Promoting healthy, independent living for Baltimore’s older residents

The Baltimore City Health Department’s Division of Aging is dedicated to improving the lives and well-being of Baltimore’s older adults. We coordinate services for older adults, adults with disabilities, and their families to maximize safety, health, and independence. We’re proud to advocate on their behalf when care providers fail to serve them, or when fraud is suspected. Through our volunteer programs and outreach initiatives, we approach aging with respectful, caring services that take into account each individual’s specialized needs.

Maryland Access Point is the “one-stop-shop” for information and assistance

With a single call, older adults, adults with disabilities and their caregivers can learn about and apply for resources available to them.

Individuals will receive information and assistance with a wide range of services that includes screening for federal and state benefits, assisted living support, legal aid, Medicare enrollment, caregiver support, meals, medication management, transportation, and dealing with issues like Alzheimer’s, dementia and chronic diseases.

There are over 20 MAP sites across Maryland for individuals who prefer to get face-to-face counseling on their options.

Call 410-396-CARE (2273) or visit http://aging.maryland.gov/accesspoint/
Available 24 hours a day.

For more information, visit:
Health.Baltimorecity.Gov
facebook.com/BaltimoreHealth
twitter.com/bmore_healthy