Baltimore County Department of Aging and Baltimore City Health Department, Division of Aging and CARE Services

COMMUNITY RESOURCES 2016



Guiding Your Path in the Region



County Executive Kevin Kamenetz and the Baltimore County Council MAP (Baltimore County)

611 Central Avenue, Room 220 Towson, MD 21204 410-887-2594

www.baltimorecountymd.gov E-mail: aginginfo@baltimorecountymd.gov



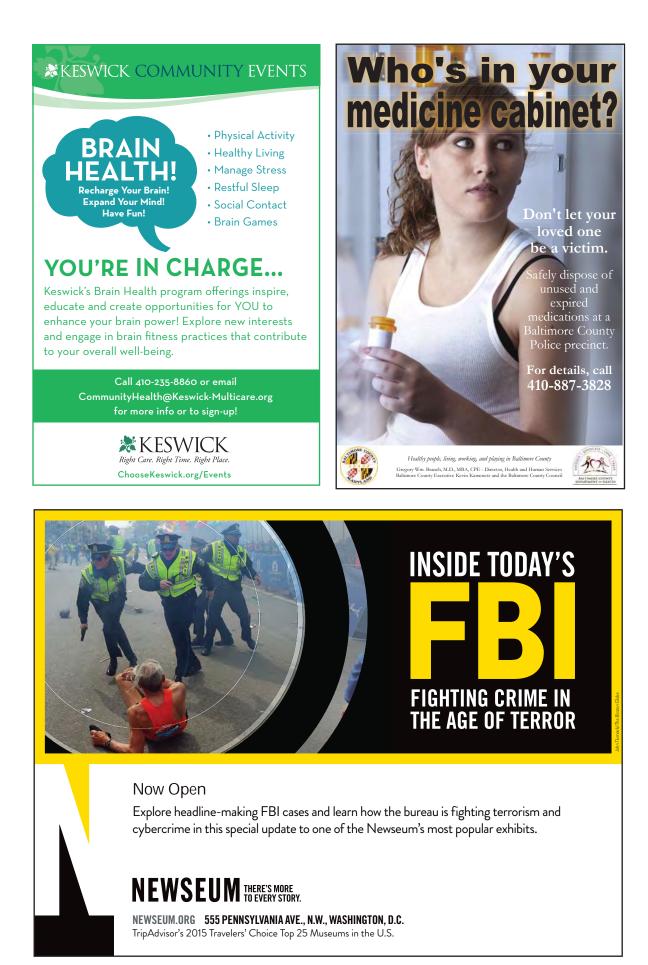


1-844-MAP LINK For people who are deaf, hard of hearing or have a speech disability, use Relay or 711.



Mayor Stephanie Rawlings-Blake and the Baltimore City Council MAP (Baltimore City) 417 East Fayette Street Sixth Floor Baltimore, MD 21202 410-396-2273 www.baltimorecity.gov

www.baitimorecity.gov health.baltimorecity.gov



MESSAGE FROM THE BALTIMORE COUNTY EXECUTIVE

It is my pleasure to introduce Community Resources 2016. We take pride in knowing the 19th edition of Community Resources provides Baltimore communities with information about the services and resources that support our families, loved ones and friends. This edition of Community Resources also celebrates the fourth year that Baltimore County and Baltimore City governments have partnered to create a regional resource directory to serve all of Baltimore's citizens. Our partnership has given us the opportunity to publish 75,000 complimentary copies of Community Resources, which will be circulated throughout Baltimore during 2016. We also are pleased to offer an audible version of the publication online at www.baltimorecountymd.gov/ communityresources.

Educating citizens with consumer options supports Baltimore County Government's goal to enhance public awareness. We believe the directory's collection of government services, along with non-profit and business partnership listings, provide one-stop shopping for every member of your community. Please take a few moments to review the wide range of services and programs serving our citizens through Baltimore County Government.

Community Resources is a revenue-producing publication that helps to support volunteerism in Baltimore County. The resource is also produced at no cost to Baltimore County Government using recycled paper as a means to support the environment.

Thank you for using and recommending *Community Resources 2016.* I hope you and your family will use the directory to explore all of the resources and services that Baltimore County and City have to offer.

Very Truly Yours,

Kerin Kamene

Kevin Kamenetz Baltimore County Executive





BALTIMORE COUNTY COMMISSION ON AGING

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www.baltimorecountymd.gov/agencies/ aging/commission.html

MESSAGE FROM THE BALTIMORE COUNTY COUNCIL



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Community Resources 2016, an annual publication of Baltimore County Government, celebrates its 19th year of providing a complimentary consumer directory to Baltimore communities. For the fourth year, we are pleased to welcome Baltimore City Government as a partner so that together we may offer one regional resource directory which combines both County and City resources and information.

The newest edition of *Community Resources* contains the most current information to support a range of activities and services. Upon reviewing the directory, please take note of the array of government services, non-profits and business partnership listings. We ask that you use and recommend *Community Resources* frequently by supporting the circulation of 75,000 copies in the Baltimore region.

We are proud to say *Community Resources* is created each year at no cost to Baltimore County citizens. Educate yourself, loved ones and friends with *Community Resources* 2016, a publication created for Baltimore communities.

Yours Very Truly, The Members of Your Baltimore County Council



Baltimore County Restoring Elder Safety Today

MESSAGE FROM THE DIRECTOR

It is my pleasure to introduce Baltimore County Department of Aging's (BCDA) 19th edition of *Community Resources 2016*; an annual resource directory serving older adults, baby boomers, caregivers, families, adults with disabilities and professionals. For the fourth year, this respected publication represents a valued collaboration with Baltimore City Government in order to provide one informational resource for both Baltimore County and City residents. Our partnership forges an exciting opportunity to enrich the directory's content while expanding the publication's distribution through a regional outreach.

The content of Community Resources includes the most current information available for all citizens. As a Maryland Access Point site, particular emphasis has been placed on expanding the publication's resources to support persons with disabilities. The directory's content includes government, non-profit and business listings. Readers will also notice blue highlighted listings throughout the directory. These highlighted listings represent sponsors of the directory. By sponsoring this publication, businesses and non-profits are supporting the mission of BCDA. To learn more about powerful sponsorship and or advertising opportunities offered by the BCDA, please phone 410-887-2012.

As a regional publication, the distribution of *Community Resources* includes Baltimore County and City senior centers, libraries, hospitals, government agencies, doctor's offices, community associations, senior housing, faith communities, business partners, professional conferences, nutrition sites/services, outreach events and more. For your convenience, the publication is also available online at www. baltimorecountymd.gov/communityresources to provide access 24/7 in order to support Internet-savvy clients, professionals and long-distance caregivers.

Creating a foundation for informed decisionmaking relies on consumer education. We believe *Community Resources* helps to provide the foundation that supports Baltimore communities.



Whether you are searching for an assisted living or determining where to exercise, this publication contains the resources for living life to the fullest. Help educate and empower your family, friends and community by using and recommending *Community Resources* 2016. Enjoy!

Sincerely,

" Stilliams

Joanne E. Williams, Director Baltimore County Department of Aging

BALTIMORE COUNTY DEPARTMENT OF AGING MISSION STATEMENT

The Baltimore County Department of Aging strengthens lives by connecting individuals to community resources, programs and services.

MESSAGE FROM THE BALTIMORE CITY MAYOR



BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES COMMISSION ON AGING

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M.Ed., Ph.D.

Joseph Zebley III, MD, FAAFP

One of many strengths, Baltimore City can be proud of is that of partnership collaboration. This year represents our fourth year of partnership with the Baltimore County Department of Aging to publish the regional *Community Resource Directory*. The directory is a wealth of information regarding community services which includes phone number of organizations, summary of services, eligibility guidelines, hotlines and websites.

Without fail, this publication will reach and serve citizens throughout the city and county by providing them with numerous service providers, agencies and organizations.

I want to take this opportunity to thank the Baltimore City Division of Aging and CARE Services and Baltimore County Department of Aging for their efforts and dedication in pulling together the *Community Resource Directory* for 2016.

If you do not find what you need in this directory, please do not hesitate to contact the Baltimore City Health Department, Division of Aging and CARE Services, Maryland Access Point at 410-396-2273 or Map.bchd@baltimorecity.gov.

Sincerely,

Stephanie Rawlings-Blake Mayor City of Baltimore



STEPHANIE RAWLINGS-BLAKE Mayor 250 City Hall, 100 North Holliday Street Baltimore, Maryland 21202

MESSAGE FROM THE BALTIMORE CITY COUNCIL

The City of Baltimore is thrilled to partner with the Baltimore County Department of Aging to publish a complete directory of programs and services for older adults and people with disabilities in the Baltimore area. *Community Resources* is an exciting publication that makes it easy to find helpful resources in the region.

Baltimore City is constantly looking for new ways to foster innovative partnerships and develop creative solutions that improve the quality of life for our residents. With the help of the Baltimore County Department of Aging and dozens of other agencies in both jurisdictions, we've made yet another stride towards a government that works effectively and efficiently.

Please feel free to contact the Baltimore City Health Department's Division of Aging and CARE Services, Maryland Access Point at 410-396-2273 if you have suggestions or questions about the directory or available services.

Sincerely,

Bernard C. "Jack" Young President Baltimore City Council





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MESSAGE FROM THE BALTIMORE CITY HEALTH COMMISSIONER



BALTIMORE CITY MISSION STATEMENT

The Baltimore City Health Department Division of Aging and CARE Services envisions Baltimore as the friendliest city in America, where all older adults and persons with disabilities can age in their communities with choice, dignity and independence as they move along the aging continuum.



We at the Baltimore City Health Department believe that our city's older adults are the backbone of our communities and that it is our responsibility to empower all Baltimoreans with the knowledge, access, and environment that will enable healthy living.

That is why The Baltimore City Health Department Division of Aging and CARE Services and the Baltimore County Department of Aging are pleased to introduce the 4th edition of the Regional Community Resource Directory. This publication has taken on a life of its own and has become a trusted household source of reliable information.

The Baltimore City Health Department's Division of Aging and CARE Services serves as a Maryland Access Point (MAP) site and is dedicated to providing information about benefits, resources, and programs to all consumers. Our office continues to receive numerous requests for the directory, which has been widely disseminated throughout the City of Baltimore and other regions.

Once again, the 4th edition will offer a wealth of information outlining city and county agencies and organizations that provide support and services to older adults, caregivers, and persons with disabilities.

We are proud to make this publication available and want to ensure that information also reaches those who may not have access to computers or other outreach venues.

Please feel free to contact Baltimore City MAP office at 410-396-2273 to request your individual copy or copies for your organization.

Sincerely,

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Leana S. Wen, M.D., M.Sc. Commissioner of Health



Project DOCS, "Doctors Offering Caregiver Support" is an initiative of the Baltimore County Department of Aging (BCDA) in partnership with physicians and area hospitals. The goal of Project DOCS is to provide literature about the many services available for older adults. Participating physicians and hospitals have brochure racks in their waiting areas that provide valuable information about services and programs.

Charter Member of Project DOCS: Greater Baltimore Medical Center

BCDA invites physicians in private practice the option of providing *Community Resources 2016* to their patients and families. To make arrangements for delivery, please contact the BCDA at 410-887-2012.

If you are a family caregiver for an older loved one and would like to learn about available resources, call the Baltimore County Department of Aging - Caregivers Program at 410-887-4724.

USING COMMUNITY RESOURCES 2016

Every effort has been made to assure that the entries in *Community Resources 2016* are accurate and up-todate. We strongly urge you to make use of the Internet in obtaining additional information about the resources in this publication.

This directory has been developed for use by the public. As such, we encourage you to copy and share the publication with others. If additional copies are needed, or if the directory is needed in an alternative format, contact the Office of Communications at 410-887-2012, or by e-mail at dorlove@baltimorecountymd.gov.

DISCLAIMER

The listings or omissions of individuals, businesses and organizations in this directory does not constitute an endorsement, recommendation, or guarantee regarding their services or products. No liability may inure to Baltimore County, the Baltimore County Department of Aging, its agents, employees or directors, as a result of goods or services provided by individuals, businesses or organizations in this directory.

The listings or omissions of Medicare Prescription Drug Plans, including but not limited to information regarding their charges, drug coverage or formulary lists in this directory does not constitute an endorsement, recommendation, or guarantee regarding their services or products. No liability may inure to Baltimore County, the Baltimore County Department of Aging, its agents, employees or directors, as a result of goods, information or services provided by any individual, business or organization listed in this directory.

Community Resources 2016 is available in alternative formats upon request.

ACKNOWLEDGEMENTS

Community Resources 2016 is an annual directory which is published by the Baltimore County Department of Aging (BCDA). We are pleased to partner with Baltimore City Government for the fourth consecutive year. BCDA's partnership with Baltimore City Government creates a unique opportunity to expand the publication's content with City services, programs and listings. As a result, Community Resources 2016 serves as a regional publication in both scope and distribution to educate Baltimore communities. With that said, it is with gratitude that the following committed leadership and team members are recognized for their many contributions to the continued development and enhancement of this well-respected publication which is now celebrating its 19th year.

Special thanks to Baltimore County Executive Kevin Kamenetz, the Baltimore County Council and the Baltimore County Commission on Aging. Special thanks to Mayor Stephanie Rawlings-Blake, the Baltimore City Council and the Baltimore City Health Commissioner, Dr. Leana Wen.

Thank you to Joanne Williams, Director of the Baltimore County Department of Aging, for her support and commitment to public-private partnerships and consumer empowerment through education, and Laura Riley, Deputy Director, for her continued support of this publication. Special acknowledgment is made to the many advertisers in the directory who are noted with blue highlighted listings or larger ads which can be seen throughout the publication.

It is with gratitude that the following team members of the BCDA receive special recognition for their contribution to *Community Resources 2016*: Rekha Bhave, Tom Buckmeier, Peggy Dryden, Beth Jakubiak, MS, Michele Kehl, Peggy Miller, Mary Pivawer, MSW, Ethel Rasmussen, MA, Jillian Roberts and Andrea Rubin, Ph.D. In the Baltimore City Health Department, Division of Aging and CARE Services, a special thank you to Samantha Gardiner, Uprenia Willis and Thelma Winn.

With pleasure, Baltimore County and Baltimore City Governments jointly present *Community Resources 2016* – the resource serving Baltimore communities.

Debbie Orlove, MA, Program Manager Baltimore County Department of Aging

Baltimore County Government Services

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► ADA COORDINATOR 410-887-3580 ► ADMINISTRATIVE OFFICE 410-887-2460 ► AGING. DEPARTMENT 0F For a description of Baltimore **County Department of Aging** services, see Summary of Services. Director 410-887-2109 **Deputy Director** 410-887-2109 **Caregiver Program** 410-887-4724 **Center Connection Program** 410-887-2970 **Communications, Office of** 410-887-2379 **Community Resources 2017** 410-887-2012 Guardianship 410-887-5793 **Health Programming** 410-887-3423 **Home Team** 410-887-4141 Loan Closet 410-887-2594 Maryland Access Point (MAP) of Baltimore County 410-887-2594 **Nursing Home Ombudsman** 410-887-4200 **Nutrition Services** 410-887-3052 **Outreach Casework Services** 410-887-2050 **Senior Box Office** 410-887-5399 **Senior Centers** 410-887-2040 (See individual center listings in Senior Centers and Fitness Centers) Senior Digest 410-887-3050 **Senior Employment** 410-887-4006 The Power of Age Expo (formerly Senior/Baby Boomer Expo) 410-887-2012 Transportation/CountyRide 410-887-2080 Volunteer Services 410-887-2715

BUDGET AND FINANCE. **OFFICE OF** 410-887-3313 ► CIRCUIT COURT. COURT ADMINISTRATOR'S **OFFICE** 410-887-2687 ► CODE ENFORCEMENT 410-887-3351 Inspects properties for livability code. ► COMMUNITY COLLEGE **OF BALTIMORE COUNTY** (CCBC) 443-840-4099 Campuses at Catonsville, Essex and Dundalk with satellite locations in Hunt Valley and Owings Mills. ► COUNTY COUNCIL 410-887-3196 DISABILITIES. COMMISSION ON 410-887-3580 ► ECONOMIC DEVELOPMENT, **DEPARTMENT OF** 410-887-8000 ► ELECTIONS, BOARD OF **SUPERVISORS OF** 410-887-5700 ► ENVIRONMENTAL **PROTECTION AND SUSTAINABILITY** 410-887-3733 ► EXECUTIVE OFFICE 410-887-2450 FIRE DEPARTMENT **Emergencies: 911** Non-Emergencies: 410-887-4500 ► HEALTH, DEPARTMENT 0F (See also Health Clinics for additional resources.) **AIDS Counseling and** Information Line 410-887-2437 AIDS/HIV - Housing **Opportunities for People with** AIDS (HOPWA) 410-887-5918 **Adult Evaluation and Review** Services 410-887-2754 **Animal Control** 410-887-7297

Behavioral Health 410-887-3828 **Bureau of Clinical Services** 410-887-2705 **Cancer Screening (Breast and Cervical**) 410-887-3432 **Communicable Disease** Control 410-887-6011 Dentistry-Dental Access/ **Dental Referral Program** 410-887-2780 **Developmental Disabilities** 410-887-2720 **Health Care Access** 410-887-5918 Home Health/Home Care Program 410-887-2725 **Medical Assistance Personal Care Program** 410-887-3485 **Sexually Transmitted Disease** Control 410-887-2713 **TB Control** 410-887-2711 ► HEALTH, DEPARTMENT **OF - PUBLIC HEALTH** CENTERS (See also Health Clinics for additional resources.) **Baltimore Highlands** Lansdowne Health Center 410-887-1003 **Dundalk Health Center** 410-887-7182 **Eastern Family Resource** Center 410-887-6452 **Essex Health Center** 410-887-0246 Hannah More Center 410-887-1152 Liberty Family Resource Center 410-887-0607 **Woodlawn Health Center** 410-887-1332



HUMAN RESOURCES **OFFICE** 410-887-3135 HUMAN RELATIONS COMMISSION 410-887-5917 INFORMATION SERVICES **Baltimore County Government/Directory** Assistance 410-887-0000 Telephone numbers for county agencies and staff. **Circuit Court Information** Desk 410-887-2139 Information regarding court proceedings. Maryland Access Point (MAP) of Baltimore County, **Department Of Aging** 410-887-2594 Information and referrals for older adults, baby boomers, family members, caregivers, persons with disabilities and professionals. Provides access to language interpreter service. ► LAW OFFICE 410-887-4420 LIBRARY SYSTEM 410-887-6100 ► OFFICE OF **ADMINISTRATIVE HEARINGS** 410-887-3868 ► ORPHANS COURT 410-887-6516 Information on the administration of estates of deceased persons. ► PAROLE AND **PROBATION. DIVISION OF** 410-832-2200

Baltimore County Government Services

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► PERMITS, **APPROVALS AND INSPECTIONS**, **DEPARTMENT OF** 410-887-3353 PLANNING, DEPARTMENT OF 410-887-3211 ► POLICE DEPARTMENT **Emergencies: 911** Non Emergencies: 410-887-2222 **General Information**/ **Referral:** 410-887-2214 ► PUBLIC SCHOOLS 410-887-5555 ► PUBLIC WORKS, **DEPARTMENT OF** 410-887-3300 ► RECREATION AND PARKS, DEPARTMENT OF 410-887-3871

► REGISTER OF WILLS 410-887-6680 ► SHERIFF'S OFFICE 410-887-3151 ► SOCIAL SERVICES, **DEPARTMENT OF** (See also Financial Assistance for phone numbers and addresses of district offices.) **General Information** 410-853-3000 ► STATE'S ATTORNEY, **OFFICE OF** 410-887-6600 ► TAXPAYER SERVICES 410-887-2403 ► UNIVERSITY OF **MARYLAND EXTENSION, BALTIMORE COUNTY** OFFICE 410-887-8090 ► WOMEN, COMMISSION FOR 410-887-3448







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NEW SERVICES

- Nursing Concierge Services
- Cultural Awareness
- Family Caregiver Worksho
- Alzheimer's and Dementia Training

Skilled Nursing Services

RNs, LP<u>Ns</u>

- Wound Care
- Diabetic Car
- Medication Administration

GNAs, CNAs

- Activities of Daily Living Bathing, Dressing, Feeding
- Hospice and End-of-Life Support
- Alzheimer's and Dementia Care

Non-Skilled Services

CNAs

- Instrumental Activities of Daily Living
- Meal Preparation
- Personal Errands
- Light Housekeeping
- Transportation

BALTIMORE CITY DEPARTMENT OF PUBLIC WORKS



Low Income Senior Citizen Water Discount Program





STEPHANIE AWLINGS-BLAKE

RUDOLPH S. CHOW, P. I DIRECTOR

WWW.BALTIMORECITY.GOV

TAKING CARE OF THOSE WHO TOOK CARE OF US.

It is all too true that making ends meet can be a problem and a worry for those who have given so much of themselves and who should be enjoying their retirement. So many seniors are still giving through mentoring, volunteering and sharing their joy of life. Now we can give back through our LOW INCOME SENIOR CITIZEN WATER DISCOUNT PROGRAM.

WHO CAN APPLY?

Homeowners and tenants (whose lease holds them responsible for paying the water bill), can apply each year for the discount if they meet the following criteria:

- The applicant must be a City of Baltimore resident receiving a water/sewer bill directly from the City.
- 2. The principal resident must be age 65 or older.
- The combined gross household income must be \$25,000 or less.
- 4. The applicant must certify that he/she is the property owner-of-record with the Maryland Department of Assessments and Taxation, or provide a lease showing his/her responsibility for paying water/sewer charges at that property.

WHAT IS THE DISCOUNT?

Those who qualify receive a 39% discount on their water and sewer rates on each quarterly bill.

HOW CAN I APPLY?

Eligible senior citizens may apply at any of the Senior Community Centers listed on this brochure or call 410-396-5398 to obtain an application.



Allen Senior Center • Phone: 410-685-6224

Forest Park Senior Center • Phone: 410-466-2124

Harford Senior Center • Phone: 410-426-4009

Hatton Senior Center • Phone: 410-396-9025

Greenmount Senior Center • Phone: 410-396-3552

Edward A. Myerberg Senior Center • Phone: 410-358-6856

Oliver Senior Center • Phone: 410-396-3861

Sandtown Winchester Senior Center • Phone: 410-396-7724

Senior Network of North Baltimore • Phone: 410-323-7131

Waxter Center for Senior Citizens • Phone: 410-396-1324

John Booth Senior Center • Phone: 410-396-9202

Zeta Center for Healthy and Active • Phone: 410-396-3535

PLEASE NOTE: Only one water bill account per household is eligible to receive this discount.

Baltimore City Government Services

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► BALTIMORE CITY 311 One Call Center, 24/7 inbound calls and dispatch operation (non-emergency calls) BOARD OF ELECTION **SUPERVISORS** 410-396-5550/ 5580 ► CIVIL SERVICE COMMISSION 410-396-3860 ENOCH PRATT FREE LIBRARY 410-396-5430 EMPLOYMENT **DEVELOPMENT. MAYOR'S OFFICE OF** 443-984-3014 FIRE DEPARTMENT 410-396-5616 **Smoke Detector Program** 410-396-7283 ► HEALTH DEPARTMENT 410-396-4398 **Acute Communicable Diseases** 410-396-4436 **Adult Evaluation and Review** Services (AERS) 410-396-6006 **Animal Control** 410-396-4688 Animal Pick-Up 311 **B'more for Healthy Babies** 410-396-1834 Behavioral Health System, **Baltimore** 410-637-1900 **Bureau of Child Health &** Immunization 410-396-4454 **Bureau of Healthy Homes** 443-984-2460 **Childhood Lead Poisoning** Program 443-984-2470 **Community Action Partnership:** Southeast 410-545-6518 Eastern 410-545-0136 Northwest 443-984-1384 Southern 410-545-0900 Northern 410-396-6084 **Employment (with BCHD)** 410-396-1420 **Emergency Preparedness** 443-984-2622 **Health Care Access Maryland** 410-649-0500

Health Clinics: Druid 410-396-0176 Eastern 410-396-9410 Cancer 410-396-0186 Dental 410-396-4501 443-984-3548 (Eastern) **Family Planning and Reproductive Health** 410-396-0186 **HIV Clinics** 410-396-0176 Maternal and Infant Nursing Program 410-396-9404 Mavor's Commission on **Disabilities** 443-484-3170 Mayor's Office of Human Services 410-396-7370 **Men's Health Center** 410-383-8300, Ext. 70101 **Sexually Transmitted** Infections (STD) 410-396-4398 **Tuberculosis** 410-396-9413 Healthy Teens/Young Adults 410-396-0353 Marvland Children's Health **Program Eligibility Services** 410-649-0512 **Needle Exchange Program** 410-396-3731 **Operation Safe Kids (OSK)** 443-984-4012 **Rvan White** 410-396-1408 School Health Programs / **School-Based Health Center** 410-396-3185 **School Health Assessment** Program 410-396-5246 **Office of Youth Violence** Prevention 443-984-3566 Virtual Supermarket Project 410-545-7544 WIC 443-984-3702 ► HEALTH DEPARTMENT, **DIVISION OF AGING AND CARE SERVICES Adult Evaluation and Review** Services (AERS) 410-396-6006



Bar Association of Baltimore City Legal Services to the Elderly 410-396-1322 **Community Personal** Assistance Services (CPAS) 410-396-4494 **Eating Together in Baltimore** 410-664-0700 **Family Caregiver Program** 410-396-1337 **Health Promotion and** Education 410-396-4932 **Home Delivered Meals** 410-558-0827 **Housing and Homeless** Services 410-396-4932 **Maryland Access Point** (MAP) 410-396-2273 Medicaid Waiver for Older Adults 410-396-4932 **Money Follows the Person** (MFP) 410-396-4932 **Ombudsman Program** 410-396-3144 **Public Guardianship** 410-545-7702 **Retired Seniors and Volunteer** Program (RSVP) 410-361-9400 Senior Assisted Living Subsidy Program 410-396-4932 **Senior Care** 410-396-1605

Senior Companion Program 410-361-9405 **Senior Centers** 410-396-4932 **State Health Insurance** Assistance Program (SHIP) 410-396-2273 **Senior Information and Assistance Program** 410-396-2273 Senior Medicare Patrol (SMP) 410-396-2273 **Taxi Card Program** 410-664-1123 **Volunteer Opportunities** 410-396-4932 ► BALTIMORE CITY HEALTH DEPARTMENT. CARE OPERATED CENTERS: **Hatton Senior Center** 410-396-9025 John Booth/Hooper Senior Center 410-396-9202 **Oliver Senior Center** 410-396-3861 Sandtown-Winchester 410-396-7724 Waxter Senior Center 410-396-1324 Zeta Senior Center 410-396-3535 ► HOUSING AUTHORITY (HABC) 410-396-3225 HOUSING AND COMMUNITY **DEVELOPMENT**, **DEPARTMENT OF** 410-396-1969

Baltimore City Government Services

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► LAW OFFICE 410-396-3297 **ORPHANS' COURTS** 410-396-5034 ► PARKING AUTHORITY 443-573-2800 ► PAROLE AND PROBATIONS 410-585-3500 ► PLANNING, **DEPARTMENT OF** 410-396-7526 ► POLICE DEPARTMENT Non-emergency: 311 443-263-2220 ▶ PUBLIC SCHOOL SYSTEM 410-396-8792 ▶ PUBLIC WORKS, **DEPARTMENT OF** 410-396-8497 RECREATION AND PARKS 410-396-7900 ► SENIOR CITIZENS DIVISION 410-396-2920

► SHERIFF'S OFFICE

410-396-1155 **Police Department Non-Emergency Assistance** 311 or 443-263-2220 **Report crime tips** (anonymous): 410-276-8888 Local District/Senior Liaisons Senior Citizen Liaisons (SCL) serve as direct contact between the senior community and the police department. **Central District** 410-396-2411 **Eastern District** 410-396-2433 Northeastern District 410-396-2444 Southeastern District 410-396-2422 **Northern District** 410-396-2455 Western District 410-396-2477 Northwestern District 410-396-2466 Southwestern District 410-396-2488 **Southern District** 410-396-2499 SOCIAL SERVICES, DEPARTMENT OF 443-378-4600



► STATE'S ATTORNEY **OFFICE OF BALTIMORE** CITY 410-984-6000

UNIVERSITY OF MARYLAND EXTENSION **BALTIMORE CITY** 410-856-1850

Housing Authority Baltimore City **Mixed Population Developments**

Broadway Overlook 410-675-3900 100 N. Broadway Baltimore, MD 21201

Chase House 410-545-7285 **1027 Cathedral Street** Baltimore, MD 21201

Ellerslie 410-396-3005 601 Wyanoke Avenue Baltimore, MD 21218

Govans Manor 410-396-1542 5220 York Road Baltimore, MD 21212

J. Van Story Branch 410-396-3272 11 W. 20th Street Baltimore, MD 21218 **Mc Culloh Homes** 443-984-1608 **501 Dolphin Street** Baltimore, MD 21217

Monument East 410-545-6610 **633 Aisquith Street** Baltimore, MD 21202

Orchard Ridge 410-325-1982 4312 Clareway Baltimore, MD 21213

Primrose Place 410-396-4644 820 S. Caton Avenue Baltimore, MD 21229

Rosemont Towers 443-984-3155 740 Poplar Grove Street Baltimore, MD 21216

Private Developers - Mixed Populations in Baltimore City

Allendale 410-396-0273 3600 W. Franklin Street Baltimore, MD 21229

Bel-Park Towers 410-396-3292 3800 W. Belvedere Avenue Baltimore. MD 21215

Bernard E. Mason Sr. 410-396-1704 2121 Windsor Gardens Lane 410-545-1910 Baltimore, MD 21207

Brentwood 410-396-7424 401 E. 25th Street Baltimore, MD 21218 **Hollins House** 443-984-3137 **1010 W. Baltimore Street** Baltimore, MD 21223

Lakeview Towers 410-396-1714 717 Druid Park Lake Drive Baltimore, MD 21217

Wyman House 123 W. 29th Street Baltimore, MD 21218



*Other developments are subject to transition in 2016.

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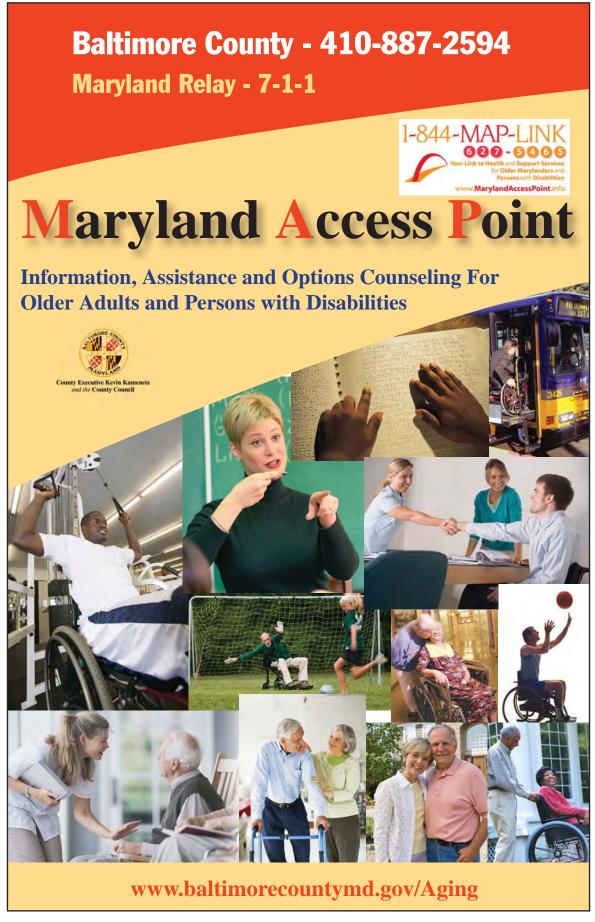
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MANY THANKS!

Thank you to the many organizations and businesses that supported *Community Resources 2016.* Your generosity enabled Baltimore County Government to honor over 1,200 volunteers at the 2015 Volunteer Recognition Luncheon.

The Volunteer Recognition Luncheon sponsors are highlighted in blue throughout this publication. Without sponsors, the luncheon would not be possible.





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► ANOTHER CARING HAND MEDICAL ADULT DAY CARE 410-401-0790

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► BETTER DAY ADULT MEDICAL DAY CARE, A 410-902-0252 3 Easter Court, Suite B Owings Mills 21117

► CARING HANDS ADULT MEDICAL DAY CARE OF DUNDALK, INC. 410-285-7060 49-61 Shipping Place Dundalk 21222

CARING HANDS AMDC OF GREATER BALTIMORE 410-285-7060 1001 West Pratt Street

Baltimore 21223

► CENTER FOR SOCIAL CHANGE AMDC 443-405-3712 3400 Barry Paul Road Randallstown 21133

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► FRIENDS AND FAMILY ADULT DAY SERVICES, INC. 410-277-0070 3112 Lord Baltimore Drive, Suite 108 Baltimore 21244

► FRIENDSHIP ADULT MEDICAL DAY CENTER 410-866-3700 6255 Kenwood Avenue, Suite 0

Suite C Rosedale 21237

► GOLDEN DOVES SENIOR MEDICAL ADULT DAY CARE 410-462-3802 1701 Madison Avenue, Suite 100 Baltimore 21217

► GOLDEN POND ADULT DAY PROGRAM, INC. 410-325-2686 4825 Frankford Avenue Baltimore 21206

► HAPPY DAYS ADULT DAY CARE 410-664-5810 5146 Park Heights Avenue Baltimore 21215

► HERITAGE ADULT ENRICHMENT PROGRAM 410-825-5575 8240 Loch Raven Boulevard Towson 21286 ► HONG LOK ADULT MEDICAL DAY CARE 410-686-8868 814 Eastern Boulevard Essex 21221

► JOYFUL ADULT MEDICAL DAY CARE CENTER 443-840-0192 6650 Bel Air Road Baltimore 21206

► LEVELS MEDICAL ADULT DAY CARE 410-779-7487 4515 Harford Road Baltimore 21214

► LEVINDALE ADULT DAY SERVICES 410-601-2361 2434 West Belvedere Avenue Baltimore 21215

► L. I. F. E. ADULT MEDICAL DAY CARE 410-735-5433 2822 Hollins Ferry Road Baltimore 21230

MARYLAND AVENUE
ADULT DAY CARE CENTER
410-528-8730
1915 Maryland Avenue
Baltimore 21218



ADULT DAY SERVICES - ADULT DAY SERVICES, SPECIALIZED

► MAXIMUM DAY SERVICES 410-581-9150 11299 Owings Mills Boulevard, Suite 204 Owings Mills 21117

► MAXIMUM DAY SERVICES II, LLC 443-271-6137 9-D Gwynns Mill Court Owings Mills 21117

MEDCLUB ADULT DAY CARE 202-342-5777 5610 Harford Road Baltimore 21214

► NEW LIFE HEALTHY LIVING 410-944-1002 7600 Clays Lane Windsor Mill 21244

► PARADISE ADULT MEDICAL DAY CARE 410-483-4444 5617 Belair Road Baltimore 21206

► PHOENIX ADULT MEDICAL CENTER

443-278-9290 4147-B Labyrinth Road Baltimore 21215

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► RENAISSANCE ADULT MEDICAL CENTER 410-580-9301 1017-A Reisterstown Road Pikesville 21208

► ROB "N" NESS ADULT DAY SERVICES, INC. 410-744-8225 2 West Rolling Crossroads, Suite 11 Catonsville 21228

► ST. ANN ADULT DAY SERVICES 410-646-0320

3308 Benson Avenue Baltimore 21227

► ST. JOHN ADULT

MEDICAL DAY CARE, INC. 410-329-1444 10947 Golden West Drive, Suite 200 Hunt Valley 21031

► STELLA MARIS SENIOR DAY CENTER

410-252-4500, Ext. 7878 www.stellamaris.org 2300 Dulaney Valley Road Timonium 21093 Long-term, hospice, home care, housing, respite, rehab services available.

► TODAY'S CARE AND FAMILY AMDC-HAMILTON

410-319-9009 3039 Hamilton Avenue Baltimore 21214

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ARC OF BALTIMORE DAY

CARE CENTER 410-296-2272 7215 York Road Baltimore 21212 Supports individuals with intellectual and developmental disabilities.

► FOUNDATIONS

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► GALLAGHER SERVICES MEDICAL DAYCARE PROGRAM

410-252-4005, Ext. 3 2520 Pot Spring Road Timonium 21093 Serves medically fragile, developmentally disabled adults.



ADULT DAY SERVICES, SPECIALIZED

► HOPKINS ELDERPLUS

410-550-7047 410-550-8093 www.hopkinsbayview. org/hopkinselderplus Mason F. Lord Building, East Tower 4940 Eastern Avenue Baltimore 21224 Hopkins ElderPlus Program is an all-inclusive care for the elderly (PACE), for nursing home eligible persons; must be age 55 or older, live in service area and have potential for remaining safely in the community with our assistance.

► KESWICK ADULT DAY SERVICES 410-662-4324 700 West 40th Street Baltimore 21211

► LEAGUE FOR PEOPLE WITH DISABILITIES ADULT **MEDICAL DAY PROGRAM** 410-323-0500, Ext. 365 www.leagueforpeople.org 1111 East Cold Spring Lane Baltimore 21239 Addresses physical, psychological/social challenges facing adults with disabilities. Services: transportation; fitness center; therapeutic pool; respite care; recreational activities; physical/occupational/ speech: individual/family/ group counseling; nursing care by registered nurses; case management; open Mondays -Fridays 8 a.m – 4 p.m.

► MOSAIC COMMUNITY SERVICES ADULT MEDICAL DAY CARE 443-612-1497, Ext. 1212 7 Bloomsbury Avenue Catonsville 21228

► PROGRESS UNLIMITED,

INC. 410-363-8550 11431 Cronhill Drive Owings Mills 21117

► SUNRISE MEDICAL CARE CENTER 410-242-6650 4601 Hollins Ferry Road,

Suite C Baltimore 21227 For adults with medical disabilities.

► UNIFIED COMMUNITY CONNECTIONS (UC2)

410-513-8900 11650 Crossroads Circle, Suite A Middle River 21220 For adults with intellectual or developmental disabilities.

► WELCOME FRIENDS ADULT MEDICAL DAY CARE 410-574-5005 8839 Kelso Drive, Suite A, B Essex 21221

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ADVOCACY SERVICES



ADVOCACY SERVICES

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273. See also Legal Services.

► AARP ADVOCACY SERVICES 866-542-8163 www.aarp.org

► BALTIMORE CITY CIRCUIT COURT 410-333-3722 Provides legal and fair processing of all cases.

► BALTIMORE CITY DEPARTMENT OF HUMAN RESOURCES 800-332-6347 TDD

► BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES 443-378-4600

Provides protective services for residents of all ages through assessment, case management, residential services and financial services. Adoptions 410-685-8231 **Adult Services** 443-423-6600 (Includes Adult Protective Services, Social Services to Adults and Project HOME) **Family Investment** 443-378-4700 **Food Stamp Change Center** 443-423-4445 **Central Medical Assistance** 443-423-6100 Purchase of Care (POC) (Day **Care Services)** 443-423-5000 **In-Home Aide Services** 443-423-4214

Intake & Assessment Report Child Abuse and Neglect (Child Protective Services and Family Services) 410-361-2235 (24-Hour Service) Legal Services 443-378-4100

► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES, ELDER ABUSE PREVENTION 410-396-3144

► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES, MARYLAND ACCESS POINT 410-396-2273

► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES, NURSING HOME OMBUDSMAN PROGRAM 410-396-3144 Investigates and attempts to resolve complaints on behalf of assisted living and nursing home residents.

► BALTIMORE CITY OFFICE OF CIVIL RIGHTS AND WAGE ENFORCEMENT/ COMMUNITY RELATIONS COMMISSION 410-396-3141 Combats unlawful discrimination.

► BALTIMORE CITY OFFICE OF STATE'S ATTORNEY 443-984-6000

410-396-1897/1899 Court related issues.

► BALTIMORE CITY POLICE DEPARTMENT, NON-EMERGENCY ASSISTANCE 311 or 443-263-2220 ► BALTIMORE CITY SHERIFF'S OFFICE 410-396-1155

► BALTIMORE CITY TAX BILLING OFFICE

410-396-3987 Homes may be placed in tax sale if delinquent in property taxes (\$750) water bill (\$750) and/or if other environmental citations exist. For more information regarding homeowner tax property credit, home repairs, water bills or legal issues, you may call Baltimore City MAP at 410-396-2273.

► BALTIMORE COUNTY ASSOCIATION OF SENIOR CITIZENS ORGANIZATIONS, INC. (BCASCO)

410-521-5726 An educational and advocacy association that strives to better the lives of seniors and their families through programs, newsletters, presentations and legislation.

► BALTIMORE COUNTY COMMISSION ON AGING 410-887-2109

Members appointed by the County Executive and the County Council to generally advise the Department of Aging in its mission to assist older adults in Baltimore County with health, transportation, social, economic, recreation, environmental and housing needs.





► BALTIMORE COUNTY COMMISSION ON DISABILITIES 410-887-3580

Legally enacted commission of county government to initiate recommendations and review legislation which concerns or impacts individuals with disabilities.

► BALTIMORE COUNTY DEPARTMENT OF AGING, LONG-TERM CARE OMBUDSMAN PROGRAM

410-887-2594 Investigates and attempts to resolve complaints made by or on behalf of assisted living and nursing home residents.

► BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY

410-887-2594 Help and information regarding resources available to older adults, persons with disabilities and caregivers. Assistance provided for financial applications and case management. Referrals made to other agencies as appropriate.

► BALTIMORE COUNTY DEPARTMENT OF HEALTH

410-887-2243 Protects public health by promoting good health practices, protecting individuals from infectious diseases and providing access to health care services. Provides special geriatric services.



ADVOCACY SERVICES

► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES (SCREENING UNIT)

410-853-3000 Advocates and provides protective services for residents of all ages through assessments, case management, residential and financial services. Provides information, assistance and referral for emergency shelter for homeless individuals.

► BALTIMORE COUNTY HUMAN RELATIONS COMMISSION

410-887-5917 Enforces anti-discrimination laws.

► BALTIMORE COUNTY LEGAL AID BUREAU, INC., NURSING HOME PROGRAM, ASSISTED LIVING PROGRAM

410-951-7750 Legal services for nursing home and assisted living residents.

► BALTIMORE COUNTY LOCATE: CHILD CARE 877-261-0060 Locate childcare resources.

► BALTIMORE COUNTY

POLICE DEPARTMENT, FINANCIAL CRIMES AND CYBERCRIMES 410-887-2190 Answers questions regarding con games and door-to-door scams.

► BALTIMORE COUNTY POLICE DEPARTMENT, NON-EMERGENCY ASSISTANCE 410-887-2222

► BALTIMORE COUNTY SHERIFF'S OFFICE 410-887-3151

BALTIMORE NEIGHBORHOODS, INC. (BNI)

410-243-6007 (Tenant Landlord)

410-243-4400 (Fair Housing/ Discrimination Complaints) Information about fair housing laws, discrimination, rights and responsibilities of landlords and tenants.

► BETTER BUSINESS BUREAU, INC.

410-347-3990 Provides information regarding consumer issues, determination of reliability of businesses or charities, and opportunity to file a complaint.

► CENTERS FOR MEDICARE & MEDICAID SERVICES (CMS), MEDICARE HELPLINE 800-633-4227 www.medicare.gov

► CREDIT REPORTS 877-322-8228

www.annualcreditreport.com All Maryland residents have access to free annual personal credit reports from Experian, Equifax and TransUnion.

► DEPARTMENT OF HEALTH AND MENTAL HYGIENE (DHMH) 410-767-6500 Office of Health Care Quality

410-402-8000 www.dhmh.state.md.us/ohcq Licenses and provides oversight of adult day care, nursing homes, assisted living facilities, health care agencies, etc. See website for licensee directory.

► FEDERAL TRADE COMMISSION

877-382-4357 877-438-4338 (Identity Theft) www.ftc.gov Provides information on filing a complaint regarding identity theft, internet fraud, telemarketing scams, Do Not Call Registry, etc.

► IMAGE CENTER OF MARYLAND

410-982-6311 Information and referral, peer mentoring, independent living skills training, and educational transition program for individuals with disabilities.

► LEGAL AID, INC. 410-951-7750 Free civil legal services to the low income in Maryland.

► MARYLAND ATTORNEY GENERAL'S OFFICE

410-576-6300 (General) **Consumer Protection Division** 410-528-8662 Investigates complaints regarding unfair and deceptive business practices and acts as mediator between consumers and merchants. Health Advocacy Unit Hotline and Health Care Mediation 410-528-1840 Accepts complaints involving medical billing or reimbursement problems and provides the complaint history of health care providers. Securities Division 410-576-6360 Accepts complaints and supplies information about financial planners/brokers.

MARYLAND COMMISSION ON CIVIL RIGHTS

410-767-8600 Enforces Maryland anti-discrimination laws concerning employment, housing, public accommodations and commercial non-discrimination.



MARYLAND COMMISSION ON HUMAN RELATIONS - CITY GOVERNMENT OFFICE 410-767-8600

MARYLAND

DEPARTMENT OF AGING 410-767-1100 800-AGE-DIAL www.aging.maryland.gov In partnership with the Area Agencies on Aging (AAA), promotes an enhanced quality of life for a diverse population of older adults in Maryland.

► MARYLAND DEPARTMENT OF HOUSING AND COMMUNITY DEVELOPMENT

410-514-7000 Administers "Bridge to Hope" and other programs to assist in the prevention of mortgage foreclosures. Free counseling on housing issues.

► MARYLAND DISABILITY LAW CENTER

410-727-6352 www.mdlclaw.org A non-profit legal advocacy organization mandated to advance the civil rights of people with disabilities. Free legal services to Marylanders of any age with all types of disabilities who live in facilities, in the community or who are homeless.

► MARYLAND HEALTH CARE COMMISSION

410-764-3460 www.mhcc.state.md.us (Click On Consumers) Reviews and compares nursing homes, assisted living facilities (ten or more beds), health plans, hospitals and prescription prices.



ADVOCACY SERVICES -ANIMAL SERVICES



► MARYLAND HOME IMPROVEMENT COMMISSION

410-230-6309 www.dllr.state.md.us (Click on Occupational/Professional Licensing) Verifies contractors' licenses and provides information about complaints filed against specific companies.

► MARYLAND INSURANCE ADMINISTRATION 410-468-2000

www.mdinsurance.state.md.us Consumer information and complaints concerning accident, automobile, health, life, long-term care and property insurance as well as agent licensing requirements and insurance fraud.

MARYLAND MEDICAL ASSISTANCE BENEFICIARY SERVICES & PHARMACY ACCESS HOTLINE

800-492-5231 Assists Medical Assistance recipients to select doctors, address coverage issues and answer questions about Medicaid prescription drug coverage.

MARYLAND OFFICE OF PEOPLE'S COUNSEL

410-767-8150 Advocates on behalf of residential utility customers and can assist with dispute resolution.

► MARYLAND OFFICE OF THE SECRETARY OF STATE, CHARITABLE ORGANIZATIONS DIVISION 800-825-4510 Answers questions and takes

Answers questions and takes complaints about charitable organizations.

► MARYLAND STATE BOARD OF MORTICIANS AND FUNERAL DIRECTORS 410-764-4792

Verifies and issues licenses and accepts complaints about funeral homes, funeral directors, crematoriums and morticians.

► MAYOR'S COMMISSION ON DISABILITIES

443-984-3170 Promotes equal rights and opportunities for people with disabilities in Baltimore City.

► MAYOR'S OFFICE OF NEIGHBORHOOD AND CONSTITUENT SERVICES 410-396-4735

Contributes to an improved quality of life for Baltimore City residents.

► OLDER WOMEN EMBRACING LIFE, INC. (OWEL)

866-706-8540 Peer support, referrals, HIV testing, care navigation and education for older women who are at risk or living with HIV in Baltimore City.

► NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), METROPOLITAN BALTIMORE, INC. 410-435-2600

Sponsors self-help, support, education and advocacy groups for families and individuals coping with mental illness.

► TAXPAYER ADVOCATE SERVICE

443-853-6000 800-865-6198 Independent organization within the IRS to help taxpayers resolve problems.

► U. S. DEPARTMENT OF HEALTH & HUMAN SERVICES, OFFICE OF THE INSPECTOR GENERAL 800-447-8477 (Fraud/Abuse Hotline)

Handles fraud and abuse related to Medicare, Medicaid, mental health services, medical equipment, employee or contractor complaints, Social Security, food supplements and housing subsidy.

► U. S. DEPARTMENT OF HOUSING AND URBAN DEVELOPMENT (HUD) 410-962-2520

Provides information on public housing, HUD homes, rental assistance, homeless assistance, FHA loans, Fair Housing and foreclosure prevention.

► U.S. DEPARTMENT OF VETERANS AFFAIRS

800-827-1000 www.va.gov Beneficiary information for veterans, their widows, widowers and children.

► U.S. POSTAL INSPECTION SERVICE

877-876-2455 800-372-8347 www.usps.com Investigates crimes involving postal service, including mail fraud.

ANIMAL SERVICES

► ANIMAL CONTROL PROGRAM, BUREAU OF ENVIRONMENTAL HEALTH 410-396-4688 (City) Enforces City and State codes, rules and regulations; investigates animal neglect and cruelty cases.

► BALTIMORE COUNTY DEPARTMENT OF PERMITS, APPROVALS AND INSPECTIONS, DIVISION OF MISCELLANEOUS PERMITS AND LICENSES, ANIMAL LICENSES 410-887-3630

Available at full service libraries - \$2.00 convenience fee.

► DIVISION OF ANIMAL SERVICES

410-887-PAWS (7297) (County) Issues violations, enforces laws, accepts animal cruelty calls. Free euthanizing (per criteria), rabies shots, spay/neutering, microchipping, and licensing. Operates shelter for animal adoption.

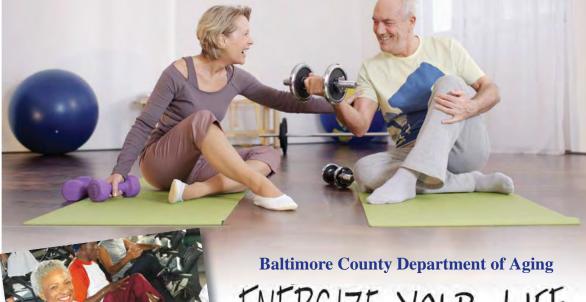
MARYLAND SPCA - KIBBLE CONNECTION

410-235-8826, Ext. 175 Provides free pet food to the clients of Meals On Wheels.

SPAY/NEUTER ALL PETS (SNAP)

410-887-PAWS (7297) (County) 410-235-8826 (City) Provides low cost certificates for spaying/neutering dogs and cats.

Improve your overall health and wellbeing at one of the 20 Senior Centers across Baltimore County



Try one of the many classes

Try one of the many classes offered around the County

Tai Chi Yoga **Strength Training** Zumba Gold **Seated Chair Exercise Ballroom or Line Dance EnhanceFitness Basketball Table Tennis** Volleyball **Hip Hop Body Fit Drums Alive** Water Aerobics Wii Exercise **Cardio Fit Bowling Classes vary per location.**



BCDA

ENERGIZE YOUR LIFE

Now is the time to change your life by joining one of the many Baltimore County Department of Aging (BCDA) Senior Centers that offer an array of fitness and wellness programs.

Each location offers a variety of fitness opportunities tailored to meet the needs of the 60+ individual. Whether you are interested in Ballroom Dance, Zumba or working out in the fitness center, you will find a range of opportunities to fit all fitness levels and interests. A wide range of nutrition and wellness seminars are offered throughout the year to enrich your awareness for improved health.

The opportunities you've waited a lifetime to take advantage of are right here at BCDA. Take the first step to improving your health by joining a senior center today!

Workout with your peers in one of BCDA's 13 Fitness Centers/Studios!

JOIN NOW TO ENHANCE OVERALL WELL-BEING AND INCREASE ENERGY AND VITALITY.

Fitness membership is required in order to workout in one of our facilities.

For information, call 410-887-2040

ASSISTIVE TECHNOLOGY -CAREGIVERS/GRANDPARENT SUPPORT

ASSISTIVE **TECHNOLOGY**

See also Hearing Resources, Loan Closet for Medical Equipment, Medical Alert Systems, Medical Equipment and Supplies and Vision Resources.

► ASSISTIVE TECHNOLOGY **GUARANTEED LOAN** PROGRAM

410-554-9230 800-832-4827 866-881-7488 (TTY) Low interest loans for home modifications and assistive devices for persons with disabilities.

► HALETHORPE PHARMACY (A CARE PHARMACY)

410-247-3344 www.halethorpepharmacy.com 1307 Francis Avenue Baltimore 21227 Delivery, assisted living, immunizations. medical equipment/supplies, Medicare-D consultations, hospice.

► INDEPENDENT DRUG

410-687-1115

28 Kingston Road

Middle River 21220

Delivery, assisted living,

immunizations, medical

Medicare-D consultations,

equipment/supplies.

hospice.

410-554-9134 (A CARE PHARMACY) Provides technological solutions and customized assistive technology for persons www.independentdrug.com with disabilities

► V-LINC

► MARYLAND

PROGRAM

800-832-4827

Information and referral

resources for people with

independently. Programs

borrowing, technology and

telework loan programs.

disabilities to live and work

include temporary equipment

TECHNOLOGY ASSISTANCE

BEHAVIORAL HEALTH

Please see Mental Health for services in this category.

CAREGIVERS SUPPORT/ GRANDPARENT SUPPORT

See also Disability Assistance, Home Health Services, Hotlines and Websites, Housing-Assisted Living, Medical Equipment and Supplies, Memory Care, Nursing Homes, Respite Services and Support Groups-Caregivers.

► ALZHEIMER'S

ASSOCIATION 410-561-9099 800-272-3900 Educational resources and other services.

Do you feel like you are missing out on the conversation? Connect with Maryland Relay.

Multiple Calling Options

For anyone who has difficulty using a standard telephone

Captioned Telephone

Displays every word your caller says, as you listen

Maryland Accessible Telecommunications (MAT) program

FREE assistive equipment to gualified applicants

Get a FREE evaluation to find the solution that's right for you.

Call 800-552-7724 or 410-767-6960 (Voice/TTY) 443-453-5970 (Video Phone) or visit mdrelay.org to get started.







"I promised him I wouldn't put him in a nursing home."



Principal Investigator: Quincy Miles Samus, Ph.D. Johns Hopkins School of Medicine, Application No.: IRB00054802 Protocol Title: Comprehensive home-based dementia care coordination for Medicare-Medicaid Dual Eligibles in Maryland This project is supported by Grant Number 1C1CMS331332 from the Department of Health and Human Services, Centers for Medicare & Medicaid Services. Person(s) depicted in this photo are not actual patients or study subjects. NEED HELP caring for someone with Alzheimer's or memory problems?

MIND at Home research study is testing an 18 month support program to help caregivers

What We Offer

- FREE in-home nurse assessments
- Gift cards up to \$100
- Information on home safety, managing behaviors, care skills
- Links to resources and care options
- Caregiver support and problem-solving help

Call 410-550-6744

if you care for:

- Someone living at home with memory problems
- In Baltimore or Central Maryland
- With a limited income

C

CAREGIVERS SUPPORT/ GRANDPARENT SUPPORT - CLINICAL TRIALS

► BALTIMORE COUNTY DEPARTMENT OF AGING, CAREGIVERS PROGRAM 410-887-4724

Provides information and resources to caregivers of older adults. Publishes the *Caregiver Connection* newsletter, available free by US mail or e-mail. Offers one free consultation with family caregivers.

► BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY 410-887-2594

Information about services and benefits available to older adults, baby boomers, persons with disabilities, caregivers and professionals.

► CATHOLIC CHARITIES CHILD AND FAMILY SERVICES AT ST. RITA PARISH HOUSE, GRANDPARENT SERVICES AND SUPPORT GROUP 410-282-9430

► EASTER SEALS CENTRAL MARYLAND RESPITE CARE PROGRAM 301-920-9769

Small respite stipends for primary caregivers of individuals with functional disabilities. Application required. Age, income and medical criteria apply.

► FAMILY CAREGIVER SUPPORT PROGRAM 410-396-1337

► FAMILY TREE 410-889-2300 (Citv)

Provides programs and services to educate about preventing child abuse.

► NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), METROPOLITAN BALTIMORE, INC. 410-435-2600

Sponsors self-help, support, education and advocacy groups for families and individuals coping with mental illness.

► THE MIND STUDY (MAXIMIZING INDEPENDENCE AT HOME) 410-550-6744

www.mindathome.org Johns Hopkins University School of Medicine, Department of Psychiatry 5200 Eastern Avenue, Mason F. Lord Building, 2nd Floor Baltimore 21224 Studies involving in-home memory care assessments/ care coordination for people with dementia and their caregivers.

CASE MANAGEMENT

Assistance in helping adults and persons with special needs. See also Disability Assistance, Geriatric Assessment Services and Mental Health Services. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-

396-2273.

► AGING LIFE CARE ASSOCIATION, MID-ATLANTIC CHAPTER

www.midatlanticgcm.org Professional organization which sets standards for feefor-service case managers. Formerly the National Association of Professional Geriatric Care Managers.

► BALTIMORE COUNTY DEPARTMENT OF AGING, COMMUNITY OUTREACH SPECIALISTS

410-887-2594 (Intake/ Referral) Case management services for older adults including assistance with completing financial applications.

► BALTIMORE COUNTY DEPARTMENT OF HEALTH, ADULT EVALUATION AND REVIEW SERVICES 410-887-2754

In-home screening, assessment and case management services for individuals experiencing multiple health and social problems.

► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES

410-853-3000 Screening and case management for vulnerable adults (age 18 and over). Includes Adult Protective Services and Aging Services (age 65 and over).

► FAMILY & CHILDREN'S SERVICES OF CENTRAL MARYLAND 410-366-1980

► JEWISH COMMUNITY SERVICES 410-466-9200

CEMETERIES AND MEMORIAL PARKS

See also Funeral Resources.

DULANEY VALLEY MEMORIAL GARDENS

410-666-0490 www.dulaneyvalley.com 200 East Padonia Road Timonium 21093 Caring for your family since 1958.

MARYLAND

DEPARTMENT OF VETERANS AFFAIRS 410-260-3838 www.mdva.state.md.us Administers Maryland Veterans Cemetery and Memorial Program.

► MARYLAND STATE BOARD OF MORTICIANS AND FUNERAL DIRECTORS

410-764-4792 Verifies and issues licenses and accepts complaints about funeral homes, funeral directors, crematoriums and morticians.

► REDEMPTORIST

CEMETERIES 410-284-0648 (Sacred Heart of Jesus Cemetery) www.redemcem.com 7401 German Hill Road Dundalk 21222 Catholic cemeteries dedicated to caring for our faith community.

CLINICAL TRIALS

► PAREXEL CLINICAL RESEARCH

877-617-8839 www.parexel.com/baltimore Harbor Hospital 3001 South Hanover Street Baltimore 21225 Clinical trials for healthy seniors – Alzheimer's, multiple sclerosis, hypertension, asthma and diabetes.

C -D COUNSELING, MENTAL HEALTH - DENTAL SERVICES

COUNSELING, MENTAL HEALTH

Please see Mental Health for services in this category.

DENTAL SERVICES

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► BALTIMORE CITY COMMUNITY COLLEGE, DEPARTMENT OF DENTAL HYGIENE

410-462-7712 2901 Liberty Heights Avenue Baltimore 21215 Preventive visits and set pricing for adults and children. Spanish interpreter.

► BALTIMORE CITY HEALTH DEPARTMENT Eastern Clinic

443-984-3548 620 North Caroline Street Baltimore 21205 Preventive care from ages 3 and older; ages 7 and older for dental problems. Adults treated for emergencies only. MA accepted. Baltimore City residency only.

► BALTIMORE CITY HEALTH DEPARTMENT, ORAL HEALTH CLINIC 410-396-0840

► BALTIMORE COUNTY DENTISTRY

410-887-2781 (Appointments) Eastern Family Resource Center Dental Clinic 9100 Franklin Square Drive Rosedale 21237 Liberty Family Resource Center Dental Clinic 3525 Resource Drive Randallstown 21133 Call for appointments for the Dental Access Program and dental clinics.



► BALTIMORE MEDICAL SYSTEMS Belair-Edison Family Center 410-558-4800 3120 Erdman Avenue Baltimore 21213 Federally qualified health center.

► CHASE BREXTON HEALTH SERVICES Baltimore

410-837-2050, Ext. 2602 10 West Eager Street Baltimore 21201 **Randallstown** 410-496-6441 3510 Brenbrook Drive Randallstown 21133 Preventive and dental problems. MA accepted; sliding scale. Baltimore City and County residents.

► CHERRY HILL FAMILY HEALTH CENTER

410-354-2000, Ext. 11296 631 Cherry Hill Road Baltimore 21225 Preventive and dental problems from 2 years old to adults. Spanish interpreter.

► DENTAL HYGIENE CLINIC-CCBC

443-840-3495 (Dundalk Campus) Students provide low-cost basic

dental hygiene services under close supervision from clinical faculty. ► ESPERANZA CENTER 410-522-8668 430 South Broadway Baltimore 21231 Primary dental care for children and adults of immigrant clients.

► GIVING RETIRED ADULTS MIGHTY SMILES INITIATIVE (GRAMS) Eastern Dental Clinic 443-984-3548 Affordable basic dental care for

uninsured low income persons 55 years and older. Baltimore City residency required.

► HEALTH CARE FOR THE HOMELESS

410-837-5533 421 Fallsway Baltimore 21202 Free to persons who are homeless.

► JAI MEDICAL SYSTEMS

410-433-2200 5010 York Road Baltimore 21212 410-327-5100 1235 East Monument Street Baltimore 21202

► JOHNS HOPKINS EAST BALTIMORE MEDICAL

CENTER 410-522-9800 100 East Eager Street Baltimore 21202 Preventive and dental problems from ages 3 to adults. MA accepted. ► MARYLAND FOUNDATION OF DENTISTRY FOR THE HANDICAPPED, DONATED DENTAL SERVICES 410-964-1944 Dental care for Maryland residents with disabilities; income requirements.

► PARK WEST MEDICAL CENTER

410-542-7800 3319 W. Belvedere Avenue Baltimore 21215 Preventive and dental problems from ages 2 to adults. MA accepted; sliding scale.

► PEOPLE'S COMMUNITY HEALTH CENTER

410-467-6040 3028 Greenmount Avenue Baltimore 21218 Preventive and dental problems from ages 3 to adults. MA accepted; sliding scale.

► TOTAL HEALTH CARE

410-383-8300 1501 Division Street Baltimore 21217 Preventive and dental problems from ages 3 to adults. MA accepted; emergencies treated.

► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPEDIC INSTITUTE, DENTAL DEPARTMENT 410-448-6290 2200 Kernan Drive Baltimore 21207 Self-referral or referred by a doctor or dentist. All ages by appointment only. MA and

private insurance accepted. Phone interpreters.

► UNIVERSITY OF MARYLAND, SCHOOL OF DENTISTRY 410-706-7063

410-706-7063 Discounted dental services performed by dental students under supervision of licensed dentists.

IN-HOME DENTAL SERVICES

For information about in-home dentistry, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

DENTAL SERVICES -DISABILITY ASSISTANCE

DISABILITY ASSISTANCE

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273. See also Adult Day Care-Specialized Services, Assistive Technology, Case Management, Dental Services, Employment, Geriatric Assessment Services. Hearing Resources, Loan Closet for Medical Equipment, Medical Equipment and Supplies. Mental Health Services, Personal Needs, Transportation Services and Vision Resources.

We're Here for People of All Ages, in All Stages



We provide needed resources to families of people with intellectual and developmental disabilities who need help navigating the system. Whenever you need us, we're here for you.

Contact us to find out how we can support you and your family.

410-296-2272 • www.thearcbaltimore.org

The Arc

Baltimore

DEVELOPMENTAL DISABILITIES

The Maryland Developmental Disabilities Administration (DDA) provides funding for multiple agencies which serve the needs of persons with developmental disabilities. These agencies provide a wide range of services, including residential, day services and family support services.

In order to receive funding from the DDA, it is imperative that an individual goes through the application process. The first step in that process is calling the DDA Regional Office to request an application. 410-234-8200 877-874-2494 (Toll Free) 800-735-2258 (TTY) The application can also be downloaded from DDA's website at http://dda.dhmh. maryland.gov/sitepages/ howtoapply.aspx.

► ARC OF BALTIMORE

410-296-2272 Employment training, day/ residential services, family support/respite, foster care, and resources for individuals with developmental disabilities.

► BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES TEMPORARY DISABILITY ASSISTANCE PROGRAM (TDAP) 410-853-3000 (County) 443-423-6300 (City)

► COORDINATING

CENTER, THE 410-987-1048 301-621-7830 www.coordinatingcenter.org Coordinates services for persons with disabilities to enable them to be as independent as possible.

► MARYLAND DEVELOPMENTAL DISABILITIES ADMINISTRATION, REGIONAL OFFICE 410-234-8200 877-874-2494 800-735-2258 (ITY) www.ddamaryland.org

OTHER DISABILITY RESOURCES

► ALLIANCE, INC., THE

410-282-5900 410-675-4704 (Broadway Branch) Provides a variety of services to residents with psychiatric, developmental and other disabilities.

► BALTIMORE COUNTY COMMISSION ON DISABILITIES

410-887-3580 Initiates recommendations and reviews legislation which impacts individuals with disabilities.

► CARING COMMUNITIES, INC.

410-549-5707 (Office) 866-CARING-4 (Toll Free) Offers disability-related training, education, publications and events.

► CHIMES, THE 410-358-6400

► DIVISION OF REHABILITATION SERVICES 410-554-9442

► FOUNDATIONS

410-789-7772 410-269-3250 www.foundationsgroup.net 1025 West Nursery Road, Suite 112 Linthicum 21090 Medical day care/psychiatric rehabilitation services for over ten years.

D

DISABILITY ASSISTANCE -DOMESTIC VIOLENCE

► HEARING AND SPEECH

AGENCY, THE 410-318-6780 Audiological testing, hearing aid fittings, sign language interpreters and classes.

► HUMANIM, INC.

888-374-8342 Offers workforce development, mental health, neurorehabilitation, developmental disabilities and deaf services for individuals of all ages.

► IMAGE CENTER OF MARYLAND

410-982-6311 Information and referral, peer mentoring, independent living skills training, and educational transition program for individuals with disabilities.

► LEAGUE FOR PEOPLE WITH DISABILITIES, INC.

410-323-0500 www.leagueforpeople.org Vocational training, employment and recreational activities for persons with disabilities.

► MARYLAND DEVELOPMENT DISABILITIES COUNCIL

410-767-3670 Comprehensive online resource for disability-related information.

► MARYLAND DISABILITY LAW CENTER

410-727-6352, Ext. 0 (Intake Specialist) 410-235-5387 (TTY) www.mdlclaw.org Advocates for persons with disabilities. Investigates allegations of abuse and/or neglect.



► MARYLAND MOTOR VEHICLE ADMINISTRATION

VEHICLE ADMINISTRATT www.mva.maryland.gov Automated Information 410-768-7000 (County) 443-573-2800 (City) Handicapped Plates/ Mirror Tags 410-787-2958 Handicapped Signs For The Front Of The Home 410-768-7646 Registration Renewal By Touch-Tone Phone 410-768-7000 800-492-4575 (ITY)

MARYLAND PUBLIC MENTAL HEALTH SYSTEM 800-888-1965 Provides names and numbers

Provides names and numbers of mental health providers who accept Medical Assistance.

► MARYLAND STATE DEPARTMENT OF EDUCATION, DIVISION OF REHAB SERVICES 410-554-9208

MARYLAND TECHNOLOGY ASSISTANCE PROGRAM 800-832-4827 Provides information and referral for individuals with disabilities to support independence.

► MAYOR'S COMMISSION ON DISABILITY 443-984-3170

► NATIONAL REHABILITATION INFORMATION CENTER 800-346-2742 Information and referral service to assist persons with disabilities.

► SNYDER CENTER FOR APHASIA LIFE ENHANCEMENT (SCALE) 410-323-1777 Treatment, education, and support for stroke victims.

► UNIFIED COMMUNITY CONNECTIONS

410-484-4540 800-451-2452 (Toll Free) For adults with intellectual or developmental disabilities.

► WWW.DISABILITY.GOV

Resource information on benefits, employment, education, health, housing, civil rights, etc.

DOMESTIC VIOLENCE

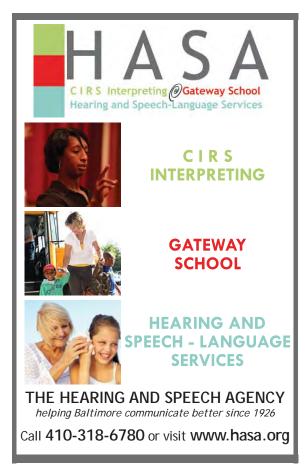
► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES FAMILY VIOLENCE UNIT 410-853-3030 Provides information, and offers a court advocate program to victims of domestic violence.

► CHANA

410-234-0023 (Helpline) Program supports the needs of women, men, children and elders who experience physical, psychological, sexual or financial abuse.

► DOMESTIC VIOLENCE PROGRAM, BALTIMORE COUNTY FAMILY CRISIS CENTER

410-828-6390 (24-Hour Hotline) 410-285-7496 (Domestic Violence Shelter Only) 410-285-4357 (Victim Advocacy, Perpetrator Services, Administrative Offices) Counseling, shelter and assistance for individuals experiencing domestic violence.



D - E DOMESTIC VIOLENCE - EDUCATION

► FAMILY & CHILDREN'S SERVICES

443-865-8031 (Hotline) 410-366-1980 (Office) Provides safe shelter and counseling to victims of domestic violence.

► HOUSE OF RUTH

410-887-7884 (Hotline) 888-880-7884 (Legal Hotline) 410-889-0840 (Office) Provides safe shelter and counseling to victims of domestic violence.

► PROTECTION ORDER ADVOCACY AND REPRESENTATION PROJECT (POARP) 410-887-3162 Provides free legal advice regarding protection orders to victims of domestic violence.

► TURNAROUND, INC. 443-279-0379 (24-Hour Hotline) 410-377-8111 (Office) Counseling and services to victims of domestic violence, rape, incest and sexual assault.

DRIVING/DRIVING REHABILITATION

See also Transportation Services.

► AARP DRIVER SAFETY 800-350-7025 www.aarp.org/drive A driver safety training program that may reduce your auto insurance by 10 percent.

► GOOD SAMARITAN ADAPTIVE DRIVING PROGRAM

443-444-4601 (Outpatient Rehabilitation) Driver assessment and training. Physician prescription is required.



► M.I.T.S. CORPORATION 800-243-6487 717-235-5899 www.mitscorp.com 11448 North Main Street Ext. Glen Rock, PA 17327 Selling new/used wheelchair accessible vans, lifts and

► SINAI REHABILITATION CENTER, DRIVE FOR INDEPENDENCE 410-601-5830 Driver assessment and training. Physician prescription is not required.

driving aids.

► ST. AGNES DRIVER REHABILITATION PROGRAM 410-368-2800 Driver assessment and training. Physician prescription is

required.

► UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER SAFE DRIVER ASSESSMENT PROGRAM 410-337-1412

Driver assessment and training. Physician prescription usually required.

ACCESSIBLE CARS/ VANS (FUNDING RESOURCES)

► IMAGE CENTER 410-982-6311

MARYLAND
TECHNOLOGY ASSISTANCE
PROGRAM
800-832-4827

EDUCATION

► COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC)

443-840-4099 Campuses at Catonsville, Essex and Dundalk with satellite locations in Hunt Valley and Owings Mills.

► COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC), SENIOR INSTITUTE 443-840-1685

www.ccbcmd.edu Classes held at locations throughout the county.

► JEWISH COMMUNITY CENTER OF GREATER BALTIMORE 410-542-4900, Press 2

Trips, classes, holiday programs and community-wide events.

► OSHER LIFELONG LEARNING INSTITUTE AT JOHNS HOPKINS UNIVERSITY 410-516-9719 Stimulating learning experiences for semi-retired and retired individuals.

► OSHER LIFELONG LEARNING INSTITUTE AT TOWSON UNIVERSITY 410-704-3535 Offering older adults daytime

courses, special lectures, day trips and social events.

► UNIVERSITY OF MARYLAND, BALTIMORE COUNTY (UMBC) 410-455-1000

► UNIVERSITY OF MARYLAND BALTIMORE, GERONTOLOGY PROGRAMS 410-706-4327



If it's news and information for senior adults, you'll find it in the

SENIOR DIGEST

News & Issues
Travel & Tours
Activities & Classes
Health & Fitness

Financial
Interviews
Legal
Entertainment
Medicare Issues

Recipes & Nutrition

Book Reviews
Classified Ads

Resources & Services

Community Events

www.baltimorecountymd.gov/Agencies/ aging/publications/seniordigest.html

Eight Jam-packed Issues For As Little As \$5 A Year!

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Send check or money order, payable to *Senior Digest*, 611 Central Avenue, Towson, Md. 21204. The cost is **\$5** per year for eight issues for subscribers living in Baltimore County who are 60 years of age or older. The cost is **\$7** per year for all subscribers under 60, and all subscribers living outside of Baltimore County. Organizations, businesses, and professionals, regardless of location, also pay **\$7** per year. Call 410-887-3050 for more information.

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EDUCATION- EMPLOYMENT

OTHER EDUCATION PROGRAMS

Classes in reading, writing, math, English as a Second Language (ESL), and GED® Preparation.

► BALTIMORE CITY COMMUNITY COLLEGE ADULT BASIC EDUCATION PROGRAM 410-986-5444

► GREATER HOMEWOOD COMMUNITY CORPORATION ADULT LEARNING CENTER 410-261-3524

► LEARNING IS FOR TOMORROW (LIFT) 410-522-1705

► MARYLAND LITERACY HOTLINE 410-752-3595

► SOUTH BALTIMORE LEARNING CENTER 410-625-4215

EMERGENCY PREPAREDNESS

AMERICAN RED CROSS GREATER CHESAPEAKE AND POTOMAC BLOOD REGION 410-624-2000 www.redcross-cmd.org

► BALTIMORE COUNTY OFFICE OF HOMELAND SECURITY AND EMERGENCY MANAGEMENT

410-887-5996 www.baltimorecountymd.gov Coordination of a comprehensive emergency management program for Baltimore County. ► GOVERNOR'S OFFICE ON COMMUNITY INITIATIVES, SERVICE AND VOLUNTEERISM (GOSV) 410-767-1216 www.gosv.state.md.us Volunteer training programs, outreach, interagency and donations management coordination.

► HUMANE SOCIETY OF THE UNITED STATES

301-258-3103 www.hsus.org Promotes preparedness education, community planning, response training and field rescue response for animals.

MARYLAND DEPARTMENT OF DISABILITIES 410-767-3660 Prepares persons with disabilities for natural or

disabilities for natural or manmade disasters or emergencies.

MARYLAND
EMERGENCY
MANAGEMENT AGENCY
(MEMA)
877-MEMA-USA
www.mema.maryland.gov
Coordinates the State response

disaster. MAYOR'S OFFICE OF EMERGENCY MANAGEMENT 410-396-6188

to any major emergency or

► UNITED STATES COAST GUARD AUXILIARY, AMERICA'S WATERWAY WATCH

www.americaswaterwaywatch. org

Investigates reports of suspicious waterway activities.

EMPLOYMENT

► ALLIANCE, INC., THE 410-282-5900 Vocational rehabilitation services for persons with disabilities.

► BALTIMORE CITY HEALTH DEPARTMENT, OFFICE OF HUMAN RESOURCES 410-396-1420

► BALTIMORE COUNTY DEPARTMENT OF AGING, SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)

410-887-4006 Employment, training and skill development in public and non-profit agencies, 20 hours per week, for low-income individuals age 55 and over.

► BALTIMORE COUNTY DEPARTMENT OF ECONOMIC DEVELOPMENT 410-887-8000

► BALTIMORE COUNTY OFFICE OF HUMAN RESOURCES 410-887-3135 Employment opportunities with Baltimore County government.

► BALTIMORE WORKS ONE-STOP CAREER CENTER 410-767-2148

COMMUNITY CONNECTIONS ENOCH PRATT FREE LIBRARY 410 396-6588

► EASTSIDE ONE-STOP CAREER CENTER 410-396-9030

► LEAGUE FOR PEOPLE WITH DISABILITIES, INC. 410-323-0500 Employment services for persons with disabilities.

► MARYLAND DEPARTMENT OF EDUCATION, DIVISION OF REHABILITATION SERVICES (DORS) Regional Office 410-998-2030 Eastern Baltimore County Office 410-554-3320 Towson Office 410-321-4044 Services and programs for eligible individuals who have a disability.

► MAYOR'S OFFICE OF EMPLOYMENT DEVELOPMENT 410-396-6392

► PAREXEL CLINICAL RESEARCH 877-617-8839

www.parexel.com/baltimore Harbor Hospital 3001 South Hanover Street Baltimore 21225 Clinical trials for healthy seniors – Alzheimer's, multiple sclerosis, hypertension, asthma and diabetes.



E - F EMPLOYMENT - FINANCIAL ASSISTANCE



► RE-ENTRY CENTER @ NORTHWEST ONE-STOP CAREER CENTER, THE MONDAWMIN MALL 410-523-1060

► SENIOR COMMUNITY EMPLOYMENT PROGRAMS: CATHOLIC CHARITIES 410-261-6767

► SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM, FAMILY & CHILDREN SERVICES OF CENTRAL MARYLAND 410-366-1980 Call to schedule an appointment for interview.

► SOCIAL SECURITY ADMINISTRATION, TICKET TO WORK PROGRAM 866-968-7842 866-833-2967 (TTY) www.choosework.net An employment program for persons with disabilities.

► STATE OF MARYLAND DEPARTMENT OF LABOR, LICENSING AND REGULATION, DIVISION OF EMPLOYMENT AND TRAINING Office of Workforce Development 410-767-2173 Unemployment Insurance (Claimant Information) 410-949-0022

FINANCIAL ASSISTANCE

*See Financial Eligibility Guidelines. Please refer to Index for page location. See also Home Repairs, Modifications and Assistance.

► ACCESSIBLE HOMES FOR SENIORS

Maryland Access Point of Baltimore County 410-887-2594 Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point 410-396-2273 www.mdhousing.org Home modification loans for housing accessibility features. Interest-free, 30 year loans for income eligible individuals 55 and older.

► ASSISTANCE CENTER OF TOWSON CHURCHES 410-296-4855 Serves northern Baltimore County and City with food. utility

BALTIMORE CITY

DEPARTMENT OF PUBLIC WORKS, SENIOR DISCOUNT WATER PROGRAM

410-396-5398 (Application) Provides Baltimore City residents who are 65, and older and who financially qualify, with a 39% discount on water/ sewer charges quarterly. May also apply at Baltimore Senior Centers. Call for additional criteria. Low Income Water Program (Grant)

One time credit of \$125.00 towards water bill. Applications at your local Community Action Center. Hardship Exemption Application 410-396-1350 (Exemption for Bay Restoration and Storm Water Fee.) ► BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES, MEDICAL ASSISTANCE 443-423-6400 (Northeast Regional Office)

► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES AT MARYLAND ACCESS POINT 410-396-2273 www.marylandaccess point.info Provides application and benefit enrollment assistance.

► BALTIMORE CITY HOMEOWNERSHIP PROGRAM 410-396-4151

► BALTIMORE CITY TAX SALE PREVENTION WEBSITE

www.taxsalehelpbaltimore.org For information about the tax sale process, your rights and resources.

► BALTIMORE CITY WATER BILLING

410-361-9061 Delinquent account payment arrangements.

► BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY

410-887-2594 www.baltimorecountymd.gov/ aging aginginfo@baltimorecountymd. gov Information regarding financial

benefits and assistance with completing applications.



► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES, DISTRICT OFFICES Catonsville 410-853-3450 746 Frederick Road Catonsville 21228 Dundalk 410-853-3400 1400 Merritt Boulevard, Suite C Dundalk 21222 Essex 410-853-3800

439 Eastern Avenue Essex 21221 **Reisterstown** 410-853-3010 130 Chartley Drive Reisterstown 21136 **Towson** 410-853-3340 Drumcastle Government Center 6401 York Road Baltimore 21212

► BALTIMORE COUNTY

DEPARTMENT OF SOCIAL SERVICES, MEDICAL ASSISTANCE* 410-853-3000, Press 1, Then, Press 4 Assists clients to pay certain medical and pharmaceutical bills when eligibility requirements are met.

► BENEFITSCHECK UP

www.benefitscheckup.org A web-based service to help determine if individuals qualify for specific programs and benefits, including prescriptions and healthcare.

FINANCIAL ASSISTANCE



► CATONSVILLE EMERGENCY FOOD MINISTRIES

410-747-4357 Food and utility assistance, emergency pharmacy, eviction prevention for residents from the Catonsville area.

► COMMUNITY ASSISTANCE NETWORK

410-285-4674 Assistance with utility turn-off, eviction, food, employment, training, fuel fund, prescriptions, weatherization and outreach.

► CRIMINAL INJURY COMPENSATION BOARD 410-585-3010

www.dpscs.state.md.us Offers financial compensation for innocent victims of crimes.

► EARNBENEFITS

443-986-9003 (Appointment Required) Counselor screens applicants to identify eligibility for benefits.

► ELECTRIC UNIVERSAL SERVICES PROGRAM (EUSP)*

410-853-3385 (County) 410-396-5555 (City) Assistance with electricity costs for income eligible persons.

► FRANCISCAN CENTER

410-467-5340, Ext. 101 Provides hot meals, clothing, toiletries, job readiness assistance, emergency pantry, assistance with BGE turnoff, evictions, prescriptions, glasses and dental services. Free services for financially eligible.

► HEALTH CARE ACCESS MARYLAND

410-649-0500 Agency charged with helping residents in Baltimore City and County to learn about and apply for health insurance under the Affordable Care Act. Partners with other organizations to provide outreach, education, and enrollment assistance.

► HOMEOWNER'S TAX CREDIT

410-767-4433, Press 1 Credit on property tax based on gross household income. Persons age 70 and older may apply for previous 3 years.

► LIBERTY ASSISTANCE CENTER

410-887-0600 Food pantry, help with BGE and eviction prevention.

► MARYLAND DEPARTMENT OF HUMAN RESOURCES, MYDHR

800-332-6347 https://mydhrbenefits.dhr. state.md.us

A web-based screening/ application tool that allows applicants to apply, renew, update, or learn about SNAP (Food Supplements), Medical Assistance, MA Long Term Care, MEAP and EUSP.

► MARYLAND ENERGY ASSISTANCE PROGRAM (MEAP)*

410-853-3385 (County) 410-396-5555 (City) Assists in payment of heating costs for income eligible persons.

► MARYLAND HEALTH CONNECTION

855-642-8572 855-642-8573 (TTY) www.marylandhealth connection.gov Marketplace in Maryland to compare health insurance options and enroll in a plan under the Affordable Care Act. Applications online, by phone, by mail or in person.

MD BENEFITS CENTER

855-444-4998 Free service for low income Maryland residents to access benefits.

► PROPERTY TAX HARDSHIP INSTALLMENT PAYMENT PROGRAM 410-887-2404 (County)

Assistance to property owners experiencing temporary financial hardship.

► QUALIFIED MEDICARE BENEFICIARY PROGRAM (OMB)*

410-887-2594 (County) 410-396-2273 (City) Pays the premium, deductibles and coinsurance payments for financially eligible individuals who receive Medicare.

► RENTER'S TAX CREDIT

410-767-4433, Press 2 A tax credit for renters when rent exceeds a fixed percentage of gross income.

► SALVATION ARMY OF THE GREATER BALTIMORE AREA

410-783-2920, Press 2 Assists with BGE tum-offs, evictions, food and clothing. Based on needs and availability of funds.

► SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)*

800-551-5995 www.marylandspdap.com Income eligible MD residents enrolled in certain Medicare prescription drug plans may receive assistance with monthly premiums and the doughnut hole coverage gap.

SNAP (FORMERLY FOOD

STAMPS PROGRAM) * Baltimore County Department of Social Services 410-853-3000, Press 1, Then, Press 4 Baltimore City Department of Social Services 443-423-4445 Eligible clients allotted subsidy for food based on income and household size.

SOCIAL SECURITY

ADMINISTRATION 800-772-1213 www.socialsecurity.gov

► SOCIAL SECURITY ADMINISTRATION, SUPPLEMENTAL SECURITY INCOME (SSI)* 800-772-1213

Provides income for individuals age 65 and older, blind or disabled who are low income.

► SOUTHWEST

EMERGENCY SERVICES 410-247-8154 Food pantry, help with BGE, eviction prevention and clothing (for residents of 21227).

► SPECIFIED LOW-INCOME MEDICARE BENEFICIARY (SLMB) * 410-887-2594 (County) 410-396-2273 (City) Pays the Medicare Part B

premium for individuals whose income is slightly above QMB criteria. F

FINANCIAL ASSISTANCE - FINANCIAL RESOURCES

► UNITED CHURCHES ASSISTANCE NETWORK 410-628-2102

Food pantry for homeless, eviction prevention, help with BGE, prescriptions and referrals for residents of northern Baltimore County.

FINANCIAL COUNSELING

See also Reverse Mortgages and Housing: Other Housing Options.

► CHAI: COMPREHENSIVE HOUSING ASSISTANCE INC.

410-500-5310 (Request Intake/Application) Foreclosure prevention counseling services for homeowners in Baltimore City and specified areas in Baltimore County.

► GUIDEWELL FINANCIAL SOLUTIONS

410-747-6803 (Appointments/ Information) Reviews financial situations and

credit problems; plans budget and assists with contacting creditors to develop a payment plan. Housing counseling available.

► HEALTHCARE ACCESS MARYLAND

410-649-0500 Agency charged with helping residents in Baltimore City and County to learn about and apply for health insurance under the Affordable Care Act. Partners with other organizations to provide outreach, education and enrollment assistance.

► INTERNAL REVENUE SERVICE (IRS) 800-829-1040 Federal tax information.



► NEIGHBORHOOD HOUSING SERVICES OF

BALTIMORE (NHS) 410-327-1200, Ext. 113 Emergency foreclosure counseling assistance with loan modification for county and city residents. Also provides credit counseling and financial education.

► PARK HEIGHTS RENAISSANCE 410-664-4890

Comprehensive assistance for city residents who have experienced an actual foreclosure sale. Also provides budget and credit counseling services.

SOCIAL SECURITY ADMINISTRATION

800-772-1213 Administers Social Security programs for retirees, survivors, the blind or persons with disabilities. Administers Medicare enrollment. 866-336-9653 2401 Belair Road, #106 Baltimore, 21213 Downtown 866-931-0155 1010 Park Avenue Baltimore, 21201 Randallstown/Owings Mills 866-681-1412 5 Park Center Court, Suite 100 **Owings Mills 21117** Reisterstown 866-708-3210 6722 Reisterstown Road Baltimore 21215 Rossville 866-348-5818 6820 Hospital Drive, Suite 100 Baltimore 21237 Rotunda 800-772-1213 711 West 40th Street. Suite 415 Baltimore 21211 Towson 866-667-7698 28 Allegheny Avenue, 4th Floor Towson 21204 West 877-840-7695 3431 Benson Avenue, Suite C Baltimore 21227

► SOCIAL SECURITY

Belair-Edison Crossing

OFFICES

► STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

410-887-2059 (County) 410-396-2273 (City) Counseling on health insurance, Medicare, Medicare Prescription Drug Programs, Medigap, Medicare Advantage plans and long-term care insurance. Advocates on behalf of beneficiaries. Speakers available.

► TAX COUNSELING FOR THE ELDERLY

410-887-2594 (County) 410-396-2273 (City) Joint program of AARP and IRS. Offers free tax assistance to older adults at local senior centers during tax season.

► VETERANS HELPLINE

410-230-4500 (Baltimore Regional Office) 800-827-1000 Counsels veterans on available services.

FINANCIAL RESOURCES

► BALTIMORE COUNTY EMPLOYEES FEDERAL

CREDIT UNION 410-828-4730 800-234-4730 www.bcefcu.com 23 West Susquehanna Avenue Towson 21204 Serving Baltimore County Government employees, volunteers and their families.

► PROTECTIVE WELLCARE

SOLUTIONS 443-858-3750 301-452-9175 www.protectivewellcaresolutions. com 3601 O'Donnell Street, Suite 400 Baltimore 21224 Your health is your wealth.

F - G FINANCIAL RESOURCES - GERIATRIC ASSESSMENT SERVICES

► YOUR INSURANCE GROUP

443-987-3221 240-439-5518 www.amberalguire.com Insurance needs: final expenses, life insurance plans and Medicare supplements.

REVERSE MORTGAGES

MARYLAND ACCESS POINT 410-887-2594 (County) 410-396-2273 (City) To obtain counseling resources.

► NET EQUITY FINANCIAL, INC.

Bill Peterson NMLS# 104372 443-725-3543 www.netequitymtg.com 4940 Campbell Boulevard, Suite 210 Nottingham 21236 A family-oriented, trustworthy, SeniorChecked® financial organization here for you.

FITNESS CENTERS, BALTIMORE COUNTY

BALTIMORE COUNTY

See also Senior Centers and Recreation and Leisure Activities.

FITNESS CENTERS, with

cardio and strength training equipment, are conveniently located at thirteen senior centers in Baltimore County. Participants must be senior center members. Membership dues are \$100/year to use all 13 fitness centers, or \$60/ year to use the five smaller fitness studios (indicated with an asterisk *). Personal trainers available for a fee.

► ARBUTUS SENIOR

CENTER* 410-887-1410 www.baltimorecountymd.gov/ arbutus 855A Sulphur Spring Road Baltimore 21227

► ATEAZE SENIOR CENTER

410-887-7233 www.baltimorecountymd.gov/ ateaze 7401 Holabird Avenue Dundalk 21222

► BYKOTA SENIOR CENTER

410-887-3094 www.baltimorecountymd.gov/ bykota 611 Central Avenue Towson 21204

► CATONSVILLE SENIOR

CENTER 410-887-0900 www.baltimorecountymd.gov/ catonsville 501 North Rolling Road Catonsville 21228

► COCKEYSVILLE SENIOR CENTER 410-887-7694

www.baltimorecountymd.gov/ cockeysville 10535 York Road Cockeysville 21030

► EDGEMERE SENIOR CENTER*

410-887-7530 www.baltimorecountymd.gov/ edgemere 6600 North Point Road Baltimore 21219

► ESSEX SENIOR CENTER*

410-887-0267 www.baltimorecountymd.gov/ essex 600 Dorsey Avenue Essex 21221

► JACKSONVILLE SENIOR

CENTER* 410-887-8208 www.baltimorecountymd.gov/ jacksonville 3605A Sweet Air Road Phoenix 21131

LIBERTY SENIOR

CENTER 410-887-0780 www.baltimorecountymd.gov/ liberty 3525 Resource Drive Randallstown 21133

► PARKVILLE SENIOR

CENTER 410-887-5338 www.baltimorecountymd.gov/ parkville 8601 Harford Road Baltimore 21234

► PIKESVILLE SENIOR CENTER

410-887-1245 www.baltimorecountymd.gov/ pikesville 1301 Reisterstown Road Baltimore 21208

► REISTERSTOWN SENIOR CENTER*

410-887-1143 www.baltimorecountymd.gov/ reisterstown 12035 Reisterstown Road Reisterstown 21136

SEVEN OAKS SENIOR

CENTER 410-887-5192 www.baltimorecountymd.gov/ sevenoaks 9210 Seven Courts Drive Baltimore 21236

BALTIMORE CITY

See Also Senior Centers.

► WEINBERG FOUNDATION FITNESS CENTER, MYERBERG NORTHWEST SENIOR CENTER 410-358-6856 3101 Fallstaff Road Baltimore 21209

FUNERAL RESOURCES

See also Cemeteries and Memorial Parks.

SOCIAL SECURITY

ADMINISTRATION 800-772-1213 May provide a death benefit of \$255.

► VETERANS AFFAIRS,

DEPT. OF 800-827-1000 Assistance with burial expenses to eligible veterans. Referrals to national cemeteries.

► YOUR INSURANCE

GROUP 443-987-3221 240-439-5518 www.amberalguire.com Insurance needs: final expenses, life insurance plans and Medicare supplements.

GERIATRIC ASSESSMENT SERVICES

Evaluation of physical, mental and social factors affecting an older adult's lifestyle, done by professionals in the field of geriatrics. Medicare may cover part of the cost.

► DEPARTMENT OF HEALTH, ADULT EVALUATION AND REVIEW SERVICES

410-887-2754 (County) 410-396-6006 (City) In-home screening, assessment and case management services to individuals experiencing multiple health and social problems.



GERIATRIC ASSESSMENT SERVICES -HEARING RESOURCES

► JOHNS HOPKINS MEMORY AND ALZHEIMER'S TREATMENT CENTER 410-550-6337

► UNIVERSITY OF MARYLAND MEDICAL CENTER, GERIATRIC PSYCHIATRY 410-328-8415

HEALTH CLINICS

See also Baltimore County Government Services/ Department of Health-Public Health Centers and Disability Assistance, Baltimore City Health Department and Mental Health Services.

► BALTIMORE CITY HEALTH DEPARTMENT 410-396-4938

► BALTIMORE MEDICAL SYSTEMS Annapolis Road 443-703-3200 Middlesex 410-558-4700 Sinclair Lane 410-732-8800 St. Agnes Center 443-703-3200 Medical and psychiatric services. Sliding scale for uninsured; eligibility requirements.

 CHASE BREXTON
 HEALTH SERVICES
 Randallstown
 410-496-6441
 Mt. Vernon Center
 410-837-2050
 Medical, mental health and dental services. Sliding scale

► COPPIN STATE UNIVERSITY 410-951-4188

for uninsured.

► FAMILY HEALTH CENTER OF BALTIMORE 410-354-2000

► HARBOR FAMILY CENTER 410-350-3200

► HEALTH CARE FOR THE HOMELESS

443-777-2300 (County) 410-837-5533 (City) Free non-emergency medical and health services for homeless individuals.

► JOHNS HOPKINS BAYVIEW CHILDREN'S MEDICAL PRACTICE 410-550-0100

► JOHNS HOPKINS **COMMUNITY PHYSICIANS Canton Crossing Health** Center 410-522-9940 **East Baltimore Medical Center** 410-522-9800 **Greater Dundalk** 410-288-4800 **Green Spring Station** 410-847-3535 White Marsh 443-442-2300 Medical services and some specialty care for adults. Sliding scale for uninsured.

► LOYOLA CLINICAL CENTERS

Belvedere Square 410-617-1200 Provides a broad range of audiology, education, psychological, speech and language services.

► PARK WEST HEALTH SYSTEM 410-542-7800

► PEOPLE'S COMMUNITY HEALTH CENTER 410-467-6040

► SHEPHERD'S CLINIC 410-467-7140

► TOTAL HEALTH CARE 410-383-8300



HEARING RESOURCES

See also Assistive Technology and Disability Assistance.

► AT&T NATIONAL CENTER FOR CUSTOMERS WITH DISABILITIES 866-241-6568, Press 2

► AUDIENT ALLIANCE FOR ACCESSIBLE HEARING CARE PROGRAM 866-956-5400, Press 1 Hearing care for financially eligible.

► BALTIMORE COUNTY DEPARTMENT OF HEALTH, SPEECH, LANGUAGE AND AUDIOLOGY SERVICES Eastern Family Resource Center 410-887-6443 9100 Franklin Square Drive Rosedale 21237 Liberty Family Resource Center 410-887-0611 3525 Resource Drive Randallstown 21133

► BELTONE/AUDIO

SERVICES 410-256-7700 410-879-7737 www.beltone.com 9608 Belair Road Perry Hall 21236 Digital hearing aids, hearing test and all make repairs.

► BMS HIGHLANDTOWN COMMUNITY HEALTH CENTER 410-342-8309

► COMMUNITY SUPPORT SERVICES FOR THE DEAF 410-597-8780 410-597-8806 (TTY)

► GBMC

OTOLARYNGOLOGY CENTER OF EXCELLENCE 443-849-2151 www.gbmc.org/earnosethroat Physicians Pavilion North 6535 North Charles Street, Suite 250 Baltimore 21204 Treating patients with ear, nose and throat problems.

► GOVERNOR'S OFFICE OF THE DEAF AND HARD OF HEARING 443-453-5954 (Voice/TTY)

► HEAR NOW 800-328-8602 Discounted hearing aids to adults and children who qualify. Non-refundable processing fee.

► HEARING AND SPEECH AGENCY

410-318-6780 Audiological testing, hearing aid fittings, sign language interpreters and classes.

► HEARING LOSS ASSOCIATION OF AMERICA

410-484-6866 (Baltimore) 301-657-2248 Information and referral about hearing loss, communication access and assistive technology.

MARYLAND RELAY SERVICE

To place a call: Dial 711 or 800-201-7165 **Customer Relations:** 800-552-7724 Operators transmit conversation between hearing persons and those with speech or hearing loss. Free telecommunications equipment to qualified individuals.



HEARING RESOURCES - HOME HEALTH SERVICES



► TOWSON UNIVERSITY INSTITUTE FOR WELL-BEING HEARING AND BALANCE CENTER

410-704-3095 Offering audiology and balance evaluations, hearing aid sales and fittings.



► UNITED STATES VETERANS ADMINISTRATION 410-605-7000 877-222-8387 Provides hearing aids and

assistive technology for eligible veterans.

► VERIZON CENTER FOR CUSTOMERS WITH DISABILITIES 800-974-6006

www.verizon.com/disabilities Mobile phone technology for the hearing impaired.



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HOME HEALTH SERVICES

The following agencies provide services such as nursing, medical social services, physical therapy, occupational therapy and home health services. Each licensing category has different parameters. Usually the client must pay for aide services; Medicare and other insurance will pay for aides only in limited situations. Some agencies employ staff to provide direct services while other agencies act as a registry, referring care providers to the client. For questions regarding these agencies, call the Office of Health Care Quality (OHCQ) at 410-402-8015.

When bringing a care provider into your home:

- Ask for the payment structure in writing, including whether payment is made to the agency or the care provider. You may be responsible for paying Social Security, IRS withholding taxes, insurance, etc., if you pay the individual directly.
- Request proof that the aide is either covered by Workers Compensation or that the aide is self-insured.
- Confirm the agency is licensed by OHCQ to specifically perform the services that you request, including medication management. The health care workers should be properly trained for the services provided.
- Confirm that a background check has been done on the care provider.
- Request the license or certification of any care provider coming into your home.
- Confirm the agency has Dishonesty Bonding for the care provider or check to see whether your homeowner's insurance will cover any loss that may occur.

(HH) HOME HEALTH AGENCY:

agency accepts patients for skilled care upon a signed order of a physician. Agencies are approved to accept Medicare payment. Can provide many types of services, including physical and occupational therapy.

(RS) RESIDENTIAL SERVICE

AGENCY: agency may have employees to provide services in the home or may contract with health care providers that a client can select.

(NR) NURSING REFERRAL

SERVICE AGENCY: agency refers care providers to clients at the family's request to provide services in the home. Care providers are not employed by the agency.

This list from OHCQ is current as of December 2, 2015.

► A1 RELIABLE MEDICAL & HEALTHCARE SERVICES, INC (RS) 410-602-6493

► A WATCHFUL EYE HOME CARE AGENCY (RS) 410-905-1226

► ABEL HEALTH CARE, INC. (RS) 410-825-0816

► ABLE HEALTH CARE SERVICES, INC. (RS) 410-637-3005

► ABRAHAM HEALTH CARE SERVICES, INC. (RS) 410-254-3004

► ABRIVE HOME HEALTH CARE, LLC (RS) 443-470-2579

► ABSOLUTE CARE (RS) 443-990-1227

► ABSOLUTE CARE SERVICES, LLC (RS) 443-803-0240

HOME HEALTH SERVICES

► ABSOLUTE COMPANION CARE (RS) 410-357-9640

► ABSOLUTE HOME HEALTH CARE, INC. (RS) 410-580-9100

► ABUNDANT LIFE HOME HEALTH SERVICES, INC. (RS) 410-917-9433

► ABUNDANT LIFE NURSING SERVICES, INC. (RS) 443-272-7731

► ABUNDANT LIFE RESTORATION HEALTH CARE, LLC (RS) 410-701-8814

► ACCESS HOME HEALTH CARE SERVICES, LLC (RS) 443-813-9540

► ACCESS NURSING SERVICES (RS) 410-321-5560

► ACTIVE QUALITY CARE, INC. (RS) 410-901-7694

► ADONAI HEALTHCARE SERVICES, INC. (RS) 410-521-7004

► ADVANCED HEALTHCARE PROVIDERS, INC. (RS) 410-655-1202

► ADVANCED HOME CARE SERVICES, INC. (RS) 410-663-3133

► ALL ABOUT HOME CARE, LLC (RS) 443-460-2120

► ALL ABOUT YOU HEALTH CARE SERVICES, INC. (RS) 410-655-6606

► ALL STAFFING, INC. (RS) 410-486-8650 ► ALL THE BEST CARE, LLC (RS) 410-205-7345

► ALTERNATIVE HEALTH CARE SERVICE, INC. (RS) 410-769-8094

► AMAZING GRACE RESIDENTIAL SERVICES AGENCY, INC. (RS) 410-580-0999

► AMAZING HOME HEALTHCARE, INC. (RS) 443-889-3147

► AME HOME CARE, LLC (RS) 410-719-6912

► AMEDISYS HOME HEALTH (HH) 410-686-8413

► AMERICOAST MARYLAND, LLC (RS) 410-918-0616

► ANGEL HEART HOME HEALTH (RS) 410-764-2787

► ANGELI DEI HEALTH SERVICES, INC. (RS) 443-985-5795

► ANGELS HEALTH CARE, INC. (RS) 410-391-8457

► APPEALING MULTI SERVICES (RS) 443-414-3704

► ASSERTIVE HOME CARE SERVICES (RS) 443-675-8097

► ATOSK HEALTHCARE SERVICES, INC. (RS) 410-321-6826

► AUGUST HOME CARE SERVICES (RS) 301-742-5533 ► AYNJEL HEALTHCARE (RS) 410-220-8950

► BALTIMORE COUNTY DEPARTMENT OF HEALTH, HOME HEALTH SVCS (HH) 410-887-2725

► BALTIMORE FAMILY HOME HEALTH CARE SERVICES, LLC (RS) 443-742-2678

► BALTIMORE NURSES EXCHANGE, INC. (NR) 410-747-6100

► BAYADA HOME HEALTH, INC. (HH) 410-823-0880

► BAYADA HOME HEALTH CARE (RS) 410-944-5999 ► BAY VIEW HOMECARE, INC. (RS) 410-665-0107

► BEING THERE SENIOR CARE (NR) 410-971-8999

► BESTCARE RESIDENTIAL SERVICES, INC. (RS) 410-415-6505

► BEYOND HOSPITAL CARE (RS) 443-473-5489

► BLESSED HOPE HOME CARE SERVICES (RS) 410-444-8133

► BOLPAT HEALTH SERVICES (RS) 410-967-9202



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Personal Care

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- Med Reminders
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 - Skilled Nursing
 - Companion Care
 - Meal Preparation

410-321-8448 or E-mail pheagy@pthomecare.com

> Private Pay, Private Insurance Medicaid/Medicare

HOME HEALTH SERVICES

► BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY

(NR, RS) 443-275-2796 (24-Hour Service) www.brightstarcare.com/ baltimore-citycounty/ Private duty homecare: nursing assistants, RN's, LPN's, Joint Commission Accreditation.

► BRIGHT ANGELS CARE, LLC (NR) 410-318-6420

► BWELL HEALTHCARE, INC. (RS) 410-701-7100

► CANTYS HELPING HANDS (RS) 410-449-0244 ► CAPITAL CITY NURSES (RS) 410-344-7495

► CARE FOR U HOME, INC. (RS) 410-961-6850

► CARE FROM THE HEART, INC. (RS) 443-564-7878

► CAREFIRST HEALTH CARE SERVICES (RS) 410-905-3680

► CAREREACH, INC. (RS) 443-540-0779

► CARING HEARTS HOME HEALTH CARE, INC. (RS) 240-423-4132

► CARING NURSES SERVICE, INC. (RS) 410-638-5588

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- In-home meal preparation and cleanup
- Help with personal correspondence, recording personal histories and reading newspapers or books to clients
- Respite care to caregivers
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 - Voted 2012 "Woman of the Year" by Enterprising Women Magazine
 - SMARTCEO"BRAVA"2012A wardWinner www.beingthereseniorcare.com info@beingthereseniorcare.com

BEING THERE

FREE CONSULTATION • 410-971-8999

► CELTIC HEALTHCARE (HH) 877-845-3077

► CH HOME HEALTH SERVICES, INC. (RS) 443-388-0532

CHESAPEAKE MEDICAL STAFFING (NR, RS) 410-321-4267

► CHIKA DIVINE CARE, INC. (RS) 443-405-3647

► CHRISTADEL HEALTHCARE SERVICES, INC. (RS) 410-655-5872

► CHRISTIAN HEALTHCARE OF MARYLAND, LLC (RS) 410-592-7270

► CLEARVIEW MEDICAL SERVICES, LLC (RS) 410-779-9162

► COMFORCARE HOME CARE SERVICES (RS) 410-922-6262

COMFORT HEALTHCARE SOLUTIONS (NR) 443-315-4020

► COMMUNITY CARE NURSING SERVICES, INC. (RS) 410-665-7566

COMMUNITY HOME HEALTH OF MARYLAND (HH) 410-356-1600

► COMMUNITY OF INFINITE POSSIBILITIES, LLC (NR) 443-408-8045

COMPANION HOME CARE, INC. (RS) 410-583-0447 ► COMPANIONS CARE, LLC (RS) 410-908-2131

► COMPASSIONATE CARE NURSING SERVICES (RS) 410-719-0672

► COMPASSIONATE HOME HEALTH CARE, INC. (RS) 410-616-9679

► COMPREHENSIVE HOME HEALTH SERVICES (HH) 410-529-0078

► CORNERSTONE HEALTH CARE AGENCY, LLC (RS) 410-302-8550

► COURTNEY CARES NURSING SERVICES, LLC (RS) 410-366-0797

► COVENANT HOME HEALTH CARE (RS) 240-353-1334

► CROWNHILLS ENTERPRISES, INC. (NR) 410-630-1376

► DAR HEALTHCARE SERVICES, LLC (RS) 410-390-2833

► DAY BY DAY RESIDENTIAL SERVICES (RS) 443-286-5134

► DB HOME HEALTHCARE SOLUTIONS (RS) 410-622-0969

► DELIGHT HEALTH CARE SERVICES (RS) 443-527-0700

► DEPENDABLE SERVICES GROUP, LLC (NR, RS) 410-444-5500

► DIAMOND MEDICAL AND HEALTH SERVICES, INC. (RS) 443-722-8948



HOME HEALTH SERVICES

► DIVINELY GUIDED HEALTH CARE SERVICES (RS) 410-944-5451

► DOMINION HOME HEALTH SYSTEM (RS) 410-655-1741

► DOT COORDINATION CARE (NR) 410-946-6077

► DYNAMIC HEALTH MANAGEMENT, INC. (RS) 410-254-3910

► DYNAMICS NURSING AGENCY (RS) 443-518-6017

► ELDERS CHOICE OF MARYLAND, LLC (NR) 443-762-4676

► ELITE HEALTHCARE NURSING SERVICES, INC. (RS) 410-455-6418 ► ELITE HOME CARE SERVICES (RS) 410-277-3337

► ELIZABETH COONEY CARE NETWORK (NR, RS, RS)

410-323-1700 (24-Hour Service) 888-353-1700 www.care-network.com Celebrating 59 years - caring professional PT's, RN's, LPN's, CNA's, companions.

► ELLA STEWART COMPANIONS (RS) 410-925-7355

► EXCEED HOME CARE SERVICES (RS) 410-238-3179

► EXCEL STAFFING AND PERSONNEL SERVICES, INC. (RS) 410-747-7293



► EYES ON US AT THE VIEW (NR) 443-447-6568

► EZER HOME CARE SERVICES (RS) 443-531-2790

► FAITHFUL NURSES HOME HEALTH CARE (RS) 609-220-0432 ► FAMILY HEALTHCARE SERVICES, LLC (RS) 410-585-1158

► FLOREN HEALTH CARE SERVICES, INC. (RS) 410-254-5062

► FRIENDLY BEST HOME CARE, LLC (RS) 443-244-2777

OPIL No. FOR SENIOR AMERICA

Your Home Care Choice

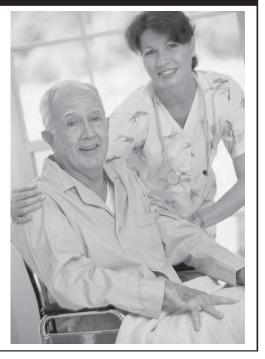
The Finest in Personal Home Care Customized to Your Needs

All Staff Thoroughly Screened

RNs, CNAs & Live-In Aides Day & Night Shifts at Affordable Rates 24-hour Emergency Hotline Prompt & Friendly Service FREE No-Obligation Interview

Licensed – Bonded – Insured





HOME HEALTH SERVICES

► GALLANT GLOBAL INITIATIVE, INC. (NR) 443-360-8376

► GBEMISTIC ENTERPRISES, INC. (RS) 410-961-0151

► GENESIS SELECTCARE (RS) 410-832-7761

► GENTLE CARE HOME HEALTH SERVICES (RS) 410-808-5358

► GILMO RESIDENTIAL SERVICES, LLC (RS) 410-845-8555

► GLOBAL HEALTH CARE GROUP (RS) 410-663-6313

► GLOBAL HEALTHCARE SYSTEMS, INC. (RS) 410-296-0180 ► GOOD SHEPHERD HEALTH CARE SERVICES (RS) 443-621-6235

► GRACE HEALTHCARE SERVICE (RS) 410-444-4748

► GRISWOLD HOME CARE (NR) 410-988-5094

► GUARDIAN COMMUNITY HEALTH SYSTEM (RS) 410-800-4572

► HALAG HEALTH SERVICES (RS) 443-794-1285

► HAMLET SERVICES, LLC (NR) 443-931-6076

IP-IB HIEALINH

P-B HEALTH HOME CARE AGENCY, INC. Services provided in the comfort of your own home:

Skilled Nursing, Physical, Occupational, and Speech Therapies, Medical Social Work, Home Health Aide Services

Private Duty options include:

Personal Care and Chore Services, Light Housekeeping, Meal Preparation

> We Bring High-Quality, Patient-Centered Services Directly to You!

> > We are Medicare Certified and accept many private insurance programs

2535 St. Paul Street Baltimore, Maryland 21218 (410) 235-1060 www.p-bhealth.com ► HEALTH AT HOME (HH, RS) 410-602-2843

► HEARTS OF GOLD HOME HEALTH AGENCY LLC (NR) 410-277-0215

► HEARTS OF IRELAND REFERRAL AGENCY, LLC (NR) 410-321-4785

► HELP AT HOME SERVICES (RS) 443-275-1524

► HELPCARE, LLC (RS) 443-857-9882

► HEPHZIBAH CARE SERVICES, LLC (RS) 240-441-0239

► HOME CALL OF BALTIMORE (HH) 410-644-0105

► HOME CARE OF BALTIMORE (RS) 410-978-8236

► HOME HELP MARYLAND, LLC (RS) 410-566-5015

► HOME HELPERS DIRECT LINK 58679 (RS) 443-519-4070

► HOME INSTEAD SENIOR CARE (RS) 410-337-8910

► HOME WITH YOU, LLC (RS) 410-654-3300

► HOMECARE MARYLAND, LLC (HH) 410-566-5015

► HOMECARE WORKS, INC. (NR) 410-602-5101 ► HOMESTEAD HEALTH SERVICES (RS) 410-356-1925

► HOMEWATCH CAREGIVERS OF MARYLAND (RS) 410-821-1944

► HOUSEN HEALTH SERVICES (RS) 855-800-4682 301-933-8188 http://housenhc.com Serving veterans for 20+ years, now opening to the community.

► IDEAL HEALTHCARE SOLUTIONS, LLC (RS) 443-718-9579

► INFINITY HEALTH CARE SERVICES, LLC (RS) 443-982-3052

► INTERNATIONAL HEALTH CARE SERVICES (RS) 443-377-3281

► IVORY HOUSE HEALTH SERVICES (RS) 410-823-3153

► JAMHURI HEALTH CARE SERVICES, INC. (RS) 410-484-3656

► JERRY'S CARING HANDS (RS) 410-497-0684

► JOHNS HOPKINS HOME SUPPORT (HH, RS) 410-288-8000

► JPS HEALTH SERVICES (RS) 443-310-1205

► KADRIS HEALTHCARE SERVICES (RS) 443-272-6227

► KESWICK AT HOME, LLC (RS) 410-235-8860

► KIND NURSES (NR) 443-220-2973

HOME HEALTH SERVICES

► LAMPS HEALTHCARE SERVICES (RS) 410-701-7183

► LIFE CARE HEALTH SERVICES, LLC (RS) 443-253-5264

► LIFELINE HEALTHCARE SERVICES, LLC (RS) 443-255-7893

► LIGHTHOUSE LIFE CARE, LLC (RS) 202-486-8050

► LIVING WATERS HEALTH SERVICES (RS) 443-878-6741

► LOVELY HOMECARE, LLC (RS) 443-422-8373

► LOVING CARE SVCS, INC. (NR) 410-602-8666

► LOVING HANDS PERSONAL CARE SERVICES (RS) 443-231-8068

► LPNS (RS) 410-323-5767

► LUBA'S SERVICES, INC. (RS) 410-869-7840

► MARGARET'S CARE AGENCY (RS) 410-864-8333

► MARIC CARE SERVICES, INC (RS) 443-413-9890

► MARYLAND HOME HEALTH, LLC (HH) 410-486-8303

► MAXIM HEALTHCARE SERVICES (RS) 877-586-2946 ► MB HOMECARE (RS) 410-440-9601 410-440-8968 www.mbhomecare.com Provide compassionate in-home care to seniors and disabled adults.

► MEDSTAR HEALTH VISITING NURSE ASSOCIATION, INC. (HH) 410-933-2900

► MENTAL FITNESS HOME CARE, LLC (NR) 443-226-8776

► MICHAEL HEALTHCARE SERVICES LLC (RS) 443-204-2916

► MULTIFOLD HEALTHCARE SERVICES INC. (RS) 410-585-9550

► NO PLACE LIKE HOME RESIDENTIAL SERVICE AGENCY, LLC (RS) 443-271-9285

► NORTH AMERICAN HEALTH SERVICES & SUPPLIES, LLC (RS) 443-821-3995

► NURSES ON DEMAND, INC. (RS) 443-841-2060

► NURSEZ R US (RS) 410-844-3127

► NURSING ASSISTANCE HOME CARE, INC. (NR) 443-850-4829

► NURSING CARE EXPERTS INC. (RS) 410-667-1254

► NURSING AND HEALTH SERVICES TRAINING CONSULTANTS (RS) 410-528-5430

OBIMEM CARING HAND (RS) 410-419-3358 ► OKOJIE HEALTHCARE, INC. (RS) 410-242-0750

► ONE CHOICE NURSING SERVICES (RS) 410-536-1026

► OPEFUL HEART HEALTHCARE SERVICES (RS) 443-280-2515

► OPTIMA HEALTH CARE, INC. (RS) 443-794-4339

► PARKVILLE NURSING AND REHABILITATION (RS) 410-661-1582

► P-B HEALTH HOME CARE AGENCY, INC. (HH) 410-235-1060

► PATHFINDER HEALTH CARE SERVICES (RS) 410-655-5520

► PATIENCE HEALTH CARE (RS) 443-801-8693

► PAULSEM HEALTHCARE LLC (RS) 443-851-0587

► PEACE & LOVE HEALTHCARE SERVICES (RS) 410-505-8636

► PEOPLE HELPING OTHERS, INC. (RS) 410-868-0761

► PERSONAL HOME CARE (RS) 410-486-5330

► PERSONAL TOUCH HOME CARE OF BALTIMORE, INC. (HH, RS) 410-321-8448

► PETRA HEALTHCARE (RS) 443-824-9461 ► PHENOMENAL CARE, LLC (RS) 443-801-2967

► PRECIOUS HEARTS COMPANION CARE, INC. (RS) 410-963-1519

► PREFERRED HOME CARE, LLC (RS) 410-248-9800

► PRIVATE HOME CARE, LLC (RS) 410-486-6565

► PROBITY HEALTH, INC. (RS) 410-383-9977

► PROFESSIONAL HEALTHCARE RESOURCES (HH) 410-368-2825

► PROGRESSIVE CARE AT HOME (NR, RS) 410-337-5200

► PROVIDENTIAL HEALTH CARE (RS) 410-998-9978

► QUALITY HOME CARE, LLC (RS) 443-791-8298

► QUICKSTART HEALTH SERVICES LLC (NR, RS) 443-623-2446

► REEN CARES WITH PASSION (RS) 267-670-4035

► REJOICE HEALTH SERVICES (RS) 443-854-5678

► RELIABLE MEDICAL NURSING SERVICES (RS) 410-929-8942

► RESORT HEALTH SERVICES (RS) 410-444-4104

HOME HEALTH SERVICES





► RESPONSIVE HOME CARE (RS) 410-561-4848

► RHEMA HOME HEALTH SERVICES, LLC (RS) 410-747-1848

► RIGHT AT HOME (RS) 443-371-7145 www.rahmdnorth.net Available 24/7, no hourly minimum required.

RIGHT AT HOME #1367 (RS) 443-835-4413

► RMG (RS) 410-466-7711

► ROSE TOUCH STAFFING AGENCY, LLC (NR) 240-441-0265

► ROYAL EXPRESS MEDICAL (RS) 410-298-3431

► ROYAL HOME CARE AGENCY, LLC (RS) 410-825-8977

► RSDY HEALTHCARE, LLC (RS) 410-294-1023

► SENIOR HELPERS, LLC (RS) 410-453-6172

► SERENITY HOME CARE, LLC (RS) 410-833-5423 ► SHILOH HOMECARE SERVICES (RS) 410-521-0091

SMITH NURSING AGENCY, INC. (RS) 410-296-6855

► SMITH'S PRIVATE DUTY NURSING (NR) 410-262-8594

► STANDARD INTEGRATED SUPPORT, INC. (RS) 410-415-7025

► STEIN HOME HEALTH CARE (RS) 443-405-7436

STELLA MARIS HOME

HEALTH CARE AND HOSPICE (HH, RS) 410-252-4500, Ext. 7294 www.stellamaris.org Long-term, hospice, home care, housing, respite, rehab services available.

► SUPERIOR HEALTH SERVICES, LLC (RS) 443-600-1559

► SUPPORT NETWORK, INC. (NR) 410-788-6334

► SUPREME COMPANIONS, IN-HOME CARE & SUPPORT SVCS (RS) 410-415-6181 ► SYNERGY HOME CARE OF BALTIMORE (RS) 410-339-7260

► TEAM CARE NURSING SERVICES, INC. (RS) 410-713-0950

► TEMAH HEALTHCARE SERVICES (RS) 410-521-8000

► TENDER HEART HEALTHCARE SERVICES, INC. (RS) 443-388-4158

► THE LISA VOGEL AGENCY (RS, NR) 410-363-7770

► THE NURSE BANK OF MARYLAND, INC (NR) 410-486-3350

► THE NURSE CONCIERGE (NR) 443-471-6189

► TILLER'S PRIVATE DUTY AGENCY, LLC (NR) 443-226-5932

► TONI'S HOME CARE (RS) 410-277-8550

► TOTAL ACCESS HOME HEALTH CARE INC. (RS) 410-655-3498

► TRIBUTE HOME CARE, LLC (RS) 410-946-8400

► TRINITY CARE, INC. (RS) 443-478-8371

► TRULIFE HEALTH SERVICES (RS) 410-298-3431

► TRUSTED HEARTS HOMECARE SOLUTIONS, LLC (RS) 301-490-3168 ► TRUSTWORTHY STAFFING SOLUTIONS, LLC (RS) 410-484-4156

► UK NURSING SERVICES, INC. (RS) 443-228-8133

► UNITED MEDICAL CARE (RS) 443-986-2606

► VAUGHAN HOME CARE SERVICES, INC. (RS) 443-559-6097

► VERSATILE HOME HEALTHCARE, LLC (RS) 410-889-0727

► VICENZA HOME CARE SERVICES, INC. (RS) 410-882-0568

► VICTABOL HEALTHCARE AGENCY, LLC (RS) 410-948-8662

► VICTOIRE HEALTH SERVICES (RS) 410-444-0461

► VISITING ANGELS -BALTIMORE EAST (RS) 410-882-8201

► VISITING ANGELS - PIKESVILLE (RS) 410-218-9506

► VISITING ANGELS - TOWSON (RS) 410-337-7838

► VISITING NURSE ASSOCIATION OF MARYLAND (HH) 410-594-2600

► VIVID HOME CARE SERVICE, INC. (RS) 443-677-3417

► WATERMARK HEALTH SERVICES (RS) 410-262-7321



► WE CARE PRIVATE DUTY SERVICES, INC. (NR, RS) 410-602-3993

► XAVIER HEALTH SERVICES (RS) 410-484-0626

HOME CARE (NON-MEDICAL)

These agencies have no licensing requirements. They provide services such as light chores, grocery shopping, errand running, companionship, and more, but without a medical component. Follow the previous guidelines for bringing a care provider into your home regarding payment, Workers Compensation, background checks and bonding.

► BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY

443-275-2796 (24-Hour Service) www.brightstarcare.com/ baltimore-citycounty/ Private duty homecare: nursing assistants, RN's, LPN's, Joint Commission Accreditation.

► ELIZABETH COONEY CARE NETWORK

410-323-1700 (24-Hour Service) 888-353-1700 www.care-network.com Celebrating 59 years - caring professional PT's, RN's, LPN's, CNA's, companions.

► GRISWOLD HOME CARE 410-988-5094

800-474-7965 www.griswoldhomecare.com We're here when you need a helping hand.

► HOUSEN HEALTH SERVICES

855-800-4682 301-933-8188 http://housenhc.com Serving veterans for 20+ years, now opening to the community.

HOME HEALTH SERVICES -HOME REPAIRS, MODIFICATIONS AND ASSISTANCE

► SENIORS HELPING

SENIORS 410-989-3775 (County) 410-650-4778 (City) www.seniorshelpingseniors. com/westbaltimorecounty Seniors Helping Seniors...a way to give and to receive®.

HOME REPAIRS, MODIFICATIONS AND ASSISTANCE

See also Assistive Technology and Disability Assistance.

► ACCESSIBLE HOMES FOR SENIORS Maryland Access Point of Baltimore County 410-887-2594 Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point 410-396-2273 www.mdhousing.org Home modification loans for

Home modification loans for housing accessibility features. Interest-free, 30 year loans for income eligible individuals 55 and older.

► ASSISTIVE TECHNOLOGY GUARANTEED LOAN PROGRAM

410-554-9230 800-832-4827 866-881-7488 (ITY) Low interest loans for home modifications and assistive devices for persons with disabilities.

► BALTIMORE CITY DEPARTMENT OF HOUSING AND COMMUNITY DEVELOPMENT REHABILITATION SERVICES

410-396-3023 (Request Application)

Loan financing to assist low and moderate income homeowners with emergency repairs to their home. Depending on eligibility, loans are provided in the form of deferred, forgivable or below market rates.



► BALTIMORE CITY DEPARTMENT OF TRANSPORTATION -YOUTH SNOW PROGRAM 443-984-4095 Offers a snow removal service for persons 65 years and older and/or legally disabled.

► BALTIMORE ENERGY CHALLENGE

443-869-2614 Energy reduction education and energy efficient products for Baltimore City residents.

► BGE SMART ENERGY SAVERS PROGRAM

800-845-6195 Eligible homeowners can receive free home energy audit and assistance to increase energy efficiency.

► CHAI: COMPREHENSIVE HOUSING ASSISTANCE INC.

410-466-1990

► CIVIC WORKS 410-366-8533



HOME REPAIRS, MODIFICATIONS AND ASSISTANCE - HOSPICE SERVICES

► DEVELOPMENTAL DISABILITIES ADMINISTRATION 410-234-8200

► EMPOWER MARYLAND LOW INCOME ENERGY EFFICIENCY PROGRAM (LIEEP)

855-583-8976 Assists eligible households by providing improvements to the home to lower utility bills.

► HOUSING OPPORTUNITIES

410-887-3124 (County) 410-396-4151 (City) Housing Rehabilitation, Emergency Repair Program and Residential Accessibility Modification Program for income eligible residents through low interest loans.

► HOUSING UPGRADES TO BENEFIT SENIORS (HUBS)

443-470-9871 (City) Helps older adults receive aging-in-place home modifications such as grab bars, handrails and structural repairs.

KITCHEN SAVER

800-427-0108 410-363-8283 MHIC# 28743 www.kitchensaver.com 10315 South Dolfield Road Owings Mills 21117 Making kitchens accessible for safe independent living for 30 years.

► LEAD SAFE BALTIMORE COUNTY

410-887-3668 Lead hazard reduction program and education. Criteria and income eligible requirements.



► LIGHT PROGRAM: LEADING INNOVATION FOR A GREEN AND HEALTHY TOMORROW

410-396-3023 Screening for 50 plus programs and benefits which include home repair, energy conservation, healthy home improvements, tax credits, employment assistance, health care access and others.

► MARYLAND HOME IMPROVEMENT COMMISSION 410-230-6309

Licenses and regulates home improvement contractors and subcontractors.

► NEIGHBORHOOD REHABILITATION LOAN PROGRAM – PARK HEIGHTS RENAISSANCE 410-664-4890

Loan to residents in the Park Heights area to provide repairs on aging and slightly distressed homes.

► REBUILDING TOGETHER 410-889-2710

► REMODEL USA

301-333-6000 MHIC# 125450 www.1800basement.com 605 Hampton Park Boulevard Capital Heights 20743 Remodel USA...making it home. ► WEATHERIZATION ASSISTANCE PROGRAM (WAP)

410-514-7621 855-583-8976 Assistance for low income households with installation of free energy conservation materials to help reduce energy costs. Application also accepted through local agencies. **Baltimore County Community Assistance** Network 410-285-4674 **Diversified Housing** Development 410-496-1214 **MD Energy Conservation** 866-879-2283 **Baltimore City Department of** Housing/WAP Program 443-984-1066

CERTIFIED AGING IN PLACE SPECIALISTS (CAPS)

► HOME BUILDERS ASSOCIATION OF MARYLAND 410-265-7400 (CAPS Information)

HOSPICE SERVICES

Hospice provides non-curative medical and support services for those with a terminal illness. Services may be provided in the home or in a facility. Insurance may cover most costs. This list from OHCQ is current as of September 2015. Supplemental information is from the Maryland Health Care Commission. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273. Please note hospice services below are all authorized to serve Baltimore County and City; they may elect not to serve all jurisdictions.

► AMEDISYS HOSPICE OF GREATER CHESAPEAKE 410-686-5635

► CARROLL HOSPICE 410-871-8000

► GILCHRIST HOSPICE CARE 443-849-8200

► HEARTLAND HOSPICE SERVICES 410-719-8670

► JOSEPH RICHEY HOSPICE/DR. BOB'S PLACE 410-523-2150

► PROFESSIONAL HEALTHCARE RESOURCES OF BALTIMORE 410-368-2825

► SEASONS HOSPICE & PALLIATIVE CARE OF MARYLAND 410-594-9100

STELLA MARIS

410-252-4500 www.stellamaris.org 2300 Dulaney Valley Road Timonium 21093 Long-term, hospice, home care, housing, respite, rehab services available.

ASSISTED LIVING FACILITIES OFFERING HOSPICE SUPPORT

MAPLES OF TOWSON,

THE 410-296-8900

410-296-8900 www.themaples-towson.com 7925 York Road Towson 21204 A family owned AL community in the heart of Towson.



HOSPICE SERVICES - HOSPITALS

NURSING AGENCIES OFFERING HOSPICE SUPPORT

See also Home Health Services and Home Care (Non-Medical).

► BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY

443-275-2796 (24-Hour Service) www.brightstarcare.com/ baltimore-citycounty/ 1615 York Road, Suite 205 Lutherville-Timonium 21093 Private duty homecare: nursing assistants, RN's, LPN's, Joint Commission Accreditation.

COMFORCARE HOME

410-922-6262 www.comforcare.com/ baltimore-carroll 9952 Liberty Road Randallstown 21133 ComForcare provides care to help persons thrive in their home.

ELIZABETH COONEY CARE NETWORK

410-323-1700 (24-Hour Service) 888-353-1700 www.care-network.com 1107 Kenilworth Drive, Suite 200 Towson 21204 Celebrating 59 years - caring professional PT's, RN's, LPN's, CNA's, companions.

NURSING HOMES OFFERING HOSPICE SUPPORT

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

HOSPITALS

► BON SECOURS BALTIMORE HEALTH SYSTEM 410-362-3000 2000 West Baltimore Street Baltimore 21223

► GREATER BALTIMORE

MEDICAL CENTER 443-849-2000 443-849-GBMC (4262) www.gbmc.org 6701 North Charles Street Baltimore 21204

► JOHNS HOPKINS HOSPITAL 410-955-5000 1800 Orleans Street Baltimore 21287

► LEVINDALE HEBREW GERIATRIC CENTER AND HOSPITAL 410-601-2400 2434 West Belvedere Avenue Baltimore 21215





MEDSTAR FRANKLIN
 SQUARE MEDICAL CENTER
 443-777-7000
 9000 Franklin Square Drive
 Baltimore 21237

► MEDSTAR GOOD SAMARITAN HOSPITAL 443-444-8000 5601 Loch Raven Boulevard Baltimore 21239

MEDSTAR HARBOR
HOSPITAL & HARBOR
HOSPITAL LIFE RESOURCE
CENTER
410-350-3200
3001 S. Hanover Street
Baltimore 21225

MEDSTAR UNION
 MEMORIAL HOSPITAL
 410-554-2000
 201 East University Parkway
 Baltimore 21218

MERCY MEDICAL
CENTER
410-332-9000
301 Saint Paul Place
Baltimore 21202

► NORTHWEST HOSPITAL CENTER 410-521-2200 5401 Old Court Road Randallstown 21133

► SAINT AGNES HOSPITAL 410-368-6000 900 Caton Avenue Baltimore 21229 ► SINAI HOSPITAL 410-601-9000 2401 West Belvedere Avenue Baltimore 21215

► UNIVERSITY OF MARYLAND MEDICAL CENTER 800-492-5538 22 South Greene Street Baltimore 21201

UNIVERSITY OF
 MARYLAND MIDTOWN
 CAMPUS
 410-225-8000
 827 Linden Avenue
 Baltimore 21201

► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE 888-4KERNAN 2200 Keman Drive Baltimore 21207

UNIVERSITY OF
 MARYLAND - ST. JOSEPH
 MEDICAL CENTER
 410-337-1000
 7601 Osler Drive
 Towson 21204

► VA MEDICAL CENTER 410-605-7000 10 North Green Street Baltimore 21201

HOSPITALS - HOUSING

HOSPITAL SUBSPECIALTIES

► GBMC SENIOR SERVICES

443-849-3714 www.gbmc.org/seniorservices 6701 North Charles Street, Suite 4501 Baltimore 21204 Full spectrum of care-office visits, emergency and hospital care.

HOTLINES

► 2-1-1 MARYLAND AT FIRST CALL FOR HELP

2-1-1 The 24/7 telephone number for accessing information about health and human services.

► BALTIMORE CHILD AND ADOLESCENT RESPONSE SYSTEM (B-CARS) 410-752-2272

► BALTIMORE CITY ADULT PROTECTIVE SERVICES 410-361-5000 (Adult) 410-361-2235 (Child)

► BALTIMORE CITY CRISIS RESPONSE SYSTEMS 410-433-5175

► BALTIMORE COUNTY CRISIS RESPONSE SYSTEMS 410-931-2214

Twenty-four hour crisis and suicide prevention hotline with linkage to community treatment and support.

► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES, 24-HOUR SEXUAL ASSAULT/ DOMESTIC VIOLENCE CRISIS HOTLINE 410-828-6390 Hotline responding to sexual assault and domestic violence

calls.

► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES (SCREENING UNIT) 410-853-3000

Advocates and provides protective services for residents of all ages through assessments, case management, residential and financial services. Provides information, assistance and referral for emergency shelter for homeless individuals.

► CHANA JEWISH FEDERATION OF BALTIMORE 410-234-0023

► COMMODITY FUTURES TRADING COMMISSION (CFTC) 202-418-5000

► CRISIS HOTLINE/ EMERGENCY SHELTERS 410-433-8145

► FEDERAL CITIZEN INFORMATION CENTER (FCIC) 800-FED-INFO

► FEDERAL COMMUNICATION COMMISSION (FCC) 888-225-5322 (888-CALL FCC) Voice: toll-free 888-835-5322 (888-TELL FCC) TTY: toll-free

► GLBTQ DOMESTIC VIOLENCE PROJECT 800-832-1901

► HOUSE OF RUTH 410-889-0840

► INTERNET FRAUD COMPLAINT CENTER www.fbi.gov/scams-safety/ fraud/seniors#if

► MARYLAND CRISIS HOTLINE 800-422-0009 Crisis hotline for people of all

ages.

► NATIONAL DO NOT CALL REGISTRY 888-382-1222

► NATIONAL DOMESTIC VIOLENCE HOTLINE 800-799-7233 (SAFE) 800-787-3224 (ITY)

► NATIONAL FRAUD INFORMATION CENTER (NFIC) 800-876-7060

► NATIONAL SEXUAL ASSAULT HOTLINE 800-656-4673 (HOPE)

► POISON CENTER 800-222-1222

► TURNAROUND, INC. 410-828-6390 - (24 Hour Hotline) 410-377-8111 Counseling and services to victims of rape, incest, sexual assault, domestic violence and human trafficking.

► VETERANS SUICIDE PREVENTION 800-273-8255

HOUSEKEEPING

See also Home Health Services and Home Care (Non-Medical). Additional services may be required. Please discuss specific service requirements with agency.

► COMFORCARE HOME CARE SERVICES

410-922-6262 www.comforcare.com/ baltimore-carroll ComForcare provides care to help persons thrive in their home.

► MB HOMECARE 410-440-9601 410-440-8968 www.mbhomecare.com Provide compassionate in-home care to seniors and disabled adults.

SENIORS HELPING SENIORS

410-989-3775 (County) 410-650-4778 (City) www.seniorshelpingseniors. com/westbaltimorecounty Seniors Helping Seniors...a way to give and to receive®.

HOUSING

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273. Please also refer to www.baltimorecountymd.gov/ Agencies/aging/housing and www.mdhousingsearch.org.

APARTMENTS FOR SENIORS

Eligibility for these apartments is based on income. Most units are for persons age 62 and older, although a few accept younger persons with disabilities. There are usually no supportive services. The Eating Together program is on-site at designated (*) apartments. Rents are below market value and may vary based on building type, resident's income and apartment size. Waiting lists are typical. Contact each facility for application information. Some buildings are equipped with mobility impaired apartments.

► ABUNDANT LIFE

TOWERS* 410-367-5433 3915 Callaway Avenue Baltimore 21215 99 units, one/two bedrooms.

► ABUNDANT LIFE

TOWERS II* 410-233-2002 5110 Baltimore National Pike Baltimore 21229 60 units, efficiencies/ one-bedroom.

HOUSING APARTMENTS

► AHEPA SENIOR

HOUSING 410-732-1275 1351 South Clinton Street Baltimore 21231 57 units, one/two bedrooms.

► AIGBURTH VALE SENIOR COMMUNITY 410-296-6695

212 Aigburth Road Towson 21286 70 units, one-bedroom.

► ALCOTT PLACE 410-466-4960

2702 Keyworth Avenue Baltimore 21215

APOSTOLIC TOWERS

410-342-1353 201 North Washington Street Baltimore 21231 149 units, one/two bedrooms.

ARLINGTON ESTATES

C0-OP 800-362-0548 www.csi.coop 4601 West Northern Parkway Baltimore 21215 68 one-bedroom units, elevator. Affordable rental community for seniors.

BASILICA PLACE-

CATHOLIC CHARITIES* 410-539-0418 124 West Franklin Street Baltimore 21201 200 units, one/two bedrooms.

► BELLVIEW

MANCHESTER 410-462-4186 342 Bloom Street Baltimore 21217 48 one-bedroom units.

► BELVEDERE GREEN*

410-433-7255 1651 East Belvedere Avenue Baltimore 21239 165 units, efficiencies/ one-bedroom.

BOLTON HOUSE

APARTMENTS 410-728-3100 1100 Bolton Street Baltimore 21201 Efficiencies, one/two bedrooms.

BOLTON NORTH*

410-462-5433 1600 West Mount Royal Avenue Baltimore 21217 208 one-bedroom units.

BON SECOURS BENET

HOUSE 410-566-0701 400 Millington Avenue Baltimore 21223 101 units, efficiencies/onebedroom.

BON SECOURS HOLLINS

TERRACE 410-566-2701 1800 Hollins Street Baltimore 21223 84 units, efficiencies/ one-bedroom.

BON SECOURS

SMALLWOOD SUMMIT 410-566-5792 2 North Smallwood Street Baltimore 21223 90 units, one/two bedrooms.

BOWLEYS GARDEN

VILLA CO-OP 800-362-0548 www.csi.coop 5200 Bowleys Lane Baltimore 21206 78 one-bedroom units, elevator. Affordable rental community for seniors.



HOUSING APARTMENTS

BROADWAY COURT

410-522-5053 925 North Broadway Baltimore 21205 47 units.

► CENTER PLACE APARTMENTS

410-285-6666 101 Center Place Dundalk 21222 160 units, 152 one-bedroom, 8 two-bedroom.

► CHARLES R. UNCLES SENIORS PLAZA

410-523-3890 607 North Pennsylvania Avenue Baltimore 21201 47 units, one/two bedrooms.

► CHERRY HILL SENIOR MANOR* 410,254,2740

410-354-3740 901 Cherry Hill Road Baltimore 21225 80 units, one/two bedrooms.

► CHRIST CHURCH HARBOR APARTMENTS 410-837-1010 600 Light Street Baltimore 21230 288 units, efficiencies/one-

COLE GRANT-HIGGS SENIOR APARTMENTS 410-532-1501 1700 North Gay Street Baltimore 21230

bedroom.

57 units, efficiencies/onebedroom.

► COURSEY STATION-CATHOLIC CHARITIES 410-242-6167 200 First Avenue Baltimore 21227 49 units, efficiencies/one-

bedroom, 6 disabled.

A P A R T M E N T S

in Bolton Hill

ONE BEDROOM & EFFICIENCY APARTMENTS! FREE PARKING! FREE UTILITIES! MAINTENANCE FREE LIVING!

SENIOR APARTMENTS WITH \$24 MILLION DOLLARS IN COMPLETE RENOVATIONS!

CALL TODAY! 301 McMechen St. Baltimore MD 21217 877-315-4134 SeniorLivingBaltimoreMD.com

► COVE POINT APARTMENTS

410-288-2344 7801 Peninsula Expressway Dundalk 21222 100 units, one/two bedrooms.

COVE POINT II APARTMENTS 410-288-2344 7795 Peninsula Expressway Dundalk 21222

48 units, one/two bedrooms. ► DAY VILLAGE 410-284-7100

511 Avondale Road Dundalk 21222 20 one-bedroom units.

► DEPAUL HOUSE-CATHOLIC CHARITIES* 410-644-8484 3300 Benson Avenue Baltimore 21227 109 units, one/two bedrooms.

EDNOR APARTMENTS

410-243-0180 1040 East 33rd Street Baltimore 21218 110 units, one/two bedrooms.

► EDNOR APARTMENTS II 410-243-4301 1050 East 33rd Street Baltimore 21218 85 units, one/two bedrooms.

► EPIPHANY HOUSE* 410-323-3040 5610 York Road Baltimore 21212 33 units, efficiencies.

► ESSEX CO-OP APARTMENTS* 800-362-0548 www.csi.coop 1000 Franklin Avenue Essex 21221 209 one-bedroom units,

elevator. Affordable rental community for seniors.

► EVERALL GARDENS-

CATHOLIC CHARITIES 410-444-5837 6100 Everall Avenue Baltimore 21206 69 one-bedroom units.

► EVERGREEN SENIOR

APARTMENTS 410-780-4888 1600 Evergreen Way Essex 21221 81 one/two bedroom units.

► FAIRBROOKE

APARTMENTS 410-272-8880 700 West Bel Air Avenue Aberdeen 21001 122 units, 114 one/8 two bedrooms.

► FAIRGREEN SENIOR

COMMUNITY 410-642-9080 100 Greenway Perryville 21903 92 units, 74 one/18 two bedrooms.

APARTMENTS 410-869-8740 1121 Saint Agnes Lane Baltimore 21207 100 units, 92 one/8 two bedrooms.

► FAIRVIEW APARTMENTS

410-658-0488 100 McNamee Lane Rising Sun 21911 75 units, 67 one/8 two bedrooms.

FOXWELL MEMORIAL

410-728-4550 3700 Greenspring Avenue Baltimore 21215 155 units, one/two bedrooms.

FRANKLIN SQUARE SCHOOL APARTMENTS

410-947-9000 229 North Mount Street Baltimore 21223 1 bedroom apartments.

HOUSING - APARTMENTS

► GALLAGHER MANSION*

410-435-6988 431 Notre Dame Lane Baltimore 21212 40 one-bedroom units.

► GOLDEN RING CO-OP*

800-362-0548 www.csi.coop 8620 Kelso Drive Essex 21221 154 one bedroom units, elevator. Affordable rental community for seniors.

► GREATER NEW HOPE APARTMENTS

410-225-0003 725 Walbrook Avenue Baltimore 21216 80 units, efficiencies/onebedroom.

► GREENS AT ENGLISH

COUNSEL, THE 410-789-3000 4120 Oak Road Halethorpe 21227 90 one/two bedroom units.

► GREENS AT LIBERTY ROAD, THE

410-655-1100 9707 Liberty Road Randallstown 21133 105 one/two bedroom units.

► GREENS AT LOGAN FIELD, THE 410-288-2000

3455 Dundalk Avenue Dundalk 21222 81 one/two bedroom units.

► GREENS AT ROLLING ROAD, THE

410-744-9988 1505 North Rolling Road Catonsville 21228 83 one/two bedroom units.

► HANOVER SQUARE APARTMENTS* 410-962-1131 1 West Conway Street Baltimore 21201 199 one-bedroom units.

► HARLEM GARDENS

410-728-4009 1700 Edmondson Avenue Baltimore 21223 94 units, one/two bedrooms.

► HARVEY JOHNSON TOWERS

410-728-1166 1510 West Mosher Street Baltimore 21217 120 units, efficiencies/onebedroom.

HIGHLANDTOWN PLAZA

C0-OP 800-362-0548 www.csi.coop 155 Grundy Street Baltimore 21224 74 one-bedroom units, elevator. Affordable rental community for seniors.

► HOLY KOREAN MARTYRS-CATHOLIC CHARITIES 410-944-5959

5500 Lexington Road Baltimore 21207 74 one-bedroom units.

► HOPKINS VILLAGE 410-687-2828 3 Brett Court

Essex 21221 164 one-bedroom units.

► INDECCO HOUSING

► INDECCO HOUSING 410-276-5114 940 South Lakewood Avenue Baltimore 21224 45 units, efficiencies/onebedroom.

► IRVINGTON MEWS

410-644-4487 4300 Frederick Avenue Baltimore 21223 100 units.

► IRVINGTON PLACE APARTMENTS

410-644-0589 4025 Frederick Avenue Baltimore 21223 One-bedroom senior studios.

► JOHNSON SENIOR

APARTMENTS 410-837-3383 501 East Preston Street Baltimore 21202 217 units, efficiencies, one/two bedrooms.

KESSLER PARK-CATHOLIC CHARITIES 410-247-9244 4230 Hollins Ferry Road Lansdowne 21227 64 units, efficiencies, one/two bedrooms.

► KIRKWOOD* 410-323-8910 6401 Loch Raven Boulevard Baltimore 21239 262 one-bedroom units.

► LAKEWOOD APARTMENTS* 410-522-7444 1401 Lakewood Avenue Baltimore 21213 102 units, efficiencies, one/ two-bedroom.

► LANVALE TOWERS 410-685-4600 1300 East Lanvale Street Baltimore 21213 184 units, efficiencies, one/ two/three/four bedrooms.

► LEMKO HOUSING 410-342-7200 603 South Ann Street Baltimore 21231 110 units, efficiencies, one/two bedrooms.

► LIBERTY VILLAGE SENIOR HOUSING 410-523-1113 3000 Towanda Avenue Baltimore 21215 84 units, one/two bedrooms.

► MARLBOROUGH APARTMENTS

410-669-3005 1701 Eutaw Place Baltimore 21217 227 units, efficiencies/onebedroom.

► MEADOWS OF REISTERSTOWN. THE

410-526-3380 300 Cantata Court Reisterstown 21136 80 units.

MEADOWS OF REISTERSTOWN II, THE

410-526-3380 302 Cantata Court Reisterstown 21136 76 units.

► MEMORIAL

APARTMENTS* 410-523-0013 301 McMechen Street Baltimore 21217 260 units, efficiencies/onebedroom.

MESSIAH HALL

410-732-1275 1024 South Decker Street Baltimore 21224 17 units, efficiencies/onebedroom.

MONTEVERDE

410-728-4422 2501 & 2503 Violet Avenue Baltimore 21215 301 units, one/two bedrooms.

MORNINGSIDE SENIOR

APARTMENTS 410-356-4798 www.coniferllc.com 104 Pleasant Ridge Drive Owings Mills 21117 82 units, one/two bedrooms, elevator. Must be 62 or older. Income limits apply.

► MORRELL PARK APARTMENTS

410-644-2334 1820 Spence Street Baltimore 21230 99 units, one/two bedrooms.

► MT. CLARE OVERLOOK APARTMENTS*

410-727-4477 833 West Pratt Street Baltimore 21201 110 units, one/two bedrooms.

Your Life, Enriched



WEINBERG Senior Living

Weinberg Village Community 3430 Associated Way, Owings Mills, MD 21117 410-356-4660 • weinbergvillage.net

Weinberg Gardens 1500 Bedford Ave., Pikesville, MD 21208 410-602-8200

Weinberg House 16 Old Court Road, Pikesville, MD 21208 410-602-2405

Weinberg Manhattan Park* 5715 Park Heights Ave. Baltimore, MD 21215 410-466-8080

Weinberg Manor East* 3601 Fords Lane, Baltimore, MD 21215 410-358-5581

Weinberg Manor West 3615 Fords Lane, Baltimore, MD 21215 410-358-9393 Weinberg Manor South* 3617 Fords Lane, Baltimore, MD 21215 410-783-7333

Weinberg Park Assisted Living* 5833 Park Heights Ave. Baltimore, MD 21215 410-664-0100 • weinbergpark.com

Weinberg Place* 2500 West Belvedere, Baltimore, MD 21215 410-542-4111

Weinberg Terrace 1450 Bedford Ave., Pikesville, MD 21208 410-602-3950

Weinberg Woods 3211 Clarks Lane, Baltimore, MD 21215 410-318-6625

www.WeinbergSeniorLiving.com









*Certain communities are for 62 years of age or older and younger residents with disabilities.

HOUSING - APARTMENTS

► N.M. CARROLL MANOR* 410-669-4270 701 North Arlington Avenue Baltimore 21217

► NEW SHILOH VILLAGE APARTMENTS

99 units, one/two bedrooms.

410-523-1649 1901 Elgin Avenue Baltimore 21217 80 units, one/two bedrooms.

► OAKS AT LIBERTY 410-466-9267 3501 Howard Park Avenue Baltimore 21207 One/two bedroom units.

OLD COURT ESTATES CO-OP

800-362-0548 www.csi.coop 5105 Old Court Road Randallstown 21133 51 one-bedroom units, elevator. Affordable rental community for seniors.

► OLIVER PLAZA APARTMENTS 410-347-9694 1401 East Oliver Street Baltimore 21213 Efficiencies/one-bedroom.

► OUR LADY OF FATIMA I-CATHOLIC CHARITIES* 410-631-3555 6424 East Pratt Street Baltimore 21224 54 one-bedroom units.

► OUR LADY OF FATIMA II-CATHOLIC CHARITIES 410-631-6191 200 Kane Street Baltimore 21224 51 one-bedroom units.

► OVERBROOK APARTMENTS 410-465-8611

5717 Edmondson Avenue Catonsville 21228 67 units, studio/one/two/three bedrooms.

► OWINGS MILLS NEW TOWN-CATHOLIC CHARITIES 410-902-8222 9773 Groffs Mill Drive Owings Mills 21117 68 one bedroom units.

► PARK HEIGHTS AVENUE APARTMENTS 410-367-5959 5900 Parks Heights Avenue

Baltimore 21215 100 one-bedroom units.

► PARK HEIGHTS PLACE 410-578-3445 5430 Park Heights Avenue Baltimore 21215 83 one-bedroom units.

► PARK VIEW AT ASHLAND TERRACE*

410-276-6440 1705 East Eager Street Baltimore 21205 74 units, one/two bedrooms.

► PARK VIEW AT CATONSVILLE* 410-719-9464 303 Maiden Choice Lane Catonsville 21228 101 one-bedroom units.

► PARK VIEW AT

COLDSPRING* 410-542-4400 4803 Tamarind Road Baltimore 21209 99 units, one/two bedrooms.

► PARK VIEW AT DUNDALK* 410-288-5483 103 Center Place Dundalk 21222 101 one-bedroom units.

► PARK VIEW AT FULLERTON 410-663-0665 4300 Cardwell Avenue Fullerton 21236 90 one-bedroom units.

► PARK VIEW AT MIRAMAR LANDING

410-391-8375 705 Compass Road Middle River 21220 80 one-bedroom units, 20 twobedroom units.

► PARK VIEW AT RANDALLSTOWN

410-655-5673 3530 Resource Drive Randallstown 21133 103 one-bedroom units.

► PARK VIEW AT ROSEDALE 410-866-1886 1315 Chesaco Avenue Rosedale 21237 109 units.

► PARK VIEW AT TAYLOR 410-663-0363 4102 Taylor Avenue Baltimore 21236 100 units, one/two bedrooms.

► PARK VIEW AT TOWSON* 410-828-7185 20 Dunvale Road Towson 21204 112 units.

► PARK VIEW AT WOODLAWN 410-281-1120 2020 Featherbed Lane Woodlawn 21207 101 one/two-bedroom units.

► PENN-NORTH PLAZA 8* 410-383-8595 1520 West North Avenue Baltimore 21217 66 units, efficiencies, one/two bedrooms.

► POLISH NATIONAL ALLIANCE 410-732-1100

410-732-1100 1627 Eastern Avenue Baltimore 21231 20 units, efficiencies/onebedroom.

► RANDALLSTOWN

PAVILION CO-OP 800-362-0548 www.csi.coop 5109 Old Court Road Randallstown 21133 76 one-bedroom units, elevator. Affordable rental community for seniors.

► RANDALLSTOWN VILLA CO-OP

800-362-0548 www.csi.coop 5107 Old Court Road Randallstown 21133 74 one-bedroom units, elevator. Affordable rental community for seniors.

► REISTER'S CLEARING-CATHOLIC CHARITIES 410-517-4994 304 Cantata Court Reisterstown 21136 68 one-bedroom units.

► REISTER'S VIEW-

CATHOLIC CHARITIES* 410-517-4994 306 Cantata Court Reisterstown 21136 68 one-bedroom units.

RIVER POINT

410-780-2881 1900 Grove Manor Drive Essex 21221 120 units, one/two bedrooms.

► ROLAND VIEW TOWERS EAST

410-235-3939 3939 Roland Avenue Baltimore 21211 250 one-bedroom units.

► ROLAND VIEW TOWERS WEST

410-889-8255 3838 Roland Avenue Baltimore 21211 150 two-bedroom units.

► RUSCOMBE GARDENS APARTMENTS

410-664-4800 4800 Yellowwood Avenue Baltimore 21209 150 one-bedroom units.

CATHOLIC CHARITIES SENIOR COMMUNITIES



Exceptional, affordable apartment communities for older adults Nurturing a spirit of purpose, wellness and harmony

Call 443-798-3423 for more information or to request an application. Tour an apartment and visit us at **cc-md.org/senior-communities**

• Service Coordination available to all residents at no cost.

• Senior Support Services offered at 9 locations: daily meals, weekly in-home and personal services for an affordable monthly fee.

> Baltimore County Catonsville St. Mark's Apartments*

> > Edgemere St. Luke's Place

Lansdowne Kessler Park* Coursey Station

Nottingham Village Crossroads I** Village Crossroads II

Owings Mills Owings Mills New Town

> Pikesville St. Charles House

• In HUD communities, residents pay 30% of their adjusted gross income for rent.

• In tax credit communities*, resident rent is based on the apartment type regardless of individual income. Rents vary

> **Reisterstown** Reister's Clearing Reister's View

> > **Towson** Trinity House

Woodlawn Holy Korean Martyrs

Anne Arundel County Glen Burnie Arundel Woods

> Odenton Friendship Station Friendship Village

Baltimore City East Baltimore Our Lady of Fatima I Our Lady of Fatima II from \$505 to \$739, Housing Choice Vouchers and TBRA are accepted, lowering rent further for those who qualify.

> Mount Vernon Basilica Place

Overlea Everall Gardens*

Violetville DePaul House St. Joachim House

Garrett County Grantsville Starner Hill

Harford County Aberdeen Aberdeen Court

Abingdon Abingdon Gardens

Answers for the Aging 410-646-0100

Free information and referral source for older adults and their families



Catholic Charities welcomes people regardless of faith and is an Equal Housing Opportunity provider.

HOUSING - APARTMENTS

SALONY HOUSE SENIOR

LIVING 410-833-0077 300 Salony Drive Reisterstown 21136 58 one-bedroom units, 2 two-bedroom.

► SHARP-LEADENHALL COURT

410-727-2677 911 Leadenhall Street Baltimore 21230 155 units, one to four bedrooms.

SOUTHERN HIGH SCHOOL ELDERLY APARTMENTS

410-528-1195 201 Warren Avenue Baltimore 21230 49 units, efficiencies/onebedroom.

► ST. CHARLES HOUSE-CATHOLIC CHARITIES

410-484-6125 11 Church Lane Pikesville 21208 24 units, efficiencies/onebedroom, 3 disabled.

► ST. ELIZABETH HALL*

410-252-4500, Press 5, then Ext. 7385 2300 Dulaney Valley Road Timonium 21093 200 one-bedroom units, 10 disabled.

► ST. ELIZABETH SENIOR HOUSING

410-732-1275 35 North Lakewood Avenue Baltimore 21224 20 units, efficiencies/onebedroom.

► ST. JAMES TERRACE APARTMENTS

410-669-0862 827 Arlington Avenue Baltimore 21217 151 units, efficiencies/onebedroom.

► ST. JOACHIM HOUSE-CATHOLIC CHARITIES

410-644-8269 3310 Benson Avenue Baltimore 21227 90 one-bedroom units.

► ST. LUKE'S PLACE APARTMENTS-CATHOLIC CHARITIES*

410-477-3661 2825 Lodge Farm Road Edgemere 21219 125 one-bedroom units.

► ST. MARK'S APARTMENTS-CATHOLIC CHARITIES 410-788-0972 19 Winters Lane Catonsville 21228 20 one-bedroom units.

► TABCO TOWERS* 410-821-9220 305 East Joppa Road Towson 21286 120 efficiencies, 80 onebedroom units.

► TERRACE GARDEN CO-OP

800-362-0548 www.csi.coop 751 West Saratoga Street Baltimore 21201 88 one-bedroom units, 4 twobedroom units, elevator. Affordable rental community for seniors.

► TRINITY HOUSE-

CATHOLIC CHARITIES* 410-825-5288 409 Virginia Avenue Towson 21286 82 one-bedroom units.

► VENABLE APARTMENTS

(e) **STADIUM PLACE** 410-338-0661 1030 East 33rd Street Baltimore 21218 74 one-bedroom units.

► VILLAGE CROSSROADS I-CATHOLIC CHARITIES*

410-882-5431 4313 Fitch Avenue Nottingham 21236 94 one-bedroom units.

► VILLAGE CROSSROADS II-CATHOLIC CHARITIES 410-882-2934

410-882-2354 4313-B Fitch Avenue Nottingham 21236 86 units.

► VILLAGE OAKS APARTMENTS*

410-747-1344 815 Winters Lane Catonsville 21228 181 one-bedroom units.

► VIRGINIA TOWERS 410-321-9661

500 Virginia Avenue Towson 21286 150 units.

► WABASH ESTATES CO-OP 800-362-0548

800-362-0548 www.csi.coop 5500 Wabash Avenue Baltimore 21215 57 one-bedroom units, elevator. Affordable rental community for seniors.

WALKER CO-OP

800-362-0548 www.csi.coop 1 Cooperative Drive Baltimore 21212 88 one-bedroom units, elevator. Affordable rental community for seniors.

► WALKER DANIELS HOUSE

410-462-4186 2100-02 Madison Avenue Baltimore 21217 Efficiencies/one-bedroom.

► WALKER MEWS* 410-323-8507

6225 York Road Baltimore 21212 167 one-bedroom units.

► WALKER SENIOR CO-OP

410-377-0200 711 Walker Avenue Baltimore 21212 88 one-bedroom units.

WARREN PLACE SENIOR APARTMENTS

410-666-1030 10535 York Road Cockeysville 21030 121 one-bedroom units, elevator. Free utilities and cable.

► WATERS TOWERS*

410-342-6240 1400 East Madison Street Baltimore 21205 203 one-bedroom units.

► WAYLAND VILLAGE

SENIOR APARTMENTS 410-542-4580 3020 Garrison Boulevard Baltimore 21215 90 units, one/two bedrooms.

► WEINBERG COURT AT

STADIUM PLACE 410-235-0500 1020 East 33rd Street Baltimore 21218 One-bedroom units.

WEINBERG GARDENS*

410-602-8200 1500 Bedford Avenue Pikesville 21208 84 one-bedroom units.

► WEINBERG HOUSE*

410-602-2405 16 Old Court Road Pikesville 21208 116 one-bedroom units.

► WEINBERG MANHATTAN PARK APARTMENTS

410-466-8080 5715 Park Heights Avenue Baltimore 21215 123 units, efficiencies, one/ two bedrooms.

HOUSING APARTMENTS -ASSISTED LIVING

► WEINBERG MANOR

EAST 410-358-5581 3601 Fords Lane Baltimore 21215 186 units, efficiencies, one/two bedrooms.

► WEINBERG MANOR SOUTH

410-783-7333 3617 Fords Lane Baltimore 21215 90 units, one/one with den/ two bedrooms.

► WEINBERG MANOR WEST

410-358-9393 3615 Fords Lane Baltimore 21215 105 units, efficiencies/onebedroom.

► WEINBERG PLACE* 410-542-4111 2500 West Belvedere Avenue Baltimore 21215 231 units, efficiencies/onebedroom.

► WEINBERG TERRACE 410-602-3950 1450 Bedford Avenue Pikesville 21208 86 one-bedroom units.

► WEINBERG VILLAGE I* 410-581-7878 3420 Associated Way Owings Mills 21117 75 one-bedroom units.

► WEINBERG VILLAGE II 410-581-3800 3440 Associated Way Owings Mills 21117

Owings Mills 21117 85 units, one/two-bedrooms, one-bedroom w/den.

► WEINBERG VILLAGE III* 410-363-1600 3414 Associated Way Owings Mills 21117 100 one-bedroom units.

► WEINBERG VILLAGE IV 410-363-8866 3410 Associated Way

Owings Mills 21117 100 units.

► WEINBERG VILLAGE V 410-356-4660 3430 Associated Way Owings Mills 21117 86 units.

► WEINBERG WOODS 410-318-6625 3211 Clarks Lane Baltimore 21215 72 one-bedrooms units.

► WESTMINSTER HOUSE

410-837-0180 524 North Charles Street Baltimore 21218 168 units, efficiencies/onebedroom.

► WOODBOURNE WOODS 410-433-7255 1650 Woodbourne Avenue Baltimore 21239 142 units, 23 efficiencies.

► ZION TOWERS* 410-669-3900 1100 Pennsylvania Avenue Baltimore 21201 210 one-bedroom units.

CONGREGATE HOUSING

APARTMENTS TO MEET SPECIAL NEEDS

Residents live in their own apartments located in senior rental apartment buildings and receive additional services for a fee. Subsidies are available to those who are asset and income eligible. Residents must be able to live independently with the supportive services provided. ► BASILICA PLACE-CATHOLIC CHARITIES* 410-539-0418

► BELVEDERE GREEN* 410-433-7255

► BERNARD MASON 410-396-0488

► DEPAUL HOUSE-CATHOLIC CHARITIES* 410-644-8484

► N.M. CARROLL MANOR* 410-669-4270

► **ST. ELIZABETH HALL*** 410-252-4500, Press 5, then Ext. 7385

► ST. JOACHIM-CATHOLIC CHARITIES* 410-644-8269

► ST. LUKE'S PLACE APARTMENTS-CATHOLIC CHARITIES* 410-477-3661

► TRINITY HOUSE-CATHOLIC CHARITIES* 410-828-5288

► VILLAGE CROSSROADS I-CATHOLIC CHARITIES* 410-882-5431

► WEINBERG PLACE* 410-542-4111

► WOODBOURNE WOODS 410-433-7255

See previous section (Housing Apartments for Seniors) for addresses.



ASSISTED LIVING PROGRAMS

Provides housing and supportive services. supervision, personalized assistance and/or healthrelated services to meet the needs of residents who are unable to perform activities of daily living independently, or who need assistance. All Assisted Living (AL) Programs are regulated by the Maryland Department of Health and Mental Hygiene, Office of Health Care Quality. They are licensed to provide a specific level of care, as follows: *Level 1: Low Level of Care *Level 2: Moderate Level of Care *Level 3: High Level of Care

*Most facilities also accept residents at a level of care lower than the maximum for which they are licensed. Levels of care are determined by a functional assessment. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

All Maryland Assisted Living programs are required by law to include a Disclosure Statement in their marketing materials and to provide information upon request. The Disclosure Statement outlines the services and policies of the assisted living program. Each facility uses the same standardized form which allows consumers to easily compare services.

Visit http://www.dhmh. state.md.us/ohcq. Click on Assisted Living, then click on Consumer Information Page. This will provide links to the Provider Service Disclosure Form and a list of licensed assisted facilities as well as additional information.

HOUSING - ASSISTED LIVING

ASSISTED LIVING: 1-4 RESIDENTS

For a list of homes which house 1 - 4 residents in Baltimore County, call the Maryland Department of Health and Mental Hygiene, Office of Health Care Quality at 410-402-8217, or visit the website at www.dhmh. state.md.us/ohcq (Licensee Directory). Please refer to Baltimore City's listing in the directory which provides 1-4 resident facilities on page 65.

ASSISTED LIVING: 5-15 RESIDENTS

Live-in residents must be age 18 or older, requiring a level of care for which an Assisted Living is licensed. The Maryland Department of Health and Mental Hygiene, Office of Health Care Quality surveys homes to ensure compliance with the Code of Maryland regulations for Assisted Living programs. In addition, the Baltimore County Health Department provides **Environmental Surveys for** county locations only. Senior Assisted Housing subsidy (indicated by *) and Medicaid Home and Community Based Services Programs payment may be available, pending grant funds. This list, from OHCQ, is effective as of November 2015.

► 1 STOP ASSISTED LIVING

443-629-2526 1804 Ruxton Avenue Baltimore 21216 Level unavailable.

► 1 STOP ASSISTED LIVING 2

443-629-2526 1311 Luzerne Avenue Baltimore 21213 Level unavailable.

► 1 STOP ASSISTED LIVING 5 443-629-2526

443-629-2526 2306 West Lanvale Street Baltimore 21216 Level unavailable.

► 303 N. ROLLING ROAD, LLC* 410-788-6612

303 North Rolling Road Catonsville 21228 Level 3

► A CARING PLACE, INC. OAKLEIGH HOUSE* 410-952-2499 410-592-2711 7700 Oakleigh Road Parkville 21234 Level 3 Since 1996, homey, private rooms, some with half-baths.

► A & W ASSISTED LIVING 410-419-7322 6600 Liberty Road Baltimore 21207 Level unavailable.

► ABC ASSISTED LIVING I 410-488-5468 3403 Southern Avenue Baltimore 21214

► ABOUT YOUR CARE,

INC. 410-435-1557 801 Beaumont Avenue Baltimore 21212 Level 2

Level unavailable.

► AGAPE ASSISTED LIVING HOME I

410-325-5940 5706 Denwood Avenue Baltimore 21206 Level 3

► AGAPE ASSISTED LIVING HOME II 410-488-6926 4610 Eugene Avenue Baltimore 21206 Level 3

► ALHAMBRA ASSISTED LIVING FACILITY

410-486-8650 5503 Alhambra Avenue Baltimore 21212 Level 3

► ALL ABOUT LOVE II 410-323-7793 901 Woodbourne Avenue Baltimore 21212 Level 3

► ALL THE BEST CARE ASSISTED LIVING, INC. 410-205-7353 6 Clarendon Avenue Pikesville 21208 Level unavailable.

► ALL TOGETHER NETWORK, INC. 410-902-0069 643 Tunbridge Road Baltimore 21212 Level 3

► ALMOST HOME II ASSISTED LIVING, INC. 410-448-9499 4813 Gwynn Oak Avenue Baltimore 21207 Level 3

► ALMOST LIKE HOME 410-367-5521 4202 Maine Avenue Baltimore 21207 Level 3

► AMBROZEAN ASSISTED

LIVING CARE CENTER, INC. 410-367-8800 3800 West Rogers Avenue Baltimore 21215 Level 3

► AMERICAN HOME CARE AND HEALTH SERVICES ASSISTED 410-563-1460

2914 East Federal Street Baltimore 21213 Level 3

► ANGEL CORE HOME OF CARE 410-488-0394 4719 Elison Avenue Baltimore 21206 Level 3

ANGEL CORE HOME OF

CARE AT PARKMONT 410-485-0605 4304 Parkmont Avenue Baltimore 21206 Level 2

► ANGELIC HANDS ASSISTED LIVING 410-878-0374 5801 Clover Road Baltimore 21215

Level 3

► ANGELS AMONG US ASSISTED LIVING FACILITY, INC.* 410-365-1633 12820 Eastern Avenue Baltimore 21220 Level 3

► ANNIE'S HEART OF LOVE 410-689-8111 5410 Hamlet Avenue

Baltimore 21214 Level unavailable.

► APRIL SHOWERS ASSISTED LIVING FACILITY, INC. 443-801-2920 3621 Gibbons Avenue Baltimore 21214 Level unavailable.

► ASSISTED LIVING AT BUCKINGHAM MANOR

410-205-7568 4010 Buckingham Road Baltimore 21207 Level Unavailable.

ASSURANCE CARE

PROVIDER SERVICES, LLC 443-857-5012 9100 Meadow Heights Road Randallstown 21133 Level Unavailable.

AUNT SHUG'S

ASSISTED LIVING #2 410-367-0517 4313 Belvieu Avenue Baltimore 21215 Level 2

HOUSING - ASSISTED LIVING

► BEA'S BEAUTIFUL

BLESSING, LLC 443-873-6986 3224 Woodring Avenue Baltimore 21234 Level 3

► BEECHWOOD ASSISTED LIVING*

410-455-0492 101 North Beechwood Avenue Catonsville 21228 Level 3

► BEST CARE ASSISTED

LIVING* 410-526-2433 639 Main Street Reisterstown 21136 Level 3

► BETTY'S & DEBBIE'S FAMILY PLACE I 410-254-5828 5411 Walther Avenue Baltimore 21214 Level 3

► BEYOND LOVING CARE, LLC

410-245-0439 4134 West Forest Park Avenue Baltimore 21207 Level unavailable.

► BLESSED HEART, LLC 443-642-7266 1812 East 29th Street Baltimore 21218 Level unavailable.

CALMING ACRES II 410-655-1202 7205 Glenoak Avenue Baltimore 21234 Level 3

CARE FROM CARING HEARTS ASSISTED LIVING 443-844-1444 6409 Belair Road Baltimore 21206 Level 3

► CARE MATTERS

443-468-2717 3604 Grantley Road Baltimore 21215 Level unavailable.

► CARE MATTERS ASSISTED LIVING 410-653-0846 4003 Buckingham Road Baltimore 21207 Level unavailable.

► CARING CORNERS I 410-496-2589 9217 Allenswood Road Randallstown 21133 Level 3

► CARING CORNERS III 410-922-4646 9208 Allenswood Road Randallstown 21133 Level 3

CARING FOR YOU

ASSISTED LIVING, LLC 410-233-6380 10 South Gilmor Street Baltimore 21223 Level 2

CARING HEARTS AT HARFORD, LLC 443-919-7388 4532 Harford Road Baltimore 21214 Level unavailable.

► CARSA HOME ASSISTED

LIVING, LLC 443-873-6520 3715 Mary Avenue Baltimore 21206 Level 2

► CHELSEA MANOR, INC. 443-465-4247 2309 Chelsea Terrace Baltimore 21216 Level 3





HOUSING - ASSISTED LIVING

► CHERYL'S PLACE #1 410-365-1633

8707 Trumps Mill Road Baltimore 21237 Level 3

CLARK MANOR ASSISTED LIVING HOME 410-655-0623 9407 Lencrest Road Randallstown 21133 Level 3

CLEM AND DOLL II 443-804-9556 8335 Liberty Road Baltimore 21244 Level 3

► CLEM AND DOLL **ASSISTED LIVING I** 443-804-9556 8337 Liberty Road Baltimore 21244 Level 3

► CORNERSTONE ASSISTED LIVING 443-415-0846 3617 Fairview Avenue Baltimore 21216 Level 3

► DAISY GROUP, THE 410-367-5768 5247 Reisterstown Road Baltimore 21215 Level 3

► DIVINE CARE ASSISTED LIVING, INC. 410-444-1294 4603 Frankford Avenue Baltimore 21206 Level unavailable.

► DULANEY VALLEY **ASSISTED LIVING AT HUNT VALLEY*** 410-252-3430 10815 Powers Avenue Cockeysville 21030 Level 3

DULANEY VALLEY **ASSISTED LIVING, INC.*** 410-252-3430 5001 Carroll Manor Road Baldwin 21013 Level 3

► EBENEZER HOUSE, LLC 410-812-8415 5008 Walther Avenue Baltimore 21214 Level 3

EDEN'S ASSISTED LIVING 410-254-9537 3007 Louise Avenue Baltimore 21214 Level 3

► ELAINE'S HOME CARE, INC. 410-383-0703 803 Chauncey Avenue Baltimore 21217 Level 3

EMMANUEL'S HOUSE 410-415-1425 3104 Windsor Avenue Baltimore 21216

Level 2

EMPOWERING LIVES 410-225-7447 1716 Harlem Avenue Baltimore 21217 Level 3

► ENHANCING LIVES III 410-488-1077 4158 Eierman Avenue Baltimore 21206 Level 3

► ERIKA & ERIC HOME OF **CARE II** 410-233-5546 2400 Roslvn Avenue Baltimore 21216 Level 3



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410-795-8801

HOUSING - ASSISTED LIVING

► ESTHER'S PLACE AT MONTEBELLO

410-254-1010 2831 Montebello Terrace Baltimore 21214 Level 3

► EVERGREEN VALLEY ASSISTED LIVING 410-252-3430 3009 Evergreen Avenue Baltimore 21214 Level 3

► FIRST CARE ASSISTED LIVING 301-705-7909 5801 Kavon Avenue Baltimore 21206 Level unavailable.

► GEORGIE & JETTA LOVING CARE HOME 443-769-7573 720 E. 35th Street Baltimore 21218 Level 3

► GLORIA FRIEND'S HOME* 410-686-0448 929 Back River Neck Road Baltimore 21221 Level 3

► GOODWIN MANOR INCORPORATED 410-254-6453 3132 Harview Avenue Baltimore 21234 Level 2

► GRACE MANOR 410-944-2790 6729 Windsor Mill Road Gwynn Oak 21207 Level 3

► GRANS TENDER LOVING CARE, LLC 443-345-6288 327 Collins Avenue Baltimore 21229 Level 2

► HABAKKUK 2:3 ASSISTED LIVING 410-988-3588 3817 Reisterstown Road Baltimore 21215 Level unavailable.

► HAMPTON MEADOWS, LLC* 410-825-1743 1412 Providence Road Towson 21286 Level 3

► HAWKINS CHRISTIAN CARE HOME 410-947-5003 802 Walnut Avenue Baltimore 21229 Level 3

► HEARTFELT CARE PROVIDERS, LLC 443-759-6132 3505 Windsor Mills Road Baltimore 21216 Level 3

► HEAVENLY GRACE ASSISTED LIVING 2 443-708-5702 3201 Windsor Avenue Baltimore 21216 Level 3

► HOME CARE SERVICES, LLC

443-909-9567 3509 Greenmount Avenue Baltimore 21218 Level unavailable.

► HOME OF TENDER

CARE, LLC 410-448-5685 5315 Norwood Road Baltimore 21207 Level 3

► HONOR & CHERISH 410-466-2144 3615 Gwynn Oak Avenue Baltimore 21207 Level unavailable

► HOPE A HOME OFFERS OPPORTUNITY FOR EACH OTHER 443-204-2290 607 Woodhourne Avenue

607 Woodbourne Avenue Baltimore 21212 Level 3

► HOPPE HOUSE, LLC 410-624-3444 2418 West Lanvale Street Baltimore 21216 Level 2

► HOUSE OF HELPING HANDS, LLC 443-310-0047 1804 Ashburton Street Baltimore 21216 Level 2

► HOUSE OF PEACE 410-542-1797 3725 Belle Avenue Baltimore 21215 Level 3

► HOUSE OF VICTORY APOSTOLIC HOME CARE 410-732-3105 3001 Belair Road Baltimore 21213 Level 3

► INNOCENSE HOME,

INC. 410-665-0664 2911 Echodale Avenue Baltimore 21214 Level 3

► ISAIAH 43:19 ASSISTED LIVING

410-457-7446 2631 Quantico Avenue Baltimore 21215 Level 3

► JOHN 8:12 ASSISTED

LIVING 410-457-7446 2535 Park Heights Terrace Baltimore 21215 Level 3

► JONES-WILLIAMS

FAMILY CARE, INC. 410-462-1542 3716 Park Heights Avenue Baltimore 21215 Level 3

► JOSHUA 14-15 ASSISTED LIVING 410-457-7446 2533 Park Heights Terrace Baltimore 21215 Level unavailable.

► JOY VILLA 443-415-8427 506 Cording Avenue Baltimore 21212 Level 2

► JOYOUS LIVING* 410-344-0020 11130 Philadelphia Road White Marsh 21162 Level 3

► JOY'S BLESSING I 410-521-1159 3919 Innerdale Court Randallstown 21133 Level 3

► JOY'S BLESSING II 410-496-2135 4122 Tiverton Road Randallstown 21133 Level 3

► JUST ABOUT FAMILY 443-552-7574 4222 Penhurst Avenue Baltimore 21215 Level unavailable

► KARIMA'S PLACE II 410-233-5500 2431 Arunah Avenue Baltimore 21216 Level 2

► KOZY KOTTAGE ASSISTED LIVING, LLC 410-542-4569

2807 Lawina Road Baltimore 21216 Level 3

ASSISTED LIVING FACILITIES FOR 1-4 RESIDENTS IN BALTIMORE CITY

Information provided courtesy of the Baltimore City Health Department, Division of Aging and CARE Services Baltimore City MAP at 410-396-2273.

House of Refuge

21202

Holbrock Estates- Martin Porres Center 202-320-0501 800-381-8671 21205 Allen's House of Hope Inc. 410-563-2080 **Covenant Care Assisted** Living II 443-910-3965 **Covington House** 443-510-5380 Elsie's Place 443-388-8327 **Gentlemen's Club** Lakewood 443-829-3202 M & G's Total Tender Loving Care 410-342-8152 Norma's House 410-675-9307 **Place We Call Home** 410-276-1690 21206 Adassa Assisted Living 410-814-7042 **All About You Assisted** Living 410-963-5878 Alpha Assisted Living 410-663-6313 **Butterfly Nest Assisted** Living 410-336-5423 **Care Blessing Assisted** Living 443-438-4297 Caring Touch, Inc. 410-800-2005 C & L Quality Home Care III Mary's Place 410-488-4025 Cozy House Adult Care 1-2 410-319-7400 **Dayspring Gardens LLC** 443-708-8792 Dee's House of Care 410-426-3465 **Hillcrest Manor** 410-426-7603

443-451-5009 House of TLC 443-759-5346 In Heaven's Hands 410-325-2324 **Keeping People Smiling** 443-552-6216 Lacy's Assisted Living 410-483-0198 Millie's Personal Care 410-325-4940 **New Horizon LLC** 443-682-8644 Norma's Place 2 LLC 410-325-3837 **Open Arms** 410-488-5692 **Open Heaven's Assisted** Living 2 410-444-4903 **Paige Place** 410-485-2414 **Pleasant Care** 410-325-8174 Sabbath Place 443-844-7815 Uhh Wee, We Care, Inc 410-325-7256 21207 **Ella's Quality Care** 443-478-7974 **Graceful Holdings Living** Assistance 410-367-1650 Habakkuk House 410-367-6857 Honor & Cherish 410-206-9109 Lashae Gloria Home Care 410-370-0705 443-645-8658 **Pleasant Hope** 410-664-0911 Prayer Changes Everything Living 410-542-0583 **Touch of Love** 410-868-0490 21211 **Acts Assisted Living**

410-235-3528

21212 **Because We Care LLC** 443-629-9311 **Come for Care Assisted** Living 240-210-0991 **Concepts for Living II** 410-323-6970 **Destiny's Place** 443-386-5323 Fountain of Life 443-722-7144 Fruitful Love Christian Home 410-323-9625 410-532-8518 Haven of Refuge LLC 443-438-5926 House of Love 410-433-1005 Julius's Right at Home Assisted Living 443-459-5677 Third Generation Care at Lake Walker 410-497-7051 **Together We Care Assisted Living** Living 443-600-0752 21213 **1 Stop Assisted Living** 443-629-2526 **All About Caring** 410-327-6023 Amani Z Gifted Hands Assisted Living 410-908-5254 **Believe Homes Inc.** 410-522-1505 **Bright Horizon Assisted** Living 443-982-2530 Caring for You 2 410-327-0929 **Charlie's Angels Assisted** 410-276-0956 443-801-6994 **Embracing Change** 443-804-0778

Grier Alternative Care Center 410-276-1679 **Heart of Angels** 443-768-5330 Home for the Blessed Ones **Assisted Living** 410-483-6040 **Home Quality Care** 301-573-9350 Imani Assisted Living Home 443-882-8512 **Infinite Care** 410-522-1579 **Kenyon Springs** 410-665-4743 **McCaskill's Assisted Living** 410-485-9977 **Montford Assisted Living** 443-983-9918 **My Family and Yours** 443-362-2216 **Quindel's Home of Assisted** Living LLC 443-909-4344 Sense of Peace Assisted 443-682-9717 Su Casa 443-622-3459 **Treasure Loved Ones Home** Care LLC 443-559-2150 We Care Assisted Living 410-949-4966 21214 **April Showers Assisted** Living 443-801-2920 **Cowan's Assisted Living** 443-708-3658 Emergency Care 24/7 410-254-1740 Justin's Assisted Living 410-444-1510 **Kastles Keep Assisted Living** 202-656-9083 **Kings** Care 443-708-1687 Trust Inc. 410-532-6114

ASSISTED LIVING FACILITIES FOR 1-4 RESIDENTS IN BALTIMORE CITY Information provided courtesy of the Baltimore City Health Department, Division of Aging and CARE Services

For additional information, please contact **Baltimore City MAP** at **410-396-2273.**

Walthersville LLC 410-426-0000 21215 A1 Subservient Care 410-466-2616 ADAL 336-655-2667 **Angels First Assisted** Living 410-383-1873 Angel Hand Assisted Living 443-447-8593 Ann's Place 410-664-2633 At Majestic Care LLC Services II 443-835-4989 Aunt Shug's Assisted Living 410-367-2166 **Best Care** 410-542-4842 **Bethany's Place** 410-542-6848 **Blessed Day Home Care** 202-641-3964 Bridging Hope #1 888-316-1912 **Buddy's Assisted Living** 443-682-7761 **Calming Acres** 410-655-1202 **Capital Assisted Living** Program 410-466-6433 **Crystal Home** 410-466-2537 Harmony House I 410-664-8034 Harrison's Home Care 410-952-9521 Joy Assisted Living 410-578-1230 Keemer Kare 410-504-9601 LaShae Gloria Home Care 410-370-0705 Lebasac Assisted Living 410-764-2959 Loving Care Home 410-367-5394

Mumsey's Assisted Living 410-655-1555 My Brother's Keeper 410-466-4548 **Nurses Hands LLC** 443-527-0019 **Parker Palace Assisted** Living 443-465-2095 Q & C- Your Way **Thru-We Make Your** Life Easier 443-982-6239 **Shelton Personal Care** 410-542-6545 **Tina's Adult Care** 410-466-0804 **Touch of Class III** 410-664-2904 Welcome Home 410-419-9140 21216 1 Stop Assisted Living 3 443-629-2526 Acts of Love 410-947-2840 Allen House 410-485-1631 Art of Loving Assisted Living 443-373-6081 **AW Quality Care II** 443-271-8159 **Baltimore Treatment** Community LLC 443-420-8235 **Brinkley Care Assisted** Living 443-872-4302 Caring Touch (A) Inc. 410-800-2005 Chambers Nest 410-362-6636 Charles Jr. House 410-664-3359 **Chris's Place Assisted** Living 443-866-2311 **Dee's Assisted Living** 410-462-5026 **Harmony Houses** 443-250-6446

Intuitive Care LLC 443-571-3560 **KPS Assisted Living I & II** 443-552-6216 **My Home Sweet Home** LLC 443-220-9517 **New Green Life Assisted** Living 410-999-7430 **PHO Assisted Living 1** 410-233-6346 **Pulliam Superior Care Assisted Living** 410-462-1624 **Ray of Light** 410-493-6133 Rena's Place 410-367-0934 Rose's of Life 410-601-0150 **Tender Care** 410-462-5478 **Together We Care Assisted Living** 443-600-0752 Touch of Class I (A) 410-542-5507 Touch of Class II (A) 410-664-7381 **Trinity Arms Assisted** Living 443-708-1280 Vision Care Assisted Living 410-945-9510 We Care Home Care 443-278-5241 21217 1 Stop Assisted Living 4 443-629-2526 **CA Assisted Living Home** 410-977-5743 **Calloway House Inc.** 443-320-6980 **Elison Living** 410-357-6203 Forever Love & Care 443-326-4266 Gaddy's Assisted Living 410-207-6174 **House of Harmony LLC** 443-438-7507

Karima Place 410-599-7038 **K.P.S. Karing People Smile** 443-854-0160 Love Inc. 410-866-2870 **Michael's Creative Care** Assisted Living 240-500-4939 **Open Arms Assisted Living** LLC 443-938-7878 Vision of Glory 410-523-8698 **Yelverton Family Services** 410-916-8806 21218 **Blesseth Home Care** 410-433-2168 **Brown Park** 410-935-7829 **Christ Home of Love and** Care 410-366-3688 **Comfort Zone Assisted** Living 410-814-2855 **Cyprian Assisted Living** 410-235-0837 Ella's Place Inc 410-294-7056 Easter Adult Care Inc. 443-463-7717 **Embracing Change Assisted** Living II 443-804-0778 **Falline Place** 410-235-4828 Hanson's Home Care 1&11 410-882-8650 410-235-1895 **House of Nobles** 443-615-1540 **Kinfolk Assisted Living** 410-243-3076 **Kingsway Gardens** 410-435-1446 Living Life Assisted Living-Barclay 443-621-7270

ASSISTED LIVING FACILITIES FOR 1-4 RESIDENTS IN BALTIMORE CITY

Information provided courtesy of the Baltimore City Health Department, Division of Aging and CARE Services For additional information, please contact **Baltimore City MAP** at **410-396-2273**.

Open Arms Assisted Living 443-802-6794 Patricia's Assisted Love Care Home 410-338-0328 **Perfectly Placed** Incorporated 443-629-8388 Sel's Place 410-366-7781 **Step from Home** 443-414-2503 Victoria's New **Generations Assisted** Living 410-243-1430 21223 **B-More Assisted Living** 410-233-6747 Caring for You Assisted Living 410-233-6380 Heart of Phoenix 443-572-1094 Howell's Care Assisted Living 443-762-3211 House of Grace LLC 240-463-1903 Jannah Assisted Living 443-453-1688 Julia's Place 410-233-3738 Julie's Assisted Living 443-467-9165 **Keeper of All Hearts** 410-945-9529 **KPS Assisted Living 2** 443-552-6216 Love & Faith Home Care 443-802-0991 Parksley Place Assisted Living Care 443-874-2579

Passionate Care 443-869-3778 21224 **Comfort Zone LLC** 443-744-5368 Enhancing Lives LLC 410-982-3435 **Gentlemen's Quarters I** 443-835-2637 M & M Assisted Living 410-327-4577 21225 Ann-Duff 410-945-4820 **TCC Assisted Living** 443-750-5191 21229 A And T Quality Care Assisted Living 443-869-3224 Ashley Home I 410-362-0006 **Avalon Homes LLC** 410-233-6122 **Betty's Place of Comfort** 443-438-3836 **Clara's Heart** 443-415-4330 **Cozy Cove Home Care** 410-500-4591 Edna W. Cox Tranquil Pathway House 1&2 410-947-5755 410-842-3661 **Fleming Taylor Assisted** Living 410-566-7618 **Forever Young Assisted** Living 410-852-2654 Grace & Joy Assisted Living 410-292-7705

He Ain't Heavy Assisted Living 410-258-7632 **House of Promise** 410-566-4086 Lily Ridge Assisted Living 443-835-3142 Linz Assisted Living 410-566-4969 Love is Love 410-646-0518 **Mayme's Place** 410-361-1776 My Second Home II 410-362-6409 **Nick's Place Assisted** Living 443-866-2311 **NU Directions Assisted** Living 410-617-0331 **Rise and Shine** 410-362-2157 Scotlands 443-388-9888 Sem's Haven Assisted Living 410-566-1442 **Unity House Assisted** Living 443-708-3462 21230 **Grace & Mercy Home** Care 919-239-1930 21234 Eyes on Us at the View 443-447-6568 Hands of Love 410-444-9358 **Hawkins House** 410-426-4985 21239 **Belvedere Assisted Living** 443-919-2429 443-570-9064

Bundles of Joy Assisted Living 410-499-7162 **Burris Home Care** 410-433-1655 **Concepts for Living** 443-858-2344 Debbie's House 410-433-8285 D'Elana Manor LLC 443-682-9418 **Golden Age Inn** 410-464-0796 **Heavenly Grace Assisted** Living 443-271-0884 **Helping Hand/Caring Hearts** 410-323-6011 House of Love 410-665-1834 Jenny's Home Care II 410-632-7524 Lin's Loving Care Assisted Living 410-532-7845 **Peachtree Manor Assisted** Living 410-433-3622 Pinkett's Assisted Living LLC 410-233-5231 **Robbins Nest LLC** 443-742-3948 Sara's Christian Home 410-433-8323 **Serenity Care** 410-435-3550 **Tamara Loving Care** 410-435-8549 **Tender Touch Assisted** Living 443-271-9285 Valencia's Senior Care Home 410-804-8523

HOUSING - ASSISTED LIVING



LENNOX ASSISTED LIVING HOME, LLC 443-986-4820 716 Lennox Street Baltimore 21217 Level unavailable.

► LIFESPRING, LLC* 410-744-0934 2200 Pleasant Villa Avenue Catonsville 21228 Level 3

► LIN'S LOVING CARE ASSISTED LIVING II 410-236-7199 2902 Bayonne Avenue Baltimore 21214 Level 3



LIN'S LOVING CARE III 443-835-3984 4215 Bayonne Avenue Baltimore 21206 Level unavailable.

LIVE WELL ASSISTED LIVING SPRINGDALE, LLC

443-869-4004 4212 Springdale Avenue Baltimore 21207 Level 3

► LOVE 2 CARE 443-438-7105 3810 Fernhill Avenue Baltimore 21215 Level unavailable.

► LOVING TOUCH **PERSONAL CARE, INC** 410-944-5451 2229 Southland Road Baltimore 21207 Level unavailable.

MA MAISON I* 410-248-0545 9404 Belair Road Baltimore 21236 Level 3

► MA MAISON II* 410-248-0545 9402 Belair Road Baltimore 21236 Level 3

► MA MAISON III* 410-248-0545 9412 Belair Road Baltimore 21236 Level 3

► MABEL'S HOUSE **ASSISTED LIVING**

443-983-1188 4205 Liberty Heights Avenue Baltimore 21215 Level unavailable.

MAGNOLIA MANOR

410-788-9146 900 South Rolling Road Catonsville 21228 Level 3

► MAPLEBROOK HOME,

THE 410-922-4646 8912 Maplebrook Road Randallstown 21133 Level 3

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HOUSING - ASSISTED LIVING

► MARIE'S COMFORT & CARE II. LLC

410-292-2090 3925 Maine Avenue Baltimore 21207 Level 3

► MARLEA MANOR 410-488-3135 4405 Raspe Avenue Baltimore 21206 Level 3

► MARLYN PLACE, LLC* 410-365-1633 951 North Marlyn Avenue Baltimore 21221 Level 3

► MARTHA'S PLACE 410-298-8141 5444 Dogwood Road Baltimore 21207 Level 3

MARYLAND LIVING, INC. 443-680-7231 4610 Springdale Avenue

4610 Springdale Avenue Baltimore 21207 Level 3

► MAXIMUM ASSISTED LIVING I 443-802-9553 8419 Allenswood Road Randallstown 21133 Level 3

 MAXIMUM ASSISTED LIVING II 443-802-9553 7204 Barlow Court Woodlawn 21244 Level 3

► MAXIMUM ASSISTED LIVING III 443-802-9553 4816 Old Court Road Randallstown 21133

Level 3

410-788-9919 123 Fairfield Drive Catonsville 21228 Level 3

► MEN ON THE MOVE ASSISTED LIVING

443-537-5253 3431 Piedmont Avenue Baltimore 21216 Level unavailable.

► MILFORD MANOR 443-873-8841 3623 Milford Avenue Baltimore 21207 Level unavailable.

MILLENNUIM ASSISTED

LIVING, THE 443-983-3581 1419 Kitmore Road Baltimore 21239 Level unavailable.

► MISSION POSSIBLE 443-388-9938 3715 Gwynn Oak Avenue Baltimore 21207 Level unavailable.

► MISSION POSSIBLE 2 443-388-9938 4012 Springdale Avenue Baltimore 21207 Level 2

► MOHAWK MANOR 443-226-0139

3616 Gwynn Oak Baltimore 21207 Level unavailable.

► MOSLEY CARE PROVIDER. INC.

410-655-2685 3515 Melody Lane Baltimore 21244 Level unavailable.

► MSC FAMILY CARE

410-814-3302 4400 Belvieu Avenue Baltimore 21215 Level 3

MUMSEY'S RESIDENTIAL CARE 410-466-3293 3512 Devonshire Drive Baltimore 21215 Level unavailable.

► MY BROTHER'S KEEPER 410-466-4548 3502 Dennlyn Road Baltimore 21215 Level unavailable.

► MY CARING ASSISTED LIVING 410-466-4597 4008 Boarman Avenue Baltimore 21215 Level 3

► MY HOUSE 410-484-3278 4168 Crest Heights Road Baltimore 21215 Level 3

► MY HOUSE 2 410-484-8720 6612 Dalton Drive Baltimore 21207 Level unavailable.

► NA'S PLACE, A HAVEN OF REST* 410-682-3540 1604 Browns Road Baltimore 21221 Level 3

► NETTIE'S GARDEN ASSISTED LIVING, LLC 410-355-4663 825 Freeman Street Baltimore 21225 Level unavailable.

► NEW HORIZONS ALF 443-807-9878 2726 Reisterstown Road Baltimore 21225 Level unavailable.

► NEW START #1 410-203-0003 3917 Innerdale Court Randallstown 21133 Level 3

► NORTH OAKS RETIREMENT COMMUNITY

410-484-7300 725 Mount Wilson Lane Baltimore 21208 Level 3

► NOTTINGHAM PLACE

667-309-6810 3824 Deckerts Lane Baltimore 21236 Level unavailable.

OPEN ARMS

443-919-7457 5005 Sipple Avenue Baltimore 21206 Level 3

► OPEN HEAVENS ASSISTED LIVING, INC. 443-850-0114 3006 Fleetwood Avenue Baltimore 21214 Level 2

► P. J.'S HOUSE OF CARE 410-466-9022 2909 Woodland Avenue Baltimore 21215 Level 3

► PALMER HOME CARE FACILITY, INC. 410-542-8511 3820 West Coldspring Lane Baltimore 21215 Level 3

► PEACE AND SERENITY ASSISTED LIVING 410-262-4129

410-262-4129 4010 Southern Avenue Baltimore 21206 Level 1

► PEACE DIAMOND

ASSISTED LIVING, INC. 202-486-7290 3402 Callaway Avenue, #1 Baltimore 21215 Level 3

► PHIL 4:13 ASSISTED LIVING 410-457-7446 2825 Park Heights Avenue

3825 Park Heights Avenue Baltimore 21215 Level 3

► PHO ASSISTED LIVING II 410-225-3790 3125 Gwynns Falls Parkway Baltimore 21216 Level 3



The Baltimore City Housing Department offers services to homeowners in Baltimore City that help people save money on their utility bills, keep their homes warm in winter and cool in the summer, remove lead paint hazards, and repair plumbing, electrical and structural problems. By completing a single application their staff will determine the services you are eligible for and assist you in receiving the help you need.

For more information contact the LIGHT Program at 410–396–3023

Services	Eligibility Requirements

Energy Conservation

Energy-efficiency improvements that lower utility bills and make homes safer and more comfortable.

- Attic insulation
- Caulking/air sealing
- Weather stripping doors/windows
- Heating system tune-up/repair
- Pipe and hot water heater wraps
- Compact fluorescent light bulbs

Household	Annual
Size	Income
1	\$23,540
2	\$31,860
3	\$40,180
4	\$48,500
5	\$56,820
6	\$65,140
7	\$73,460
8	\$81,780

*eligibility requirements updated every July 1

Lead Hazard Reduction

Lead remediation for eligible owner- and tenantoccupied properties. Household must include a pregnant woman or child age 6 and under.

- Door and window treatment and replacement
- Floor treatment
- Paint removal, stabilization and repainting
- Heating system tune-up/repair
- Other measures to reduce the risk of lead paint

Housing Rehabilitation

Repairs that address emergencies, code violations, and health and safety issues for owner-occupied properties.

- Roof repair
- Water and sewer line repair
- Furnace replacement
- Electrical repair
- Disability accessibility modifications
- Plumbing repair

Household	Annual
Size	Income
1	\$48,000
2	\$55,000
3	\$61,750
4	\$68,500
5	\$74,898
6	\$86,420
7	\$98,766
8	\$111,870

*eligibility requirements updated every October 1

Household	Annual	
Size	Income	
1	\$48,000	
2	\$55,000	
3	\$61,750	
4	\$68,500	
5	\$74,898	
6	\$86,420	
7	\$98,766	
8	\$111,870	
*eligibility requirements updated every July 1		



Mayor Stephanie Rawlings-Blake invites you to get hip in Baltimore with B-HiP! The Baltimore Homeownership Incentive Program is specifically tailored for Baltimore City homebuyers. From Vacants to Value Booster to Live Near Your Work to Buying Into Baltimore, there's an incentive for everyone. What's also nice about B-HiP is that eligible homebuyers can layer incentive programs. Now that's something to get excited about!

HERE ARE THE DETAILS:

V2V \$10,000 HOMEOWNERSHIP PROGRAM

Eligible homebuyers can get \$10,000 towards closing costs for the purchase of a formerly vacant home. Home must have had a vacant building notice for at least one year prior to rehabilitation. Email: Michael.Guye@baltimorecity.gov

BUYING INTO BALTIMORE PROGRAM & CITY LIVING STARTS HERE

The Buying into Baltimore incentive has been increased from \$4,000 to \$5,000. Also LiveBaltimore has added 4 neighborhood tours, City Living Starts Here, to the previous 2 citywide tours. The number of incentives awarded has been increased from 60 to 100 per year. Visit: www.LiveBaltimore.com

LIVE NEAR YOUR WORK (LNYW)

The City of Baltimore matches participating employers up to \$2,500. Email: Daibeth.Saunders@baltimorecity.gov

COMMUNITY DEVELOPMENT BLOCK GRANT

For first-time home buyers with total family income at or below 80% of the area median income, \$5,000 in down payment and closing cost assistance is available. Email: Marva.Allette@baltimorecity.gov

BALTIMORE CITY EMPLOYEE HOMEOWNERSHIP PROGRAM

The incentive for City employees has been increased from \$3,000 to \$5,000. Email: Marva.Allette@baltimorecity.gov

For more information about B-HiP, call 410-396-3124 or visit vacantstovalue.org or LiveBaltimore.com.



Mayor

-BALTIMORE HOMEOWNERSHIP= INCENTIVE PROGRAM



HOUSING - ASSISTED LIVING

► PHO ASSISTED LIVING III 410-566-2069 1116 North Bentalou Street Baltimore 21216 Level 3

► PHOENIX RISING, LLC 443-315-6152 6511 Rosemont Avenue Baltimore 21206 Level 3

► PINEWOOD MANOR 443-570-0946 3905 Pinewood Avenue Baltimore 21206 Level 3

► PINEWOODS MANOR 410-655-6441 5606 Old Court Road Baltimore 21244 Level 3

► PLEASANT GARDEN-CLOVER 410-870-0758 5426 Clover Road Baltimore 21215 Level 3

► PLEASANT GARDEN-GLENMORE 410-870-0758 3603 Glenmore Avenue Baltimore 21206 Level 3

► PLEASANT GARDEN-PINEWOOD 410-868-7568 3711 Pinewood Avenue Baltimore 21206 Level 3

► PLEASANT GARDEN I 410-870-0758 409 South Chapelgate Lane Baltimore 21229 Level 3

► PLEASANT GARDEN II 410-870-0758 411 South Chapelgate Lane Baltimore 21229 Level 3 ► PRAYER CHANGES EVERYTHING ASSISTED LIVING II 410-542-0583 4305 Penhurst Avenue Baltimore 21215 Level 3

► PRECIOUS PALMS ASSISTED LIVING HOME 410-367-3392 2600 Keyworth Avenue Baltimore 21215 Level 3

► QUALITY CARE AT BUCKINGHAM MANOR ASSISTED LIVING 443-898-8152 4012 Buckingham Road Gwynn Oak 21207 Level unavailable.

► RENEWED EASE - A CHRISTIAN HOME 410-435-0083 712 Cator Avenue Baltimore 21218 Level 3

► ROSEMARIE MANOR II 410-225-7422 3300 Alto Road Baltimore 21216 Level 3

► ROYAL HEART ASSISTED LIVING FACILITY 443-570-2706 3604 White Avenue Baltimore 21206 Level unavailable.

► RUTH'S COMFORT & CARE ASSISTED LIVING 410-466-6887 5808 Merville Avenue Baltimore 21215 Level 3

► SAINT PAUL ASSISTED LIVING 443-315-6152 2128 Saint Paul Street Baltimore 21218 Level 3



► SECOND GENESIS III 443-463-0449 3737 Courtleigh Drive Randallstown 21133 Level 3

► SEFTON HOME CARE 410-426-4869 6007 Sefton Avenue Baltimore 21214 Level 3

► SENIORITY LIVING 443-674-3081 3605 Hillsdale Road Baltimore 21207 Level unavailable.

 SERENITY GARDEN MANOR CORPORATION 410-362-8832
 2311 Roslyn Avenue Baltimore 21216
 Level 3

► SHEKINAH HOME CARE 410-448-4884 5514 Wayne Avenue Baltimore 21207 Level 3

SHINING MOON'S ELDER CARE ALF 410-337-0525 1310 Dulaney Valley Road Towson 21286 Level 3

SOMEONE ALWAYS WATCHING OVER YOU LLC 443-708-7475 5805 Bland Avenue Baltimore 21215 Level unavailable. ► SPECIALIZED HOME CARE 410-532-1991 501 East 41st Street Baltimore 21218 Level 3

► ST. CHARLES PLACE, INC. 410-664-2196 5246 Saint Charles Avenue Baltimore 21215 Level 3

► ST. JUDE CARE ASSISTED LIVING 443-760-2862 2500 West Rogers Avenue Baltimore 21215 Level unavailable.

► ST. PAUL ASSISTED LIVING 443-812-6161 2128 St. Paul Street Baltimore 21218 Level 3

► STERLING HOSPITALITY, LLC 410-318-8999 7015 Park Heights Avenue Baltimore 21215 Level 3

► STUMP'S HOME, INC. 410-367-5513 2301 Oswego Avenue Baltimore 21215 Level 3



HOUSING - ASSISTED LIVING



► SUDBROOK PARK ASSISTED LIVING* 410-653-3480 600 Sudbrook Road Pikesville 21208 Level 3

► SUPERIOR HOME CARE FOR THE ELDERLY 410-664-8605 3910 Milford Avenue, 1st Floor Baltimore 21207 Level 3

SWEET REST AND CARE
 II, INC.
 410-669-7200
 3010 Clifton Avenue
 Baltimore 21216
 Level 3

► T&T ASSISTED LIVING 410-466-2551 4309 Belvieu Avenue Baltimore 21215 Level 3

► T&T ASSISTED LIVING II 410-365-2166 4306 Belvieu Avenue Baltimore 21215 Level 3

► TAYLOR CARE, LLC 443-676-5999 4119 Penhurst Avenue Baltimore 21215 Level 3

► TAYLOR MADE ASSISTED LIVING CENTER II 410-299-2016 1714 East 33rd Street Baltimore 21218 Level 3 ► TENDER LOVE & CARE 410-254-5948 1629 East 31st Street Baltimore 21218 Level 3

► TRINITY ARMS ASSISTED LIVING 443-708-1280 4122 Duvall Avenue Baltimore 21216 Level unavailable.

► TRINITY ARMS ASSISTED LIVING II 443-708-1280 2800 Mosher Street Baltimore 21216 Level 2

► TURNAGE HOUSE, THE 443-345-7271 5947 Central Avenue Baltimore 21207 Level 3

► TWO CHARMS 443-874-7413 3702 Gwynn Oak Avenue Baltimore 21207 Level 3

► TYRELL'S HOUSING, LLP 410-701-7702 3425 Chapman Road Randallstown 21133 Level 3

► VILLA AT CAMPFIELD, THE 410-484-2478 7117 Campfield Road Baltimore 21207 Level 2

► VISION CARE ASSISTED

LIVING 410-945-9510 2127 Mount Holly Street Baltimore 21216 Level unavailable.

► VISION OF GLORY 410-523-8698 2235 Brookfield Avenue Baltimore 21217 Level unavailable.

► VORIZEN ASSISTED LIVING II 410-580-1309 825 Milford Mill Road Pikesville 21208 Level 3

► WASHINGTON'S NEST 410-254-6407 3006 Beverly Road Baltimore 21214 Level 3

► WAY OF HOPE, INC. 410-794-9094 2927 Winchester Street Baltimore 21216 Level 3

► WEST WAY ASSISTED LIVING 443-220-7193 5252 Saint Charles Avenue Baltimore 21215 Level 3

► WOODHOLME MANOR, LLC* 410-415-5873 101 Woodholme Avenue Pikesville 21208 Level 3



ASSISTED LIVING – 16+ RESIDENTS

See also Memory Care.

This category provides housing options for frail adults in facilities with 16 or more individuals. These facilities receive regular monitoring by state and local government agencies. See RETIREMENT **COMMUNITIES for additional** Assisted Living programs. Some facilities specialize in caring for residents with Alzheimer's disease or memory impairment. Information below was obtained from OHCO. Please contact the facility for additional information.

► ARDEN COURTS OF PIKESVILLE 410-415-5600 8909 Reisterstown Road Pikesville 21208 45 units, Level 3

► ARDEN COURTS OF TOWSON 410-847-9400 8101 Bellona Avenue Towson 21204 60 units, Level 3

► ATRIUM VILLAGE 410-363-0330

4730 Atrium Court Owings Mills 21117 93 units, Level 3

► AUGSBURG LUTHERAN HOME MARYLAND

410-486-4573 6811 Campfield Road Baltimore 21207 64 units, Level 3

► BRIGHTVIEW CATONSVILLE

410-788-5001 912 South Rolling Road Catonsville 21228 95 units, Level 3

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HOUSING - ASSISTED LIVING

► BRIGHTVIEW MAYS CHAPEL RIDGE

410-628-2100 12261 Roundwood Road Lutherville-Timonium 21093 89 units, Level 3

► BRIGHTVIEW PERRY HALL

410-529-1903 9657 Belair Road Nottingham 21236 65 units, Level 3

► BRIGHTVIEW ROLLING HILLS

443-840-9154 848 South Rolling Road Catonsville 21228 69 units, Level unavailable.

► BRIGHTVIEW TOWSON

410-296-3320 20 East Burke Avenue Baltimore 21284 100 units, Level 3

► BRIGHTVIEW WHITE MARSH

410-668-1588 8100 Rossville Boulevard Baltimore 21236 99 units, Level 3

► BROOKDALE PIKESVILLE 410-580-0892 1840 Reisterstown Road Pikesville 21208 116 units, Level 3

BROOKDALE TOWSON

410-377-2100 6451 North Charles Street Towson 21212 92 units, Level 3

► CARITAS HOUSE ASSISTED LIVING 410-646-6600 3308 Benson Avenue Baltimore 21227 60 units, Level 2

► CHARLESTOWN RENAISSANCE GARDENS 410-247-3400

410-247-3400 709 Maiden Choice Lane Catonsville 21228 199 units, Level 3

► CHARLOTTE HALL

VETERANS HOME 301-884-8171 www.charhall.org 29449 Charlotte Hall Road Charlotte Hall 20622 168 units, Level 3 Income based assisted living, LTC nursing, rehabilitation and memory care.

► COLLEGE MANOR 410-252-0440 300 West Seminary Avenue Lutherville 21093

80 units, Level 3 **EDENWALD** 410-823-1349 800 Southerly Road Towson 21286 88 units, Level 2

► ESTHER'S PLACE AT STRATHMORE 410-254-1010

2901 East Strathmore Avenue Baltimore 21214 16 units, Level 3 ► ESTHER'S PLACE, INC. 410-254-1010 2926 Harford Road Baltimore 21218

► ESTHER'S PLACE -

40 units, Level 3

PINEWOOD 410-254-1010 2802 Pinewood Avenue Baltimore 21214 16 units, Level 3

► GLEN MEADOWS RETIREMENT COMMUNITY

410-592-5310 11630 Glen Arm Road Glen Arm 21057 48 units, Level 3

► GLYNN TAFF ASSISTED LIVING 443-604-4166 5741 Edmondson Avenue Catonsville 21228

Catonsville 21228 47 units, Level 2

► GRACIOUS LIVING OF REISTERSTOWN, LLC

410-944-2790 64 Main Street Reisterstown 21136 Level 3

► GREENFIELD SENIOR LIVING OF COCKEYSVILLE

410-683-2400 10881 York Road Cockeysville 21030 16 units, Level 3

► GREENFIELD SENIOR

LIVING OF COCKEYSVILLE 410-683-1600 10883 York Road Cockeysville 21030 16 units, Level 3

► HEART HOMES AT

LUTHERVILLE I* 410-494-4363 1414 Front Avenue Lutherville 21093 16 units, Level 3

► HEART HOMES AT LUTHERVILLE II* 443-336-2091 1420 Front Avenue Lutherville 21093 16 units, Level 3

► KESWICK MEMORY CARE 410-662-4218 700 West 40th Street Baltimore 21211

44 units, Level 3

► LAMPLIGHT INN OF BALTIMORE 410-225-9337 3855 Greenspring Avenue Baltimore 21211 120 units, Level 3

► LIGHTHOUSE SENIOR LIVING AT HOPKINS CREEK 410-918-0400 1813 Old Eastern Avenue Baltimore 21221 97 units, Level 3

MAPLES OF TOWSON,

THE 410-296-8900 www.themaples-towson.com 7925 York Road Towson 21204 60 units, Level 3 A family owned AL community in the heart of Towson.

► MARYLAND MASONIC HOMES 410-764-2771

410-764-2771 300 International Circle Cockeysville 21030 110 units, Level 2

MORNINGSIDE HOUSE

AT SATYR HILL 410-882-0700 www.morningsidehouse.com 8800 Old Harford Road Parkville 21234 125 units, Level 3 Assisted living, dementia and Alzheimer's care, rehabilitation and respite care.

► OAK CREST VILLAGE,

INC. 410-882-3295 8832 Walther Boulevard Parkville 21234 173 units, Level 2

► PARADISE ASSISTED

LIVING, LLC 410-744-8433 6348 Frederick Road Catonsville 21228 45 units, Level 3

► PEREGRINE'S LANDING AT TUDOR HEIGHTS

410-318-8000 7218 Park Heights Avenue Pikesville 21208 64 units, Level unavailable.



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HOUSING - ASSISTED LIVING -RETIREMENT COMMUNITIES

► PICKERSGILL RETIREMENT COMMUNITY 410-825-7423 615 Chestnut Avenue Towson 21204 138 units, Level 2

► PRESBYTERIAN HOME OF MARYLAND 410-823-4622

400 Georgia Court Towson 21204 78 units, Level 3

► QUAIL RUN ASSISTED LIVING 410-529-9400 9900 Walther Boulevard Baltimore 21234 16 units, Level 3

► QUAIL RUN ASSISTED LIVING #1 410-529-9400 9906 Walther Boulevard Baltimore 21234 16 units, Level 3

► QUAIL RUN ASSISTED LIVING #2 410-529-9400 9904 Walther Boulevard Baltimore 21234 16 units, Level 3

► QUAIL RUN ASSISTED LIVING #4 410-529-9400 9902 Walther Boulevard Baltimore 21234 16 units, Level 3

► ROLAND PARK PLACE, INC. 410-243-5800 830 West 40th Street Baltimore 21211 41 units, Level 3

► ROSEMARIE MANOR-ASHBURTON

410-664-7800 3809 Belle Avenue Baltimore 21215 16 units, Level 3

► ROSEMARIE MANOR-LONGWOOD

410-493-2642 3333 Alto Road Baltimore 21216 16 units, Level unavailable.

► ROSIE'S ASSISTED

LIVING 410-466-2470 2449-2451 Shirley Avenue Baltimore 21215 20 units, Level 3

► SAINT JOHN'S COMMUNITY 410-276-7676

16 South Patterson Park Avenue Baltimore 21231 32 units, Level 3

► SAINT MARTIN'S HOME 410-744-9367 601 Maiden Choice Lane

Catonsville 21228 18 units, Level 3

► SERENITY MANOR, INC.

410-728-3737 1802 Eutaw Place Baltimore 21217 26 units, Level 3

► SPRINGHOUSE OF

PIKESVILLE 410-486-5500 8911 Reisterstown Road Pikesville 21208 105 units, Level 3

SPRINGWELL SENIOR LIVING

410-664-4006 www.springwellseniorliving.com 2211 West Rogers Avenue Baltimore 21209 151 units, Level 3 Beautifully appointed apartments in a warm, caring community.

► ST. STEPHEN'S GREEN AT MERCY RIDGE

410-561-0200 www.mercyridge.com 2525 Pot Spring Road Timonium 21093 49 units, Level 2 Maintain your independence by choosing the right assisted living community.

► SUNRISE OF PIKESVILLE 410-602-0033 3800 Old Court Road Pikesville 21208 96 units, Level 3

► SYMPHONY MANOR ASSISTED LIVING AND MEMORY CARE

410-235-4301 4301 Roland Avenue Baltimore 21210 69 units, Level 3

► TUDOR HEIGHTS SENIOR LIVING 410-318-8000 7218 Park Heights Avenue Baltimore 21208 64 units, Level 3

► VICTORIAN INN, INC. 410-688-1433 3216 Taylor Avenue Baltimore 21234 16 units, Level 3

► WEINBERG PARK 410-664-0100 www.weinbergpark.com 5833 Park Heights Avenue Baltimore 21215 36 units, Level 2 Affordable assisted living in northwest Baltimore.

► WOODHOLME GARDENS ASSISTED LIVING AND MEMORY CARE 410-580-1400 1700 Woodholme Avenue

Pikesville 21208 88 units, Level 3

► WOODLANDS ASSISTED

LIVING, THE* 410-918-2139 1320 Windlass Drive Baltimore 21220 70 units, Level 3

RETIREMENT COMMUNITIES

There are many types of communities dedicated to older residents. The age and criteria for entering these facilities varies.

CONTINUING CARE RETIREMENT COMMUNITIES

Provides access to total care from independent living through assisted living and nursing home care. An up-front fee plus a monthly fee is usually required. Various contract options are available.

► AUGSBURG LUTHERAN

HOME & VILLAGE 410-486-4573 6811 Campfield Road Baltimore 21207

► BLAKEHURST

410-296-2900 1055 West Joppa Road Towson 21204

► BROADMEAD

410-527-1900 13801 York Road Cockeysville 21030

► CHARLESTOWN

410-737-8830 715 Maiden Choice Lane Catonsville 21228

EDENWALD

410-823-1349 www.edenwald.org 800 Southerly Road Towson 21286 Extraordinary senior living in the heart of Towson.

H - I HOUSING - RETIREMENT COMMUNITIES - IDENTIFICATION PROGRAMS

► GLEN MEADOWS RETIREMENT COMMUNITY 410-592-5310 11630 Glen Arm Road Glen Arm 21057

► MARYLAND MASONIC HOMES 410-527-1111 300 International Circle Cockeysville 21030

► MERCY RIDGE 410-561-0200 2525 Pot Spring Road Timonium 21093

► NORTH OAKS SENIOR LIVING COMMUNITY 410-486-9090 725 Mount Wilson Lane Baltimore 21208

► OAK CREST 410-665-2222 8820 Walther Boulevard Parkville 21234

► PICKERSGILL RETIREMENT COMMUNITY 410-825-7423 615 Chestnut Avenue Towson 21204

► ROLAND PARK PLACE 410-243-5800 830 West 40th Street Baltimore 21211

SENIOR HOUSING RETIREMENT COMMUNITIES

Provides meals and limited services to keep residents living independently. Assisted living units are also available. There is a one-time application fee and a yearly rental lease.

► ATRIUM VILLAGE 410-363-0330 4730 Atrium Court Owings Mills 21117

BRIGHTVIEW MAYS CHAPEL RIDGE 410-628-2100 12261 Roundwood Road Timonium 21093

► EMERALD ESTATES 410-225-9337 3855 Greenspring Avenue Baltimore 21211

SPRINGWELL SENIOR LIVING

410-664-4006 www.springwellseniorliving.com 2211 West Rogers Avenue Baltimore 21209 Beautifully appointed apartments in a warm, caring community.

OTHER HOUSING OPTIONS

See also Financial Counseling, Financial Resources and Reverse Mortgages.

► ACCESSIBLE HOMES FOR SENIORS

www.mdhousing.org A 30 year deferred interest-free loan to finance accessibility improvements. See Financial Eligibility Guidelines.

► BALTIMORE CITY HOUSING OFFICE

410-396-3225 Rental assistance programs for eligible low income persons.

► BALTIMORE COUNTY

HOUSING OFFICE 410-853-8990 Rental assistance programs for eligible low income persons.

► CATHOLIC CHARITIES SENIOR COMMUNITIES

443-798-3423 www.cc-md.org/seniorcommunities Exceptional, affordable apartment communities for older adults.

► CHAI

410-466-1990 Housing and community development agency of The Associated.

► DEPARTMENT OF SOCIAL SERVICES, ADULT FOSTER CARE 410-853-3511 (County) 443-423-5800 (City)

Services to older adults and/or persons with disabilities who do not require nursing home care and cannot live independently. Subsidies may be available.

► DEPARTMENT OF SOCIAL SERVICES, PROJECT HOME

410-853-3511 (County) 443-423-6600 (City) Supervised residential services for adults with chronic mental illness, persons with disabilities and frail older adults.

► MARYLAND DEPARTMENT OF HOUSING AND COMMUNITY DEVELOPMENT, HOMEOWNERSHIP FOR INDIVIDUALS WITH DISABILITIES 410-514-7520 Low interest rate mortgages to eligible homebuyers with disabilities.

MARYLAND HEALTH

410-764-3460 www.mhcc.maryland.gov (Click Consumers) Reviews and compares nursing homes, assisted living facilities with 10 or more beds, health plans and hospitals.

MY SISTER'S PLACE

410-727-3523 Housing assistance, education and life skills training, case management, financial assistance and food to women and children.

► NET EQUITY FINANCIAL,

INC. Bill Peterson NMLS# 104372 443-725-3543 www.netequitymtg.com 4940 Campbell Boulevard, Suite 210 Nottingham 21236 A family-oriented, trustworthy, SeniorChecked® financial organization here for you.

► NORTHWEST

NEIGHBORS CONNECTING 410-662-6620 Provides community support.

► SNAPFORSENIORS™

www.snapforseniors.com Nationwide housing information for older adults.

ST. AMBROSE

HOMESHARING 410-366-6180 Matching services to link those who need housing with those who have housing. Fees.

► WWW.

MDHOUSINGSEARCH.ORG Lists rental units with vacancies and other information. Updated daily.

IDENTIFICATION PROGRAMS

See also Medical Alert Systems.

► MEDICALERT®

888-572-8566 Identification bracelet or pendant containing medical history for use by emergency personnel.

► MEDICALERT® + SAFE RETURN

888-572-8566 Identification bracelet or pendant to be worn by memoryimpaired individuals who may wander.

IMMIGRANT AND REFUGEE SERVICES - IN-HOME LAB SERVICES

IMMIGRANT AND REFUGEE SERVICES

► ADELANTE FAMILIA 410-732-2176 3734 Eastern Avenue Baltimore 21224 Community outreach to prevent domestic violence and provide intervention services for Spanish speaking residents.

► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES, LANGUAGE INTERPRETER SERVICE 410-396-2273

► BALTIMORE CITY PUBLIC LIBRARIES -CENTRAL

410-396-5430 To obtain library locations that have Spanish and Russian materials.

► BALTIMORE COUNTY DEPARTMENT OF AGING, LANGUAGE

INTERPRETER SERVICE 410-887-2594 Maryland Access Point of

Baltimore County utilizes a telephone language interpreter service for up to 140 different languages.

► BALTIMORE COUNTY PUBLIC LIBRARY (See also Libraries) www.bcpl.info Books available in: Korean – Cockeysville, Parkville

and Woodlawn Russian – Owings Mills, Pikesville and Reisterstown Spanish – Arbutus (Children's Spanish), Catonsville, Cockeysville (Children's Spanish), Essex, Towson and Woodlawn

► BALTIMORE DISTRICT OFFICE OF U.S CITIZENSHIP AND IMMIGRATION SERVICES 800-375-5283

► BALTIMORE IMMIGRATION LEGAL CLINIC, WORLD RELIEF 410-244-0002 Legal consultation provided in Spanish and English for immigration matters.

► BALTIMORE RESETTLEMENT CENTER 410-327-1885 Resources for refugees and asylees.

CASA DE MARYLAND: BALTIMORE WORKERS RIGHTS CENTER 410-732-7777



ESPERANZA CENTER 410-534-8015 Assists with immigration and naturalization issues, legal services, health care, employment, English and citizenship classes.

► COMMUNITY COLLEGE OF BALTIMORE COUNTY, CONTINUING EDUCATION, ENGLISH AS A SECOND LANGUAGE 443-840-3748 ESOL classes at various County locations.

► GOVERNOR'S COMMISSION ON ASIAN/ PACIFIC AMERICAN AFFAIRS

410-767-7138 Information and referral for Asian and Pacific refugees and immigrants.

► GOVERNOR'S COMMISSION ON HISPANIC AFFAIRS

410-767-7425 Information and referral for Hispanic immigrants.

► JEWISH COMMUNITY SERVICES, HIAS SERVICES

410-466-9200 Assists with immigrant and refugee resettlement.

► KOREAN RESOURCE CENTER

410-203-1111 Offers English, technology/ social networking services, health promotion classes, youth internships, senior employment support and assistance with health enrollment.

► LUTHERAN SOCIAL SERVICE, REFUGEE & IMMIGRATION SERVICES 410-558-3168

MARYLAND OFFICE FOR REFUGEES AND ASYLEES (MORA) 410-327-1885 Assists refugees in

MARYLAND PUBLIC
USTICE CENTER

JUSTICE CENTER 410-625-9409

► U.S. CITIZENSHIP AND IMMIGRATION SERVICES (CIS)

800-375-5283 www.uscis.gov Immigration information, forms and procedures for citizenship.

► UNIVERSITY OF MARYLAND, IMMIGRATION LAW CLINIC 410-706-3295 Student-attorneys provide pro bono immigration legal services.

IN-HOME LAB SERVICES

► BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY 443-275-2796 (24-Hour Service) www.brightstarcare.com/ baltimore-citycounty/ 1615 York Road, Suite 205 Lutherville-Timonium 21093 Private duty homecare: nursing assistants, RN's, LPN's, Joint Commission Accreditation.

► HALETHORPE PHARMACY (A CARE PHARMACY)

410-247-3344 www.halethorpepharmacy.com 1307 Francis Avenue Baltimore 21227 Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.



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► INDEPENDENT DRUG (A CARE PHARMACY) 410-687-1115

www.independentdrug.com 28 Kingston Road Middle River 21220 Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

INFORMATION AND REFERRAL SERVICES

► 2-1-1 MARYLAND AT FIRST CALL FOR HELP 2-1-1 24/7 telephone number for accessing information about health and human services.

► ALZHEIMER'S ASSOCIATION 410-561-9099

► ARTHRITIS FOUNDATION, MARYLAND CHAPTER 800-365-3811

► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES, MARYLAND ACCESS POINT 410-396-2273

► BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY

410-887-2594 Help and information regarding resources available to older adults, persons with disabilities and their families. Assistance provided for financial applications, case management, caregiver resources and referrals made to other agencies as appropriate.

► BALTIMORE COUNTY FIRE DEPARTMENT 410-887-4500

IN-HOME LAB SERVICES - INSURANCE COUNSELING, ADVOCACY AND RESOURCES

► BALTIMORE COUNTY POLICE DEPARTMENT, YOUTH AND COMMUNITY SERVICES SECTION 410-887-5901

► CATHOLIC CHARITIES ANSWERS FOR THE AGING 410-646-0100

www.catholiccharities-md.org/ seniors/answers-for-the-aging Free telephone counseling, information/referral service for older adults/caregivers.

► ELDERCARE LOCATOR 800-677-1116 National number to identify

community resources for older adults.

MARYLAND DEPARTMENT OF HUMAN RESOURCES 800-332-6347 DSS applicants or enrollees

may check their status and make inquires.

► ST. MARY'S OUTREACH CENTER

410-366-3106 Connecting seniors in the greater Hampden community to find resources and programs. Financial eligibility may be required.

INSURANCE COUNSELING, ADVOCACY AND RESOURCES

See also Advocacy, Long Term Care Insurance, Medicare General Information, Medicare/ Medigap and Medicare Advantage Plans.

► EMPLOYED INDIVIDUALS WITH DISABILITIES PROGRAM 410-767-7090

410-767-7090 State program which allows eligible employed Marylanders with disabilities to pay a small fee and receive health care coverage.

► HEALTHCARE ACCESS MARYLAND

410-649-0500

Agency charged with helping residents in Baltimore City and County to learn about and apply for health insurance under the Affordable Care Act. Partners with other organizations to provide outreach, education, and enrollment assistance.

MARYLAND ATTORNEY GENERAL'S OFFICE, PEOPLE'S INSURANCE COUNSEL DIVISION 410-576-6432 Helps to resolve complaints

involving homeowners' insurance coverage.

MARYLAND HEALTH

CONNECTION 855-642-8572 855-642-8573 (TTY) www.marylandhealth connection.gov Marketplace in Maryland to compare health insurance options and enroll in a plan under the Affordable Care Act. Applications online, by phone, by mail or in person.

MARYLAND INSURANCE ADMINISTRATION

410-468-2000 www.mdinsurance.state.md.us An independent state agency that regulates Maryland's insurance industry and protects consumers by enforcing insurance laws. Find information on the Medicare and Insurance Marketplaces, Medicare supplements (Medigap), Long Term Care Insurance and the Long Term Care Insurance Partnership program.

► STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

410-887-2059 (County) 410-396-2273 (City) The State Health Insurance Assistance Program educates and counsels Medicare beneficiaries about Original Medicare, Medigaps, Medicare Advantage Plans and Part D Prescription Plans. Additionally, SHIP can access eligibility for programs to assist with Medicare costs. These programs include Qualified Medicare Beneficiaries (QMB), Specified Low Income **Medicare Beneficiaries** (SLMB), Maryland Senior Prescription Drug Assistance Programs (SPDAP) and Social Security Extra Help, SHIP counselors provide education regarding Medicare Part A (Hospital), Part B (Medical), Part C (Health Plans), Part D (Drug Plans) and Medicare Supplements. During Annual Open Enrollment, October 15th through December 7th, SHIP can provide computer research assistance to help select Part D plans. Counselors assist with medical appeals for Medicare and private insurance. SHIP services can generally be provided by phone and language accommodations are available. Please refer to the index for a summary of services and to learn more about SHIP.



LEGAL SERVICES

LEGAL SERVICES

See also Advocacy Services.

ATTORNEYS WHO MAKE HOUSE CALLS

FRANK, FRANK & SCHERR. LLC

Jason A. Frank Laurie S. Frank Kandace L. Scherr Mary E. O'Byrne Phyllis J. Erlich Alexander J. Zarzecki Sage Wise-Graham Jack K. Beckett Rachel Vogel 410-337-8900 888-338-0400 (Toll Free) www.frankelderlaw.com 1400 Front Avenue, Suite 200 Lutherville 21093 The firm focuses on aging and elderly persons planning for the future.

DISABILITY AND SPECIAL NEEDS ATTORNEYS

FRANK. FRANK & SCHERR. LLC Jason A. Frank Laurie S. Frank Kandace L. Scherr Mary E. O'Byrne Phyllis J. Erlich Alexander J. Zarzecki Sage Wise-Graham Jack K. Beckett Rachel Vogel 410-337-8900 888-338-0400 (Toll Free) www.frankelderlaw.com 1400 Front Avenue, Suite 200 Lutherville 21093 The firm focuses on aging and elderly persons planning for the

future.

NOMIKI BOULOUBASSIS WEITZEL AND ASSOCIATES, LLC Nomiki B. Weitzel Brianna Davidson Jarret 410-663-9400

410-605-9400 www.elderlawmaryland.net Belair Beltway Professional Center 7652 Belair Road Baltimore 21236 Elder law, estates and trusts, asset preservation, special needs planning, Medicaid applications.

ELDER LAW ATTORNEYS

► ADASHEK ELDERLAW Lawrence Adashek, PA Attorney and Counsellor at Law 410-415-5880 www.adasheklaw.com 8 Reservoir Circle, Suite 104 Pikesville 21208 Estate planning and elder law attorneys dedicated to your peace of mind.

Law Offices of Nomiki Bouloubassis Weitzel & Associates

Nomiki Bouloubassis Weitzel, Esquire

Brianna Davidson Jarrett, Esquire

Providing:

- Asset Preservation Planning
- Durable Powers of Attorney, Trusts, Wills
- Medical Assistance Planning and Guardianships
- Review of Nursing Home, Assisted Living and Continuing Care Community Contracts
 Federal Gift and Estate Tax Planning

Baltimore Office:

Harford County Office:

Belair Beltway Professional Ctr. 7652 Belair Road Baltimore, MD 21236 **410-663-9400** Professional Ctr. at Harford Mutual 210 N. Main Street, Suit 102 Bel Air, MD 21014 **410-638-7779**

www.ElderLawMaryland.net Members of the National Academy of Elder Law Attorneys (NAELA)

LEGAL SERVICES



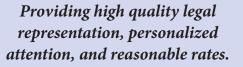
FRANK, FRANK & SCHERR, LLC Jason A. Frank Laurie S. Frank Kandace L. Scherr Mary E. O'Byrne Phyllis J. Erlich Alexander J. Zarzecki Sage Wise-Graham Jack K. Beckett Rachel Vogel 410-337-8900 888-338-0400 (Toll Free) www.frankelderlaw.com 1400 Front Avenue, Suite 200 Lutherville 21093 The firm focuses on aging and elderly persons planning for the future.

BOULOUBASSIS WEITZEL AND ASSOCIATES, LLC Nomiki B. Weitzel Brianna Davidson Jarret www.elderlawmaryland.net **Baltimore County** 410-663-9400 **Belair Beltway Professional** Center 7652 Belair Road Baltimore 21236 **Harford County** 410-638-7779 Professional Center at Harford Mutual 201 North Main Street, Suite 102 Bel Air 21014 Elder law, estates and trusts, asset preservation, special needs planning, Medicaid applications.

JILL A. SNYDER, LLC

40 York Road • Suite 300 • Towson, MD 21204 410-864-8788 • www.snyder-law.net

- Wills
- Trusts
- Powers of Attorney
- Probate Administration
- Guardianships
- Mediation



LEGAL SERVICES, GENERAL ATTORNEYS

For information about legal services, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► NOMIKI BOULOUBASSIS WEITZEL AND ASSOCIATES, LLC

Nomiki B. Weitzel Brianna Davidson Jarret www.elderlawmaryland.net **Baltimore County** 410-663-9400 Belair Beltway Professional Center 7652 Belair Road Baltimore 21236 Harford County 410-638-7779 Professional Center at Harford Mutual 201 North Main Street, Suite 102 Bel Air 21014 Elder law, estates and trusts, asset preservation, special needs planning, Medicaid applications.

LEGAL SERVICES, GOVERNMENT/ NON-PROFIT

See also Advocacy Services and Mediation.

► ATTORNEY GENERAL OF THE STATE OF MARYLAND, CONSUMER PROTECTION DIVISION

410-528-8662 888-743-0023 200 Saint Paul Place Baltimore 21202 Investigates complaints regarding unfair and deceptive business practices. Mail complaints in writing to the Consumer Protection Division at the above address.

► ATTORNEY GRIEVANCE COMMISSION OF MARYLAND

410-514-7051 Regulates MD lawyers' professional conduct. Investigates complaints and oversees discipline.

► BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES, EVICTION PREVENTION PROGRAM 410-878-8650

Services to city residents under a court ordered eviction which includes assistance with the stay of eviction process and limited financial assistance when available. Also eviction prevention and budget counseling education.

► BALTIMORE COUNTY HUMAN RELATIONS COMMISSION

410-887-5917 Handles discrimination complaints in housing, education, employment, financing and public accommodation based on race, creed, color, national origin, sex, age, religion, physical/ mental disability and marital status.

► BALTIMORE COUNTY OFFICE OF THE PUBLIC DEFENDER

410-324-8900 Legal services for low-income clients in criminal and traffic cases.

► BAR ASSOCIATION, SIXTY-PLUS LEGAL PROJECT-LAWYER REFERRAL SERVICE

410-337-9100 (County) 410-539-3112 (City) Low-cost legal services to individuals 60 and older who meet financial eligibility for wills, living wills, powers of attorney, estates of less than \$30,000 and deed changes.



LEGAL SERVICES

► BAR ASSOCIATION OF BALTIMORE CITY, PRO BONO PROJECT 410-539-5936

Provides free support for clients 60 and older living in Baltimore City.

► BAR ASSOCIATION OF BALTIMORE CITY, SENIOR LEGAL SERVICES

410-396-1322 Provides legal support for clients 60 years old or older living in Baltimore City. Intake hours: Mon-Thurs, 10 a.m. -Noon.

► CRIMINAL INJURIES COMPENSATION BOARD 410-585-3010

Determines financial compensation for innocent victims of crime.

► LAWYER REFERRAL SERVICE OF THE BALTIMORE COUNTY AND CITY BAR ASSOCIATION 410-337-9100 (County) 410-539-3112 (City) Referral service for names of paid attorneys.

► LEGAL AID BUREAU 410-427-1800 (County) 410-685-1112 (City) Assists low-income individuals with certain non fee generating civil legal problems. Legal Services for Senior Citzens

410-951-7750 Free legal assistance, consultation and/or representation for Baltimore residents age 60 and older on health care issues, income maintenance, identity theft, nutrition, housing and utilities, protective services and unemployment benefits. Defends a senior in a lawsuit when there is a substantial risk to the client's person, property or civil rights.

Long Term Care Assistance Project

410-951-7750 Free legal assistance on long term care issues in Maryland.



MARYLAND COMMISSION ON CIVIL RIGHTS

800-637-6247 Ensures equal opportunity by the enforcement of Maryland law against discrimination in employment, housing, and public accommodations. Provides educational and outreach services.

MARYLAND COMMISSION ON HUMAN RELATIONS - CITY GOVERNMENT OFFICE 410-767-8600

► MARYLAND DISABILITY LAW CENTER

410-727-6352 www.mdlclaw.org A non-profit legal advocacy organization mandated to advance the civil rights of people with disabilities. Free legal services to Marylanders of any age with all types of disabilties who live in facilities, in the community or who are homeless.

► MARYLAND SENIOR LEGAL HELPLINE 410-951-7750

800-896-4213 Free helpline for all Maryland residents age 60 and older. Provides intake to Legal Services for Senior Citizens (above) and Legal Aid. Answers non-fee generating questions and makes referrals.

► MARYLAND VOLUNTEER LAWYER SERVICE (MVLS)

410-547-6537 800-510-0050 Civil cases only, including housing, consumer, bankruptcy, government benefits, accidents, wills, deeds, guardianship and tax disputes; income eligibility.

MARYLAND'S PEOPLES

www.peoples-law.info Legal and self-help information on Maryland and Federal law.

NATIONAL ACADEMY OF ELDER LAW ATTORNEYS (NAELA) www.naela.org

A listing of elder law attorneys.

ER ► OFFICE OF THE S) PEOPLE'S COUNSEL

410-767-8150 Public legal office helps utility customers with consumer complaints.

► PRO SE FAMILY LAW PROGRAM OF BALTIMORE COUNTY CIRCUIT COURT 410-887-3446 Assists with completion

of family law forms for unrepresented Baltimore County residents.

► SECURITIES DIVISION ATTORNEY GENERAL OF MARYLAND 410-576-6300 888-743-0023



Elder Law, Estate & Special Needs Planning



Medical Assistance Planning and Eligibility Advance Medical Directives / Living Wills Trusts / Estate Planning Administration Wills / Powers of Attorney / Guardianship Disability Planning / Special Needs Trusts

410.337.8900 | www.frankelderlaw.com | 1.888.338.0400 Towson | Columbia | Easton



LEGAL SERVICES - LIBRARIES

ST. AMBROSE HOUSING, LEGAL SERVICES

410-366-8537 Legal representation when in danger of losing homes due to foreclosure, mortgage lenders or other reasons.

► UNIVERSITY OF BALTIMORE CIVIL ADVOCACY, FAMILY LAW CLINIC

410-837-5709 or 5706 Law students assist low income clients in civil and family law matters with supervision.

► VICTIM/WITNESS ASSISTANCE UNIT

410-887-6650 (County) 410-396-1897 (City) Information regarding status of criminal cases and other support services.

► WOMEN'S LAW CENTER 410-321-8761 800-845-8550 (Family Law Hotline) Attorneys providing information on family law matters to those who meet income eligibility

LGBT

requirements.

CHASE BREXTON LGBT HEALTH RESOURCE CENTER

410-381-2050, Ext. 1049 Providing LGBT individuals and their families with access to health information and resources.

CHASE BREXTON SAGECAP

410-837-2050, Ext. 1216 Providing LGBT individuals and caregivers with counseling, caregiver support, benefit resources, information and respite care.



SAGECAP offers support, education, and more for LGBT older adults and their informal caregiving network. Find out more: www.ResourceCenter.lgbt 410-837-2050 x1216







LIBRARIES

MARYLAND STATE
LIBRARY FOR THE BLIND
AND PHYSICALLY
HANDICAPPED
410-230-2424
800-964-9209

► PUBLIC LIBRARY BRANCHES IN BALTIMORE COUNTY

www.bcpl.info Arbutus 410-887-1451 855 Sulphur Spring Road Arbutus 21227 Catonsville 410-887-0951 1100 Frederick Road Catonsville 21228 Cockeysville 410-887-7750 9833 Greenside Drive Cockeysville 21030 Essex 410-887-0295 1110 Eastern Boulevard Essex 21221 Hereford 410-887-1919 16940 York Road Hereford 21111 Lansdowne 410-887-5602 500 Third Avenue Lansdowne 21227 Loch Raven 410-887-4444 1046 Taylor Avenue Towson 21286 **Mobile Library Services** www.bcpl.info (see website for hours and schedules) 410-887-7586 **North Point** 410-887-7255 1716 Merritt Boulevard Dundalk 21222 **Owings Mills** 410-887-2092 10302 Grand Central Avenue **Owings Mills 21117** Parkville 410-887-5353 9509 Harford Road Parkville 21234

Perry Hall

410-887-5195 9685 Honeygo Boulevard Perry Hall 21128 **Pikesville** 410-887-1234 1301 Reisterstown Road Pikesville 21208 Randallstown 410-887-0770 8604 Liberty Road Randallstown 21133 Reisterstown 410-887-1165 21 Cockeys Mill Road Reisterstown 21136 Rosedale 410-887-0512 6105 Kenwood Avenue Rosedale 21237 **Sollers Point** 410-887-2485 323 Sollers Point Road Dundalk 21222 Towson 410-887-6166 320 York Road Towson 21204 White Marsh 410-887-5097 8133 Sandpiper Circle Nottingham 21236 Woodlawn 410-887-1336 1811 Woodlawn Drive Woodlawn 21207



L - M LIBRARIES - LOAN CLOSET FOR MEDICAL EQUIPMENT

► PUBLIC LIBRARY BRANCHES IN BALTIMORE CITY

Brooklyn Branch 410-396-1120 300 East Patapsco Avenue Baltimore 21225 **Canton Branch** 410-396-8548 1030 South Ellwood Avenue Baltimore 21224 **Central Library** 410-396-5430 400 Cathedral Street Baltimore 21201 **Cherry Hill Branch** 410-396-1168 606 Cherry Hill Road Baltimore 21225 **Clifton Branch** 410-396-0984 2001 North Wolfe Street Baltimore 21213 **Edmondson Avenue Branch** 410-396-0946 4330 Edmondson Avenue Baltimore 21229 **Forest Park Branch** 410-396-0942 3023 Garrison Boulevard Baltimore 21216 **George Peabody Library** 410-234-4943 **17 East Mount Vernon Place** Baltimore 21202 **Govans Branch** 410-396-6098 5714 Bellona Avenue Baltimore 21212 **Hamilton Branch** 410-396-6088 5910 Harford Road Baltimore 21214 Hampden Branch 410-396-6043 3641 Falls Road Baltimore 21211 Herring Run Branch 410-396-0996 3801 Erdman Avenue Baltimore 21213 Langsdale Library 410-837-4260 1415 Maryland Avenue Baltimore 21201 **Light Street Branch** 410-396-1096 1251 Light Street Baltimore 21230

Milton S Eisenhower Library 410-516-8335 3400 North Charles Street Baltimore 21218 Northwood Branch 410-396-6076 4420 Loch Raven Boulevard Baltimore 21218 **Orleans Street Branch** 410-396-0970 1303 Orleans Street Baltimore 21231 **Patterson Park Branch** 410-396-0983 158 North Linwood Avenue Baltimore 21224 **Peabody Institute of the Johns** Hopkins University 410-659-8100 1 East Mount Vernon Place Baltimore 21202 Pennsylvania Ave Branch 410-396-0399 1531 West North Avenue Baltimore 21217 **Reisterstown Road Branch** 410-396-0948 6310 Reisterstown Road Baltimore 21215 **Roland Park Branch** 410-396-6099 5108 Roland Avenue Baltimore 21210 **Southeast Anchor Branch** Library 410-396-1580 3601 Eastern Avenue Baltimore 21224 Walbrook Branch 410-396-0935 3203 West North Avenue Baltimore 21216 **Washington Village Branch** 410-396-1099 856 Washington Boulevard Baltimore 21230 Waverly Branch 400 East 33rd Street Baltimore 21218 410-396-6053



LIVE-IN CAREGIVERS

See also Home Health Services and Home Care (Non-Medical).

COMFORCARE HOME

410-922-6262 www.comforcare.com/ baltimore-carroll ComForcare provides care to help persons thrive in their home.

ELIZABETH COONEY CARE NETWORK

410-323-1700 (24-Hour Service) 888-353-1700 www.care-network.com Celebrating 59 years - caring professional PT's, RN's, LPN's, CNA's, companions.

GRISWOLD HOME CARE

410-988-5094 800-474-7965 www.griswoldhomecare.com We're here when you need a helping hand.

► HOUSEN HEALTH

SERVICES 855-800-4682 301-933-8188 http://housenhc.com Serving veterans for 20+ years, now opening to the community.

LOAN CLOSET FOR MEDICAL EQUIPMENT

See also Assistive Technology, Disabilities Assistance, Hearing Resources, Medical Equipment and Supplies, Vision Resources.

► 9TH DISTRICT HEALTH COMMITTEE LOAN CLOSET 410-665-0898

Wheelchairs, walkers and other equipment for Baltimore County residents.

► AMERICAN CANCER SOCIETY LOAN CLOSET 410-931-6850

Free wigs. No durable equipment.

► BALTIMORE COUNTY DEPARTMENT OF AGING 410-887-2594

Loans wheelchairs, walkers, tub rails and other equipment to county residents age 60 and over.

MARYLAND TECHNOLOGY ASSISTANCE PROGRAM (MDTAP)

800-832-4827 866-881-7488 (TTY) Loans equipment for a limited time including equipment for daily living, mobility, recreation, computer and hearing. Low interest loans for purchasing equipment to MD residents with disabilities.

L - M LOAN CLOSET FOR MEDICAL EQUIPMENT - MEDICAL ALERT SYSTEMS

► MARYLAND TECHNOLOGY ASSISTANCE PROGRAM (MDTAP), EQUIPMENT LINK

www.equipmentlink.org Connects individuals with disability related equipment to sell or donate.

LONG TERM CARE INSURANCE

APPROVED PROVIDERS IN MARYLAND

Long term care insurance is purchased to provide assistance with the cost of a range of services for individuals with a prolonged illness, disability or cognitive disorder (such as Alzheimer's disease). Services may include help with daily activities at home such as bathing and dressing, adult day care, assisted living facilities, care management, home health, hospice, respite care and care in a nursing home.

MARYLAND INSURANCE ADMINISTRATION

410-468-2000 800-492-6116 (Toll Free) 800-735-2258 (TTY) www.mdinsurance.state.md.us 200 Saint Paul Place, Suite 2700 Baltimore 21202 Provides a list of insurance companies approved to sell long term care insurance policies in Maryland. Also provides information about Maryland's Long-Term Care Partnership Program. Partnership policies provide an additional level of protection. when compared to a regular long-term care insurance policy. Call SHIP at 410-887-2059 for additional assistance in Baltimore County; 410-396-2273 in Baltimore City.

LONG TERM CARE (LTC) INSURANCE PRODUCERS (SALES PERSON)

When purchasing LTC insurance, please confirm the producer (sales person) is licensed to sell LTC insurance in Maryland. Please confirm the license number, effective dates and line of business on the license with the Maryland Insurance Administration listed in this category.

► PROTECTIVE WELLCARE SOLUTIONS

443-858-3750 301-452-9175 www. protectivewellcaresolutions.com

3601 O'Donnell Street, Suite 400 Baltimore 21224 Your health is your wealth.

MEDIATION, NON-PROFIT

See also Legal Services-Government/Non-Profit.

A process in which solutions to disputes are negotiated with a mediator acting as a neutral party by helping participants reach their own voluntary agreement. Settles disputes between neighbors, family members, tenant/landlord and other community members.

► COMMUNITY MEDIATION PROJECT

410-467-9165 (City) Program provides voluntary and confidential mediation sessions to assist City residents with resolutions of various issues and conflicts.

► CONFLICT RESOLUTION CENTER OF BALTIMORE COUNTY

410-780-1206 Mediation, conflict resolution, trainings and community conferencing for Baltimore County residents.

2016

MEDICAID HOME AND COMMUNITY BASED SERVICES PROGRAMS

See also Financial Resources, Housing: Assisted Living Programs and Nursing Homes.

Programs to help an eligible person receive services in the home rather than in an institution. Each program has different eligibility criteria and services. Individuals must meet medical, financial, and technical criteria. For further information and screening, please call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services Maryland Access Point at 410-396-2273.

COMMUNITY FIRST CHOICE

410-887-2594 (County) 410-396-2273 (City) Enables individuals 18 and older, who have Community Medical Assistance and meet Medicaid's institutional level of care to remain in a community setting.

► COMMUNITY PATHWAYS 410-234-8200

Provides financially qualified individuals with developmental disabilities the opportunity to self-direct services.

► COMMUNITY PERSONAL ASSISTANCE SERVICES

410-887-2594 (County) 410-396-4494 (City) Enables individuals 18 and older, who are financially eligible and meet Medicaid's long-term care admission criteria to remain in a community setting. To begin the eligibility determination process, call MD Access Point for the Long Term Services and Supports Screen.

► MEDICAL DAY CARE SERVICES WAIVER

410-767-1444 Offers qualified Medicaid participants services in a day care center. Individuals must be at least 16 years old.

► TRAUMATIC BRAIN INJURY WAIVER 410-402-8476

For individuals with traumatic brain injuries who are currently residing in state psychiatric hospitals. The brain injury must have occurred between the ages of 22 and 64, and the individual must meet medical and financial criteria.

MEDICAL ALERT SYSTEMS

See also Identification Programs, Medical Equipment and Supplies and Prescription Reminders.

Provides a 24-hour emergency device that connects to receiving station. Systems differ in features and costs. Installation fee plus monthly charge usually applies. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► HALETHORPE PHARMACY (A CARE PHARMACY)

410-247-3344 www.halethorpepharmacy.com 1307 Francis Avenue Baltimore 21227 Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

M

MEDICAL ALERT SYSTEMS - MEDICARE

► INDEPENDENT DRUG (A CARE PHARMACY)

410-687-1115 www.independentdrug.com 28 Kingston Road Middle River 21220 Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

LIFE RESPONSE OF MARYLAND

410-833-1067 www.liferesponseofmd.com Never alone with affordable monthly monitoring – 25 years of service.

► MEDICALERT FOUNDATION

800-432-5378 The Foundation maintains a database of members' medical information that is made available to medical authorities in the event of an emergency.

PRESCRIPTION REMINDERS

See also Medical Alert Systems.

► MYMAR, LLC

443-743-3647 www.mymar.biz Affordable medication reminder service; when forgetting is not an option.

MEDICAL EQUIPMENT AND SUPPLIES

See also Personal Needs and Pharmacies Offering Home Delivery.

► CARING HEALTH PRODUCTS 410-882-1390

410-363-2279 www.caringhealthproducts.com 1720 Joan Avenue Towson 21234 We make independent living easier.

► HALETHORPE PHARMACY (A CARE PHARMACY)

(A CARE PHARMACT) 410-247-3344 www.halethorpepharmacy.com 1307 Francis Avenue Baltimore 21227 Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► INDEPENDENT DRUG (A CARE PHARMACY)

410-687-1115 www.independentdrug.com 28 Kingston Road Middle River 21220 Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

MID-ATLANTIC MEDICAL SUPPLY AND EQUIPMENT 410-363-2279 www.suppliesforliving.com 1 Easter Court, Suite G - H Owings Mills 21117 We make independent living

price-matching.

easier with delivery and

► MYMAR, LLC 443-743-3647 www.mymar.biz Affordable medication reminder service; when forgetting is not an option.

MEDICARE

For additional services/ information, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273. See also Advocacy Services, Financial Assistance, Medicaid Home and Community Based Programs and Insurance Counseling, Advocacy and Resources.

GENERAL INFORMATION

► CENTER FOR MEDICARE & MEDICAID SERVICES (CMS), MEDICARE HELPLINE 800-633-4227

www.medicare.gov Information and claims regarding Medicare Part A-Hospitalization, Part B -Medical and Durable Medical Equipment, Part C-Health Plans and Part D-Prescriptions. You must have your Medicare card number to access information.

► DELMARVA FOUNDATION FOR MEDICAL CARE, INC.

800-999-3362 www.delmarva foundation.org A Medicare quality improvement organization to ensure patients receive care that is medically necessary in an appropriate setting. They investigate written complaints, advise and provide information on Medicare Patient Rights; including hospital discharge rights.

MARYLAND INSURANCE ADMINISTRATION

410-468-2000 800-492-6116 www.mdinsurance.state.md.us An independent state agency that regulates Maryland's insurance industry and protects consumers by enforcing insurance laws. Find information on Medicare and Insurance Marketplaces, Medicare supplements (Medigap), Long Term Care Insurance and the Long Term Care Insurance Partnership program.

► MARYLAND SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)

800-551-5995 www.maryland spdap.com **Request application** Call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

A state program that assists Medicare beneficiaries by paying part of their monthly Medicare Prescription Drug premiums for all of the Medicare Part D Plans and donut hole coverage gap expenses in conjunction with certain Medicare Advantage Plans.

► MYMEDICARE

www.mymedicare.gov Register on-line to view your personal Medicare information that includes physician billing of Medicare payments and a schedule for preventive health services.

► QUALIFIED MEDICARE BENEFICIARY PROGRAM (QMB)

Social Services 410-853-3000 or 410-887-2059 (County) 410-396-2273 (City) **Request application** Call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273. This program helps to pay Medicare premiums, deductibles and coinsurance payments for older adults and persons with disabilities who are financially eligible.



MEDICARE

► RAILROAD RETIREMENT BOARD MEDICARE OFFICE

877-772-5772 www.palmettogba.com Beneficiaries only.

► STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

410-887-2059 (County) 410-396-2273 (City) SHIP provides free, unbiased, confidential health insurance counseling for Medicare recipients and their caregivers. Helps consumers to understand Medicare, and the services it provides. Additionally, SHIP can access eligibility for programs to assist with Medicare costs. These programs include Qualified Medicare Beneficiaries (QMB), Specified Low Income Medicare Beneficiaries (SLMB), Maryland Senior Prescription **Drug Assistance Programs** (SPDAP) and Social Security Extra Help. SHIP counselors provide education regarding Medicare Part A (Hospital), Part B (Medical), Part C (Health Plans), Part D (Drug Plans) and Medicare Supplements. During Annual Open Enrollment, October 15th through December 7th, SHIP can provide computer research assistance to help select Part D prescription plans. Counselors assist with medical appeals for Medicare and private insurance. SHIP services can generally be provided by phone and language accommodations are available. Please refer to the index for a summary of services and to learn more about SHIP.

PATROL (SMP) 410-887-2059 (County) 410-396-2273 (City) SMP conducts free educational programs for older adults, their families and caregivers to help Medicare recipients make informed decisions regarding their health care. SMP provides information regarding what to do if you suspect Medicare fraud/abuse, or need to file a report with authorities. SMP can arrange speakers to address groups on how to protect themselves against identity theft, telemarketing, mail fraud scams, illegal or deceptive marketing of Medicare Advantage plans and prescription drug plans.

SENIOR MEDICARE

► SOCIAL SECURITY ADMINISTRATION 800-772-1213

www.ssa.gov Information on various benefits and services. Enrollment in Medicare and replacement of Medicare card. On-line low-income subsidy Extra Help application with Medicare Prescription Drug costs.

► SPECIFIED LOW-INCOME MEDICARE BENEFICIARY (SLMB) Social Services

410-853-3000 410-887-2059 **Request application** Call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

Pays the Medicare Part B premium for persons whose income is slightly more than QMB criteria.

► TRICARE FOR LIFE

877-874-2273 Medicare supplemental coverage for uniformed service beneficiary or dependents. Must be currently enrolled in Medicare A & B and Defense Enrollment Eligibility Reporting System (DEERS).

► U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES, OFFICE OF THE INSPECTOR GENERAL, MEDICARE/MEDICAID FRAUD HOTLINE 800-447-8477 National hotline to report health care fraud involving Medicare

MEDICARE PRESCRIPTION DRUG PLANS (PART D)

and Medicaid.

A Medicare benefit that assists with the cost of prescription drugs. Private companies contract with Medicare to offer Stand-Alone and Medicare Advantage Drug Plans. Additional assistance with Part D costs are available with Social Security Administration's Extra Help and Maryland Senior Prescription Drug Assistance Program (SPDAP). Please refer to www.medicare.gov for a full list of Maryland Stand-Alone Prescription Drug Plans.

CIGNA-HEALTHSPRING RX (PDP)

800-735-1459 711 (TTY/TDD)

8 am - 8 pm, 7 days a week www.cignahealthspring.com P.O. Box 269005 Weston, FL 33326-9947 Medicare Part D prescription drug coverage from Cigna.



Are you having trouble paying for your Medicare or prescription cost?

Contact your local SHIP office. Baltimore County 410-887-2059 Baltimore City 410-396-2273

Counselors will assist you to determine if you may be eligible for benefits that will help you to meet your health needs.









MEDICARE

MEDICARE PRESCRIPTION DRUG PLANS (PART D) INSURANCE BROKERS

PROTECTIVE WELLCARE

SOLUTIONS 443-858-3750 301-452-9175 www. protectivewellcaresolutions.com 3601 O'Donnell Street, Suite 400 Baltimore 21224 Your health is your wealth.

MEDICARE ADVANTAGE

With most Medicare Advantage Plans, you can only visit physicians, specialists or hospitals on the plan's list except in an emergency. The plan may require you to choose a primary care physician and obtain referrals to see a specialist. These plans may offer extra benefits. lower premiums and require co-payments. If you have Medicare Part A and Part B, you may join a Medicare Advantage Plan and receive your Medicare-covered benefits through the plan. Most plans include Medicare Part D benefits. Medicare Advantage annual open enrollment periods begins October 15 - December 7. Plans can be a Health Maintenance Organization (HMO), Preferred Provider Organization (PPO), Special Needs Plans (SNPs) or Private Fee For Service (PFFS). Call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273, for a complete list of the plans in your area or visit www.medicare.gov.



CIGNA-HEALTHSPRING MEDICARE ADVANTAGE 800-821-7513 711 (TTY/TDD) 8 am – 8pm, 7 days a week

www.cignahealthspring.com 3601 O'Donnell Street Baltimore 21224 Combine Part A hospital, Part B medical and Part D prescription drug coverage.

► KAISER PERMANENTE MEDICARE PLUS 866-415-0785

866-513-0008 (TTY) www.kaiserpermanente.org 2101 East Jefferson Street Rockville 20849 Provides hospital, medical and Medicare Part D prescription drug coverage.

MEDICARE ADVANTAGE INSURANCE BROKERS

► PROTECTIVE WELLCARE SOLUTIONS 443-858-3750

301-452-9175 www. protectivewellcaresolutions.com 3601 O'Donnell Street, Suite 400 Baltimore 21224 Your health is your wealth.

MEDICARE SPECIAL NEEDS PLANS (SNPs)

Special Needs Plans (SNPs) may limit all or most of their membership to beneficiaries who have certain chronic or disabling conditions. SNPs must be designed to provide Medicare health care and services to people who can benefit from special expertise of the plan's providers and focused care management. SNPs must also provide Medicare prescription drug coverage. These plans may offer extra benefits, lower premiums and require co-payments. To join SNPs, beneficiaries must be enrolled in Medicare Part A and Part **B. Call Maryland Access Point** of Baltimore County at 410-887-2594.844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273, for a complete list of the plans in your area or visit www.medicare.gov.



MEDICARE/MEDIGAP SUPPLEMENTAL INSURANCE POLICIES

Medicare supplemental insurance policies cover some of the deductibles and co-insurances not paid by Medicare. A, B, C, D, E, F*, G, K, L, M and N policies offer a different combination of standard benefits and are regulated by Federal and State law. The open enrollment period is the first six months from the date of enrollment in Medicare Part B. For a Medigap comparison chart, call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273 or visit www. mdinsurance.state.md.us. Companies below represent approved individual Medicare supplement policies in Maryland as of July 16, 2015. *Rates are updated biannually.

► AETNA LIFE INSURANCE COMPANY 888-624-6290

► AMERICAN PROGRESSIVE LIFE AND HEALTH INSURANCE COMPANY OF NEW YORK 800-645-4116

► AMERICAN RETIREMENT LIFE INSURANCE COMPANY 866-459-4272

► BANKERS FIDELITY LIFE INSURANCE COMPANY 800-241-1439

MEDICARE

M

► CAREFIRST BLUECROSS BLUESHIELD MEDIGAP-65

410-356-8123 800-275-3802 www.carefirst.com CareFirst BlueCross BlueShield P.O. Box 14651 Lexington, KY 40512-9876 Medicare supplemental coverage.

CENTRAL STATES INDEMNITY COMPANY OF OMAHA 866-644-3988

► COLONIAL PENN LIFE INSURANCE COMPANY 800-800-2254

► CONTINENTAL LIFE INSURANCE COMPANY OF BRENTWOOD, TENNESSEE 800-264-4000 ► EVERENCE ASSOCIATION, INC. 800-348-7468

► GERBER LIFE INSURANCE COMPANY 877-778-0839

► GLOBE LIFE AND ACCIDENT INSURANCE COMPANY 800-801-6831

► GOVERNMENT PERSONNEL MUTUAL LIFE INSURANCE COMPANY 866-242-7573

► GROUP HOSPITALIZATION AND MEDICAL SERVICES, INC. 800-275-3802



Exclusively for Those with Memory Impairments

Copper Ridge provides you with a long-term solution by offering both assisted living and skilled nursing care. Our professionally trained caregivers create an individualized program that engages your loved one in fitness programs, music, art, outdoor activities and more.

Specializing in Medicare Rehab for those with memory impairments.



MEDICARE/MEDIGAP SUPPLEMENTAL INSURANCE BROKERS

For services/information, call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► PROTECTIVE WELLCARE SOLUTIONS

443-858-3750 301-452-9175 www. protectivewellcaresolutions.com 3601 O'Donnell Street, Suite 400 Baltimore 21224 Your health is your wealth.

► YOUR INSURANCE GROUP 443-987-3221 240-439-5518 www.amberalguire.com Insurance needs: final

expenses, life insurance plans and Medicare supplements.

RATING SERVICES

The rating companies listed below are for Medicare Supplemental/Medigap and Long Term Care policies. Some may charge a fee for services.

► FITCH INVESTORS SERVICES, INC. 212-908-0500 www.fitchratings.com

► MOODY'S INVESTOR SERVICE, INC. 212-553-0377 www.moodys.com

► STANDARD AND POOR'S INSURANCE RATING SERVICES 212-438-2400 www.standardandpoors.com

► THE STREET.COM www.thestreet.com



MEMORY CARE - MENTAL HEALTH SERVICES

MEMORY CARE

See also Adult Day Services, Case Management, Home Health Services, Home Care (Non-Medical), Housing -Assisted Living and Live-In Caregivers.

CHARLOTTE HALL VETERANS HOME

301-884-8171 www.charhall.org 29449 Charlotte Hall Road Charlotte Hall 20622 Income based assisted living, LTC nursing, rehabilitation and memory care.

MAPLES OF TOWSON, THE

410-296-8900 www.themaples-towson.com 7925 York Road Towson 21204 A family owned AL community in the heart of Towson.



► SPRINGWELL SENIOR LIVING 410-664-4006 www.springwellseniorliving.com 2211 West Rogers Avenue Baltimore 21209 Beautifully appointed apartments in a warm, caring community.

MENTAL HEALTH SERVICES

COMMUNITY MENTAL HEALTH CENTERS

Eligibility criteria and service locations can be obtained by contacting MAPS-MD at 1-800-888-1965, or the Department of Health at 410-887-3828. IF YOU HAVE AN IMMEDIATE MENTAL HEALTH EMERGENCY, PLEASE CALL 911 OR IN BALTIMORE COUNTY CONTACT THE 24 HOUR HOTLINE AT 410-931-2214 or 410-433-5175 for Baltimore City.

► ALLIANCE, INC., THE

Baltimore 410-675-4704 234 South Broadway Baltimore 21231 Rosedale 410-574-7700 9201 Philadelphia Road Baltimore 21237

► BEHAVORIAL HEALTH

SYSTEMS BALTIMORE 410-637-1911 One North Charles Street, Suite 1300 Baltimore 21201

► BUILDING

COMMUNITIES TODAY 410-467-6600 2901 Druid Park Drive Baltimore 21215



Serving the Greater Baltimore Area for over 30 Years

Services Offered:

Outpatient mental health treatment for children, adolescents, adults, and seniors

Accepting Medicare, Medical Assistance (Medicaid) as authorized by Value Options and Tricare to serve our Military.

- Individual, group & family therapy
- Medication therapy
- Board certified psychiatrists
- Licensed experienced therapists
- Open weekdays & some evenings
- In-home Counseling



For more information call the clinic nearest you

Aberdeen 443-625-1600 135 North Parke St., Aberdeen, MD 21001

Catonsville **410-788-0300** 500 N. Rolling Rd., Catonsville, MD 21228

Dundalk 443-216-4800 1012 N. Point Rd., Baltimore, MD 21224

www.KeyPoint.org Key Point Health Services, Inc. is a non-profit organization.

M

MENTAL HEALTH SERVICES

► HARFORD-BELAIR COMMUNITY HEALTH 410-426-5650 4308 Harford Road Baltimore 21206

► KEY POINT HEALTH SERVICES

Catonsville 410-869-7240 500 North Rolling Road Catonsville 21228 Dundalk 443-216-4800 1012 North Point Road Dundalk 21224 Towson 410-337-5523 1001 Cromwell Bridge Road Baltimore 21286

MAIN STREET COMMUNITY MENTAL HEALTH CENTER 410-526-7882 37 Main Street Reisterstown 21136

► MEDSTAR FRANKLIN SQUARE MEDICAL CENTER, OUTPATIENT PSYCHIATRY SERVICES 443-777-7878 9100 Franklin Square Drive Rosedale 21237

MOSAIC BEHAVIORAL

HEALTH CENTER 410-453-9553, Ext. 1107 (Intake) 22 Bloomsbury Avenue Catonsville 21228 Northwest 3525 Resource Drive Randallstown 21133 Timonium 1931 Greenspring Drive Timonium 21093

Meeting the Mental Health Needs of Older Adults in Our Community

We understand the unique mental health needs of older adults, and offer specialized services in a variety of settings for those patients experiencing depression, anxiety, severe forgetfulness, and other mental health problems.

Consistently ranked one of the nation's top mental health programs by U.S. News & World Report, we offer 24 hour/day care through our inpatient units, as well as outpatient appointments through our Memory Clinic.



Call to speak to someone today. 410.938.3000 • sheppardpratt.org Baltimore, Maryland ► UNIVERSAL COUNSELING SERVICES, INC. 410-752-5525 1401 Severn Street, Suite 201 Baltimore 21230

COMMUNITY REHABILITATION PROGRAMS

See also Community Mental Health Centers.

► FOUNDATIONS

410-789-7772 410-269-3250 www.foundationsgroup.net 1025 West Nursery Road, Suite 112 Linthicum 21090 Medical day care/psychiatric rehabilitation services for over ten years.

► KEY POINT HEALTH SERVICES Catonsville

410-869-7240 500 North Rolling Road Catonsville 21228 **Dundalk** 443-216-4800 1012 North Point Road Dundalk 21224 **Towson** 410-337-5523 1001 Cromwell Bridge Road Baltimore 21286

► MOSAIC COMMUNITY SERVICES

443-612-1497, Ext. 1207 (Intake) Career Center - North 1965 Greenspring Drive Timonium 21093 Career Center - West 5 Bloomsbury Avenue Catonsville 21228 Catonsville 20 Winters Lane Catonsville 21228 Timonium 1931 Greenspring Drive Timonium 21093

► PROLOGUE, INC. 410-653-6190

3 Milford Mill Road Pikesville 21208

GERIATRIC SERVICES TEAM

Geriatric outreach program that provides prevention, detection and treatment services to those 60 years of age and older, who are experiencing mental health problems and are not participating in treatment.

► BAYLIFE - GERIATRIC SERVICES TEAM MEDSTAR BEHAVIORAL HEALTH SERVICES 443-777-2200 9100 Franklin Square Drive Rosedale 21237

ADDITIONAL MENTAL HEALTH/ADDICTION SERVICES

► ALLIANCE, INC., THE 410-282-5900, Ext. 3231 Case management for individuals of all ages with a chronic serious mental illness without private insurance.

► BAKER STREET STATION 410-462-2585

► BALTIMORE COUNTY CRISIS RESPONSE SYSTEM

410-931-2214 Twenty-four hour hotline providing telephone triage and intervention, mobile crisis team, in-home intervention team and linkage to community treatment and support.



What Kinds of Food Might You Receive?

FOOD BANK UNTIL HUNGER ENDS.

Foods available through this program are mostly nonperishables and include:

- **Canned beans**
- Pasta/rice
- **Bottled** juice
- Cereal
- **Dehvdrated milk**
- **Canned tuna**
- **Canned chicken**
- **Canned fruits & vegetables**

Information Needed for Certification

PROOF OF INCOME

Bring one of the following for each income-earning household member:

- Pavcheck •
- Tax return
- Letter from employer (if you are paid in cash)
- **SSI Award Letter**

PROOF OF RESIDENCY & IDENTITY

Bring one of the following for yourself:

- Valid driver's license or state issued **ID Card with current address**
- Passport
- **Current photo identification issued** by a government agency

For more information, contact:

The Marvland Food Bank 2200 Halethorpe Farms Road Baltimore, MD 21227

410.737.8282



My Groceries to Go! – otherwise known as the Commodity Supplemental Food Program – is a federal initiative that provides vital nutrition to low-income older Marylanders. Through partnerships with local nonprofits like the Maryland Food Bank, the program channels boxes of nutritious USDA foods into senior communities.

Who Can Register?

Any Baltimore city resident 60 years and older living on an income level that is at or below 130 percent of the federal poverty income guidelines may register for My Groceries to Go!.

How Does It Work?

My Groceries to Go! partners with senior centers and other community organizations across Baltimore City to taraet populations of low-income seniors who may be eligible to receive assistance.

In advance of distribution events, MFB employees assist clients in filling out their applications with the necessary documentation before processing the application on the spot.

Once registered, clients receive information on when, where, and how they can pick up their monthly box of food. The boxes are heavy – approximately 40 pounds - and we encourage clients to bring a cart or a helping hand when retrieving their supplemental food assistance.

In order to provide our clients with this vital resource, MFB works in partnership with the Maryland Department of Aging and the Baltimore City Area Agency on Aging, as well as dozens of partners and housing facilities that serve a primarily senior demographic in the city.

www.mdfoodbank.org

M

MENTAL HEALTH SERVICES

► BEHAVIORAL HEALTH SYSTEMS BALTIMORE 410-637-1900

 CHASE BREXTON HEALTH SERVICES
 Mt. Vernon
 410-837-2050
 Randallstown
 410-486-5991
 Mental health services, drug and alcohol counseling, HIV and other health services.

► FIRST STEP: A COMMUNITY COUNSELING & RESOURCE CENTER 410-526-7100 Substance abuse and mental health counseling.

► FOUNDATIONS

410-789-7772 410-269-3250 www.foundationsgroup.net 1025 West Nursery Road, Suite 112 Linthicum 21090 Medical day care/psychiatric rehabilitation services for over ten years.

► HARBEL PREVENTION AND RECOVERY CENTER 410-444-2100

► HEALTH CARE ACCESS MARYLAND 410-649-0529

► HEALTH CARE FOR THE HOMELESS 410-837-5533

► INSPIRIT COUNSELING SERVICES

410-433-8861 Non-profit agency with 20 locations. Accepts Medicare and insurance plans. Sliding fee.

► JEWISH COMMUNITY SERVICES

410-466-9200 Mental health, addiction, hospice and bereavement services.

► LOYOLA CLINICAL CENTER 410-617-1200

Mental health counseling/ behavioral health services provided by doctoral students. Sliding fee.

► MED OPTIONS 410-832-2729 Multi-disciplinary group of mental health specialists.

MENTAL HEALTH
ASSOCIATION OF
MARYLAND,
METROPOLITAN
BALTIMORE BRANCH
410-235-1178
Advocates for the rights of
persons with mental illnesses;
offers public information and

education programs.

► NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), METRO BALTIMORE, INC. 410-435-2600 Spapsor self help support

Sponsors self-help, support, education and advocacy groups for families and individuals coping with mental illness.

► ON OUR OWN, INC. 410-282-1701

Consumer-run drop-in centers, peer support groups and other social activities for individuals 18 and older utilizing mental health services. Locations include: Catonsville, Towson, Pikesville and various locations in Baltimore City. Call for details.

► PEERS: SENIORS IN PARTNERSHIP

410-235-1178, Ext. 205 Volunteers 52 and older are trained to provide weekly support to adults 60 and older with mental health problems. Meal sharing, leisure activities and telephone contact

► PENN-NORTH NEIGHBORHOOD CENTER 410-728-2080



► PEOPLE ENCOURAGING PEOPLE 410-366-4299 Rehabilitation and support

services for persons with disabilities, including: mental health, vocational and housing assistance.

► PRO BONO COUNSELING PROJECT

410-825-1001 Free mental health referral service to those financially eligible.

► PROLOGUE, INC. 410-653-6190 Services for homeless persons with mental illness.

PARTIAL HOSPITALIZATION PROGRAMS

Programs which provide intensive clinical mental health treatment on an outpatient basis.

► BAYVIEW PSYCHIATRIC DAY HOSPITAL PROGRAM 410-550-0089

► LEVINDALE DAY PROGRAM - MENTAL HEALTH SERVICES 410-601-2400

► SHEPPARD PRATT HEALTH SYSTEMS 410-938-3800 (Admissions)

► SHEPPARD PRATT HEALTH SYSTEMS, SULLIVAN DAY HOSPITAL 410-938-4700

► UNION MEMORIAL HOSPITAL-COUNSELING CENTER PARTIAL HOSPITALIZATION AND INTENSIVE OUTPATIENT PROGRAMS 410-554-6444, Press 1

PSYCHIATRIC HOSPITALS

► SHEPPARD PRATT HOSPITAL 410-938-3000

► SHEPPARD PRATT AT ELLICOTT CITY 443-364-5500

► SPRING GROVE HOSPITAL 410-402-6000

PSYCHIATRIC

INPATIENT SERVICES IN HOSPITALS

► BON SECOURS CRISIS CENTER 410-362-3533

► JOHNS HOPKINS BAYVIEW MEDICAL CENTER 410-550-0074 (Inpatient) 410-550-0016 (Outpatient)

M-N

MENTAL HEALTH SERVICES - NURSING HOMES

► JOHNS HOPKINS HOSPITAL, MEYER BUILDING 410-955-5104 (Admissions)

► LEVINDALE HEBREW GERIATRIC CENTER AND HOSPITAL 410-601-2228 (Admissions)

► MEDSTAR FRANKLIN SQUARE HOSPITAL CENTER COUNSELING UNIT 443-777-7878 (Intake)

► SINAI HOSPITAL INPATIENT PSYCHIATRIC UNIT

410-601-5610 (Inpatient) 410-601-5457 (Outpatient)

► THE UNION MEMORIAL HOSPITAL COUNSELING CENTER 410-554-6444 (Intake)

► UNIVERSITY OF MARYLAND MEDICAL CENTER 410-328-6231 (Admissions)

► UNIVERSITY OF MARYLAND - MIDTOWN CAMPUS PSYCHIATRIC UNIT 410-225-8155

► UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER, PSYCHIATRIC UNIT 410-337-1580



MOBILE PHONES

Offers free phones and minutes to low-income (135% of poverty guidelines) individuals receiving selected government benefits.

► ASSURANCE WIRELESS 888-898-4888

► CINTEX WIRELESS 877-304-9183

► LIFELINE 888-641-8722

► LINK-UP 866-454-8387

► SAFELINK WIRELESS 800-977-3768

► TRAC-FONE WIRELESS 800-977-3768

MOVE COORDINATORS

These companies assist older adults with all aspects of downsizing and moving. Always check professional credentials, insurance, experience and request references. A written contract should be provided which documents all services and fees.

► CARING TRANSITIONS -BALTIMORE METRO 410-591-4111

www. caringtransitionsbaltimoremetro.

com Specialize in downsizing/large sales of your marketable items through our online auction. Bonded. Insured.

NATIONAL ASSOCIATION OF SENIOR MOVE MANAGERS 877-606-2766

A non-profit professional association of organizations dedicated to helping older adults and families with the physical and emotional aspects of moving. Also provides businesses which specialize in hoarding services.

NOTARY SERVICES

► BALTIMORE COUNTY EMPLOYEES FEDERAL CREDIT UNION 410-828-4730 800-234-4730 www.bcefcu.com 23 West Susquehanna Avenue Towson 21204 Serving Baltimore County Government employees, volunteers and their families.

► HALETHORPE PHARMACY (A CARE PHARMACY)

410-247-3344 www.halethorpepharmacy.com 1307 Francis Avenue Baltimore 21227 Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► INDEPENDENT DRUG (A CARE PHARMACY)

410-687-1115 www.independentdrug.com 28 Kingston Road Middle River 21220 Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.



NURSING HOMES

See also Medicaid Home and Community Based Programs.

Nursing homes or long term care facilities provide services for individuals who need nursing care on a regular basis, but do not need to be hospitalized. Facilities are regulated by state and local boards of health. Many nursing care facilities offer respite care, rehabilitation and other services of short duration. Always inquire about payment options.

Selecting a nursing home is an individual and personal decision. Each person's needs. likes, dislikes and personalities are different. These preferences should be taken into consideration when searching for a nursing home. To make a well informed selection, it is recommended that you make visits to determine whether a facility meets the specific needs of you or your loved one. Ask detailed questions and visit several facilities. For information about selecting a nursing home, please visit www.baltimorecountymd.gov/ agencies/aging/housing/ nursinghomes.html. This list from OHCQ is current as of December 2, 2015.

► AUTUMN LAKE HEALTHCARE AT ALICE MANOR

410-889-9700 2095 Rockrose Avenue Baltimore 21211

► AUGSBURG LUTHERAN

HOME & VILLAGE 410-486-4573 6811 Campfield Road Baltimore 21207

► BLUE POINT NURSING AND REHAB CENTER 410-367-9100

2525 West Belvedere Baltimore 21215

NURSING HOMES

BRIDGEPARK HEALTH **CARE CENTER** 410-542-5306 4017 Liberty Heights Avenue Baltimore 21207

► BRINTON WOODS **HEALTH & REHAB CENTER** AT ARLINGTON WEST 410-664-9535 3939 Penhurst Avenue Baltimore 21215

► BRINTON WOODS **POST-ACUTE CARE** CENTER 410-325-4000 5009 Frankford Avenue Baltimore 21206

► BROADMEAD

410-527-1900 13801 York Road Cockeysville 21030

► CHARLESTOWN 410-247-9700 709 Maiden Choice Lane Catonsville 21228

► CHARLOTTE HALL **VETERANS HOME** 301-884-8171 www.charhall.org 29449 Charlotte Hall Road Charlotte Hall 20622 Income based assisted living, LTC nursing, rehabilitation and memory care.

CRAWFORD RETREAT 410-947-7286 2117 Denison Street Baltimore 21216

► EDENWALD

410-339-6000 800 Southerly Road Towson 21286

► ENVOY OF PIKESVILLE 410-486-8771 7 Sudbrook Lane Pikesville 21208

► FAYETTE HEALTH AND **REHAB CENTER** 410-727-3947 1217 West Fayette Street Baltimore 21223

FOREST HAVEN NURSING HOME 410-747-7425

701 Edmondson Avenue Catonsville 21228

► FREDERICK VILLA NURSING AND REHAB CENTER 410-788-3300

711 Academy Road Catonsville 21228

► FUTURECARE HEALTH AND MANAGEMENT **CORPORATION Canton Harbor** 410-342-6644 1300 South Ellwood Avenue Baltimore 21224 **Charles Village** 2337 North Charles Street Baltimore 21218 Cherrywood 410-833-3801 12020 Reisterstown Road Reisterstown 21136 **Cold Spring** 410-254-3300 4700 Harford Road Baltimore 21214 **Courtland Gardens** 410-521-3600 7920 Scotts Level Road Baltimore 21208 Homewood 410-554-6300 2700 North Charles Street

Baltimore 21218 Irvington 410-947-3052 22 South Athol Baltimore 21229 Lochearn 410-358-3410 4800 Seton Drive Baltimore 21215 Northpoint 410-282-0100 1046 North Point Road Baltimore 21224 **Old Court** 410-922-3200 5412 Old Court Road Randallstown 21133 Sandtown-Winchester 410-669-2750 1000 North Gilmor Street

Baltimore 21217

GENESIS HEALTHCARE **Caton Manor** 410-525-1544 3330 Wilkens Avenue Baltimore 21229 **Catonsville Commons** 410-747-1800 **16 Fusting Avenue** Catonsville 21228 **Cromwell Center** 410-661-5955 8710 Emge Road Baltimore 21234 **Franklin Woods Center** 410-391-2600 9200 Franklin Square Drive Baltimore 21237 Heritage Center 410-282-6310 7232 German Hill Road Dundalk 21222 Homewood Center 410-323-4223 6000 Bellona Avenue Baltimore 21212 Loch Raven Center 410-668-1961 8720 Emge Road Baltimore 21234 Long Green Center 410-435-9073 115 East Melrose Avenue Baltimore 21212 **Multi-Medical Center** 410-821-5500 7700 York Road Towson 21204 Patapsco Valley Center 410-655-7373 9109 Liberty Road Randallstown 21133 **Perring Parkway Center** 410-661-5717 1801 Wentworth Road Baltimore 21234 **Powerback Rehabilitation** 410-296-1990 515 Brightfield Road Lutherville 21093



Dulanev Rossville Ruxton Towson

GOOD SAMARITAN **NURSING CENTER** 410-532-5600 1601 East Belvedere Avenue Baltimore 21239

► GREEN HOUSE **RESIDENCES AT STADIUM** PLACE, THE 410-554-9890 1010 East 33rd Street Baltimore 21218

► HCR MANOR CARE

410-828-6500 111 West Road Towson 21204 **Roland Park** 410-662-8606 4669 Falls Road Baltimore 21209 410-574-4950 6600 Ridge Road Rosedale 21237 410-821-9600 7001 North Charles Street Towson 21204 410-828-9494 509 East Joppa Road Towson 21286 Woodbridge Valley 410-402-1200 1525 North Rolling Road Catonsville 21228

► HOLLY HILL NURSING AND REHABILITATION CENTER

410-823-5310 531 Stevenson Lane Towson 21286

N

NURSING HOMES

► KESWICK MULTI-CARE CENTER 410-235-8860 700 West 40th Street Baltimore 21211

► LEVINDALE HEBREW GERIATRIC CENTER AND HOSPITAL

410-601-2400 www.lifebridgehealth.org/ levindale 2434 West Belvedere Avenue Baltimore 21215 The future of health care is here.

► LITTLE SISTERS OF THE POOR ST. MARTIN'S 410-744-9367 601 Maiden Choice Lane Baltimore 21228

► LORIEN MAYS CHAPEL 410-252-0880 12230 Roundwood Road Timonium 21093

MARYLAND BAPTIST
AGED HOME
410-945-7650
2801 Rayner Avenue
Baltimore 21216

MARYLAND MASONIC HOMES 410-527-1111 300 International Circle Cockeysville 21030

► MID-ATLANTIC OF CHAPEL HILL NURSING CENTER 410-922-2443 4511 Robosson Road Randallstown 21133

MILFORD MANOR

NURSING HOME 410-486-1500 4204 Old Milford Mill Road Baltimore 21208

► NORTHWEST NURSING AND REHABILITATION CENTER

410-664-5551 4601 Pall Mall Road Baltimore 21215 ► OAK CREST 410-882-3295 8832 Walther Boulevard Parkville 21234

► OAKWOOD CARE CENTER 410-687-1383 1300 Windlass Drive Baltimore 21220

► OVERLEA HEALTH AND REHABILITATION CENTER 410-426-1424 6116 Belair Road Baltimore 21206

► PICKERSGILL RETIREMENT COMMUNITY 410-825-7423 615 Chestnut Avenue Towson 21204

► PRESBYTERIAN HOME OF MARYLAND

410-823-4622 400 Georgia Court Towson 21204

RIDGEWAY MANOR NURSING AND REHAB CENTER 410-747-5250 5743 Edmondson Avenue Catonsville 21228

► RIVERVIEW REHABILITATION AND HEALTH CENTER 410-574-1400 1 Eastem Boulevard Essex 21221

► ROLAND PARK PLACE 410-243-5800 830 West 40th Street Baltimore 21211

► ST. ELIZABETH REHABILITATION AND NURSING CENTER 410-644-7100 3320 Benson Avenue Baltimore 21227

► ST. JOSEPH'S NURSING

HOME 410-747-0026 1222 Tugwell Drive Catonsville 21228

► STELLA MARIS 410-252-4500 2300 Dulaney Valley Road Timonium 21093

SUMMITT PARK HEALTH
AND REHABILITATION
CENTER
410-747-3287
1502 Frederick Road
Catonsville 21228

► TRANSITIONAL CARE AT MERCY MEDICAL CENTER 410-332-9287 201 Soint Boul Diogo

301 Saint Paul Place Baltimore 21202

► TRANSITIONAL CARE SERVICES AT GOOD SAMARITAN 443-444-4070 5601 Loch Raven Boulevard Baltimore 21239

► WESTGATE HILLS REHAB & HEALTHCARE CENTER 410-646-2100

10 North Rock Glen Road Baltimore 21229

NURSING HOMES - RELATED

PROGRAMS

COMMUNITY FIRST

410-887-2594 (County) 410-396-2273 (City) Enables individuals 18 and older, who have Community Medical Assistance and meet Medicaid's institutional level of care to remain in a community setting. Provides supports planning, personal care, nurse monitoring, home delivered meals, assistive devices, environmental assessment and more.

► HOME AND COMMUNITY BASED OPTIONS WAIVER

410-887-2594 (County) 410-396-2273 (City) Enables individuals 18 and older, who are financially eligible and meet Medicaid's long-term care admission criteria to remain in a community setting. Provides supports planning, personal care, medical day care, nurse monitoring, assisted living, home delivered meals, assistive devices, environmental assessment and more. Call for more information. To begin the eligibility determination process, call MD Access Point for the Long Term Services and Supports Screen. *See Financial Eligibility Guidelines listed in publication.

► KEPRO

844-455-8708 Determines level of care for nursing home residents upon admission when payment is Medical Assistance.

► LEGAL AID BUREAU, INC., NURSING HOME PROGRAM

410-951-7750, Press 8 Free legal assistance for nursing home and assisted living residents who meet financial eligibility. Assists with legal problems related to their care in the facility.

► LONG TERM CARE MEDICAL ASSISTANCE

410-455-7517 (County) 855-458-2273 (City) Medicaid application for nursing home residents.

► MARYLAND HEALTH CARE COMMISSION, NURSING HOME GUIDE

410-764-3460 www.mhcc.maryland.gov/ consumerinfo/longtermcare Compares nursing home facilities.



NURSING HOMES - NUTRITION SERVICES

► ISLAMIC SOCIETY OF

► NURSING HOME COMPARE www.medicare.gov/ nhcompare/home.asp

► OFFICE OF HEALTH CARE QUALITY, NURSING HOMES, LONG TERM CARE UNIT

410-402-8201 Ensures that State licensure and Medicare/Medicaid standards are maintained. Investigates complaints of resident abuse.

► OMBUDSMAN PROGRAM

410-887-4200 (County) 410-396-3144 (City) Advocates for long term care residents. Provides resolution or referral of complaints concerning nursing homes and assisted living facilities.

NUTRITION SERVICES

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273. See also Summary of Services -Eating Together Program.

SENIOR CENTERS

An Eating Together Program lunch is served in each of the 20 Baltimore County Senior Centers (see Senior Centers list) and various locations throughout Baltimore City. There is no charge for the meals; however, a confidential, voluntary donation is requested. Advance reservations are required. Baltimore County Senior Center Councils sponsor meals for special events; contact the senior center for special event information.

ADDITIONAL CONGREGATE MEAL PROGRAMS

The Eating Together Program provides lunch or evening meals at some Community Nutrition Sites or Congregate Housing locations. There is no charge for meals; however, a confidential, voluntary donation is requested. Since these sites are open fewer than five days a week, an office or lobby phone number is provided.

B = Breakfast E = Evening meals I = Islamic meals only K = Kosher meals only KOR = Korean meals only L = Lunch meals

BALTIMORE COUNTY

ARBUTUS SENIOR **CENTER (L)** 410-887-1410 ► ATEAZE SENIOR **CENTER (L)** 410-887-7233 BYKOTA SENIOR CENTER (L) 410-887-3094 ► CATONSVILLE SENIOR **CENTER (L)** 410-887-0900 ► COCKEYSVILLE SENIOR **CENTER (L)** 410-887-7694 EDGEMERE SENIOR **CENTER (L)** 410-887-7530 ESSEX CO-OP **APARTMENTS (E)** 410-391-7616 ESSEX SENIOR CENTER (L) 410-887-0267 ► FLEMING SENIOR **CENTER (L)** 410-887-7225 **GOLDEN RING APARTMENTS (E)** 410-682-4657

HEREFORD SENIOR

CENTER (L) 410-887-1923

BALTIMORE (I) (L) (E) 410-747-4869 ► JACKSONVILLE SENIOR **CENTER (L)** 410-887-8208 ► LANSDOWNE/ **BALTIMORE HIGHLANDS SENIOR CENTER (L)** 410-887-1443 LIBERTY SENIOR **CENTER (L)** 410-887-0780 ► OVERLEA-FULLERTON **SENIOR CENTER (L)** 410-887-5220 PARK VIEW AT **CATONSVILLE (E)** 410-719-9464 PARK VIEW AT **DUNDALK (E)** 410-288-5483 ► PARK VIEW AT TOWSON (E) 410-828-7185 ► PARKVILLE SENIOR CENTER (L) 410-887-5338 ► PIKESVILLE SENIOR **CENTER (L)** 410-887-1245 ► REISTERSTOWN SENIOR **CENTER (L)** 410-887-1143

► REISTER'S VIEW (E) 410-517-4994 ► ROSEDALE SENIOR **CENTER (L)** 410-887-0233 SEVEN OAKS SENIOR **CENTER (L)** 410-887-5192 ► ST. LUKE'S PLACE (L) 410-477-3661 ► TABCO TOWERS (L) 410-821-9220 ► TRINITY HOUSE (L) 410-825-5288 ► VICTORY VILLA SENIOR **CENTER (L)** 410-887-0235 ► WEINBERG GARDENS (K) (E) 410-602-8200 ► WEINBERG HOUSE (K) (E) 410-602-2405 ► WEINBERG VILLAGE I (K) (E) 410-581-7878 ► WEINBERG VILLAGE III (K) (E) 410-581-7878 WOODLAWN SENIOR CENTER (L) 410-887-6887



N

NUTRITION SERVICES

BALTIMORE CITY

► ABUNDANT LIFE TOWERS (L) 410-367-5433 ALLEN SENIOR CENTER (L) 410-685-6224 APOSTOLIC TOWERS (L) 410-342-1353 ASHLAND TERRACE (L) 410-276-6440 AUGSBURG LUTHERAN CHURCH (L) 410-542-6270 BASILICA PLACE (L) 410-539-0418 BELVEDERE GREEN (E) 410-433-7255 BERNARD E. MASON (L) (E) 410-396-0488 BOLTON NORTH (L) 410-462-5433 BRISTOL HOUSE (K) (E) 410-466-1990 CHERRY HILL SENIOR CENTER (L) 410-396-3838 ► COLDSTREAM (L) 410-396-6746 CURTIS BAY REC. CENTER (L) 410-396-1811 DELTA SIGMA THETA SORORITY (L) 410-608-3344 DEPAUL HOUSE (L) 410-644-8484 ► EDGEW00D **RECREATION CENTER (L)** 443-984-3105 EDWARD A. MYERBERG SENIOR CENTER (K) (L) 410-358-6856 ELLERSLIE **APARTMENTS (L)** 410-396-3005 ► EPIPHANY HOUSE (L) 410-323-3040 EVERALL GARDEN **APARTMENTS (E)** 410-444-5850 ► FATIMA HOUSE (E) 410-631-3555

FORREST PARK SENIOR **CENTER (L)** 410-466-2124 ► FOSTER **GRANDPARENTS UNION BAPTIST CHURCH CHILD** CARE CENTER (E) 410-366-6356 GALLAGHER MANSION (L) 410-435-4416 ► GREENMOUNT SENIOR CENTER (KOR) (L) 410-396-3552 HANOVER SQUARE **APARTMENTS (L)** 410-962-1043 HARBOR APARTMENT (E) 410-837-1010 ► HARFORD SENIOR **CENTER (L)** 410-426-4009 HATTON SENIOR **CENTER (L)** 410-396-9025 ► HIGHLANDTOWN PLAZA (E) 410-674-4460 ► HOLLINS HOUSE (L) 443-984-3137 IVY FAMILY SUPPORT **CENTER (L)** 410-367-6750 ► JOHN BOOTH SENIOR **CENTER (L)** 410-396-9202 ► KIRKWOOD HOUSE (L) 410-464-0106 LAKEWOOD **APARTMENTS (L)** 410-522-7444 LINDEN PARK **APARTMENTS (E)** 410-728-7806 MANHATTAN PARK **APARTMENTS (L)** 410-466-8080 MANORS WEST (K) (L) 410-396-6228 ► MCKIM CENTER HOMELESS SHELTER (L) 410-276-5519 MORAVIA PARK **APARTMENTS (L)** 410-325-3890

MOUNT CLARE **OVERLOOK (L)** 410-727-4477 N. M. CARROLL MANOR (L) 410-669-4270 OLIVER SENIOR CENTER (L) 410-545-6239 OUR LADY OF FATIMA (L) 410-633-9393 ► PARKVIEW APARTMENTS (E) 410-542-4400 ▶ PENN NORTH PLAZA (L) 410-383-8595 RENAISSANCE GARDENS (E) 410-685-7183 SANDTOWN WINCHESTER SENIOR CENTER (B) (L) 410-396-7725 SENIOR COMPANION (L) 410-396-8013 SENIOR NETWORK **SENIOR CENTER (L)** 410-323-3576 ► SMALLWOOD SUMMIT (L) 410-566-5792 ► STADIUM PLACE/ EDNOR HOUSE (L) 410-243-0180 ► WABASH COOPERATIVE APARTMENTS (L) 410-342-8003 ► WALKERS MEWS (E) 410-323-8507 WATERS TOWERS (L) 410-342-6240 ► WAXTER SENIOR CENTER (B) (L) 410-396-1331 ► WAYLAND VILLAGE (L) 410-578-9142 WEINBERG PLACE (KOSHER) (K) (E) 410-542-4111 WESTMINSTER HOUSE (L) 410-837-0180 ► WOODBOURNE WOODS (E) 410-433-7255

► ZETA COMMUNITY CENTER (L) 410-396-3535

MEAL PREPARATION

See also Home Health Services and Home Care (Non-Medical).

► GRISWOLD HOME CARE

410-988-5094 800-474-7965 www.griswoldhomecare.com We're here when you need a helping hand.

MB HOMECARE

410-440-9601 410-440-8968 www.mbhomecare.com Provide compassionate in-home care to seniors and disabled adults.

SENIORS HELPING SENIORS

410-989-3775 (County) 410-650-4778 (City) www.seniorshelpingseniors. com/westbaltimorecounty Seniors Helping Seniors...a way to give and to receive®.

OTHER NUTRITION SERVICES

► GBMC GECKLE DIABETES & NUTRITION CENTER

443-849-2036 www.gbmc.org/diabetes Physicians Pavilion East 6565 North Charles Street, Suite 507 Baltimore 21204 Education and support groups for those with nutrition-related conditions.

► HALETHORPE PHARMACY (A CARE PHARMACY)

410-247-3344 www.halethorpepharmacy.com 1307 Francis Avenue Baltimore 21227 Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

N - O NUTRITION SERVICES - PODIATRISTS

► INDEPENDENT DRUG (A CARE PHARMACY) 410-687-1115

www.independentdrug.com 28 Kingston Road Middle River 21220 Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► MEALS ON WHEELS OF CENTRAL MARYLAND, INC.

410-558-0827 www.mealsonwheelsmd.org Prepares and delivers two meals per day, Monday-Friday, to the homebound of any age. Kosher meals available on limited basis.

► MOVEABLE FEAST 410-327-3420 800-556-9417(Toll Free)

800-556-9417(Toll Free) Home delivered meals to persons with cancer or HIV/ AIDS. Program requires a referral from a physician.

► OUR DAILY BREAD 443-986-9000

OPTICIANS/ OPTICAL SERVICES

See Physicians, Physician Referral Services, Physicians Who Make House Calls and Vision Resources.

PERSONAL NEEDS

See also Medical Equipment and Supplies and Pharmacies Offering Home Delivery.

► HALETHORPE PHARMACY (A CARE PHARMACY)

410-247-3344 www.halethorpepharmacy.com 1307 Francis Avenue Baltimore 21227 Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► INDEPENDENT DRUG (A CARE PHARMACY)

410-687-1115 www.independentdrug.com 28 Kingston Road Middle River 21220 Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► MYMAR, LLC 443-743-3647

443-743-3047 www.mymar.biz Affordable medication reminder service; when forgetting is not an option.

PHARMACIES OFFERING HOME DELIVERY

In most cases, these pharmacies deliver free of charge, but deliveries may be limited to prescription items only. Please call for services and delivery requirements.

► FAMILY FIRST PHARMACY 410-363-0500 www.familyfirstpharmacy.com 1 Easter Court, Suite G

Owings Mills 21117 We provide insurance billing, competitive prices and medical/supplies/equipment.

► HALETHORPE PHARMACY (A CARE PHARMACY)

410-247-3344 www.halethorpepharmacy.com 1307 Francis Avenue Baltimore 21227 Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► INDEPENDENT DRUG (A CARE PHARMACY)

410-687-1115 www.independentdrug.com 28 Kingston Road Middle River 21220 Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► PROFESSIONAL PHARMACY (AN EPIC PHARMACY)

410-687-8113 800-595-3196 www.propharmacyrx.net 9106 Philadelphia Road, Suite 100 Baltimore 21237 Bringing pharmacy to life with quick and efficient service.

PHYSICIAN REFERRAL SERVICES

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► BALTIMORE COUNTY MEDICAL ASSOCIATION/ MEDCHI 410-296-1232

A referral service for physicians in Baltimore County.



MARYLAND MEDICAL ASSISTANCE BENEFICIARY SERVICES AND PHARMACY ACCESS HOTLINE 800-492-5231 Names of doctors who accept Medical Assistance.

MARYLAND STATE MEDICAL SOCIETY (MEDCHI)

410-539-0872 A referral service for physicians in Maryland.

► MEDICARE

800-633-4227 www.medicare.gov (Click Resource Locator, Then Click Physician Compare). To identify physicians who accept Medicare reimbursement.

PHYSICIANS WHO MAKE HOUSE CALLS

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

PHYSICIANS

See also Community Mental Health, Health Clinics, Hospital Subspecialties Physicians Who Make House Calls and Vision Resources.

PODIATRISTS

For referral services, please review the Physicians Who Make House Calls category or contact Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

P-R PUBLICATIONS OF INTEREST -RECREATION AND LEISURE ACTIVITIES

PUBLICATIONS OF INTEREST

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► BALTIMORE CITY HEALTH DEPARTMENT 410-396-4398

► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES MARYLAND ACCESS POINT, GOLD CARD, CARE BROCHURES 410-396-2273

► BALTIMORE COUNTY DEPARTMENT OF AGING PUBLICATIONS

410-887-2594 (Maryland Access Point of Baltimore County) Produces publications and other informational media that are primarily available at no cost. Contact Maryland Access Point of Baltimore County for information.

- Brain Matters - available in May 2016

- Community Resources
- Senior Digest*

(subscription fee applies) - The Power of Age Expo Program Guide - available in October. Publications are also available at 20 Baltimore County senior centers, Baltimore County public libraries and through Project DOCS, a partnership with local hospitals. To view senior center newsletters online visit: http:// www.baltimorecountymd.gov/ agencies/aging/centers/ newsletters.html.



► BALTIMORE COUNTY SENIOR DIGEST* 410-887-3050

www.baltimorecountymd.gov/ Agencies/aging/publications/ seniordigest.html A newspaper filled with information and interests pertaining to older adults, baby boomers, caregivers, families, persons with disabilities and professionals. Published eight times annually by the Baltimore County Department of Aging. Cost is \$5 per year for subscribers 60 and older who live in Baltimore County; \$7 per vear for all other subscribers. Advertising opportunities available. Please phone for pricing.

► CAREGIVER CONNECTION

410-887-2594 A free newsletter for caregivers by mail or e-mail. To subscribe, visit www.baltimorecountymd. gov/subscribe/caregiver.

► COUNTY CONNECTION

An e-newsletter from the County Executive's office. To subscribe, visit www.baltimorecountymd. gov/subscribe/index.html.

EMERGENCY CARD

Orange Card -410-887-2594 (County) Gold Card -410-396-2273 (City) This card could save your life. This card lists all of your medications and other medical information. Emergency medical personnel look for this card on refrigerators in an emergency.

REALTORS, REAL ESTATE AGENTS

► TOM ROACH PAT SKARUPA **RE/MAX AMERICAN** DREAM 410-515-0900 410-515-8881 www.tomroach.realtor Bel Air Office 620 South Main Street Bel Air 21014 Perry Hall Office 9414 Belair Road Baltimore 21236 For personal, roll up your sleeves, no excuses classic service.

RECREATION AND LEISURE ACTIVITIES

► BALTIMORE CITY RECREATION AND PARKS 410-396-7900 410-396-7515 (Therapeutic) Persons with disabilities call therapeutic number.

► BALTIMORE CITY RECREATION AND PARKS, SENIOR CITIZENS DIVISION GOLDEN AGE CLUBS 410-396-2920

► BALTIMORE COUNTY DEPARTMENT OF RECREATION AND PARKS 410-887-3871 Recreation and leisure opportunities in County.

The Silver Group

A unique division dedicated to providing specialty services to address the challenges associated with a Senior Move.



When you or the people you love are ready to move, you need more than just an agent. You need a Team you can trust.

For more information, contact Bob Lucido at **410-979-6024** or <u>Bob@BobLucidoTeam.com</u>





RECREATION AND LEISURE ACTIVITIES -RESPITE CARE SERVICES

► BALTIMORE COUNTY DEPARTMENT OF RECREATION AND PARKS, THERAPEUTIC SERVICES 410-887-5370 Recreational programs and services for persons with disabilities.

► BALTIMORE COUNTY OFFICE OF TOURISM 410-887-2849

► BALTIMORE COUNTY SENIOR CENTERS (See "Senior Centers")

MARYLAND SENIOR OLYMPICS

410-396-2920 Competitions for people age 50 and over in archery, bowling, cycling, golf, horseshoes, track and field and more.

SENIOR BOX OFFICE

410-887-5399 www.seniorboxoffice.org Volunteer program that distributes discounted tickets to members for events. Travel opportunities also available without membership.

► TOWSON UNIVERSITY, INSTITUTE FOR WELL-BEING WELLNESS

CENTER 410-704-4555 Offering a focus on medical fitness and exercise for seniors.

GOLF COURSES, BALTIMORE CITY

Carroll Park 410-685-8344 Clifton Park 410-243-3500 Forest Park 410-448-4653 Mount Pleasant 410-254-5100 Pine Ridge 410-252-1408

GOLF COURSES, BALTIMORE COUNTY

410-887-GOLF (4653) www.baltimoregolfing.com

Diamond Ridge 410-887-1349 Greystone 410-887-1945 Fox Hollow 410-887-7735 Rocky Point 410-887-0215 The Woodlands 410-887-1349

AQUATIC PROGRAMS FOR OLDER ADULTS AND PERSONS WITH PHYSICAL DISABILITIES

Recreational water programs led by trained instructors. Ability to swim not required. Fees vary.

► ARTHRITIS FOUNDATION, MARYLAND CHAPTER 800-365-3811

Maintains current listing of swimming programs for arthritic individuals and persons with disabilities.

► KERNAN HOSPITAL AQUATIC EXERCISE PROGRAM 410-448-6706

► LEAGUE FOR PEOPLE WITH DISABILITIES, WELLNESS PROGRAM 410-323-0500, Ext. 314

► MULTIPLE SCLEROSIS SOCIETY OF MARYLAND 800-344-4867, Press 1 Maintains current listing of

Maintains current listing of swimming programs for persons with disabilities.



► Y OF CENTRAL MARYLAND Baltimore City 410-889-9622 Catonsville 410-747-9622 Dundalk 410-285-7616 Parkville 410-663-1300 Randallstown 410-496-4272 Towson

RESPITE CARE SERVICES

410-823-8870

See also Assisted Living Programs, Home Health Services, Home Care (Non-Medical), Memory Care and Nursing Homes.

► BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY

443-275-2796 (24-Hour Service) www.brightstarcare.com/ baltimore-citycounty/ 1615 York Road, Suite 205 Lutherville-Timonium 21093 Private duty homecare: nursing assistants, RN's, LPN's, Joint Commission Accreditation.

COMFORCARE HOME CARE SERVICES 410-922-6262 www.comforcare.com/

baltimore-carroll 9952 Liberty Road Randallstown 21133 ComForcare provides care to help persons thrive in their home.

► ELIZABETH COONEY

CARE NETWORK 410-323-1700 (24-Hour Service) 888-353-1700 www.care-network.com 1107 Kenilworth Drive, Suite 200 Towson 21204 Celebrating 59 years - caring professional PT's, RN's, LPN's, CNA's, companions.

GRISWOLD HOME CARE

410-988-5094 800-474-7965 www.griswoldhomecare.com We're here when you need a helping hand.

► HOUSEN HEALTH

SERVICES 855-800-4682 301-933-8188 http://housenhc.com 601 Seventh Street, Suite 203 Laurel 20707 Serving veterans for 20+ years, now opening to the community.

RESPITE CARE SERVICES - REVERSE MORTGAGES

► MAPLES OF TOWSON,

THE 410-296-8900 www.themaples-towson.com 7925 York Road Towson 21204 A family owned AL community in the heart of Towson.

MB HOMECARE

410-440-9601 410-440-8968 www.mbhomecare.com Provide compassionate in-home care to seniors and disabled adults.

SENIORS HELPING SENIORS

410-989-3775 (County) 410-650-4778 (City) www.seniorshelpingseniors. com/westbaltimorecounty Seniors Helping Seniors...a way to give and to receive®.

STELLA MARIS

410-252-4500 www.stellamaris.org 2300 Dulaney Valley Road Timonium 21093 Long-term, hospice, home care, housing, respite, rehab services available.

REVERSE MORTGAGES

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

Reverse mortgage counseling is a mandatory part of the application process.



► BALTIMORE COUNTY EMPLOYEES FEDERAL CREDIT UNION 410-828-4730 800-234-4730

www.bcefcu.com 23 West Susquehanna Avenue Towson 21204 Serving Baltimore County Government employees, volunteers and their families.

► HOWARD COUNTY OFFICE ON AGING 800-506-5806, Press 1 HUD certified reverse mortgage housing counselors.

► NET EQUITY FINANCIAL,

INC. Bill Peterson NMLS# 104372 443-725-3543 www.netequitymtg.com 4940 Campbell Boulevard, Suite 210 Nottingham 21236 A family-oriented, trustworthy, SeniorChecked® financial organization here for you.

► ST. AMBROSE HOUSING AID CENTER 410-366-8550 HUD certified reverse mortgage

housing counselors.

► U.S. HOUSING AND URBAN DEVELOPMENT, HOME EQUITY CONVERSION MORTGAGE PROGRAM 800-569-4287 Lists housing counseling agencies.



Cherishing every moment, we care for your loved ones through comprehensive, compassionate and dignified care.

Skilled Home Care • In-Patient and Home Hospice • Long Term Care • Transitional Care Private Companion Services • Senior Living • Short Term Respite • Senior Day Center



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2015 Top Rated Nursing Homes by U.S. News & World Report and medicare.gov

SENIOR CENTERS

SENIOR CENTERS

See also Fitness Centers.

BALTIMORE COUNTY

410-887-2040 www.baltimorecountymd.gov/ seniorcenters

Energize Your Life! at a Baltimore County Senior Center. Baltimore County Department of Aging sponsors 20 senior centers, most of which have been twice nationally accredited by the National Institute of Senior Centers. Located throughout the county, these centers provide opportunities for persons 60 years of age and older to get energized by participating in events, classes, services and other activities that reflect their experience and skills, respond to their diverse needs and interests, support their independence and encourage involvement in and with the center and the community.

Senior centers offer opportunities for leadership and volunteerism, lifelong learning, participation in trips, sports, exercise, art, dance, drama, music, theater, and advocacy. Thirteen senior centers offer access to fitness equipment for an additional fee. An "Eating Together" program is available at all senior centers (see Nutrition Services). Health and nutrition education and screening services are available along with a myriad of creative outlets designed to promote health and well-being. Referrals are made for additional services as necessary.

The centers provide a welcoming environment for fun, socialization and resources related to healthy aging. They also offer information and support for caregivers.

CENTER CONNECTION

A senior center service that supports and links individuals to senior center programs. Available at eight senior centers marked by asterisk*.

► ARBUTUS SENIOR CENTER

410-887-1410 www.baltimorecountymd.gov/ arbutus 855A Sulphur Spring Road Baltimore 21227

► ATEAZE SENIOR CENTER*

410-887-7233 410-284-3273 (Council) 410-285-0481 (Travel Desk) www.baltimorecountymd.gov/ ateaze 7401 Holabird Avenue Dundalk 21222

BYKOTA SENIOR CENTER* 410-887-3094 410-887-1691 (Travel Desk)

410-887-1091 (navel besk) www.baltimorecountymd.gov/ bykota 611 Central Avenue Towson 21204

► CATONSVILLE SENIOR CENTER*

410-887-0900 410-744-0170 (Travel Desk) www.baltimorecountymd.gov/ catonsville 501 North Rolling Road Catonsville 21228

► COCKEYSVILLE SENIOR CENTER*

(at Warren Place Apts.) 410-887-7694 www.baltimorecountymd.gov/ cockeysville 10535 York Road Cockeysville 21030

► EDGEMERE SENIOR CENTER

410-887-7530 410-477-2141 (Travel Desk) www.baltimorecountymd.gov/ edgemere 6600 North Point Road Edgemere 21219

ESSEX SENIOR

CENTER* 410-887-0267 410-687-5113 (Travel Desk) www.baltimorecountymd.gov/ essex 600 Dorsey Avenue Essex 21221

► FLEMING SENIOR

CENTER 410-887-7225 www.baltimorecountymd.gov/ fleming 641 Main Street Dundalk 21222

► HEREFORD SENIOR CENTER 410-887-1923 www.baltimorecountymd.gov/ hereford 510 Monkton Road Hereford 21111

► JACKSONVILLE SENIOR CENTER

410-887-8208 www.baltimorecountymd.gov/ jacksonville 3605A Sweet Air Road Phoenix 21131

► LANSDOWNE/ BALTIMORE HIGHLANDS SENIOR CENTER

410-887-1443 www.baltimorecountymd.gov/ lansdowne 424 Third Avenue Lansdowne 21227

► LIBERTY SENIOR CENTER*

410-887-0780 410-922-6200 (Council) www.baltimorecountymd.gov/ liberty 3525 Resource Drive Randallstown 21133

► OVERLEA-FULLERTON SENIOR CENTER

410-887-5220 www.baltimorecountymd.gov/ overleafullerton 4314 Fullerton Avenue Overlea 21236

► PARKVILLE SENIOR

CENTER* 410-887-5338 410-882-6087 (Travel Desk) www.baltimorecountymd.gov/ parkville 8601 Harford Road Parkville 21234

► PIKESVILLE SENIOR CENTER*

410-887-1245 410-484-5285 (Council/Travel Desk) www.baltimorecountymd.gov/ pikesville 1301 Reisterstown Road Pikesville 21208

► REISTERSTOWN SENIOR

CENTER 410-887-1143 www.baltimorecountymd.gov/ reisterstown 12035 Reisterstown Road Reisterstown 21136

► ROSEDALE SENIOR

CENTER 410-887-0233 410-574-4125 (Travel Desk) www.baltimorecountymd.gov/ rosedale 1208 Neighbors Avenue Rosedale 21237

► SEVEN OAKS SENIOR CENTER

410-887-5192 www.baltimorecountymd.gov/ sevenoaks 9210 Seven Courts Drive Baltimore 21236

► VICTORY VILLA SENIOR CENTER

410-887-0235 410-686-1352 (Council) www.baltimorecountymd.gov/ victoryvilla 403 Compass Road Middle River 21220

► WOODLAWN SENIOR CENTER

410-887-6887 www.baltimorecountymd.gov/ woodlawn 2120 Gwynn Oak Avenue Woodlawn 21207

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SENIOR CENTERS - SUPPORT GROUPS

BALTIMORE CITY

Healthy and Active Aging is the theme of Baltimore City's fourteen (14) senior centers. Six (6) of the fourteen are operated by CARE Services. Centers are strategically located throughout the city offering a range of services, programs and activities that help meet the social, physical and intellectual needs of older adults.

Each center provides opportunities for adults, age 55 and older to engage in activities that are stimulating. enhancing and culturally diverse. Participants can choose from an array of choices and options that foster skill development. lifelong learning, art creativity, and cultural exchange. In addition, centers provide nutritional health, education, screening and a safe, embracing environment for socialization within the community, and also opportunities for volunteerism.

Baltimore City welcomes you to connect with any one of the fourteen (14) centers and find what interests you to maintain a healthy and active aging lifestyle.

► ACTION IN MATURITY 410-889-7915 700 West 40th Street Baltimore 21211

► ALLEN SENIOR CENTER 410-685-6224 1404 South Charles Street Baltimore 21230

► CHERRY HILL SENIOR CENTER 410-396-2920 3301 Waterview Avenue

Baltimore 21230

► EDWARD A. MYERBERG SENIOR CENTER 410-358-6856 3101 Fallstaff Road Baltimore 21209

► FOREST PARK SENIOR CENTER

410-466-2124 4801 Liberty Heights Avenue Baltimore 21207

► GREENMOUNT SENIOR CENTER

410-396-3552 425 East Federal Street Baltimore 21202

► HARFORD SENIOR CENTER 410-426-4009 4920 Harford Road Baltimore 21214

► HATTON SENIOR CENTER 410-396-9025 2825 Fait Avenue Baltimore 21224

► JOHN BOOTH/HOOPER SENIOR CENTER 410- 396-9202 2601-A East Baltimore Street Baltimore 21224

► OLIVER SENIOR CENTER 410-396-3861

1700 North Gay Street Baltimore 21213

► SANDTOWN WINCHESTER SENIOR CENTER 410-396-7724 1601 Baker Street Baltimore 21217

SENIOR NETWORK OF NORTH BALTIMORE 410-323-7131 5828 York Road Baltimore 21212

► WAXTER CENTER FOR SENIOR CITIZENS 410-396-1324 1000 Cathedral Street Baltimore 21201

► ZETA CENTER FOR HEALTHY AND ACTIVE AGING 410-396-3535 4501 Reisterstown Road Baltimore 21215



SUPPORT GROUPS

ALCOHOLISM

GROUP

410-832-7094

ANONYMOUS

410-663-1922

DISEASE

► ALCOHOLICS

ALZHEIMER'S

► ALZHEIMER'S

www.alz.org/maryland

other support groups.

Provides support groups for

various stages of Alzheimer's

Disease. Maintains listing of

AMPUTEE SUPPORT

GOOD SAMARITAN

► UNIVERSITY OF

REHABILITATION &

ORTHOPAEDIC INSTITUTE

HOSPITAL

443-444-4100

MARYLAND

410-448-6706

ARTHRITIS

► ARTHRITIS

FOUNDATION

800-365-3811

ASSOCIATION

410-561-9099

► AL-ANON FAMILY

ASTHMA

► AMERICAN LUNG ASSOCIATION 800-586-4872

► ASTHMA AND ALLERGY FOUNDATION 410-484-2054

BEREAVEMENT/ GRIEF

► BALTIMORE CANCER SUPPORT GROUP AT ST. PETER'S LUTHERAN CHURCH 410-668-1762 Adults, not limited to cancer.

BEREAVED PARENTS USA 410-321-7053 Bereaved parents/ grandparents.

COMMUNITY HOSPICE OF MARYLAND 866-234-7742

COUNSELING CENTER AT STELLA MARIS 410-252-4500, Ext. 7291 Individual counseling and support groups.

► FAMILIES OF HOMICIDE AND DRUNK-DRIVING VICTIMS 410-887-6650

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SUPPORT GROUPS

► GILCHRIST HOSPICE CARE 443-849-8251 General adult support groups.

► HEARTLAND HOSPICE 410-719-8670

► HOPEWELL CANCER SUPPORT 410-832-2719 For adults/children.

► MEDSTAR FRANKLIN SQUARE MEDICAL CENTER 443-777-7657 Widow/widowers.

► PROFESSIONAL HEALTHCARE HOSPICE 410-735-5569 Bereavement support for adults.

CANCER

► AMERICAN CANCER SOCIETY 410-931-6850

► BALTIMORE CANCER SUPPORT GROUP AT ST. PETER'S LUTHERAN CHURCH 410-668-1762 Patients, caregivers and bereavement.

CANCER INFORMATION SERVICE 800-4-CANCER

► GBMC ONCOLOGY SUPPORT PROGRAMS 443-849-2961

► HOPEWELL CANCER SUPPORT 410-832-2719

► SAINT AGNES HOSPITAL'S CANCER INSTITUTE 410-368-2970 ► UNION MEMORIAL HOSPITAL ARM-IN-ARM BREAST CANCER SUPPORT GROUP 410-554-6590

► UNIVERSITY OF MARYLAND - ST. JOSEPH CANCER INSTITUTE SUPPORT SERVICES 410-427-2011

CAREGIVERS

See also Caregivers / Grandparent support.

► BALTIMORE CITY HEALTH DEPARTMENT OFFICE OF AGING FAMILY CAREGIVERS SUPPORT PROGRAM 410-396-4932

► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE, CAREGIVERS SUPPORT GROUP 410-448-6311

► UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER, CAREGIVERS SUPPORT GROUP 410-337-1109

DIABETES

► AMERICAN DIABETES ASSOCIATION 410-265-0075

► UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER 410-337-1382

DIVORCE

► CHANGING FOCUS 410-721-0992

EATING DISORDERS

► OVEREATERS ANONYMOUS 443-475-0443

EPILEPSY

► ABILITIES NETWORK INC./EPILEPSY FOUNDATION OF THE CHESAPEAKE REGION 410-828-7700, Ext. 1259

LOW VISION

► BLIND INDUSTRIES AND SERVICES OF MARYLAND 410-737-2600

MENTAL HEALTH

► ISSUES IN AGING/ LIVING - GERIATRIC SERVICES GROUP Ateaze Senior Center 410-887-7233 Catonsville Senior Center 410-887-0900 Essex Senior Center 410-887-0267 Liberty Senior Center 410-887-0780 Pikesville Senior Center 410-887-1245

► NAMI - METRO BALTIMORE 410-435-2600

MESOTHELIOMA

► MESOTHELIOMA CENTER 800-615-2270

MULTIPLE SCLEROSIS

 NATIONAL MULTIPLE SCLEROSIS SOCIETY Maryland Chapter 443-641-1200

PARKINSON'S DISEASE

► JOHNS HOPKINS PARKINSON'S DISEASE AND MOVEMENT DISORDER CENTER 410-955-8795

► PROGRESSIVE SUPRANUCLEAR PALSY, SOCIETY FOR 800-457-4777

► UNIVERSITY OF MARYLAND PARKINSON'S DISEASE AND MOVEMENT DISORDERS CENTER 410-328-7809

SPINAL CORD INJURY

► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE, SPINAL CORD INJURY SUPPORT GROUP FOR SURVIVORS/FAMILIES 410-448-6307

STROKE/BRAIN INJURY

► GOOD SAMARITAN HOSPITAL, STROKE CLUB 443-444-5500

RETURN PROGRAM AT SINAI HOSPITAL 410-601-6080 Any type of brain injury.

► TOWSON UNIVERSITY, INSTITUTE FOR WELL-BEING STROKE SURVIVOR GROUP 410-704-3095 Monthly group meetings for survivors and family members.

S - **T** SUPPORT GROUPS - THERAPY: OCCUPATIONAL, PHYSICAL AND SPEECH

► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE, BRAIN INJURY SUPPORT GROUP FOR SURVIVORS/ FAMILIES 410-448-6303

► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE STROKE SUPPORT GROUP FOR SURVIVORS AND FAMILY 410-448-6320

SUICIDE, FAMILIES OF VICTIMS OF SUICIDE

► SEASONS SUICIDE BEREAVEMENT, INC. 410-683-0159

TAX INFORMATION AND ASSISTANCE

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► BALTIMORE COUNTY OFFICE OF BUDGET AND FINANCE, TAXPAYERS SERVICES

410-887-2403 Information and assistance concerning property tax bills.

► BALTIMORE CASH CAMPAIGN 410-234-8008

Free tax preparation and other helpful financial services.

► EARNED INCOME TAX CREDIT

800-492-0618 (211 Helpline) Tax credit for certain low to moderate wage earners.

FEDERAL TAX

ASSISTANCE 800-829-1040 (General Assistance) 800-829-3676 (Forms Distribution)

► MARYLAND PROPERTY TAX CREDIT

410-767-4433, Press 1 Maryland Property tax credit based on a person's gross income. Those age 70 and older may file for the past three years.

► MARYLAND RENTER'S TAX CREDIT

410-767-4433, Press 2 Maryland tax credit for renters when rent exceeds a fixed percentage of their gross income.

MARYLAND STATE TAX ASSISTANCE

410-260-7951 (Forms) 410-260-7980 (General Assistance)

► STATE PROPERTY TAX DEDUCTION FOR LEGALLY BLIND IN BALTIMORE COUNTY 410-512-4981

► TAX COUNSELING FOR OLDER ADULTS

410-887- 2594 (County) 410-396-2273 (City) Partnership of AARP and IRS. Free tax assistance to older adults at local senior centers during tax season.

► TAXPAYER ADVOCATE SERVICE

443-853-6000 An IRS office which offers free assistance to help resolve tax problems.

► TAXPAYER ASSISTANCE

OFFICE 410-260-7980 Comptroller of Maryland answers Maryland tax questions.

THERAPY: OCCUPATIONAL, PHYSICAL AND SPEECH

CHARLOTTE HALL

VETERANS HOME 301-884-8171 www.charhall.org 29449 Charlotte Hall Road Charlotte Hall 20622 Income based assisted living, LTC nursing, rehabilitation and memory care.

FOUNDATIONS

410-789-7772 410-269-3250 www.foundationsgroup.net 1025 West Nursery Road, Suite 112 Linthicum 21090 Medical day care/psychiatric rehabilitation services for over ten years.

MAPLES OF TOWSON, THE

410-296-8900 www.themaples-towson.com 7925 York Road Towson 21204 A family owned AL community in the heart of Towson.

Sub-Acute Care / Short Term Rehab

MARYLAND MASONIC HOMES IS NOW THE NEW CHOICE IN SHORT-TERM / SUB-ACUTE CARE! While transitioning from a hospital stay, our team of professionals will work with each patient to restore health, achieve maximum independence, and ultimately, return home.

In addition to providing Medicare Part A covered services, unparalleled care and exceptional rehabilitative services, Maryland Masonic Homes offers the following amenities to make your stay more comfortable:

BEAUTIFULLY APPOINTED PRIVATE

AND SEMI-PRIVATE ROOMS

WI-FI ACCESSIBILITY

TELEPHONE SERVICE

DELICIOUS/NUTRITIOUS MEALS

SOCIAL ACTIVITIES

three (3) day qualifying hospital stay, call 410-527-1111. ext. 3268

If you or a loved one are eligible to utilize

your Medicare Part A benefits and have a

Come home to Maryland Masonic Homes!



STELLA MARIS

410-252-4500 www.stellamaris.org 2300 Dulaney Valley Road Timonium 21093 Long-term, hospice, home care, housing, respite, rehab services available.

TRANSPORTATION SERVICES

PUBLIC AND NON-PROFIT

► ACTION IN MATURITY 410-889-7915

410-869-7915 www.actioninmaturity.org Door-to-door shuttle and personal transportation for older adults and people with disabilities living in Baltimore City. Fares vary: \$2.00 round trip for grocery shuttles, personal transportation rates according to destination. Fares are waived for hardship.

► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES TAXI - CARD PROGRAM 410-664-1123 www.caretaxicard.com

CHAI'S NORTHWEST SENIOR SHUTTLE

410-889-1148 Free shuttle services for residents of Weinberg Senior Living and members of Northwest Neighbors Connecting. Operated by Action in Maturity.

► COUNTYRIDE

SERVICES

410-887-2080 www.baltimorecountymd.gov Provides transportation to adults age 60 and over, persons with disabilities from age 18 - 59 and rural residents of Baltimore County. Fee of \$3.00 each way/ \$2.50 when discounted tickets are purchased in advance from CountyRide's Office or your local senior center. See Baltimore County's Summary of Services for additional

► HEALTH DEPARTMENT, MEDICAL ASSISTANCE TRANSPORTATION

information.

410-887-2828 (County) 410-396-6422 (City) Transportation for Medical Assistance recipients to and from their place of medical care.

► MARYLAND MOTOR VEHICLE ADMINISTRATION Automated Information 410-768-7000 Customer Service 800-950-1682 Handicapped License Plates/ Mirror Tags 410-787-2958 Handicapped Signs For Residential Parking Permit 410-768-7646 410-887-3554

MARYLAND TRANSIT ADMINISTRATION INFORMATION CENTER

THERAPY: OCCUPATIONAL, PHYSICAL

AND SPEECH - TRANSPORTATION

(MTA) 410-539-5000 410-539-3497 (TDD) For buses, the Metro and Light Rail (all buses have wheelchair lifts).

► MTA CALL-A-RIDE 410-664-2030

www.mtacallaride.org

► MTA MOBILITY/ PARATRANSIT SERVICE 410-764-8181

Curb-to-curb service, 24 hours a day inside the Baltimore Beltway. Also serves within ¾ of a mile along fixed MTA routes outside the Baltimore Beltway. Client must be disabled and complete certification eligibility. Exact change required. Cost-\$1.90 each way. "Taxi Access" program available for individuals registered with MTA Mobility.

► MTA REDUCED FARES FOR SENIORS AND PERSONS WITH DISABILITIES 410-767-4833 410-333-2051 (TTY) 6 St. Paul Street Baltimore 21202 People 65 and older (with a

state issued ID), and those with disabilities (with application and a state issued ID) may ride for \$.70 per ride, \$2 or two tokens for a daily pass, or \$20 for a monthly pass on the bus, light rail/Metro, and one-half the regular fare on MARC trains.

PRIVATE WHEELCHAIR ACCESSIBLE

Ambulance, van and school bus companies that provide wheelchair accessible vehicles for a fee. For additional referrals/services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

NON WHEELCHAIR ACCESSIBLE

► JIMMY'S CAB

410-296-7200 Visa, Mastercard, American Express, MTA Call-A-Ride, 24/7, folding wheelchairs.

TRANSPORTATION/ HOME CARE SERVICES

See also Home Health Services and Home Care (Non-Medical). Please check with agency to learn their requirements for this service.

COMFORCARE HOME

410-922-6262 www.comforcare.com/ baltimore-carroll ComForcare provides care to help persons thrive in their home.

► GRISWOLD HOME CARE 410-988-5094 800-474-7965 www.griswoldhomecare.com We're here when you need a helping hand.



T - V TRANSPORTATION SERVICES - VISION RESOURCES



► HOUSEN HEALTH SERVICES 855-800-4682 301-933-8188 http://housenhc.com Serving veterans for 20+ years, now opening to the community.

► **MB HOMECARE** 410-440-9601 410-440-8968

www.mbhomecare.com Provide compassionate in-home care to seniors and disabled adults.

SENIORS HELPING SENIORS

410-989-3775 (County) 410-650-4778 (City) www.seniorshelpingseniors. com/westbaltimorecounty Seniors Helping Seniors...a way to give and to receive®.

TRAVEL

► BALTIMORE COUNTY SENIOR CENTER TRAVEL

See "Senior Centers, Baltimore County" for contact information.

► NATIONAL PASSPORT INFORMATION

877-487-2778 www.travel.state.gov/passport Print online application to submit at post office for a US passport.

► SENIOR BOX OFFICE 410-887-5399

www.seniorboxoffice.org Volunteer program that distributes discounted tickets to members for cultural/ other events. Diverse travel opportunities available without membership.

GOLDEN AGE AND SENIOR PASSES

► FEDERAL RECREATION SENIOR PASS

410-962-4290 Lifetime permit to Federal parks, monuments and recreation areas for permanent U.S. residents age 62 and older. Cost \$10.00. Must apply in person. Closest location: Ft. McHenry.

► STATE GOLDEN AGE PASS

410-260-8186 www.dnr.maryland.gov Free day use entry to all Maryland State Parks; half price camping Sun.-Thurs.; age 62 and older.

VETERAN RESOURCES

► AID AND ATTENDANCE PROGRAM 800-827-1000

Benefit for veterans and their spouses who need the assistance of another person to perform personal care. Financial and medical eligibility criteria apply.

► BALTIMORE VA MEDICAL CENTER

410-605-7000 877-222-8387 (Eligibility/ Enrollment) Acute medical/surgical care facility offering inpatient, outpatient, primary care services and rehabilitation.

► BALTIMORE VA REHAB AND EXTENDED CARE CENTER

410-605-7000, Press 5 Rehab and post acute care for veterans.

► CHARLOTTE HALL VETERANS HOME

301-884-8171 www.charhall.org 29449 Charlotte Hall Road Charlotte Hall 20622 Income based assisted living, LTC nursing, rehabilitation and memory care.

► FORT HOWARD VA OUTPATIENT CLINIC 410-477-1800 Outpatient care for veterans.

► HOMEFRONT: OUR TURN TO SERVE

www.bcpl.info/community/ veterans-services Website for veterans maintained by Baltimore County Public Library.

► LOCH RAVEN VA OUTPATIENT CLINIC 410-605-7651

Outpatient care for veterans.

► MARYLAND DEPARTMENT OF VETERANS AFFAIRS

800-446-4926, Ext. 6450 www.mdva.state.md.us Assists Maryland veterans and families to obtain benefits including Maryland Veterans Cemetery Program.

► PERRY POINT VA MEDICAL CENTER 410-642-2411

Services for Maryland veterans includes mental health, inpatient medical, long term care, rehabilitation, geriatric evaluation/management, respite, chronic ventilator and hospice care.

► TRICARE FOR LIFE 877-874-2273

Health insurance for active duty military, families and retirees.

► U. S. DEPT. OF VETERANS AFFAIRS TELEPHONE ASSISTANCE 410-230-4500 (Baltimore Region) 800-827-1000 (National Helpline) Benefits for eligible veterans and their families.

► VA MARYLAND HEALTH CARE SYSTEM, ELIGIBILITY & ENROLLMENT CENTER

800-463-6295, Ext. 7324 To receive VA health care, veterans must first be enrolled with the VA health care system.

VISION RESOURCES

See also Assistive Technology, Disabilities Assistance, Physicians and Physicians Who Make House Calls.

► BLIND INDUSTRIES AND SERVICES OF MARYLAND

410-737-2600 Vocational training, information and referral. Sells low-vision aids and appliances at cost.

► FOUNDATION FIGHTING

BLINDNESS, INC., THE 410-423-0600 800-683-5555 Funds research and provides information.





VISION RESOURCES - VOLUNTEER OPPORTUNITIES

► VISION USA

800-766-4466

► GBMC

OPHTHALMOLOGY CLINIC

443-849-2106 www.gbmc.org/ ophthalmology Physicians Pavilion West 6569 North Charles Street, Suite 505 Baltimore 21204 Services ranging from eye exams, diagnostic procedures and surgical procedures.

► HEALTH CARE FOR THE HOMELESS

410-837-5533 Healthcare for the homeless/ Maryland Society for Sight offers free vision care and eyeglasses to the uninsured homeless.

► IMAGE CENTER

410-982-6311 Rehabilitation and training for persons who are blind or visually impaired.

► JOHNS HOPKINS HOSPITAL, WILMER EYE INSTITUTE

410-955-3429 Offers free diabetic retinopathy screening for persons who are taking diabetic medication, and are uninsured or underinsured.

► JOHNS HOPKINS HOSPITAL, WILMER EYE INSTITUTE, LIONS LOW VISION CENTER

410-955-0580 Rehabilitation and training for individuals with low vision.

► MARYLAND SOCIETY FOR SIGHT

410-243-2020 Information and referral regarding eye health and safety; visual acuity and glaucoma screenings.

MARYLAND STATE LIBRARY FOR THE BLIND AND PHYSICALLY HANDICAPPED

410-230-2424 Free library services for individuals with visual or physical disabilities.

► METROPOLITAN

WASHINGTON EAR 301-681-6636 A free multi-media audio information service for the blind, visually-impaired and physically disabled community.

► NATIONAL FEDERATION OF THE BLIND

410-659-9314 Information regarding services and aids available to the blind and visually impaired.

► NEW EYES FOR THE NEEDY

973-376-4903 Income eligible persons may obtain new prescription eyeglasses from local vendors with vouchers.

► NEWSLINE FOR THE BLIND

410-659-9314, Press 3 A free audio newspaper service for the blind and visually impaired.

► OFFICE FOR BLINDNESS AND VISION SERVICES, DIVISION OF REHABILITATION SERVICES

410-554-9277 Persons who are blind or visually impaired may be eligible for case management and teaching services.

► RADIO READING NETWORK OF MARYLAND. INC.

410-779-4969 A radio broadcast of the daily news from newspapers for the visually impaired. Special radio receiver required.

► STATE PROPERTY TAX DEDUCTION FOR LEGALLY BLIND IN BALTIMORE COUNTY 410-512-4981

VITAL RECORDS

DIVISION OF VITAL RECORDS 410-764-3038 Certified copies of birth, death and marriage certificates.

Provides free eve exams and

to income eligible persons.

free or reduced cost eye glasses

► NATIONAL PASSPORT INFORMATION CENTER

877-487-2778 www.travel.state.gov/passport Online application to present at post office for a US passport.

► REGISTER OF WILLS

410-887-6680 (County) 410-752-5131 (City) Probate and filing of wills for safekeeping.

VOLUNTEER OPPORTUNITIES

Without volunteers, many of the programs and services listed in this directory would not exist. Your skills and expertise are diverse and so are your volunteer choices. Now is your chance to learn new skills, meet new people and share your knowledge with others.

► AARP CREATE THE GOOD

888-0UR-AARP 888-687-2277 www.createthegood.org Create the Good is about helping others whether you have five minutes or five hours.

► AARP MARYLAND STATE OFFICE VOLUNTEERS

410-895-7614 www.aarp.org Make a difference in the state of Maryland through a variety of volunteer opportunities.

► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES, MARYLAND ACCESS POINT 410-396-4932 410-396-2273

► BALTIMORE COUNTY HOME TEAM 410-887-4141

The Home Team is a community based volunteer program serving homebound Baltimore County residents 60 years of age or older who lack social supports and are at risk of social isolation. Eligible clients are matched with a volunteer who provides friendly in-home and telephone visits.

► BALTIMORE COUNTY DEPARTMENT OF AGING, LONG-TERM CARE OMBUDSMAN PROGRAM 410-887-4200

Ombudsman volunteers visit nursing homes and assisted living facilities to advocate for the needs of residents and to promote their rights and quality of life.

PAREXEL CLINICAL RESEARCH

877-617-8839 www.parexel.com/baltimore Harbor Hospital 3001 South Hanover Street Baltimore 21225 Clinical trials for healthy seniors - Alzheimer's, multiple sclerosis, hypertension, asthma and diabetes.

► RETIRED AND SENIOR VOLUNTEER PROGRAM (RSVP)

410-887-3101 (County) 410-361-9400 (City) RSVP invites individuals 55 and older to answer volunteer needs in their community. Skills and talents gained by individuals over a lifetime of experience are put to good use in nonprofit organizations, government agencies, schools and communities. There is a wide range of volunteer opportunities available.

ADVOCACY GROUPS AND ORGANIZATIONS

► AARP 866-542-8163 www.aarp.org

► AMERICAN SOCIETY ON AGING 800-537-9728 www.asaging.org

► ANNENBERG PUBLIC POLICY CENTER 215-898-9400 www.factcheck.org

► BALTIMORE COUNTY ASSOCIATION OF SENIOR CITIZENS ORGANIZATIONS (BCASCO) 410-521-5726 www.bcasco.org

► BALTIMORE COUNTY COMMISSION ON DISABILITIES 410-887-3580 www.baltimorecountymd. gov/agencies/ neighborhoodimprovement/ disabilities

► BALTIMORE COUNTY RESTORING ELDER SAFETY TODAY (BC REST) www.bcpl.info/stopelderabuse

► CENTER FOR MEDICARE ADVOCACY, INC. 860-456-7790 202-293-5760 www.medicareadvocacy.org

LEADERSHIP COUNCIL
 OF AGING
 ORGANIZATIONS
 www.lcao.org

► MARYLAND DEPARTMENT OF DISABILITIES 410-767-3660 800-637-4113 (TTY/Voice) www.mdod.maryland.gov ► MEDICARE INTERACTIVE www.medicareinteractive.org

► MEDICARE RIGHTS CENTER 800-333-4114 www.medicarerights.org

► NATIONAL ASSOCIATION OF AREA AGENCIES ON AGING 202-872-0888 www.n4a.org

► NATIONAL ASSOCIATION OF INSURANCE COMMISSIONERS (NAIC) 202-471-3990 www.naic.org

► NATIONAL COMMITTEE TO PRESERVE SOCIAL SECURITY AND MEDICARE 800-998-0180 www.ncpssm.org

► OLDER WOMEN'S LEAGUE (OWL) 202-450-8986 www.owl-national.org

SENIOR SERVICE AMERICA 301-578-8900 www.seniorserviceamerica.org

► SNAPFORSENIORS™ 800-332-6347 www.benefitscheckup.org/ getsnap/

SPRY FOUNDATION (SETTING PRIORITIES FOR RETIREMENT YEARS) www.spry.org

► UNITED SENIORS OF MARYLAND www.unitedseniors.net

► VETERANS SERVICES HOMEFRONT: OUR TURN TO SERVE www.bcpl.info/community/

www.bcpl.info/communit veterans-services

CAREGIVING

► AGING WITH DIGNITY/ FIVE WISHES (Advance Planning Documents) 888-594-7437 www.agingwithdignity.org/ five-wishes.php

► AMERICAN ACADEMY OF HOME CARE MEDICINE 847-375-4719 www.aahcm.org

► BENEFITSCHECK UP www.benefitscheckup.org

► CAREGIVER ACTION NETWORK 202-454-3970 www.caregiveraction.org

CARING CONNECTIONS 800-658-8898 www.caringinfo.org

► ELDERCARE LOCATOR 800-677-1116 www.eldercare.gov

► FAMILY CAREGIVER ALLIANCE (FCA) 800-445-8106 www.caregiver.org

► MARYLAND GUIDE TO ASSISTED LIVING FACILITIES AND NURSING HOMES 877-245-1762 http://mhcc.maryland.gov/ consumerinfo/longtermcare/ assistedliving.aspx

► MARYLAND TECHNOLOGY ASSISTANCE PROGRAM, EQUIPMENT LINK 800-832-4827 www.equipmentlink.org

► NATIONAL ALLIANCE FOR CAREGIVING www.caregiving.org

► NATIONAL CAREGIVING FOUNDATION

800-930-1357 www.caregivingfoundation.org

NATIONAL RESPITE NETWORK AND RESOURCE CENTER 703-256-2084 www.archrespite.org

► NEW YORK TIMES CAREGIVING/HEALTH ARTICLES http://newoldage.blogs. nytimes.com

► NURSING HOME COMPARE www.medicare.gov/ nursinghomecompare

STRENGTH FOR CARING www.strengthforcaring.com

► TODAY'S CAREGIVER MAGAZINE 800-829-2734 www.caregiver.com

► WELL SPOUSE ASSOCIATION 800-838-0879 www.wellspouse.org

CONSUMER INFORMATION AND RESOURCES

► CONSUMER FINANCIAL PROTECTION BUREAU 855-411-2372 www.consumerfinance.gov/ complaint

► FEDERAL TRADE COMMISSION BUREAU OF CONSUMER PROTECTION 877-382-4357 www.ftc.gov

► FINANCIAL FRAUD ENFORCEMENT TASK FORCE www.stopfraud.gov

► IDENTITY THEFT HELPLINE (FTC) 877-438-4338 www.ftc.gov/idtheft

MARYLAND PEOPLE'S
LAW LIBRARY
www.peoples-law.org

► MARYLAND DEPARTMENT OF HUMAN RESOURCES, MYDHR 800-332-6347 https://mydhrbenefits.dhr. state.md.us

MARYLAND STATE
LIBRARY FOR THE BLIND
AND PHYSICALLY
HANDICAPPED
800-964-9209
www.lbph.lib.md.us

► NATIONAL MENTAL HEALTH CONSUMERS' SELF-HELP CLEARINGHOUSE 800-553-4539 www.mhselfhelp.org

FEDERAL, STATE AND LOCAL GOVERNMENT AGENCIES

► BALTIMORE CITY AGENCIES www.baltimorecity.gov

► BALTIMORE COUNTY AGENCIES www.baltimorecountymd.gov

www.balumorecountymu.gov

► BALTIMORE COUNTY DEPARTMENT OF AGING 410-887-2594 www.baltimorecountymd.gov/ agencies/aging

CENTERS FOR MEDICARE AND MEDICAID SERVICES 800-633-4227 www.cms.gov

COMAR (CODE OF MARYLAND REGULATIONS ONLINE) 800-633-9657 www.dsd.state.md.us

► DEPARTMENT OF LABOR'S EMPLOYEE BENEFITS SECURITY ADMINISTRATION (EBSA) 866-487-2365 www.dol.gov/ebsa

► DISABILITY.GOV www.disability.gov

► EMPLOYEE BENEFIT RESEARCH INSTITUTE 202-659-0670 www.ebri.org

► FEDERAL BUREAU OF INVESTIGATION (FBI) 410-265-8080

MARYLAND
DEPARTMENT OF AGING
410-767-1100
www.aging.maryland.gov

► MARYLAND DEPARTMENT OF DISABILITIES 410-767-3660 800-637-4113 (Voice/TTY) www.mdod.maryland.gov

MARYLAND DEPARTMENT OF HEALTH AND MENTAL HYGIENE (DHMH) 877-463-3464 www.dhmh.maryland.gov

MARYLAND DEPARTMENT OF HUMAN RESOURCES (DHR) 800-332-6347 www.dhr.state.md.us

► MARYLAND DEVELOPMENTAL DISABILITIES COUNCIL 800-305-6441 www.md-council.org ► MARYLAND HEALTH INSURANCE MARKETPLACE 855-642-8572 855-642-8573 (TTY) www.marylandhealthconnection. gov

MARYLAND INFECTIOUS DISEASE AND ENVIRONMENTAL HEALTH ADMINISTRATION 877-463-3464 http://ideha.dhmh.maryland. gov

► MARYLAND OFFICE OF THE ATTORNEY GENERAL 888-743-0023 410-576-6372 (TTD) www.oag.state.md.us

► MEDICARE HELPLINE/ MY MEDICARE 800-633-4227 www.medicare.gov www.mymedicare.gov

► OFFICE OF HEALTH CARE QUALITY (DHMH) 877-463-3464 http://dhmh.maryland.gov/ ohcq

► OFFICE OF THE SECRETARY OF THE STATE (410) 974-5534 or 1-800-825-4510

► SECURITIES AND EXCHANGE COMMISSION (SEC) 202-942-8088 800-SEC-0330

► SOCIAL SECURITY ADMINISTRATION/ ONLINE 800-772-1213 800-325-0778 (TTY) www.ssa.gov

► U. S. DEPARTMENT OF VETERANS AFFAIRS 800-827-1000 www.va.gov

► U.S. HEALTH INSURANCE MARKETPLACE www.healthcare.gov

► U.S. HOUSE OF REPRESENTATIVES 202-224-3121 202-225-1904 (ITY) www.house.gov

► U.S. COMMITTEE FOR REFUGEES & IMMIGRANTS 703-310-1130 www.refugees.org

► U.S. SENATE 202-224-3121 www.senate.gov

► WHITE HOUSE, THE 202-456-1414(Switchboard) 202-456-1111(Comments) 202-456-6213 (TTY/TDD) www.whitehouse.gov

NATIONAL HEALTH RELATED ORGANIZATIONS

AL-ANON FAMILY

GROUPS 757-563-1600 www.al-anon.alateen.org

► ALZHEIMER'S ASSOCIATION 800-272-3900 www.alz.org

► ALZHEIMER'S DISEASE EDUCATION AND REFERRAL CENTER 800-438-4380 www.nia.nih.gov/alzheimers

► AMERICAN ASSOCIATION OF KIDNEY PATIENTS 800-749-2257 www.aakp.org

► AMERICAN CANCER SOCIETY 800-227-2345 www.cancer.org

► AMERICAN COUNCIL OF THE BLIND 800-424-8666 www.acb.org

► AMERICAN DIABETES ASSOCIATION 800-342-2383 www.diabetes.org

► AMERICAN DIETETIC ASSOCIATION 800-877-0877 www.eatright.org

► AMERICAN HEART ASSOCIATION 800-242-8721 www.heart.org

► AMERICAN INSTITUTE FOR CANCER RESEARCH 800-843-8114 www.aicr.org

► AMERICAN KIDNEY FUND 866-300-2900 www.kidneyfund.org

► AMERICAN LIVER FOUNDATION 800-465-4837 www.liverfoundation.org

► AMERICAN LUNG ASSOCIATION 800-586-4872 www.lungusa.org www.lung.org

► AMERICAN PARKINSON'S DISEASE ASSOCIATION, INC. 800-223-2732 www.apdaparkinson.org

► AMERICAN UROLOGICAL ASSOCIATION FOUNDATION 800-828-7866 www.urologyhealth.org

► AMYOTROPHIC LATERAL SCLEROSIS ASSOCIATION 800-782-4747 www.alsa.org ARTHRITIS FOUNDATION 800-283-7800 www.arthritis.org

► BRAIN INJURY ASSOCIATION OF AMERICA 800-444-6443 www.biausa.org

CENTERS FOR DISEASE CONTROL AND PREVENTION 800-232-4636 www.cdc.gov

CROHN'S AND COLITIS FOUNDATION OF AMERICA 800-932-2423 www.ccfa.org

► DEPRESSION AND BIPOLAR SUPPORT ALLIANCE 800-826-3632 www.dbsalliance.org

► EASTER SEALS DISABILITY SERVICES 800-221-6827 www.easterseals.com

► EPILEPSY FOUNDATION 800-332-1000 www.epilepsy.com

► FOOD AND NUTRITION INFORMATION CENTER 301-504-5414 www.fnic.nal.usda.gov

► GENETIC ALLIANCE 202-966-5557 www.geneticalliance.org

► HOSPICE AND PALLIATIVE CARE NETWORK OF MARYLAND 410-891-5741 www.hnmd.org

► HUNTINGTON'S DISEASE SOCIETY OF AMERICA 800-345-4372 www.hdsa.org ► LEUKEMIA AND LYMPHOMA SOCIETY 800-955-4572 www.lls.org

► LIGHTHOUSE GUILD INTERNATIONAL 800-829-0500 www.lighthouse.org

► LIVING BANK, THE 800-528-2971 www.livingbank.org

► LUPUS FOUNDATION OF AMERICA, INC. 800-558-0121 www.lupus.org

► MARYLAND STATE MEDICAL SOCIETY (MEDCHI) 800-492-1056 www.medchi.org

► MEDLINE PLUS www.medlineplus.gov

► MENTAL HEALTH AMERICA 800-969-6642 www.nmha.org

► MESOLINK.ORG 800-354-8495 www.mesolink.org

MUSCULAR
DYSTROPHY ASSOCIATION
800-572-1717
www.mda.org

► NATIONAL ALLIANCE ON MENTAL ILLNESS 800-950-6264 www.nami.org

► NATIONAL ASSOCIATION FOR CONTINENCE 800-252-3337 www.nafc.org

► NATIONAL BREAST CANCER FOUNDATION, INC. 800-221-2141 www.nationalbreast cancer.org ► NATIONAL CANCER INSTITUTE 800-422-6237 www.cancer.gov

► NATIONAL FEDERATION OF THE BLIND 410-659-9314 www.nfb.org

► NATIONAL HEALTH INFORMATION CENTER www.health.gov/nhic

► NATIONAL HOSPICE AND PALLIATIVE CARE ORGANIZATION 800-658-8898 www.nhpco.org

► NATIONAL INSTITUTE ON AGING 800-222-2225 www.nia.nih.gov

NATIONAL INSTITUTE
ON DEAFNESS AND OTHER
COMMUNICATION
DISORDERS
800-241-1044
www.nidcd.nih.gov

► NATIONAL INSTITUTES OF HEALTH 301-496-4000 www.nih.gov

► NATIONAL INSTITUTE OF MENTAL HEALTH 866-615-6464 www.nimh.nih.gov

► NATIONAL INSTITUTE OF NEUROLOGICAL DISORDERS AND STROKE 800-352-9424 www.ninds.nih.gov

► NATIONAL KIDNEY FOUNDATION 800-622-9010 www.kidney.org

► NATIONAL MULTIPLE SCLEROSIS SOCIETY 800-344-4867 www.nationalmssociety.org

Baltimore County and Baltimore City's Retired Senior and Volunteer Program (RSVP) is seeking individuals ages 55 and over to serve and impact challenging issues in our community.

Repair Houses and Enhance Accessibility

Directly Impact the Environment

Help the Hungry

Impact the Youth

Increase Community Awareness about Alzheimer's disease

Assist Seniors to Live Independently

Visit Nursing Home and Assisted Living Residents

Prepare a Variety of Crafted Items





Baltimore County: 410-887-3101 volunteers@baltimorecountymd.gov Baltimore City: 410-361-9400 health.baltimorecity.gov/rsvp.html

Make A Difference By Supporting The Seniors In Need Fund!

The Seniors in Need Fund provides Baltimore County seniors with one-time emergency assistance for electric turn-offs, medications and more. You can help support the program by making a donation in honor of a loved one, relative, friend or colleague.

Donations may be made in any amount. Contributions over \$25 will be acknowledged in the Power of Age Expo program guide. All donors will receive a letter along with the individual and family being honored. Contributions are tax deductible.

Please make your check payable to the Baltimore County Department of Aging. Payment should be mailed to:

Baltimore County Department of Aging ATTN: Seniors In Need Fund 611 Central Avenue, Room 304, Towson, MD 21204

To learn more about the Seniors In Need Fund, please call **410-887-2002**.

► NATIONAL PSORIASIS FOUNDATION 800-723-9166 www.psoriasis.org

NATIONAL
REHABILITATION
INFORMATION CENTER
800-346-2742
www.naric.com

► NATIONAL STROKE ASSOCIATION 800-787-6537 www.stroke.org

► OPTIMIZING HEALTH AND WELL-BEING www.myoptumhealth.com

► PARKINSON'S DISEASE FOUNDATION 800-457-6676 www.pdf.org

► PREVENT BLINDNESS AMERICA 800-331-2020 www.preventblindness.org

SICKLE CELL DISEASE ASSOCIATION OF AMERICA, INC. 800-421-8453 www.sicklecelldisease.org

► SIMON FOUNDATION FOR CONTINENCE 800-237-4666 www.simonfoundation.org

► SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRATION 800-662-4357 www.samhsa.gov

► U. S. DEPT. OF HEALTH AND HUMAN SERVICES (FLU INFORMATION) 877-696-6775 www.flu.gov

► UNITED CEREBRAL PALSY 800-872-5827 www.ucp.org PHYSICIANS AND PRESCRIPTIONS

► AMERICAN ACADEMY OF HOME CARE MEDICINE 847-375-4719 www.aahcm.org

► AMERICAN SOCIETY OF CONSULTANT PHARMACISTS 800-355-2727 www.ascp.com

CLINICAL TRIALS.GOV
 www.clinicaltrials.gov

► GOOD DAYS 877-968-7233 www.gooddaysfromcdf.org

► HEALTHWELL FOUNDATION 800-675-8416 www.healthwellfoundation.org

MARYLAND RX CARD www.marylandrxcard.com

► NEEDYMEDS www.needymeds.org

► PARTNERSHIP FOR PRESCRIPTION ASSISTANCE 888-477-2669 www.pparx.org

► RATEMDS.COM www.ratemds.com

RXLIST - THE INTERNET
 DRUG INDEX
 www.rxlist.com

► VITALS www.vitals.com/doctor/ checkup

► WEBMD, BETTER INFORMATION, BETTER HEALTH www.webmd.com

PROFESSIONAL WEBSITES

► ADMINISTRATION ON AGING 202-619-0724 www.aoa.gov

► AGING STATS www.agingstats.gov

► AMERICAN GERIATRICS SOCIETY 212-308-1414 www.americangeriatrics.org

► CENTER FOR RETIREMENT RESEARCH AT BOSTON COLLEGE 617-552-1762 http://crr.bc.edu ► GERONTOLOGICAL SOCIETY OF AMERICA, THE

202-842-1275 www.geron.org

► LONG-TERM CARE FACTS www.ltcfocus.org

MARYLAND
ASSOCIATION OF SENIOR
CENTERS (MASC)
www.marylandseniorcenters.
com

► MARYLAND STATE LIBRARY FOR THE BLIND AND PHYSICALLY HANDICAPPED 800-964-9209 www.lbph.lib.md.us ► MERCK, BE WELL 800-444-2080 www.merck.com

► METLIFE MATURE MARKET INSTITUTE www.metlife.com/mmi

► NATIONAL COUNCIL ON AGING (NATIONAL INSTITUTE OF SENIOR CENTERS - NISC) 202-479-1200 www.ncoa.org

 NATIONAL LONG TERM CARE OMBUDSMAN RESOURCE CENTER 202-332-2275 Itcombudsman.org ► TOWSON UNIVERSITY -GERONTOLOGY PROGRAM 410-704-4049 www.towson.edu/ healthscience/gerontology

► WOMEN'S INSTITUTE FOR A SECURE RETIREMENT 202-393-5452 www.wiserwomen.org

TECHNOLOGY

► ALZHEIMER'S ASSOCIATION COMFORT ZONE 877-259-4850 www.alz.org/comfortzone



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Waxter Wisdom 2016

Who Changed OUR world

Join us as Baltimore City portrays 12 dynamic men who have influenced and shaped the world as we know it today. Free workshops will take place each month at 10:00 a.m.

PROJECT TAKING CARE OF MOM AND DAD CAREGIVER ASSISTANCE INFORMATION WILL BE AVAILABLE AT ALL SESSIONS.

Martin Luther King- January 13 Cab Calloway- February 10 Jackie Robinson- March 9 Langston Hughes- April 13 Thurgood Marshall- May 11 Michael Jackson- June 8

Sponsored by



Lunch will be included following presentation. Seniors 60+ must pre-register for lunch. All others \$5.00 contribution per meal. Please call (410) 396-1324 to register

Stephanie Rawlings-Blake, Mayor

WAXTER CENTER FOR SENIOR CITIZENS

1000 Cathedral Street Baltimore , Maryland 21201

Flip Wilson- July 13 Eubie Blake- August 10 Fredrick Douglass- September 14 Redd Foxx- October 12 James Brown- November 9 Nat King Cole December 14



Dr. Leana S. Wen, Health Commissioner

The income figures in the chart below are monthly calculations.

* (Apply \$20/month income disregard): \$20 may be subtracted from the individual's or couple's gross income; if the \$20 subtraction reduces the income to the amount listed on the chart, the individual or couple probably qualifies for the benefit.

		ONE	TWO	ADDITIONAL
BENEFIT		PERSON	PEOPLE	GUIDELINE
SNAP	Income	See Additional	See Additional	The Food Supplement
(formerly Food Stamp		Guidelines	Guidelines	Program's gross income limit
Program)				is 130% of FPL. However,
	Assets			there are several exceptions to
				this income limit. State residents are encouraged to
				apply for the program if they
				need help with buying food.
				The income limit is waived
				for certain groups and there is
				also a waiver that allows the
				State to set the limit at 200%
				of FPL for needy families.
QMB	Income	\$1,001	\$1,348	Pays Medicare Part A&B
x		1 9	1 9	premiums, co-payments and
	Assets	\$8,780	\$13,930	deductibles.
				Asset amounts include \$1,500
				burial allowance for a single
				person, \$3,000 burial
(Changes in March)				allowance for a couple.
				Eligibility figures include
				\$20 disregard.
SLMB	Income	I. \$1,002-1,201	I. \$1,349-1,618	Similar to QMB but pays only
				Part B premium.
		II. \$1,202 – 1,345	II. \$1,619-1,813	Available to all qualified
				persons in Group I. First-
	A 4 -	¢0.700	¢12.020	come/first-served basis to
(Changes in Mansh)	Assets	\$8,780	\$13,930	persons in Group II.
(Changes in March)				See asset note for QMB above.
MEAP	Income	\$1,716	\$2,323/month	Provides eligible low-income
(Maryland Energy	meome	ψ1,710	<i>42,020</i> , month	Marylanders assistance with
Assistance Program)	Assets	No asset test	No asset test	home heating bills.
(Changes July 1)				
EUSP	Income	\$1,716	\$2,323 /month	Provides eligible low-income
(Electric Universal				Marylanders assistance with
Service Program)	Assets	No asset test	No asset test	electric bills.
(Changes July 1)				Only one application is
(Changes July 1)				required for both MEAP and EUSP.

The income figures in the chart below are monthly calculations.

* (Apply \$20/month income disregard): \$20 may be subtracted from the individual's or couple's gross income; if the \$20 subtraction reduces the income to the amount listed on the chart, the individual or couple probably qualifies for the benefit.

		ONE	TWO	ADDITIONAL
BENEFIT		PERSON	PEOPLE	GUIDELINES
MEDICAL ASSISTANCE FOR	Income	\$350	\$392	Requires documentation of disability; individuals can
THOSE AGE 65 AND YOUNGER ON MEDICARE.	Assets	\$2,500	\$3,000	"spend down" to this income level to be eligible. Excludable assets include
MEDICAL		Up to \$16,243	Up to \$21,984	house, car and burial plan.
ASSISTANCE FOR THOSE UNDER AGE 65, NOT ON MEDICARE.				To qualify for Maryland Health Connection, you must be under age 65, be a U.S. citizen or a qualified alien for 5 or more
REDUCED PREMIUMS		\$16,243 to 47,080	\$21,984 to 63,720	years and a resident of the state of Maryland.
SSI (SUPPLEMENTAL	Income	\$733	\$1,100	M.A. eligibility automatic.
SECURITY	Assets	\$2,000	\$3,000	
MEDICAID HOME AND COMMUNITY	Income Assets	\$2,219 \$2,000	N/A	Assists with payment of services in the home or in assisted living; must be age
BASED SERVICES PROGRAMS (FORMERLY MEDICAID WAIVER)				50+, assessed at a nursing home level of care, and meet MA institutional eligibility rules. Income eligibility figure includes \$20 disregard.
SENIOR COMMUNITY	Income	\$1,226	\$1,659	Employment training program for low income, age 55+.
SERVICE EMPLOYMENT PROGRAMS (SCSEP)	Assets	No Test	No Test	for low meenie, age corr
SENIOR CARE PROGRAM	Income	\$2,739	\$3,581	Case-managed, in-home services for age 65+. Must be
	Assets	\$11,000	\$14,000	at risk of admission to NH.
ACCESSIBLE HOMES	Income	\$3,836	\$4,384	A loan program with zero percent interest deferred for
FOR SENIORS	Assets	No Asset Test	No asset test	30 years to finance accessibility improvements such as ramps, grab bars, widening of doors, etc. Age 55+.
SENIORS IN NEED (Senior Expo Fund)	Income	\$1,471	\$1,991	One-time-only and emergency assistance.
	Assets	\$7,000	\$10,000	
SENIOR ASSISTED LIVING GROUP HOME SUBSIDY	Income Assets	\$2,739 \$11,000	\$3,581 \$14,000	Provides financial assistance for a limited number of eligible Assisted Living
HOWIE SUBSIDI	100010	φ11,000	φ1+,000	Group Home residents age 62+. Will pay \$650 toward cost of facility.
CONGREGATE HOUSING	Income	\$2,739	\$3,581	Financial assistance for support services in selected
SERVICES PROGRAM	Assets	\$27,375	\$35,587	senior housing sites; age 62+.

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The income figures in the chart below are monthly calculations. * (Apply \$20/month income disregard): \$20 may be subtracted from the individual's or couple's gross income; if the \$20 subtraction reduces the income to the amount listed on the chart, the individual or couple probably qualifies for the benefit.

SENIOR	Income	\$2,943	\$3,983	Pays up to \$40 toward the
PRESCRIPTION	A	No. a sect to st	N	monthly premium for
DRUG ASSISTANCE	Assets	No asset test	No asset test	Medicare Prescription or
PROGRAM				Medicare Advantage plans.
(SPDAP)				SPDAP provides a 95%
				subsidy to members' total
				drug costs while in the donut
				hole. Not all plans are
				participating in the donut hole
	T	\$1,471/mo.	\$1, 991/mo	subsidy.
MEDICARE PART D	Income	\$1,4/1/mo.	\$1, 991/mo	Benefits help with premiums,
– EXTRA HELP	Assets	\$12 640**	\$27.250**	deductibles, and co-pays.
(LOW INCOME	Assets	\$13,640**	\$27,250**	**IIouss and some states
SUBSIDY – LIS)				**House and car not counted as assets/resources.
(Dortial and Eull LIC)				as assets/resources.
(Partial and Full LIS)				
	Income	\$1,324/mo	\$1,792/mo	
(Changes in March)	meome	ψ1,524/110	(1,7)2/110	
(Changes in March)	Assets	\$8,780**	\$13,930**	
VETERANS AID	Income	\$21,446/yr	\$25,448/yr	Payments for personal care
AND ATTENDANCE	meome	\$1,788/mo.	\$23,448/yl \$2,120/mo.	assistance/ assisted living for
BENEFIT	Assets	\$80,000	\$80,000	Veterans who are homebound.
DENEFTI	Assels	\$80,000	\$80,000	Vet must have 90+ days
				active duty, 1 day during time
				of war and must already be
				receiving a VA pension.
AID and	Income	\$13,794/yr		receiving a vir pension.
ATTENDANCE for	meonie	\$1,149/mo.		
Surviving Spouse	Assets	\$80,000		
Surving Spouse	1 155015	400,000		
EMPLOYED	Income	Countable income	Countable income	Health insurance for qualified
INDIVIDUALS		up to	up to	employed persons age 18-64.
WITH		-r		May be on private health
DISABILITIES		\$2,917.50	\$3,932.50	insurance or Medicare.
PROGRAM		. ,	. ,	Participant pays up to \$55
(EID)	Assets	Under \$10,000	Under \$10,000	monthly premium.
. ,			. ,	
WEATHERIZATION	Income	\$2,520/mo.	\$3,296	Installation of energy-
ASSISTANCE				conserving materials:
PROGRAM	Assets	No asset test	No asset test	insulation, furnace cleaning,
				hot water system
				improvement, etc.
L	1	1	1	1

ADULT DAY CARE Medical Assistance Reimbursement - \$74.50

Verified December 2015

2016 FEDERAL POVERTY LEVEL (FPL) GUIDELINES: *

125%	 Person: People: People: people: 	\$1,226/ month \$1,659/month \$2,093/month \$2,959/month	(\$14,713/yr.) (\$19,913/yr.) (\$25,113/yr.) (\$35,513/yr.)
150%	 Person: People: People: people: 	\$1,471/ month \$1,991/month \$2,511/month \$3,031/month	(\$17,655/yr.) (\$23,875/yr.) (\$30,135/yr.) (\$36,375/yr.)

*The monthly figures for Poverty Level may be rounded off, based on 100% of each figure.

The income figures in the chart below are monthly calculations.

* (Apply \$20/month income disregard): \$20 may be subtracted from the individual's or couple's gross income; if the \$20 subtraction reduces the income to the amount listed on the chart, the individual or couple probably qualifies for the benefit.

SPOUSAL IMPOVERISHMENT STAN	DARDS:	Medicare 2016
	Resources	Medicare Part A
Maximum Spousal Share	\$119,220	Monthly Premium: * If worked 40 or more quarters, generally no
Minimum Spousal Share	\$ 23,844	Part A premium
	Income	 If worked less quarters, there is a premium \$411/month 0 - 29 quarters
Basic Maintenance and Sheiter Allowance	\$1,991.25	\$226/month 30 – 39 quarters
Excess Shelter Standard	\$597.38	Hospital Deductible: \$1,288 per benefit period (Medicare pays for
Maximum Maintenance & Shelter Allowance (Sum of Basic Maintenance & Shelter Allowance	\$2,980.50	60 days)
and Excess Shelter Allowance)		Coinsurance: \$322 per day co-payment (days 61 -90)
Utility Standards:		Coinsurance: \$644 per day (days 91 –150)
Heat included in rent	\$ 250	······································
(Food Stamps limited utility allowance)		Skilled Nursing Facility Coinsurance (after hospital stay of at least
Heat paid separately from housing	\$ 414	3 days): \$0 for days 1 - 20 per benefit period \$161 per day for days 21 - 100 (per benefit period)
All non-exempt assets (savings and checking acco bonds, etc.) owned by either spouse, jointly or sepa	, ,	(no custodial or intermediate N.H. care is provided)

Medicare Part B

Monthly Premium: * 104.90 if income under \$85,000 for Individual and \$170,000 for a couple. * For all others, see chart below.**

Deductible: You pay \$166 per year.

Co-Payment: You pay 20 percent co-payment for approved charges.

MEDICARE PART D - PRESCRIPTION DRUG PROGRAM Deductible up to \$360 in 2016

Medicare Part B Premiums**

Beneficiaries who file an individual tax return with income:	Beneficiaries who file a joint tax return with income	Monthly Part B Premium	Monthly Part D Adjustment
\$85,000 or below	\$170,000 or below	\$121.80	
\$85,001 to \$107,000	\$170,001 to \$214,000	\$170.50	\$12.70
\$107,001 to \$160,000	\$214,001 to \$320,000	\$243.60	\$32.80
\$160,001 to \$214,000	\$320,001 to \$428,000	\$316.70	\$52.80
Above \$214,000	Above \$428,000	\$389.80	\$72.90

Call Maryland Access Point at 410-887-2594 in Baltimore County or Maryland Access Point in Baltimore City at 410-396-2273 for additional information or to be screened for financial benefits.

pooled as of date nursing home spouse enters the nursing home.

couple's remaining assets are used to pay for nursing home care

or other expenses, until the nursing home spouse's assets reach

the Medicaid eligibility level of \$2,500. The community spouse's income will be evaluated to determine how much, if any, of the

nursing home spouse's monthly income can be allowed for the community spouse's monthly maintenance allowance.

Effective 1/1/09, the community spouse may keep \$23,844 or $\frac{1}{2}$ the assets, whichever is greater but not more than \$119,220. The





Baltimore County State Health Insurance Assistance Program (SHIP) 410-887-2059

SAVE ON MEDICARE PRESCRIPTION DRUG PLAN COSTS 2016 MARYLAND SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)

	Up to \$40 toward the	APPLY through Maryland Senior
Not counted	monthly premium AND in	Prescription Drug Assistance Program
	some plans beneficiary pays	(SPDAP) 1-800-551-5995
	only 5% in the donut hole	www.marylandspdap.com
RITY ADMINISTI	RATION EXTRA HELP / LOW	INCOME SUBSIDY 2015
ASSETS	ASSISTANCE	WHAT YOU NEED TO DO
Under	✤ Sliding scale assistance on	✤ APPLY through Social Security
1	the monthly premium.	1- 800-772-1213 or www.ssa.gov
\$13,440(Single)		✤ ALSO APPLY FOR MDSPDAP
	✤ Deductible \$74.00	
\$26,860		✤ May also be eligible for SLMB. For
(Couple)	Drug co-payments: 15%	an application call Baltimore County
	or less	SHIP or the Department of Social
1		Services.
1	(Partial Extra Help)	
Under	✤ No Monthly Premium	✤ APPLY through Social Security
		1-800-772-1213 or www.ssa.gov
\$8,660	✤ No Deductible	
(Single)		May also be eligible for QMB or
	✤ \$2.95 generic drug	SLMB. For an application call the
\$13,750		Baltimore County SHIP or the
(Couple)		Department of Social Services.
	(Full Extra Help)	*
 I	✤ No Premium	✤ Automatically enrolled in Extra Help
1	✤ No Deductible	Do Not apply through Social
Full Medical		Security.
Assistance	✤ \$1.20 generic	
Eligible	\$3.60 name brand	✤ Medicare premiums, deductibles, and
0		co-pays will be paid through the
1	(Full Extra Help)	Department of Social Services.
	RITY ADMINISTI ASSETS Under \$13,440(Single) \$26,860 (Couple) Under \$8,660 (Single) \$13,750 (Couple) Full Medical	some plans beneficiary pays only 5% in the donut hole RITY ADMINISTRATION EXTRA HELP / LOW ASSETS ASSISTANCE Under

*2016 Regional Premium Benchmark: \$30.61 (For plans below the benchmark, there is no premium.) Revised 12/11/15

SAVE ON PART A, PART B PREMIUMS, DEDUCTIBLES, AND CO-PAYMENTS DEPARTMENT OF SOCIAL SERVICES (MEDICARE SAVINGS PROGRAMS)

QMB Qualified Medicare Beneficiary Program (QMB)

Г		RESOURCES /	WHAT VOU NEED TO DO	
	*Pays for Medicare Par	t A and Part B Month	ly Premiums, Deductibles and Co-payments	

GROSS INCOME	ASSETS	WHAT YOU NEED TO DO
\$11,916 / \$993 (Single)	\$8,660 (Single)	Call SHIP (410-887-2059) or visit the
		Department of Social Services for an
\$15,972/\$1,331 (Couple)	\$13,750(Couple)	application.
 SLMB, Spec	ified Low-Income N	Iedicare Beneficiary Benefit,
∗ pays for ONLY	the monthly Medica	are Part B Premium (\$104.90).

ANNUAL /MONTHLY	RESOURCES /	WHAT YOU NEED TO DO
GROSS INCOME	ASSETS	
\$15,995/\$1,333 (Single)	\$8,660 (Single)	Call SHIP (410-887-2059) or visit the
		Department of Social Services for an
\$21,480/\$1,790 (Couple)	\$13,750(Couple)	application.

NOTE: Once the application has been processed, the Department of Social Services sends a letter to tell client if he/she is eligible. If eligible, a **gray and white card** will be received. Revised December 2015



HOME OWNERSHIP and HOME IMPROVEMENT INITIATIVES OVERVIEW OF BALTIMORE COUNTY

PROGRAM	TYPE OF ASSISTANCE	HOUSEHOLD INCOME LIMITS or other specific RESTRICTIONS	ELIGIBLE AREAS Check maps that accompany each program	APPLY THROUGH	FIRST TIME BUYER	Workshop & Counseling REQUIRED
SELP SETTLEMENT EXPENSE LOAN PROGRAM	Loan of up to \$10,000 for closing costs. Deferred repayment until transfer of property, refinance or	80% of Baltimore Area Median, by family size 1 \$ 46,100 2 \$ 52,650 3 \$ 59,250	Entire Baltimore County	Baltimore County Housing Counseling Affiliates: Harbel Housing Partnership 410-444-9152	YES	YES, before signing a contract
	non-occupancy by borrower. Loan is forgiven if owner occupies property as	4 \$ 65,800 5 \$ 71,100 6 \$ 76,350 7 \$ 81,600		Diversified Housing Development 410-496-1214 Naiobhorhood Housing Services		
	principal residence for 15 years.	8 \$ 86,900		410-327-1200 Southeast CDC 410-342-3234		
MALP	Loan of up to \$25,000 for closing costs.	80% of Baltimore Area Median, by family size	Baltimore County Conservation Areas:	Baltimore County Housing Counseling Affiliates:	YES	YES, before signing a
MORTGAGE ASSISTANCE LOAN	Deterred repayment until transfer of property, refinance or	1 \$48,000 2 \$55,000 3 \$61,750	Middlesex, Hawthorne, Vuidans, Widdlesex, Hawthorne, Victory Villa, Carrollwood Manor, Rosedale, Halethorne, Arbutus,	Harbel Housing Partnership 410-444-9152		collitaci.
PROGRAM	non-occupancy by borrower. Loan is forgiven if owner	4 \$ 68,500	Edmonson Heights, Randallstown, Reisterstown, Pikesville Owinse Mills	Diversified Housing Development 410-496-1214		
	occupies property as principal residence for		Overlea, Fullerton, Woodlawn, Gwynn Oak, Windsdor Mills, Wysterson Unit, Loulood Litte	Neighborhood Housing Services 410-327-1200		
	-) / (11-)		westover mins, routand mins, Elmwood, Parkville, Loch Raven/Hillendale, Glendale	Southeast CDC 410-342-3234		





OVERVIEW OF BALTIMORE COUNTY HOME OWNERSHIP and HOME IMPROVEMENT INITIATIVES

	PROGRAM	TYPE OF ASSISTANCE	HOUSEHOLD INCOME LIMITS or other specific RESTRICTIONS	ELIGIBLE AREAS Check maps that accompany each program	АРРLҮ ТНКОИСН	FIRST TIME BUYER	Workshop & Counseling REQUIRED
	HOME OWNERSHIP	See website for details		State of Maryland	Baltimore County Housing Counseling Affiliates:	YES	YES C T
	FUR PEOPLE WITH DISABILITIES	www.dhcd.state.md.us			Harbel Housing Partnership 410-444-9152		
					Diversified Housing Development 410-496-1214		
					Neighborhood Housing Services 410-327-1200		
					Southeast CDC 410-342-3234		
	MD MORTGAGE PROGRAM (MMP) CDA 1 st MORTGAGE	See website for details www.mmprogram.com		Entire County	Participating CDA Lenders	ΥES	YES
ity Resources 121	MARYLAND HOUSING REHABILITATI ON PROGRAM (MHRP)	Loan for up to 95% of property value for repairs to 1 - 4 unit dwellings 0% - 7% interest	By family size 1 \$ 48,000 2 \$ 55,000 3 \$ 61,750 4 \$ 68,500	Entire County	Housing Opportunities Program 410-887-3124	V/N	N/A

100	HOME OWNERSH		OVERVIEW OF BALTIMORE COUNTY and HOME IMPROVEM	OVERVIEW OF BALTIMORE COUNTY IP and HOME IMPROVEMENT INITIATIVES		
SINGLE FAMILY REHAB PROGRAM	Loan for up to \$25,000 in repairs to owner occupied property. 0% - 4.5% interest	80% of Baltimore Area Median, by family size 1 \$ 46,100 2 \$ 52,650 3 \$ 59,250 4 \$ 65,800 5 \$ 71,100 6 \$ 76,350 7 \$ 81,600 8 \$ 86,900	Entire County	Housing Opportunities Program 410-887-3124	N/A	A/A
EMERGENCY REPAIR GRANT	Grant for repair of imminently hazardous conditions in single family home. Maximum \$7,500	80% of Baltimore Area Median, by family size (see above)	Entire County	Housing Opportunities Program 410-887-3124	V/N	N/A
FORECLOSURE PREVENTION	Assistance exploring loan workout solutions	NA	Entire County	Eastside Community Development 410-284-9861 Diversified Housing Development 410-496-1214 Neighborhood Housing Services 410-327-1200 Southeast CDC	Y/Z	N/A
	Offic For Inform	Official PROGRAM GUIDELINES & PL Program descriptions above are For Information Packet: Highlights Sh	Official PROGRAM GUIDELINES & PROCEDURES govern program requirements and eligibility. Program descriptions above are summarized. Income limits are subject to change. ormation Packet: Highlights Sheet, Workshop Schedule and further information call: 410-887-3124	uirements and eligibility. Ibject to change. d further information call:		

Baltimore County – Department of Planning/Housing Opportunities Program rev. 12/15





(formerly Baby Boomer/Senior Expo)

- Resources
 Continuous Entertainment
- County Services
 Job Fair
 Art Contest
- Fitness Demos Health Screenings
- Silent Auction Feature Areas
- Flu Shot Clinic

ATTENDEES

Find a multitude of resources to enhance your life regardless of whether you are 50 or 95. Exhibitors offer information and services on housing, community services, leisure activities, travel, housing, clubs, medicare equipment and services, support care, technology and more

For more information, visit www.seniorexpoonline.com Or call 410-887-2002.

EXHIBITORS

Reserve your booth number today to get prime placement at Expo – the largest show of its kind in the region. Your business can't afford not to be a part of the event. Booths starting at \$800 for two days. Email seniorexpo@baltimorecountymd.gov for more information.

SPONSORS

Looking to highlight your business to the largest portion of the population with disposable income to spend? We have many sponsor packages to offer you the edge over your competition to showcase your products and services. Packages can be customized to optimize your needs. Email sponsorbcda@baltimorecountymd.gov for the details on sponsoring a BCDA event in 2016.

Baltimore County Department Of Aging (BCDA)

Web Site Address: www.baltimorecountymd.gov/agencies/aging E-mail Address: aginginfo@baltimorecountymd.gov

Any questions can be directed to Maryland Access Point of Baltimore County 410-887-2594

Baltimore City Health Department, Division of Aging and CARE Services

Web Site Address: health.baltimorecity.gov Email Address: MAP.BCHD@baltimorecity.gov

Any questions may be directed to Maryland Access Point of Baltimore City 410-396-2273

People who are deaf, hard of hearing or have a speech disability use Relay or 711.

Caregivers Program

410-887-4724 (County), 410-396-1337 (City)

The Caregivers Program serves family members caring for older adults over age 60, and senior grandparents caring for grandchildren. The program offers education and outreach, individual consultations, an annual conference, a quarterly newsletter and limited stipends for respite care. These programs are designed to assist family caregivers in providing good care to older relatives while also taking care of themselves.

Eating Together Program

410-887-3052 (County), 410-664-0700 (City)

The Eating Together program provides a nutritious meal and companionship in almost 40 County sites in senior centers, community buildings and senior residences and over 50 City sites in senior centers, senior residences and community venues. The menus, planned as the main meal of the day, are made up of a variety of foods to provide at least one-third of the recommended daily nutritional needs. Meals are prepared and delivered by commercial caterers. Kosher meals are offered at several sites. No salt is added to the food and detailed nutrition information is available to assist those on special diets. A registered dietitian regularly offers free nutrition education. Residents aged 60 and over and their spouses of any age are eligible to participate in this program and are asked to make a voluntary, anonymous donation. Younger persons may also participate, but are required to pay the full cost of the meal. All contributions are used to enable the program to serve as many meals as possible. Eating Together is available through the Older Americans Act and serves approximately 100 million meals to older adults each year across the nation. Nutrition education is offered at Eating Together sites and other community venues. Nutrition education provides a basis for making informed choices and setting realistic nutritional goals.

Elder Abuse Prevention Program

410-887-4200 (County), 410-396-3144 (City)

The Ombudsman program provides information and education on the signs and symptoms of elder abuse and promotes strategies for the prevention of abuse, neglect and exploitation of vulnerable adults. BC-REST Coalition- Baltimore County Restoring Elder Safety Today is a coalition of Baltimore County agencies and local programs also working together for elder abuse prevention and education. To join the coalition or for more details on the coalition events, please call 410-887-4200.

Emergency Card

410-887-2594 (County-Orange Card), 410-396-2273 (City-Gold Card)

This Card Could Save Your Life! The emergency and medical history information on the card can alert emergency personnel to critical information in medical emergency situations.

Employment

410-887-4006 (County), 410-396-2773 (City)

SCSEP is a federally funded Senior Community Service Employment Program that provides individuals 55 years and older with government or non-profit employment and training opportunities. Senior participants earn federal minimum wage rates and must meet income eligibility guidelines.

Guardianship

410-887-2594 (County), 410-545-7702 (City)

In instances where no family is available or appropriate to take responsibility for the care of an incompetent elderly person, the Director of the Department of Aging in the County and the Director of the Division of Aging and CARE Services in the City may be appointed by the Court, as the legal guardian of person for the individual. Responsibilities include coordinating housing, health care and all essential non-financial personal welfare needs.

Health Promotion And Education

410-887-2040 (County), 410-396-4932 (City)

Health promotion and disease prevention programs are made available to persons age 60 and over. Health promotion focuses on chronic conditions such as diabetes, high blood pressure, arthritis and more. Physical and mental health risk assessments, counseling and referral, physical fitness activities and wellness are key components.

Home-Delivered Meals

410-887-2594 (County), 410-396-4932 (City)

Program provides two home-delivered meals daily, up to five days a week. The cost of home-delivered meals may also be subsidized based on financial eligibility. Call the numbers above for availability and criteria. Meals are currently provided by Meals on Wheels of Central Maryland.

Housing

410-887-4632 (County), 410-396-4932 (City)

The "Housing Program" is responsible for the Senior Assisted Living Group Home Subsidy Program administration and monitoring. Income guidelines and residency are required for program services. Licensed assisted living facilities are inspected or "surveyed" on a regular basis by the Maryland Department of Health and Mental Hygiene (410-402-8217) to ensure that they are in compliance with state-local regulations. The region of interest's MAP office maintains a current list of senior apartments, assisted living facilities and retirement communities.

For the City, this office provides housing interventions for evictions as well as locating alternative housing solutions, providing assistance with utilities, taxes, and landlord issues. Homeless intervention includes assessments, placements, referrals, and resource linkage for benefits and entitlements to homeless older adults.

Language Interpreting Services

410-887-2594 (County), 410-396-2273 (City)

Each region utilizes a language interpreting service for older adults/ persons with disabilities and individuals with no or limited English proficiency. Telephone language interpreter service is available for callers in up to 140 different languages.

Legal Services for Senior Citizens Program 410-951-7750 (County), 410-396-1322 (City)

The Maryland Legal Aid Bureau supports the Senior Legal Helpline and the Baltimore City Hotline which provides free legal assistance, consultation and/or representation to older adults age 60 and older regarding health care issues, income maintenance, nutrition, housing and utilities, protective services and unemployment benefits. Referrals to other legal resources can be made for issues not listed above.

Maryland Access Point (MAP)

410-887-2594 (County), 410-396-2273 (City)

The Maryland Access Point telephone number is the only phone number that is needed in either region to access information regarding services and benefits available to older adults, persons with disabilities, caregivers and professionals. Staff are Certified Information and Referral Specialists (CIRS). They provide a comprehensive screening, give information and guidance, make referrals and link the caller to appropriate resources. In-person consultations are also available. A computerized database is used to maintain a comprehensive listing of information and resources. Telephone language interpreter service is available for callers in up to 140 different languages.

Medicaid Home and Community Based Services Programs 410-887-2594 (County), 410-396-4932 (City)

The Medicaid Home and Community Based Services Programs provides Medicaid recipients, who are nursing home eligible or at risk of nursing home placement, an opportunity to receive needed services in their home. Some individuals may qualify for assistance in an assisted living facility. There is currently an extensive waiting list for services covered under many of these programs. Call MAP for screening.

Ombudsman Program

410-887-4200 (County), 410-396-3144 (City)

The Ombudsman Program is an advocacy program that works to protect the rights and improve the quality of life of residents living in long term care facilities. Ombudsman staff visit and attempt to resolve complaints or concerns made by or on behalf of residents. Ombudsmen also provide educational services to both residents and long term care staff on a wide range of aging topics involving quality of life and care in nursing homes and assisted living facilities. In addition, volunteers visit nursing homes and assisted living facilities to do advocacy visits, problem solving as well as provide educational learning opportunities. For Baltimore County residents, learn more about this program by e-mailing: ombudsman@baltimorecountymd.gov.

Retired Senior Volunteer Program - An Invitation to Volunteer

410-887-3101 (County), 410-361-9400 (City)

The Retired Senior Volunteer Program (RSVP) encourages individuals ages 55 and older to volunteer and make a difference within their communities by putting their skills and talents to work. Through their service at one or more of many non-profits, faith-based organizations, and government agencies which partner with RSVP in the region, volunteers are able to make an impact on a variety of community needs while being supported by RSVP with training, benefits and volunteer support during their entire time of service. Please call today to learn how you can use your skills and talents to make an impact on your local community!

Senior Centers

410-887-2040 (County), 410-396-4932 (City)

Twenty (20) senior centers in the County and fourteen (14) senior centers throughout Baltimore City offer opportunities for individuals aged 60 and older to engage in volunteerism, enhance skill development and lifelong learning, eat a healthy meal, and participate in sports and exercise, music and the arts, drama and dance. Nutrition education, health screenings and information and referral services are provided, along with a large dose of fun! In the County, exercise in fitness centers at 13 sites for a nominal fee. Center membership is free, although a donation toward center enhancements is requested, and some classes have fees. The opportunities you've waited a lifetime to take advantage of are right here at BCDA and Baltimore City.



State Health Insurance Assistance Program (SHIP)

410 887 2059 (County), 410-396-2273 (City) Volunteers provide free, unbiased, confidential health insurance counseling for the Medicare eligible and their caregivers. Helps consumers understand Medicare eligibility, benefits and resolves problems. Provides Medicare education to individuals or groups regarding: Part A-Hospitalization. Part B-Medical. Part C-Health Plans, Part D-Prescription Drugs, Medicare supplements, Appeals, and Fraud and Abuse. Provides eligibility assessment for financial programs to assist with the costs of Medicare through the Medicare Savings Programs administered by the Department of Social Services: Qualified Medicare Beneficiaries (QMB) or Specified Low Income Medicare Beneficiaries (SLMB). Also, provides eligibility assessment for Part D Prescription Plan financial assistance through the following: Maryland Senior Prescription Drug Assistance Program (SPDAP) and the Social Security Administration's Extra Help. Provides computer research for selecting and enrolling in Part D drug plans. Assists with the Annual Open Enrollment from October 15 - December 7 for Medicare Prescription Drug Plans and Medicare Health Plans (Advantage Plans) for the following year. These services are generally provided by telephone. Language accommodations are available.

Senior Medicare Patrol (SMP)

410 887 2059 (County), 410-396-2273 (City)

SMP volunteers conduct free presentations for Medicare beneficiaries, their families and caregivers to prevent, detect and report possible Medicare fraud or abuse. SMP addresses how to prevent medical identity theft by protecting one's Medicare card, as well as what to do when potential fraud or abuse by health care providers is suspected. Staff will evaluate complaints and will refer when appropriate to the proper authorities. SMP also discusses how to protect against telemarketing scams, mail fraud schemes and illegal or deceptive marketing of Medicare Advantage and/or Medicare Prescription Drug Plans.

Tax Assistance for Older Adults

410 887 2594 (County), 410-396-2273 (City)

Trained AARP Tax Aide volunteers provide free tax preparation assistance to older adults and low income individuals at the majority of senior centers and other off-site locations throughout the region. Tax assistance is available from February through April 15 annually. Trained volunteers complete basic federal and state personal income tax forms and homeowners' and renters' tax credit applications. Tax Aide volunteers also understand the provisions of the tax code that pertain to older adults and can respond to tax-related questions. Appointments are required and each taxpayer must provide all records required to prepare the returns.



Baltimore County Department Of Aging (BCDA) SUMMARY OF SERVICES

Any questions can be directed to Maryland Access Point of Baltimore County 410-887-2594

People who are deaf, hard of hearing or have a speech disability use Relay or 711.

Web Site Address: www.baltimorecountymd.gov/agencies/aging E-mail Address: aginginfo@baltimorecountymd.gov

Advocacy Conference - 410-887-2012 Date: November 17, 2016

The annual Advocacy Conference is presented by the Baltimore County Consortium for Professional Education in the Field of Aging. This conference is for professionals as well as concerned citizens. The goal of the conference is to provide education on issues, trends and initiatives affecting older adults and persons with disabilities. CEU credits are provided. Please call for further information.

Annual BCDA Run/Walk - 410-887-2040 Date: September 18, 2016

The tenth annual Get Ready! Get Set! Get Fit! 5K Run/Walk-1M Fun Walk promotes the importance of being physically fit at any age and raises funds to help support fitness centers and exercise programs in BCDA Senior Centers. This intergenerational event attracts participants of all ages and is perfect for serious runners as well as those out for a relaxing stroll. To register, visit www.getreadygetsetgetfit5k.com.

Center Connection Program - 410-887-2970

Center Connection, your "link to senior center independence," is a service operating in eight Baltimore County senior centers for residents age 60 and over who need assistance and support connecting to the activities and services provided by the senior center. Each potential participant must be independent in mobility and personal care needs. Once registered, the individual works with the center connection specialist to develop an activity schedule, taking into account each older adult's interests, abilities and needs. The center connection specialist helps the individual maximize their senior center experience by encouraging participation in classes, connecting them with other center members, registering for classes and participating in the Eating Together lunch program, while providing information and referrals to community resources as needed.

Community Outreach Program - 410-887-2594

This program connects Baltimore County residents age 60 and over to community resources. Outreach workers evaluate seniors' needs, assist with applying for benefits and services, and connect seniors to resources to help them remain independent in their homes and communities. Assistance is offered on both a shortterm and long-term basis.

CountyRide - 410-887-2080/FAX 410-887-8281

CountyRide is Baltimore County's para-transit service designed to serve county residents 60 years of age and over, persons with disabilities from age 18 - 59 and those living in the rural area of the county of any age. CountyRide does not provide transportation to nursing home residents or to daycare facilities. CountyRide is a demand response transportation service for medical and non-medical appointments, shopping shuttles and senior centers. Hours of telephone access to the office are 8:00 a.m. - 4:00 p.m., Monday -Friday. Interactive voice and web response system is available 24/7.

Flu Inoculation Program - 410-887-2594

Flu and pneumonia inoculations are available at The Power of Age (formerly called Senior Expo/Baby Boomer Expo) and at 20 Baltimore County senior centers. To find a location near you, visit www.baltimorecountymd.gov/agencies/aging/healtheducation. Please check with your health insurance provider for information about coverage.

Home Team Program - 410-887-4141

The Home Team is a community-based volunteer program in Baltimore County that provides friendly visits to Baltimore County seniors, age 60 years and older who are homebound, live alone, and are at a greater risk of living in isolation. Volunteer "friendly visitors" help seniors maintain a connection to other people and the community, foster new relationships and interests, improve emotional well-being, reduce feelings of loneliness, maintain a higher quality of life, and remain independent in their homes longer. To volunteer or receive friendly visits, please call 410-887-4141 or email hometeam@baltimorecountymd.gov.

Loan Closet - 410-887-2594

This program lends equipment such as walkers, bath chairs, tub transfer benches and wheelchairs to Baltimore County residents age 60 and older. There is no fee although a refundable deposit may be required for some items. Donation of equipment in good condition is accepted on a limited basis. Please call to reserve or donate equipment. Limited hours.

Nutrition Education - 410-887-3052

Nutrition education is offered regularly at sites where "Eating Together" meals are served. Nutrition education provides a basis for making informed choices and setting realistic nutritional goals.

Publications - 410-887-2594

The Baltimore County Department of Aging publishes various booklets, directories and pamphlets for older adults, baby boomers, caregivers, persons with disabilities and professionals. Topics include: scams and frauds, nutrition, active aging, caregiving, grief/ loss, health, housing, nursing homes, legal issues, financial topics, funeral planning, wellness and more. Call for more information.

Senior Digest - 410-887-3050

Senior Digest is the Baltimore County Department of Aging's newspaper filled with useful information and entertaining articles on topics affecting older adults, baby boomers, caregivers, persons with disabilities and professionals in Baltimore County. The *Digest* is mailed to subscribers eight times a year for as little as \$5. The newspaper, which has a readership of 25,000, is also a powerful way to advertise to a targeted market throughout the County. Call for details about display advertisements, classified rates and subscription information.

Senior Solutions Conference - 410-887-2012 Date: May 5, 2016

This conference is sponsored by the Baltimore County Department of Aging and the Commission on Aging for professionals in the field of aging. The focus of the conference corresponds with BCDA's annual initiative. CEU credits are provided. Please call for further information.

Speakers Bureau - 410-887-2594

Speakers are available to discuss services and programs of the Department of Aging as well as issues that affect the older adult/ disabilities population. The Department of Aging also participates in community events and health fairs.

The Power of Age Expo (formerly called Baby Boomer/ Senior Expo) - 410-887-2012 Date: October 26-27, 2016

The Power of Age (formerly called Senior Expo/Baby Boomer Expo) is an exciting information and resource exposition hosted annually by the Baltimore County Department of Aging. Through Expo, older adults, baby boomers, families, caregivers, persons with disabilities and professionals can learn about a wide variety of products and services which can enhance their lives. More than 295 exhibits feature the latest information on health care, finances, government services, leisure time activities, retirement housing and products to support living life to the fullest. Expo offers free health screenings, continuous entertainment, a silent auction, special feature areas, free gifts, prizes and more. Please call for more information, or visit the Expo website at www.seniorexpoonline.com.

The Time Of Your Life Television Show - 410-887-2012

The Time of Your Life is the title of the BCDA's television program on Baltimore County Comcast Cable Channel 25. The show offers the latest information about services and programs available to Baltimore County older adults, baby boomers, their families, caregivers, persons with disabilities and professionals. It also provides information about contemporary topics as well as fun opportunities for entertainment, fitness, travel and recreation. Call Maryland Access Point of Baltimore County at 410-887-2594 to learn about the topics featured on the current show or view the show at www. baltimorecountymd.gov/videos; click on The Time of Your Life. The show is available on the Internet with open captioning. View the show on: Monday at 9:00 a.m., 2:30 p.m.; Tuesday at 2:30 p.m., 7:00 p.m.; Wednesday at 12:00 p.m., 6:00 p.m.; Thursday at 11:00 a.m., 9:00 p.m.; Friday at 12:00 p.m., 8:00 p.m.; Saturday at 1:00 p.m., 5:00 p.m., 9:00 p.m.; Sunday at 1:00 p.m., 5:00 p.m., 9:00 p.m.



Programs exclusive to the Baltimore City Health Department, Division of Aging and CARE Services SUMMARY OF SERVICES Web Site Address: health.baltimorecity.gov Email Address: MAP.BCHD@baltimorecity.gov

> Any questions may be directed to Maryland Access Point of Baltimore City 410-396-2273

Adults Evaluation and Review Services - 410-396-6006

Adult Evaluation and Review Services will provide comprehensive evaluations to identify the needs of the medically, mentally, and functionally disabled adults who face the risk of premature and inappropriate institutionalization. The AERS team consists of a nurse, social worker, consulting psychiatrist and psychologist. The teams provide the individual with a face to face comprehensive evaluation, including medical/nursing, environmental and psychosocial assessment. The evaluation is conducted in the home setting or the individual's current location. Education regarding community resources and services are provided to individuals, families and care providers. Upon completion of the evaluation, the multidisciplinary team develops a plan of care, which recommends services needed to help the individual remain at home, or in the least restricted environment. Every effort is made to obtain appropriate services to address the needs of each individual evaluated. There is no charge for evaluations.

Baltimore City Health Department - 410-396-4398

The Baltimore City Health Department offers and oversees services for: sexually transmitted infections, HIV/AIDS, family planning, maternal and infant health, immunizations, asthma, senior care, cancer screening, and lead poisoning prevention services, among others. Offers a variety of health programs and health services from maternal and children to young adults and seniors. Health care includes but not limited to prenatal care, dental, breast exams, flu shots, health screenings, etc.

Caregivers Program - 410-396-1337

The Family Caregiver Program provides non-emergency and nonexpedited financial assistance to caregivers to pay for respite or supplemental services. This assistance is meant to enhance existing support services and should be considered as assistance with the care of your loved one. Monies may be paid directly to you the caregiver, the care recipient, or vendors. The funds can be used to hire providers for respite services or to reimburse you for out-of-pocket expenses related to your role as a caregiver. Currently assistance is limited to \$300 per person annually (from date of processing). This assistance is subjected to the availability of funds. You or the person you are caring for must be a Baltimore City resident caring for disabled and older adults age 60 and over, as well as grandparents age 55 and older raising grandchildren age 18 and under.

Community Personal Assistance Care - 410-396-4494

Helps Medical Assistance eligible persons who are chronically ill or disabled and at risk of being institutionalized remain in their home. Registered nurse/case manager monitors and assesses the applicant and develops a plan of care to meet the client's needs. The case monitor coordinates with the recipient a Personal Care Provider who assists the recipient with activities of daily living such as transferring, bathing, dressing, feeding and toileting; must have a doctor's authorization to qualify for services.

Division of Aging and CARE Services – 410-396-2273 Special Events 2016

For special programs and educational workshops, please call Baltimore City MAP.

Elder Abuse Prevention Program - 410-396-3144

Provides information and education on the signs and symptoms of elder abuse and promotes strategies for the prevention of abuse, neglect and exploitation of vulnerable adults.

Emergency Preparedness - 410-396-6188

The Baltimore City Mayor's Office of Emergency Management (MOEM) will maintain the highest level of preparedness to protect Baltimore's citizens, workers, visitors, and environment from the impact of natural and man-made disasters. MOEM will prepare the City for emergencies, prepare the public for emergencies, and coordinate interagency response and recovery. To achieve this mission, MOEM will implement a comprehensive program of disaster mitigation, preparedness, response, and recovery. Educates citizens on being proactive in the event of a natural or man-made emergency and recruits volunteers to be trained to help their neighbors in an emergency.

Golden Age Clubs - 410-396-2920

The Senior Citizens Division of the Baltimore City Department of Recreation and Parks provides comprehensive, life-enriching recreational activities for senior citizens residing in Baltimore City. In addition to providing support and assistance to 94 golden age clubs serving over 4,000 members, this Division sponsors a wide variety of city-wide programs and special events to Baltimore's older adults. Golden Age Clubs are conveniently located in all areas of the City, meeting in recreation centers, senior apartment buildings, schools and churches. Club membership is open to anyone 50 years of age and older and there is no charge to become a member.

Housing and Homeless Services - 410-396-4932

Provides housing interventions for evictions as well locating alternative housing solutions. Provides assistance with utilities, taxes, and landlord issues. Homeless intervention includes assessments, placements, referrals, and resource linkage for benefits and entitlements to homeless older adults. **Baltimore City Health Department**

Division of Aging & CARE Services

TAXICARD® PROGRAM



What is the TaxiCard Program?

TaxiCard is a transportation program that provides a monthly subsidy to eligible Baltimore City residents age 60 and older and individuals with **disability** under the age of 60 with a completed medical form.

What is the Cost?

Participant cost is based upon income. Low (L) income under \$900.00 per month or Moderate (M) income over \$900.00 per month.

Payment Code "L"			Payment Code "M"		
Your Monthly Payment	+ CARE = TaxiCard Subsidy	Total Money added to your CARE TaxiCard	Your Monthly Payment	+ CARE = TaxiCard Subsidy	Total Money added to your CARE TaxiCard
\$6.00 \$12.00	\$19.00 \$38.00	\$25.00 \$50.00	\$12.00 \$24.00	\$13.00 \$26.00	\$25.00 \$50.00

How Do I Register?

Call TaxiCard Customer Service Monday-Friday from 8am to 5pm at 410-664-1123 or visit our website www.caretaxicard.com

Participating Cab Companies:

A.A. County Cab Connection Arrow Cab

Checker Cab of AA County County Cab

Diamond Cab Jimmy's Cab

Valley Cab Yellow-Checker Cab

TaxiCard can be used with participating taxicab companies for fare payment

24 hours per day, 7 days per week.







TAXICARD PROGRAM, 1501 Sulgrave Avenue, Suite 200 • Baltimore, MD 21209



Language Interpreting Services, the Division of Aging and CARE Services - 410-396-2273

Services utilize a language interpretation service to assure access to services for persons who are limited-English speaking.

Maryland Access Point - 410-396-2273

To access information regarding services and benefits available to older adults, persons with disabilities, and caregivers, you may call the number listed above. A computerized database is used in order to provide a comprehensive listing of information. In-person consultations are also available. Persons are also provided with counseling to assist with long term care supports decision making.

Nutritional Education - 410-396-1337

Nutrition education is offered at Eating Together sites and other community venues. Nutrition education provides a basis for making informed choices and setting realistic nutritional goals.

Screening Services - 410-396-2273

Benefits check-up offers a screening tool to determine eligibility for local, state and national programs. Economic check-up offers a screening tool to determine financial stability and economic security.

Senior Assisted Living Subsidy Program - 410-396-4932

Provide community-based housing subsidy for medically and financially eligible persons age 62 and older. Contract agreements are developed with assisted living managers to provide 24 hour care and supervision for the current subsidy payment of \$650.00 per month.

Senior Care Program - 410-396-1605

Provide case management and support services to help older adults remain in their homes and in the community for as long as possible. Case management arranges, coordinates, and monitors service delivery. Support services are paid for by the program through contract providers; in-home care, adult day care, medical supplies, medications, and emergency response system.

Senior Companion Program - 410-361-9405

The Senior Companion Program provides companionship to homebound seniors with physical and mental health impairments. Senior Companions are volunteers age 60 years of age and older. They receive training to enhance their service and a small stipend. Senior Companions volunteer at volunteer stations twenty to twenty-five hours weekly.

Taxi-Card Program/Taxi Access - 410-664-1123

Offers reduced cost taxi service for older adults and persons with disabilities. Participant pays a one-time registration fee of \$5.00. For applicants over the age of 60 years old, a physician's statement is not required. The MTA Taxi Access II Service is available to MTA-certified Mobility customers who meet the eligibly requirements. Taxi Access II Service is not part of MTA Mobility Service, but rather a separate and distinct MTA service provided under contract by participating area taxicab and sedan companies. MTA Mobility does not guarantee the availability of a particular type of vehicle or pickup time. Customers deal directly with the taxi and sedan companies.

TIPS ON GUARDIANSHIP PREVENTION

n order to avoid the difficult and costly guardianship process, here are some steps to consider, while the individual is *still able to understand and execute a legal document:*

- Ask the individual to talk with loved ones about the care that he or she would like to receive in the event of serious illness.
- Arrange for the individual to execute a <u>Financial Power</u> of <u>Attorney</u> document, which gives permission for an agent (a trusted family member, friend or advisor) to make financial decisions for the individual. If this document is a "springing" Power of Attorney, which goes into effect only when the individual is declared disabled, the document should clearly state how the determination of disability will be made.
- Advise the person to make a medical <u>Advance Directive</u>. This document may specify the type of care the person wants, and/or it may name another individual to give informed consent for medical treatment.
- Learn about <u>Surrogate Decision Making</u> in Maryland, which authorizes a proxy to act on behalf of the person in need of medical care and decision-making, if he or she has not appointed a health care agent in an Advance Directive.
- If the individual's capacity to understand and execute a legal document is questionable, then have their regular doctor document capacity prior to the document's execution.
- *Mediation* is an available alternative to work out any family discord about care arrangements that may be affective. Mediation can be used with adults who are competent to make decisions or in cases where family decision-making needs to be done on behalf of an incapacitated elder; if successful, it can avoid the need for a guardian altogether.

If the individual is *no longer able to understand and execute a legal document*, consider having a trusted relative or friend apply to serve as the <u>representative payee</u> to manage the Social Security check and pay bills.



Baltimore County Department of Aging Targets Your Market www.baltimorecountymd.gov

Need more visibility for your business or non-profit? Try investing in the Baltimore County Department of Aging's (BCDA) vendor and sponsorship opportunities. Enjoy the benefits o targeting your business services and or products to the largest growing demographic in our country. BCDA's fi e main affordable opportunities has an established reputation in attracting visibility and impact whether your market targets older adults, baby boomers, caregivers, families, persons with disabilities or professionals. Catch the attention of over 165,000 older adults residing in Baltimore Country and other areas as well as the professionals who serve them.



Senior Solutions Conference (May 5, 2016) - a professional conference targeting 225 professionals.



Volunteer Recognition Event (May 19, 2016)/**Community Resources 2017** - a dual opportunity which provides marketing presence at the event and listing(s) in BCDA's well-respect annual publication.



Advocacy Conference (November 17, 2016) - a professional conference targeting 225 professionals.



The Power of Age (formerly called Baby Boomer/Senior Expo) (October 26-27, 2016) - celebrating 29 years of providing 11,000 attendees with latest information and resources for living life along with powerful networking opportunities for professionals and business owners.



Get Ready! Get Set! Get Fit! - 5K RUN/1 M WALK (September 18, 2016) - Exposure to over1,200 intergenerational registrants supporting senior fitness centers and programs.

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Loan Closet - \$100 and up

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Publication Advertising/Sponsorships

The Power of Age Expo (Baby Boomer/Senior Expo) Program Guide - \$415 - \$1,495 Printed annually in October. Distribution 15,000.

Caregiver Connection Newsletter - \$1,500

Exclusive advertising in three issues annually; prints four issues annually. Distribution 5,000 plus.

Community Resources 2017 - \$725 - \$2,560

Annual publication with a distribution of 75,000 copies. Ads range in size from a quarter to full page.

Consumer Reference Guides On A Variety of Topics - \$5,000 - \$30,000 Annual publication to educate and empower citizens.

> Senior Center Newsletters – Approximately \$20,000 Twenty monthly newsletters; 15,000 copies monthly.

Senior Digest - \$1,500 - \$12,000

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Caritas House Assisted Living 410-646-6570

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The Neighborhoods at St. Elizabeth Rehabilitation and Nursing Center 410-646-6597

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