**
410-660-1043
1029 Rockhill Avenue
Baltimore 21229

► **OUR LOVING ARMS, LLC**
443-854-3124
2401 Harlem Avenue
Baltimore 21216

► **PALMER HOME CARE FACILITY, INC**
410-542-8511
3820 West Coldspring Lane
Baltimore 21215

► **PASSIONATE ASSISTED LIVING**
410-790-2712
5911 Loch Raven Boulevard
Baltimore 21239

► **PATRIOTIC CARE**
301-343-7382
3643 Reisterstown Road
Baltimore 21215

► **PEACE AND LOVE ASSISTED LIVING CENTER, LLC**
410-800-6545
3913 Fairview Avenue
Baltimore 21216

► **PEACE AND SERENITY ASSISTED LIVING**
410-262-4129
4010 Southern Avenue
Baltimore 21206

► **PENDLETON PLACE**
443-438-3597
3020 Royston Avenue
Baltimore 21214

► **PHIL 4:6-7 ASSISTED LIVING**
410-457-7446
1511 North Ellwood Avenue
Baltimore 21213

► **PHIL 4:13 ASSISTED LIVING**
410-457-7446
3825 Park Heights Avenue
Baltimore 21215

H

HOUSING - ASSISTED LIVING

▶ **PHO ASSISTED LIVING II**

410-225-3790
3125 Gwynns Falls Parkway
Baltimore 21216

▶ **PHO ASSISTED LIVING III**

410-566-2069
1116 North Bentlough Street
Baltimore 21216

▶ **PHOENIX RISING ASSISTED LIVING, INC**

410-444-9992
6511 Rosemont Avenue
Baltimore 21206

▶ **P.J.'S HOUSE OF CARE**

410-466-9022
2909 Woodland Avenue
Baltimore 21215

▶ **PLEASANT CARE 1**

443-708-0759
3210 Harford Road
Baltimore 21218

▶ **PLEASANT GARDEN I**

410-870-0758
409 South Chapelgate Lane
Baltimore 21229

▶ **PLEASANT GARDEN II**

410-870-0758
411 South Chapelgate Lane
Baltimore 21229

▶ **PLEASANT GARDEN-CLOVER**

410-870-0758
5426 Clover Road
Baltimore 21215

▶ **PLEASANT GARDEN-GLENMORE**

410-870-0758
3603 Glenmore Avenue
Baltimore 21206

▶ **PLEASANT GARDEN-PINWOOD**

410-868-7568
3711 Pinewood Avenue
Baltimore 21206

▶ **PRAYER CHANGES EVERYTHING ASSISTED LIVING II**

410-542-0583
4305 Penhurst Avenue
Baltimore 21215

▶ **PRIORITY CARE ASSISTED LIVING**

410-504-4369
4709 Charlton Avenue
Baltimore 21214

▶ **PROCARE HOME HEALTH & ASSISTED LIVING**

443-750-3633
6009 Marluth Avenue
Baltimore 21206

▶ **QUALITY CARE AT BUCKINGHAM MANOR ASSISTED LIVING**

443-898-8152
4012 Buckingham Road
Gwynn Oak 21207

▶ **QUEENSBURY ASSISTED LIVING**

443-866-4389
5028 Queensbury Avenue
Baltimore 21215

▶ **R & R CARES**

571-234-3643
1521 North Bentlough Street
Baltimore 21216

▶ **R AND H ASSISTED LIVING**

410-832-6668
1631 Montpelier Street
Baltimore 21218

▶ **RESCUING HEARTS ASSISTED LIVING FACILITY**

443-941-6063
612 North Grantley Street
Baltimore 21229

▶ **RESCUING HEARTS ASSISTED LIVING FACILITY 2**

443-941-6063
4019 Edmonson Avenue
Baltimore 21229

▶ **RISING SUN ASSISTED LIVING I***

443-271-9541
8419 Allenswood Road
Randallstown 21133

▶ **RISING SUN ASSISTED LIVING II***

443-271-9541
7204 Barlow Court
Windsor Mill 21244

▶ **RISING SUN ASSISTED LIVING III***

443-271-9541
4816 Old Court Road
Randallstown 21133

▶ **ROLLING MEADOWS***

410-788-6612
303 North Rolling Road
Catonsville 21228

▶ **RONNIE'S PLACE, LLC**

443-610-1426
2714 Berwick Avenue
Baltimore 21234

▶ **ROSE MARY'S MANOR, LLC**

443-392-2785
3411 Alto Road
Baltimore 21216

▶ **ROYAL CARE CENTER**

443-369-8908
3424 Park Heights Avenue
Baltimore 21215

▶ **ROYAL HEART ASSISTED LIVING FACILITY**

443-642-9933
3604 White Avenue
Baltimore 21206

▶ **ROYAL STAR ASSISTED LIVING**

267-455-3365
1611 Chilton Street
Baltimore 21218

▶ **RUTH'S COMFORT & CARE ASSISTED LIVING**

410-466-6887
5808 Merville Avenue
Baltimore 21215

▶ **SAREZ ASSISTED LIVING***

443-622-4007
8611 Church Lane
Randallstown 21133

▶ **SECOND GENESIS III**

443-463-0449
3737 Courtleigh Drive
Randallstown 21133

▶ **SEFTON HOME CARE**

410-426-4869
6007 Sefton Avenue
Baltimore 21214

▶ **SENIORITY LIVING**

443-674-3081
3605 Hillsdale Road
Baltimore 21207

▶ **SERENITY GARDEN MANOR CORPORATION**

410-362-8832
2311 Roslyn Avenue
Baltimore 21216

▶ **SERENITY GRACE ASSISTED LIVING**

660-349-7921
6025 Alta Avenue
Baltimore 21206

▶ **SERENITY MANOR AT GWYNN OAK**

443-801-3134
5216 Gwynn Oak Avenue
Baltimore 21207

▶ **SHEILA'S PLACE**

443-762-2603
5813 Eurith Avenue
Baltimore 21206

▶ **SHINING MOON ELDER CARE ALF**

410-337-0520
1310 Dulaney Valley Road
Towson 21286

▶ **SOMEONE ALWAYS WATCHING OVER YOU, LLC**

443-708-7475
5805 Bland Avenue
Baltimore 21215

▶ **ST. CHARLES PLACE, INC**

410-664-2196
5246 Saint Charles Avenue
Baltimore 21215

▶ **ST. PAUL ASSISTED LIVING**

410-812-6161
2128 Saint Paul Street
Baltimore 21218

▶ **STEPH'S SAFE HAVEN**

443-552-8282
1605 Hilton Street
Baltimore 21216

▶ **STUMP'S HOME, INC**

410-367-5513
2301 Oswego Avenue
Baltimore 21215

BALTIMORE CITY ASSISTED LIVING FACILITIES 1-4 RESIDENTS MAP

For additional information, please call **Baltimore City MAP** at **410-396-2273**.

21202

A Family Truly Matters Assisted Living
443-474-4744

Ambiance Care Federal Place, LLC
410-624-7151

Holbrock Estates At The Martin De Porres Center I-XII
800-381-8671
202-320-0501

**Multiple sites in 21202 zip code*

21205

Golden Gatz, LLC
410-522-3519

Holbrock Estates, At
809 N Rose Street
800-381-8671

M & G's Total Tender Loving Care
443-857-3448

Norma's House
410-675-9307

21206

A Home Full Of Joy
443-760-0405

All About You Assisted Living
410-963-5878

Angel XI Assisted Living, Inc
443-955-0333

Butterfly Nest Assisted Living
410-336-5423

C & L Quality Home Care III
410-488-4025

Cozy House Adult Care
410-319-7400

Dee's House Of Care
443-813-3787

Devine Hand, Inc
443-629-1514

Divine Connections Alf
410-873-6520

Dunaway Caring Hearts, LLC
443-760-2965

Friendly Brooke Home Care, LLC
410-905-1646

Hairston Gardens II
410-802-1117

Home Of Serenity Adult Care
410-215-3884

House Of Tic, Inc
443-759-5346

Irene's Manor At Glenarm
667-239-3138

Just Like Home Assisted Living II, LLC
443-616-9784

Keeping People Smiling
443-552-6216

Lacy's Assisted Living
443-956-5465

Loving Care Assisted Living
443-810-5519

Margaret's Manor, LLC
443-708-3717

My Sister's Keeper Assisted Living
443-531-3136

Norma's Place 2, LLC
410-325-3847

Pleasant Care
410-325-8174

The Sabbath Place
443-844-7815

Uhh Wee, We Care, Inc
410-325-7256

21207

Lashae Gloria Home Care
410-370-0705

Mary's Place
443-645-8658

My House Assisted Living Facilities
410-448-1905

Touch Of Love
410-369-6327

We Care Personal Care Agency, LLC
443-858-3033

21212

A Good Life Assisted Living, LLC
443-493-7577

Destiny's Place
443-386-5323

21213

1 Stop Assisted Living 3
443-762-2603

1 Stop Assisted Living 7
443-629-2526

Aim to Inspire Assisted Living, LLC
443-360-2632

Ambiance Care Federal Place A, LLC
410-336-5094

Angelic Care Assisted Living, LLC
410-325-1009

Caring For You Assisted Living IV
443-857-6731

Caring For You II Alf
410-401-0341

Caring For You III Assisted Living
443-857-6731

Catherine's Caring Assisted Living
443-248-5757

Charlie's Angels Assisted Living
410-276-0956

Deskey Assisted Living
410-530-4419

Diddy's Place, LLC
443-992-9674

Family Always Matters
443-902-5394

Harriet's Love & Care, LLC
410-675-0372

Heart Of Angels
443-768-5330

House of Victory Home Care III
917-881-2253

Just Like Home Al II, LLC
443-616-9784

Latisha Thompson Assisted Living Care, LLC
443-230-6319

BALTIMORE CITY ASSISTED LIVING FACILITIES 1-4 RESIDENTS MAP

For additional information, please call **Baltimore City MAP** at **410-396-2273**.

Leblanc's Assisted Living
443-600-1236

Loving And Caring Assisted Living Home, LLC
443-552-8709

Mary's Helping Hand, LLC
410-303-8291

Mccaskill's Assisted Living II
410-485-9977

My Daughter's Place
443-913-5119

Precious Heart Assisted Living
856-372-0977

Rsmda Comfort Assisted Living, LLC
470-385-1678

Strength To Love Assisted Living, LLC
667-930-3625

Sweet P's Joyceful
443-680-8644

The Gale House Gifted Assisted Living Environment
443-552-1932

Treasure Loved Ones Home Care, LLC
443-559-2150

Your Care Assisted Living, LLC
443-467-0824

21214

Be U Care
443-621-6964

Blue Shield Assisted Living, LLC
301-613-3912

Cozy House Adult Care II
410-319-7400

Grant Wishes Assisted Living, LLC
410-960-8654

Justin's Assisted Living
410-804-7024

Mom's & Pop's Place
410-997-0218

Romaine's Paradise Assisted Living
410-240-8269

Sweet P's Joyceful Assisted Living 3
443-680-8644

The Waltherville, LLC
410-426-6000

Treasure Care II
443-966-4300

21215

A Touch of Class III
410-664-2904

Abundance Of Love
240-329-7714

Adal, Inc
336-655-2667

All In The Family
443-204-2290

Ella's Serenity Assisted Living
305-942-6458

Family Matters, LLC
443-768-3108

Hands of Harmony Home Care 2
443-762-8264

Harmony House I
410-664-8034

Harrison's Home Care
410-952-9521

Jasmine's Caring Hands, LLC
443-723-4498

Keemer Kare
410-504-9601

Kind Heart Assisted Living, LLC
443-850-8601

Mumsey's Assisted Living Facility
410-655-1555

Ncc Assisted Living
410-361-0174

21216

A Ray Of Light
410-493-6133

Ahad, LLC
443-220-8393

Charles Jr. House
410-664-3359

Donnie's Place, LLC
443-790-1601

Home At Last, LLC
410-970-1025

Hoppe House
443-447-5184

House Of Hearts Care, LLC
301-379-9245

House Of Loving Hands, Inc
410-945-1594

Jmb Assisted Living
410-967-7938

Key To Heart Al
443-226-6902

**Multiple sites in 21216 zip code*

Life's New Beginnings Assisted Living
443-455-2518

Lovin' Arms Assisted Living
410-501-9013

Loving Hands And Heart Assisted Living, LLC
443-801-1894

Passionate Pursuits Assisted Living, LLC
410-466-2356

Pristine Assisted Living
443-240-1494

Pur Elements, Inc
443-804-5867

Rose's Of Life
410-601-0150

Skinner's Place, LLC
410-905-1226

St Clares Home, LLC
443-827-5268

Tender Care
443-271-9285

Up And About Care, LLC
443-915-4313

We Care Home Care
443-278-5241

21217

1 Stop Assisted Living 4
443-629-2526

Ambiance Care Investment Group Park Ave 200, LLC
443-722-9781

CA Assisted Living Home
410-977-5743

Comfort Living Homes, Inc
240-505-6980

Continued on next page.

BALTIMORE CITY ASSISTED LIVING FACILITIES 1-4 RESIDENTS MAP

For additional information, please call **Baltimore City MAP** at **410-396-2273**.

Judy's Place Assisted Living, LLC
410-967-3034

Loretta's Place, LLC
443-473-9773

Reservoir Manor
443-977-1350

Sugar Momma's Assisted Living, LLC
443-756-8206

Total Life Changes Assisted Living
443-839-8041

21218

A Step From Home
443-414-2503

Better Days Ahead Assisted Living, LLC
443-977-5934

Comfort Zone Assisted Living, LLC
410-814-2855

Easter Adult Care, Inc
443-463-7717

Everyone Cares Assisted Living Facility #1 - #2, LLC
443-204-2290

**Multiple sites in 21218 zip code*

Guilford Manor Assisted Living, LLC
443-682-9698

Hanson Home Care II
410-235-4247

Integrity Living, LLC
410-878-1735

Kimease Respite House
443-630-7652

Kinfolk Assisted Living
410-243-3076

Optimum Care Homes, LLC
443-710-1994

Sheila's Place Assisted Living 2
443-762-2603

The Purpose House
443-310-8579

Treasure Care, LLC
443-966-4300

21223

Autumn's House, LLC
443-602-7796

Just Like Home Assisted Living
410-800-9957

Love & Faith Home Care
443-802-0991

21225

Divine Care Assisted Living, LLC
443-869-5419

Jasmine's Caring Hands, LLC
443-723-4498

Mumsey's Assisted Living Facility
410-655-1555

21229

Angels Without Wings Assisted Living, LLC
410-371-4301

Cozy Cove Home Care, LLC
410-500-4591

Elaine's Home 2
443-378-9079

Elle Home Haven, LLC
443-786-0568

Gneale Home Care, LLC
443-570-1808

He Ain't Heavy Assisted Living Facility, LLC
410-258-7632

Lily Ridge Assisted Living
443-835-3142

Linz Assisted Living
410-566-4969

Miracles Assisted Living
443-730-3003

My Second Home II
410-362-6409

Nu Direction Assisted Living
410-961-9019

The Edna W. Cox Tranquil Pathway House
410-947-5755

The Scotlands
410-644-0203

Unity House Assisted Living, Inc
443-708-3462

21230

Family First Assisted Living, LLC
443-468-1006

21231

Holley's Haven Assisted Living Facility, LLC
443-633-1768

21234

Assured Living
240-428-0166

Bea's Beautiful Blessing 4
667-312-2900

Hawkins House
410-426-4985

Zoe Life Assisted Living
410-660-8009

21239

Burriss Home Care
410-409-5772

C & L Quality Home Care II
410-296-8793

For Those Who Serve LLC
410-236-1875

Golden Age Inn Assisted Living
410-464-0796

Harmony's House Assisted Living, Inc
443-703-6625

Jenny's Home Care II
443-630-8589

Klw Assisted Living
410-292-3383

Mackey Blessed Hands
443-763-0573

Peachtree Manor Assisted Living
410-433-3622

Pinkett's Assisted Living, LLC
410-233-5231

Sara's Christian Home
410-433-8323

T & J Home Health Care Services, Inc 2
443-449-6494

**BALTIMORE CITY
ASSISTED LIVING
FACILITIES
1-4 RESIDENTS MAP**

For additional information, please call
Baltimore City MAP at 410-396-2273.

**Tender Touch
Assisted Living**
443-438-6099

**Utopia's Touch
Assisted Living, LLC**
917-257-8940

** List created based on
the Office of Health Care Quality (OHCQ)
– September 2022 report.*

**For A Complete List Of
Assisted Living Facilities,
Please Contact**

**The Maryland Department Of Health
– Office Of Health Care Quality (OHCQ)**

410-402-8015, 887-402-8218

Or 800-735-2258 (TTY)

www.health.maryland.gov/ohcq



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PREMIER
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Placement
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Helping you **Navigate** the **BEST OPTIONS**
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- PT, OT, Speech - 7 Days A Week
- IV Therapy
- Joint Replacement/ Orthopedic Care
- Restorative Care, Wound Care, Colostomy Care
- Podiatry Care



Find a Facility Near You: www.autumnlakehealthcare.com

Autumn Lake Healthcare affiliated and licensed centers are each independently owned and operated. Autumn Lake Healthcare provides administrative and business support to its affiliated and licensed centers. Autumn Lake Healthcare is neither the owner nor operator of any licensed center or company.



The LIGHT Intake & Assessment Unit provides a one-stop shop to access the services of Baltimore Housing and Community Development’s Division of Homeownership & Housing Preservation. You can apply for any of the three grant and loan programs listed below with a single LIGHT Pre-Application. When you do, you’ll be screened for more than sixty other programs and benefits offered by public and nonprofit agencies. Then, a LIGHT case manager will help connect you to and coordinate the services for which you are eligible, and which match your needs.

Service Eligibility Requirements

Weatherization

Energy-efficient improvements that lower utility bills and make homes safer and more comfortable.

- Attic insulation
- Caulking/air sealing
- Weather stripping doors/windows
- Heating system tune-up/repair
- Pipe and hot water heater wraps
- Compact fluorescent light bulbs

| Household Size | Annual Income |
|----------------|---------------|
| 1 | \$25,520 |
| 2 | \$34,480 |
| 3 | \$43,440 |
| 4 | \$52,400 |
| 5 | \$61,360 |
| 6 | \$70,320 |
| 7 | \$79,280 |
| 8 | \$88,240 |

Lead Hazard Reduction

Lead remediation for eligible owner – and tenant – occupied properties. Household must include a pregnant woman or child under age 6.

- Door and window treatment and replacement
- Floor treatment
- Paint removal, stabilization and repainting
- Heating system tune-up/repair
- Other measures to reduce the risk of lead paint

| Household Size | Annual Income |
|----------------|---------------|
| 1 | \$54,950 |
| 2 | \$62,800 |
| 3 | \$70,650 |
| 4 | \$78,500 |
| 5 | \$84,800 |
| 6 | \$91,100 |
| 7 | \$98,750 |
| 8 | \$111,850 |

Housing Rehabilitation

Repairs that address emergencies, code violations, and health and safety issues for owner-occupied properties.

- Roof repair
- Water and sewer line repair
- Furnace replacement
- Electrical repair
- Disability accessibility
- Plumbing repair

| Household Size | Annual Income |
|----------------|---------------|
| 1 | \$54,950 |
| 2 | \$62,800 |
| 3 | \$70,650 |
| 4 | \$78,500 |
| 5 | \$84,800 |
| 6 | \$91,100 |
| 7 | \$98,750 |
| 8 | \$111,850 |

For an application or questions please contact the LIGHT Intake & Assessment Unit at
410-396-3023 <https://dhcd.baltimorecity.gov/hho/light>

BUY A HOME IN BALTIMORE CITY!



The Baltimore Home Ownership Incentive Program is specifically tailored for Baltimore City homebuyers, from Vacants to Value Booster to Live Near Your Work to Buying Into Baltimore, there's an incentive for everyone. What's also nice about B-HiP is that eligible homebuyers can layer incentive programs.

Now that's something to get excited about!

HERE ARE THE DETAILS:

V2V \$10,000 HOMEOWNERSHIP PROGRAM

Eligible homebuyers can get \$10,000 toward closing costs for the purchase of a formerly vacant home. Home must have had a vacant building notice for at least one year prior to rehabilitation. In addition, Seller must provide a Use and Occupancy Certificate before settlement.
Email: Tanika.Owens@baltimorecity.gov

BUYING INTO BALTIMORE PROGRAM

The Buying into Baltimore incentive has been increased from \$4,000 to \$5,000. LiveBaltimore conducts 4 Buy Into Baltimore tours each year distributing 25 loans per event. The number of incentives awarded has been increased to 100 per year. Visit: www.LiveBaltimore.com
Email: Michael.Guye@baltimorecity.gov

LIVE NEAR YOUR WORK (LNYW)

The City of Baltimore matches employers' contributions between \$1,000 and \$2,500, for total incentives of \$2,000-\$5,000 depending on the employer.
Email: Daibeth.Saunders@baltimorecity.gov

COMMUNITY DEVELOPMENT BLOCK GRANT

For first-time home buyers with total family income at or below 80% of the area median income, \$5,000 in down payment and closing cost assistance is available.
Email: Brenda.Winston@baltimorecity.gov

BALTIMORE CITY EMPLOYEE HOMEOWNERSHIP PROGRAM

\$5,000 incentive for City employees who have been employed for at least six months.
Email: Tanika.Owens@baltimorecity.gov

For more information about B-HiP, call 410-396-3124 or visit vacantstovalue.org or LiveBaltimore.com.



H

HOUSING - ASSISTED LIVING



► **SUMMIT VIEW ASSISTED LIVING, LLC**
410-292-8718
2409 Roslyn Avenue
Baltimore 21216

► **SUNSHINE HOMES ASSISTED LIVING**
667-239-3113
4500 White Oak Avenue
Baltimore 21215

► **SUNSHYNE HOMES ASSISTED LIVING, LLC**
410-617-8942
5256 Cordelia Avenue
Baltimore 21215

► **SUPERIOR ASSISTED LIVING, LLC**
443-468-2101
4134 Forest Park Avenue
Gwynn Oak 21207

► **SWEET REST AND CARE II**
410-669-7200
3010 Clifton Avenue
Baltimore 21216

► **T&F ASSISTANT LIVING**
410-682-6987
880 West Lombard Street
Baltimore 21201

► **T&T ASSISTED LIVING II**
443-794-2253
4310 Belvieu Avenue
Baltimore 21215

► **T&T ASSISTED LIVING**
410-466-2551
4309 Belvieu Avenue
Baltimore 21215

► **TAMARA LOVING CARE, LLC**
410-435-8549
1305 Sherwood Avenue
Baltimore 21239

► **TAYLOR & JACKIE ASSISTED LIVING II**
443-449-7024
3503 Hamilton Avenue
Baltimore 21214

► **TAYLOR & JACKIE ALF IV**
443-438-5486
509 Walker Avenue
Baltimore 21212

► **TAYLOR & JACKIE ASSISTED LIVING, LLC**
443-983-1506
3414 Devonshire Drive
Baltimore 21215

► **TAYLOR & JACKIE, LLC, ALF**
443-983-1506
6910 Fieldcrest Road
Baltimore 21215

► **TAYLOR CARE II**
443-676-5999
4115 Penhurst Avenue
Baltimore 21215

► **TAYLOR CARE III**
443-676-5999
4208 Penhurst Avenue
Baltimore 21215

► **TAYLOR CARE IV**
443-676-5999
4113 Penhurst Avenue
Baltimore 21215

► **TAYLOR CARE VI**
443-676-5999
3405 Rosedale Road
Baltimore 21215

► **TAYLOR CARE, LLC**
443-676-5999
4119 Penhurst Avenue
Baltimore 21215

► **TAYLOR GARDENS SENIOR LIVING**
443-768-3696
3813 West Coldspring Lane
Baltimore 21215

► **TENDER LOVE & CARE**
410-254-5948
1629 East 31st Street
Baltimore 21218

► **THE GALE HOUSE II**
410-210-4567
1311 North Luzerne Avenue
Baltimore 21213

► **THE MAPLEBROOK HOME**
410-922-4646
8912 Maplebrook Road
Randallstown 21133

► **THE MILLENNIUM ASSISTED LIVING, LLC**
410-323-4632
1419 Kitmore Road
Baltimore 21239

► **THE MOHAWK ESTATE, LLC**
443-348-5235
2814 Mohawk Avenue
Baltimore 21202

► **THE WATERFALLS OF CATONSVILLE, LLC**
321-205-7268
305 North Rolling Road
Catonsville 21228

► **TOP CARE ASSISTED LIVING**
443-469-6822
608 Allendale Street
Baltimore 21229

► **TRINITY ARMS ASSISTED LIVING II**
301-905-7578
2800 Mosher Street
Baltimore 21216

► **TRINITY ARMS ASSISTED LIVING**
443-708-1280
4122 Duvall Avenue
Baltimore 21216

► **TRINITY HOME CARE & ASSISTED LIVING, LLC**
443-869-5183
1004 Beaumont Avenue
Baltimore 21212

► **TRUSTED HOME CARE 1, LLC**
410-944-4640
6205 Norvo Road
Baltimore 21207

► **TYRELL'S HOUSING, LLP**
410-701-7702
3425 Chapman Road
Randallstown 21133

► **ULTIMATE CARE ASSISTED LIVING**
240-353-9509
5005 Sipple Avenue
Baltimore 21206

► **UNITED FAMILY ASSISTED LIVING I**
443-414-9092
3919 Innerdale Court
Randallstown 21133

► **VICTORY ASSISTED LIVING, LLC**
443-794-0499
9112 Cowenton Avenue
Perry Hall 21128

► **VICTORY II ASSISTED LIVING, LLC**
443-794-0499
9402 Belair Road
Baltimore 21236

► **VICTORY III ASSISTED LIVING, LLC**
443-794-0499
9412 Belair Road
Baltimore 21236

► **VISION CARE ASSISTED LIVING**
410-945-9510
2127 Mount Holly Street
Baltimore 21216

► **VISION OF GLORY**
443-869-5662
2235 Brookfield Avenue
Baltimore 21217

► **VORIZEN ASSISTED LIVING II**
410-580-1309
825 Milford Mill Road
Pikesville 21208

► **WASHINGTON'S NEST**
410-254-6407
3006 Beverly Road
Baltimore 21214

► **WE CARE FIRST, LLC**
443-846-2031
2902 Bayonne Avenue
Baltimore 21214

H

HOUSING - ASSISTED LIVING

▶ **WESTFIELD ASSISTED LIVING AT HILLENDALE**

443-622-7576
1005 Sayward Avenue
Parkville 21234

▶ **WEST WAY ASSISTED LIVING**

443-220-7193
5252 Saint Charles Avenue
Baltimore 21215

▶ **WOODHOLME MANOR, LLC***

410-415-5873
101 Woodholme Avenue
Pikesville 21208

▶ **WYLIE ASSISTED LIVING**

410-555-5555
3027 Wylie Avenue
Baltimore 21215

▶ **YELLOW DOOR ASSISTED LIVING, LLC**

443-299-8494
3009 Bayonne Avenue
Baltimore 21214

HOUSING - ASSISTED LIVING - 16+ RESIDENTS

See Memory Care and Respite Care Services.

This category provides housing options for frail adults in facilities with 16 or more individuals. These facilities receive regular monitoring by state and local government agencies. See RETIREMENT COMMUNITIES for additional Assisted Living programs. Some facilities specialize in caring for residents with Alzheimer's disease or memory impairment. Information below was obtained from the Office of Healthcare Quality (OHCQ). Please contact the facility for additional information.

▶ **AFFLUENT LIVING ADULT CARE III**

410-365-6629
4500 Garrison Boulevard
Baltimore 21215

▶ **ALL SETTLED INN, INC**

410-367-1842
4301 Belvieu Avenue
Baltimore 21215

▶ **ARDEN COURTS OF PIKEVILLE**

410-415-5600
8909 Reisterstown Road
Pikesville 21208

▶ **ARDEN COURTS OF TOWSON**

410-847-9400
8101 Bellona Avenue
Towson 21204

▶ **ATRIUM VILLAGE**

410-363-0330
4730 Atrium Court
Owings Mills 21117

▶ **AUGSBURG LUTHERAN HOME MARYLAND**

410-486-4573
6811 Campfield Road
Baltimore 21207

▶ **AVENTURA AT THE HEIGHTS**

410-318-8000
7218 Park Heights Avenue
Pikesville 21208

▶ **AVENTURA AT THE PARK**

410-664-0100
5829-5833 Park Heights Avenue
Baltimore 21215

▶ **BEST CARE ASSISTED LIVING, LLC, SITE 64**

410-596-5863
64 Main Street
Reisterstown 21136

▶ **BLAKEHURST RETIREMENT COMMUNITY**

410-296-2900
1055 West Joppa Road
Towson 21204

When it comes to memory care
**EXPERIENCE MAKES
A DIFFERENCE**



*Images taken prior to mask requirement.

For over 25 years, Arden Courts has cared for individuals living with many different types of dementia.

Visit Arden Courts today to see why our experience makes a difference.

8101 Bellona Avenue
Towson, MD 21204

410-847-9400

8909 Reisterstown Road
Pikesville, MD 21208

410-415-5600

Arden Courts. Often imitated, never duplicated.

arden-courts.org



*Images taken prior to mask requirement.
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ARDEN COURTS
PROMEDICA MEMORY CARE

H

HOUSING - ASSISTED LIVING

► BRIGHTVIEW CATONSVILLE

410-788-5001
912 South Rolling Road
Catonsville 21228

► BRIGHTVIEW MAYS CHAPEL RIDGE

410-628-2100
12261 Roundwood Road
Lutherville-Timonium 21093

► BRIGHTVIEW PERRY HALL

410-529-1903
9657 Belair Road
Nottingham 21236

► BRIGHTVIEW ROLLING HILLS

443-840-9154
848 South Rolling Road
Catonsville 21228

► BRIGHTVIEW TOWSON

410-296-3320
20 East Burke Avenue
Baltimore 21286

► BRIGHTVIEW WHITE MARSH

410-668-1588
8100 Rossville Boulevard
Baltimore 21236

► BROADMEAD, INC

443-578-8020
13801 York Road
Cockeysville 21030

► BROOKDALE PIKESVILLE

410-580-0892
1840 Reisterstown Road
Pikesville 21208

► CARITAS HOUSE ASSISTED LIVING

410-646-6600
3308 Benson Avenue
Baltimore 21227

► CHARIS HOME ASSISTED LIVING, LLC

410-917-2692
3333 Windsor Avenue
Baltimore 21216

► CHARLESTOWN COMMUNITY, INC

410-737-8838
709/721 Maiden Choice Lane
Catonsville 21228

► CHARLOTTE HALL VETERANS HOME

301-884-8171
www.charhall.org
29449 Charlotte Hall Road
Charlotte Hall 20622
168 units, Level 3
Income based assisted living,
LTC nursing, rehabilitation and
memory care.

► COLLEGE MANOR, INC

410-252-0440
300 West Seminary Avenue
Lutherville 21093

► COMMONWEALTH SENIOR LIVING OF COCKEYSVILLE 1

410-683-2400
10881 York Road
Cockeysville 21030

► COMMONWEALTH SENIOR LIVING OF COCKEYSVILLE 2

410-683-2400
10883 York Road
Cockeysville 21030

► EDENWALD SENIOR LIVING

410-339-6000
800 Southerly Road
Towson 21286

► GLEN MEADOWS RETIREMENT COMMUNITY

410-319-5033
11630 Glen Arm Road
Glen Arm 21057

► GLYNN TAFF, INC

410-744-4977
5741 Edmondson Avenue
Catonsville 21228

► INTEGRITY-ESTHER'S

410-254-1010
2802 Pinewood Avenue
Baltimore 21214

► INTEGRITY-ESTHER'S

336-438-1383
2901 East Strathmore Avenue
Baltimore 21214

► INTEGRITY-ESTHER'S PLACE, LLC

336-438-1383
2626 Harford Road
Baltimore 21218

► INSPIRATIONS MEMORY CARE OF LUTHERVILLE I

717-458-3396
1414 Front Avenue
Lutherville 21093

► INSPIRATIONS MEMORY CARE OF LUTHERVILLE II

717-458-3396
1420 Front Avenue
Lutherville 21093

► LIGHTHOUSE SENIOR LIVING AT HOPKINS CREEK

410-918-0400
1813 Old Eastern Avenue
Baltimore 21221

► MARYLAND MASONIC HOMES

410-764-2771
300 International Circle
Cockeysville 21030

► MORNINGSIDE HOUSE OF SATYR HILL

410-882-0700
8800 Old Harford Road
Parkville 21234

► NEW GLENMORE

667-212-3290
3523 Glenmore Avenue
Baltimore 21206

► NEW HEIGHTS RESIDENCES III

443-631-3303
3608 Rogers Avenue
Baltimore 21215

► NEW LIFE HEALTHY LIVING, LLC

410-944-1002
7600 Clays Lane
Windsor Mill 21244

► OAK CREST VILLAGE, INC

410-657-3599
8830 Walther Boulevard
Parkville 21234

► PARADISE ASSISTED LIVING, LLC

410-744-8433
6348 Frederick Road
Catonsville 21228

► PICKERSGILL RETIREMENT COMMUNITY

410-825-7423
615 Chestnut Avenue
Towson 21204

► ROLAND PARK PLACE, INC

410-243-5800
830 West 40th Street
Baltimore 21211

► ROSEMARIE MANOR-ASHBURTON*

410-664-7800
3809 Belle Avenue
Baltimore 21215

► ROSEMARIE MANOR-LONGWOOD

410-493-2642
3333 Alto Road
Baltimore 21216

► SAINT MARTIN'S HOME

410-744-9367
601 Maiden Choice Lane
Catonsville 21228

► SERENITY MANOR, INC

410-728-3737
1802 Eutaw Place
Baltimore 21217

► SPRINGHOUSE OF PIKESVILLE

410-486-5500
8911 Reisterstown Road
Pikesville 21208

► SPRINGWELL SENIOR LIVING

410-664-4006
www.springwellseniorliving.com
2211 West Rogers Avenue
Baltimore 21209
151 units, Level 3
Vibrant community offering
assisted living, memory care
and independent living.

H

HOUSING - ASSISTED LIVING - RETIREMENT COMMUNITIES

▶ **ST. STEPHEN'S GREEN AT MERCY RIDGE**
410-561-0200
www.mercyridge.com
2525 Pot Spring Road
Timonium 21093
47 units, Level 3
Maintain your independence by choosing the right assisted living community.

▶ **STERLING CARE ASSISTED LIVING**
410-318-8999
3617 Seven Mile Lane
Baltimore 21208

▶ **SUNRISE OF PIKESVILLE**
410-602-0033
3800 Old Court Road
Pikesville 21208

▶ **SYMPHONY MANOR PREMIER ASSISTED LIVING AND MEMORY**
410-235-4301
4301 Roland Avenue
Baltimore 21210

▶ **THE COTTAGES OF PERRY HALL 9900**
410-529-9400
9900 Walther Boulevard
Baltimore 21234

▶ **THE COTTAGES OF PERRY HALL 9902**
410-529-9400
9902 Walther Boulevard
Baltimore 21234

▶ **THE COTTAGES OF PERRY HALL 9904**
410-529-9400
9904 Walther Boulevard
Baltimore 21234

▶ **THE COTTAGES OF PERRY HALL 9906**
410-529-9400
9906 Walther Boulevard
Baltimore 21234

▶ **THE MAPLES OF TOWSON**
410-269-8900
7925 York Road
Towson 21204



▶ **VICTORIAN INN ASSISTED LIVING OF PARKVILLE**
410-444-0031
3216 Taylor Avenue
Baltimore 21234

▶ **WOODHOLME GARDENS ASSISTED LIVING AND MEMORY CARE**
410-580-1400
1700 Woodholme Avenue
Pikesville 21208

▶ **WOODLANDS ASSISTED LIVING COMMUNITY**
707-687-1919
1320 Windlass Drive
Middle River 21220

SENIOR HOUSING - RETIREMENT COMMUNITIES

There are many types of communities dedicated to older residents. Age and criteria may vary.

CONTINUING CARE RETIREMENT COMMUNITIES (CCRC)

Provides access to total care from independent living through assisted living and nursing home care. An up-front fee, plus a monthly fee is usually required. Contract options vary.

▶ **BLAKEHURST**
410-296-2900
1055 West Joppa Road
Towson 21204

Everything You Need for a Vibrant Retirement

Charlestown® and Oak Crest® are Baltimore County's premier senior living communities for active, maintenance-free living with peace of mind.

Get your FREE brochure!

Call **1-800-917-2382** or visit **SeniorLivingMaryland.com**.



CHARLESTOWN
OAK CREST



H

HOUSING - RETIREMENT COMMUNITIES - OTHER HOUSING OPTIONS

► BROADMEAD

410-527-1900
13801 York Road
Cockeysville 21030

► CHARLESTOWN

410-737-8830
715 Maiden Choice Lane
Catonsville 21228

► EDENWALD

410-823-1349
800 Southerly Road
Towson 21286

► GLEN MEADOWS RETIREMENT COMMUNITY

410-592-5310
11630 Glen Arm Road
Glen Arm 21057

► MARYLAND MASONIC HOMES

410-527-1111
300 International Circle
Cockeysville 21030

► MERCY RIDGE

410-561-0200
2525 Pot Spring Road
Timonium 21093

► NORTH OAKS SENIOR LIVING COMMUNITY

410-486-9090
725 Mount Wilson Lane
Baltimore 21208

► OAK CREST VILLAGE

410-665-1000
8800 Walther Boulevard
Parkville 21234

► PICKERSGILL RETIREMENT COMMUNITY

410-825-7423
615 Chestnut Avenue
Towson 21204

► ROLAND PARK PLACE

410-243-5800
830 West 40th Street
Baltimore 21211

► THE VILLAGE AT AUGSBURG

410-486-4573
6811 Campfield Road
Baltimore 21207

SENIOR HOUSING RETIREMENT COMMUNITIES

Provides meals and limited services to keep residents living independently. Assisted living units are also available. There is a one-time application fee and a yearly rental lease.

► ATRIUM VILLAGE

410-363-0330
4730 Atrium Court
Owings Mills 21117

► BRIGHTVIEW MAYS CHAPEL RIDGE

410-628-2100
12261 Roundwood Road
Timonium 21093

► SPRINGWELL SENIOR LIVING

410-664-4006
www.springwellseniorliving.com
2211 West Rogers Avenue
Baltimore 21209
Vibrant community offering assisted living, memory care and independent living.

OTHER HOUSING OPTIONS

See Financial Counseling, Financial Resources, Home Repairs, Modifications and Assistance and Reverse Mortgages.

► ACCESSIBLE HOMES FOR SENIORS

301-429-7821
800-638-7781
www.dhcd.maryland.gov/residents/pages/ahsp/default.aspx
A 30-year deferred interest-free loan to finance accessibility improvements.

► BALTIMORE CITY HOUSING AUTHORITY

443-984-2222
www.habc.org
Rental assistance programs for eligible low-income persons.

► BALTIMORE COUNTY OFFICE OF HOUSING

410-887-2766
www.baltimorecountymd.gov/departments/housing/index.html
6401 York Road
Baltimore 21212
Rental assistance programs for eligible low-income persons.

► CATHOLIC CHARITIES SENIOR COMMUNITIES

667-600-2280
Affordable apartment communities for older adults.

► CHAI: COMPREHENSIVE HOUSING ASSISTANCE, INC

410-500-5300
Housing and community development agency of The Associated.

► DEPARTMENT OF SOCIAL SERVICES

Adult Foster Care Baltimore County
410-853-3511
Adult Services Baltimore City
410-361-5000
Services to older adults and/or persons with disabilities who do not require nursing home care and cannot live independently. Subsidies may be available.

► DEPARTMENT OF SOCIAL SERVICES, PROJECT HOME

410-853-3511 (County)
410-361-5000 (City)
Supervised residential services for adults with chronic mental illness, persons with disabilities and frail older adults.

► GREATER BALTIMORE COMMUNITY HOUSING RESOURCE BOARD, INC

410-929-6533
www.gbchrb.org
Provides Fair Housing education, training, and advocacy in Maryland, as well as "Choosing Housing: A Self Help Guide."

► MARYLAND DEPARTMENT OF HOUSING AND COMMUNITY DEVELOPMENT

301-429-7400
800-756-0119
www.dhcd.maryland.gov
Administers "Bridge to Hope" and other programs to assist in the prevention of mortgage foreclosures. Free counseling on housing issues.

► MARYLAND DEPARTMENT OF HOUSING AND COMMUNITY DEVELOPMENT, HOME ABILITY

<https://www.mmp.maryland.gov/pages/homeability>
301-429-7852
Low-interest rate mortgages to eligible homebuyers with disabilities.

► MARYLAND HEALTH CARE COMMISSION

410-764-3460
www.mhcc.maryland.gov (Click Consumers)
Reviews and compares nursing homes, assisted living facilities with ten or more beds, health plans and hospitals.

► MARYLAND HOUSING SEARCH

www.mdhousingsearch.org
Lists rental units with vacancies and other information.

► MY SISTER'S PLACE WOMEN'S CENTER

667-600-3700
Shelter information, education and life skills training, case management, financial assistance and food service.

► NORTHWEST NEIGHBORS CONNECTING

410-500-5334
Provides community support.

► ST. AMBROSE HOMESHARING

410-366-6180
Housing for home providers and home seekers.

H - I

HOUSING - OTHER HOUSING OPTIONS - INFORMATION AND REFERRAL SERVICES

► **U. S. DEPARTMENT OF HOUSING AND URBAN DEVELOPMENT (HUD)**
410-962-2520
<https://hud.gov/maryland>
Provides information on public housing, HUD homes, rental assistance, homeless assistance, FHA loans, Fair Housing and foreclosure prevention.

IDENTIFICATION PROGRAMS

See Medical Alert Systems.

► **MEDICALERT®**
888-572-8566
Identification bracelet or pendant containing medical history for use by emergency personnel.

► **MEDICALERT® + SAFE RETURN**
888-572-8566
Identification bracelet or pendant to be worn by memory-impaired individuals who may wander.

IMMIGRANT AND REFUGEE SERVICES

► **ADELANTE FAMILIA**
410-732-2176
Community outreach to prevent domestic violence and provide intervention services for Spanish-speaking residents.

► **BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES, LANGUAGE INTERPRETER SERVICE**
410-396-2273



► **BALTIMORE CITY PUBLIC LIBRARIES -CENTRAL**
410-396-5430
www.prattlibrary.org
Library locations containing Spanish and Russian materials.

► **BALTIMORE COUNTY DEPARTMENT OF AGING, LANGUAGE INTERPRETER SERVICE**
410-887-2594
Maryland Access Point of Baltimore County utilizes a telephone language interpreter service for up to 140 different languages.

► **BALTIMORE COUNTY PUBLIC LIBRARY**
(See also Libraries)
www.bcpl.info
Books available in Spanish, Russian and Korean at designated libraries.

► **BALTIMORE IMMIGRATION LEGAL CLINIC, WORLD RELIEF**
410-244-0002
Legal consultation provided in Spanish and English for immigration matters.

► **CASA DE MARYLAND: BALTIMORE WORKERS RIGHTS CENTER**
410-732-2694

► **CATHOLIC CHARITIES IMMIGRATION LEGAL SERVICES AT THE ESPERANZA CENTER**
667-600-2922
Assists with immigration and naturalization issues, legal services, health care, employment, English and citizenship classes.

► **COMMUNITY COLLEGE OF BALTIMORE COUNTY, CONTINUING EDUCATION, ENGLISH AS A SECOND LANGUAGE**
443-840-3748
ESOL classes at various County locations.

► **GOVERNOR'S COMMISSION ON ASIAN/PACIFIC AMERICAN/SOUTH ASIA AFFAIRS**
410-697-9276
Information and referral for Asian and Pacific refugees and immigrants.

► **GOVERNOR'S COMMISSION ON HISPANIC AFFAIRS**
410-697-9277
Information and referral for Hispanic immigrants.

► **LUTHERAN SOCIAL SERVICE, REFUGEE & IMMIGRATION SERVICES**
410-230-2700

► **MARYLAND OFFICE FOR REFUGEES AND ASYLEES (MORA)**
410-327-1885
Assists refugees in resettlement.

► **MARYLAND PUBLIC JUSTICE CENTER**
410-625-9409

► **U.S. CITIZENSHIP AND IMMIGRATION SERVICES (CIS)**
800-375-5283
www.uscis.gov
Immigration information, forms and procedures for citizenship.

► **UNIVERSITY OF MARYLAND, IMMIGRATION LAW CLINIC**
410-706-3295
Student-attorneys provide pro bono immigration legal services.

IN-HOME LAB SERVICES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll-Free) or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

► **MEDSTAR HOUSE CALL PROGRAM**
443-444-6100
www.medstarhousecall.org
Bringing primary care to aging adults in their Baltimore homes.

INCOME ASSISTANCE

See Financial Assistance.

INFORMATION AND REFERRAL SERVICES

► **2-1-1 MARYLAND AT FIRST CALL FOR HELP**
2-1-1
24/7 telephone number for accessing information about health and human services.

► **ALZHEIMER'S ASSOCIATION**
800-272-3900

► **BALTCO - 311**
3-1-1
410-887-0311
Report routine problems or request a service in Baltimore County. Connections made to a screening program for public benefits.

► **BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING, MARYLAND ACCESS POINT**
410-396-2273

► **BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY**
410-887-2594
Help and information regarding resources available to older adults, persons with disabilities and their families. Assistance provided for financial applications, case management, caregiver resources and referrals made to other agencies as appropriate.

I - L

INFORMATION AND REFERRAL SERVICES - LEGAL SERVICES

► CATHOLIC CHARITIES ANSWERS FOR THE AGING

667-600-2100
Free telephone counseling, information/referral service for older adults/caregivers.

► ELDERCARE LOCATOR

800-677-1116
www.eldercare.acl.gov
National number to identify community resources for older adults.

► MARYLAND DEPARTMENT OF HUMAN SERVICES

800-332-6347
Applicants or enrollees in social service benefits may check their status and make inquiries.

► ST. MARY'S OUTREACH CENTER

410-366-3106
Connecting ages 55 plus in Baltimore City communities to designated resources. Financial eligibility may be required.

INSURANCE COUNSELING, ADVOCACY AND RESOURCES

See Advocacy, Long Term Care Insurance, Medicare General Information, Medicare/Medigap and Medicare Advantage Plans.

► CENTER FOR MEDICARE ADVOCACY, INC

860-456-7790
www.medicareadvocacy.org

► EMPLOYED INDIVIDUALS WITH DISABILITIES (EID) PROGRAM

410-767-7090
www.health.maryland.gov/mmcp/eid/pages/home.aspx
State program which allows eligible employed Marylanders with disabilities to pay a small fee to receive health care coverage.

► HEALTHCARE ACCESS MARYLAND (HCAM)

410-649-0500
Helping residents in Baltimore City and County to learn about and apply for health insurance under the Affordable Care Act. Partners with other organizations to provide outreach, education, and enrollment assistance.

► MARYLAND ATTORNEY GENERAL'S OFFICE, PEOPLE'S INSURANCE COUNSEL DIVISION

410-576-6432
Helps to resolve complaints involving homeowners' insurance coverage.

► MARYLAND HEALTH CONNECTION

855-642-8572
www.marylandhealthconnection.gov
Marketplace in Maryland to compare health insurance options and enroll in a plan under the Affordable Care Act. Applications online, by phone, by mail or in person.

► MARYLAND INSURANCE ADMINISTRATION

410-468-2000
www.insurance.maryland.gov
Independent state agency that regulates Maryland's insurance industry and protects consumers by enforcing insurance laws. Provides information on the Medicare and Insurance Marketplaces, Medicare Supplements (Medigap), Long Term Care Insurance and the Long Term Care Insurance Partnership program.

► STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

410-887-2059 (County)
410-396-2273 (City)
The State Health Insurance Assistance Program educates and counsels Medicare beneficiaries about Original Medicare, Medigaps, Medicare Advantage Plans and Part D Prescription Plans. Additionally, SHIP can assess eligibility for programs to assist with Medicare costs. These programs include Qualified Medicare Beneficiaries (QMB), Specified Low Income Medicare Beneficiaries (SLMB), Maryland Senior Prescription Drug Assistance Programs (SPDAP) and Social Security Extra Help. SHIP counselors provide education regarding Medicare Part A (Hospital), Part B (Medical), Part C (Health Plans), Part D (Drug Plans) and Medicare Supplements. During Annual Open Enrollment, October 15th through December 7th, SHIP can provide computer research assistance to help select Part D plans. Counselors assist with medical appeals for Medicare. SHIP services can generally be provided by phone and language accommodations are available. Please refer to the index for a summary of services and to learn more about SHIP.

LEGAL SERVICES

See Advocacy Services, Disability Resources and Mediation, Non-Profit.

ELDER LAW ATTORNEYS

► FRANK, FRANK AND SCHERR, LLC
410-337-8900
www.frankelderlaw.com
Mt. Washington Mill
1340 Smith Avenue, Suite 300
Baltimore 21209
Medicaid planning, wills, powers of attorney, special needs planning, probate.

Frank, Frank & Scherr, LLC

Elder Law, Estate & Special Needs Planning

Medicaid Planning and Eligibility

Advance Medical Directives/Living Wills

Trusts/Estate Planning and Administration

Wills/Powers of Attorney/Guardianship

Disability Planning/Special Needs Trusts

Veterans Benefits

410.337.8900

www.frankelderlaw.com

Serving all of Maryland

L

LEGAL SERVICES

► **NOMIKI BOULOUBASSIS WEITZEL AND ASSOCIATES, LLC**

Nomiki B. Weitzel
www.elderlawmaryland.net
410-663-9400
Belair Beltway Professional Center
7652 Belair Road
Baltimore 21236
Elder law, estates and trusts, asset preservation, special needs planning, Medicaid applications.

LEGAL SERVICES, GOVERNMENT/ NON-PROFIT

► **AGING WITH DIGNITY/ FIVE WISHES**
888-594-7437
www.agingwithdignity.org
Advance planning documents.

► **ATTORNEY GENERAL OF THE STATE OF MARYLAND, CONSUMER PROTECTION DIVISION**

410-528-8662
888-743-0023
410-576-6300 (Securities Division)
200 Saint Paul Place
Baltimore 21202
https://www.marylandattorneygeneral.gov
Investigates complaints regarding unfair and deceptive business practices. File complaints online or mail to the Consumer Protection Division at the above address.

► **ATTORNEY GRIEVANCE COMMISSION AND OFFICE OF BAR COUNSEL**

410-514-7051
Regulates MD lawyers' professional conduct. Investigates complaints and oversees discipline.

► **BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES, EVICTION PREVENTION PROGRAM**

410-878-8650
Services to city residents under a court-ordered eviction which includes assistance with the stay of eviction process and limited financial assistance when available. Also eviction prevention and budget counseling education.

► **BALTIMORE COUNTY CIRCUIT COURT, SELF HELP OFFICE**

410-887-3446
Assists with completion of family law forms for unrepresented Baltimore County residents.

► **BALTIMORE COUNTY HUMAN RELATIONS COMMISSION**

410-887-5917
https://www.baltimorecountymd.gov/boards-commissions/human-relations-commission
Handles discrimination complaints in housing, education, employment, financing and public accommodation based on race, creed, color, national origin, sex, age, religion, physical/mental disability and marital status. Enforces the County's anti-discrimination law, Article 29 of the Baltimore County Code, 2019.

► **BALTIMORE COUNTY OFFICE OF THE PUBLIC DEFENDER**

410-324-8900
Legal services for low-income clients in criminal and traffic cases.

THE LAW OFFICES OF & NOMIKI BOULOUBASSIS WEITZEL ASSOCIATES, LLC

www.ElderlawMaryland.net

- Elder Law
- Guardianships
- Estate Planning, Wills & Trusts
- Asset Preservation and Medicaid Planning



Estate & Trust Administration

The Law Offices of Nomiki Bouloubassis Weitzel and Associates represent people planning their estates and the unique legal needs of people as they age. Our focus is primarily in the areas of law traditionally referred to as Elder Law and Estate Planning.

We handle Estate Administration, Asset Preservation Planning, Medical Assistance, Medicaid Planning & Appeals, Guardianship, Trusts and Estates, Wills, Powers of Attorney, Advance Medical Directives, special needs trusts and review of nursing home, assisted living facility and retirement community contracts.



Attorney: Nomiki Bouloubassis Weitzel

Baltimore Office

Belair Beltway
Professional Center
7652 Belair Road
Baltimore, MD 21236
Tel (410) 663-9400

Harford County Office

The Professional Center
728 Rock Spring Road
Bel Air, MD 21014
Tel (410) 638-7779

Law Offices of Nomiki Bouloubassis Weitzel & Associates, LLC

L

LEGAL SERVICES

► BAR ASSOCIATION, SIXTY-PLUS LEGAL PROJECT-LAWYER REFERRAL SERVICE

410-337-9100 (County)
410-539-3112 (City)

Low-cost legal services to individuals 60 and older who meet financial eligibility for wills, living wills, powers of attorney, estates of less than \$30,000 and deed changes.

► BAR ASSOCIATION OF BALTIMORE CITY, PRO BONO PROJECT

410-539-5936

Provides free legal support for clients 60 and older living in Baltimore City.

► BAR ASSOCIATION OF BALTIMORE CITY, LEGAL SERVICES TO THE ELDERLY PROGRAM

410-396-1322

Legal support for clients 60 years old or older living in Baltimore City.

► DISABILITY RIGHTS MARYLAND

410-727-6352

www.disabilityrightsmd.org
Non-profit legal advocacy organization mandated to advance the civil rights of people with disabilities. Free legal services to Marylanders of any age with all types of disabilities who live in facilities, in the community or without homes.

► DISTRICT COURT SELF-HELP RESOURCE CENTER

410-260-1392

Limited legal guidance to individuals without attorneys to help them represent themselves in civil District Court cases.

► FEDERAL PUBLIC DEFENDER'S OFFICE

410-962-3962

www.md.fd.org

Free legal representation for indigent criminal defendants in federal cases when appointed by the Court.

► HOMELESS PERSONS REPRESENTATION PROJECT, INC

410-685-6589
800-773-4340 (Maryland Only)

www.hprplaw.org
201 North Charles Street, Suite 1104
Baltimore 21201
Legal services and systemic advocacy for individuals without homes or at risk.

► HOUSE OF RUTH DOMESTIC VIOLENCE LEGAL CLINIC

410-889-7884 (24-Hour Line)
410-554-8463 (Legal Clinic)
410-889-0840 (Administration)

www.hruth.org
2201 Argonne Drive
Baltimore 21218
Legal representation and advice through staff and volunteer lawyers for victims of domestic violence.

► KENNEDY KRIEGER INSTITUTE, PROJECT HEAL (HEALTH, EDUCATION, ADVOCACY AND LAW)

443-923-4414
www.kennedykrieger.org/community/initiatives/maryland-center-developmental-disabilities/project-heal

Advocacy and legal services for children with intellectual and developmental disabilities.

► LAWYER REFERRAL AND INFORMATION SERVICE OF THE BALTIMORE COUNTY AND CITY BAR ASSOCIATION (LRIS)

410-337-9100 (County)
410-539-3112 (City)

Referral service for names of paid attorneys.

► MARYLAND COMMISSION ON CIVIL RIGHTS

See Advocacy Services.

► MARYLAND DEPARTMENT OF PUBLIC SAFETY AND CORRECTIONAL SERVICES, CRIMINAL INJURIES COMPENSATION BOARD

410-585-3010
Determines financial compensation for innocent victims of crime.

► MARYLAND LEGAL AID

410-427-1800 (County)
410-951-7777 (City)
<https://www.mdlab.org>
Assists low-income individuals with certain non-fee generating civil legal problems.

Lawyer In The Library/ Lawyer On The Bus

Free civil legal services in local community libraries.

Long Term Care Assistance Project

866-635-2948
Free legal assistance on long term care issues in Maryland.

► MARYLAND OFFICE OF PEOPLE'S COUNSEL

410-767-8150
<https://opc.maryland.gov>
Public legal office helps utility customers with consumer complaints.

► MARYLAND SENIOR LEGAL HELPLINE

866-635-2948
Free helpline for all Maryland residents age 60 and older to obtain answers, advice and referrals for civil legal problems. Call this same helpline for free legal assistance on long term care (nursing home) issues.

► MARYLAND VOLUNTEER LAWYERS SERVICE (MVLS)

410-547-6537
800-510-0050
<https://www.mvlslaw.org>
Assists income-qualified individuals with civil cases including housing, consumer, bankruptcy, government benefits, accidents, wills, deeds, guardianship and tax disputes.

► MARYLAND'S PEOPLES LAW LIBRARY

www.peoples-law.org
Legal and self-help information on Maryland and Federal law.

► NATIONAL ACADEMY OF ELDER LAW ATTORNEYS (NAELA)

www.naela.org
Listing of elder law attorneys.

► PUBLIC JUSTICE CENTER, INC

410-625-9409
www.publicjustice.org
Protects the legal rights of the under-represented through litigation, public education and legislation.

► ST. AMBROSE HOUSING, LEGAL SERVICES

410-366-8550, Ext. 224
Legal representation when in danger of losing homes due to foreclosure, mortgage lenders or other reasons.

► UNIVERSITY OF BALTIMORE CIVIL ADVOCACY, FAMILY LAW CLINIC

410-837-5706
Law students assist low income clients in civil and family law matters with supervision.

► VICTIM/WITNESS ASSISTANCE UNIT

410-887-6650 (County)
410-396-1897 (City)
Information regarding status of criminal cases and other support services.

► WOMEN'S LAW CENTER

410-321-8761
800-845-8550 (Family Law Hotline)
Attorneys providing information on family law matters to those who meet income eligibility requirements.

L

LESBIAN, GAY, BISEXUAL, TRANSGENDER AND QUESTIONING (LGBTQ+)

► CHASE BREXTON LGBT HEALTH RESOURCE CENTER

410-837-2050, Ext. 1049
<https://chasebrexton.org/services/center-lgbtq-health-equity>

Provides LGBTQ individuals and their families with access to health information and resources.

► CHASE BREXTON ELDER PRIDE

410-837-2050, Ext. 1049
Provides LGBTQ individuals and caregivers with counseling, caregiver support, benefit resources, information, support groups and respite care.

► FREESTATE JUSTICE

410-625-5428
<https://freestate-justice.org>
Legal advocacy organization for low-income LGBTQ residents.

► GAY, LESBIAN AND STRAIGHT EDUCATION NETWORK BALTIMORE (GLSEN)

212-727-0135
<https://www.glsen.org/chapter/maryland>
Advocates to ensure safe schools for all students, regardless of sexual orientation and gender identity.

► HEARTS & EARS, INC

410-523-1694
<https://www.heartsandears.org>
Support services for LGBTQ individuals with mental health issues.

► SERVICES & ADVOCACY FOR LGBT ELDERS (SAGE)

212-741-2247
www.sageusa.org

► THE TREVOR PROJECT

866-488-7386 (24-Hour Hotline)
<https://thetrevorproject.org>
Crisis intervention and suicide prevention services for LGBTQ youth.

LIBRARIES

► MARYLAND STATE LIBRARY FOR THE BLIND AND PRINT DISABLED

www.marylandlibraries.org/pages/maryland-library-for-the-blind-and-print-disabled.aspx
410-230-2424
800-964-9209

► PUBLIC LIBRARY BRANCHES IN BALTIMORE COUNTY

www.bcpl.info
Arbutus
410-887-1451
855 Sulphur Spring Road
Arbutus 21227

Catonsville
410-887-0951
1100 Frederick Road
Catonsville 21228

Cockeysville
410-887-7750
9833 Greenside Drive
Cockeysville 21030

Essex
410-887-0295
1110 Eastern Boulevard
Essex 21221

Hereford
410-887-1919
16940 York Road
Hereford 21111

Lansdowne
410-887-5602
500 Third Avenue
Lansdowne 21227

Loch Raven
410-887-4444
1046 Taylor Avenue
Towson 21286

Mobile Library Services
www.bcpl.info (see website for hours and schedules)
410-887-7586

North Point
410-887-7255
1716 Merritt Boulevard
Dundalk 21222

Owings Mills
410-887-2092
10302 Grand Central Avenue
Owings Mills 21117

Parkville
410-887-5353
9509 Harford Road
Parkville 21234

Perry Hall
410-887-5195
9685 Honeygo Boulevard
Perry Hall 21128

Pikesville
410-887-1234
1301 Reisterstown Road
Pikesville 21208

Randallstown
410-887-0770
8604 Liberty Road
Randallstown 21133

Reisterstown
410-887-1165
21 Cockeys Mill Road
Reisterstown 21136

Rosedale
410-887-0512
6105 Kenwood Avenue
Rosedale 21237

Sollers Point
410-887-2485
323 Sollers Point Road
Dundalk 21222

Towson
410-887-6166
320 York Road
Towson 21204

White Marsh
410-887-5097
8133 Sandpiper Circle
Nottingham 21236

Woodlawn
410-887-1336
1811 Woodlawn Drive
Woodlawn 21207

► PUBLIC LIBRARY BRANCHES IN BALTIMORE CITY

Robert L. Bogomolny Library
410-837-4260
1420 Maryland Avenue
Baltimore 21201

Brooklyn Branch
410-396-1120
300 East Patapsco Avenue
Baltimore 21225

Canton Branch
410-396-8548
1030 South Ellwood Avenue
Baltimore 21224

Central Library
410-396-5430
400 Cathedral Street
Baltimore 21201

Cherry Hill Branch
410-396-1168
606 Cherry Hill Road
Baltimore 21225

Clifton Branch
410-396-0984
2001 North Wolfe Street
Baltimore 21213

Edmondson Avenue Branch
410-396-0946
4330 Edmondson Avenue
Baltimore 21229

Forest Park Branch
410-396-0942
3023 Garrison Boulevard
Baltimore 21216

George Peabody Library
667-208-6715
17 East Mount Vernon Place
Baltimore 21202

Govans Branch
410-396-6098
5714 Bellona Avenue
Baltimore 21212

Hamilton Branch
410-396-6088
5910 Harford Road
Baltimore 21214

Hampden Branch
410-396-6043
3641 Falls Road
Baltimore 21211

Herring Run Branch
410-396-0996
3801 Erdman Avenue
Baltimore 21213

Light Street Branch
410-396-1096
1251 Light Street
Baltimore 21230

Milton S. Eisenhower Library
410-516-8335
3400 North Charles Street
Baltimore 21218

Northwood Branch
410-396-6076
4420 Loch Raven Boulevard
Baltimore 21218

Orleans Street Branch
410-396-0970
1303 Orleans Street
Baltimore 21231

Patterson Park Branch
410-396-0983
158 North Linwood Avenue
Baltimore 21224

L - M LIBRARIES - MEDIATION, NON-PROFIT

Peabody Institute of the Johns Hopkins University
667-208-6500

1 East Mount Vernon Place
Baltimore 21202

Pennsylvania Ave Branch
410-396-0399

1531 West North Avenue
Baltimore 21217

Reisterstown Road Branch
410-396-0948

6310 Reisterstown Road
Baltimore 21215

Roland Park Branch
410-396-6099

5108 Roland Avenue
Baltimore 21210

Southeast Anchor Branch Library
410-396-1580

3601 Eastern Avenue
Baltimore 21224

Walbrook Branch
410-396-0935

3203 West North Avenue
Baltimore 21216

Washington Village Branch
410-396-1099

856 Washington Boulevard
Baltimore 21230

Waverly Branch
410-396-6053

400 East 33rd Street
Baltimore 21218

LIFELINES

See Medical Alert Systems.

LIVE-IN CAREGIVERS

See Home Health Services and Home Care (Non-Medical).

► **AVILA HOME CARE**
410-826-6100

www.avilahomecare.com
Avila Home Care - Thrive in the home you love.

LOAN CLOSET FOR MEDICAL EQUIPMENT

See Assistive Technology, Disability Resources, Hearing Resources, Medical Equipment and Supplies, Personal Needs, Vision Resources.

► **9TH DISTRICT HEALTH COMMITTEE LOAN CLOSET**
410-665-0898

Wheelchairs, walkers and other equipment for Baltimore County residents.

► **BALTIMORE COUNTY DEPARTMENT OF AGING**
410-887-2594

Loans wheelchairs, walkers, shower seats and other equipment. Offers individualized demonstrations of assistive devices. Available to Baltimore County residents age 60 and over.

► **MARYLAND DURABLE MEDICAL EQUIPMENT RE-USE CENTER**
240-230-8000

<https://aging.maryland.gov/pages/dme.aspx>

► **MARYLAND TECHNOLOGY ASSISTANCE PROGRAM (MDTAP)**
800-832-4827

866-881-7488 (TTY)
Loans equipment for a limited time including equipment for daily living, mobility, recreation, computer and hearing. Low interest loans for purchasing equipment to MD residents with disabilities.

LONG TERM CARE INSURANCE

APPROVED PROVIDERS IN MARYLAND

Long-term care insurance is purchased to provide assistance with the cost of a range of services for individuals with a prolonged illness, disability or cognitive disorder (such as Alzheimer's disease). Services may include help with daily activities at home such as bathing and dressing, adult day care, assisted living facilities, care management, home health, hospice, respite care and care in a nursing home.



► **MARYLAND CONSUMER GUIDE TO LONG TERM CARE**

877-245-1762, Press 2
<https://mhcc.maryland.gov/mhcc/consumer.aspx>

► **MARYLAND INSURANCE ADMINISTRATION**

410-468-2000
800-492-6116 (Toll Free)
800-735-2258 (TTY)
www.insurance.maryland.gov
200 Saint Paul Place, Suite 2700
Baltimore 21202
Provides a list of insurance companies approved to sell long term care insurance policies in Maryland. Also provides information about Maryland's Long-Term Care Partnership Program. Partnership policies provide an additional level of protection when compared to a regular long-term care insurance policy.

LONG TERM CARE (LTC) INSURANCE PRODUCERS (SALESPERSON)

When purchasing LTC insurance, please confirm the producer (salesperson) is licensed to sell LTC insurance in Maryland. Please confirm the license number, effective dates and line of business on the license with the Maryland Insurance Administration listed in this category. For information about LTC insurance products, please contact the Maryland Insurance Administration.

MEAL PREPARATION

See Nutrition Services.

MEDIATION, NON-PROFIT

See Legal Services-Government/Non-Profit.

A process in which solutions to disputes are negotiated with a mediator acting as a neutral party by helping participants reach their own voluntary agreement. Settles disputes between neighbors, family members, tenant/landlord and other community members.

► **BALTIMORE COMMUNITY MEDIATION CENTER**

410-467-9165 (City)
www.communitymediation.org
Provides voluntary and confidential mediation sessions to assist City residents with resolutions of various issues and conflicts.

► **CONFLICT RESOLUTION CENTER OF BALTIMORE COUNTY**

443-297-7897
www.crcbaltimorecounty.org
Mediation, conflict resolution, trainings and community conferencing for Baltimore County residents.

M

MEDICAID HOME AND COMMUNITY BASED SERVICES PROGRAMS - MEDICARE

MEDICAID HOME AND COMMUNITY BASED SERVICES PROGRAMS

See Financial Resources, Housing: Assisted Living Programs and Nursing Homes.

Programs to help an eligible person receive services in the home rather than in an institution. Each program has different eligibility criteria and services. Individuals must meet medical, financial and technical criteria. For further information and screening, please call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

To learn more about the waiver programs in Maryland, eligibility requirements, and applications, visit <https://health.maryland.gov/mmcpl/waiverprograms/pages/home.aspx>.

► BRAIN INJURY WAIVER 410-448-2924

For individuals with traumatic brain injuries who are currently residing in State psychiatric hospitals. The brain injury must have occurred between the ages of 22 and 64, and the individual must meet medical and financial criteria.

► COMMUNITY FIRST CHOICE

410-887-2594 (County)
410-396-2273 (City)
Enables individuals 18 and older, who have Community Medical Assistance and meet Medicaid's institutional level of care to remain in a community setting.

► COMMUNITY PATHWAYS WAIVER

410-767-8687 (Constituent Services)
Provides financially qualified individuals with developmental disabilities the opportunity to self-direct services.

► COMMUNITY PERSONAL ASSISTANCE SERVICES

410-887-2594 (County)
410-396-2273 (City)
Enables individuals 18 and older, who are financially eligible and meet Medicaid's long-term care admission criteria to remain in a community setting.

► EARLY INTERVENTION WAIVER FOR CHILDREN WITH AUTISM SPECTRUM DISORDER

410-767-1446

► HOME AND COMMUNITY-BASED OPTIONS WAIVER

410-887-2594 (County)
410-396-2273 (City)
Provides services and supports to enable older adults and people with disabilities to live in their own homes.

► HOSPICE SERVICES: MEDICAID DIVISION LONG TERM CARE

410-767-6771

► MEDICAL DAY CARE SERVICES WAIVER

410-767-1444
Offers qualified Medicaid participants services in a daycare center. Individuals must be at least 16 years old.

► MODEL WAIVER FOR MEDICALLY FRAGILE CHILDREN

410-987-1048

► RARE AND EXPENSIVE CASE MANAGEMENT (REM)

410-767-1903

MEDICAL ALERT SYSTEMS

See Assistive Technology, Identification Programs and Medical Equipment and Supplies.

Devices and programs that offer a variety of measures to promote safety and the well-being of older adults and individuals with disabilities. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

► MEDICALERT FOUNDATION

800-432-5378
Maintains database of members' medical information that is made available to medical authorities in the event of an emergency.

► SENIOR CALL CHECK PROGRAM

866-502-0560
www.aging.maryland.gov
Free daily telephonic service to check on Maryland residents age 65 and older. Apply online or by phone.

MEDICAL EQUIPMENT AND SUPPLIES

See Personal Needs and Pharmacies Offering Home Delivery.

► MEDSTAR HOUSE CALL PROGRAM

443-444-6100
www.medstarhousecall.org
Bringing primary care to aging adults in their Baltimore homes.



► MID-ATLANTIC MEDICAL SUPPLY AND EQUIPMENT

410-363-2279
www.suppliesforliving.com
718 Main Street
Reisterstown 21136
Price-match promise, delivery, and insurance billing.

MEDICARE

For additional services/information, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273. See Advocacy Services, Financial Assistance, Medicaid Home and Community Based Programs and Insurance Counseling, Advocacy and Resources.

GENERAL INFORMATION

► CENTER FOR MEDICARE & MEDICAID SERVICES (CMS), MEDICARE

HELPLINE
800-633-4227
www.medicare.gov
Information and claims regarding Medicare Part A-Hospitalization, Part B-Medical and Durable Medical Equipment, Part C-Health Plans and Part D-Prescriptions. Your Medicare card number is needed to access information. Register online to view your personal Medicare information that includes physician billing of Medicare payments and a schedule for preventive health services. Also, review your Part D and Medicare Advantage plan options.



► MARYLAND INSURANCE ADMINISTRATION

410-468-2000
800-492-6116
www.insurance.maryland.gov
An independent state agency that regulates Maryland's insurance industry and protects consumers by enforcing insurance laws. Find information on the Insurance Marketplaces, Medicare supplements (Medigap), Long Term Care Insurance, and the Long Term Care Insurance Partnership Program and insurance agents/brokers.

► MARYLAND SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)

800-551-5995
www.marylandspdap.com
Request application
Call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273. A state program that assists Medicare beneficiaries by paying part of their monthly Medicare Prescription Drug premiums for all of the Medicare Part D Plans and some of the Medicaid Advantage Plans.

► MEDICARE INTERACTIVE

www.medicareinteractive.org

► MEDICARE RIGHTS CENTER

800-333-4114
www.medicarerights.org

► QUALIFIED MEDICARE BENEFICIARY PROGRAM (QMB)

Request application
Call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273. Program helps to pay Medicare premiums, deductibles and coinsurance payments for older adults and persons with disabilities who are financially eligible.

► RAILROAD RETIREMENT BOARD MEDICARE OFFICE

888-355-9165
www.palmettogba.com
Beneficiaries only.

► SENIOR MEDICARE PATROL (SMP)

410-887-2059 (County)
410-396-2273 (City)
SMP provides information regarding what to do if you suspect Medicare fraud/abuse, or need to file a report with authorities. SMP can arrange speakers to address groups on how to protect themselves against identity theft, telemarketing, mail fraud scams, illegal or deceptive marketing of Medicare Advantage plans and prescription drug plans.

► SOCIAL SECURITY ADMINISTRATION

800-772-1213
www.ssa.gov
Information on various benefits and services. Enrollment in Medicare and replacement of Medicare card. On-line low-income subsidy Extra Help application with Medicare Prescription Drug costs.

► SPECIFIED LOW-INCOME MEDICARE BENEFICIARY (SLMB)

Request application
Call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273. Pays the Medicare Part B premium for persons whose income is slightly more than QMB criteria.

► STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

410-887-2059 (County)
410-396-2273 (City)
Free, unbiased, confidential health insurance counseling for Medicare recipients and their caregivers. Helps consumers to understand Medicare and its services.

Additionally, SHIP can assess eligibility for programs to assist with Medicare costs. These programs include Qualified Medicare Beneficiaries (QMB), Specified Low Income Medicare Beneficiaries (SLMB), Maryland Senior Prescription Drug Assistance Programs (SPDAP) and Social Security Extra Help. SHIP counselors provide education regarding Medicare Part A (Hospital), Part B (Medical), Part C (Health Plans), Part D (Drug Plans) and Medicare Supplements. During Annual Open Enrollment, October 15th through December 7th, SHIP can provide computer research assistance to help select Part D prescription plans. Counselors assist with medical appeals for Medicare. SHIP services can generally be provided by phone and language accommodations are available. SHIP conducts free educational programs for groups about Medicare A, B, C, D and Medicare supplement plans. Please refer to the index for a summary of services and to learn more about SHIP.

► TRICARE FOR LIFE

866-773-0404
<https://www.tricare.mil/plans/healthplans/tfl>
Medicare supplemental coverage for retired uniformed service beneficiary or dependents. Must be currently enrolled in Medicare A & B and Defense Enrollment Eligibility Reporting System (DEERS).

► U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES, OFFICE OF THE INSPECTOR GENERAL, MEDICARE/MEDICAID FRAUD HOTLINE

800-447-8477
<https://oig.hhs.gov>
National hotline to report health care fraud involving Medicare and Medicaid.

MEDICARE PRESCRIPTION DRUG PLANS (PART D)

Medicare benefit that assists with the cost of prescription drugs. Private companies contract with Medicare to offer Stand-Alone and Medicare Advantage Drug Plans. Additional assistance with Part D costs are available with Social Security Administration's Extra Help and Maryland Senior Prescription Drug Assistance Program (SPDAP). Please refer to www.medicare.gov for a full list of Maryland Stand-Alone Prescription Drug Plans.





MEDICARE PRESCRIPTION DRUG PLANS (PART D) INSURANCE BROKERS

Please visit Medicare's website at www.medicare.gov for further information.

MEDICARE ADVANTAGE

With most Medicare Advantage Plans, you can only visit physicians, specialists or hospitals on the plan's list except in an emergency. The plan may require you to choose a primary care physician and obtain referrals to see a specialist. These plans may offer extra benefits, lower premiums and require co-payments.

If you have Medicare Part A and Part B, you may join a Medicare Advantage Plan and receive your Medicare-covered benefits through the plan. Most plans include Medicare Part D benefits. Medicare Advantage annual open enrollment period begins October 15 - December 7. Plans can be a Health Maintenance Organization (HMO), Preferred Provider Organization (PPO) and Special Needs Plans (SNPs) or a Medicare Savings Account (MSA). Please visit Medicare's website at www.medicare.gov for further information.

► **KAISER PERMANENTE**
410-387-1878
www.mykpagent.org/paulineg
111 South Calvert Street,
Suite 1850
Baltimore 21202
Provides Medicare Advantage health plans.

MEDICARE ADVANTAGE INSURANCE BROKERS

Please visit the Maryland Insurance Administration's website at www.insurance.maryland.gov or call 410-468-2000 or 800-492-6116.

MEDICARE SPECIAL NEEDS PLANS (SNPs)

Special Needs Plans (SNPs) may limit all or most of their membership to beneficiaries who have certain chronic or disabling conditions, or are dual eligible on Medicare and Medical Assistance or QMB or are institutionalized. SNPs must be designed to provide Medicare health care and services to people who can benefit from special expertise of the plan's providers and focused care management. SNPs must also provide Medicare prescription drug coverage. These plans may offer extra benefits, lower premiums and require co-payments. To join SNPs, beneficiaries must be enrolled in Medicare Part A and Part B. Please contact 800 Medicare or visit www.medicare.gov.



MEDICARE/MEDIGAP SUPPLEMENTAL INSURANCE POLICIES

Medicare supplemental insurance policies cover some of the deductibles and co-insurances not paid by Medicare. A, B, D, G, K, L, M and N policies offer a different combination of standard benefits and are regulated by Federal and State law. The open enrollment period is the first six months from the date of enrollment in Medicare Part B. For a Medigap comparison chart, please contact the Maryland Insurance Administration at 410-468-2000 or visit www.insurance.maryland.gov. Carriers below represent approved individual Medicare supplement policies in Maryland as of April 20, 2022. *Rates are updated biannually.

► **ACCENDO INSURANCE COMPANY**
800-264-4000

► **AETNA HEALTH INSURANCE COMPANY**
888-264-4000

► **AMERICAN BENEFIT LIFE INSURANCE COMPANY**
833-504-0331

► **AMERICAN FINANCIAL SECURITY LIFE INSURANCE COMPANY**
866-951-0686

► **AMERICAN HOME LIFE INSURANCE COMPANY**
833-504-0332

► **AMERICO FINANCIAL LIFE AND ANNUITY INSURANCE COMPANY**
888-220-7074



Consider a Kaiser Permanente Medicare health plan

Premiums as low as \$0¹ with healthy extras such as preventive dental, vision, and much more.

Call Kaiser Permanente Medicare specialist:
Pauline Gibbs at 1-410-387-1878
or email pauline.gibbs@kp.org.

Kaiser Permanente is an HMO and HMO-POS plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. You must reside in the Kaiser Permanente Medicare health plan service area in which you enroll.

¹For our Medicare Advantage Value (HMO) plans.

Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc.
2101 E. Jefferson St., Rockville, MD 20852
2021AR1503 MAS 10/22/22-12/31/23

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▶ **ASSURED LIFE ASSOCIATION**
877-223-3666

▶ **ATLANTIC COAST LIFE INSURANCE COMPANY**
844-442-3847

▶ **BANKERS FIDELITY LIFE INSURANCE COMPANY**
800-241-1439

▶ **BANKERS RESERVE LIFE INSURANCE COMPANY OF WISCONSIN**
833-441-1564

▶ **CAREFIRST MEDICARE ADVANTAGE (MEDIGAP)**
An affiliate of CareFirst BlueCross BlueShield
800-275-3802
www.carefirst.com
10455 Mill Run Circle
Owings Mills 21117
Medicare supplement coverage.

▶ **CIGNA NATIONAL HEALTH INSURANCE COMPANY**
866-459-4272

▶ **COLONIAL PENN LIFE INSURANCE COMPANY**
888-910-3133

▶ **ERIE FAMILY LIFE INSURANCE COMPANY**
800-458-0811

▶ **EVERANCE ASSOCIATION, INC**
800-348-7468

▶ **FEDERAL LIFE INSURANCE COMPANY**
888-747-3760

▶ **FIRST HEALTH LIFE AND HEALTH INSURANCE COMPANY**
866-465-1023

▶ **GLOBE LIFE AND ACCIDENT INSURANCE COMPANY**
800-801-6831

▶ **GPM HEALTH AND LIFE INSURANCE COMPANY**
866-242-7573

▶ **GREAT SOUTHERN LIFE INSURANCE COMPANY**
888-220-7074

▶ **GUARANTEE TRUST LIFE INSURANCE COMPANY**
800-338-7452

▶ **HEARTLAND NATIONAL LIFE INSURANCE COMPANY**
866-916-7971

▶ **HUMANA INSURANCE COMPANY**
800-984-9095

▶ **INDEPENDENCE AMERICAN INSURANCE COMPANY**
888-215-1150

▶ **LUMICO LIFE INSURANCE COMPANY**
855-774-4491

▶ **NASSAU LIFE INSURANCE COMPANY OF KANSAS**
800-420-5382

▶ **NATIONAL GUARDIAN LIFE INSURANCE COMPANY**
877-888-1511

▶ **NATIONAL HEALTH INSURANCE COMPANY**
866-916-8816

▶ **OXFORD LIFE INSURANCE COMPANY**
800-308-2318

▶ **PAN-AMERICAN LIFE INSURANCE COMPANY**
855-777-0400

▶ **PHILADELPHIA AMERICAN LIFE INSURANCE COMPANY**
877-368-4691

▶ **PHYSICIANS LIFE INSURANCE COMPANY**
800-325-6300

▶ **PURITAN LIFE INSURANCE COMPANY OF AMERICA**
855-323-8914

▶ **SBLI USA LIFE INSURANCE COMPANY, INC**
877-990-7225

▶ **SENTINEL SECURITY LIFE INSURANCE COMPANY**
800-247-1423

▶ **STATE FARM MUTUAL AUTOMOBILE INSURANCE COMPANY**
Contact your local agent.

▶ **SUPREME COUNCIL OF THE ROYAL ARCANUM**
888-272-2686

▶ **THE CAPITAL LIFE INSURANCE COMPANY**
866-237-3010

▶ **TRANSAMERICA LIFE INSURANCE COMPANY**
866-205-9120

▶ **UNIFIED LIFE INSURANCE COMPANY**
800-237-4463

▶ **UNION SECURITY INSURANCE COMPANY**
833-552-0827

▶ **UNITED AMERICAN INSURANCE COMPANY**
800-755-2137

▶ **UNITEDHEALTHCARE INSURANCE COMPANY**
800-523-5800

▶ **UNITED OF OMAHA LIFE INSURANCE COMPANY**
800-667-2937

▶ **UNITED STATES FIRE INSURANCE COMPANY**
866-523-9332

▶ **USAA LIFE INSURANCE COMPANY**
800-531-8722

RATING SERVICES

The rating companies listed below are for Medicare Supplemental/Medigap and Long-Term Care policies. Some may charge a fee for services. These services offer information to support educated purchasing decisions.

▶ **BEST'S INSURANCE REPORTS**
www.ambest.com

▶ **MOODY'S**
www.moody's.com

▶ **S&P GLOBAL**
www.spglobal.com/ratings/en

▶ **WEISS RATINGS**
www.weissratings.com

MEMORY CARE

See Adult Day Services, Case Management, Home Health Services, Home Care (Non-Medical), Housing - Assisted Living and Live-In Caregivers.

▶ **CHARLOTTE HALL VETERANS HOME**
301-884-8171
www.charhall.org
29449 Charlotte Hall Road
Charlotte Hall 20622
Income based assisted living, LTC nursing, rehabilitation and memory care.

▶ **HOME INSTEAD SENIOR CARE**
410-337-8910
www.homeinstead.com/131
110 West Road, Suite 410
Towson 21204
For seniors, a life well lived should continue at home.



MEMORY CARE - MENTAL HEALTH SERVICES

▶ HOPKINS ELDERPLUS

410-550-7047
410-550-8093
www.hopkinsbayview.org/hopkinselderplus
Mason F. Lord Building,
East Tower, Ground Floor
4940 Eastern Avenue
Baltimore 21224
Stay in the home you love.
Visit us for care.

▶ MEDSTAR HEALTH CENTER FOR SUCCESSFUL AGING

443-444-4720
www.medstarhealth.org
Morgan Building
5601 Loch Raven Boulevard,
Suite 502
Baltimore 21239
A dedicated team supporting patients/caregivers with complex age-related needs.

▶ SPRINGWELL SENIOR LIVING

410-664-4006
www.springwellseniorliving.com
2211 West Rogers Avenue
Baltimore 21209
Vibrant community offering assisted living, memory care and independent living.

MENTAL HEALTH SERVICES

COMMUNITY MENTAL HEALTH CENTERS AND REHABILITATION

IF YOU HAVE AN IMMEDIATE MENTAL HEALTH EMERGENCY, PLEASE CALL 911. IN BALTIMORE COUNTY, CONTACT THE 24-HOUR HOTLINE AT 410-931-2214; IN BALTIMORE CITY 410-433-5175.

Eligibility criteria, service locations, and mental health professional referrals can be obtained by contacting the Baltimore County Core Service Agency at 410-887-3828; Baltimore City at Behavioral Health Systems at 410-637-1900.

▶ BEHAVIORAL HEALTH ADMINISTRATION

410-402-8300

▶ BUILDING COMMUNITIES TODAY

410-467-6600
2901 Druid Park Drive
Baltimore 21215

▶ HARFORD-BELAIR COMMUNITY HEALTH

410-426-5650
4308 Harford Road
Baltimore 21214

▶ KEY POINT HEALTH SERVICES

443-686-1958
Catonsville
500 North Rolling Road
Catonsville 21228
Dundalk
1012 North Point Road
Dundalk 21222

▶ MAIN STREET BEHAVIORAL HEALTH

410-526-7882
37 Main Street
Reisterstown 21136

▶ MEDSTAR FRANKLIN SQUARE MEDICAL CENTER, OUTPATIENT PSYCHIATRY SERVICES

443-777-7878
9105 Franklin Square Drive
Rosedale 21237

▶ PROLOGUE, INC

410-653-6190
3 Milford Mill Road
Pikesville 21208

▶ SHEPPARD PRATT BEHAVIORAL HEALTH CENTER

Catonsville
443-612-1402
27 Mellor Avenue
Catonsville 21228
Timonium
410-498-2603
1931 Greenspring Drive
Timonium 21093

▶ SHEPPARD PRATT INTEGRATED BEHAVIORAL HEALTH AT GBMC

410-771-9220
9 Schilling Road, Suite 102
Hunt Valley 21030

▶ SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRATION

800-662-4357
www.samhsa.gov

▶ THE MENTOR NETWORK

See Disability Resources.

GERIATRIC MENTAL HEALTH SERVICES

▶ HOPE HEALTH SYSTEMS – GERIATRIC SERVICES TEAM

410-265-8737
1726 Whitestone Road
Baltimore 21207
Geriatric outreach program providing prevention, detection and treatment for those 60 and older with mental health problems and are not participating in treatment.

▶ JOHNS HOPKINS MEMORY AND ALZHEIMER'S TREATMENT CENTER

410-550-6337
5300 Alpha Commons Drive,
Floor 4
Baltimore 21224

▶ LEVINDALE DAY PROGRAM – MENTAL HEALTH SERVICES

410-601-2358
2434 West Belvedere Avenue
Baltimore 21215

▶ UNIVERSITY OF MARYLAND MEDICAL CENTER, GERIATRIC PSYCHIATRY

410-328-8415
22 South Greene Street
Baltimore 21201

ADDITIONAL MENTAL HEALTH/ADDICTION SERVICES

▶ BAKER STREET STATION

410-462-2585
1611 Baker Street
Baltimore 21217

▶ BALTIMORE COUNTY CRISIS RESPONSE SYSTEM

410-931-2214
Twenty-four-hour hotline providing telephone triage and intervention, mobile crisis team, in-home intervention team and linkage to community treatment and support.

▶ BALTIMORE COUNTY DEPARTMENT OF HEALTH RESOURCE, EDUCATION AND ADVOCACY

County Helpline
410-88-REACH
410-887-3224
Substance use information for individuals and families in Baltimore County.

▶ CHASE BREXTON HEALTH SERVICES

See Health Clinics.

▶ HARBEL PREVENTION AND RECOVERY CENTER

410-444-2100

▶ HEALTH CARE ACCESS MARYLAND

410-649-0521
<https://www.healthcareaccessmaryland.org>

▶ HEALTH CARE FOR THE HOMELESS

See Health Clinics.

▶ INSPIRIT COUNSELING SERVICES

410-433-8861
Non-profit agency with 20 locations. Accepts Medicare and insurance plans. Sliding fee.

#Connect2BCDA

In 2023, the Baltimore County Department of Aging is celebrating its 45th Anniversary!
We would like to invite you to connect with key resources available in our region.
As you know, being knowledgeable about resources and opportunities supports the
Power to optimize your life and future.

Facebook

"Friend" or "Follow" BCDA's Facebook page at address [@BaltimoreCountyAging](#) to receive daily posts outlining Department activities in addition to valuable information on aging and resources.

Flickr

View and/or download BCDA's photos from events, announcements and senior center activities.

Community Resources

Utilize BCDA's resource book created in partnership with the Baltimore City Health Department, Division of Aging and the Baltimore County Commission on Disabilities to find resources for an array of categories.

<http://www.baltimorecountymd.gov/communityresources>

Senior Center Newsletters

Join your local senior center and receive a monthly newsletter outlining activities in the center and programs available through the Department of Aging.

BCDA Website

Visit the Baltimore County Government website to discover resources and assistance available to County residents - www.baltimorecountymd.gov.

Time of Your Life Digest

Subscribe to the BCDA's newspaper highlighting County activities and resources. For as low as \$5, the newspaper is delivered eight times a year. For subscriptions or advertising rates, call 410-887-3050.

Time of Your Life

Watch BCDA's *The Time Of Your Life* on Channel 25: Baltimore County's Comcast Cable Television to learn about the Department's programs, special events and topics affecting mature adults.

You can also view the show at www.baltimorecountymd.gov/videos; click on *The Time Of Your Life*.



KNOWLEDGE IS POWER!

1-844-MAP-LINK

627-5465



Your Link to Health and Support Services
for Older Marylanders and
Persons with Disabilities

www.MarylandAccessPoint.info

Maryland Access Point (MAP) of Baltimore County

MAP serves as the entry point for obtaining information, referrals and options counseling for seniors, adults with disabilities, their families, caregivers and professionals. Calls are answered by a team of Certified Information and Assistance Specialists (CIRS),

Monday through Friday, between the hours of
8:30 a.m. and 4:30 p.m.

410-887-2594

aginginfo@baltimorecountymd.gov



Baltimore County Executive John A. Orazowski, Jr.
and the County Council

M

MENTAL HEALTH SERVICES - MOVE COORDINATORS

► JEWISH COMMUNITY SERVICES

410-466-9200
Mental health, addiction and bereavement services.

► LOYOLA CLINICAL CENTER

See Health Clinics.

► MARYLAND COALITION OF FAMILIES

410-730-8267
www.mdcoalition.org
For families experiencing mental health, substance use and/or gambling.

► MENTAL HEALTH ASSOCIATION OF MARYLAND, METROPOLITAN BALTIMORE BRANCH

443-901-1550
Advocates for the rights of persons with mental illnesses; offers public information and education programs.

► MOSIAC COMMUNITY SERVICES

410-282-5900
Case management for individuals of all ages with a chronic serious mental illness without private insurance.

► NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), METRO BALTIMORE, INC

410-435-2600
Education, advocacy and support for individuals living with mental health conditions and their families.

► ON OUR OWN, INC

410-540-9020
Consumer-run drop-in centers, peer support groups and other social activities for individuals 18 and older utilizing mental health services. Locations include: Catonsville, Towson, Pikesville, Dundalk and various locations in Baltimore City.

► PENN-NORTH NEIGHBORHOOD CENTER

410-728-2080

► PEOPLE ENCOURAGING PEOPLE

410-366-4299
Rehabilitation and support services for persons with disabilities, including: mental health, vocational and housing assistance.

► PRO BONO COUNSELING PROJECT

410-825-1001
Free mental health referral service for financially eligible.

► SHEPPARD PRATT - BALTIMORE/ WASHINGTON CAMPUS

240-915-5500
7220 Discovery Drive
Elkridge 21075

► SPRING GROVE HOSPITAL

410-402-6000
55 Wade Avenue
Catonsville 21228

PSYCHIATRIC IN-PATIENT AND PARTIAL HOSPITALIZATION PROGRAMS

Programs which provide intensive clinical mental health treatment on an outpatient or inpatient basis.

► JOHNS HOPKINS PSYCHIATRIC DAY HOSPITAL

410-550-0089
911 North Broadway
Baltimore 21205

► MEDSTAR UNION MEMORIAL HOSPITAL-COUNSELING CENTER PARTIAL HOSPITALIZATION AND INTENSIVE OUTPATIENT PROGRAMS

410-554-6444, Press 1
3300 North Calvert Street
Baltimore 21218

► SHEPPARD PRATT HEALTH SYSTEMS

410-938-3800 (Admissions)
6501 North Charles Street
Baltimore 21204

► SHEPPARD PRATT HEALTH SYSTEMS, SULLIVAN DAY HOSPITAL

410-938-4700
410-362-3541 (Outpatient)
410-362-9811 (Inpatient)
2000 West Baltimore Street
Baltimore 21223

► GRACE MEDICAL CENTER

410-362-3541 (Outpatient)
410-362-9811 (Inpatient)
2000 West Baltimore Street
Baltimore 21223

► JOHNS HOPKINS BAYVIEW MEDICAL CENTER

410-550-0074 (Inpatient)
410-550-0016 (Outpatient)
4940 Eastern Avenue
Baltimore 21224

► JOHNS HOPKINS HOSPITAL, MEYER BUILDING

410-955-5104 (Admissions)
600 North Wolfe Street
Baltimore 21287

► SINAI HOSPITAL INPATIENT PSYCHIATRIC UNIT

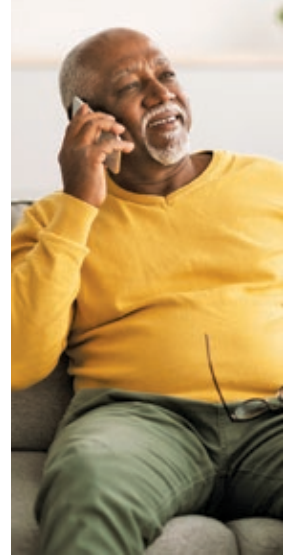
410-601-5610 (Inpatient)
410-601-5457 (Outpatient)
2401 West Belvedere Avenue
Baltimore 21215

► UNIVERSITY OF MARYLAND - MIDTOWN CAMPUS PSYCHIATRIC UNIT

410-328-6231
827 Linden Avenue
Baltimore 21201

► UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER, PSYCHIATRIC UNIT

410-337-1580
7601 Osler Drive
Towson 21204



MOBILE PHONES

Programs are available that offer free phones and minutes to financially eligible individuals who are enrolled in certain government benefits. The service is provided through selected vendors. Eligibility information and a full list of vendors can be found at www.lifeline.support.org.

► ASSURANCE WIRELESS

888-898-4888

► CINTEX WIRELESS

800-931-0141

► LIFELINE

888-641-8722

► SAFELINK WIRELESS

800-977-3768

MOVE COORDINATORS

These companies assist older adults with all aspects of downsizing and moving. Always check professional credentials, insurance, experience and request references. A written contract should be provided which documents all services and fees.

► ABILITIES NETWORK: MOVE MANAGEMENT SERVICES

410-828-7700

M - N MOVE COORDINATORS - NURSING HOMES

► NATIONAL ASSOCIATION OF SENIOR MOVE MANAGERS (NASMM)

877-606-2766

Non-profit professional association of organizations dedicated to helping older adults and families with the physical and emotional aspects of moving. Also provides businesses that specialize in hoarding services.

NURSES, IN-HOME

See Home Health Services.

NURSING HOMES

See Medicaid Home and Community Based Programs.

Nursing homes or long term care facilities provide services for individuals who need nursing care regularly, but do not need to be hospitalized. Facilities are regulated by state and local boards of health. Many nursing care facilities offer respite care, rehabilitation and other services of short duration. Always inquire about payment options.

Selecting a nursing home is an individual and personal decision. Preferences should be taken into consideration when searching for a nursing home. To make a well-informed selection, it is recommended that you make multiple visits to determine whether a facility meets the specific needs of you or your loved one. Ask detailed questions and visit several facilities. For information about selecting a nursing home, please visit www.baltimorecountymd.gov/agencies/aging/housing/nursinghomes.html. This list from OHCQ is current as of October 3, 2022. For updates, please visit https://health.maryland.gov/ohcq/docs/provider-listings/PDF/WEB_LTC.pdf

► AUGSBURG VILLAGE

410-486-4573

6811 Campfield Road
Baltimore 21207

► AUTUMN LAKE HEALTHCARE

Alice Manor

410-889-9700
2095 Rockrose Avenue
Baltimore 21211

Arlington West

410-664-9535
3939 Penhurst Avenue
Baltimore 21215

Bridgepark

410-542-5306
4017 Liberty Heights Avenue
Baltimore 21207

Catonsville

410-747-1800
16 Fusting Avenue
Catonsville 21228

Homewood

410-323-4223
6000 Bellona Avenue
Baltimore 21212

Loch Raven

410-668-1961
8720 Emge Road
Baltimore 21234

Long Green

410-435-9073
115 East Melrose Avenue
Baltimore 21212

Overlea

410-426-1424
6116 Belair Road
Baltimore 21206

Parkville

410-661-5955
8710 Emge Road
Baltimore 21234

Perring Parkway

410-661-5717
1801 Wentworth Road
Baltimore 21234

Pikesville

410-486-8771
7 Sudbrook Lane
Pikesville 21208

Post-Acute Care Center

410-325-4000
5009 Frankford Avenue
Baltimore 21206

Riverview

410-574-1400
1 Eastern Boulevard
Essex 21221

Summit Park

410-747-3287
1502 Frederick Road
Catonsville 21228

► BLUE POINT HEALTHCARE CENTER

410-367-9100
2525 West Belvedere Avenue
Baltimore 21215

► BROADMEAD

443-578-8020
13801 York Road
Cockeysville 21030

► CHAPEL HILL NURSING CENTER

410-922-2443
4511 Robosson Road
Randallstown 21133

► CHARLESTOWN COMMUNITY, INC

410-247-9700
709 Maiden Choice Lane
Catonsville 21228

► CHARLOTTE HALL VETERANS HOME

301-884-8171
www.charhall.org
29449 Charlotte Hall Road
Charlotte Hall 20622
Income based assisted living, LTC nursing, rehabilitation and memory care.

► CHESTNUT GREEN HEALTH CENTER/BLAKEHURST

410-296-2900
1055 West Joppa Road
Towson 21204

► COMPLETE CARE, LLC

At Heritage
410-282-6310
7232 German Hill Road
Dundalk 21222
At Multi Medical Center
410-821-5500
7700 York Road
Towson 21204

► COURTLAND, LLC

410-521-3600
7920 Scotts Level Road
Baltimore 21208

► EDENWALD

410-616-8809
800 Southerly Road
Towson 21286

► FAYETTE HEALTH AND REHAB CENTER

410-727-3947
1217 West Fayette Street
Baltimore 21223

► FOREST HAVEN NURSING HOME AND REHAB CENTER

410-747-7425
701 Edmondson Avenue
Catonsville 21228

► FRANKLIN WOODS CENTER

410-391-2600
9200 Franklin Square Drive
Baltimore 21237

► FUTURE CARE

Canton Harbor
410-342-6644
1300 South Ellwood Avenue
Baltimore 21224

Charles Village
410-889-8500
2327 North Charles Street
Baltimore 21218

Cherrywood
410-833-3801
12020 Reisterstown Road
Reisterstown 21136

Cold Spring
410-254-3300
4700 Harford Road
Baltimore 21214

Homewood
410-554-6300
2700 North Charles Street
Baltimore 21218

Irrington
410-947-3052
22 South Athol Avenue
Baltimore 21229

Northpoint
410-282-0100
1046 North Point Road
Baltimore 21224

Old Court
410-922-3200
5412 Old Court Road
Randallstown 21133
Sandtown-Winchester
410-669-2750
1000 North Gilmore Street
Baltimore 21217

► GLEN MEADOWS RETIREMENT COMMUNITY

410-592-5310
11630 Glen Arm Road
Glen Arm 21057

N

NURSING HOMES

► **GOOD SAMARITAN NURSING HOME OPERATOR, LLC**
410-532-5600
1601 East Belvedere Avenue
Baltimore 21239

► **GREATER BALTIMORE MEDICAL CENTER SUB ACUTE UNIT**
443-849-2094
6701 North Charles Street
Baltimore 21204

► **HOLLY HILL HEALTHCARE CENTER**
410-823-5310
531 Stevenson Lane
Towson 21286

► **KESWICK**
410-235-8860
410-662-4363
www.choosekeswick.org
700 West 40th Street
Baltimore 21211
Live well. Age well. Be well.

► **KING DAVID NURSING AND REHABILITATION CENTER**
410-486-1500
4204 Old Milford Mill Road
Baltimore 21208

► **LEVINDALE HEBREW GERIATRIC CENTER AND HOSPITAL**
410-466-8700
2434 West Belvedere Avenue
Baltimore 21215

► **LITTLE SISTERS OF THE POOR**
410-744-9367
601 Maiden Choice Lane
Baltimore 21228

► **LOCHEARN NURSING HOME**
410-358-3410
4800 Seton Drive
Baltimore 21215

► **LORIEN MAYS CHAPEL**
410-252-0880
12230 Roundwood Road
Timonium 21093

► **MARYLAND BAPTIST AGED HOME**
410-945-7650
2801 Rayner Avenue
Baltimore 21216

► **MARYLAND MASONIC HOMES, LTD**
410-527-1111
300 International Circle
Cockeysville 21030

► **MEADOW PARK REHABILITATION AND HEALTHCARE CENTER**
410-402-1200
1525 North Rolling Road
Catonsville 21228

► **NORTH OAKS COMMUNITIES**
410-602-0302
725 Mount Wilson Lane
Baltimore 21208

► **NORTHWEST HEALTHCARE CENTER**
410-664-5551
4601 Pall Mall Road
Baltimore 21215

► **NORTHWEST HOSPITAL CENTER SUB ACUTE UNIT**
410-521-2200
5401 Old Court Road
Randallstown 21133

► **OAK CREST VILLAGE**
410-882-3248
8800 Walther Boulevard
Parkville 21234

► **OAKWOOD SNF, LLC**
410-687-1383
1300 Windlass Drive
Baltimore 21220

► **ORCHARD HILL REHAB AND HEALTHCARE CENTER**
410-828-6500
111 West Road
Towson 21204

► **PATAPSCO HEALTH AND REHABILITATION**
410-655-7373
9109 Liberty Road
Randallstown 21133



► **PEAK HEALTHCARE**
At Caton Manor
410-525-1544
3330 Wilkens Avenue
Baltimore 21229

At Frederick Villa
410-788-3300
711 Academy Road
Catonsville 21228

► **PICKERSGILL RETIREMENT COMMUNITY**
410-825-7423
615 Chestnut Avenue
Towson 21204

► **PROMEDICA SKILLED NURSING & REHAB**
Brightwood
410-296-1990
515 Brightfield Road
Lutherville 21093

Roland Park
410-662-8606
4669 Falls Road
Baltimore 21209
Rossville
410-574-4950
6600 Ridge Road
Rosedale 21237

Ruxton
410-337-8313
7001 North Charles Street
Towson 21204
Towson
410-828-9494
509 East Joppa Road
Towson 21286

► **RIDGEWAY MANOR NURSING AND REHAB CENTER**
410-747-5250
5743 Edmondson Avenue
Catonsville 21228

► **ROLAND PARK PLACE**
410-243-5800
830 West 40th Street
Baltimore 21211

► **ST. ELIZABETH REHABILITATION AND NURSING CENTER**
667-600-2600
3320 Benson Avenue
Baltimore 21227

► **ST. JOSEPH'S NURSING HOME**
410-747-0026
1222 Tugwell Drive
Catonsville 21228

► **STELLA MARIS, INC**
410-252-4500
2300 Dulaney Valley Road
Timonium 21093

► **THE NURSING AND REHAB CENTER AT STADIUM PLACE**
410-554-9890
1010 East 33rd Street
Baltimore 21218

► **TRANSITIONAL CARE SERVICES AT MERCY MEDICAL CENTER**
410-332-9287
301 Saint Paul Place
Baltimore 21202

► **WESTGATE HILLS REHAB & HEALTHCARE CENTER**
410-646-2100
10 North Rock Glen Road
Baltimore 21229

N

NURSING HOMES - NUTRITION SERVICES

NURSING HOMES - RELATED PROGRAMS

► COMMUNITY FIRST CHOICE

410-887-2594 (County)
410-396-2273 (City)
Enables individuals 18 and older, who have Community Medical Assistance and meet Medicaid's institutional level of care to remain in a community setting. To begin the eligibility determination process, call MD Access Point for the Long Term Services and Supports Screen.

► HOME AND COMMUNITY BASED OPTIONS WAIVER

410-887-2594 (County)
410-396-2273 (City)
Enables individuals 18 and older, who are financially eligible and meet Medicaid's long-term care admission criteria to remain in a community setting. To begin the eligibility determination process, call MD Access Point for the Long Term Services and Supports Screen. *See Financial Eligibility Guidelines listed in publication.

► KESWICK

410-235-8860
410-662-4363
www.choosekeswick.org
700 West 40th Street
Baltimore 21211
Live well. Age well. Be well.

► LEGAL AID BUREAU, INC, NURSING HOME PROGRAM

410-427-1800 (County)
410-951-7750 (City)
Free legal assistance for nursing home and assisted living residents who meet financial eligibility. Assists with legal problems related to their care in the facility. Helps with appeals for Home and Community Based Services.

► LONG TERM CARE MEDICAL ASSISTANCE

410-887-2594 (County)
410-396-2273 (City)
Medicaid application for nursing home residents. Apply online for services. Contact the County/City for paper copies of the application.

► MARYLAND HEALTH CARE COMMISSION, NURSING HOME GUIDE

410-764-3460
<https://healthcarequality.mhcc.maryland.gov/nursinghome/suggestion>
Compares nursing home facilities.

► NURSING HOME COMPARE

www.medicare.gov/care-compare

► OFFICE OF HEALTH CARE QUALITY, NURSING HOMES, LONG TERM CARE UNIT

410-402-8201
Ensures that State licensure and Medicare/Medicaid standards are maintained. Investigates complaints of resident abuse.

► OMBUDSMAN PROGRAM

410-887-4200 (County)
410-396-3144 (City)
Advocates for long-term-care residents, provides resolution or referral of complaints concerning nursing homes and assisted living facilities.

NUTRITION SERVICES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273. See also Summary of Services –Eating Together Program.

SENIOR CENTERS AND ADDITIONAL CONGREGATE MEAL PROGRAMS

The Eating Together Program provides meals at Senior Centers, Community Nutrition Sites or Congregate Housing locations in Baltimore County and Baltimore City. There is no charge for the meal; however, a confidential, voluntary donation is requested to help maintain the program. Advance reservations are required. Baltimore County Senior Center Councils also sponsor meals for special events; these meals may have additional fees. Contact sites directly for meal days and times.

B = Breakfast
E = Evening meals
H = Halal meals only
K = Kosher meals only
L = Lunch meals
KOR = Korean meals only

BALTIMORE COUNTY

► ARBUTUS SENIOR CENTER (L)

410-887-1410

► ATEAZE SENIOR CENTER (L)

410-887-7233

► BYKOTA SENIOR CENTER (L)

410-887-3094

► CATONSVILLE SENIOR CENTER (L)

410-887-0900

► COCKEYSVILLE SENIOR CENTER (L)

410-887-7694

► EDGEMERE SENIOR CENTER (L)

410-887-7530

► ESSEX CO-OP APARTMENTS (E)

410-391-7616

► ESSEX SENIOR CENTER (L)

410-887-0267

► FLEMING SENIOR CENTER (L)

410-887-7225

► GOLDEN RING APARTMENTS (E)

410-682-4094

► HERFORD SENIOR CENTER (L)

410-887-1923

► ISLAMIC SOCIETY OF BALTIMORE (H) (L) (E)

410-747-4869

► JACKSONVILLE SENIOR CENTER (L)

410-887-8208

► LANSDOWNE/ BALTIMORE HIGHLANDS SENIOR CENTER (L)

410-887-1443

► LIBERTY SENIOR CENTER (L)

410-887-0780

► OVERLEA-FULLERTON SENIOR CENTER (L)

410-887-5220

► PARK VIEW AT CATONSVILLE (E)

410-719-9464

► PARK VIEW AT TOWSON (E)

410-828-7185

► PARKVILLE SENIOR CENTER (L)

410-887-5338

► PIKESVILLE SENIOR CENTER (K) (L)

410-887-1245

► REISTERSTOWN SENIOR CENTER (L)

410-887-1143

► REISTER'S VIEW (E)

410-517-4994

► ROSEDALE SENIOR CENTER (L)

410-887-0233

► SEVEN OAKS SENIOR CENTER (L)

410-887-5192

► ST. LUKE'S PLACE (L)

667-600-3662

► TABCO TOWERS (L)

410-821-9220

► VICTORY VILLA SENIOR CENTER (L)

410-887-0235

► VILLAGE CROSSROADS I (E)

667-600-2362

► VILLAGE CROSSROADS II (E)

667-600-2370

N - O NUTRITION SERVICES - OTHER DISABILITY RESOURCES

▶ **WEINBERG GARDENS (K) (E)**
410-602-8200
▶ **WEINBERG HOUSE (K) (E)**
410-602-2405
▶ **WEINBERG VILLAGE I (K) (E)**
410-581-7878
▶ **WEINBERG VILLAGE III (K) (E)**
410-581-7878
▶ **WOODLAWN SENIOR CENTER (L)**
410-887-6887

BALTIMORE CITY

▶ **ABUNDANT LIFE TOWERS (L)**
410-367-5433
▶ **APOSTOLIC TOWERS (L)**
410-342-1353
▶ **ASHLAND TERRACE (L)**
410-276-6440
▶ **AUGSBURG LUTHERAN CHURCH (L)**
410-542-6270
▶ **BASILICA PLACE (L)**
667-600-3292
▶ **BELVEDERE GREEN (E)**
410-433-7255
▶ **BERNARD E. MASON (L) (E)**
410-396-0488
▶ **BOLTON NORTH (L)**
410-462-5433
▶ **CHERRY HILL SENIOR CENTER (L)**
410-396-3838
▶ **COLDSTREAM (L)**
410-396-6746
▶ **CURTIS BAY REC. CENTER (L)**
410-396-1811
▶ **DELTA SIGMA THETA SORORITY (L)**
410-608-3344
▶ **DEPAUL HOUSE (L)**
667-600-2685
▶ **EDGEWOOD RECREATION CENTER (L)**
443-984-3105
▶ **EDWARD A. MYERBERG SENIOR CENTER (K) (L)**
410-358-6856
▶ **ELLERSLIE APARTMENTS (L)**
410-396-3005
▶ **EPIPHANY HOUSE (L)**
410-323-3040
▶ **EVERALL GARDEN APARTMENTS (E)**
410-444-5850
▶ **FORREST PARK SENIOR CENTER (L)**
410-466-2124
▶ **FOSTER GRANDPARENTS UNION BAPTIST CHURCH CHILD CARE CENTER (E)**
410-366-6356
▶ **GREENMOUNT SENIOR CENTER (KOR) (L)**
410-396-3552
▶ **HANOVER SQUARE APARTMENTS (L)**
410-962-1043
▶ **HARBOR APARTMENT (E)**
410-837-1010
▶ **HARFORD SENIOR CENTER (L)**
410-426-4009
▶ **HATTON SENIOR CENTER (L)**
410-396-9025
▶ **HIGHLANDTOWN PLAZA (E)**
410-674-4460
▶ **IVY FAMILY SUPPORT CENTER (L)**
410-367-6750
▶ **JOHN BOOTH SENIOR CENTER (L)**
410-396-9202
▶ **KIRKWOOD HOUSE (L)**
410-464-0106
▶ **LAKEWOOD APARTMENTS (L)**
410-522-7444
▶ **LINDEN PARK APARTMENTS (E)**
410-728-7806
▶ **MANHATTAN PARK APARTMENTS (L)**
410-466-8080
▶ **MANORS WEST (K) (L)**
410-396-6228
▶ **MCKIM CENTER HOMELESS SHELTER (L)**
410-276-5519
▶ **MORAVIA PARK APARTMENTS (L)**
410-325-3890
▶ **MOUNT CLARE OVERLOOK (L)**
410-727-4477

▶ **N. M. CARROLL MANOR (L)**
410-669-4270
▶ **OLIVER SENIOR CENTER (L)**
410-545-6239
▶ **OUR LADY OF FATIMA (L)**
410-631-3555
▶ **PARKVIEW APARTMENTS (E)**
410-542-4400
▶ **PENN NORTH PLAZA (L)**
410-383-8595
▶ **RENAISSANCE GARDENS (E)**
410-685-7183
▶ **SANDTOWN WINCHESTER SENIOR CENTER (B) (L)**
410-396-7724
▶ **SENIOR COMPANION (L)**
410-396-8013
▶ **SENIOR NETWORK SENIOR CENTER (L)**
410-323-7131
▶ **SMALLWOOD SUMMIT (L)**
410-566-5792
▶ **STADIUM PLACE/ EDNOR HOUSE (L)**
410-243-0180
▶ **WABASH COOPERATIVE APARTMENTS (L)**
410-342-8003
▶ **WALKERS MEWS (E)**
410-323-8507
▶ **WATERS TOWERS (L)**
410-342-6240
▶ **WAXTER SENIOR CENTER (B) (L)**
410-396-1331
▶ **WAYLAND VILLAGE (L)**
410-578-9142
▶ **WEINBERG PLACE (K) (E)**
410-542-4111
▶ **WESTMINSTER HOUSE (L)**
410-837-0180
▶ **WOODBOURNE WOODS (E)**
410-433-7255
▶ **ZETA COMMUNITY CENTER (L)**
410-396-3535

MEAL PREPARATION

See Home Health Services and Home Care (Non-Medical).

OTHER NUTRITION SERVICES

▶ **GBMC GECKLE DIABETES & NUTRITION CENTER**
443-849-2000
443-849-GBMC (4262)
www.gbmc.org/diabetes
Pavilion North
6535 North Charles Street,
Suite 405
Towson 21204

▶ **MEALS ON WHEELS OF CENTRAL MARYLAND, INC**
410-558-0827
www.mealsonwheelsmd.org
Delivers two nutritious meals per day, Monday-Friday, to the homebound of any age. Kosher meals available on limited basis.

▶ **MOVEABLE FEAST**
410-327-3420
Home-delivered meals to persons with cancer or HIV/AIDS. Program requires a referral from a physician.

▶ **OUR DAILY BREAD**
667-600-3400

OCCUPATIONAL THERAPY

See Therapy: Occupational, Physical and Speech.

OPTICIANS/ OPTICAL SERVICES

See Physicians, Physician Referral Services, Physicians Who Make House Calls and Vision Resources.

OTHER DISABILITY RESOURCES

See Disability Resources.



We help older adults remain in their homes.

MedStar House Call Program provides compassionate and personal health care to older adults in the comfort of their homes at no additional cost.

Our team of doctors, nurse practitioners, and social workers provide patient-centered care. For more information, please visit **MedStarHealth.org** or call **443-444-6100**.



PERSONAL ALERT SYSTEMS - PHYSICIANS

PERSONAL ALERT SYSTEMS

See Medical Alert Systems.

PERSONAL EMERGENCY RESPONSE SYSTEMS

See Medical Alert Systems.

PERSONAL NEEDS

See Medical Equipment and Supplies and Pharmacies Offering Home Delivery.

► FUNCTIONAL NEUROMODULATION, INC/ADVANCE II

410-550-9022
www.advancestudy4ad.com
Mild Alzheimer's Disease study seeking participants. To qualify: www.mildalzheimersstudy.com

► MID-ATLANTIC MEDICAL SUPPLY AND EQUIPMENT

410-363-2279
www.suppliesforliving.com
718 Main Street
Reisterstown 21136
Price-match promise, delivery and insurance billing.

► VASCULAR SURGERY ASSOCIATES, LLC

855-648-9982
www.vascularsurgeryassociates.net
Full spectrum vascular/wound care specialists serving Maryland and Delaware.

PHARMACIES OFFERING HOME DELIVERY

Please check with your local pharmacy.

PHYSICAL THERAPY

See Therapy: Occupational Physical and Speech.

PHYSICIAN REFERRAL SERVICES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

► MEDICARE

800-633-4227
www.medicare.gov (Click Find Care)
To identify physicians who accept Medicare reimbursement.

PHYSICIANS

See Health Clinics, Hearing Resources, Hospital Subspecialties, Mental Health Services, Physicians Who Make House Calls and Vision Resources.

► MEDSTAR HEALTH CENTER FOR SUCCESSFUL AGING

443-444-4720
www.medstarhealth.org
Morgan Building
5601 Loch Raven Boulevard, Suite 502
Baltimore 21239
A dedicated team supporting patients/caregivers with complex age-related needs.

► MEDSTAR HOUSE CALL PROGRAM

443-444-6100
www.medstarhousecall.org
Bringing primary care to aging adults in their Baltimore homes.

► VASCULAR SURGERY ASSOCIATES, LLC

855-648-9982
www.vascularsurgeryassociates.net
Full spectrum vascular/wound care specialists serving Maryland and Delaware.

P - R

PHYSICIANS WHO MAKE HOUSE CALLS - RECREATION AND LEISURE ACTIVITIES

PHYSICIANS WHO MAKE HOUSE CALLS

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594, or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

► MEDSTAR HOUSE CALL PROGRAM

443-444-6100
www.medstarhousecall.org
Bringing primary care to aging adults in their Baltimore homes.

PROFESSIONAL ORGANIZATIONS

► ADMINISTRATION FOR COMMUNITY LIVING (ACL)

202-401-4634
www.acl.gov

► AGING STATS

www.agingstats.gov

► AMERICAN ACADEMY OF HOME CARE MEDICINE

855-576-8482
www.aahcm.org

► AMERICAN GERIATRICS SOCIETY

212-308-1414
www.americangeriatrics.org

► AMERICAN SOCIETY ON AGING

800-537-9728
www.asaging.org

► ANNENBERG PUBLIC POLICY CENTER

215-898-9400
www.factcheck.org

► CENTER FOR RETIREMENT RESEARCH AT BOSTON COLLEGE

617-552-1762
<https://crr.bc.edu>



► GERONTOLOGICAL SOCIETY OF AMERICA, THE

202-842-1275
www.geron.org

► LEADERSHIP COUNCIL OF AGING ORGANIZATIONS

www.lcao.org

► NATIONAL ASSOCIATION OF AREA AGENCIES ON AGING

202-872-0888
www.n4a.org

► NATIONAL COUNCIL ON AGING (NATIONAL INSTITUTE OF SENIOR CENTERS - NISC)

571-527-3900
www.ncoa.org

► NATIONAL LONG TERM CARE OMBUDSMAN RESOURCE CENTER

202-332-2275
lcombudsman.org

► NATIONAL RESPITE NETWORK AND RESOURCE CENTER

703-256-2084
www.archrespite.org

► TOWSON UNIVERSITY-GERONTOLOGY PROGRAM

410-704-4049
www.towson.edu/careercenter/students/careers/major/gerontology.html

► WOMEN'S INSTITUTE FOR A SECURE RETIREMENT

202-393-5452
www.wiserwomen.org

PUBLICATIONS OF INTEREST

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

► BALTIMORE CITY HEALTH DEPARTMENT

410-396-4398

► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING, MARYLAND ACCESS POINT, GOLD CARD, CARE BROCHURES

410-396-2273

► BALTIMORE COUNTY DEPARTMENT OF AGING PUBLICATIONS

410-887-2594

(Maryland Access Point of Baltimore County)

Produces publications and other informational media that are primarily available at no cost including, but not limited to, the following:

- *Consumer Reference Guide*

- *Community Resources 2023*

- *The Power of Age Program*

Guide - available in September

- *Time of Your Life Digest**

(subscription fee applies/advertising opportunities available)

Contact Maryland Access Point of Baltimore County for information.

Publications are also available at 20 Baltimore County senior centers, Baltimore County public libraries and partnerships throughout the County and City.

To view senior center newsletters online visit:
<https://www.baltimorecountymd.gov/departments/aging/centers/index.html>

► CAREGIVER CONNECTION

410-887-4724

A free quarterly newsletter for caregivers by mail or email.

To subscribe, visit:

<https://www.baltimorecountymd.gov/departments/aging/caregivers/index.html>

► COUNTY CONNECT

A biweekly e-newsletter from the County Executive's office.

To subscribe, visit <https://www.baltimorecountymd.gov/subscribe/index.html>

► EMERGENCY CARD

Orange Card -

410-887-2594 (County)

Gold Card -

410-396-2273 (City)

Card provides centralized listing for medications and other medical information.

Place on refrigerator for emergency personnel.

► TIME OF YOUR LIFE DIGEST*

410-887-3050

410-887-2012 (Advertising)

www.baltimorecountymd.gov/agencies/aging/publications/timeofyourlifedigest.html

A newspaper filled with information and interests pertaining to mature adults, baby boomers, caregivers, families, persons with disabilities and professionals. Published eight times annually by the Baltimore County Department of Aging. Cost is \$5 per year for subscribers 60 and older who live in Baltimore County; \$7 per year for all other subscribers. Affordable advertising opportunities with free graphic support available.

RECREATION AND LEISURE ACTIVITIES

► BALTIMORE CITY RECREATION AND PARKS

410-396-7900 (Administration)

410-396-1550 (Therapeutic)

Variety of programming for persons with disabilities.

R

RECREATION AND LEISURE ACTIVITIES

► **BALTIMORE CITY RECREATION AND PARKS, SENIOR CITIZENS DIVISION GOLDEN AGE CLUBS**
410-396-2920

► **BALTIMORE COUNTY DEPARTMENT OF RECREATION AND PARKS**
410-887-3871
Recreation and leisure opportunities.
Office of Therapeutic Recreation Services
410-887-5370
410-887-5319 (TTY)
www.baltimorecountymd.gov/Agencies/recreation/programdivision/therapeutic/index.html
1801 Glen Keith Blvd
Parkville 21234
Variety of recreational opportunities and services for individuals with disabilities county-wide.

► **BALTIMORE COUNTY OFFICE OF TOURISM AND CULTURAL ARTS**
410-887-4289

► **BALTIMORE COUNTY SENIOR CENTERS**
(See "Senior Centers")

► **CHESAPEAKE REGION ACCESSIBLE BOATING (CRAB)**
410-266-5722
www.crabsailing.org
Sailing for physically and/or developmentally-challenged individuals.

► **DOWNTOWN SAILING CENTER**
410-727-0722
www.downtownsailing.com
Educational and recreational sailing programs for persons with disabilities.

► **KESWICK**
410-235-8860
410-662-4363
www.choosekeswick.org
700 West 40th Street
Baltimore 21211
Live well. Age well. Be well.

► **LEAGUE OF DREAMS, INC**
410-719-1641
www.leagueofdreams.org
Baseball and softball games for persons with disabilities.

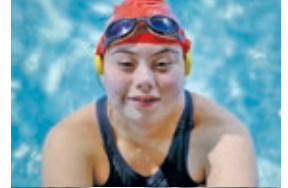
► **MARYLAND COUNCIL FOR SPECIAL EQUESTRIANS (MCSE)**
443-487-1347
Equine facilitated therapies for persons with disabilities.

► **MARYLAND RAVENS, INC**
410-825-5359
www.marylandravens.org
Promotes abilities with physically challenged participants through athletics, lectures and community service.

► **MARYLAND SENIOR OLYMPICS**
240-777-4930
www.mdseniorolympics.org
Competitions for people age 50 and over in archery, bowling, cycling, golf, horseshoes, track and field and more.

► **SPECIAL OLYMPICS MARYLAND**
410-242-1515
800-541-7544 (Toll Free In Maryland)
www.somd.org
Year-round sports including aquatics, alpine skiing, soccer and sailing.

► **SENIOR BOX OFFICE**
410-887-5399
www.seniorboxoffice.org
Volunteer program that distributes discounted event tickets to members.
Travel opportunities available without membership.



► **TALMAR GARDENS AND HORTICULTURAL THERAPY CENTER**
410-825-2020
www.talmar.org
Vocational and horticultural therapy programming for youth and adults with special needs.

GOLF COURSES, BALTIMORE CITY

Carroll Park
410-685-8344
Clifton Park
410-243-3500
Forest Park
410-448-4653
Mount Pleasant
410-254-5100
Pine Ridge
410-252-1408

GOLF COURSES, BALTIMORE COUNTY

410-887-GOLF (4653)
www.baltimoregolfing.com
Diamond Ridge, Press 1
Greystone, Press 2
Fox Hollow, Press 4
Rocky Point, Press 3
The Woodlands, Press 1

MOXIEMOVEZ™



"Move it or lose it!!" We teach your grandparents how to ditch their walker. Helping older adults to keep their mojo through fitness, selling crafts and brain games. We provide activity directors with the tools they need to make planning activities less stressful.



For more info go to:
MoxieMovez.com
(443) 840-7172

R

RECREATION AND LEISURE ACTIVITIES - REVERSE MORTGAGES

AQUATIC PROGRAMS FOR OLDER ADULTS AND PERSONS WITH PHYSICAL DISABILITIES

Recreational water programs led by trained instructors. Ability to swim not required. Fees vary.

► **THE LEAGUE FOR PEOPLE WITH DISABILITIES, WELLNESS PROGRAM**
443-961-3079
www.leagueforpeople.org
Recreational and wellness activities for persons with disabilities.

RESPIRE CARE SERVICES

See Assisted Living Programs, Home Health Services, Home Care (Non-Medical), Home Care/Alzheimer's Dementia, Memory Care and Nursing Homes.

► **HOME INSTEAD SENIOR CARE**
410-337-8910
www.homeinstead.com/131
110 West Road, Suite 410
Towson 21204
For seniors, a life well lived should continue at home.

► **KESWICK**
410-235-8860
410-662-4363
www.choosekeswick.org
700 West 40th Street
Baltimore 21211
Live well. Age well. Be well.

► **STELLA MARIS**
410-252-4500, Ext. 7546
www.stellamaris.org
2300 Dulaney Valley Road
Timonium 21093
Provides a range of medical services throughout the Baltimore region.

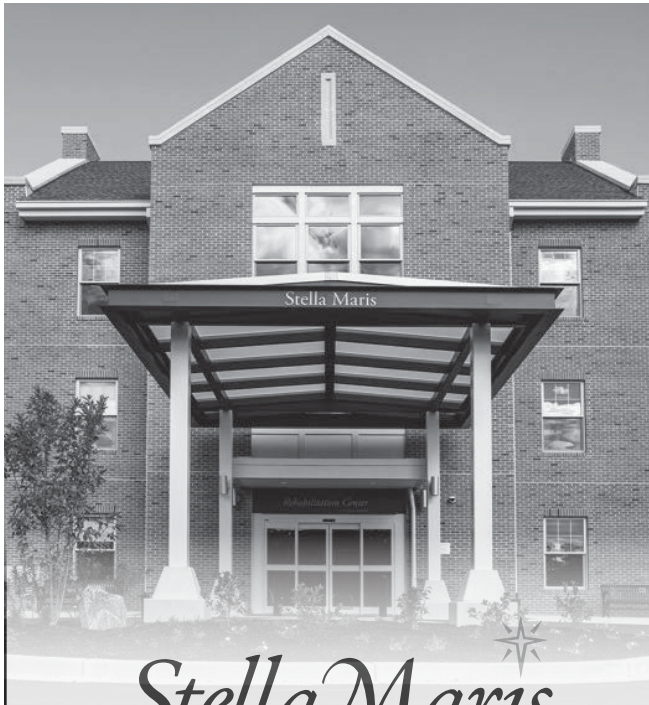
REVERSE MORTGAGES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

Reverse mortgage counseling is a mandatory part of the application process.



► **U.S. DEPARTMENT OF HOUSING AND URBAN DEVELOPMENT, HOME EQUITY CONVERSION MORTGAGE PROGRAM (HECM)**
800-569-4287
www.hud.gov
Lists housing counseling agencies.



Stella Maris

A Tradition of Mercy. A Heart of Caring.

410.252.4500 | stellamaris.org

STELLA MARIS

Stella Maris is regionally recognized for:

Rehabilitation Services – Recover in the comfort of a modern rehabilitation center featuring all private rooms and the Bioness Vector Gait and Safety System.
Short-Term and Outpatient Rehabilitation

Home Health Care – Teaching patients how to manage and adapt to their medical conditions. Access to a highly-trained nurse is available to patients and their families 24-hours a day.

Hospice Care – Support for those living with a life-limiting illness.
Home Hospice and Inpatient Hospice

Long Term Care – Serving the needs of residents with chronic conditions, including dementia



SENIOR CENTERS

SENIOR CENTERS

BALTIMORE COUNTY

410-887-2040
www.baltimorecountymd.gov/seniorcenters

Live Longer, Live Well at a Baltimore County Senior Center. Baltimore County Department of Aging's 21 senior centers provide opportunities for persons 60 years of age and older (sites with a # are open to individuals age 50 and older) to get energized by participating in a diverse array of events, classes, and other activities. Chances for leadership, lifelong learning, volunteerism, skill development, and socialization abound, with trips, social events, sports, exercise, art, dance, drama, health screenings, music and evidence-based wellness programs offered on a daily basis. Fourteen senior centers offer access to fitness equipment for an additional fee. A lunch-time "Eating Together" program is available at all senior centers (see Nutrition Services), while a Center Connection program for individuals needing some additional support is offered at eight sites. The senior centers also offer information and assistance for caregivers and resources to assist older adults to remain independent in the community. Virtual programs are also available through the OPAL Center.

CENTER CONNECTION

A senior center service that supports and links individuals to senior center programs. Available at eight senior centers marked by asterisk*.

▶ ARBUTUS SENIOR CENTER

410-887-1410
www.baltimorecountymd.gov/arbutus
855A Sulphur Spring Road
Baltimore 21227

▶ ATEAZE SENIOR CENTER*

410-887-7233
410-284-3273 (Council)
410-285-0481 (Travel Desk)
www.baltimorecountymd.gov/ateaze
7401 Holabird Avenue
Dundalk 21222

▶ BYKOTA SENIOR CENTER*

410-887-3094
410-887-1691 (Travel Desk)
www.baltimorecountymd.gov/bykota
611 Central Avenue
Towson 21204

▶ CATONSVILLE SENIOR CENTER*

410-887-0900
410-744-0170 (Travel Desk)
www.baltimorecountymd.gov/catonsville
501 North Rolling Road
Catonsville 21228

▶ COCKEYSVILLE SENIOR CENTER*

(at Warren Place Apts.)
410-887-7694
410-666-0896 (Travel Desk)
www.baltimorecountymd.gov/cockeysville
10535 York Road
Cockeysville 21030

▶ EDGEMERE SENIOR CENTER

410-887-7530
410-477-2141 (Travel Desk)
www.baltimorecountymd.gov/edgemere
6600 North Point Road
Edgemere 21219

▶ ESSEX SENIOR CENTER*

410-887-0267
410-887-3909 (Travel Desk)
www.baltimorecountymd.gov/essex
600 Dorsey Avenue
Essex 21221

▶ FLEMING SENIOR CENTER#

410-887-7225
www.baltimorecountymd.gov/fleming
641 Main Street
Dundalk 21222

▶ HEREFORD SENIOR CENTER#

410-887-1923
www.baltimorecountymd.gov/hereford
510 Monkton Road,
2nd Floor
Hereford 21111

▶ JACKSONVILLE SENIOR CENTER

410-887-8208
www.baltimorecountymd.gov/jacksonville
3605A Sweet Air Road
Phoenix 21131

▶ LANSDOWNE/BALTIMORE HIGHLANDS SENIOR CENTER#

410-887-1443
www.baltimorecountymd.gov/lansdowne
424 Third Avenue
Lansdowne 21227

▶ LIBERTY SENIOR CENTER*

410-887-0780
www.baltimorecountymd.gov/liberty
3525 Resource Drive
Randallstown 21133

▶ OPAL CENTER

410-887-3654
www.baltimorecountymd.gov/opalcenter
A virtual senior center.

▶ OVERLEA-FULLERTON SENIOR CENTER

410-887-5220
www.baltimorecountymd.gov/overleafullerton
4314 Fullerton Avenue
Overlea 21236

▶ PARKVILLE SENIOR CENTER*

410-887-5338
410-882-6087 (Travel Desk)
www.baltimorecountymd.gov/parkville
8601 Harford Road
Parkville 21234

▶ PIKESVILLE SENIOR CENTER*

410-887-1245
410-484-5285 (Council/Travel Desk)
www.baltimorecountymd.gov/pikesville
1301 Reisterstown Road
Pikesville 21208

▶ REISTERSTOWN SENIOR CENTER

410-887-1143
410-887-6958 (Travel Desk)
www.baltimorecountymd.gov/reisterstown
12035 Reisterstown Road
Reisterstown 21136

▶ ROSEDALE SENIOR CENTER

410-887-0233
410-574-4125 (Travel Desk)
www.baltimorecountymd.gov/rosedale
1208 Neighbors Avenue
Rosedale 21237

▶ SEVEN OAKS SENIOR CENTER

410-887-5192
443-608-0613 (Travel Desk)
www.baltimorecountymd.gov/sevenoaks
9210 Seven Courts Drive
Nottingham 21236

▶ VICTORY VILLA SENIOR CENTER

410-887-0235
410-686-1352 (Travel)
www.baltimorecountymd.gov/victoryvilla
403 Compass Road
Middle River 21220

▶ WOODLAWN SENIOR CENTER

410-887-6887
410-887-5590 (Travel Desk)
www.baltimorecountymd.gov/woodlawn
6665 Security Boulevard
Baltimore 21207
*As of August 1, Woodlawn Senior Center will be temporarily located at the above address.

S

SENIOR CENTERS - SUPPORT GROUPS

BALTIMORE CITY

Healthy and Active Aging is the theme of Baltimore City's thirteen (13) senior centers. Eight (8) of the thirteen are operated by Baltimore City. Centers are strategically located throughout the city offering a range of services, programs and activities that help meet the social, physical and intellectual needs of older adults.

Each center provides opportunities for adults, age 55 and older to engage in activities that are stimulating, enhancing and culturally diverse. Participants can choose from an array of choices and options that foster skill development, lifelong learning, art creativity, and cultural exchange. In addition, centers provide nutritional health, education, screening and a safe, embracing environment for socialization within the community, and also opportunities for volunteerism.

Baltimore City welcomes you to connect with any one of the thirteen (13) centers and find what interests you to maintain a healthy and active aging lifestyle.

► **ACTION IN MATURITY**
410-889-7915
700 West 40th Street
Baltimore 21211

► **CHERRY HILL SENIOR CENTER**
410-396-2920
3301 Waterview Avenue
Baltimore 21230

► **EDWARD A. MYERBERG SENIOR CENTER**
410-358-6856
3101 Fallstaff Road
Baltimore 21209

► **FOREST PARK SENIOR CENTER**
410-466-2124
4801 Liberty Heights Avenue
Baltimore 21207

► **GREENMOUNT SENIOR CENTER**
410-528-1552
425 East Federal Street
Baltimore 21202

► **HARFORD SENIOR CENTER**
410-426-4009
4920 Harford Road
Baltimore 21214

► **HATTON SENIOR CENTER**
410-396-9025
2825 Fait Avenue
Baltimore 21224

► **JOHN BOOTH SENIOR CENTER**
410-396-9202
2601-A East Baltimore Street
Baltimore 21224

► **OLIVER SENIOR CENTER**
410-396-3861
1700 North Gay Street
Baltimore 21213

► **SANDTOWN-WINCHESTER SENIOR CENTER**
410-396-7724
1601 Baker Street
Baltimore 21217

► **SENIOR NETWORK OF NORTH BALTIMORE**
410-323-7131
5828 York Road
Baltimore 21212

► **WAXTER SENIOR CENTER**
410-396-1324
1000 Cathedral Street
Baltimore 21201

► **ZETA CENTER FOR HEALTHY AND HEALTHY LIVING**
410-396-3535
4501 Reisterstown Road
Baltimore 21215

SOCIAL WORK

See Case Management.

SPECIALIZED ADVOCACY GROUPS

See Advocacy Services, Disability Resources, Legal Services and Support Groups.

SPEECH THERAPY

See Therapy: Occupational, Physical and Speech.

SUICIDE HOTLINES

See Hotlines and Mental Health Services.

SUPPORT GROUPS

ALCOHOLISM

► **AL-ANON FAMILY GROUP**
410-832-7094

► **ALCOHOLICS ANONYMOUS**
410-663-1922

ALZHEIMER'S DISEASE

► **ALZHEIMER'S ASSOCIATION**
410-561-9099
www.alz.org/maryland
Support groups and maintains listing of other support groups.

► **HOPKINS ELDERPLUS**
410-550-7047
410-550-8093
www.hopkinsbayview.org/hopkinselderplus
Mason F. Lord Building, East Tower, Ground Floor
4940 Eastern Avenue
Baltimore 21224
Stay in the home you love. Visit us for care.

AMPUTEE SUPPORT

► **GOOD SAMARITAN HOSPITAL**
443-444-4100



► **UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE**
410-448-2500

ASTHMA

► **AMERICAN LUNG ASSOCIATION**
800-586-4872

► **ASTHMA AND ALLERGY FOUNDATION**
202-974-1223

BEREAVEMENT/ GRIEF

► **BEREAVED PARENTS USA**
410-274-9932
Bereaved parents/grandparents.

► **COUNSELING CENTER AT STELLA MARIS**
410-252-4500, Ext. 7291
Individual counseling and support groups.

► **GILCHRIST HOSPICE CARE**
443-849-8251
General adult support groups.

► **HEARTLAND HOSPICE**
410-719-8670

► **HOPEWELL CANCER SUPPORT**
410-832-2719
For adults/children.

S

SUPPORT GROUPS

CANCER

▶ **AMERICAN CANCER SOCIETY**

800-227-2345

▶ **BALTIMORE CANCER SUPPORT GROUP, ST. PETER'S LUTHERAN CHURCH**

410-668-1762

Patients, caregivers and bereavement.

▶ **CANCER INFORMATION SERVICE**

800-4-CANCER

▶ **GBMC ONCOLOGY SUPPORT PROGRAMS**

443-849-2961

▶ **HOPEWELL CANCER SUPPORT**

410-832-2719

▶ **HOSPICE AND PALLIATIVE CARE NETWORK OF MD**

410-891-5741

www.hnmd.org

▶ **MEDSTAR UNION MEMORIAL HOSPITAL ARM-IN-ARM BREAST CANCER SUPPORT GROUP**

443-444-6420

▶ **UNIVERSITY OF MARYLAND MEDICAL CENTER - ST. JOSEPH CANCER INSTITUTE SUPPORT SERVICES**

410-427-2011

CAREGIVERS

See Caregivers / Grandparent Support.

▶ **BALTIMORE CITY HEALTH DEPARTMENT OFFICE OF AGING, FAMILY CAREGIVERS SUPPORT PROGRAM**

410-396-1337

▶ **CAREGIVER ACTION NETWORK**

855-227-3640

www.caregiveraction.org

▶ **FAMILY CAREGIVER ALLIANCE (FCA)**

800-445-8106

www.caregiver.org

▶ **HOPKINS ELDERPLUS**

410-550-7047

410-550-8093

www.hopkinsbayview.org/hopkinselderplus

Mason F. Lord Building, East Tower, Ground Floor
4940 Eastern Avenue
Baltimore 21224

Stay in the home you love.
Visit us for care.

▶ **UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE, CAREGIVERS SUPPORT GROUP**

410-448-6410

▶ **WELL SPOUSE ASSOCIATION**

732-577-8899

www.wellspouse.org

DEVELOPMENTAL DISABILITIES

▶ **CHESAPEAKE DOWN SYNDROME PARENT GROUP, INC**

410-321-5434

www.cdspg.org

DIABETES

▶ **AMERICAN DIABETES ASSOCIATION**

410-265-0075

www.diabetes.org

▶ **UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER**

410-337-1382

DIVORCE

▶ **CHANGING FOCUS**

410-721-0992

EATING DISORDERS

▶ **OVEREATERS ANONYMOUS**

443-475-0443

EPILEPSY

▶ **EPILEPSY FOUNDATION OF MARYLAND**

301-918-2100

HEARING

▶ **HASA | THE HEARING AND SPEECH AGENCY**

See Hearing Resources.

KIDNEY

▶ **NATIONAL KIDNEY FOUNDATION**

800-622-9010

www.kidney.org

LOW VISION

▶ **BLIND INDUSTRIES AND SERVICES OF MARYLAND**

See Vision Resources.

MENTAL HEALTH

▶ **INSIGHTS IN AGING - GERIATRIC SERVICES GROUP**

Ateaze Senior Center

410-887-7233

Bykota Senior Center

410-887-3094

Catonsville Senior Center

410-887-0900

Essex Senior Center

410-887-0267

Liberty Senior Center

410-887-0780

Pikesville Senior Center

410-887-1245

MESOTHELIOMA

▶ **MESOTHELIOMA CENTER**

888-612-0708

MULTIPLE SCLEROSIS

▶ **NATIONAL MULTIPLE SCLEROSIS SOCIETY**

443-641-1200 (MD Chapter)

▶ **THE LEAGUE FOR PEOPLE WITH DISABILITIES, MS DAY PROGRAM**

410-323-0500

PARKINSON'S DISEASE

▶ **PROGRESSIVE SUPRANUCLEAR PALSY, SOCIETY FOR**

800-457-4777

▶ **UNIVERSITY OF MARYLAND PARKINSON'S DISEASE AND MOVEMENT DISORDERS CENTER**

410-328-7809

SPINAL CORD INJURY

▶ **UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE, SPINAL CORD INJURY SUPPORT GROUP FOR SURVIVORS/FAMILIES**

410-448-6307

410-448-6311

STROKE/BRAIN INJURY

▶ **AMERICAN STROKE ASSOCIATION**

443-444-4618

▶ **SINAI HOSPITAL, RETURN PROGRAM**

410-601-6080

Any brain injury.

S - T

SUPPORT GROUPS - TELEHEALTH

► **TOWSON UNIVERSITY, INSTITUTE FOR WELL-BEING STROKE SURVIVOR GROUP**
410-704-3095
Monthly group meetings for survivors and family members.

► **UNIVERSITY OF MARYLAND REHABILITATION AND ORTHOPAEDIC INSTITUTE: SUPPORT GROUPS**
410-448-6410
410-448-6303 (Survivors/Families)
<https://www.umms.org/rehabcommunity/support-groups>

SUBSTANCE ABUSE

► **NARCOTICS ANONYMOUS**
www.baltoareana.org

► **NAR-ANON (FRIENDS AND FAMILY)**
www.nar-anon.org/find-a-meeting

SUICIDE, FAMILIES OF VICTIMS OF SUICIDE

► **SEASONS SUICIDE BEREAVEMENT, INC**
410-683-0159

SWIMMING

See Recreation and Leisure Activities, and Therapy: Occupational, Physical and Speech.



TAX INFORMATION AND ASSISTANCE

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

► **BALTIMORE COUNTY OFFICE OF BUDGET AND FINANCE, TAXPAYERS SERVICES**
410-887-2403
Information and assistance concerning property tax bills.

► **CASH CAMPAIGN OF MARYLAND**
410-528-8006
<https://cashmd.org>
Free tax preparation and other helpful financial services.

► **EARNED INCOME TAX CREDIT (EITC)**
www.irs.gov/credits-deductions/individuals/earned-income-tax-credit-eitc
Tax credit for certain low to moderate wage earners. Information available during tax season only.

► **FEDERAL TAX ASSISTANCE**
800-829-1040 (General Assistance)
800-829-3676 (Forms Distribution)

► **MARYLAND PROPERTY TAX CREDIT**
410-767-4433, Press 1 or 2
Maryland Property tax credit based on a person's gross income. Those age 70 and older may file for the past three years.

► **MARYLAND RENTER'S TAX CREDIT**
410-767-4433, Press 2
Maryland tax credit for renters when rent exceeds a fixed percentage of their gross income.

► **MARYLAND STATE TAX ASSISTANCE**
410-260-7951 (Forms)
410-260-7980 (General Assistance)
410-260-7980 (Taxpayer Assistance Office)
Comptroller of Maryland responds to Maryland tax questions.

► **STATE PROPERTY TAX DEDUCTION FOR LEGALLY BLIND IN BALTIMORE COUNTY**
410-512-4900

► **TAX COUNSELING FOR OLDER ADULTS**
410-887-2594 (County)
410-396-2273 (City)
Partnership of AARP and IRS. Free tax assistance to older adults at local senior centers during tax season.

► **TAXPAYER ADVOCATE SERVICE**
443-853-6000
IRS office which offers free assistance to help resolve tax problems.

TELEHEALTH

See Home Health Services, Hospitals, Hospital Subspecialties and Physicians.

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.



Congratulations to Megan L. Avery ChFC and her team at Legacy.
They are celebrating 25 years in business in 2023!

Woman entrepreneur, Megan Avery, is founder and owner of Legacy. Megan Avery offers financial consulting services, as well as tax advisory services.

Since 1998 right in the heart of Baltimore County on York Road in Lutherville, the team at Legacy have built relationships with their clients that feel more like family, rather than business. In an impersonal world, Legacy always strives to Provide solutions for tomorrow today with a smile on our face and fresh baked cookies.

For Financial consulting contact us at **410-828-9505** or email at **Support@yourlegacyplan.com**

For Individual Tax advisory services contact us at **410-828-8870** or email at **taxsupport@legacytaxadvisory.com**

Securities and advisory services offered through LPL Financial, a registered investment advisor, Member FINRA/SIPC. Tax preparation services offered through Legacy Tax Advisory are separate and not affiliated with LPL Financial. LPL Financial does not offer tax advice or tax preparation services.

T

THERAPY: OCCUPATIONAL, PHYSICAL AND SPEECH - TRANSPORTATION SERVICES

THERAPY: OCCUPATIONAL, PHYSICAL AND SPEECH

► **CHARLOTTE HALL VETERANS HOME**
301-884-8171
www.charhall.org
29449 Charlotte Hall Road
Charlotte Hall 20622
Income based assisted living, LTC nursing, rehabilitation and memory care.

► **MEDSTAR HEALTH CENTER FOR SUCCESSFUL AGING**
443-444-4720
www.medstarhealth.org
Morgan Building
5601 Loch Raven Boulevard, Suite 502
Baltimore 21239
A dedicated team supporting patients/caregivers with complex age-related needs.



► **MEDSTAR HOUSE CALL PROGRAM**
443-444-6100
www.medstarhousecall.org
Bringing primary care to aging adults in their Baltimore homes.

► **STELLA MARIS**
410-252-4500, Ext. 7546
www.stellamaris.org
2300 Dulaney Valley Road
Timonium 21093
Provides a range of medical services throughout the Baltimore region.

► **THE LEAGUE FOR PEOPLE WITH DISABILITIES, SCALE APHASIA PROGRAM**
410-323-1777, Ext. 501
www.leagueforpeople.org
8806 Orchard Tree Lane
Towson 21286
Intensive community treatment program for aphasia speech disorder.

TRANSPORTATION SERVICES

PUBLIC AND NON-PROFIT

► **ACTION IN MATURITY**
410-889-7915
www.actioninmaturity.org
Door-to-door shuttle and personal transportation for older adults and people with disabilities living in Baltimore City. Fee: \$15 annual membership; fee based on radius. Fees are waived for hardship.

► **BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING, TAXI - CARD PROGRAM**
410-664-1123
www.caretaxicard.com



Adult Medical Day Program
Camping & Recreation Program
CLUB1111
League Industries



Meaningful Day Program
Multiple Sclerosis Day Program
SCALE Aphasia Program
The Wellness Center
Youth Autism Services Program

1111 E. Cold Spring Lane Baltimore, MD 21239 | 410-323-0500

T

TRANSPORTATION SERVICES - TRAVEL



► CHAI'S NORTHWEST SENIOR SHUTTLE

410-889-1148
Free shuttle services for residents of Weinberg Senior Living and members of Northwest Neighbors Connecting. Operated by Action in Maturity.

► COUNTYRIDE

410-887-2080
www.baltimorecountymd.gov
Provides transportation to adults age 60 and over, persons with disabilities from age 18 - 59 and rural residents of Baltimore County. Fee of \$3.00 each way/ \$2.50 when discounted tickets are purchased in advance from CountyRide's Office or your local senior center.

► HEALTH DEPARTMENT, MEDICAL ASSISTANCE TRANSPORTATION

410-887-2828 (County)
410-396-7633 (City)
Transportation for Medical Assistance recipients to and from their place of medical care.

► MARYLAND MOTOR VEHICLE ADMINISTRATION

410-768-7000
www.mva.maryland.gov
Customer Service/
Handicapped License
Plates/Mirror Tags/
Handicapped Signs For
Residential Parking Permit

► MARYLAND TRANSIT ADMINISTRATION INFORMATION CENTER (MTA)

410-539-5000
410-539-3497 (TDD)
For buses, the Metro and Light Rail (all buses have wheelchair lifts).

► MTA CALL-A-RIDE

410-664-2030
www.mtacallaride.org

► MTA MOBILITY/ PARATRANSIT PROGRAM

410-764-8181
www.mtamobility.gov
Curb-to-curb service, 24 hours a day inside the Baltimore Beltway. Also serves within ¾ of a mile along fixed MTA routes outside the Baltimore Beltway. Client must be disabled and complete certification eligibility. Exact change required. Cost approximately \$2.10 per ride. "Taxi Access" program available for individuals registered with MTA Mobility.

► MTA SENIOR AND PERSONS WITH DISABILITIES REDUCED FARE PROGRAM

410-767-3438
People 65 and older (with a state-issued ID), and those with disabilities (with application and a state-issued ID) may ride for \$.90 per ride, \$2.20 for a daily pass, or \$22 for a monthly pass on the bus, light rail/ Metro, and one-half the regular fare on MARC trains.

► TOWSON CIRCULATOR - "THE LOOP"

410-887-5667
Free shuttle service within the Towson area servicing: Towson Mall, GBMC and local colleges. Weekdays 6 a.m. - 12 a.m. Saturday 10 a.m. - 12 a.m.

PRIVATE WHEELCHAIR ACCESSIBLE

Ambulance, van and school bus companies that provide wheelchair accessible vehicles for a fee. For additional referrals/services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

NON-WHEELCHAIR ACCESSIBLE

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

TRANSPORTATION/ HOME CARE SERVICES

See Home Health Services and Home Care (Non-Medical). Please check with agency to learn their requirements for this service.

TRAVEL

► BALTIMORE COUNTY SENIOR CENTER TRAVEL

See "Senior Centers, Baltimore County" for contact information.

► NATIONAL PASSPORT INFORMATION

877-487-2778
www.travel.state.gov/passport
Print online application to submit at post office for a US passport.

► SENIOR BOX OFFICE

410-887-5399
www.seniorboxoffice.org
Volunteer program that distributes discounted tickets to members for cultural and other events. Diverse travel opportunities available without membership.

GOLDEN AGE AND SENIOR PASSES

► FEDERAL RECREATION SENIOR PASS

410-962-4290
Lifetime permit to Federal parks, monuments and recreation areas for permanent U.S. residents age 62 and older. Must apply in person. Closest location: Ft. McHenry.

► STATE GOLDEN AGE PASS

410-260-8186
www.dnr.maryland.gov
Free day use entry to all Maryland State Parks; half price camping Sun.-Thurs.; age 62 and older.





**A warm caring home
for Maryland's Heroes**

USDVA
funding to
help with
cost of care

No waiting
list!

Serving
those who
served.

**Providing Affordable, Comfortable
and Trusted Care for Veterans
and Eligible Spouses**

- ★ Medicare Certified Rehabilitation
- ★ Secure Compassionate Memory Care
 - ★ Long-Term Nursing Care for
 - ★ Veterans & Eligible Spouses
- ★ Income-Based Assisted Living
- ★ Fully Subsidized Nursing Care for Veterans with a 70% Service Connected Disability Rating
- ★ Physician Services on Premises: Primary Care, Audiology, Dental, Dermatology, Optometry and Counseling
 - Skilled Care 24-Hours a Day
 - Social & Fitness Activities
 - Barber & Beauty Shop
 - Multiple Dining Rooms
 - Devoted Volunteer Program
- FREE Transportation to VA Medical Center in Washington, DC



Visit our beautiful home today...

Charlotte Hall Veterans Home
29449 Charlotte Hall Road
Charlotte Hall, Maryland 20622
Serving Those Who Served

www.charhall.org  301-884-8171

V VETERAN RESOURCES

VETERAN RESOURCES

► AID AND ATTENDANCE PROGRAM

800-827-1000
Benefit for veterans and their spouses who need the assistance of another person to perform personal care. Financial and medical eligibility criteria apply.

► BALTIMORE VA MEDICAL CENTER

410-605-7000
877-222-8387 (Toll-Free Hotline)
Acute medical/surgical care facility offering inpatient, outpatient, primary care services and rehabilitation.

► BALTIMORE VA REHAB AND EXTENDED CARE CENTER

410-642-2411, Ext 26353
Rehab and post-acute care for veterans.

► CHARLOTTE HALL VETERANS HOME

301-884-8171
www.charhall.org
29449 Charlotte Hall Road
Charlotte Hall 20622
Income based assisted living, LTC nursing, rehabilitation and memory care.

► EASTERN BALTIMORE COUNTY VA OUTPATIENT CLINIC

443-730-2020
Outpatient medical care for veterans.

► LOCH RAVEN VA OUTPATIENT CLINIC

410-605-7651
Outpatient care for veterans.

► MARYLAND DEPARTMENT OF VETERANS AFFAIRS

800-446-4926
www.mdva.state.md.us
Assists Maryland veterans and families to obtain benefits including Maryland Veterans Cemetery Program.

► PERRY POINT VA MEDICAL CENTER

410-642-2411
Services for Maryland veterans includes mental health, inpatient medical, long term care, rehabilitation, geriatric evaluation/management, respite, chronic ventilator and hospice care.

► PROJECT PLASE VETERANS PROGRAM

410-837-1400
Supportive services for homeless veterans, or those at risk of becoming homeless.

► TRICARE FOR LIFE

866-773-0404
Health insurance for active duty military, families and retirees.

► U. S. DEPT. OF VETERANS AFFAIRS TELEPHONE ASSISTANCE

410-230-4500 (Baltimore Region)
800-827-1000 (National Helpline)
Benefits for eligible veterans and their families.

► VA MARYLAND HEALTH CARE SYSTEM, ELIGIBILITY & ENROLLMENT CENTER

800-463-6295, Ext. 57324
To receive VA health care, veterans must first be enrolled with the VA health care system.



VISION RESOURCES

See Assistive Technology, Disability Resources, Physicians and Physicians Who Make House Calls.

► BLIND INDUSTRIES AND SERVICES OF MARYLAND

410-737-2600
www.bism.org
Vocational training, information and referral. Sells low-vision aids and appliances at cost.

► DIVISION OF REHABILITATION SERVICES, OFFICE FOR BLINDNESS AND VISION SERVICES

410-554-9277
Persons who are blind or visually impaired may be eligible for case management and teaching services.

► GBMC OPHTHALMOLOGY CLINIC

443-849-2000
443-849-GBMC (4262)
www.gbmc.org/ophthalmology
Physicians Pavilion West
6569 North Charles Street,
Suite 505
Towson 21204

► HEALTH CARE FOR THE HOMELESS

410-837-5533
Free vision care and eyeglasses for those uninsured and without homes.

► JOHNS HOPKINS HOSPITAL, WILMER EYE INSTITUTE

410-955-3518
Free diabetic retinopathy screening for persons who are taking diabetic medication and are uninsured or underinsured.

► JOHNS HOPKINS HOSPITAL, WILMER EYE INSTITUTE, LIONS LOW VISION CENTER

410-955-0580
Rehabilitation and training for individuals with low vision.

► LIGHTHOUSE GUILD INTERNATIONAL

800-284-4422
www.lighthouse.org

► MARYLAND DEPARTMENT OF ASSESSMENTS AND TAXATION, TAX DEDUCTION FOR LEGALLY BLIND IN BALTIMORE COUNTY

410-512-4900

► MARYLAND RELAY

800-552-7724 or
410-767-6960 (Voice/TTY)
443-453-5970 (Video Phone)
www.mdrelay.org
301 West Preston Street,
Suite 1008A
Baltimore 21201
Telecommunications solutions for people who have hearing or vision loss.

► MARYLAND STATE LIBRARY FOR THE BLIND AND PRINT DISABLED

410-230-2424
Free library services for individuals with visual or physical disabilities.

► MEDSTAR HEALTH CENTER FOR SUCCESSFUL AGING

443-444-4720
www.medstarhealth.org
Morgan Building
5601 Loch Raven Boulevard,
Suite 502
Baltimore 21239
A dedicated team supporting patients/caregivers with complex age-related needs.

► METROPOLITAN WASHINGTON EAR

301-681-6636
Free multi-media audio information service for the blind, visually-impaired and physically disabled community.



PRECISION
EYE CARE

Services & Procedures

Cataract Corrective Surgery
Reading & Distance Correction
Glaucoma • Dry Eye Treatment
Complex Eye Procedures, Referrals
& Second Opinions
Comprehensive Eye Exams



Dr. Maria S. Romero
Ophthalmologist

410-377-2422
info@precisioneyemd.com
711 W. 40th Street
The Rotunda, Suite 301
Baltimore, MD 21211



www.precisioneyemd.com

The Alzheimer's Disease Dementia Care Seminar
is the Pathway to Certification through the NCCDP

Become A

Certified Dementia Practitioner (CDP)
Certified First Responder-Dementia Trained (CFR-DT)
Certified Dementia Volunteer (CDV)

Who Should Participate

- Practitioners / Medical / Health Care Workers
- Geriatric Care Managers / Case Workers
- Assisted Living & Nursing Home Staff
- Memory Care Communities Staff
- Hospital Staff
- People / Family's Living with Dementia
- First Responders / Support Staff
- Community Organizations
- Businesses
- Volunteers

BOOK YOUR SEMINAR, WORKSHOP, IN-SERVICE,
OR CUSTOMIZED TRAINING
Virtual or In-Person

Remembering Rose



www.rememberingrose.net
908-328-2543



V

VISION RESOURCES - VOLUNTEER OPPORTUNITIES

► **NATIONAL FEDERATION OF THE BLIND**
410-659-9314
www.nfb.org
Information for services and aids for the blind and visually impaired.
Newsline For The Blind
410-659-9314, Press 3
Free audio newspaper service.

► **NEW EYES FOR THE NEEDY**
973-376-4903
Income eligible persons may obtain new prescription eyeglasses from local vendors with vouchers.

► **RADIO READING NETWORK OF MARYLAND, INC**
410-779-4969
Radio broadcast of the daily news from newspapers for the visually impaired. Special radio receiver required.

► **THE FOUNDATION FIGHTING BLINDNESS, INC**
410-423-0600 (Baltimore Chapter)
410-363-7139 (TDD)
www.fightblindness.org
Funds research and provides information.

VITAL RECORDS

► **MARYLAND DIVISION OF VITAL RECORDS**
410-764-3038
www.vitalchek.com
Certified copies of birth, death and marriage certificates.

► **NATIONAL PASSPORT INFORMATION CENTER**
877-487-2778
www.travel.state.gov/passport
Online application to present at post office for a US passport.

► **REGISTER OF WILLS**
410-887-6680 (County)
410-752-5131 (City)
Probate and filing of wills for safekeeping.

VOLUNTEER OPPORTUNITIES

Volunteers serve communities by supporting many of the programs and services listed in this directory. The options below represent the many ways in which you can connect with volunteer programs to utilize your skills and talents.

► **BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING, MARYLAND ACCESS POINT**
410-396-2273



► **BALTIMORE COUNTY DEPARTMENT OF AGING, LONG-TERM CARE OMBUDSMAN PROGRAM**
410-887-4200
Ombudsman volunteers visit nursing homes and assisted living facilities to advocate for the needs of residents and to promote their rights and quality of life.

BALTIMORE COUNTY MARYLAND

★ ALEXIS ★
BURRELL-ROHDE

REGISTER OF WILLS

County Courts Building
401 Bosley Avenue • Room 500 • Towson, Maryland 21204

*Business Hours: 8:30 a.m. - 4:30 p.m. (Monday through Friday)
(No Walk-In Customers after 3:30 p.m.)*

410-887-6680
<http://registers.maryland.gov/main/baltimore.html>

The Register of Wills for Baltimore County is responsible for:

- Assisting individuals and families after the death of their loved ones
- The Register appoints personal representatives to administer the estate of a deceased person and ensures the process is handled in a proper and efficient manner.
- Our friendly and courteous staff is available to assist the public to prepare the required forms and documents to open an estate, accept original wills for safekeeping in our vault, and make sure you and your loved ones inherit any property you are entitled to.

Need an attorney to write your will? Visit <https://bit.ly/3FRpQBW> to find a local attorney to assist you.

V VOLUNTEER OPPORTUNITIES

► BALTIMORE COUNTY HOME TEAM

410-887-4141
Community-based volunteer program serving homebound Baltimore County residents 60 years of age or older who lack social supports and are at risk of social isolation. Eligible clients are matched with a volunteer who provides friendly in-home and telephone visits. For seniors age 60 years or more who are homebound and food insecure, assigned volunteers can pick up food from partnering food pantries and deliver the bags to your door.

► BALTIMORE COUNTY SENIOR CENTERS

410-887-2040
www.baltimorecountymd.gov/seniorcenters
All 21 senior centers in Baltimore County have volunteer opportunities for individuals 18 and older.

► RETIRED AND SENIOR VOLUNTEER PROGRAM (RSVP)

410-887-3101 (County)
410-361-9400 (City)
RSVP invites individuals ages 55 and older to answer volunteer needs in their community. Skills and talents gained by individuals over a lifetime of experience are put to good use in non-profit organizations, senior centers, government agencies, schools and communities. There is a wide range of volunteer opportunities available.

► SENIOR BOX OFFICE

410-887-5399
Join to volunteer by supporting technology, hospitality, sponsor liaisons and board participation.

► SENIOR CRAFT GALLERY

410-887-5399
Volunteers needed to process sales in the consignment gift shop.

GET SOCIAL WITH BCDA!

 @BaltimoreCountyAging

 BaltimoreCountyAging

www.baltimorecountymd.gov/aging



Evidence-Based Programs available through Baltimore County Department of Aging

- Become more active and energized with **EnhanceFitness**.
- Enjoy exercise and health education with a bingo-like game **BINGOCIZE**.
- Manage your arthritis with **Fit & Strong** and **Arthritis-Exercise Program**.
- Improve your balance and strength with **Tai Chi: Moving for Better Balance**.
- Take control of your chronic disease with **Chronic Disease Self-Management Workshops, Diabetes Self-Management Workshops and Chronic Pain Self-Management Workshops**.
- Create and illustrate stories with **TimeSlips**.
- Enhance your brain function and improve your physical well-being with **Move with Balance**.
- Reduce falls and improve balance with **Stepping On**.
- Plan for successful aging with the **Aging Mastery Program**.
- **Building Better Caregivers (BBC)** helps Caregivers to provide better care, and it also helps Caregivers learn how to manage their own emotions, stress and physical health. Also available **Aging Mastery Program for Caregivers**.
- Improve your walking patterns, timing and coordination of stepping with **On the Move**.
- Learn how to incorporate activity in your life again with **Active Living Every Day**.
- Take control of bladder and bowel leakage with **Mind Over Matter: Healthy Bowels, Healthy Bladder**.



Baltimore County Executive John A. O'Keefe, Jr. and the County Council

For more information on these programs offered or if you'd like to bring an evidence based program to your community contact **410-887-3423** or go online to www.baltimorecountymd.gov/healtheeducation

Baltimore County's and Baltimore City's Retired and Senior Volunteer Programs (RSVP) Are Seeking Individuals Ages 55 and Over to Serve and Impact Challenging Issues in Their Communities.

- Directly Impact the Environment
- Help the Hungry
- Impact the Youth
- Advocate on the behalf of vulnerable populations
- Assist Seniors to Live Independently
- Serve in a number of other capacities!



AmeriCorps
Seniors



Baltimore County: 410-887-3101 • rsvp@baltimorecountymd.gov

Baltimore City: 410-361-9400 • health.baltimorecity.gov/aging-services/volunteer-opportunities



Increased awareness, innovative programming and resources are helping support persons living with dementia and their care partners so that they can continue to create and experience meaningful lives.



Dementia Friendly
Baltimore County
Department of Aging

DEMENTIA FRIENDLY BALTIMORE COUNTY

A dementia friendly community – one that is informed, respectful and supportive of individuals living with memory challenges, including Alzheimer's and other dementias, and their families and care partners.

Our goal is to grow awareness across all sectors and in every corner of our community, so that those living with dementia can access the resources they seek to experience a sense of belonging, purpose, well-being and home.

To learn more, visit www.baltimorecountymd.gov/dementiafriendly
Or contact Emily Kearns, at 410-887-4751; or email: dementiafriendly@baltimorecountymd.gov.



Caregivers Program
BALTIMORE COUNTY
DEPARTMENT OF AGING

Dementia Friendly America.
www.dfamerica.org



**Sponsoring the
Baltimore County
Department of Aging...**

Let Me Count The Ways!

SENIOR CENTER SPONSORSHIPS

- **Senior Center Enhancements (\$500 - \$250,000)**
Improvements may be internal or external.
- **Senior Center Fitness Centers Memberships (\$100 and up)**
A scholarship program for those unable to afford memberships.
- **Senior Center Programming - Special Events**
Opportunities customized, please call 410-887-3423.
- **Senior Center Leadership Conference (\$250 - \$4,000)**

MISCELLANEOUS SPONSORSHIPS

- **Loan Closet (\$100 and up)**

ADDITIONAL SPONSORSHIP/ PARTNERSHIP OPPORTUNITIES

*Baltimore County Department of Aging develops various programs and activities throughout the year. If you would like to learn more about specific partnership/sponsorship opportunities or to customize a package specifically for your needs, please call **410-887-2012**. Make a difference by advertising with a mission with the Baltimore County Department of Aging.*



CAREGIVERS PROGRAM

A NATIONAL FAMILY CAREGIVERS SUPPORT PROGRAM

Providing support, education and resources for persons providing care for family members, neighbors & friends.

THE CAREGIVER CONNECTION NEWSLETTER

A quarterly newsletter highlighting information for caregivers of older adults. Paper and electronic options available.

Please visit www.baltimorecountymd.gov/subscribe.

ANNUAL PARENTING ANOTHER GENERATION NEWSLETTER

A newsletter for grandparents and older adults raising children.

MONTHLY RESOURCE SESSIONS and EDUCATION

BCDA Caregivers Program staff share different resource options and caregiving strategies. Sessions are held virtually and at senior centers throughout Baltimore County. Monthly educational sessions with professional speakers and peer sharing occurs virtually as well as an Annual Caregivers Conference and Mini-Conference for Caregivers.

PERSONALIZED CAREGIVER CONSULTATION & STIPEND ASSISTANCE

Eligible caregiving families or informal caregivers in Baltimore County can meet one-to-one with a Caregiver Specialist to gain valuable guidance and resource suggestions specially tailored to personalized needs. This includes stipends to assist with respite care or supplemental services.

EVIDENCE-BASED WORKSHOPS - TRAINING FOR THE CAREGIVER

- **Dealing With Dementia** is a four-hour workshop designed to give caregivers of people living with dementia additional tools for dealing with the challenges and changes that come with this special type of caregiving.
- **Building Better Caregivers** is a six-week series designed to empower family caregivers of adults with chronic conditions by helping them reduce stress, improve confidence, make tough decisions and locate helpful resources.



**Caregivers
Program**

BALTIMORE COUNTY
DEPARTMENT OF AGING

Contact the BCDA Caregivers Program via email:
caregivers@baltimorecountymd.gov or by calling 410-887-4724.

For more information, view
www.baltimorecountymd.gov/agencies/aging/caregivers
on the Baltimore County website.

FINANCIAL ELIGIBILITY GUIDELINES

Income figures are monthly amounts, unless otherwise noted. Note that income includes the gross monthly amount you receive from sources such as Social Security, a pension, or employment. Call Maryland Access Point of Baltimore County at 410-887-2594 or Maryland Access Point of Baltimore City at 410-396-2273 for additional information or to be screened for financial benefits.

| BENEFIT | | ONE PERSON | TWO PEOPLE | ADDITIONAL GUIDELINE |
|--|--------|---|---|--|
| ACCESSIBLE HOMES FOR SENIORS | Income | \$4,663 | \$5,329 | A loan program for individuals age 55 years and older with 0% interest deferred for 30 years to finance accessibility improvements. |
| | Assets | No asset test | No asset test | |
| AFFORDABLE CONNECTIVITY PROGRAM | Income | \$2,265 | \$3,052 | Helps low-income households pay for internet service and connected devices like a laptop or tablet. |
| | Assets | No asset test | No asset test | |
| CONGREGATE HOUSING SERVICES PROGRAM (CHSP) | Income | \$3,324 | \$4,346 | Financial assistance for support services in selected senior housing sites; age 62 and older. |
| | Assets | \$27,375 | \$35,587 | |
| ELECTRIC UNIVERSAL SERVICE PROGRAM (EUSP) | Income | \$1,982 (under age 67) \$2,265 (age 67+) | \$2,670 (under age 67) \$3,052 (age 67+) | Provides eligible low-income Marylanders assistance with electric bills. Only one application is required for both the MEAP and EUSP. Only one person has to be 67 years old in the household to use the higher income figures. |
| | Assets | No asset test | No asset test | |
| EMPLOYED INDIVIDUALS WITH DISABILITIES (EID) | Income | No income limit | No income limit | Extends Medical Assistance benefits to working Marylanders age 18-64 with disabilities on a sliding scale. Several types of deductions are allowed. |
| | Assets | \$10,000 | \$15,000 | |
| HOME AND COMMUNITY BASED SERVICES [Formerly Maryland Medicaid Waiver] | Income | \$2,742 | Only applicant's income is considered | Assists with payment of services in the home or in assisted living. Must be age 18 and older, assessed at nursing home level of care, and meet Medical Assistance (Medicaid) institutional eligibility rules. |
| | Assets | \$2,000 or \$2,500 (depends on eligibility category) | \$2,000 or \$2,500 (depends on eligibility category) | |

Revised January 2023



SHIP
State Health Insurance Assistance Program
Navigating Medicare

Are you on MEDICARE?

Are you having trouble paying for your Medicare or prescription costs?
Counselors will assist you to determine if you may be eligible for benefits that will help you to meet your health needs.



BCDA
Living Longer • Living Well
Baltimore County Department of Aging

Contact Baltimore County's Department of Aging's SHIP office.
Call 410-887-2059



Baltimore County Executive
John A. Obrowski, Jr.
and the County Council

2023 | Community Resources

FINANCIAL ELIGIBILITY GUIDELINES

Income figures are monthly amounts, unless otherwise noted. Note that income includes the gross monthly amount you receive from sources such as Social Security, a pension, or employment. Call Maryland Access Point of Baltimore County at 410-887-2594 or Maryland Access Point of Baltimore City at 410-396-2273 for additional information or to be screened for financial benefits.

| BENEFIT | | ONE PERSON | TWO PEOPLE | ADDITIONAL GUIDELINE |
|--|--------|---|---|--|
| MARYLAND ENERGY ASSISTANCE PROGRAM (MEAP) | Income | \$1,982 (under age 67) | \$2,670 (under age 67) | Provides eligible low-income Marylanders assistance with home heating bills. Only one person has to be 67 years old in the household to use the higher income figures. |
| | | \$2,265 (age 67+) | \$3,052 (age 67+) | |
| MARYLAND LOW-INCOME HOUSEHOLD WATER ASSISTANCE PROGRAM (LIHWAP) | Income | \$3,324 | \$4,347 | Provides financial assistance towards water and wastewater bills. Household must also have at least \$100 worth of arrearages in their water bill in order to qualify. |
| | Assets | No asset test | No asset test | |
| MEDICAL ASSISTANCE FOR THOSE AGE 65 AND OLDER | Income | \$350 | \$392 | State-funded health insurance. Requires documentation of disability; individuals can "spend down" to this income level to be eligible. Excludable assets include house, car, and burial plan. |
| | Assets | \$2,500 | \$3,000 | |
| MEDICAL ASSISTANCE FOR THOSE AGE 65 AND YOUNGER | Income | \$1,564 | \$2,106 | State-funded health insurance. Typically requires applicant to not receive any other types of health insurance (including Medicare). Excludable assets include house, car, and burial plan. |
| | Assets | \$2,500 | \$3,000 | |
| REDUCED PRIVATE HEALTH INSURANCE PREMIUMS FOR QUALIFIED PLANS THROUGH <u>MARYLAND HEALTH CONNECTION</u> | Income | \$1,565 to \$8,104 (Figure shown for age 60) | \$2,107 to \$16,208 (Figure shown for couple age 60) | To qualify for Maryland Health Connection, you must be under age 65, be a U.S. citizen or a qualified alien for five or more years, and be a resident of the State of Maryland. Maximum income requirement will vary based on age. |
| MEDICARE PART D EXTRA HELP PARTIAL LOW INCOME SUBSIDY (LIS) | Income | \$1,719 | \$2,309 | Benefits help with premiums, deductibles and co-pays. Eligibility figures include \$20 disregard. |
| | Assets | \$15,510 | \$30,950 | |
| FULL LOW INCOME SUBSIDY | Income | \$1,549 | \$2,080 | |
| | Assets | \$9,900 | \$15,600 | |

Revised January 2023

FINANCIAL ELIGIBILITY GUIDELINES

Income figures are monthly amounts, unless otherwise noted. Note that income includes the gross monthly amount you receive from sources such as Social Security, a pension, or employment. Call Maryland Access Point of Baltimore County at 410-887-2594 or Maryland Access Point of Baltimore City at 410-396-2273 for additional information or to be screened for financial benefits.

| | | | | |
|--|--------|---------------|---------------|--|
| QUALIFIED MEDICARE BENEFICIARY (QMB) | Income | \$1,153 | \$1,546 | Pays Medicare Part A and B premiums, co-payments, and deductibles. |
| | Assets | \$8,400 | \$12,600 | Assets do NOT include \$1,500 burial allowance for a single person, \$3,000 burial allowance for a couple. Eligibility figures include \$20 disregard. |
| SENIOR ASSISTED LIVING SUBSIDY | Income | \$3,324 | \$4,346 | Provides financial assistance for a limited number of eligible Assisted Living Group Home residents age 62 and older. |
| | Assets | \$20,064 | \$26,400 | |
| SENIOR CARE PROGRAM | Income | \$3,324 | \$4,346 | Case-managed, in-home services for age 65 and older. Must be at risk of admission to a nursing home. |
| | Assets | \$11,000 | \$14,000 | |
| SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAMS (SCSEP) | Income | \$1,416 | \$1,907 | Part-time employment for low income, age 55 and older. |
| | Assets | No asset test | No asset test | |
| SENIORS IN NEED (POWER OF AGE EXPO FUND) | Income | \$2,265 | \$3,052 | One-time-only emergency assistance for individuals 60 years and older. |
| | Assets | \$7,000 | \$10,000 | |
| SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP) | Income | \$3,398 | \$4,578 | Pays up to \$60 toward the monthly premium for certain Medicare Prescription or Medicare Advantage plans. |
| | Assets | No asset test | No asset test | |
| SPECIFIED LOW INCOME MEDICARE BENEFICIARY (SLMB) | Income | \$1,549 | \$2,080 | Similar to Qualified Medicare Beneficiary, but pays only Part B premium. |
| | Assets | \$8,400 | \$12,600 | Assets do NOT include \$1,500 burial allowance for a single person, \$3,000 burial allowance for a couple. Eligibility figures include \$20 disregard. |
| SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (Formerly Food Stamp Program) | Income | \$2,127 | \$2,873 | Helps low income households buy food. Benefit amount varies based on household circumstances. Income limits may be lower and asset tests may exist for some individuals. |
| | Assets | No asset test | No asset test | |

Revised January 2023

FINANCIAL ELIGIBILITY GUIDELINES

Income figures are monthly amounts, unless otherwise noted. Note that income includes the gross monthly amount you receive from sources such as Social Security, a pension, or employment. Call Maryland Access Point of Baltimore County at 410-887-2594 or Maryland Access Point of Baltimore City at 410-396-2273 for additional information or to be screened for financial benefits.

| | | | | |
|---|---|---------------|---------------|--|
| SUPPLEMENTAL SECURITY INCOME (SSI) | Income | \$914 | \$1,371 | Cash benefit for low-income individuals with disabilities, or those 65 or older. Automatic eligibility for full Medical Assistance. (Medicaid). |
| | Assets | \$2,000 | \$3,000 | |
| VETERANS AID AND ATTENDANCE BENEFIT | Net Worth <small>*income and assets combined</small> | \$150,538 | \$150,538 | Payments for personal care assistance or assisted living for veterans and their surviving spouses who are homebound. Veteran must have over 90 days' active duty and one-day during time of war. |
| WEATHERIZATION ASSISTANCE PROGRAM (WAP) EmPower MD | Income | \$3,245 | \$4,243 | Both programs help limited and low income households with the installation of energy conservation materials |
| | Assets | No asset test | No asset test | |
| | Income | \$4,663 | \$5,325 | |
| | Assets | No asset test | No asset test | |

2023 FEDERAL POVERTY LEVEL GUIDELINES*

100 Percent of Poverty Level

| | |
|---------------------|---------------------------------------|
| One Person | \$1,215 per month (\$14,580 per year) |
| Two People | \$1,643 per month (\$19,720 per year) |
| Three People | \$2,071 per month (\$24,860 per year) |
| Four People | \$2,500 per month (\$30,000 per year) |

Revised January 2023

FINANCIAL ELIGIBILITY GUIDELINES

Income figures are monthly amounts, unless otherwise noted. Note that income includes the gross monthly amount you receive from sources such as Social Security, a pension, or employment. Call Maryland Access Point of Baltimore County at 410-887-2594 or Maryland Access Point of Baltimore City at 410-396-2273 for additional information or to be screened for financial benefits.

Medicare Part A

Monthly Premium: If you worked 40 or more quarters, generally there is no Part A premium. If you worked less quarters, you pay a premium of \$506 per month for zero to 29 quarters; you pay \$278 per month for 30 to 39 quarters.

Hospital Deductible: You pay \$1,600 per benefit period (Medicare pays for benefit period of 60 days.)

Coinsurance: You pay \$400 per day co-payment for days 61-90.

Coinsurance: You pay \$800 per day for days 91 to 150.

Skilled Nursing Facility Coinsurance after hospital stay of at least three days:

- \$0 for days one to 20 per benefit period
- You pay \$200 per day (per benefit period) for days 21 to 100
- No coverage is provided for custodial or intermediate Nursing Home care

Medicare Part B

Deductible: You pay \$226 per year.

Co-Payment: You pay 20 percent co-payment for Medicare-approved charges.

| Beneficiaries Who File and Individual Tax Return with Income | Beneficiaries Who File a Joint Tax Return with Income | Monthly Part B Premium | Monthly Part D Adjustment |
|---|--|-------------------------------|----------------------------------|
| \$97,000 or below | \$194,000 or below | \$164.90 | ----- |
| \$97,001 to \$123,000 | \$194,001 to \$246,000 | \$230.80 | \$12.20 |
| \$123,001 to \$153,000 | \$246,001 to \$306,000 | \$329.70 | \$31.50 |
| \$153,001 to \$183,000 | \$306,001 to \$366,000 | \$428.60 | \$50.70 |
| \$183,001 to \$500,000 | \$366,001 to \$750,000 | \$527.50 | \$70.00 |
| Above \$500,000 | Above \$750,000 | \$560.50 | \$76.40 |

* A small percentage of people may pay a lower premium, based on income.

Spousal Impoverishment Standards

All non-exempt assets (savings and checking accounts, stocks, bonds, etc.) owned by either spouse, jointly or separately, are pooled as of date nursing home spouse enters the nursing home. Effective January 1, 2023, the community spouse may keep \$29,724 or half the assets, whichever is greater, but not more than \$148,620. The couple's remaining assets are used to pay for nursing home care or other expenses, until the nursing home spouse's assets reach the Medicaid eligibility level. The community spouse's income will be evaluated to determine how much, if any, of the nursing home spouse's monthly income can be allowed for the community spouse's monthly maintenance allowance.

Resources for Community Spouse

- Maximum Spousal Share \$148,620
- Minimum Spousal Share \$29,724

Income for Community Spouse

- Minimum Monthly Maintenance Needs Allowance: \$2,288.75
- Community Spouse Monthly Housing Allowance: \$686.63
- Maximum Monthly Maintenance Needs Allowance: \$3,715.50

Eligibility for Savings on Medicare

Baltimore County State Health Insurance Assistance Program (SHIP) 410-887-2059
SAVE ON MEDICARE PRESCRIPTION DRUG PLAN COSTS 2023

MARYLAND SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)

| GROSS INCOME | ASSETS | ASSISTANCE | WHAT YOU NEED TO DO |
|---|-------------|--|---|
| Under \$40,770 (Single) \$54,930 (Couple) | Not counted | Up to \$60 toward the monthly premium and permits you to change Part D plans once mid-year | APPLY through Maryland Senior Prescription Drug Assistance Program (SPDAP) 1-800-551-5995 www.marylandspdap.com |

SOCIAL SECURITY ADMINISTRATION EXTRA HELP / LOW INCOME SUBSIDY 2023

| GROSS INCOME | ASSETS | ASSISTANCE | WHAT YOU NEED TO DO |
|---|---|--|---|
| Under \$20,625 (\$1,719/mo.) (Single) \$27,705 (\$2,309/mo.) (Couple) | Under \$15,510 (Single) \$30,950 (Couple) | <ul style="list-style-type: none"> ❖ Sliding scale assistance on the monthly premium. ❖ Deductible \$104.00 ❖ Drug co-payments: 15% of less (Partial Extra Help) | <ul style="list-style-type: none"> ❖ APPLY through Social Security 1-800-772-1213 or www.ssa.gov ❖ ALSO APPLY FOR MDSPDAP. |
| Under \$18,587 (\$1,549/mo.) (Single) \$24,959 (\$2,080/mo.) (Couple) | Under \$9,900 (Single) \$15,600 (Couple) | <ul style="list-style-type: none"> ❖ No Monthly Premium ❖ No Deductible ❖ \$4.15 generic drug ❖ \$10.35 brand name drug (Full Extra Help) | <ul style="list-style-type: none"> ❖ APPLY through Social Security 1-800-772-1213 www.ssa.gov ❖ May also be eligible for QMB or SLMB. For an application call the Baltimore County SHIP or the Department of Social Services |
| Full Medical Assistance Eligible (red and white card) | Full Medical Assistance Eligible | <ul style="list-style-type: none"> ❖ No Premium ❖ No Deductible ❖ \$1.45 generic drug ❖ \$4.30 brand name drug (Full Dual Eligible) | <ul style="list-style-type: none"> ❖ Automatically enrolled in Extra Help. Do Not apply through Social Security. ❖ Medicare premiums, deductibles, and co-pays will be paid through the Department of Social Services. |

Types of income not counted: The first \$65 of monthly wages, one-half of your monthly wages after the \$65 is deducted. Couple: defined as married and living together. Assets: Primary house and car are not counted. Incomes include \$20 disregard. Assets include \$1500 per person burial allowance.
*2022 Regional Premium Benchmark: \$36.96 (For plans below the benchmark, there is no premium)

QMB and SLMB are Medicare Savings Programs 2023

which are administered by the Department of Social Services.
(Incomes include \$20 disregard)
(Assets do NOT include \$1500 per person burial allowance)

QMB Qualified Medicare Beneficiary Program (QMB)

pays for Medicare Part A and Part B Monthly Premiums, Deductibles and Co-payments

| ANNUAL/MONTHLY GROSS INCOME | RESOURCES/ ASSETS | WHAT YOU NEED TO DO |
|--|---------------------------------------|---|
| \$13,836/\$1,153 (Single) \$18,552/\$1,546 (Couple) | \$8,400 (Single) \$12,600 (Couple) | ❖ Call SHIP (410-887-2059) or visit the Department of Social Services for an application. |

Once the application has been processed, the Department of Social Services sends a letter to tell the client if he/she is eligible. If eligible, a **gray and white card** will be received.

SLMB, Specified Low-Income Medicare Beneficiary Benefit

pays for ONLY the monthly Medicare Part B Premium (\$164.90)

| ANNUAL/MONTHLY GROSS INCOME | RESOURCES/ ASSETS | WHAT YOU NEED TO DO |
|--|---------------------------------------|---|
| \$18,588/\$1,549 (Single) \$24,960/\$2,080 (Couple) | \$8,400 (Single) \$12,600 (Couple) | ❖ Call SHIP (410-887-2059) or visit the Department of Social Services for an application. |

Once the application has been processed, the Department of Social Services sends a letter to tell the client if he/she is eligible. No card will be received.

NOTE: Types of income not counted: The first \$65 of monthly wages, one-half of your monthly wages after the \$65 is deducted.

QMB/SLMB beneficiaries receive a Case Information form each year which must be returned to the Department of Social Services to determine if the QMB/SLMB benefit will be continued for another year.

If the form is not returned by the due date, your benefits will end.

Revised January 2023

Baltimore County Department of Aging

Commit to be fit in 2023!

Now is the time to start improving your health and wellness by joining one of the many Baltimore County Department of Aging (BCDA) Senior Centers that offer an array of fitness and wellness programs.

From Aerobics to Fitness Centers to Zumba, each location offers a variety of fitness opportunities tailored to meet your exercise goals. A wide range of nutrition and wellness seminars are offered throughout the year to enhance your ability to Live Longer - Live Well.

We offer a mix of in-person and virtual options to meet your needs.

Please visit <https://www.baltimorecountymd.gov/departments/aging/healtheducation/> for details.



Improve your balance, cardiovascular health, hand-eye coordination and lose weight with our exercise classes and sports

- Ballroom Dancing
- Barre Fit
- Basketball
- Bocce Ball
- Cardio Fit
- Corn Hole
- Drums Alive
- Golf
- Line Dance
- Pickleball
- Seated Chair Exercise
- Strength Training
- Table Tennis
- Tai Chi
- Volleyball
- Walking
- Water Aerobics
- Wii Exercise
- Yoga
- Zumba Gold

Build strength and endurance in one of BCDA's 14 Fitness Centers!

WEST

Arbutus Senior Center
855A Sulphur Spring Road, MD 21227
410-887-1410

Catonsville Senior Center
501 North Rolling Road, MD 21228
410-887-0900

Liberty Senior Center
3525 Resource Drive, MD 21133
410-887-0780

Pikesville Senior Center
1301 Reisterstown Road, MD 21208
410-887-1245

EAST

Ateaz Senior Center
7401 Holabird Avenue, MD 21222
410-887-7533

Edgemere Senior Center
6600 North Point Road, MD 21219
410-887-7530

Essex Senior Center
600 Dorsey Avenue, MD 21221
410-887-0267

Fleming Senior Center
641 Main Street, MD 21222
410-887-7225

Seven Oaks Senior Center
9210 Seven Court Drive, MD 2123
410-887-5192

NORTH

Bykota Senior Center
611 Central Avenue, MD 21204
410-887-3094

Cockeysville Senior Center
10535 York Road, MD 21030
410-887-7694

Jacksonville Senior Center
3605 Sweet Air Road, MD 21131
410-887-8208

Parkville Senior Center
8601 Harford Road, MD 21234
410-887-5338

Reisterstown Senior Center
12035 Reisterstown Road, MD 21136
410-887-1143

Personal Trainers are available to develop an individual exercise plan to meet your goals.

Fitness centers are drop-in, use at your own risk facilities. After you join the senior center you'll be required to complete an application for the gym and attend a mandatory equipment orientation session.

For information, call 410-887-2040



Learn how to manage chronic conditions and age successfully with evidence-based programs.

- Active Living Every Day
- Aging Mastery Program®
- Arthritis Foundation
- Bingocize®
- Building Better Caregivers
- Chronic Disease, Diabetes and Pain Self-Management Education
- EnhanceFitness

- Fit and Strong! Geri-Fit
- Mind Over Matter - Healthy Bowels, Healthy Bladder
- Move with Balance
- On the Move
- Stepping On
- Tai Ji Quan: Moving for Better Balance™
- Timeslips

Please register at: www.baltimorecountymd.gov/opalcenter



Baltimore County Executive John A. Olszewski, Jr. and the County Council





For information regarding
bulk distribution of

Community Resources 2023

to your organization
please email/call,

sponsorbcda@baltimorecountymd.gov
410-887-2002.



Eating Together Program

In Baltimore County & Baltimore City

- Socialize with Friends
- Receive 1/3 of Your Daily Nutritional Needs
- Save Shopping Time; Stretch Your Food Budget

ELIGIBILITY:

- Sixty Years of Age and Older; Spouses Any Age
- A Voluntary Contribution is Requested; Reservations Required

To Learn More About the Eating Together Program call:
410-887-2594 (Baltimore County) • 443-573-0161 (Baltimore City)





Power of Age EXPO

#Connect2BCDA

October 26, 2023
Timonium Fairgrounds

Featuring:

- Connect with up to 300 sponsors and exhibitors with information and specialty products
 - Live Continuous Entertainment
- Discover a treasure in the Silent Auction by being the highest bidder
 - Crown the best local artist in the *Power of Age* Art Show/Exhibit
 - Benefit from free preventive health screenings and flu/pneumonia vaccinations
 - Learn about government resources available in Baltimore County



Baltimore County Executive
John A. Olszewski, Jr.
and the County Council



For more information, please call

410-887-2594

or visit www.powerofageexpo.com



TIME OF YOUR LIFE Digest

SUBSCRIPTION COSTS:

- \$5/year** ▪ Baltimore County Residents 60 and Older
- \$7/year** ▪ Under 60 Years of Age
- Residents Outside of Baltimore County
- Businesses

Call 410-887-3050 For More Information



TO SUBSCRIBE, PLEASE RETURN THIS FORM TODAY!



New ___ Renewal ___ Is this a new address? _____

Name _____

Address _____ City _____ State _____ Zip _____

Phone _____ Email: _____

Baltimore County Resident: Yes _____ No _____ Sex: M _____ F _____ Birth Date: ____-____-____

This is a gift from _____
Name Phone

Amount Enclosed: \$5 Baltimore County residents 60 and older
 \$7 Under 60 years of age • Residents outside of Baltimore County • Business

Mail form and check

(payable to **Baltimore County, MD**) to:

Time of Your Life Digest
611 Central Avenue
Towson, Maryland 21204

| | |
|----------------------|-------------|
| For Office Use Only: | 4/20 |
| Started: | Entered: |
| CD | G.S. Mailed |



FREE

for MD Residents 65 +

Senior Call Check

Call 1-866-50-CHECK

or visit aging.maryland.gov

& Daily Messages

Landline Cell Phone



SUMMARY OF SERVICES

Baltimore County Department of Aging (BCDA)

Web Site Address:
www.baltimorecountymd.gov/aging
Email Address: aginginfo@baltimorecountymd.gov

Any questions can be directed to
Maryland Access Point of Baltimore County
410-887-2594

Baltimore City Health Department, Division of Aging

Web Site Address: health.baltimorecity.gov
Email Address: MAP.BCHD@baltimorecity.gov

Any questions may be directed to
Maryland Access Point of Baltimore City
410-396-2273

People who are deaf, hard of hearing or have a speech disability use Relay or 711.

Caregivers Program

410-887-4724 (County), 410-396-1337 (City)

The Caregivers Program serves family members caring for older adults over age 60, and older adults caring for grandchildren. The program offers education and outreach, individual consultations, an annual conference, a quarterly newsletter and limited stipends for respite care and supplemental services. These programs are designed to assist family caregivers in providing good care to older relatives while also taking care of themselves.

Eating Together Program

410-887-3052 (County), 443-573-0161 (City)

The Eating Together program provides a nutritious meal and companionship in more than 35 County sites in senior centers, community buildings and senior residences as well as over 50 City sites in senior centers, senior residences and community venues. The menus, planned as the main meal of the day, are made up of a variety of foods to provide at least one-third of the recommended daily nutritional needs. Meals are prepared and delivered by commercial caterers. Kosher meals are offered at several sites. Detailed nutrition information is available to assist those on special diets. Residents aged 60 and over and their spouses of any age are eligible to participate in this program and are asked to make a voluntary, anonymous donation toward the full cost of the meal. Younger persons may also participate, but are required to pay the full cost of the meal. All contributions are used to enable the program to serve as many meals as possible. Eating Together is available through the Older Americans Act which serves approximately 100 million meals to older adults each year across the nation. Nutrition education is offered at Eating Together sites and other community venues, and provides a basis for making informed choices and setting realistic nutritional goals.

Elder Abuse Prevention and Investigation

410-887-4200 (County), 410-396-3144 (City)

The Ombudsman Program provides information and education on the signs and symptoms of elder abuse and promotes strategies for the investigation/prevention of abuse, neglect and exploitation of vulnerable adults in long term care settings or refer to other agencies that work with older adults.

Emergency Card

410-887-2594 (County-Orange Card)
410-396-2273 (City-Gold Card)

This card could save your life! The emergency and medical history information on the card can alert emergency personnel to critical information in medical emergency situations.

Employment

410-887-4006 (County), 410-396-2773 (City)

SCSEP, the only federal job training program targeted exclusively to low income seniors, promotes personal dignity and self-sufficiency through work. Its temporary part-time community service jobs provide a hand-up, not a hand-out for older, unemployed low-income Americans. SCSEP is a community service and work-based job training program for older Americans. Authorized by the Older Americans Act, the program provides training for low-income, unemployed people age 55 and older. Participants also have access to employment assistance through the American Job Center network. This training serves as a bridge to civic engagement and skills enhancement; and leads to unsubsidized employment opportunities for participants. The SCSEP Program is an equal opportunity program. Auxiliary aids and services are available upon request to individuals with disabilities.

Guardianship

410-887-2594 (County), 410-545-7702 (City)

In instances where no family is available or appropriate to take responsibility for making decisions about the care of an incompetent elderly person, the Director of the Department of Aging in the County and the Director of the Division of Aging in the City may be appointed by the Court as the legal guardian of person for the individual. Responsibilities include coordinating housing, health care and all essential non-financial personal welfare needs.

Health and Wellness Promotion and Education

410-887-2040 (County), 410-396-1337(City)*

Health promotion offers evidence-based programs that assist with fall prevention, self-management of chronic conditions, nutrition and exercise. To locate health and wellness screenings being offered at Baltimore County senior centers, visit www.baltimorecountymd.gov/aging. *Some services may not be offered in both locations.

Home-Delivered Meals

410-887-2594 (County), 410-396-1337(City)

Program provides two home-delivered meals daily, up to five days a week. The cost of home-delivered meals may also be subsidized based on financial eligibility. Call the numbers above for availability and criteria. Meals are currently provided by Meals on Wheels of Central Maryland.

SUMMARY OF SERVICES

Housing

410-887-4632 (County), 410-545-7702 (City)

The Housing Program is responsible for the Senior Assisted Living Subsidy Program (SALS) which provides subsidies on behalf of eligible residents of assisted living facilities licensed by the Maryland Department of Health. Age, income, and residency requirements apply. Licensed assisted living facilities are inspected and surveyed on a regular basis by the Maryland Department of Health, Office of Health Care Quality (410-402-8217) to ensure that they are in compliance with state and local regulations.

Licensed Baltimore County assisted living facility providers in good standing are welcome to call 410-887-4632 or email SALS@baltimorecountymd.gov if interested in being a SALS provider. For the City, the Housing office also provides housing interventions for evictions as well as locating alternative housing solutions, providing assistance with utilities, taxes, and landlord issues. Homeless intervention includes assessments, placements, referrals, and resource linkage for benefits and entitlements to homeless older adults. The region of interest's MAP office maintains a current list of senior apartments, assisted living facilities and retirement communities.

Language Interpreting Services

410-887-2594 (County), 410-396-2273 (City)

Each region utilizes a language interpreting service for older adults/ persons with disabilities and individuals with no or limited English proficiency. Telephone language interpreter service is available for callers in up to 140 different languages.

Maryland Access Point (MAP)

410-887-2594 (County), 410-396-2273 (City)

The Maryland Access Point telephone number is the only phone number that is needed in either region to access information regarding services and benefits available to older adults, persons with disabilities, caregivers and professionals. Staff are Certified Information and Referral Specialists (CIRS). They provide a comprehensive screening, give information and guidance, make referrals and link the caller to appropriate resources. In-person consultations are also available. A computerized database is used to maintain a comprehensive listing of information and resources. Telephone language interpreter service is available for callers in up to 140 different languages. Persons are also provided with counseling to assist with long term care supports decision making.

Maryland Legal Aid

410-427-1800 (County), 410-396-1322 (City)

Assists low-income individuals, including older adults, with civil legal issues such as health care, income maintenance, public benefits, housing and utilities and unemployment benefits.

Maryland Senior Legal Helpline

866-635-2948 (County)/ (City)

Free helpline for all Maryland residents age 60 and older to obtain answers, advice and referrals for civil legal problems. Call this same helpline for free legal assistance on long term care (nursing home) issues.

Medicaid Home and Community Based Services Programs

410-887-2594 (County), 410-396-4932 (City)

The Medicaid Home and Community Based Services Programs provides Medicaid recipients, who are nursing home eligible or at risk of nursing home placement, an opportunity to receive needed services in their home. Some individuals may qualify for assistance in an assisted living facility. There is currently an extensive waiting list for services covered under many of these programs. Call MAP for screening.

Ombudsman Program

410-887-4200 (County), 410-396-3144 (City)

The Ombudsman Program is an advocacy program that works to protect the rights and improve the quality of life of residents living in long term care facilities. Ombudsman staff visit or contact those in long term care settings and attempt to resolve complaints or concerns made by or on behalf of residents. Ombudsmen also provide educational services to both residents and long term care staff on a wide range of aging topics involving quality of life and care in nursing homes and assisted living facilities. In addition, volunteers/interns visit or contact nursing homes and assisted living facilities for advocacy visits, problem solving as well as provide educational learning opportunities. Services are confidential and free. For Baltimore County residents, learn more about this program by e-mailing: ombudsman@baltimorecountymd.gov.

Retired and Senior Volunteer Program

- Get Connected And Contribute

410-887-3101 (County), 410-361-9400 (City)

The Retired and Senior Volunteer Program (RSVP) encourages individuals ages 55 and older to volunteer their skills and talents to make a difference within their communities. Volunteers are matched with one or more non-profits or public agencies that partner with RSVP in the region. To find out how you can impact your local community and serve among a corps of seniors leading with experience, contact your nearest RSVP Office.

Senior Care Program

410-887-2594 (County), 410-396-1605 (City)

Provide case management and support services to help older adults remain in their homes and in the community for as long as possible. Case management arranges, coordinates, and monitors service delivery. Support services are paid for by the program through contract providers; in-home care, adult day care, medical supplies, medications, and emergency response system.

Senior Centers

410-887-2040 (County), 410-396-4932 (City)

Twenty-one (21) senior centers in the County and thirteen (13) senior centers throughout Baltimore City offer opportunities for individuals aged 60 and older to engage in volunteerism, enhance skill development and lifelong learning, eat a healthy meal, and participate in sports and exercise, music and the arts, drama and dance. Nutrition education, health screenings and information and referral services are provided, along with a large dose of fun! In the County, exercise in fitness centers at 14 sites for a nominal fee. Center membership is free, although a donation toward center enhancements is requested, and some classes have fees. *Three Baltimore County senior centers are open to 50 and older.

SUMMARY OF SERVICES

Senior Medicare Patrol (SMP)

410-887-2059 (County), 410-396-2273 (City)

SMP volunteers conduct free presentations for Medicare beneficiaries, their families and caregivers to prevent, detect and report possible Medicare fraud or abuse. SMP addresses how to prevent medical identity theft by protecting one's Medicare card, as well as what to do when potential fraud or abuse by health care providers is suspected. Staff will evaluate complaints and will refer when appropriate to the proper authorities. SMP also discusses how to protect against telemarketing scams, mail fraud schemes and illegal or deceptive marketing of Medicare Advantage and/or Medicare Prescription Drug Plans.

State Health Insurance Assistance Program (SHIP)

410-887-2059 (County), 410-396-2273 (City)

Volunteers provide free, unbiased, confidential health insurance counseling for the Medicare eligible and their caregivers. Helps consumers understand Medicare eligibility, benefits and resolves problems. Provides Medicare education to individuals or groups regarding: Part A-Hospitalization, Part B-Medical, Part C-Health Plans, Part D-Prescription Drugs, Medicare supplements, Appeals, and Fraud and Abuse. Provides eligibility assessment for financial programs to assist with the costs of Medicare through the Medicare Savings Programs administered by the Department of Social Services: Qualified Medicare Beneficiaries (QMB) or Specified Low Income Medicare Beneficiaries (SLMB). Also, provides eligibility assessment for Part D Prescription Plan financial assistance through the following: Maryland Senior Prescription Drug Assistance Program (SPDAP) and the Social Security Administration's Extra Help. Provides computer research for selecting and enrolling in Part D drug plans. Assists with the Annual Open Enrollment from October 15 – December 7 for Medicare Prescription Drug Plans and Medicare Health Plans (Advantage Plans) for the following year. These services are generally provided by telephone. Language accommodations are available.

Tax Assistance for Older Adults

410-887-2594 (County), 410-396-2273 (City)

Trained AARP Tax Aide volunteers provide free tax preparation assistance to older adults and low income individuals at the majority of senior centers and other off-site locations throughout the region. Tax assistance is available from February through April 15 annually. Trained volunteers complete basic federal and state personal income tax forms and homeowners' and renters' tax credit applications. Tax Aide volunteers also understand the provisions of the tax code that pertain to older adults and can respond to tax-related questions. Appointments are required and each taxpayer must provide all records required to prepare the returns.

Programs exclusive to the Baltimore County Department Of Aging (BCDA) SUMMARY OF SERVICES

Web Site Address:

www.baltimorecountymd.gov/aging

Email Address: aginginfo@baltimorecountymd.gov

Any questions may be directed to

Maryland Access Point of Baltimore County
410-887-2594

People who are deaf, hard of hearing or have a speech disability use Relay or 711.

Annual BCDA Run/Walk - 410-887-2040

Date: September 17, 2023

The 17th annual Get Ready! Get Set! Get Fit! 5K Run/Walk-1Mile Fun Walk promotes the importance of being physically fit at any age and raises funds to help support fitness centers and exercise programs in BCDA Senior Centers. This intergenerational event attracts participants of all ages and is perfect for serious runners as well as those out for a relaxing stroll. To register, visit www.getreadygetsetgetfit5k.com.

BC-REST Coalition

Baltimore County Restoring Elder Safety Today

A coalition of Baltimore County agencies and organizations also working together for elder abuse prevention and education. To join the coalition or for more details on the coalition events, please call 410-887-4200.

Center Connection Program - 410-887-2970

Center Connection, your "link to senior center independence," is a service operating in eight Baltimore County senior centers for residents age 60 and over who need assistance and support connecting to the activities and services provided by the senior center. Each potential participant must be independent in mobility and personal care needs. Once registered, the individual works with the center connection specialist to develop an activity schedule, taking into account each older adult's interests, abilities and needs. The center connection specialist helps the individual maximize their senior center experience by encouraging participation in classes, connecting them with other center members, registering for classes and participating in the Eating Together lunch program, while providing information and referrals to community resources as needed.

Community Outreach Program - 410-887-2594

This program, an extension of Maryland Access Point (MAP), connects Baltimore County residents age 60 and over to community resources. Outreach workers evaluate seniors' needs, assist with applying for benefits and services, and connect seniors to resources to help them remain independent in their homes and communities. Assistance is offered on both a short-term and long-term basis. Persons are also provided with counseling to assist with long term care supports decision making.

SUMMARY OF SERVICES

CountyRide - 410-887-2080/FAX 410-887-8281

CountyRide is Baltimore County's para-transit service designed to serve county residents 60 years of age and over, persons with disabilities from age 18 - 59 and those living in the rural area of the county of any age. CountyRide does not provide transportation to nursing home residents or to daycare facilities. CountyRide is a demand response transportation service for medical and non-medical appointments, shopping shuttles and senior centers. Hours of telephone access to the office are 8:00 a.m. - 4:00 p.m., Monday - Friday. Interactive voice and web response system is available 24/7.

Flu Inoculation Program - 410-887-2594

Flu and pneumonia inoculations are available at The Power of Age Expo and at 20 Baltimore County senior centers. To find a location near you, visit www.baltimorecountymd.gov/aging. Please check with your health insurance provider for information about coverage.

Home Team Program - 410-887-4141

The Home Team is a community-based volunteer program in Baltimore County that provides friendly visits to Baltimore County seniors, age 60 years and older who are homebound, live alone, and are at a greater risk of living in isolation. Volunteer "friendly visitors" help seniors maintain a connection to other people and the community, foster new relationships and interests, improve emotional well-being, reduce feelings of loneliness, maintain a higher quality of life, and remain independent in their homes longer. For seniors age 60 years or more who are homebound and food insecure, assigned volunteers can pick up food from partnering food pantries and deliver the bags to your door. To volunteer or receive friendly visits, please call 410-887-4141 or email hometeam@baltimorecountymd.gov.

Living Longer Living Well Virtual Summit For Older Adults - 410-887-2002

Date: January 19, 26, 2023/Virtual Event

The Summit is hosted by the Baltimore County Department of Aging to offer an educational opportunity for older adults of all ages to help them live their best life. This conference offers a diverse range of cutting-edge topics to help promote successful aging. Topics include health, fitness, finances, scams, relationship support, downsizing, technology, spirituality and more. At an affordable price, the day includes a continental breakfast, lunch, parking and workshop options. Pre-registration and payment is required.

Loan Closet - 410-887-2594

This program lends equipment such as walkers, bath chairs, tub transfer benches and wheelchairs to Baltimore County residents age 60 and older. Also offers individualized demonstrations of assistive devices. There is no fee, although a refundable deposit may be required for some items. Donation of equipment in good condition is accepted on a limited basis. Please call to reserve or donate equipment. Limited hours.



No Senior Eats Alone Day® - 410-887-2002

Date: September 14, 2023

This program offers a connection to those older adults in the community who may be isolated or lonely and or in need of support. Participate at one of BCDA's 20 senior centers and or partners of the day to enjoy lunch with peers and entertainment. Partners include faith communities, community associations, restaurants, senior housing buildings and other locations. For those interested in participating, please call 410-887-2594. For those interested in becoming a partner, please call 410-887-2002.

Publications - 410-887-2594

The Baltimore County Department of Aging publishes various booklets, directories and pamphlets for older adults, baby boomers, caregivers, persons with disabilities and professionals. Topics include: scams and frauds, nutrition, active aging, caregiving, grief/loss, health, housing, nursing homes, legal issues, financial topics, funeral planning, wellness and more. Call for more information.

Senior Solutions Conference For Professionals - 410-887-2012

Date: April 20, 27, 2023/Virtual Event

This conference is sponsored by the Baltimore County Department of Aging and the Commission on Aging for professionals in the field of aging. The focus of the conference corresponds with BCDA's annual initiative. CEU credits are offered to social workers. Please call for further information.

Speakers Bureau - 410-887-2594

Speakers are available to discuss services and programs of the Department of Aging as well as issues that affect the older adult/disabilities population. The Department of Aging also participates in community events and health fairs.

SUMMARY OF SERVICES

The Power of Age Expo – Celebrating 36 years! - 410-887-2012

Date: October 26, 2023

Hosted by the Baltimore County Department of Aging, The Power of Age Expo is an exciting information and resource event. Through Expo, mature adults, baby boomers, families, caregivers, persons with disabilities and professionals can learn about a wide variety of products and services to enhance their lives. More than 295 exhibits feature the latest information on health care, finances, government services, leisure time activities, retirement housing and products to support living life to the fullest. Expo offers free health screenings, continuous entertainment, a silent auction, special feature areas, free gifts, prizes and more. Please call for more information or visit the Expo's dedicated website at www.powerofageexpo.com. Sponsorships and exhibitor opportunities are available.

The Time Of Your Life Television Show - 410-887-2012

The Time of Your Life is BCDA's Comcast television program on the Baltimore County Comcast Cable Channel 25. The show offers the latest information about services and programs available to Baltimore County older adults, baby boomers, their families, caregivers, persons with disabilities and professionals. It also provides information about contemporary topics as well as fun opportunities for entertainment, fitness, travel and recreation. Call Maryland Access Point of Baltimore County at 410-887-2594 to learn about the topics featured on the current show or view the show at <https://www.youtube.com/@BaltCoGov/search?query=the%20time%20of%20your%20life>. The show is available on the Internet with open captioning.

View the show on: Monday at 9:00 a.m., 2:30 p.m.; Tuesday at 2:30 p.m., 7:00 p.m.; Wednesday at 12:00 p.m., 6:00 p.m.; Thursday at 11:00 a.m., 9:00 p.m.; Friday at 12:00 p.m., 8:00 p.m.; Saturday at 1:00 p.m., 5:00 p.m., 9:00 p.m.; Sunday at 1:00 p.m., 5:00 p.m.

Time of Your Life Digest - 410-887-3050

Time of Your Life Digest is the Baltimore County Department of Aging's subscriber-based newspaper filled with useful information and entertaining articles on topics affecting mature adults, baby boomers, caregivers, persons with disabilities and professionals in Baltimore County. The Digest is mailed to subscribers eight times a year for as little as \$5. The newspaper, which has a readership of 8,000, is also a powerful way to advertise to a targeted market throughout the County. Call for details about display advertisements, classified rates and subscription information.



Programs exclusive to the **Baltimore City Health Department, Division of Aging** **SUMMARY OF SERVICES**

Web Site Address:
health.baltimorecity.gov
Email Address: MAP.BCHD@baltimorecity.gov

Any questions may be directed to
Maryland Access Point of Baltimore City
410-396-2273

Adults Evaluation and Review Services - 410-396-6606

Adult Evaluation and Review Services will provide comprehensive evaluations to identify the needs of the medically, mentally, and functionally disabled adults who face the risk of premature and inappropriate institutionalization. The AERS team consists of a nurse, social worker, consulting psychiatrist and psychologist. The teams provide the individual with a face to face comprehensive evaluation, including medical/nursing, environmental and psychosocial assessment. The evaluation is conducted in the home setting or the individual's current location. Education regarding community resources and services are provided to individuals, families and care providers. Upon completion of the evaluation, the multidisciplinary team develops a plan of care, which recommends services needed to help the individual remain at home, or in the least restricted environment. Every effort is made to obtain appropriate services to address the needs of each individual evaluated. There is no charge for evaluations.

Baltimore City Health Department - 410-396-4398

The Baltimore City Health Department offers and oversees services for sexually transmitted infections, HIV/AIDS, family planning, maternal and infant health, immunizations, asthma, senior care, cancer screening, and lead poisoning prevention services, among others. Offers a variety of health programs and health services from maternal and children to young adults and seniors. Health care includes but not limited to prenatal care, dental, breast exams, flu shots, health screenings, etc.

Caregivers Program - 410-396-1337

The Family Caregiver Program provides non-emergency and non-expedited financial assistance to caregivers to pay for respite or supplemental services. This assistance is meant to enhance existing support services and should be considered as assistance with the care of your loved one. Monies may be paid directly to you the caregiver, the care recipient, or vendors. The funds can be used to hire providers for respite services or to reimburse you for out-of-pocket expenses related to your role as a caregiver. Currently assistance ranges from \$300- \$500 per person annually (from date of processing). This assistance is subject to the availability of funds. You or the person you are caring for must be a Baltimore City resident caring for disabled and older adults age 60 and over, as well as grandparents age 55 and older raising grandchildren age 18 and under.

SUMMARY OF SERVICES

Community Personal Assistance Care - 410-396-4494

Helps Medical Assistance eligible persons who are chronically ill or disabled and at risk of being institutionalized remain in their home. Registered nurse/case manager monitors and assesses the applicant and develops a plan of care to meet the client's needs. The case monitor coordinates with the recipient a Personal Care Provider who assists the recipient with activities of daily living such as transferring, bathing, dressing, feeding and toileting; must have a doctor's authorization to qualify for services.

Division of Aging – 410-396-2273 Special Events 2023

For special programs and educational workshops, please call Baltimore City MAP.

Elder Abuse Prevention Program - 410-396-3144

Provides information and education on the signs and symptoms of elder abuse and promotes strategies for the prevention of abuse, neglect and exploitation of vulnerable adults.

Emergency Preparedness - 410-396-6188

The Baltimore City Mayor's Office of Emergency Management (MOEM) will maintain the highest level of preparedness to protect Baltimore's citizens, workers, visitors, and environment from the impact of natural and man-made disasters. MOEM will prepare the City for emergencies, prepare the public for emergencies, and coordinate interagency response and recovery. To achieve this mission, MOEM will implement a comprehensive program of disaster mitigation, preparedness, response, and recovery. Educates citizens on being proactive in the event of a natural or man-made emergency and recruits volunteers to be trained to help their neighbors in an emergency.

Golden Age Clubs - 410-396-2920

The Senior Citizens Division of the Baltimore City Department of Recreation and Parks provides comprehensive, life-enriching recreational activities for senior citizens residing in Baltimore City. In addition to providing support and assistance to 94 golden age clubs serving over 4,000 members, this Division sponsors a wide variety of city-wide programs and special events to Baltimore's older adults. Golden Age Clubs are conveniently located in all areas of the City, meeting in recreation centers, senior apartment buildings, schools and churches. Club membership is open to anyone 50 years of age and older and there is no charge to become a member.

Housing and Homeless Services - 410-396-2822

Provides housing interventions for evictions as well locating alternative housing solutions. Provides assistance with utilities, taxes, and landlord issues. Homeless intervention includes assessments, placements, referrals, and resource linkage for benefits and entitlements to homeless older adults.

Language Interpreting Services, the Division of Aging - 410-396-2273

Services utilize a language interpretation service to assure access to services for persons who are limited-English speaking.

Maryland Access Point - 410-396-2273

To access information regarding services and benefits available to older adults, persons with disabilities, and caregivers, you may call the number listed above. A computerized database is used in order to provide a comprehensive listing of information. In-person consultations are also available. Persons are also provided with counseling to assist with long term care supports decision making.

Nutritional Education - 443-573-0161

Nutrition education is offered at Eating Together sites and other community venues. Nutrition education provides a basis for making informed choices and setting realistic nutritional goals.

Screening Services - 410-396-2273

Benefits check-up offers a screening tool to determine eligibility for local, state and national programs. Economic check-up offers a screening tool to determine financial stability and economic security.

Senior Assisted Living Subsidy Program - 410-545-7702

Provide community-based housing subsidy for medically and financially eligible persons age 62 and older. Contract agreements are developed with assisted living managers to provide 24 hour care and supervision for the current subsidy payment of \$650.00 per month.

Senior Companion Program - 410-361-9405

The Senior Companion Program (SCP) offers stipends to low income persons age 55 and older that provide community volunteer service opportunities. Senior Companions provide one-on-one assistance to the frail elderly, the developmentally disabled, and other "special persons" who require supportive services because of exceptional needs. The program encourages independence in the life of the companion as well as that of the client by fostering mainstream involvement and strengthening social interaction. They provide daily contacts that focus on activities and reducing the need for costly and other unnecessary institutionalization. Senior Companions are assigned to volunteer stations that provide Social Care, In-Home Care and Respite Care in private homes and approved social settings working 15-25 hours a week.

Taxi-Card Program/Taxi Access - 410-664-1123

Offers reduced cost taxi service for older adults and persons with disabilities. Participant pays a one-time registration fee of \$5.00. For applicants over the age of 60 years old, a physician's statement is not required. The MTA Taxi Access II Service is available to MTA-certified Mobility customers who meet the eligibility requirements. Taxi Access II Service is not part of MTA Mobility Service, but rather a separate and distinct MTA service provided under contract by participating area taxicab and sedan companies. MTA Mobility does not guarantee the availability of a particular type of vehicle or pickup time. Customers deal directly with the taxi and sedan companies.

Let Me Count The Ways To Sponsor or Advertise with the Baltimore County Department of Aging...



Community Resources 2024 \$725 - \$2,560

Annual publication distributed in Baltimore County and City.
Ads range in size from quarter to full page.

Consumer Reference Guides On A Variety of Topics \$5,000 - \$30,000

Annual publication to educate and empower citizens.

Product Sponsorships

Orange Refrigerator Cards: \$10,000 - \$25,000

Shelf Stable Meals: \$25,000

THE F.I.L.E.- Sponsorship information is available upon request. This is a printed document to assist in organizing important information. Copyright of the product is available for \$250. The copyright purchases the printing right for 10,000 copies; printing cost is excluded from the copyright fee.

Publication Advertising/Sponsorships

The Power of Age Expo and Program Guide: \$5,000 - \$30,000

Printed annually in September. Distribution 12,000.

Time of Your Life Digest: \$1,500 - \$12,000

Eight issues annually; readership 8,000.
Advertisements start at \$64 per issue.

Baltimore County Department of Aging Targets Your Market

www.baltimorecountymd.gov • 410-887-2012

The Baltimore County Department of Aging (BCDA) offers multiple opportunities for businesses and non-profits to connect with those they serve by sharing their services and or products to the largest growing demographic in our country. These affordable opportunities enable businesses to market directly to their target demographic at in-person or virtual events. Catch the attention of over 205,000 mature adults residing in Baltimore County and other areas as well as professionals.



SENIOR SOLUTIONS CONFERENCE

Senior Solutions Conference (April 20, 27, 2023) -
a virtual professional conference attracting up to 225 professionals.



VOLUNTEER RECOGNITION EVENT

Volunteer Recognition Event (May 2023) -
an in-person event celebrating RSVP County and City volunteers.



GET READY! GET SET! GET FIT! - 5K RUN/1 MILE WALK

Get Ready! Get Set! Get Fit! - 5K RUN/1 MILE WALK (September 17, 2023) -
an intergenerational in-person event at CCBC-Essex supporting senior fitness centers and programs.



THE POWER OF AGE EXPO

The Power of Age Expo (October 26, 2023) -
an in-person event celebrating its 36th year of providing up to 7,000 attendees with the latest information and resources for living life to the fullest along with powerful networking opportunities for professionals and business owners. Please visit www.powerofageexpo.com for more information.

**BCDA Is Committed To Create Customized Sponsorships
To Meet Your Business Goals And Budget.**

For more information and pricing, e-mail sponsorbcda@baltimorecountymd.gov
or call 410-887-2012.

Learning Never Stops

Keep Learning. Stay sharp. Be Active.

Senior **A**dventures in **L**earning at CCBC

- Art
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- History and Politics
- Current Events and Popular Culture
- Lunch and Learn
- Photography
- Wellness and Fitness

Classes start all the time!

Register now:

443-840-4700

ccbcmd.edu/seniors



CATHOLIC CHARITIES SENIOR SERVICES

Senior living, services and supports for older Marylanders and their families

JENKINS SENIOR LIVING COMMUNITY

The 25-acre Jenkins Campus in southwest Baltimore offers beauty and greenery out each window, with a spectacular view of the Baltimore skyline – conveniently located near I-95 and St. Agnes Hospital.

St. Elizabeth Rehabilitation and Nursing Center

667-600-2600

Short-term rehabilitation and skilled nursing, long-term and memory care.

– 2023 Newsweek –

Top Rehabilitation and Nursing facility in the Greater Baltimore region

3RD YEAR IN A ROW

Caritas House Assisted Living

667-600-2660

A residential community of care with personalized assistance in daily activities for adults 62 and older.

IMMEDIATE OPENINGS

St. Ann Adult Day Services

667-600-2680

Activities, socialization and medical supervision so older adults can continue to live at home.

DePaul House and St. Joachim House

667-600-2280

Supportive, affordable apartment communities on the Jenkins Campus.



APARTMENTS AVAILABLE

SENIOR COMMUNITIES

Supportive, affordable apartment communities. Total of 24 locations in Maryland, home to more than 1,800 older adults.

667-600-2280

ANNE ARUNDEL COUNTY

Glen Burnie
Arundel Woods

Odenton
Friendship Station
Friendship Village

BALTIMORE CITY

East Baltimore
Our Lady of Fatima I
Our Lady of Fatima II

Mount Vernon
Basilica Place

Overlea
Everall Gardens

Violetville
on Jenkins Campus
DePaul House
St. Joachim House

BALTIMORE COUNTY

Catonsville
St. Mark's Apts.

Edgemere
St. Luke's Place

Lansdowne
Kessler Park
Coursey Station

BALTIMORE COUNTY CONT.

Nottingham
Village Crossroads I
Village Crossroads II

Owings Mills
Owings Mills New Town

Pikesville
St. Charles House

Reisterstown
Reister's Clearing
Reister's View

Towson
Trinity House

Woodlawn
Holy Korean Martyrs

GARRETT COUNTY

Grantsville
Starnier Hill

HARFORD COUNTY

Abingdon
Abingdon Gardens

Aberdeen
Aberdeen Court

Answers for the Aging

667-600-2100 or toll-free 1-888-50ASKUS

Telephone-based information and referral service for older adults and caregivers.

www.cc-md.org/seniors



Inspired by the Gospel mandates to love, serve and teach, Catholic Charities provides care and services to improve the lives of Marylanders in need.

Catholic Charities welcomes people regardless of faith and is an Equal Housing Opportunity provider.

