

Make a Plan

Things to consider when making an emergency plan when you have a medical device:

Power Supply Factors

- 1) How does power and power loss effect my medical device?
- 2) Can my device be damaged be a power surge?
- 3) What type of surge protector should I have?
- 4) Does my device have a back-up system?
- 5) Where is the back-up system?
- 6) How long will the back-up system operate?
- 7) Can my device operate on another power source? What kind?
- 8) Will my device work without power for an extended period of time?
- 9) Can my device use batteries?
- 10) What type of batteries and how many?
- 11) Can I charge the batteries in my device?
- 12) How long will my device last on batteries?
- 13) Could I be harmed if my device stops for a short time?
- 14) What should I do if my device loses power in the middle of a treatment?

Other Factors

- 1) Where are my medical supplies located? (Keep at least 3 days worth of supplies on hand)
- 2) Does my device or supplies need to be kept cold?
- 3) Do I need proper products to clean my device?
- 4) Where are they?
- 5) Does my device require a working phone, such as an emergency pendant? If so, does my phone require electricity to work?

Quick Reference



Emergency Medical Services (Ambulance/Police/Fire) 911
BGE (Electrical Outage) (877) 778-2222
BGE Special Needs Hotline (877) 213-2610
Non-Emergency Police & Disaster Assistance 311
BCHD CARE Senior Services (410) 396-2273
My Emergency File is Located: _____
My Emergency Kit is Located: _____

EMERGENCY TOOL

For Medical Device Users

Build a Kit

Plan for AT LEAST 3-5 days without power and water.

- Water
- Batteries (include medical device batteries)
- Food
- Medication
- Clothes
- Hygiene Items
- Can Opener
- First Aid Supplies
- Radio
- Manual Wheelchair, if you use electronic one
- Cash
- Resuscitation Bag, if you use a ventilator
- Flashlight
- Label your equipment and supplies with your name, address and phone number.

Build a File

Have a file with your important information ready. If you need to leave your home, you can grab it and go.

- Contact List (family, friends, doctor)
- Medical records
- Social Security Number
- Insurance Cards (medical, dental, home owners, car, etc.)
- List of Allergies
- List of Medications
- List of Medical Devices
- List of Medical Supplies
- places you can go for alternate power sources (Hospital, Police Station, etc.)
- Plan on what to do if you are on dialysis and your treatment site is unavailable
- Wills/Deeds
- DNR Order, if you have one
- Bank Account Number
- Tax Records

Tell People About Your Plan

Tell people about your plan. If no one knows about it, no one can help.

Discuss your plan with your doctor. Do you have a good plan? Did you forget something? Ask things like, "Can I reduce the air flow of my oxygen to make it last longer?"

Once you have a plan, tell your family and friends your plan. If you are in trouble, they need to know how to help you. Tell them where your emergency kit and files are. Show them where you keep your backup power supplies, medical devices and supplies.

Tell your utility companies of your special needs. BGE Special Needs program: www.bge.com/customerservice/contactus/pages/special-needs-customers.aspx

If you use Verizon Phone Service, you can call 1-800-VERIZON (837-4966) to notify them you are a medical device user and need to be put on a priority repair list.

Contact the following when power is lost:

- Power Company _____ Phone # _____
- Fire Department _____ Phone # _____
- Family/Friends _____ Phone # _____
- Doctor _____ Phone # _____

Medical Device Specifics:

- Device _____ Model # _____
- Manufacturer _____ Phone # _____
- Supplier _____ Phone # _____
- Supplies Purchased at _____ Phone # _____
- Power of Attorney _____ Phone # _____
- Doctor _____ Phone # _____
- Home Care Agency _____ Phone # _____
- Pharmacy _____ Phone # _____