

Homeless Client Checklist

The following checklist was developed by the High Utilizer Task Force for hospitals. The checklist is to be used as a guide to determine whether or not it is appropriate to discharge a patient to a homeless shelter. If “No” is checked, there is a greater likelihood that the patient will return to the hospital.

Functional Criteria

Activities of Daily Living:	Yes	No
Able to bathe and maintain oral hygiene		
Able to dress oneself		
Able to feed oneself		
Able to manage bowel/bladder continence independently		
Able to relocate from a seated position to bed or toilet		
Able to independently use any necessary medical equipment		
Able to self-administer insulin/monitor insulin levels		
Able to manage catheters (indwelling or external)		
Client does not require intensive physical rehabilitation, convalescent care, or a skilled nursing facility		

Mental Health Criteria

Criteria	Yes	No
Stable enough with mental health symptoms to exist in a group living environment without creating risk or disruption.		
Assessed for suicidality and does NOT demonstrate intent to kill themselves disorders		
Cognitive abilities, including memory impairment, do not prevent them from living in a group environment without creating risk or disruption		

Special Considerations




- A shelter may not be appropriate for an immunocompromised patient due to crowded conditions and close proximity to others who may have poor health conditions
- Clients who arrive without proper medications will be received; however this may increase the likelihood of the client re-entering the Emergency Room.
- Clients who require special diets must arrive with proper documentation stating the restrictions signed by a physician

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